Congregation Beth Or publishes Beth Or Spotlight through an endowment from the Florence and Rhoda Kramer Memorial Fund.
September Worship Schedule

Friday, September 4 • Shabbat Ki-Tavo
6:30 pm  Family Shabbat Worship – Webstream & Facebook Live
7:30 pm  Kabbalat Shabbat Worship – Facebook Live

Saturday, September 5
9:00 am  Shabbat Worship with the Bar Mitzvah of Emily Amerstein, daughter of Michael & Marci Amerstein
11:00 am  Shabbat Worship with the B’nai Mitzvah of Emmanuelle Kramer, daughter of Henry Kramer & Cindy Au-Kramer & Daniel Gass, son of David & Alyson Gass – Webstream

Tuesday, September 8
9:15 am  Morning Minyan with Rabbi Bonder – Zoom

Friday, September 11 • Shabbat Nitzavim – Vayelech
7:30 pm  Shabbat Worship Service Honoring First Responders & Front Line Workers – Webstream & Facebook Live

Saturday, September 12 • Shabbat & Selichot
9:00 am  Shabbat Worship with Bar Mitzvah of Leo Kuznits, son of Tamir & Jennifer Kuznits
11:00 am  Shabbat Worship with Bar Mitzvah of Shane Lincow, son of Ron & Robin Lincow – Webstream
1:00 pm  Shabbat Worship with Bar Mitzvah of Madden Benjamin, daughter of Jay & Amy Benjamin
7:30 pm  Selichot Program – A Story of Redemption & Repentance – Zoom
8:30 pm  Selichot Worship Service – Webstream

Friday, September 18 • Erev Rosh Hashanah
8:00 pm  Erev Rosh Hashanah Worship – Webstream, Cable TV

Saturday, September 19 • Rosh Hashanah
10:00 am  Rosh Hashanah Worship Service – Webstream, Cable TV
12:00 pm  Rabbi Marx Rosh Hashanah Sermon Discussion - Zoom
1:00 pm  Rosh Hashanah Torah Service & Study – Webstream, Cable TV
3:00 pm  Rosh Hashanah Tot & Family Service – Facebook Live
2:00-7:00 pm  DIY Tashlich Service – In-Person by appointment via webpage sign-up – Shineonly

Sunday, September 20 • 2nd Day Rosh Hashanah
10:00 am  2nd Day Rosh Hashanah Worship – Webstream, Cable TV
12:00 pm  Rabbi Bonder Rosh Hashanah Sermon Discussion - Zoom
1:00 pm  2nd Day Rosh Hashanah Torah Service & Study – Webstream, Cable TV
2:00-7:00 pm  DIY Tashlich Service – In-Person by appointment via webpage sign-up

Friday, September 25 • Shabbat Ha’azinu/ Shabbat Shuvah
7:30 pm  Shabbat Worship with the Bar Mitzvah of Daniel Somerman, son of Peter & Stefanie Somerman – Facebook Live & Webstream

Saturday, September 26
11:00 am  Heart & Soul Shabbat with Rabbi Bonder & Paul Brooks – Podcast Meditation via download on the CBO Website

Sunday, September 27 • Kol Nidre
8:00 pm  Kol Nidre Worship Service – Webstream
9:00 pm  Kol Nidre Worship Service – Tape delay for Cable TV

Monday, September 28 • Yom Kippur
10:00 am  Yom Kippur Worship Service – Webstream, Cable TV
12:00 pm  Rabbi Marx Yom Kippur Sermon Discussion - Zoom
1:00 pm  Yom Kippur Torah Service & Study – Webstream, Cable TV
2:00 pm  Yom Kippur Study Session with Rabbi Bonder & Aaron Nielsenshultz - Zoom
3:00 pm  Yom Kippur Tot & Family Service – Facebook Live
4:00 pm  Afternoon/Minchah – Webstream, Cable TV
5:15 pm  Yizkor Service – Webstream, Cable TV
5:45 pm  Neilah & Conclusion – Webstream, Cable TV
6:15 pm  Community Break the Fast – Zoom

October Worship Schedule

Friday, October 2 • Erev Sukkot/Shabbat
6:30 pm  Family Shabbat Worship with lulav, etrog & song – Webstream & Facebook Live
7:30 pm  Kabbalat Shabbat Worship – Facebook Live

Saturday, October 3
9:00 am  Shabbat Worship with Bat Mitzvah of Sari Gartsid, daughter of Bob & Wendy Gartsid & Bar Mitzvah of Bob Gartsid
11:00 am  Shabbat Worship with Bat Mitzvah of Ava Katz, daughter of Craig & Kristen Katz – Webstream

Friday, October 9 • Shabbat Shemini Atzeret
6:30 pm  Family Shabbat Worship – Webstream & Facebook Live

Friday, October 16 • Shabbat Bereshit
5:30 pm  Munchkin Minyan for 4’s – Zoom to Facebook Live
7:30 pm  Shabbat Worship – Webstream & Facebook Live

Saturday, October 17
9:00 am  Shabbat Worship with Bar Mitzvah of Max Forman, son of Benjamin & Lorane Forman
9:30 am  Torah Study – Zoom
11:00 am  Shabbat Worship with Bar Mitzvah of Brooke Rovner, daughter of Paul & Lisa Rovner – Webstream

Friday, October 23 • Shabbat Noah
7:30 pm  Shabbat Worship – Webstream & Facebook Live

Saturday, October 24
9:00 am  Shabbat Worship with Bar Mitzvah of Jacob Rosenstock, son of Brian & Lynn Rosenstock
9:30 am  Torah Study – Zoom
11:00 am  Shabbat Worship with B’nai Mitzvah of Ella Kanaplue, daughter of Josh & Candace Kanaplue & Maddox Pestrack, son of Eric & Jamie Pestrack – Webstream

Friday, October 30 • Shabbat Lech-Lecha
7:30 pm  Shabbat Worship – Webstream & Facebook Live

Saturday, October 31, 2020
9:00 am  Shabbat Worship with Bar Mitzvah of Gabriel Cass, son of Jonathan Cass & Deborah Freedman-Cass
9:30 am  Torah Study – Zoom
11:00 am  Shabbat Worship with B’nai Mitzvah of Dylan & Ilan Goldstein, sons of Howard & Andrea Goldstein – Webstream

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Looking At Time And Seeing It As A Window Into Our Lives

Rabbi Gregory S. Marx, Senior Rabbi

For years, Laurie has made kitchen calendars for both my mother and her mother, may she rest in peace. Every month would feature a large picture of a member of the family who was celebrating a birthday or anniversary. Whenever we would visit either house, I would see the calendar filled up with personal responsibilities and appointments. It was a great window into their lives, openly displayed on the kitchen wall.

Of course there would be the numerous daily activities, those customary tasks — doctors' visits (they get much more numerous as we get older), due dates, repair people to wait for, car pools to remember, concerts and dinner reservations. On my calendar, which is more private as it’s on my phone, there are notations revealing how I have spent my time. It also makes clear much more than that, for as Carol Adams writes in the New York Times, "We tend to think that calendars are about time, but I see now they are about much more — [they are about] relationships (for whom will I set aside time?) and [they are about] responsibilities (what events matter most and what is my role in them?)".

Looking over last year’s calendar we will notice who were the people with whom we set aside time to spend together, such as our spouses, our children, our parents, our siblings, and our friends — those we treasure and love most deeply. With hindsight we might evaluate if we gave enough of our time and enough of ourselves to them.

Our calendars also show with what we kept busy; but from a different perspective they also crystallize what we value, what has priority in our life. If theater, dance or opera and concerts, lectures or book club dates are there, it is clear that culture is important. If sports or outdoor adventures or traveling are there, it is clear that being active, being involved with others, and being curious about the world, are crucial to our own identity. If Jewish holidays, services and yahrzeits are recorded, if notations regarding Jewish learning are found, if synagogue activities are there, then it is obvious that Judaism and Jewish identity are profoundly and purposefully part of our life.

Look closely at the patterns that our own calendars preserve, for in them we can discern our most treasured relationships, priorities and values.

During the High Holy Days, the Book of Life is open. Think of that book as the calendar of our lives that is now being reviewed by God. We too should be reviewing it, considering how we have filled our calendars in the year gone by, and how we used the precious gift of time.

Sadly, much of the past year has been lost due to the quarantine. Our calendars may not have been as full as in previous years, but they are nonetheless a reflection into our values and priorities. Looking into the New Year at 5781, may we perform three “RE’s”; may we REPrioritize, REbalance and REfocus on that which brings meaning and purpose to our own lives and betterment to the community.

The author of Psalm 90 had a true appreciation of that preciousness of time and how we must spend it. It reads, “So teach us to number our days, that we may find a heart of wisdom... May we find gladness to fill our days (calendars) wherein Thou hast afflicted us... And let the beauty of God be upon us: that the work of our hands may long endure." May we move forward with hope into the New Year and find greater beauty, gladness, and purpose.

Laurie, Daniel, Tyi, Joe, and Ricca, join me in wishing you a Shana Tova.
How Can We Help?

Josh Gottlieb, Beth Or President

We are in the midst of great upheaval, in our community, our country, and around the world. Due to efforts to contain the pandemic, many businesses have closed or greatly limited how they can operate. As a result, millions of people have lost their jobs or had their hours and incomes reduced. In turn, millions are struggling with the basics of paying their mortgage/rent, feeding their families and paying for medical care and medicines, sometimes having already lost their health care coverage.

After reading about the news, and also watching it on television, I can feel any combination of sadness, frustration and anger. If any country should be doing better than we are, it is America. But here we are. Other than supporting political candidates who I think are best qualified to guide and lead us more intelligently and rationally, and more in keeping with my core values, what can I do? What can we all do?

One responsibility we all have is to stay informed. Listen to and read the words of the experts: epidemiologists, public health leaders, doctors, scientists. These are the people whose insights and guidance are based on science, data and facts. This is important because we all have a role to play in protecting not only ourselves and our families, but our communities at large.

Wearing an approved mask in a proper fashion whenever we are going to be inside (i.e. a store) around other people seems obvious, but clearly not everyone complies with this most basic rule. Maintain social distancing and stay outside when with people not in your family, even close friends and relatives. This can be hard to do emotionally, but it is the right thing to do.

For any family with children or grandchildren in school, we need to stay informed about the approaches and options put forth by our school districts. We all need to make informed choices that are best for our families, as there are certainly different circumstances and concerns from one household to the next. People of any age can have underlying medical conditions that are a concern and must factor heavily into choices we make. And teenagers (I live with one) often think they are invulnerable, but many must be reminded that choices they make impact the others in their life.

As I write this on August 10, Beth Or, school systems, governors and individual families are making decisions about how to plan for September. If we have learned anything since mid-March, it is that by the time you read this column, recommended best practices may have had to change again based on the advice of those experts I mentioned earlier.

I wish all of you the best as we live our lives in this profoundly changed world. Please rest assured that we, the leadership team at Beth Or, will continue to make all of our decisions based on the science. Our top priority will continue to be to reopen carefully and incrementally so that we can be together as we worship, learn and enjoy the bonds that feel best when shared in person. We will only do this while ensuring that how we move forward will protect the health of all of our congregants, clergy and staff.

I wish all of you a healthy and happy new year.

Shana Tova!
We finally have the chance to challenge unquestioned and unintentional actions and routines that have crept into our lives and stayed for good.

The Most Essential Thing

Rabbi Jason Bonder, Associate Rabbi

This time of year in Jewish tradition is when we cut out the fluff. We dig underneath the daily routines and hobbies to ask ourselves what we are all about. Who are you, at the essence of your being? Is that who you want to be? The Hebrew word for this is יקר, — ikr. This time of year demands that we get in touch with that ikr.

The infamous Coronavirus gave us a head start on this process of searching beginning in March. When our community, and frankly our world, first closed down, many of us had to ask the question, “what are the essentials?” We, as a nation, asked which jobs are essential. We considered which of the products we buy are worth the risk of exposure. We considered if commuting to an office is absolutely necessary. We are rethinking and reimagining education.

This collective analysis left many of us living a very different life with different routines and daily habits. It forced us to ask questions about why we do the things we do. This virus is no doubt horrible, and this destabilizing time we have endured is by no means ideal. But here is a silver lining: We have a big head start on our process of introspection for this year’s Days of Awe. For many of us, as we enter into the final month on the Hebrew calendar, Elul, we may be more in touch with the essence of who we are than we have been in years. Perhaps after years or even decades, we finally have the chance to challenge unquestioned and unintentional actions and routines that have crept into our lives and stayed for good.

“All the world is a narrow bridge. And the essential thing is to not fear at all.” So goes the famous song based on the teaching of Rabbi Nachman of Breslov. I believe this has to be our rallying call as we enter into these High Holy Days. Confronting who we are is a scary thing - so much so that many of us choose not to. It’s one of the reasons why the days between Rosh Hashanah and Yom Kippur are called the “Days of Awe.” But this year, we’ve had no option.

So here we are. We have been travelling across the very narrow bridge of adaptation to our coronavirus lifestyle. The ikr — the essential thing — is to not be afraid and keep moving forward. The essential thing is to keep moving toward self-discovery and self-awareness. This year’s Days of Awe have the potential to seep through the cracks in the facades we have been building for years, leading to beautiful new realizations. Who are we at our core? What is the essence of our being? This year, through repentance, prayer, and acts of justice, perhaps more than ever, we will be able to find out.

May we all enjoy the blessing of knowing who we are in 5781 and beyond.

Shana Tova.
Never Too Late to Become a “Fountain Pen!”

Cantor David Green

The headline of this article is quite unusual. But if you are a Baby Boomer and you were a teen growing up in American Jewish communities in the 1950’s and 60’s, you might know what it means. When I became a Bar Mitzvah in 1966, the Rabbi said: “Today, you are a fountain pen.” That meant the majority of the gifts you received for becoming a Bar Mitzvah were, of course, a fountain pen.

Today, the gifts are much more elaborate and hi-tech oriented. Taking on the mitzvot, as an adult, starting at the age of Bar/Bat Mitzvah is timeless. For one reason or another, many Jewish adults today did not experience Jewish education and never became a Bar/Bat Mitzvah.

It is never too late to become a Bar/Bat Mitzvah or to get confirmed. Even if you already did one or both, you can do it again! The adult curriculum today for both are quite different from what we studied as a teenager years ago.

Here are examples of some of the topics studied in the two programs at Beth Or: Arab/Israeli conflict, Jewish perspectives on LGBTQ, organ transplants, euthanasia, cloning, capital punishment, life after death and different views of God, prayer and Torah.

Jewish education has always been an integral part of our Jewish identity and culture. It is not just for children or teens, but for adults of all ages.

“A parent and child must both study Torah” (Kiddushin 29b).

Our Jewish studies are more than just studying our faith, traditions and practices, but also teaching us how to be better human beings. “Torah has also been described as that dealing with the whole existence of the human being; that which touches life at every point,” (Nathan H. Winter).

Classes will begin in October 2020 and will conclude in the spring of 2022. (Classes do not meet in the summer.) So become a “fountain pen” or a “new fountain pen.”
SEPTEMBER-OCTOBER CANDLE LIGHTING

Friday, September 4 • 7:08 pm
Friday, September 11 • 6:57 pm
Friday, September 18 • 6:45 pm
Friday, September 25 • 6:34 pm
Friday, October 2 • 6:22 pm
Friday, October 9 • 6:11 pm
Friday, October 16 • 6:01 pm
Friday, October 23 • 5:51 pm
Friday, October 30 • 5:42 pm

YOU can Help Prevent Jewish Genetic Diseases.
Have a Conversation with a Young Adult Today.

As a member of the Einstein Victor Center team, Dr. Chani Yondorf, Department of Obstetrics and Gynecology, Einstein Healthcare Network, provides women’s healthcare that honors the traditions of the Jewish community, while advocating for preconception screening of Jewish genetic diseases for young adults.

One in two people of Jewish descent is at risk of being a carrier of an inherited Jewish genetic disease.

It is possible for carriers of these genetic diseases to have their own healthy children.

Visit EinsteinVictorCenter.org for information about safe and affordable virtual screening for preventable Jewish genetic diseases.

Chani Yondorf, MD, counsels a patient, safely, during a telehealth session.
Thank you to the hundreds of families who participated in our survey and reached out with thoughts and comments regarding our next steps as a school. We are truly a wonderful community together!

The Beth Or community has made the decision to pursue high-quality virtual learning through Thanksgiving for all grades. This was not an easy decision; however, based on your input and the advice of our Religious School Task Force (made up of board members, Religious School parents, teachers, and medical professionals), along with the advice of State and Federal agencies, the larger medical community, and considering the decisions made by our local school districts, we believe that this decision is the best one for the safety and health of our children and our teaching staff.

Our goal is to return to in-person instruction as soon as it is safe to do so. In November, we’ll reevaluate the situation and make a decision for the balance of the school year based on the local conditions at the time.

In addition to making this decision to return virtually, the task force focused on how to make our program the best it can be. To this end, our programming for this fall has been designed around:

- **Smaller classes.** We want to maximize the interaction students and teachers have online, and by creating smaller classrooms, we can make sure all students are heard, engaged, and valued.
- **Combined Hebrew and Judaics for 3rd-6th grade students.** You’ll get comprehensive combined content in only one class per week.
- **More options for when to meet.** Parents sign up for Sunday, Monday, or Tuesday virtual options with their children’s teachers as space permits. This gives you the ability to plan for a full day off during the weekend, or sign up for Sundays so as to keep your weeks clear for secular school.
- **Enhanced learning.** Utilizing time to plan and adapt our content/approach to learning that we didn’t have in the spring, we’ve made modifications to maximize the benefits of being in an online classroom.
- **Offering Hebrew Tech options** for all learning-levels during the week.
- **Moving our T’filah Lab online** with the clergy so Hebrew students can practice services.
- **Continued personalized Bar and Bat Mitzvah preparation.** Clergy will meet with students virtually and for in-person rehearsals.
- **Weekly Youth Engagement opportunities** through November (and after if necessary) that are in-person and outside, shine-only. These events will be free to all of our students enrolled in Religious School and there will be a small fee for our congregants not enrolled. Non-congregants will not be invited to participate this year. Events will be limited to a set number of participants for health safety.

We know that the pandemic has financially impacted many, so for families who request it, we’re offering an 18% school tuition discount for this year. We encourage families who can afford to maintain full tuition to do so to help us support those families who need our assistance. Families already on an adjusted plan with Beth Or will not be eligible for this discount.

Given the difficulties of life during Corona, some families might consider taking a year off from religious school. We urge you to examine what such a decision signals to your children about Jewish commitment and Jewish community: Judaism requires a community to function, even if it is temporarily virtual, and life-long connection to Judaism requires seeing it as more than a commodity. We need you to complete our Kehillah Kedoshah — our Holy Community.

I’ll send another note in the weeks to come to share teacher assignments and how to sign up for class days. That note will also discuss plans for our first day of school on October 4. We know that this is not the year that anyone expected, and we are working tirelessly to make the very best of it. Let’s do this together and make our beloved community even stronger.
The time we have been waiting for since last spring is here! Another school year begins at the Zipporah S. Abramson Center for Early Childhood Education. The start of this year is unlike any other. Yet, we have much of the same emotions we always have. The feeling some of us get is a mixture of excitement, jitters, comfort, and joy. Based on the weeks we have been back here for camp there are things we can all do as we get ready to come back to school.

- Spend some time getting back into your school routine. Have your child wake up early and get to bed each night so they are well rested.
- There are many books and resources available for families of young children navigating during the COVID era. One of our favorite family resources is Sesame Street. There are activities for children and tips for parents.
- Practice proper hand washing. Wash for at least 20 seconds with soap and water. Try singing a song or counting as you wash the germs away.
- Pick out a special first day outfit. You might be able to find a matching face mask!
- Most importantly spend time with each other as you prepare for coming back!

We look forward to giving air hugs and high fives to friends and getting the continued comfort for the teachers and staff as we welcome everyone back. Don’t forget we have huge smiles under our masks and we are so happy to have everyone returning!!

Mark your calendars with these important dates coming up in the next few months:

**SEPTEMBER**
- 9/7 – CECE Closed, Labor Day
- 9/8 – First day of School
- 9/18 - 3pm Dismissal Erev Rosh Hashanah
- 9/19 – Rosh Hashanah
- 9/20 – 2nd Day Rosh Hashanah
- 9/28 – CECE Closed, Yom Kippur

**OCTOBER**
- 10/3 – Sukkot
- 10/11 – Simchat Torah
- 10/16 – Virtual Munchkin Minyan honoring our 4’s
Cantor Jaime Murley, 
Junior Choir Director

One of the first things I teach every September when Religious School comes back in session, is the song “Apples and Honey.” Very simply, the song states Apples and Honey for Rosh Hashanah. A good new year, a sweet new year. Apples and Honey for Rosh Hashanah. It’s a simple song with an easy tune, and even though I’ve sung it a million times and have taught it for 20 years, it brings tears to my eyes every year! After not hearing the sound of children raising their voices together in song all summer, it is incredibly “sweet and good” to hear the sound of Jewish children singing together. They are connecting to each other and to me through Jewish song, and it really makes my heart happy.

This year will be a little different. With the challenges of living with the Coronavirus, we will need to achieve “goodness and sweetness” in a different way. Our Junior Choir and Yobo teens will help me create recordings of our High Holy Day favorites for us to use during the High Holy Day Family Services. I know that their presence is what makes those services so special, and so I plan to utilize their faces and voices to the fullest using advancements in technology, specifically as it relates to music. I am so excited to see and hear it all come together and I have no doubt that this year’s version will touch my heart and bring tears to my eyes, just as much as it has in other years. It is important now, more than in any other time, to show and teach our young people, that the traditions and sounds of Judaism can and will continue, and that they have a chance to be pioneers in the world of creating Jewish music “together” even though we are apart.

Junior Choir is now open to 1st through 6th graders!! The brand new Yobo singing ensemble, Chai Notes, is open to 7th through 12th graders. If you have a child who falls within either of those age ranges, who has not been involved with choir prior to this year but who wants to take part in this year’s choir, please reach out and email me at jmurley@bethor.org. Also, please never hesitate to reach out with any questions or concerns relating to this year. I can’t wait to explore some new music making techniques with all my choir friends!
Youth Group in the time of a Pandemic: Find the Silver Linings!

Jillian Peskin, Director of Member & Youth Engagement

Friends,

With an ever changing world and announcements about distance learning and virtual programs, where can we find some silver linings? I know I have found them every time I meet someone outdoors for ice cream, or see a friend for a walk. While not the same interactions that we typically have, I am grateful for the time spent with people in a safe way. We are so lucky that it’s been such a beautiful summer! I can only hope that the fall weather is good to us this year.

This fall, weather dependent, we have decided to turn our Beth Or’s youth program into one big silver lining! In order to provide meaningful, positive and safe experiences for our children – we have a fall program calendar for in person, outdoor events! (WOO HOO!) While I will not be here to enjoy them with your kids (I will be on maternity leave), the wonderful Kayla Diamond will be managing these programs, along with oversight from Mr. N! Below is a little more info about what our program will look like, along with a tentative schedule of events!

- All CBO Youth Group Events will be free to any student enrolled in Religious School this year. There will be a small fee for students whose families are congregants in good standing. Non-CBO Members will not be permitted to attend our events this year.
- All events will be outside, weather permitting. If it’s raining, or too cold, we will cancel. The only time we will be inside is to use the restrooms. Event time, date and location are subject to change at any time.
- Each event will follow CDC guidelines. Children and Staff will be required to wear masks. If a child or staff member is feeling unwell, we will ask that they don’t join us. All rules and regulations are subject to change based on current CDC guidelines.
- Event size will be limited to 25 people, including staff.
- Event RSVPs will be first come, first served, we will move to a waitlist after we are full.
- Masks aside, our main goal is to have fun!

If you have questions regarding any of our fall youth group activities, feel free to reach out to me anytime! I look forward to our next time together and our next hugs!

L’Shalom,
Jillian

K, 1st & 2nd Grades
- Tie Dye, Mask Chains & Crafts
  Sunday, October 11, 1 pm – 2 pm
- Yoga, Sports & Games
  Sunday, November 1, 1 pm – 2 pm

3rd & 4th Grades
- Tie Dye, Mask Chains & Crafts
  Sunday, October 18, 1 pm – 2 pm
- Yoga, Sports & Games
  Sunday, November 8, 1 pm – 2 pm

5th & 6th Grades
- Tie Dye, Mask Chains & Crafts
  Sunday, October 25, 1 pm – 2 pm
- Yoga, Sports & Games
  Sunday, November 15 1 pm – 2 pm

YOBO – 7th – 12th Grades
- Havdallah & Movie Night
  Saturday, October 17
  (Rain Date, Saturday, October 24) 7:30 pm
Meet Our B’nai Mitzvah Students

**Emily Amerstein**  
**September 5**
For my Mitzvah Project, I have decided to volunteer at Meals That Matter by preparing meals for seniors and homebound members of my community. Some of my favorite memories have been over meals with family and friends. By preparing meals for seniors and those in need, I am hoping they can enjoy a meal and make memories that last forever.

**Daniel Gass**  
**September 5**
For my Mitzvah Project I raised money for a friend and congregant who was diagnosed with Ewing Sarcoma. He will need another prosthetic leg as he continues to grow and I wanted to make it a little easier for his family. With the help of family and friends, I raised over $10,000. I did this by hosting various events such as bake sales and a cycling event at Remix Fitness. During this process I have gotten to see hands-on how my friend continues to get stronger every day. The bond we have created will last a lifetime.

**Emmanuelle Kramer**  
**September 5**
For my Mitzvah project, I taught workshops on the art of bookbinding, and hand crafts. The art of bookbinding is constructing a book or book-like boxes by hand. In the workshops, I taught Girl Scouts, kids, adults, and Beth Or congregants how to bind photo albums, create pop-ups, make boxes and accordion-like books, as well as a lot more. Bookbinding isn't a very common activity now, as these days, books and albums are made using machines. I wanted people to understand the beauty and the art of bookbinding by hand as well as teach them about the craft and how to do it. With help from my family and friends, I had assistance, teaching, and guidance. I hope that through my teaching, more people are aware of this beautiful art.

**Madden Benjamin**  
**September 12**
For my Mitzvah project, I volunteered at the Mitzvah Circle. The Mitzvah Circle is a volunteer-based organization with the goal of providing material support to families in need. I contributed, with the help of family and friends, in two ways. One was by donating clothing and other supplies and also by volunteering at the warehouse. I helped by sorting donations and putting together care packages, specifically selected, based on each family's individual needs. The goal of these packages is to restore dignity and hope by allowing people to move forward in their lives. I have enjoyed doing this project because it makes me feel good that I am helping others in need and made me gain a true appreciation of the things I take for granted. If you would like to help, The Mitzvah Circle collects everything from shoes, clothing and household goods to linens and toiletry essentials. For more information, visit www.mitzvahcircle.org.

**Shane Lincow**  
**September 12**
I created a Virtual Race to commemorate my Bar Mitzvah. Since many races and events have been canceled due to the Coronavirus, I designed this race to encourage and motivate members in my community to get fit with their favorite exercise. I wanted to lift people's spirits and find the silver lining around the cloud of the coronavirus. Participants selected their distance to either run, walk, or bike and then submit the results in a Google Document. My family and I donated money for each person that completed the race to Philabundance. I felt that it was important to help supply food to more families in our area during this difficult time. As this pandemic continues, I would like to continue to support Philabundance and assist others in need.

**Daniel Somerman**  
**September 25**
For my Mitzvah project, I am collecting new and gently used shoes to donate to Mitzvah Circle Foundation. Mitzvah Circle is a volunteer-driven, nonprofit organization that supports individuals and families in times of crisis. Many families who seek out help from Mitzvah Circle are struggling to make ends meet. They may not have basic items such as personal hygiene products or clean socks and underwear that we take for granted. I chose to collect shoes for Mitzvah Circle because when I volunteered there recently and spoke with founder Fran Held, she indicated that there was a high demand for shoes and their supply was simply not plentiful enough to meet that demand. Mitzvah Circle holds a special place in my family’s heart. My great-grandmother, Shirley Somerman, was honored last year as one of their most valued volunteers for her work putting together care packages for families. My grandfather, Brian Somerman, volunteers his time delivering diapers to those in need. I have volunteered my time at the Mitzvah Circle warehouse on numerous occasions, and I plan to continue to do so in the future. Most recently, I sorted through donations.
and organized clothing items. Then I helped to put together a care package for a single mother and her two young children. It made me feel proud that I could contribute to this family’s happiness, and I hope that the shoes I collect for my Mitzvah Project will help to bring joy to many people.

**Sari Gartside**  
**October 3**

For my Mitzvah Project my family and I will be purchasing, cooking from scratch and packing meals for Meals That Matter. This service provides dinner to seniors and homebound clients of Klein Life. Along with my friends and family, we will prepare 150 pasta dinners with healthy vegetables and cookies for dessert. I will have cards and menus created for the seniors receiving this mitzvah. I would not have been able to succeed in this project without the help of the Beth Or kitchen and the amazing people who organized this day!

**Ava Katz**  
**October 3**

For my Mitzvah project I chose to help the Mitzvah Circle Foundation. This Foundation helps to support people going through difficult times or illness. They collect donations and then deliver boxes of essentials to people who are in need of items such as clothing, toiletries, baby supplies, shoes, and more. I will continue to reach out to friends and family to collect donations. Prior to March, I had volunteered at the warehouse by packing boxes for people and organizing the donations we collected. I look forward to continuing to volunteer at the warehouse once permitted. You can help and donate too at www.MitzvahCircle.org.

**Harrison Steinberg**  
**October 10**

I chose to learn about and support the Israel Sports Center for the Disabled (ISCD) as my Mitzvah Project because sports are a really positive part of my life. The ISCD is an amazing organization that provides sports rehabilitation to thousands of children and youth with physical disabilities, many of whom were victims of terrorist attacks, as well as professional training for disabled athletes in basketball, swimming, tennis, and rugby. There are athletes at the Center who have been rehabilitated, trained and now compete in the world Paralympic Games representing Israel. One of their greatest needs is to provide customized wheelchairs for their athletes. Each wheelchair costs between $3,000 - $5,000, because it is customized for the athlete’s specific disability and sport. My goal is to raise enough money to buy at least one new wheelchair for an athlete at the center. For more information about the Center and to donate, visit https://www.afiscd.org.

**Max Forman**  
**October 17**

I decided that for my Mitzvah Project I wanted to raise money for Fox Chase Cancer Center in honor and memory of my Grandma, Mommo. I worked hard to make wine glasses and pot holders to sell and raised over $1,000!!! Although Covid made it hard to reach my initial goal of $2,500 I am so proud I was able to do this hard work!!!

**Brooke Rovner**  
**October 17**

For my Mitzvah project, I wrote letters to the residents of the Abramson Center for Jewish Life during the COVID-19 global pandemic. I sent 400 letters to bring them happiness during this tough time when they were unable to see their loved ones. As visitation is still limited, please consider writing to these residents to spread kindness and bring smiles to their faces!

In addition, I raised money for the Children’s Hospital of Philadelphia (CHOP) by selling home-made bath products. During 2016, I was bitten by a dog and CHOP took great care of me to ensure that my wound healed safely. I still love dogs, and we adopted a puppy shortly after this incident that has brought so much love into our family. Please visit www.chop.edu to learn more.

**Jacob Rosenstock**  
**October 24**

For my Mitzvah Project, I am helping out a dog rescue center called Home At Last Dog Rescue. I am doing a supplies drive-through on Wednesday September 30. I will be collecting: dog food, Frontline Plus, Heartguard, dog toys, pee pads, collars, leashes, harnesses, dog bowls, poop bags, treats, crates, and puppy pens. Home At Last has helped 13,213 dogs find homes — the earliest one in 1969! Email Jacob.rosenstock@gmail.com if you have questions. Please drop off donations at 751 Wright Dr. Maple Glen PA.

**Ella Kanaplue**  
**October 24**

For my Mitzvah project, I have been raising money and awareness for the Israel Guide Dog Center for the Blind. These funds will be used to raise puppies that will be trained to give independence, mobility and companionship to a blind Israeli. The puppies that do not fit the job as a guide dog are given to children with
Purchase your own Lulav & Etrog to use for Sukkot at your home!

Email Barbara Murtha, bmurtha@bethor.org with your order. Please include your name, email and phone number.

Send a check for $50 payable to Beth Or to the office, attn. Barbara Murtha.

Deadline: September 8

Autism or soldiers who suffer from PTSD. I would like to raise $1,000 to sponsor a puppy and would be grateful for your support. If you would like to help me, please note on your check that the gift is in honor of my Bat Mitzvah and send to: Israel Guide Dog Center for the Blind, 968 Easton Rd., Suite H, Warrington, PA 18976 or through my webpage: https://IGDC.akaraisin.com/mitzvah/EllaKanaplue.

Maddox Pestrack
October 24

For my Mitzvah Project, helping animals is my goal! At first I wanted to volunteer at an animal shelter. Unfortunately, I am unable to volunteer at this time because of Covid-19. Instead, I will be making dog toys out of old t-shirts. I will also be baking dog treats. I plan to sell them and donate the proceeds to HOME AT LAST DOG RESCUE, a non-profit, all-volunteer rescue organization whose goal is to help save the lives of dogs. They provide foster homes for dogs until they can find their forever home! By donating to a small and local shelter, I feel that I am making a big difference!

Gabe Cass
October 31

For my Mitzvah Project, I am raising money for the Forgotten Cats organization. Founded in 2003, Forgotten Cats, Inc. is the leading trap, neuter, vaccinate, return (TNVR) nonprofit in the region. Servicing Delaware, Pennsylvania, Maryland, and New Jersey, Forgotten Cats specializes in TNVR in order to humanely reduce the homeless cat population. Valuing all lives, Forgotten Cats is a no-kill organization. I volunteered at a Forgotten Cats adoption event but could only do one before COVID-19 began. I helped families out who were looking to adopt a cat and I felt like I was making a difference. I plan to volunteer more when it is safe to do so. Visit their website at www.forgottencats.org to donate, or even consider adopting or fostering a cat.

Ilan and Dylan Goldstein
October 31

We have been volunteering at the JRA (Jewish Relief Agency) since we were 5 years old. JRA’s warehouse in Northeast Philadelphia is the starting point for the food distribution. Volunteers pack and deliver over 3000 boxes each month to families in need. JRA is the largest hunger relief agency serving our region’s Jewish community. Each recipient family receives a variety of kosher items. Volunteers can assemble boxes, pack food, break down empty boxes or deliver. After the packing process, we deliver the boxes directly to the recipients’ homes. They are very grateful for the extra food and for our brief, but meaningful visit. We enjoy working with this organization because we can assist in a hands-on fashion and participate as a community. It is important to do this because nobody should be hungry. On February 16, we hosted a special packing event in honor of our big day. We invited our friends and family to join us at the warehouse to help pack the food boxes. It was so amazing to see everyone working toward the same mitzvah!

We understand the impact we can have on others when we serve and give back to our community. For that reason, we plan to donate part of our B’nai Mitzvah money to JRA and we will continue to volunteer. You can register for a distribution and reserve a route on their website: www.jewishrelief.org. Donations can be sent to the website or mailed to Jewish Relief Agency: 225 E. City Avenue, Suite 210, Bala Cynwyd, PA 19004.
Beth Or Social Action Committee Speaks Out:

Pandemic strengthens our commitment to striving, caring, and making a difference.

One of our guiding principles and core values at Congregation Beth Or is Tikkun Olam, taking responsibility for repairing the world.

Since mid-March, when the pandemic led to the closing of the building, the Social Action Committee has met virtually and initiated several projects and activities that have resulted in a significant number of donations — food, clothing, masks, knitted/crocheted blankets, and cards of cheer. Thank you to all who have participated and those who will be joining as we continue our efforts!

**SAVE THE DATE**

Mitzvas Day • Friday, December 25

You guessed it! We will be uniting for our 2020 Mitzvas Day activities, virtually.

Stay tuned for more information.

Susy Krimker, Social Action Chair, susykrimker@gmail.com
Margie Chachkin, Social Action Vice-Chair, chachkin@aol.com

A variety of vegetables are planted at Beth Or every May at the corner of Butler Pike and Welsh Road, AKA - Beth Or’s Corner of the Land. Weekly harvests which begin in June and end in early November are donated to the Inter-faith Housing Alliance Food Pantry in Roslyn.

This is all possible thanks to our dedicated Chair and extraordinary gardening expert Bruce Dorsey, and dedicated volunteers Jennie Nerenberg, Mitch Diamond, Martin Gilbert, Larry London, and Lynn Rosenstock.

We thought you’d like to see the progress of their loving care!

Let the growing begin!
Our first zucchini popping through. 

Perfect ingredients for a delicious beet salad. 

Thanks to Larry, fresh dill will be included in our deliveries. 

Yellow squash and zucchini abound in our Corner of the Land. 

Local families will be enjoying fresh broccoli too, from the Nerenberg-Dorsey family garden. 

Just dug potatoes, adding to the mix. 

Let us share — insulated bags are filled with lettuce from the garden of Lynn Rosenstock. Thank you Lynn! 

A potpourri of colors!
Your Vote Is Your Voice

As a non-partisan effort, the Social Justice Committee’s goal is to make Beth Or a 100% voting congregation. To achieve this goal, please vote, encourage others to register and vote, and if you have moved, please update your registration.

Visit votespa.com to check your voter registration status and your polling location, register to vote, change your address, learn about submitting mail-in and absentee ballot applications and ballots, and get answers to other questions about voting in Pennsylvania.

October 27, 5 pm, is when mail-in and absentee ballot applications must be received by your County election office for the November General Election. However, it is recommended that you send your application in as early as possible to ensure timely delivery.

Tuesday, November 3, 2020 is the General Election.

Every vote counts!

Below are some FAQs about absentee and mail-in applications and ballots. I urge you to read it and pass it on. Thank you for helping Beth Or become a 100% voting congregation! Stay safe, stay healthy... and remember to VOTE on November 3!

Noah Fischer, Social Justice Chair, noahfischer25@yahoo.com

FAQs — Absentee and Mail-in Applications and Ballots

You must be registered to vote before you can apply for an absentee or mail-in ballot.

What is the difference between an absentee and a mail-in ballot?

Absentee ballot – If you plan to be out of the municipality on election day or if you have a disability or illness, you should request an absentee ballot, which requires you to list a reason for this request.

Mail-in ballot – If you aren’t an absentee voter, you may apply for a mail-in ballot. You may request this ballot without a reason.

How do I submit my application and ballot?

Submit your absentee or mail-in ballot application and completed absentee or mail-in ballot by their respective deadlines to the address below:

U.S. Postal Service Mail (a single first-class stamp is required)
Election Board
Montgomery County Court House
P.O. Box 311
Norristown, PA 19404-0311

UPS, FEDEX, or Hand Delivery
Election Board
One Montgomery Plaza , Suite 602
425 Swede Street
Norristown, PA 19401-0311

What are the deadlines for submitting applications and ballots?

Applications – The last day to apply for a civilian absentee or mail-in ballot is 5 pm on October 27, 2020. Please note that postmarks do not apply and original applications must be received (no facsimiles or emails). The online application can be found at www.votespa.com.

Ballots – All civilian voted absentee and mail-in ballots must be returned to the County Board of Elections Office by 8 pm on Election Day (November 3, 2020). Please note that postmarks do not apply. Voted ballots can only be dropped off to the office by the voter or qualified designated agent with proper accompanying paperwork.

As a resident of Montgomery County, who do I call if I have additional questions?

Montgomery County Election Board Office at 610-278-3275
Share Your New Year Greetings with us! Help Us Connect with Each Other!

We miss everyone's smiling faces. Since we won't be together to give hugs and share greetings during Rosh Hashanah and Yom Kippur, we are doing the next best thing. We are putting together a montage of our Beth Or families to show during the High Holy Days worship webstream.

Email your family’s photo greeting to CBOHighHolyDays2020@gmail.com. Deadline extended to Friday, September 4.

Here are a few examples for inspiration:
Sending lots of love and a sweet and healthy New Year from the Levin Family!

L’Shana Tovah from the Dorsey family to your family - Wishing you a sweet new year!

Wishing our Beth Or Family a Sweet New Year!
Robin and Ira Secouler
The Mensch Thing to Do

Allan Posner, Brotherhood President

Have you ever thought of the meaning of what a Mensch is? A Mensch is a human being, a person of integrity and honor. Likeable. Just what does it take to become the mensch we all should strive to be as Jews? The key to becoming a mensch is nothing less than character, dignity, a sense of what is right and responsible.

We all have the ability to become a Mensch but it takes a bit of effort. Start by helping people who cannot help themselves or you. A mensch will help people who can never return the favor. It isn’t about the person being rich, famous or those who have power. Help anyone in need. Help without the expectation that you are going to want or receive something in return. For you the payoff is pure satisfaction knowing you made a difference. Nothing more, nothing less. As a mensch try to help as many as possible but knowing you didn’t fail if you couldn’t help all who asked. Finally, realize you may be luckier than most and give back to society. Think of yourself as blessed and you can help change the world.

As a member of Congregation Beth Or, you have the ability to become a Mensch member of Brotherhood each year when you join the synagogue and pay $118 in dues. Enclosed with your statement for the 2020-21 year was a letter explaining how to join. Please consider sending in your form and acknowledge your participation in Brotherhood at Mensch level. Join the 80 members who last year decided to be the mensch that we all can be.

Your membership at Mensch level enables our group to fund Camp Harlam scholarships and our youth groups as well as the religious school, purchase prayer books for our youth and provide B’nai Mitzvah & Confirmation gifts. We also continue educating children about Yom HaShoah awareness and support the Interfaith Housing Network and Hope Gardens. Mensch level participation also allows Brotherhood to help feed those who can’t provide for themselves through contributions to local area food banks.

We will continue to accept donations to our Covid Relief Fund at: paypal.me/BethOrBrotherhood

Though the current pandemic has separated us physically, we all share a common goal to help others. It’s the Mensch thing to do.

Brotherhood would like to wish all our members and the congregation a happy, healthy, and prosperous Rosh Hashanah in the year 5781 as well as an easy fast on Yom Kippur.

KOSHER WINE SALES

Now you can purchase kosher wine all year long and benefit Beth Or! Use the Beth Or affiliate link on kosherwine.com: https://bit.ly/wine2020 or click the KosherWine symbol on the bottom right side of the Beth Or website home page, “Connect With Us“ section.

- Over 700 Varieties
- Seasonal Specials and New Releases
- Easy On-line Ordering
- Ships directly to your home or anywhere in the U.S.

5% of all sales given back to Brotherhood to benefit Beth Or programming!

Questions? Contact info@bethorbrotherhood.org.
**Chazak Chazak V’nitchazek — Be Strong, Be Strong and Let Us Strengthen One Another**

*Lois Lambersky, Sisterhood President*

A few months ago, we had to do what had been unthinkable. We had to distance ourselves from others, replace personal interactions with virtual ones, and consider the vulnerability of the health and well-being of those we care about the most. Keeping our distance creates separation and isolation. With the support of our clergy and staff of Beth Or, Sisterhood has continued to provide connections and encourage acts of loving-kindness, *Tikkun Olam*. Many have been sewing masks, making blankets and lap robes, teddy bears and gathering food supplies for those in need. It is important to pull together in the community because we have so much to offer each other. Doing good for others feels good. For all those who have given of their time and talents, I cannot thank you enough.

While so many of us are feeling isolated and disconnected Sisterhood is offering many opportunities for members to connect through online gatherings via Zoom and Facebook. We have had a flower arranging demonstration and a course on chair exercises to relieve stress. We do virtual trivia through Kahoot and BINGO just to name a few. Did I mention PRIZES? Yes, of course we have prizes. In the future months, we hope to explore more entertainment opportunities and fundraising events. So please, watch for details in the Spotlight and Chai Lights, and check Sisterhood's Constant Contact emails and Facebook.

In the time leading to the High Holy Days we are encouraged to take a deep look inwards at how we have responded to the blessings and challenges of the past year. Though the year ahead may be different, we must gather strength and hope to continue to support our synagogue and community. I will strive to keep lines of communication open, provide opportunities for engagement and connection to assure our members that Sisterhood is here for you.

*Shana tova u’metuka*, A good sweet year

*Ketiva v’chatima tova*, A good inscription and sealing in the Book of Life

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**Please Support the **

**Tarshish Gift Shop**

*Proceeds Benefit Beth Or Sisterhood Programs*

**Stop in for these items and more:**
- Holiday Items
- Mezuzot
- Hamsas and other Wall Art
- Tallit and Kippot
- Bar/Bat Mitzvah Gifts
- Wedding Smash Glasses and Gifts
- Jewelry
- Home Giftware
- Books for Adults and Children
- Children’s Toys and Games
- Baby Gifts
- Occasion Cards

**Hours:** The Gift Shop is now open by appointment only, Monday - Thursday, 9 am - 2 pm. Contact Holly Green (215-805-8597) or email *tarshisgiftshop@gmail.com* to schedule your appointment. Discounts available for Sisterhood Members and Beth Or Staff I Great Monthly Sales and New Arrivals
Virtual and In-Person Events

ADULT PROGRAMS

APEX First “Meeting” of the Fall: Book Discussion with Aaron Nielsenshultz
Thursday, October 29, 7 pm
Join APEX on Zoom for a discussion about the novel “The Song of the Jade Lily” by Kristy Manning. This a rich, provocative & beautiful story of friendship, motherhood, the price of love and the power of hardship and courage that can shape us all. Check your weekly Chai Lights for registration link.

APEX Movie Night & Discussion with Rabbi Marx
Date TBD
We will watch a screening of My Polish Honeymoon (on Zoom) and discuss our thoughts with Rabbi Marx. The movie tells the story of young Parisian couple traveling to Poland for the first time. While there, they attend a ceremony in the memory of the Jewish community in the village of the husband’s grandfather, which was destroyed 75 years ago. Date, time and Zoom registration link to come soon!

BROTHERHOOD/SISTERHOOD EVENTS

Brotherhood 9th Annual Classic Car Show
Sunday, October 11 • 9 am - 1 pm
in the Beth Or Parking Lot
Come see GTOs, Vettes, Rolls Royces, Ferraris, antique fire engines, exotic sports cars, one-of-a kind motorcycles, and other classic/muscle cars and trucks! 50/50 raffle & family fun for all. Safety protocols, mask wearing and social distancing will be in place for this outdoor event! To register your car, contact Bob Cohen at rcohenesquire@aol.com or Allan Posner at info@bethorbrotherhood.com.

Sisterhood Murder Mystery at Peddler’s Village
Sunday, November 15 • 12 pm
Join Sisterhood for our first outing since March! Safety measures, occupancy and social distance guidelines will be in place. This show is reserved for Congregation Beth Or and our guests only; no public access. Cost: $60/person includes show, lunch and gratuity. Sisterhood accepts PayPal, cash or checks payable to Congregation Beth Or Sisterhood. Details regarding show theme, meal offerings and registration to come soon.

GET CONNECTED: Beth Or Business & Career Network

Job Searching, Employment Issues and Networking through the Pandemic
Monday, September 14, 7 pm – 8 pm
Join us on Zoom for the first GET CONNECTED meeting of the season. GET CONNECTED meets the 2nd Monday of the month (on Zoom for now), offering an array of business-related topics and tips, and a chance to network with other members.

This month’s topic is both timely and relevant for many of us! Many congregants are facing issues related to job loss and other employment issues during COVID-19. We are here to help! We will discuss job search best practices, networking opportunities, and how to maintain a positive attitude during this trying time. All Beth Or members are welcome and encouraged to join us for a lively conversation that may lead to your next job or new client. If you are an employer, hiring manager, attorney, or in the employment industry, please join us to share your thoughts and best practices related to this topic. See the web calendar for the participation link.

SPECIAL EVENTS

Coffee Talk with Rabbi Bonder and Jillian Peskin
Thursdays, September 3, 10 & 17, 1pm
They’re back! Join Rabbi Bonder and Jillian (before she heads out to maternity leave) as they talk about current events and timely topics, while interacting with you on Facebook Live, www.facebook.com/CongBethOr.

Red Cross Blood Drive
Sunday, November 2 • 9 am – 2 pm
The Red Cross is in urgent need of all blood types. Beth Or consistently hosts one of the largest blood drives in the area. For the health and safety of all, the Red Cross follows the same COVID-19 guidelines that are used by hospitals. Register via the link on the website calendar or contact Stu Briefer at smbriefer@gmail.com or 215-661-9990. The blood drive is sponsored by Brotherhood.
The complete High Holy Days Worship Schedule is listed on the inside front cover of this issue. Click our 2020/5781 High Holy Days Headquarters button near the top of the website home page for all the information you need to participate in services including links & sign up forms. You can also access directly using this URL: www.bethor.org/HHD5781.

**IN-PERSON EVENTS/PROGRAMS**

**#CBOSweetNewYear Bags**
Ordering Deadline has been extended to September 7!
**Pick up:** Wednesday & Thursday, September 9 & 10, 1 pm - 7 pm; Friday, September 11, 9 am - 3 pm

All families are encouraged to order a customized bag to help you celebrate the holidays in your home. Bags will be filled with treats, DIY prayers & blessings, activities for all ages, and upon request, Mishkan Hanefesh prayer books to borrow for Rosh Hashanah & Yom Kippur. If you order a bag, drive to Beth Or during the designated dates/times above and come to the parking circle by the main entrance. Stay in your car. A volunteer will bring your customized bag to you!

**Social Action Mini-Mitzvah Collection Day**
**Sunday, September 13, 9 am – 12 pm**

The High Holy Days are a time to perform the mitzvah of tzedakah! The Social Action Committee is requesting congregants bring the items noted below to the marked bins located outside of the Religious School entrance doors. Please contact Rachel Steinberg, levinerb@yahoo.com, or Andi Arnold, jamz@arnold18.com, with any questions.

- **Cranes to Crayons:** (New or Like New) Children’s Clothing, Pajamas, Shoes; (New) Underwear, School Supplies, Activity/Coloring Books
- **Mitzvah Circle Foundation:** (New) Toiletries
- **Montgomery County ASPCA in Abington:** (New) Dog/Cat Food, Paper Towels
- **Our Closet:** (New or Gently Used) High Quality Casual Clothing for Men in Small and Plus Sizes, Boys & Girls’ Clothing Sizes 3T, 4T, 6-12 and Women’s Plus Sizes

**DIY Tashlich**
**Saturday & Sunday, September 19 & 20, 2 pm – 7 pm (SHINE ONLY)**

Schedule a time to visit Beth Or to symbolically cast off your sins by tossing BYO breadcrumbs into the pond.

To participate, you must be able to walk to the pond without accessing the building. Tashlich blessings will be included in the #CBOSweetNewYear bags and on the High Holy Days webpage. For health & safety of all, please adhere to your group’s assigned time slot, wear a mask and maintain social distancing.

**Spiritual Visits**
**Week of September 21, days & times vary**

This is your opportunity to come inside the building for a private, reflective moment. Sign up for a date/time slot to visit the Memorial Alcove and open ark in the Sanctuary. If you requested a printed copy of the Book of Remembrance, you can pick it up during your visit. You MUST pre-register in order to participate and follow posted health & safety guidelines.

**VIRTUAL EVENTS/PROGRAMS**

**Jewels of Elul Discussion Groups (Zoom)**
**Tuesdays, September 1, 8 & 15, 7 pm**

Join our teachers on Zoom as they examine some of the key themes of the High Holy Days that are found in their Jewels of Elul messages: T’filah – Prayer, Tzedakah — Charity or Justice, and Tikvah – Hope. Register to enter these Zoom meetings by clicking the link on the web calendar.

**Selichot Program: A Conversation about Repentance & Redemption (Zoom)**
**Saturday, September 12, 7:30pm**

Rabbi Marx is joined by college student, Ryann Milligan, to discuss what she learned about herself and the impact of anti-semitic actions while studying with Rabbi over the summer. During the program, we all learn the important lessons of repentance, redemption and compassion in this time of “cancel culture”. This program is appropriate for all ages.

**Round Challah Bake with Laurie Marx (Facebook Live)**
**Wednesday, September 16, 2pm**

Our very own Rebbetzin Laurie Marx will teach participants how she makes her delicious challah during this interactive event taking place on the Beth Or Facebook page.
Music of the Holy Days with the Cantors
(Beth Or You Tube Channel)
Available Rosh Hashanah through Yom Kippur,
Anytime
A favorite part of the holidays is listening to the soaring
baritone of Cantor Green in harmony with the sweet
vocals of Cantor Murley. We have created a compilation of
the beloved melodies of the High Holy Days sung by our
cantors, with music accompaniment by Roland Woehr,
for our congregants to watch and listen to at your leisure
throughout the Holiday season. Go to www.youtube.com
and search for BethOr1955.

Guided Experiences with Rabbi Bonder
(Audio Files)
33 Minute Walk/Run – Saturday, September 19
Morning Meditations – Monday, September 28
Rabbi Bonder will lead you on a journey to help prepare
your mind, body and soul for the new year with thought
provoking messages. You can access the audio files on the
High Holy Days webpage to use as your leisure at any time
during Rosh Hashanah and Yom Kippur.

Sermon Discussions (Zoom)
Rosh Hashanah Day 1 with Rabbi Marx,
Saturday, September 19, 12 pm
Rosh Hashanah Day 2 with Rabbi Bonder,
Sunday, September 20, 12 pm
Yom Kippur with Rabbi Marx,
Monday, September 28, 12 pm
An advantage of being in our homes this year is the
opportunity to engage with the Rabbis in a conversation
about their sermons.

Yom Kippur Study Session with Rabbi Bonder
and Aaron Nielsenshultz (Zoom)
Monday, September 28, 2pm
"The King is in the Field — The Field of Dreams: Let’s explore
the constant question of the Days of Awe: How do we
prepare for them and celebrate them in such a way that
their effect can last through the year? From Chassidic
discourses to pop culture, Rabbi Bonder and Aaron
Nielsenshultz will lead a conversation that might just bring a
new light to your holidays.

Community Break the Fast, Hosted by Rabbi Marx (Zoom)
Monday, September 28, 6:15pm (approximate time)
At the conclusion of the Neilah service, we invite our Beth Or
family to join the clergy on Zoom with a bit of food and drink
in hand to break the fast and welcome a new year before we
all break away to feast at home.

PREPPING FOR THE HOLIDAYS AT HOME
Brotherhood Kosher Wine Sales
Order for Local Pick Up – Deadline: Tuesday,
September 15
Brotherhood is well stocked
with a variety of Kosher
wines for you to arrange for
contactless payment and pick
up. Fill out the form on the
High Holy Days webpage or
contact Marty Tarabar,
mtarabar@msn.com. You can also
order directly using the Beth Or Brotherhood affiliate link on
kosherwines.com and have the wine shipped to your home,

Holiday Meals from Beth Or Caterers
Ordering Deadlines Vary
Help support our caterers who have been deeply impacted
by the pandemic. Find menus, full details & ordering links on
the High Holy Days webpage.

Tashis Gift Shop
Open by Appointment Only, Monday – Thursday,
9 am – 3 pm
The gift shop is well stocked with items you need for the
holidays! Schedule an appointment to shop by contacting Holly
Green, 215-805-8597, or email tarshisgiftshop@gmail.com.
Join us for the following classes this September and October.

**On One Foot: Exploring Judaism with Rabbi Bonder**
**Beginning Sunday, October 4, 9:30 am**
Come join us for the perfect mix of community, coffee, schmoozing, and learning — for now on Zoom! Building on the success of last year’s “Re-Intro to Judaism,” this weekly class will feature stand-alone Jewish topics that we’ll learn about and discuss. This class will feature presentations from Rabbi Marx and Aaron Nielenshultz as well.

**The Hidden Meaning of the Kaddish with Rabbi Marx**
**Tuesday, October 13, 7 pm**
We have been reciting it for much of our lives, whether or not we are in mourning. We read it, but rarely dissect it or understand the secrets of this ancient Aramaic Text. The kaddish contains, Judaism’s ancient secrets and it’s been staring at us in the face all of our lives. After this class you will never see it the same way.

**Intro to Judaism with Rabbi Bonder**
**18 week course, beginning Tuesday, October 13, 7 pm**
Judaism is complex. Judaism is confusing. But the more you learn, the more you can find beauty within the complexity. This course will introduce you to the basic concepts of Judaism. You will acquire the beginning skills necessary to participate in Jewish community and propel you on your very own Jewish journey. Whether you are a Religious School grad interested in brushing up, or if this is your first time learning about Judaism, this course is for you.

**The Fragments of the Torah with Rabbi Marx**
**Tuesday, October 20, 7 pm**
One of the most dramatic moments in the Torah, is when Moses smashed the Ten commandments, upon seeing the people of Israel worshiping around the golden calf. So, what happened AFTER Moses smashed the Torah and what happened to those broken tablets? Judaism began when Moses broke them at the foot of Mount Sinai, not only when he received them at the top. This small event impacts our development to this very day.

**Torah Study with Rabbi Marx & Rabbi Bonder**
**Beginning Saturday, October 10, 9:30 am**
Uncover the wisdom, relevance and beauty of the Torah. Join our family of Torah learners who meet every week to study, schmooze and learn together.

**How Jews Get Woke with Rabbi Marx**
**Tuesday, October 27, 7 pm**
Join Rabbi Marx for a master Talmud class in English. We will learn the secrets of the text, the dialogue, the arguments and the way to struggle with truth. We will look at a few funny, poignant and touching Talmudic stories and apply them to our daily lives.

**Adult Confirmation with Cantor Green**
**(1st year of 2-year program)**
**One Sunday/month starting October 11, 12 pm – 2 pm**
This is the last time Cantor Green will lead this course before retiring. You don’t want to miss this opportunity for in-depth, meaningful study with Cantor, culminating with an adult confirmation at the conclusion of the 2-year program. Due to current COVID-19 restrictions, this class will begin on Zoom. Contact Barbara Murtha, bmurtha@bethor.org to register. Contact Cantor Green with any questions, dgreen@bethor.org.

**Adult B’nai Mitzvah with Cantor Green**
**(1st year of 2-year program)**
**One or Two Tuesdays/month starting October 13, 7 pm - 8:30 pm**
Do you have a desire to become a B’nai Mitzvah as an adult? Do you want to be one of the last congregants to benefit from studying with Cantor Green for this important life milestone? Topics to be studied include Talmudic interpretations of prayer and God, learning and/or building on Hebrew prayer reading skills, understanding the history and concepts of the Shabbat liturgy & culminating in preparing to lead a Shabbat service at the end of the 2 years of study together. Due to current COVID-19 restrictions, this class will begin on Zoom. Contact Barbara Murtha, bmurtha@bethor.org to register. Contact Cantor Green with any questions, dgreen@bethor.org.

For a complete list and description of all Fall/Winter 2019/20 Lifelong Learning courses, please refer to the brochure to be mailed to your home by late September.
Celebrating Your Simcha

Our beautiful building provides the perfect place to celebrate your family’s simchas.

Our catering partners on the Approved Caterer List — shown below and published on our website (www.bethor.org) stand ready to provide delicious food for your event. They can provide menu options at a range of prices designed to meet your specific needs and budget.

We hope that you will consider having your celebrations at Beth Or. To learn more about hosting an event at Beth Or, please contact Amy Abrams at 215-646-5806.

Approved Caterer List — 2020/21

Annemarie’s Cuisine
Annemarie Silva .................................................................215-806-7675

Ben & Irv’s Deli
Lennie or Michael.................................................................215-355-2000

Betty the Caterer (Kosher)
Jeff Kalinsky .................................................................215-224-8400

Classical Caterers (Kosher)
Evan Bernstein ...............................................................(732) 297-6444

Go2eventplanner
Arlene Rotfeld .................................................................516-909-8580

Infinity Caterers
Fred Morganstein .............................................................215-509-7280

Panache Catering by Foodarama (Kosher)
Gary Rosenwald .............................................................215-633-7100

Pumpernick’s Deli
Jeff Klein .........................................................................215-393-5800
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Alfred, Jacqueline & Andrew Loli
M.J., Dawn & Noah (5) Haaz
Jessica Goldshreyt & Colby Stotesbury
Andrew, Robyn, Jacob (14) & Jordan (8) Ivker
Edward & Vivian Lichtman
Mark & Marjorie Zukerman
Sean, Brooke & Heather Hill
Jeffrey Rubin & Susan Packer-Rubin
Kolman & Cecelia Diamond
Dennis, Jennifer, Max (9), Philip (4) & Marcus (3) McCann
Alex, Rachel, Harrison (5) & Andrew (2) Millan

Rejoining Members
Brad, Lisa, Lainey (16) & Chase (14) Goldoor
George & Carol Biron
Kevin Wartell & Marcy Harris

May Their Memory Be A Blessing
Bernard Belkin, father of Leslie Itzenson
Russell McKinney, husband of Amy Small-McKinney
Leon “Fishy” Gelman, father of Cindy Loewenstein
Ellie Sklenar, aunt of Bob Sklenar
Robin Levenberg, long-time congregant of Beth Or
Ed Payne, (step) father of Yara Nielsenshultz
Monna Schwartz, mother of Stephanie Webb
George Beaulieu, brother of Paul Beaulieu
Dorrie Cohen, mother of Barbara Cohen Itzkowitz
Tyler Goldberg, father of Todd Wallach
Thelma B. Petter, mother of Lynne Pierce
Betty Lou Malmud, mother of Liz Ruitenber
David Schulman, father of Brad Schulman
Lilo Calmann, mother of Riss Bencan
Charles Sol Polin, congregant and husband of Phyllis Polin, z”l
Myron Miller, cousin of Art Cohn

Mazel Tov
Birth of Amelia Drew Lorraine, granddaughter of Richard & Janet Lorraine
Birth of Mallory Sky Kaplan, granddaughter of Tod & Andi Drucker
Birth of Marisa Nora Kline, daughter of Kevin & Danielle Kline
Birth of Freyja Ruth Stone, granddaughter of Bob Simon, great granddaughter of Joann Simon & Great Niece of Dave & Stephanie Simon
Engagement of Lizzy Sarshik, daughter of Stuart Sarshik, to Nicholas Carroll
Wedding of Melissa Feinberg, daughter of David & Meichelle Feinberg, to Kyle Miller
Wedding of Melissa Sherman, daughter of Ken & Abby Sherman, to Sean Kozlowski
Wedding of Danielle Barsky, daughter of Scott & Andrea Barsky, to Alexander Pollack
Wedding of Meryl Abrams, daughter of Mitchell & Amy Abrams, to Christopher Ponce
Bat Mitzvah of Emily Amerstein
Bar Mitzvah of Daniel Gass
Bar Mitzvah of Emanuelle Kramer
Bar Mitzvah of Leo Kuznits
Bar Mitzvah of Shane Lincow
Bar Mitzvah of Madden Benjamin
Bar Mitzvah of Daniel Somerman
Bar Mitzvah of Sari Gartside
Bar Mitzvah of Ava Katz
Bar Mitzvah of Harrison Steinberg
Bar Mitzvah of Brooke Rovner
Bar Mitzvah of Jacob Rosenstock
Bar Mitzvah of Ella Kanaplu
Bar Mitzvah of Maddox Pestrack
Bar Mitzvah of Gabriel Cass
B’nai Mitzvah Dylan & Ilan Goldstein

Flower Donations
September Donations:
Flowers:
September 5 • Michael and Marcie Amerstein in honor of Emily Amerstein’s Bat Mitzvah
David and Alyson Gass in honor of Daniel Gass’ Bar Mitzvah
Henry Kramer and Cindy Au-Kramer in honor of Emmanuelle Kramer’s Bat Mitzvah
September 12 • Tamir and Jennifer Kuznitz in honor of Leo Kuznitz’s Bar Mitzvah
Ron and Robin Lincow in honor of Shane Lincow’s Bar Mitzvah
Jay and Amy Benjamin in honor of Madden Benjamin’s Bat Mitzvah
September 25 • Peter and Stefanie Somerman in honor of Daniel Somerman’s Bar Mitzvah

October Donations:
Flowers:
October 3 • Bob and Wendy Gartside in honor of Sari Gartside’s Bat Mitzvah
Craig and Kristen Katz in honor of Ava Katz’s Bat Mitzvah
October 10 • E. Matthew and Rachel Steinberg in honor of Harrison Steinberg’s Bar Mitzvah
October 17 • Benjamin and Lorine Forman in honor of Max Forman’s Bar Mitzvah
Paul and Lisa Rovner in honor of Brooke Rovner’s Bat Mitzvah
October 24 • Brian and Lynn Rosenstock in honor of Jacob Rosenstock’s Bar Mitzvah
Josh and Candace Kanaplu in honor of Ella Kanaplue’s Bat Mitzvah
Eric and Jamie Pestrack in honor of Maddox Pestrack’s Bar Mitzvah
October 31 • Jonathan Cass and Deborah Freedman-Cass in honor of Gabriel Cass’ Bar Mitzvah
Howard and Andrea Goldstein in honor of Dylan and Ilan Goldstein’s B’nai Mitzvah
Memorials and Contributions

**Rabbi Marx’s Discretionary Fund**

**In Memory of**
- ROBERT LIPMAN
  - Joan & Alan Kober
- SIDNEY ITZKOWITZ & DAVID A. COHEN
  - Barbara Cohen & Ted Itzkowitz
- RUSSELL MCKINNEY
  - Bryna and Fred Berman and Blair Berman
- ROBERT MASCH & DOROTHEA HIRIS
  - Carol & Roger Masch
- BARRY CHASEN
  - Carole Chasen, AUDDRÉE SINGER
  - Cindi & Vincent Pasceri
  - The Codkin Family
  - ROSE ALBUN
  - Diane & Howard Becker
- RONALD SLOTT & GERTRUDE SLOTT
  - ED PAYNE
  - Elaine Slott
- LEE GELMAN
  - Gary & Cindy Loewenstein
  - MANNY PAK
  - Harvey & Joan Azarva
- WILLIAM BACHMAN
  - Lois Bachman
- MOLLIE LANDER
  - Madeline Lander
- SYDELLE LAX
  - Merrill & Cindy Reese
- GERSON ROSENTHAL
- HERMAN LORBER
  - Ronald & Barbara Rosenthal
- STEVE HASSON
  - Sandy & Larry Frankel
  - RENEE MAGID
  - VICKI SKLAR
  - Sondra & Richard Levitt
- DORRIE COHEN
  - Sondra & Ira Berman
- ISIDORE GOLDSMITH
  - Stan & Hildy Richelson

**In Honor of**
- Birth of FREYJA RUTH STONE
  - Elaine Slott
- DEBBIE SCHWARTZ
  - Marc & Elyse Satalof
- RABBI MARX
  - Scott & Andrea Barsky

**Congratulations to**
- STUART SOLOMON
  - Marc & Elyse Satalof

---

**In Appreciation of**

**RABBI MARX**
- Eric & Faye Benshetler
  - Barbara Cohen & Ted Itzkowitz
- Gary & Leslie Itzensohn
  - Libby & David Schwartz
- MARIN Wolfert
  - Michael, Donna & Sydney Salin
- David & Michellie Feinberg
  - Janine Jankovitz Pastor & Steven Pastor

**Rabbi Bonder’s Discretionary Fund**

**In Memory of**
- BENARD BAROL
  - David Goldstein & Bonnie Libby
- MURRAY GROSSMAN
  - Larry & Joanne Grossman
- MARVIN THAL
  - Sonny Thal
  - RENEE MAGID
    - The Codkin Family
  - **In Honor of**
    - **THE BONDER’S NEW HOME**
      - Ellen Werther
    - RILEY BROOKE POSNER
      - Nanny and Poppy Posner

**In Appreciation of**

**RABBI BONDER**
- Eric & Faye Bensheiter
  - Barbara Cohen Itzkowitz
- Mike & Donna Salin
  - Norm & Betsy Berlin

**Mazel Tov to**
- SALLY & MARK HURWITZ on the Birth of Granddaughter
  - Ilene Schneller, Dana Marion & Norman Cohen

**Barbara Goldberg Nursery School Fund**

**Donation by**
- Adam & Shira Tanker

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**Cantor Green’s Discretionary Fund**

**In Memory of**
- LILIO CALLMANN
  - Cliff & Sherrie Ehrich
- DR. SHIRLEY BAROL
  - David Goldstein
- JOYCE A. TIMM
  - Dawn Hogan
- RENEE MAGID
  - The Codkin Family

**In Honor of**
- CLAUDIA’S Bat Mitzvah
  - Maxine Greenberg
  - Bat Mitzvah of CLAUDIA LESLIE
  - Robin Rosen
  - CANTOR GREEN
    - Sarah McKinney & Alex Semanglatt, Amy Small McKinney & Russ McKinney, z’l & Janie Glatt & Terry Siman

**In Appreciation of**

**CANTOR GREEN**
- Libby & David Schwartz
- Barbara Cohen Itzkowitz

**Allen Apter Memorial Life Long Learning Endowment Fund**

**In Memory of**
- RUSSELL MCKINNEY
  - Donald & Joan LaVan

**In Honor of**
- RABBI JANINE JANKOVITZ
  - Gregory Marx

**Andrew Jarrett Fund for Religious School**

**In Memory of**
- ED PAYNE
  - Carole Chasen
  - Ellen Werther
  - **Mazel Tov to**
    - MARCI COMISKY
    - Vivian Lichtman

**Arnold Berkowitz Memorial Fund for Veteran’s Shabbat**

**In Memory of**
- STEVEN LUBINSKI
  - EDWARD SCHWARTZ
  - AUDDRÉE SINGER
  - BESS GREENBLATT
  - JOE SCHWARTZ
  - ElsaLu Berkowitz

**In Honor of**
- Marriage of BETSY & NORMAN BERLIN’s son
  - ElsaLu Berkowitz

**In Appreciation of**
- NORMAN BERLIN
  - ElsaLu Berkowitz

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**Brotherhood Camp Harlam Scholarship Fund**

**In Memory of**
- PHILIP TRACHTENBERG
  - Robert & Susan Silverstein
  - AUDDRÉE SINGER
  - Susan Edelstein

**In Honor of**
- Birth of BOB SIMON’s Granddaughter
  - Allan & Andrea Posner
  - RILEY BROOKE POSNER
  - Jim & Ellen Tannenbaum

**Capital Fund**

**In Memory of**
- Brother of ROSEMARY MELNICK
  - Ken Harris & Mona Zeehandelaar
  - ESTHER SOLOMON
  - Mark & Elaine Solomon

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**Caring Congregants Fund**

**Donation For Local Food Banks**
- Mike Snyder

**In Memory of**
- DORRIE COHEN
  - Bernie & Beth Johl
  - RUSS MCKINNEY
  - Dawn & Jerome Hogan
  - DORRIE COHEN
  - RUSS MCKINNEY
  - Ellen Werther
  - RUSSELL MCKINNEY
  - Jeff & Linda Plotnick
  - Nina Schafer
  - ED PAYNE
  - Eric & Faye Bensheter
  - Jack & Rosie Elias
  - BERNICE BECK
  - Jonathan & Judy Beck
  - ROBERT SILVERMAN
  - Todd & Michelle Landau

**In Honor of**
- Birth of MARK & SALLY HURWITZ Granddaughter
  - HEATHER HILL
  - Ellen Werther
  - BETH & BERNIE JOHL’s 50th Anniversary
  - Jonathan & Judy Beck

**In Appreciation of**
- JUDY BERNSTEIN
  - FRED DUGAN
  - ElsaLu Berkowitz
  - RABBI MARX, RABBI BONDER & CANTOR GREEN
  - Jaime & Luke Murley

**Speedy Recovery to**
- BOB HIRSCH
  - Debbie Schwartz
  - Jack & Rosie Elias
  - STEPHEN SEROTA
  - TERRY MOSKOWITZ
  - Jon & Judy Beck
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<th>Memorials and Contributions</th>
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<td><strong>Disaster Relief Fund</strong></td>
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<td>PHILIP TRACHTENBERG</td>
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<td>Sylvia &amp; Margie Chachkin</td>
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<td>STU BRIEFER for Summer</td>
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<td>Margie Chachkin</td>
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<td>Mazel Tov to</td>
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<td>Marriage of MERYL Abrams &amp;</td>
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<td>CHRISTOPHER PONCE</td>
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<td><strong>General Fund</strong></td>
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<td>Birth of RILEY POSNER</td>
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<td>Wedding Anniversary.</td>
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<td><strong>Speedy Recovery to</strong></td>
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<td>Beautiful Virtual Services</td>
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<td>by RABBI MARX, RABBI BONDER</td>
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<td>&amp; CANTOR GREEN</td>
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<td>Cindi &amp; Vincent Pascari</td>
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<td><strong>Hannah Miller Youth</strong></td>
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<td>Library Fund</td>
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<td>LAWRENCE STELLA, SR.</td>
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<td>THELMA PETTER</td>
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<td>Ilene &amp; Larry Stella</td>
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<td>RENE ALEMAN</td>
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<td>The Tannenbaum Family</td>
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<td><strong>Interfaith Apartment Fund</strong></td>
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<td><strong>Israel Emergency Fund</strong></td>
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<td>ROBIN SECOULER’S Birthday</td>
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<td>Lorraine Secouler</td>
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<td><strong>Kate Svitak Memorial</strong></td>
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<td>Garden Fund</td>
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<td>RUSSELL MCKINNEY</td>
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<td><strong>Linda Gerson Memorial</strong></td>
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<td>Fund for Grounds’ Beautification</td>
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<td>GEORGE BEAULIEU</td>
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<td>Kurt &amp; Bonnie Goldsmith</td>
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<td>Paul &amp; Dale Snyderman</td>
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