

## SCHEDULE

### שבת קדש

|                                       |         |
|---------------------------------------|---------|
| Mincha Erev Shabbos                   | 4:32 PM |
| Friday Night Learning                 | 7:30 PM |
| Shacharis                             | 8:30 AM |
| <i>Sof Zman K"V מ"א 9:11 א"ג 9:47</i> |         |
| Mincha- Followed by Shalosh Seudos    | 4:30 PM |
| Maariv                                | 5:41 PM |

### Sunday

|                                      |         |
|--------------------------------------|---------|
| Shacharis                            | 8:30 AM |
| <i>Followed by Shiur</i>             |         |
| Mincha / Maariv                      | 4:40 PM |
| Torah Youth Shiur                    | 7:30 PM |
| <i>for High School Boys</i>          |         |
| <i>Followed by Maariv at 8:00 PM</i> |         |
| Maariv                               | 9:45 PM |

### Weekday Minyanim & Shiurim

#### Monday—Friday

|  |                               |
|--|-------------------------------|
| Gemarah Shiur (M, W, Th, F)                      | 6:00 AM (Tue 7:45)            |
| <i>Masechet Avodah Zarah with Rabbi Teichman</i> |                               |
| Shacharis M & Th                                 | 6:40 AM / Tu, We & Fr 6:45 AM |
| Tur & Beis Yosef—Orach Chaim Shiur               | 7:30 AM                       |
| Additional daily Minyan (Monday-Friday)          | 8:10 AM                       |
| Mincha— Mon, Tue, Wed, Thur                      | 12:45 PM                      |
| Open Beis Hamedrash                              | 8:00 PM                       |
| Shiur  | 9:30 PM                       |
| Nightly Maariv                                   | 9:45 PM                       |

## SPONSORSHIPS

### Kiddush

*Sponsorship Available*  
Your 2007 Tax Deduction here.

### Shalosh Seudos

*Sponsorship Available*  
Your 2007 Tax Deduction here.

Sponsorships can be made for any occasion

Aryeh & Debbie Langer  
On the birth of a baby boy!  
שלום זכר at 2717 Woodcourt Rd.  
Friday Night after 7:30 PM

Chaim & Nechama Abraham  
On the birth of a baby girl!

Uriel Benyomin Ha' Cohn  
On his Bris this week  
And to his parents  
Gobbie & Shayna Cohn

CONGREGATION OHEL MOSHE  
WWW.OHELMOSHEBALTIMORE.COM  
DAVEN@OHELMOSHEBALTIMORE.COM  
(410) 878-7521

### *For more information:*

Rabbi Zvi Teichman  
ravzt@hotmail.com  
410-570-3333

Azi Rosenblum  
aziroosenblum@gmail.com  
443-854-2172

Eitan Schuchman  
schuchbalt@yahoo.com  
443-929-0755

CONGREGATION OHEL MOSHE

שבת קודש  
פרשת שמות

כ' טבת

# אהל משה



*Rabbi Zvi Teichman*

2808 SMITH AVE  
BALTIMORE, MD  
21209

Volume #23

## RABBI'S MESSAGE

### Pure Milk !

This week we begin חומש שמות once again.

There is an ancient tradition recorded that during the weeks that we read the פרשיות of שמות וארא whose acronym spells out the word "שובבים", an illusion to the פסוק in ירמיהו ג' יד, "שובו בנים שובבים"; "return my wayward sons", it is especially propitious for doing תשובה on those areas pertaining to עניי קדושה that we have been lacking in.

Just as in מצרים they had sunk to very low levels of טומאה that necessitated a national resurgence of קדושה led by the efforts of משה רבינו, so too that opportunity presents itself each year during this time.

ינו משה yet from his infancy was naturally reluctant to nurse from the non Jewish nursemaids. As the גמרא declares: פה שעתיד לדבר עם השכינה; the mouth that would speak directly with השם, could it possibly nurse from an impure source?

This idea is the basis for the הלכה as recorded in י"ד סימן פ"א סעיף ו' that directs that we should avoid if at all possible allowing our infants from nursing from foreign sources as they spiritually stifle the development of a child and inculcate within it a corrupt nature.

This הלכה is dictated for and applies to every Jewish child. Evidently we must raise each one of our children as if it will one day "speak directly with השם"! How awesome the implications of this basic law!

If the physical food of a child can affect its spiritual development how much more so the cultural influences that surround and assault us can have a detrimental effect on these precious נשמות.

Our children nurse not only milk but attitudes as well. We feed them ideas and values in every action we take and the effects begin to be absorbed even from infancy.

May we purify ourselves in these coming weeks from the defilement around us and may we succeed in creating an environment conducive for the healthy development of our special treasures!

באהבה,  
צבי טייכמן

### DELICIOUS SHALOSH SEUDOS SALADS PROVIDED BY



Rosenbloom Oving Mill JCC      Weinberg Park Heights JCC  
410-356-0010      410-542-5185

We will be open on Saturday night  
one hour after Shabbos until midnight

Let us cater your next luncheon, Bris, Shema Brachos,  
Or Other Happy Occasions our Atrium or your choice of place  
Call Josh: 443-928-5404

## Shacharis Minyanim

Join Us!

6:45 / 40 AM



WE NEED YOU

Join Us!

8:10 AM

Monday & Thursday 6:40 AM & 8:10AM

Wed & Fri 6:45 AM & 8:10AM

Tuesday 8:30 AM

### Rabbi Teichman, Unplugged

Join us weekly for 30 minutes of uninhibited  
Hashkafa & Mussar with Rabbi Teichman.

Thursday Nights after the 9:45 Maariv.

Topics will cover a variety of subjects from  
Shalom Bayis, to Chinuch, to matters of  
Parnassa and more!

You don't want to miss this...

- For Men -