

# TEMPLE MENORAH

## JEWISH LEARNING AND LIVING 2020-2021

Our new model of Jewish education for school-age children!

At Temple Menorah, Jewish living and Jewish learning go hand-in-hand.

We give our learners and their families the opportunity to not just learn about Judaism, but to live it as well.

### LA-BRI'UT

La-Bri'ut: To Our Health and Wellness is our new curriculum. Via five values-focused modules, learners gain a variety of tools that build resiliency and supportive strategies for better managing the challenges that life can throw their way, such as the COVID-19 pandemic.

Learning is anchored in Jewish texts and tales of our past, offering rich understandings of Jewish values that build resiliency and guide personal and communal health and wellness.

Learners will participate in a once-weekly *mifgash* (gathering) to discover and discuss concepts relating to each module. Between sessions, learners engage with activity boxes and/or at-home challenges



**SUKKAT SHALOM**  
SHELTER OF PEACE



**OMETZ LEV**  
INNER STRENGTH



**G'VURAH**  
COURAGE



**K'HILLAH**  
COMMUNITY



**CHESED**  
LOVING-KINDNESS



### ELECTIVES

In addition to the core curriculum, learners will also choose an elective. All electives are project-based, whether that means working with a group to write and produce a play or curating a slideshow detailing the learner's family history. In addition, each elective will include exploration of Jewish history, ritual, culture, or philosophy as relates to the topic. Learners will switch electives throughout the year to expand their experiences.

Options may include cooking, Jewish immigration, book groups, graphic novels, cooking, drama and musical theater, and more.

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### HEBREW

Learners in grades 3rd-6th will work in ability-level small pods to learn decoding skills, become confident Hebrew readers, and master Shabbat evening and morning prayers.

As part of their Hebrew studies, learners will also explore the meaning and history of the liturgy, developing and deepening their personal understanding of the prayer experience. In part, this will include building a portfolio of artwork, and photographs to compile their Visual Tefilah portfolios.

All Hebrew learners also participate in all-school Tefilah and Kehilah (prayer and community) each week.

One-on-one and small-group support will be available in our Hebrew lab as needed.

### CHAVURAH AND MORE

Building community is fun and help us connect to each other - whether in person or virtually. With guidance from Temple clergy, each Mifgash group will also come together for twice-monthly "Chavurah" sessions - Shabbat and holiday festivities, social action projects, game nights and other social activities, and other gatherings.

In addition, families can opt to work with one of our clergy as their personal "Jewish Life Coach," helping them each express and experience Judaism in a way that fits their family.

## CLASS SCHEDULE

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Mifgash 1 (3 <sup>rd</sup> /4 <sup>th</sup> ) Mifgash 2 (5 <sup>th</sup> /6 <sup>th</sup> ) 4:30-5:15 pm	Hebrew (3 <sup>rd</sup> -6 <sup>th</sup> ) Alef 4:30-5:15 pm	Mifgash 3 (3 <sup>rd</sup> /4 <sup>th</sup> ) Mifgash 4 (5 <sup>th</sup> /6 <sup>th</sup> ) 4:30-5:15 pm	Mifgash 5 (all ages) 5:30-6:15 pm	Mifgash 6 (K-2nd) 9:00-10:30 am
Electives (3 <sup>rd</sup> -6 <sup>th</sup> ) 5:30-6:30 pm	Tefilah and Kehilah 5:15-5:45 pm	Electives (3 <sup>rd</sup> -6 <sup>th</sup> ) 5:30-6:30 pm	Shabbat Service 6:30-7:30 pm	B'nai Mitzvah (7 <sup>th</sup> ) 9:15 am-12:00 pm
B'nai Mitzvah (7 <sup>th</sup> ) Alef 5:45-7:15 pm	Hebrew (3 <sup>rd</sup> -6 <sup>th</sup> ) Bet 5:45-6:30 pm			Shabbat Service 10:00 am -12:00 pm
B'nai Mitzvah (7 <sup>th</sup> ) Bet 7:15-8:00 pm	Hebrew Lab 4:30-6:30 pm			

Learners in K-2 meet on Saturday mornings; learners in 3rd-6th choose ONE Mifgash and ONE elective and are assigned to ONE Hebrew pod. Mifgash 5 on Friday night is open to learners of all ages. Families with multiple learners can opt for Mifgash 5 or request that they be grouped together in another Mifgash.

A sample schedule for a fourth grader: Tuesday - Mifgash 1 (4:30) and Elective (5:30);  
Wednesday - Hebrew Alef (4:30) and Tefilah and Kehilah (5:15).

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