

SCHEDULE

-Tuesday, Erev Shavuot-

Mincha Followed by shiur 8:15PM

Maariv 8:50PM

-Shavuot Night-

*All Night Learning Program:
Shiurim & Chavrusa Learning*

Featuring:

“A Smorgasbord of Delicious
Torah Delicacies”

By R' Teichman

הפך בה והפך בה דכולא בה

Part 1: 12:00am-1:00am

Part 2: 1:30am- 2:30am

Part 3: 3:00am - 4:00am

(Approximate times)

-Refreshments Available-

-Wednesday, Shavuot Day 1-

Shacharis (Netz: 5:39am) 5:00AM

2nd Shacharis Minyan 8:30AM

Mincha 8:15PM

Maariv 8:50PM

Candles after 9:21 (50min)

-Thursday, Shavuot Day 2-

Shacharis- 8:30 AM

~Yizkor, approximately 10:15~

Shiur for Women- 4:00 PM

Mincha- 8:10 PM

~Followed by Neilas HaCHag~

Maariv 9:22 PM

Friday, Shabbos & next week times on other side

SPONSORSHIPS

Shavuot Night Refreshments

Sponsors: (More Welcome!)

~Mr. & Mrs. Anonymous~Shalom & Pessy Michael~

~Chalavna & Malky Meth~ Moshe & Aviva Heinemann~

~Shmaya & Susan Turner~



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Shavuot Night Learning:

\$613

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Flower Ensemble

\$360

Sponsors:

2

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Neilas HaChag

~Avi & Eli Goldsmith~

In Memory of Avi's grandparents

יחזקאל בן יעקב & מרים רחל בת יעקב

~~

Shabbos Kiddush

\$150

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Shalosh Seudos

~Moshe & Ruth Ben-Levi~

In memory of Ruth's Father

Ephraim Freddie Oto Ben Roza

CONGREGATION OHEL MOSHE

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חג ה'צייז-קיק

&

שבת קודש

פרשת בהעלותך

ו'-ט' סיון

אהל משה



*Plus 603 additional positive and negative commandments.

Rabbi Zvi Teichman

CONGREGATION OHEL MOSHE

2808 SMITH AVE

BALTIMORE, MD 21209

WWW.OHELMOSHEBALTIMORE.COM

DAVEN@OHELMOSHEBALTIMORE.COM

(410) 878-7521

Issue #189

HOLIDAY MESSAGE:

Getting High On Torah! Intoxicated With Life!

As we approach the anniversary of the giving of the תורה, images of that momentous occasion recur in our mind. The תורה assists us in our collective memory by accurately describing the awesome sounds, sights and excitement of that eternal moment.

Rashi (שמות יט ז) portrays the encounter of Hashem greeting the Bnai Yisrael as one of a “groom going towards his bride”. At the end of that very verse it concludes with, ויתיצבו בתחתית ההר, *and they stood “beneath” the mountain.* רש"י there quotes the חז"ל that tells us that Hashem held the mountain literally above them threatening that if they don't accept the תורה they will be buried upon that very spot! Some marriage!

The גמרא (שבת פח) uses a very specific description of this terrifying warning, כפה עליהם ההר כגיגית, he turned the mountain over them like an inverted “tub”!

רש"י elucidates that this is a vessel employed in the brewing of beer! What significance is there in this intriguing detail?

Even more perplexing is the implication that they would have possibly remained temporarily alive beneath the hollowed mountain. Wouldn't it have been simpler if Hashem was indeed presenting them with a do or die offer, to warn them of being crushed to death under a solid mass of mountain?

The threat of תהא קבורתכם שם, *there you shall be buried*, in fact implies that Hashem was not intending to smash them, but rather to simply leave them entombed in that enclosed air space.

Indeed the phrase “כפה עליו גיגית” is used in only one other instance in the Talmud (סנהדרין עז), in the context of one who committed murder by inverting a tub over someone until he asphyxiated! What mystery lies here?

The imbibing of intoxicating beverages serves to stimulate “good feeling” and quash anxiety and pain.

Physiologically alcohol causes the release of beta endorphins in the brain that elevates mood and blocks pain. The consequence of the overuse of alcohol, and other drugs as well, is to eventually slow breathing and heartbeat to the point of possibly extinguishing life.

Our body, is intoxicated with the pursuit of what “feels good” at the expense of earnest hard work that seems tedious and boring. Therein lies the danger of retarding the life force of the נשמה, the soul, from infusing the “oxygen” of meaning and purpose to the body.

The “גיגית” the proverbial “keg of beer”, then is symbolic of the dangers of a life of wanton materialistic “drunkenness” and the ignoring of the healthy functioning of the soul.

The inverted tub and its diminishing air supply was instructive insofar as Hashem wasn't threatening them with imminent death, but rather portraying for them the consequences of a life of addictive indulgence.

They would “bury themselves alive” in their self destructive behavior of the pursuit of sensory satisfaction, shutting off the supply of spiritual oxygen.

There is one healthy addiction however, תורה! It is compared to wine and drugs. It is referred to as the *drug of life* (שבת פח)!

The גמרא (שם) tells of the famous encounter of the Sadducee who castigates ר' עקיבא upon observing his being so engrossed in his learning that he becomes oblivious to his having inadvertently wounded himself in the process and is bleeding profusely.

The “drug” of תורה can stimulate even greater pain killing abilities and sensations of happiness that are enduring and healthy without depleting the healthy doses of fresh air necessary for “life”!

The word *overtaken*, alternately means “coerced”. The addiction to תורה has to begin with a commitment to climb the “mountain” of devotion to the study of תורה even when the pleasure is not yet apparent and we may feel forced.

One who is unwilling to ascend the הר כגיגית, the inverted tub, is doomed to be buried beneath it exhausting its limited supply of “happiness”.

If we want to experience the “high” of Torah then we must devote many tireless hours of learning.

If we “force” ourselves even when it doesn't come naturally, we are assured to feel the excitement and vibrancy of Torah! To experience “life” at the fullest! To be intoxicated with the very essence of existence!

L'Chaim, to life!

חג שמח!
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BELIEVE

A SHIUR FOR WOMEN BY REBBETZIN TEICHMAN
4 PM ON THE 2ND DAY OF SHAVUOS
WHERE: AT THE SHUL
IN CASE OF RAIN, THE SHIUR WILL BE CANCELLED.
-THE SHIUR 'N SHMOOZE COMMITTEE

Friday Shacharis (6/10) 6:45 AM

שבת קדש - פרשת בהעלותך

Mincha Erev Shabbos 7:00 PM

Shacharis-Followed by Kiddush 8:30 AM

Sof Zman K'S- 9:25 א גר < 8:49 א

Pirkei Avos Shiur 7:25 PM

Mincha- Followed by Shalosh Seudos 8:10 PM

Maariv 9:24 PM

Week of Sunday 5/23

Sunday Shacharis 8:30 AM

-No Shiur this week

Sunday Mincha / Maariv 8:20 PM

Weekday Minyanim

Shacharis 6:45 AM/6:40 (M & Th)

Mincha (Mon-Thurs) 1:45 PM

Mincha / Maariv (Sunday-Thur) 8:20 PM

Maariv (Mon-Thur) 9:45 PM

Thursday Night Shiur
By R' Teichman, After 9:45 Maariv