

## SCHEDULE

### שבת קודש

Mincha Erev Shabbos	4:53 PM
Friday Night Learning	7:30 PM
Oneg @ R Teichman' House	8:30 PM
Shacharis	8:30 AM
<i>Sof Zman K"ס גר"א 9:14 גר"א 9:50</i>	
Mincha- Followed by Shalosh Seudos	4:50 PM
Maariv	6:01 PM

### Sunday

Shacharis	8:30 AM
<i>Followed by Shiur</i>	
Mincha / Maariv	5:00 PM
Torah Youth Shiur	7:30 PM
for High School Boys	
<i>Followed by Maariv at 8:00 PM</i>	
Maariv	9:45 PM

### Weekday Minyanim & Shiurim

#### Monday—Friday

Gemarah Shiur (M—F)	6:00 AM
<i>Masechet Avodah Zarah with Rabbi Teichman</i>	

#### Shacharis

Mon & Thur	6:40AM	Tues, Wed, Fri	6:45AM
Tur & Beis Yosef—Orach Chaim Shiur	7:30AM		
Additional daily minyan (Mon—Fri)	8:10AM		
Mincha— Mon, Tue, Wed, Thur	*12:50PM*		
Open Beis Hamedrash	8:00 PM		
Shiur	9:30 PM		
Nightly Maariv	9:45 PM		

## SPONSORSHIPS

### Kiddush

*Sponsored by Shayna Cohn*

*In honor of the*

*"16th Anniversary of Gavi's Bar Mitzvah"*

### Shalosh Seudos

*Sponsored by the Stieglitz Family*

*in memory of their grandfather  
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CONGREGATION OHEL MOSHE

שבת קודש  
פרשת בשלה

י"ב שבט

אהל משה



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Volume #26

## Free as a Bird

There is a מנהג attributed to the great מהר"ל that on שבת שירה he would gather all the young children to the courtyard of his בית המדרש and would instruct them to feed buckwheat to the birds. This he explained was to commemorate how at קריעת ים סוף the children fed the fruits that miraculously sprouted in the ים סוף, in reward to the צפורים; the birds that sang שירה together with the בני ישראל.

What is the song of the birds that so inspired the בני ישראל that amongst many communities we memorialize it and repay them to this very day?

In פרקי שירה it states: *צפור אומר: " גם צפור מצאה בית ודרור קן לה אשר שתי אפרוחיה את מזבחותיך ד' ; צבאות מלכי ואלקי" (תהלים פד, ד)* ; *The bird says : Even the bird finds its home and the free bird her nest where she laid her young, to be at your altars, Hashem ,Master of Legions my King and my G-d.*

The Ibn Ezra tells us that the צפור only sings when it is free. Singing is an innermost instinct that reflects having come "home" unconstrained, having reached ones objective that prods one to express with joy a song of sheer happiness. Yet, the פסוק relates that it lays its young to be at the altar, to serve as קרבנות. How does this fit in to the sentiment of rejoicing in its freedom?

Freedom is obtained when one "chooses" how to act rather than allowing oneself to be coerced. Even when forced, a individual can choose how to respond .When Jews were faced with execution they chose to use the opportunity to be מקדש שם שמים by reciting with defiance שמע ישראל.

The צפור seeks freedom yet displays it by choosing to sacrifice its young for the sake of שמים upon the מזבח. בני ישראל understood as well that only when one is willing to make sacrifices can one experience the true joy of freedom and adequately express it through שירה. Only after being מוסר נפש and jumping in till their nostrils were they ready to feel the thrill of freedom.

How we "choose" to deal with the many נסיונות in life will determine the level of joy and שירה in our lives.

Our illustrious ancestors gave their very lives with a song on their lips. In our daily struggles may we exhibit an equal level of happiness in choosing to serve השם with שירה.

באהבה,  
צבי טייכמן

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## SHABBOS SHIRA ONEG



Please join us for a special Oneg at  
Rabbi Teichman's  
2610 Summerson Road  
Friday Night at 8:30 PM  
For Men & Boys

### Rabbi Teichman, Unplugged

Join us weekly for 30 minutes of uninhibited  
Hashkafa & Mussar with Rabbi Teichman.

Thursday Nights after the 9:45 Maariv.

Topics will cover a variety of subjects from  
Shalom Bayis, to Chinuch, to matters of  
Parnassa and more!

*You don't want to miss this...*

- For Men -