

## SCHEDULE

### שבת קדש

Mincha Erev Shabbos	4:45 PM
Friday Night Learning	7:30 PM
Shacharis	8:30 AM
<i>Sof Zman K"ס א 9:14 א 9:50</i>	
Mincha- Followed by Shalosh Seudos	4:40 PM
Maariv	5:54 PM

### Sunday

Shacharis	8:30 AM
<i>Followed by Shiur</i>	
Mincha / Maariv	4:55 PM
Torah Youth Shiur for High School Boys	
<i>Will Resume Next Week</i>	
Maariv	9:45 PM

### Weekday Minyanim & Shiurim

#### Monday—Friday

Gemarah Shiur (M—F)	6:00 AM
<i>Masechet Avodah Zarah with Rabbi Teichman</i>	
Shacharis	
Mon & Thur 6:40AM	Tues, Wed, Fri 6:45AM
Tur & Beis Yosef—Orach Chaim Shiur	7:30AM
Additional daily minyan (M—F)	8:10AM
Mincha— Mon, Tue, Wed, Thur	12:45PM
Open Beis Hamedrash	8:00 PM
Shiur	9:30 PM
Nightly Maariv	9:45 PM

## SPONSORSHIPS

### *New! Winter Sponsorship Rates!*

Thanks to the sourcing and buying powers of our food service department we have been able to lower the costs of our Kiddush and Shalosh Seudos and we are passing the savings on you!

#### **Special New Rates are:**

***Kiddush: \$100.00***

***Shalosh Seudos: \$50.00***

#### **Kiddush**

*Sponsorship Available*

#### **Shalosh Seudos**

*Mark Wartzman, In memory of his mother*

*שייבה מאשיל בת יוסף*

Sponsorships can be made for any occasion

CONGREGATION OHEL MOSHE  
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CONGREGATION OHEL MOSHE

שבת קודש  
פרשת בא

ה' שבט

אהל משה



***Rabbi Zvi Teichman***

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Volume #25

## RABBI'S MESSAGE

### ...; I See the Light!

Darkness is a term that describes much more than the absence of light. A mood, an attitude or outlook can often reflect a dimmed inner core.

What is the correlation between light and the state of one's soul?

The תורה relates two consequences of the plague of darkness, לא ראו איש את אחיו; they couldn't see and recognize even those they were so familiar with and secondly, ולא קמו איש מתחתיו; the plague incapacitated them from even being able to arise from their seat. This second idea was not necessarily related to חושך; darkness. The absence of illumination doesn't prevent one from movement.

Why then is the מכה known as the plague of "darkness" which was only one aspect of the affliction?

חיי posits that during this מכה the very rays of the Sun were prevented from entering the atmosphere. Perhaps based on this theory we can boldly suggest the following idea. The Sun is virtually the sole source of all natural energy in the world. Energy from the Sun, in the form of sunlight, supports almost all life on Earth through the process of photosynthesis, and drives the Earth's climate and weather.

The Egyptians worshipped the Sun in reverence to its mighty role in nature. They referred to this deity as Ra, perhaps alluded to in פרעה's declaration נגד פניכם ראו כי ידעה.

הוא sought to display His ability to control this force at will. By shutting down this "power plant" not only was light reduced but the processes of photosynthesis and the resultant production of oxygen was diminished as well. When the blood does not supply this life force, muscles are unable to function and man is reduced to a position of immobility.

Man could not "see" for the source of light, the Sun, was blocked thus preventing the production of oxygen leaving him powerless to "stand up" from his place. It was indeed the "darkness", the absence of solar energy that was the essence of the plague.

May I humbly suggest an additional layer of understanding in this פסוק.

There are times in our lives when we may feel down, lifeless, dejected, lacking in energy and motivation. A smile, an encouragement, a kind word from a friend or even from a stranger can often supply the extra boost we need to regain our strength and sense of self prompting us to go forward in life energized. Each of us possess a positive energy that can be a catalyst for our fellow man to go on and not despair.

לא ראו איש את אחיו; if a man will not see his brother, if we will not seek to strengthen one another with a positive attitude and sincere interest, then, ולא קמו איש מתחתיו; our friend may be incapable of ever pulling himself out of his paralysis of motivation and lack of energy.

While darkness descended on the Egyptians the light of the אור הגנוז; creation, the source of true energy, radiated upon בני ישראל. בני ישראל חיים, כי עמד מקור חיים. תורה and His השם, is the root of all life.

May our countenance always reflect the אור of תורה and may it inspire to renewed life and energy all of those around us!

באהבה,  
צבי טייכמן

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## Shacharis Minyanim

Join Us!

6:45/40 AM



Join Us!

8:10 AM

Monday & Thursday 6:40 AM & 8:10AM

Tues, Wed, Fri 6:45 AM & 8:10AM

### Rabbi Teichman, Unplugged

Join us weekly for 30 minutes of uninhibited  
Hashkafa & Mussar with Rabbi Teichman.

Thursday Nights after the 9:45 Maariv.

Topics will cover a variety of subjects from  
Shalom Bayis, to Chinuch, to matters of  
Parnassa and more!

You don't want to miss this...

- For Men -