



What To Wear Every Day

Sunscreen Applied
Water Shoes
Swimsuit Under Easy On/Off Clothing
Sun Hat/Baseball Cap (optional)

What To Bring Every Day

Beach Towel
Change of Clothing
Plastic/Reusable Bag For Wet Clothing
Sneakers/Socks
Sunscreen/Bug Spray (with medication permission slip)
Diapers/Wipes (if applicable)
Morning Snack
Refillable Water Bottle
Dairy Lunch (no meat or shellfish)
Rest Time Crib Sheet and
Small Blanket (if applicable)

**LABEL
EVERYTHING!**

