Tefilla Notebook

This week's Tefilla Notebook is sponsored by **Susan Graysen** in memory of her husband, **William Graysen, Beil ben Moshe z"l,** whose yahrtzeit is on the 25th of Av.

25 Av • Re'eh • Birkat Hachodesh

August 11-12, 2023

Steven Dorfman, President

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Dear Members and Friends,

The late Canadian-born Dr. Hulda Regehr Clark (1928-2009) was a highly controversial figure. She began her college education at the University of Saskatchewan, where she obtained a degree in biology. She moved on to the University of Minnesota, where she got her master's in physiology and a Ph.D. in zoology. But instead of spending her life in some innocuous field related to her university education, Clark became a guru of alternative treatments

for cancer and other diseases.

In 1993, after years of "research", Clark published a book called The Cure for All Cancers, in which she suggested that all diseases, including cancer, were caused by parasites, toxins, and pollutants, and could be cured by killing these parasites and removing the toxins. This book was followed by several others – The Cure for HIV and AIDS (1993), The Cure for All Diseases (1995), and The Cure for All Advanced Cancers (1999) – all of them focused on the same theme. Clark developed an electric device she called the "syncrometer," which she claimed could detect deadly toxins and parasites in the body. Based on the syncrometer's readings, she would recommend a variety of treatments, including herbal remedies, orthomolecular medicine, and the removal of dental fillings.

According to Clark, all cancers are caused by a particular parasite she called the "human intestinal fluke." Eliminating this parasite, said Clark, would halt the cancer's progression, allowing the affected tissue to revert to its normal state. Her proposed solution for anyone with cancer was straightforward: eradicate the parasite by taking a carefully calibrated combination of three specific herbs – black walnut hulls derived from the black walnut tree, wormwood from the artemisia shrub, and freshly ground cloves. This concoction would target the mature flukes and their eggs, she said, and the patient would soon recover completely.

Unsurprisingly, Clark faced significant criticism from the medical and scientific communities, with experts rejecting her theories and methodologies as quackery, noting that her treatments were not supported by scientific evidence. Clark also faced legal challenges, with accusations of practicing medicine without a license. But despite all this, Clark had a devoted following – a coalition of alternative medicine enthusiasts and desperate patients, all of whom celebrated her as a pioneering figure challenging the mainstream medical establishment.

It is hard to determine how much harm Clark caused, and how many cancer patients – and other sufferers of serious diseases – died because of her. But there is no doubt that countless people who opted for Clark's treatments faced severe health risks and expedited disease progression due to the delay or avoidance of conventional therapies. In a twist of fate, Clark herself succumbed to cancer in 2009.

One of Clark's close collaborators was Dr. William Donald Kelley (1925-2005), an orthodontist known for his proprietary cancer cure, called "Kelley Metabolic Therapy." Kelley claimed to have cured himself from pancreatic cancer in the 1960s, through enzyme therapy and a special diet. He claimed that cancer arises from pancreatic enzyme deficiencies and toxin buildup, and his "cure," like Clark's, combined oral enzyme supplements, specific dietary regimens, removing metal fillings, and detoxification. The media threw Kelley into the limelight when Hollywood actor Steve McQueen, diagnosed with terminal mesothelioma, sought his therapy. While initial reports suggested McQueen had gone into remission, he passed away shortly afterwards. Kelley's purported 90% success rate and methodology came under fire, leading to legal restrictions on his practice. Clark and Kelley were far from alone. There have been dozens of other

pseudo-medical experts who have fooled and continue to fool incredulous and often desperate cancer sufferers with their bogus claims. The most famous of these controversial characters was Max Gerson (1881-1959), who developed the Gerson Therapy, a diet-based treatment that included a specific diet, raw juices, coffee enemas, and various other supplements. Harry Hoxsey (1901-1974) promoted the Hoxsey Therapy, which used herbal remedies and pastes. Hoxsey claimed that his "cure" for cancer was a family secret passed down from his great-grandfather. Gaston Naessens (1924-2018) was a French-Canadian scientist who developed formula 714-X, a compound he claimed could boost the immune system to destroy cancer cells. Ryke Geerd Hamer (1935-2017) founded a movement called Germanic New Medicine, and asserted that all diseases, including cancer, are caused by unresolved psychological conflicts.

These quacks have all died already – some, ironically, from cancer. But they have inspired contemporary successors, including Tullio Simoncini (b.1951) an Italian ex-medical doctor who claims that cancer is caused by the fungus Candida and can be cured with baking soda; and Stanislaw Burzynski (b.1943), a Polish-born physician who treats cancer patients with antineoplastons. What they all have in common is that they sell false hope, and pretend to have powers they don't, drawing people away from what is real and proven, thereby causing further anguish to people who are already in the depths of despair.

To be clear, this list is far from comprehensive, and the phenomenon of charismatic "experts" offering false hope to those in need is as old as time itself. Indeed, one cannot help but draw a parallel to the timeless wisdom embedded in Parshat Re'eh, where the Torah warns us (Deut. 13:1-4), "If there arises among you a false prophet or a dreamer of dreams, and he gives you a sign or a wonder, and the sign or the wonder comes to pass... you shall not listen to the words of that prophet, nor to that dreamer of dreams."

The context in Parshat Re'eh is idol worship, and the fear that people of faith will be drawn to false gods. But in a modern context, "false prophets" and "dreamers" can be likened to those who offer promises of miracle cures, leading individuals away from proven treatments – treatments that have the backing of science, and of the laws of nature that God created for our world. The Torah is concerned that we might be led astray by someone who shows us signs and wonders, dazzling us with promises of incredible outcomes. The message for today's world is that critically ill patients and their families must be vigilant against false hope and dubious treatments. Even if these treatments seem miraculous or revolutionary, one must properly evaluate their validity, just as our ancestors were instructed to remain steadfast in their faith despite the tantalizing allure of false prophets.

This juxtaposition emphasizes the timeless relevance of the Torah's teachings. The age-old warning against blindly following charismatic leaders, regardless of seemingly miraculous evidence of their abilities, resonates with the stories of Clark, Kelley, and all the others. Just as the Jewish nation of yore was warned to be discerning and steadfast in their faith, we, too, must exercise discernment, especially in matters of health and well-being. "Be exceedingly careful in preserving your lives," warns the Torah (Deut. 4:15) – and this warning applies even if our health is failing. Embracing quackery is just another way of denying God, but sadly it's a trap we might easily fall into. In a world filled with myriad voices offering promises of hope and salvation, the lessons from Parshat Re'eh serve as a timeless reminder: be discerning, be informed, and always prioritize evidence over allure.

Wishing you a Shabbat Shalom, and a great week ahead, Rabbi Pini Dunner

FRIDAY, AUGUST 11 7:26pm CANDLELIGHTING 6:30pm KABBALAT SHABBAT

SATURDAY, AUGUST 12 8:30 am GEMARA SHIUR 9:15 am SHACHARIT 7:05 pm PIRKEI AVOT SHIUR 7:30 pm MINCHA 8:20 pm MAARIV 8:24 pm SHABBAT ENDS

WEEKDAY DAVENING

 Sun
 8:00am
 7:25pm

 Mon- Thurs
 7:00am
 7:25pm

 Fri
 7:00am
 6:30pm

 Rosh Chodesh is Thu & Fri

WELCOME TO NEW MEMBER

Lizbeth Berman

Let's Talk Sisterhood with Gina Raphael & Maryjo Schnitzer

Come to our special pre-New Year evening of inspiration and challah braiding for teens and women of all ages. Featuring special guest hosts "The Sephardic Spice Girls" and **Jewish Children's Author Sarah** Sassoon.

Sign up now, space is limited Tickets not sold at door. Thursday August 31st, 5-7pm Register at vinbh.org/challah

Ioin us for the book launch of Hearts & Minds II on September 7th, in partnership with Wizo, with special guest Ruth Wasserman Lande, former MK and News Correspondent.

Register at vinbh.org/booklaunch

Happy Anniversary

Isaac & Sarah Meier David & Michele Silver

THE GREAT COAT **CLOSET CLEANOUT OF 2023**

Please take all personal possessions out of the coat closet.

An email with images of all items found in the closet has been sent out. **Anything that is not** claimed by September 8th will be donated.

Yahrtzeits

William Graysen

Beil ben Moshe z"l Husband of Susan Graysen Yahrtzeit - 25 Av

Maureen Murad

Miriam bat Yonatan a"h Mother of

Caroline Azouz

Yahrtzeit - 30 Av

Denis Spencer

Dovid Tzvi ben Chaim z"l Father of **Antony Spencer**

Yahrtzeit - 30 Av

Nourian Bollag

Wife of

David Bollag

Yahrtzeit - 30 Av

Earl Katz

Yehuda Matyas ben Yosef HaCohen z"l Father of

Susan Baum

Yahrtzeit - 1 Elul

Philip Raykoff

Feivel Ben Chuna z"l Father of

Howard Raykoff

Yahrtzeit - 1 Elul

Joseph Hirt

Yosef Ben Zev z"l Father of

Kerri Suissa

Yahrtzeit - 1 Elul

Teddy Fialkov

Yona Tovah Bat Sarah a"h Father of **Howie Fialkov** Yahrtzeit - 1 Elul

HAPPY **BIRTHDAY**

JANICE KAUFLER RUTH KELLERMAN SAM RICHTER HAROLD SCHLOSS BARRY NOVACK LILLIAN FUCHS JOSH RUIMY SAMANTHA ZUCKER ELIZABETH SCHLESINGER



We have two gorgeous displays of marble yahrtzeit plagues on the back walls of our sanctuary. This is a beautiful way of memorializing the names of departed loved ones. Yahrtzeit plaques cost \$1,800.

To order a plaque or for more information contact Madeline Kramer at

mkramer@yinbh.org

Paul Feder z"l Gemara Shiur

לע"נ פנחס אליהו בן שמשון הלוי

Join Rabbi Dunner for his Gemara Shiur on Shabbat 45 minutes before **Shacharit**

Membership Renewal 5784

All current members are invited to renew their membership for the upcoming year 5784. Please visit yinbh.org/renewal. You can also call the office at 310-276-7650 or email office@yinbh.org.

Once you renew your membership, you can...



Reserve your High Holiday Seats at yinbh.org/seats. Please Reserve by September 8th.



Order your Arba Minim directly from the shul. Please order by September 21st. Order online at yinbh.org/arbaminim



Place names in the Yizkor Booklet. Please submit by September 11th. Sign up at yinbh.org/yizkor



Sign up your children or grandchildren for Youth Group during High Holiday Services. Sign up at yinbh.org/youth.

THANK YOU TO EVERYONE WHO HAS ALREADY RENEWED THEIR MEMBERSHIP FOR 5784



Ujubh Mikvah



HOURS

The Mikvah is open every evening including Shabbat, Yom Tov and Motzei Shabbat.

Kallah appointments also available.

All appointments must be made in advance.

TO MAKE AN APPOINTMENT

www.yinbh.org/mikvah or Download the MikvahCloud app



OUR LOCATION
9261 Alden Drive

Beverly Hills

CONTACT US

310-299-1792 (Text Only) www.yinbh.org/mikvah



FEATURING

Sharon Gomperts & Rachel Emquies Sheff,
The Sephardic Spice Girls

WITH SPECIAL GUEST

Sarah Sassoon, Author of "Shoham's Bangle"



Register at <u>yinbh.org/challah</u>

\$54 per person • \$18 under 25 • Sponsorships start at \$180













with Rabbi Pini Dunner



Thursday
7 September 2023

6:30pm - Cheese & Wine Reception

7:30pm - Book Launch Q&A:

Rabbi Dunner with Ruth Wasserman Lande

Special Guest

Ruth Wasserman Lande

Former MK & i24 news commentator

\$54 per person including a signed copy of Rabbi Dunner's New Book

Register at

www.yinbh.org/booklaunch

This event is being graciously sponsored by

Bob Zeller & Nadine Gerson







