

DAVENING TIMES

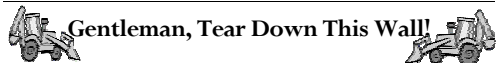
Mincha Erev Shabbos	7:00 PM
Shacharis	8:30 AM
Sof Zman K"Sh	מ"א 9:04 גר"א 9:40
Pirkei Avos Shiur	7:20 PM
Mincha	7:55 PM
Followed by Shalosh Seudos	
Maariv	9:06 PM
Mincha Next Shabbos	7:00 PM

Weekly

Open Beis Hamedrash	9:00 PM
Nightly Maariv	9:45 PM
Sunday Morning Shacharis	8:30 AM

Shiur this Sunday has been cancelled

CONSTRUCTION UPDATE



Gentleman, Tear Down This Wall!

You spoke. We listened. We've created a larger passage between the Shul and the Ezras Nashim to improve the sound.

More improvements to come!



YAMIM NORAIM SEATS

We have a great lineup for the Yamim Noraim. Please E-Mail us to reserve your seats! Please check the Website for more information.

Seating is Limited!

Member:	\$100
Non-Member:	\$175

SPONSORSHIPS

Kiddush

Benyomin Insel and Rachel Jacobson in honor of Bob & Brenda Jacobson of Atlanta, Georgia in town for Shabbos

Co-Sponsorship is Still Available

Shalosh Seudos

Joshua Gamzeh

and the

Eden Cafe

Sunday Breakfast

No Shiur this week

Sponsorships can be made for any occasion by contacting any people listed below.

CONGREGATION OHEL MOSHE

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CONGREGATION OHEL MOSHE

שבת קודש
פרשת עקב
כ' מנחם אב

אהל משה



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Volume #4

RABBI'S MESSAGE

“Heeling” our Souls

והיה עקב תשמעון את המשפטים האלה ; This shall be your reward for listening to these ordinances. The word עקב literally means because, as a result of, thus implying the reward which results from adherence to the laws of the תורה.

The מדרש points out that the תורה uses the word עקב which also means heel to emphasize the importance of keeping even those מצות that people tread upon them with their “heel” and do not accord them proper significance.

The heel of a foot is the point of the leg that allows one to pivot ones entire weight and momentum before moving forward. In order to move forward one must momentarily stop, however briefly, before actually continuing in ones direction. The גמרא states an opinion that indeed מהלך כעומד; walking is equal to standing, for this very reason.

Too often we involve ourselves in actions without proper contemplation. Do we consider the words of ברכות and תפילה that flow from our mouths? Do we realize the profundity of our actions when we don our מצות, light the שבת candles or any other of the myriad acts of מצוה we perform daily ?

The heel is also the most callous and toughest parts of our body. One can lose the sense of feeling in our עבודת השם if we allow ourselves to be insensitive to our actions.

The time before משיח comes is known as עקבתא דמשיחא; the footsteps of משיח or perhaps more correctly the heels of משיח. Maybe this is an allusion to the times before משיח when we will suffer from a lack of feeling and sense of purpose in our מצות due to the pressures and temptations of the cultures we live in .

In order to merit the promised rewards that await us with the coming of משיח we must “hold our heels” momentarily and ponder the beauty and deeper meaning that lies in our actions.

May we succeed as a ציבור to gain that appreciation for the benefit of our families in raising a generation worthy of greeting צדקנו משיח.

באהבה,
צבי טייכמן

SPONSORED ANNOUNCEMENTS



Park Heights Located in the JCC Owings Mills
410-542-5185 410-356-0100

SPECIAL ANNOUNCEMENTS

Please respect our neighbors

We haven't yet secured parking at the shopping center. Please park your cars in a respectful manner and not in front of neighbors houses.

VOLUNTEER OPPORTUNITIES

We are currently seeking volunteers for various projects in and around the shul:

- 1) **Website Designer:** Can you spruce up www.ohelmoshebaltimore.com?
- 2) **Food Committee:** Do you have culinary talent? Can you help set up / clean up from Kiddush or Shalsosh Seudos?
- 3) **Yom Tov Committee:** Volunteers needed to help with seating charts and chair setup.
- 4) **Fundraising Committee:** Volunteers needed to help formulate and follow through our fundraising goals for expansion.