

Erev Shabbos		Shabbos		Sunday (Rosh Chodesh)	
Mincha	3:00 PM	Shacharis (Brachos)	7:15 / 8:00 / 8:30 / 9:00 / 9:30 AM	Shacharis	7:30 AM / 8:00 AM / 9:00 AM
Candle Lighting	5:54 PM	Latest Shma (Gra)	9:55 AM	Efrayim and Rivka Hershkowitz z"l Hilchos Shabbos Shiur (Zoom: <a href="#">Click Here</a> )	9:30 AM
Zman Mincha/Maariv	5:50 PM	Daf Yomi (40 Rector)	10:30 AM	Zman Mincha / Maariv	5:55 PM
Shkiah (Sunset)	6:13 PM	Mincha	2:00 PM / 5:50 PM	Maariv only	8:45 PM
Maariv Only	6:43 PM	Shkiah	6:11 PM	<b>Monday - Thursday</b>	
Those who daven Maariv before 6:38 PM should repeat Kerias Shema later		Maariv	6:31 PM / 6:51 PM	Tuesday Iyun Shiur (Zoom: <a href="#">Click Here</a> )	9:15 PM
		Shabbos Ends	7:01 PM	Zman Mincha / Maariv	5:55 PM

Please remember to wear your **safety sashes**.

**The molad for Rosh Chodesh Cheshvan** is this Shabbos morning, 23 minutes and 0 chalakim after 3:00 AM. Rosh Chodesh Cheshvan is on Sunday, Oct. 18 and Monday, Oct. 19.

**Shabbos Minyan Locations** can be [found by clicking here](#). Please **take a minute to understand where and when your Minyanim are taking place and print or write them down if necessary**. Our Minyanim are very full and **it is critical** that everyone Daven in their assigned location.

**Mazel tov** to **Ahuvah** and **Daniel Fried** on the birth of a baby boy and girl. Mazel tov to their grandparents Chavi Fried, and Malka and Aaron Blumenfeld.

In accordance with the Governor's Advisory and CDC guidelines, we ask that anyone who has traveled from any states that are considered to have a significant spread of COVID-19 (including California and Florida), or have travelled internationally, to quarantine for 14-days and not attend Minyanim. If you have any questions, please reach out to the Rav or Dr. Schwarcz.

### **Rav's Weekly Virtual Shiurim ([Click Here](#)):**

- Sunday morning **Efrayim and Rivka Hershkowitz z"l Hilchos Shabbos Shiur** at **9:15 AM**.
- **YU Gemara Shiur - Sun, Mon, Wed, & Thurs** from **12:00 PM - 1:00 PM**, **Tuesday** from **11:00 AM - 12:00 PM**
- Tuesday night **Iyun Shiur** at 9:15 PM on the **3rd Perek of Sukkah (Lulav Hagazul)**.
- **Mini Series on Assorted Shaylos - Wed** at 9:15 PM.
- **The Kollel Boker - Tues, Wed, and Fri** from **7:10 AM - 7:50 AM**.

### **Community News:**

On Sunday, October 18th from 9–11 AM, Communities Confronting Substance Abuse and Refa'enu will be presenting conversations about behavioral addictions, alcohol and Jewish ritual, ADHD medications and the link to SUDs (substance use disorders), mood disorders, substance addiction and recovery, and self-harm/suicide. Each group will include a clinician and someone with personal experience with the issue who will share their unique perspectives. For more information, go to: <https://www.time2talkaddiction.org/events>.

**Yavneh Academy** cordially invites prospective parents to a dynamic Virtual Open House program on Wednesday evening, October 21, at 8:00 p.m. Join us to learn about our stimulating Judaic and General studies programs, and warm and inspiring environment. Please RSVP at [www.yavnehacademy.org](http://www.yavnehacademy.org). For more information, please email [jennifer.hooper@yavnehacademy.org](mailto:jennifer.hooper@yavnehacademy.org)

**Ma'ayanot** Yeshiva High School for Girls invites all 8th grade girls and their families to join us at our Virtual Open House on Sunday, October 25th at 9:30am. Come experience our warm environment and the vast opportunities our school offers both in and out of the classroom, fostering individualized learning along with personal and religious growth. Register at [maayanot.org/admissions](http://maayanot.org/admissions). For more information contact Mrs. Dena Block, Director of Admissions at [admissions@maayanot.org](mailto:admissions@maayanot.org)

Join **Ben Porat Yosef** at our virtual Open House on Monday, October 26 at 8pm. Discover what makes BPY an exceptional and unique place of learning, growth and warmth. (Toddler-8th grade) Register: [www.benporatyosef.org](http://www.benporatyosef.org) or call Sharona Grossberg, Director of Admissions 201-845-5007 x16. Registered guests will receive a Zoom link prior to the event.

**RYNJ** invites all prospective parents to two events on November 1st. Please join us with your family at 10:30 AM for a car parade in the RYNJ parking lot - "Get into Gear - Prepare for Next Year." At 7:30 PM that evening, join us from your home for our virtual Open House where you will meet our Head of School, see classes in action, hear a parent's perspective and so much more! Please register for either or both events at [RYNJ.org](http://RYNJ.org). For more information, please contact Mrs. Tamar Kahn, Director of Admissions, at [tkahn@rynj.org](mailto:tkahn@rynj.org) or 201.986.1414 x338.

**Yeshivat He'Atid** invites all prospective parents to our VIRTUAL Open House, Wednesday, November 4th at 7:30 pm. We would like to share what makes our school a warm and inviting place. Please join us to hear about our innovative academic programming in both Secular and Judaic studies. To pre-register & schedule a tour visit [www.yeshivatheatid.org/open-house](http://www.yeshivatheatid.org/open-house) or contact [admissions@yeshivatheatid.org](mailto:admissions@yeshivatheatid.org)

**DASH FOR DIGNITY!** Join **Yad Leah** on Sunday, November 8, 2020, 8:00AM -1:00 PM for a safe & socially distant 5K! Choose between 4 beautiful parks or run in your own neighborhood/treadmill. With options for a 5K or 1 mile family walk, there is something for everyone! Proceeds will provide warm clothing for struggling families in Israel. All participants will receive an event t-shirt, official race bib, snack pack and more! REGISTER TODAY at [www.yadleah.org/dash](http://www.yadleah.org/dash)

**Lubavitch on the Palisades** Preschool (Daycare- Kindergarten), Springboard School (Special program for bright children ages 3-6 with learning challenges) and Tenafly Chabad Academy (Grades 1-8) invite you to an open house on the evening of Wednesday, November 11th at our spacious facility (11 Harold Street, Tenafly, NJ). Groups will be limited and times will be assigned based on registration in order to ensure proper physical distancing. Masks are required. Please RSVP to [sonya@lpsnj.org](mailto:sonya@lpsnj.org).

Join **Yeshiva University High School for Boys (MTA)** at our virtual Open House on Sunday, November 15th, 9:30 am to learn more about our warm, personalized, and inspiring approach to Torah, academic, and extra-curricular programs and explore all of the incredible opportunities available at our yeshiva. We truly have something for everyone, enabling each and every talmid to shine and make an impact on our community. Choose your journey and discover how you can make the most of your MTA experience. We can't wait to see you! To RSVP, please visit [yuhsb.org/openhouse](http://yuhsb.org/openhouse). Questions? Contact Rabbi Yoni Stone at [ystone@yuhsb.org](mailto:ystone@yuhsb.org) or 646-592-6106.

### **Shul Contacts:**

Help us include your announcements by emailing the text to [announcements@ohratorah.com](mailto:announcements@ohratorah.com) by 6:00 PM on Wednesday. Please let us know about your family simcha, whether or not it is taking place in the Shul, so it can be included in the announcements. If you would like to make a meal for someone who had a baby or RL is in aveilus, please contact Alisa Salamon [salamon.alisa@gmail.com](mailto:salamon.alisa@gmail.com) 516-551-4392 or Sarah Savetsky [ssavetsky@gmail.com](mailto:ssavetsky@gmail.com). If anyone hears of new families moving into the community or can host new families for a Shabbos meal, please contact Rebecca Zerkowitz 718-551-5466 on the Welcoming Committee.

### **Have a Good Shabbos!**

Congregation Ohr HaTorah – Rabbi Zvi Sobolofsky – 36 Rector Court Bergenfield, NJ 07621 - [www.ohratorah.com](http://www.ohratorah.com)