SCHEDULE

ליל שבת קדש

Mincha & Carelbach Kabalas Shabbos 5:32 PM L'KAVOD ADAR @ MAIN - SPECIAL GUEST CHAZAN - GAVI COHN!

Friday Night Learning with Cholent! 8:00 PM

יום שבת קדש

HASHKAMA MINYAN @Social Hall 7:00 AM

Daf Yomi - By Rabbi Teichman 7:30 AM

Shacharis – Sof Zman K"S- 8:55 מ"א 9:35- אנר"א **8:30 AM**

SHABBOS MORNING GROUPS: 9:30 AM

Boys & Girls - Ages 3-6 - Social Hall

FOLLOWED BY KIDDUSH

Mincha -2:15 PM

No Bnos This Week!

5:25 PM Mincha - Followed by Shalosh Seudos Maariy -6:41 PM

Avos U'bamin -7:30 PM

שָבָת

39/26 51/30

מזג האוויר בשבת* **Ohel Moshe Weather**

CANDLES NEXT SHABBOS - 5:39 PM

Sunday Minyanim

Shacharis 6:50 & 8:30 AM

HALACHA SHIUR W/BAGELS BY R' Nudelman - AFTER THE 8:30! (Sunday) Mincha (Sunday - Thursday!) 1:45 PM

Mincha/Maariv 5:40 PM Maariy 9:45 PM

Weekday Minyanim

Shacharis (M, Th) 6:35 & 7:50 AM Shacharis (T,W) - ROSH CHODESH 6:30 & 7:50 AM Shacharis (F) 6:45 & 7:50 AM Mincha (Su - Th) 1:45 PM 5:40 PM Mincha/Maariv (M-Th) Maariv (M-Th) 7:45 & 9:45 PM

Shiurim & Learning Opportunities

Daf Yomi 7:30AM(s & Sh), 5:45AM(M-F), & 8:00PM(M-T) NIGHT SEDER 8-9:45pm - See Signs For Details Daf HaShavua - Nightly - Shiur M & Th 9:00 PM Women's Tehillim Learning Thursdays 9:40 AM

NIGHT SEDER IS BACKIII

JOIN US FOR ONE OF THE NIGHTLY SHIURIM



SUNDAY HALACHA SHIUR WITH BAGELS! - After the 8:30 **NIGHT SEDER & SUNDAY FOOD SPONSORED BY DONNY & MIRI ADLER** לעילוי נשמת יהושוע בן מרדכי צבי

SPONSORSHIPS Kiddush

@Hashkama Minyan

Sponsored for the next few weeks by Rabbi Ira Budow from PA With thanks for a wonderful Minyan & Shul whenever he visits Baltimore!

@Main Minyan Sponsorship Available

@Shalosh Seudos

Sponsored by Reuven & Janine Chapman

In honor of Rabbi & Rebbetzin Teichman, Dr. Mordechai & Elaine Bodenheimer and Tamar Schulman. Thank you for all you did for us when Reuven was in the hospital!

To Sponsor please email Kiddush@OhelMosheBaltimore.com

AVOS UBANIM - MOTZEI SHABBOS LEARNING

Featuring a story from the Rabbi plus learning, pizza and prizes!

THIS WEEK @7:30pm

SPONSORED BY DAVID KASTNER & ARI SCHWARTZ

For questions or sponsorship contact Yoni Herman at yonahherman@yahoo.com JUST A FEW WEEKS LEFT - SPONSORSHIPS AVAILABLE

FYI: There will not be a Shul Purim Seudah this year, last year was awesome so perhaps next year! If you would like to be a part of a committee to organize one next year reach out! It's never too early to get started!

Annual Sisterhood

Mishloach Manos **Project is LIVE!**

A \$24 minimum = Mishloach Manos for 6 families of your choice + Rabbi Teichman and his family! Additional Mishloach Manos @ \$4 each. Send to all members for only \$180!

Ohelmoshebaltimore.com/campaign/shaloch-manos-2020 (Membership required to participate must be logged in to see page)

Shul Contacts

@OhelMosheBaltimore.com

Rabbi Teichman

410-570-3333 or ravzt@ohelmoshebaltimore.com

The Shul Office:

For any administrative, financial or other member or Shul matters. Office@OhelMosheBaltimore.com

Gaboim:
Naftali Miller & Chaim Mordechai Meister -Gabbai@

Repair & Maintenance: Chaim Meister - FixIt@

Sponsorship & Hall rental: Miri Adler - Kiddush@

Sforim & Siddurim: Dovi Becker-Library@

<u>Laining Schedule:</u> Pinchas Friedman, Sasha Zakharin & Aiton Marizan- Lain@

Bulletin & Announcements: Shoshana Goldberg &

Ari Braun - Bulletin@

Sisterhood@ Devora Bloch & Bracha Caine

Agudah Scrip Sasha Zakharin - scrip@

CONGREGATION OHEL MOSHE

שבת קודש פרשת משפטים כ"ז שבט תש"פ

מרביכם חדוש אדר

אהל משה



Rabbi Zvi Teichman

CONGREGATION OHEL MOSHE 2808 SMITH AVE BALTIMORE, MD 21209 WWW.OHELMOSHEBALTIMORE.COM DAVEN@OHELMOSHEBALTIMORE.COM (410) 878-7521

Issue #620

RABBI'S MESSAGE:

The Antidote

The world is amidst a frightening health crisis. In China, the normal functioning of society and its personal interactions have come nearly to a halt, with people remaining isolated from one another, lest they contract the dreaded virus. The repercussions on global markets have created great tension between corporations and countries. Our 'global village', that the different countries and regions comprise, has been fragmented, forcing peoples to retreat in self-preservation, behind barriers that now separate them.

The frustration of the brilliant physicians and researchers in the medical field who can't seem to stifle the epidemic nor treat the disease effectively, accentuates the seemingly impregnable power of the forces of nature that we often delude ourselves into thinking can be controlled by man's scientific and technological genius.

The speculation that this virus may have traveled from animal to human through the wanton consumption of items that are not naturally suited for humans, emphasizes man's need to contemplate the indulgences they often permit themselves to pursue so mindlessly and carelessly.

What is 'our' antidote to this deadly situation?

The Torah records G-d's promise, מחלה מקרבך.... 'and I shall remove all illness from your midst'. (שמות כג כה)

But there is a caveat.

ועבדתם את די אלקיכם, You shall worship Hashem, your G-d.

This is the verse the Rambam quotes when recording the command that we are to pray to G-d each day.

The great Rebbe Nachman of Breslov elaborates on the verb used for praver עבודה. Service, and its implication of עבודה. servitude.

Rebbe Nachman advises that in order to become a true servant solely to G-d, one must avoid three pitfalls.

Do not scorn any person. (אבות ד ג)

Do not become enslaved to negative attitudes towards others. When we are judgmental of our fellow Jew we become shackled to our own weaknesses and biases, creating unnecessary division and contention. Wasn't it the brothers of Yosef whose misperceptions lead them to eventually declare before Yosef, "We are ready to be your slaves". (בראשית ניח)

One who is subservient to G-d alone will never succumb to prejudice and hate.

l am Hashem, your G-d, Who has taken you out of the land of Egypt, מבית עבדים, from the house of slavery. (שמות כ ב)

Egypt was a land sullied with idolatry. The belief in a system of natural forces that demanded allegiance and subservience lest their destructive powers be unleashed, enslaved a populace to defeatism and hopelessness.

Lastly, Rebbe Nachman teaches, the need not to be enslaved to one's own instincts and impulses, embodied in the principle known as שמירת הברית. Preservation of the Covenant, which relates to all carnal pleasure, not just to the most powerful one of intimacy. One who loses control to those drives is doomed to being enslaved to forces that only become stronger and unconquerable every time one submits to its lure.

Tefilla is not simply about sincerely appealing to G-d for His intervention and protection. It is our total submission to His will, knowing that only when we break the chains of slavery to our ego; our blind belief in all that is material; our allegiance to our comforting drives, that we can be assured He will embrace us in His loving and protective arms.

This, Rebbe Nachman explains, is the process by which Hashem provides His care.

ועבדתם, If you will become a true servant, ועבדתם, He shall bless your bread and your water, infusing the physical world that provides your sustenance, its secret antibodies that are released through the ידר די, the word of G-d, that infuses the natural world with His presence, והסירותי מחלה מקרבן, removing all illness from vour midst, handily warding off the viruses that can only invade a world devoid of G-d.

(ליקוטי מוהריין תנינא תקעו)

Our antidote is the opposite of isolation - it is reaching out to our fellow man, with understanding, empathy and love. We must lower the 'barriers' we place between each other.

We must shirk putting our faith in human intervention. Certainly we must do our hishtadlus, our due physical efforts, but always remember our efforts successes is only contingent on the word of G-

We must 'sterilize' our environment, not only with Purell, but more significantly by sanitizing our eyes, our hearts, our souls from the influences that pull us into the gravity of earth and prevent us from soaring on high.

If we succeed, we will gain the immunity to bask in His presence and flourish robustly, safely living inspired and enriched lives.

> באהבה, צבי יהודה טייכמאן

WELCOME TO OUR **NEW MEMBERS!**

HELLO

Avi Rosenaft & Tzipora Polsky!

AND THANK YOU TO OUR NEWEST MEMBERSHIP AFFILIATES

Lev Avraham & Rachel Rosenstock! Beniamin & Rivka Rubenstein! Baruch & Tzila Zeif! We appreciate your support of the Shul!

Building Project - Phase III

Expanding Our Boundaries & Increasing Our Possibilities!



Figures reflect new pledges, lump sum aifts and payment plan installments toward the Phase III Fundraising Goal of \$999,999

To learn more or get involved in this exciting project contact The Building Committee at building@ohelmoshebaltimore.com or talk to Rocky Caine, Noki Ganz, Joel Gedalius, Yoni Herman, Chaim Meister, Azi Rosenblum or Moshe Meir Rubin!

!!!HAPPY BIRTHDAY!!!

Talia Mako, Sarah Gila Marizan, Batsheva Berner, Ruthie Berenson, Dani Kermaier, Avromi Wiener, Adam Langer

!!!HAPPY ANNIVERSARY!!!

Mordechai & Elaine Bodenheimer

IIIBAR/BAT MITZVAH PARSHA ANNIVERSARYIII

Kevin Mako, Dovi Turner

!!!BAR/BAT MITZVAH COMING UP SOON(ish)!!!

Yoel Meth (Ki Sisa)

Yisroel Moshe Shafranovich (Vayikra) To have your child's upcoming Bar/Bat Mitzvah listed here please email office@ohelmoshebaltimore.com with details and/or update your member profile.

YAHRZEIT

Josh Zaslow, for his father, Darrel Zaslow

דוד בן הירץ הלוי

*Members: Please keep your profile updated in Shul Cloud so we can celebrate and commemorate all our important dates with you! (And occasionally save you from forgetting one!!)



AND - MRS. CHAROLETTE LEVI!

ON THE BIRTH OF A GREAT (GREAT!) GRANDSON!!! **BORN TO YOCHEVED & SHMULI GROSS!**



Hachana L'Purim Kumzitz

Thursday, March 5 @ 8:45 PM in the Social Hall, Men only. Light refreshments provided. Heavy inspiration included. Bring your musical instruments (voices included).

No cost to attend, several \$18 sponsorships available! Contact Ari Miller at amiller2481@gmail.com or 917-400-5092 to sponsor.

Did you know that you can dedicate a Siddur, Chumash, Yahrtzeit Plaque, and general donation in honor of someone or something? Details available on our website!







THANK YOU FOR YOUR SUPPORT!