

Grief & Loss Support Group

JFS is offering an in-person weekly support group for anyone who is grieving the death of a family member or friend.

Thursdays, 2/16, 2/23, 3/2,
3/9, 3/23, and 3/30*
2 – 3 p.m.

*No group on 3/16.

Location to be announced, within the Capital Region

Cost: \$20 per person, per weekly session,
or \$120 for all six sessions

Registration: Please contact Rachel Hemmerstein at
(518) 512-9302 or rhemmerstein@jfsneny.org

**We will forward required paperwork to be completed
before the first group.**

