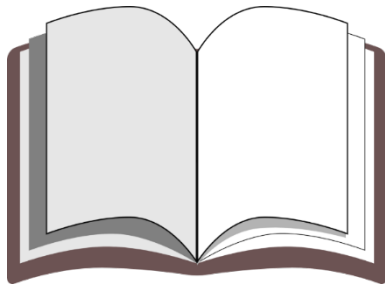


High Holiday Davening Guide



**Guidelines for davening at home in
private during *Yamim Noraim* with page
numbers for Artscroll Machzor, Sefard
and Ashkenaz**



CONGREGATION
KESSER ISRAEL
The Orthodox Synagogue for All Jews

Selichot:

1. Selichot should ideally be recited after midnight and prior to sunrise of the next day.
2. If that is not possible Selichot should be recited immediately prior to Shacharit.
3. The entire text of the Selichot **except** the recitation of the 13 attributes of God's mercy- ה' קל רחום והנון may be recited. If one is able to recite the 13 attributes of mercy with the taamei hamikra- *trop* (cantillation marks) as found in the Chumash- Exodus Ch. 34 one is permitted to recite them individually in that fashion.
4. The Shulchan Aruch explicitly rules: טוב לומר מעט תחנונים עם הרבה כוונה מלומר הרבה עם מעט כוונה- (trans) "It is better to recite a small number of penitential prayers with much devotion and concentration than to recite many with little intention". As such, an individual can choose to recite one or two of the Selichot slowly rather than all of those printed in the Selichot books. One should make an effort to take time to study and look into the meaning of the Selichot that we recite during this period of time.

Hatarat Nedarim (Annulment of Vows):

Ashkenaz and Sefard Atscroll Machzorim for Rosh Hashnah: Pp. 2-4

1. Hatarat Nedarim may be done with the Beit Din over Zoom or another digital platform.
2. Standard Weekday Mincha for Erev Rosh Hashana. We omit Tachanun.

Rosh Hashana- Day 1 (Shabbat)

- Remember to include the special insertions for Shabbat

Maariv:

Ashkenaz: Pp. 46 – 80

Sefard: Pp. 60 – 104

1. Le-David Mizmor and Le-David Hashem Ori are recited
2. Include the Havdalah section in Kiddush at the meal

Shacharit Day 1:

1. No recitation of Shir Hama'alot, Ashkenaz – 264, Sefard – 250
 2. After completing the recitation of the Amidah, one is allowed to recite any and all piyutim that are usually inserted in the Chazan's repetition.
- No Avinu Malkeinu on Shabbat

	Ashkenaz	Sefard
ברכות השחר	178 – 264	156 – 250
פסוקי דזמרה		
ברכות קריאת שמע	266 – 304	252 – 290
עמידה		
Suggested recitations:		
ה' מלך	328 – 330	314 – 316
לא-ל עורך דין	330	316
אשרי	440	436

- No Shofar blowing on Shabbat

Mussaf - Day 1:

Ashkenaz: Pp. 448 – 468

Sefard: Pp. 444 – 464

- Remember to include insertions for Shabbat
- After completing the recitation of the Amidah, one is allowed to recite any and all piyutim that are usually inserted in the Chazan's repetition.

Suggested recitations:	Ashkenaz	Sefard
מלך עליון	479 – 480	474 – 476
ונתנה תוקף	480 – 484	476 – 480
וכל מאמינים	490 – 492	486 – 488
היום תאמצינו	532 – 533	528 – 530

Conclusion of Tefillah:

Ashkenaz: Pp. 586 – 592

Sefard: Pp. 578 – 584

Mincha – Day 1:

➤ Remember to include insertions for Shabbat

Ashkenaz: Pp. 598 – 602, 612 – 620, 626 – 628

Sefard: Pp. 600 – 604, 616 – 626, 632 – 634

Rosh Hashana- Day 2

Maariv – Day 2:

Artscroll: Pp. 50- 74, 82 – 90

Sefard: Pp. 68 – 94, 98 – 104

- Include ותודיענו for Saturday night
- Recite Le-David Mizmor and Le-David Hashem Ori

Shacharit – Day 2:

	Ashkenaz	Sefard
ברכות השחר	170, 178, 180 –	156 – 250
פסוקי דזמרה	264	
ברכות קריאת שמע	278 – 284	252 – 290
עמידה	288 – 304	
Suggested recitations:		
מלך עליון	366 – 370	352 – 356
ה' מלך	370 – 373	356 – 358

- No recitation of Shir Hama'a lot
- Avinu Malkeinu may be recited privately.
- After completing the recitation of the Amidah, one is allowed to recite any and all piyutim that are usually inserted in the Chazan's repetition.

Shofar Blowing:

- Even if one is not able to pray in shul, one should make every effort to either blow shofar for themselves if they are able to, or hear the shofar blowing from someone else.
- One may recite the liturgy that is usually recited prior to shofar blowing.
- One recites the blessing on tekiah shofar and Shehechyanu prior to the blowing
- One is only required to blow or hear 30
 - shofar blasts as follows:
 - Tekiah-Shevarim/Teruah-Tekiah 3x
 - Tekiah-Shevarim-Tekiah-3x
 - Tekiah-Teruah-Tekiah-3x
- If one wants to, they can blow another set of shofar blasts after Mussaf for a total of 100 blasts

Mussaf – Day 2:

Ashkenaz: Pp. 440-אשרי, pp. 448-468-עמידה

Sefard: Pp. 436-אשרי, pp. 444-464 - עמידה

- After completing the recitation of the Amidah, one is allowed to recite any and all piyutim that are usually inserted in the Chazan's repetition.

Suggested

recitations:

	Ashkenaz	Sefard
לא-ל עורך דין	538	534
ונתנה תוקף	538 – 542	534 – 538

וכל מאמינים	546 – 548	542 – 544
היום תאמצינו	582 – 583	574 – 576

Conclusion of Tefillah:

Ashkenaz: Pp. 586 – 592

Sefard: Pp. 578 – 590

Mincha – Day 2:

Ashkenaz: Pp. 598 – 602, 612 – 628

Sefard: Pp. 600 – 604, 616 – 634

- One is allowed to recite Avinu Malkeinu in private

Tashlich:

Ashkenaz: Pp. 630

Sefard: Pp. 636

- It can also be done on any weekday between Rosh Hashanah and Yom Kippur or one's home privately.

Yom Kippur Eve

Mincha Erev Yom Kippur:

Ashkenaz: Pp.6 – 28

Sefard: Pp. 10 – 36

- Many have the custom to bless their children as they do on Friday nights.
- There is a custom for males to don their tallitot prior to sunset with a bracha on the tallit.

- Prior to sunset it is laudable to recite Tefillat Zaka:

Ashkenaz: Pp. 38 – 48

Sefard: Pp. 46 – 58

- One may hear the recitation of Kol Nidrei over zoom prior to the start of Yom Kippur itself. At the point that one is ready to begin the fast day, one should first turn off the zoom and any devices.
- Ideally, one should accept upon themselves the start of Yom Kippur a few minutes before sunset (if one has not already accepted Yom Tov with candle lighting or in Tefillat Zaka which contains a section where one accepts upon oneself the sanctity of the day).

- One should recite the blessing of Shehechyanu after sunset if one has not recited it already when lighting candles for Yom Tov.

Maariv:

ברכות קריאת שמע + עמידה

Ashkenaz: Pp. 66 – 98

Sefard: Pp. 78 – 110

Selichot after the Amidah

- One is permitted to recite all the sections of the Selichot in private **except** for the recitation of the 13 attributes of mercy, except as indicated above by reciting it with the taamei hamikra-*trop*.

Ashkenaz: Pp. 102

Sefard: Pp. 114

- One skips the recitation of the public vidduy.

Conclusion of Maariv:

- An individual may recite Avinu Malkeinu

Ashkenaz: Pp. 144 – 160

Sefard: Pp. 156

Yom Kippur-Day

Shacharit:

שיר של יום, לדוד), ברכות השחר, קרבנות, פסוקי דזמרה

Ashkenaz: Pp. 236, 244, 246 – 322

Sefard: Pp. 250 – 258, 294 – 344

➤ We omit shir hama'alot

ברכות קריאת שמע + עמידה

Ashkenaz: Pp. 326, 330 – 338, 342-364

Sefard: Pp. 348 – 358, 364 – 386

➤ One is permitted to recite the piuytim that are normally inserted into the repetition of the Amidah.

Suggested

recitations:

	Ashkenaz	Sefard
אתה הוא	376	
אמרו לאלוקים	390-394	
מעשה אלוקינו	396-398	
לא-ל עורך דין	398-404	
האדת והאמונה על ישראל		

- One can then recite the Selichot section-including שמע קולינו through the piyut of כי אנו עמך, leaving out the 13 attributes of God's mercy, except as indicated above. One does not recite the public vidduy section that is found right after that point in the prayers. One is permitted to recite אבינו מלכינו privately.

- One is permitted to recite Yizkor privately to themselves if one has not done so before Yom Kippur.

- One recites Ashrei followed by the Mussaf Amidah.

Ashkenaz: Pp. 478

Sefard: Pp. 508

Musaf Amidah:

Ashkenaz: Pp. 490 – 500

Sefard: Pp. 514 – 530

- After the conclusion of the Amidah one is permitted to recite the piyutim that are normally inserted into the repetition of the Amidah.

Suggested recitations:	Ashkenaz	Sefard
אמרו לאלוקים	522 – 524	552 – 554
משה אלוקינו	524 – 526	554 – 556
אשר אימתך	526 – 528	556 – 558
וננה תוקף	530 – 534	560 – 556
וכל מאמנים	538 – 542	568 – 572
עלינו	550	580
יום (עבודת יום הכפורים)	554 – 572	584 – 606

- One can then recite the Selichot section-including שמע קולינו through the piyut of כי אנו עמך , leaving out the 13 attributes of God's mercy, except as indicated above. One does not recite the public vidduy section that is found right after that point in the prayers.

Ashkenaz: Pp. 622 תאמצינו

Sefard: Pp. 656 היום תאמצינו

Mincha:

Ashkenaz: Pp. 650 – 664

Sefard: Pp. 688 – 702

- One can recite the Selichot sections to oneself without the 13 attributes of mercy except as indicated above.
- One is permitted to recite Avinu Malkeinu in private.

Neilah:

Ashrei , U-Va-Liztiyon, Amidah

Ashkenaz: Pp. 706 – 724

Sefard: Pp. 744 – 762

- One can recite the Selichot sections to oneself without the 13 attributes of mercy except as indicated above (reciting it with the *the trop*) as this is the essence of the Neilah prayers.

Ashkenaz: Pp. 736 – 750

Sefard: Pp. 774 – 788

- One is permitted to recite Avinu Malkeinu and the concluding verses after Avinu Malkeinu

Ashkenaz: Pp. 758 – 762, 764

Sefard: Pp. 796 – 800, 802

Maariv and Havdalah for the Conclusion of Yom Kippur:

Ashkenaz: Pp. 766 – 802

Sefard: Pp. 804 – 834

- One recites Kiddush Levanah after the breakfast if one has not yet done it earlier in the week.

With appreciation to Devorah Brodtkin and Rabbi Nathaniel Helfgot.