



Jeannine Palermo is a certified personal trainer and fitness instructor. For the past 15 years she has taught adult fitness classes throughout Westchester, privately as well as through Scarsdale Adult School and the Recreation Department. She also teaches kids fitness classes at Mazel Tots and other local Nursery Schools during the school year each week as well as summer camp. She works with students ages 3 to 93!

In addition to fitness training, Jeannine is also a senior stylist for Peach which is a women's apparel start-up that sells clothes for work, gym and play. The company's mission is to help women thrive both personally and professionally. To order any apparel or learn how you can host an event online (perhaps for a charity), please reach out to Jeannine at 914-874-3427. To shop use her link: www.discoverpeach.com/s/jeanninep

Anyone who shops her link now through June 7, she will make a personal donation to Scarsdale Synagogue.

Contact info: email Jeannine: fitnesslinkllc@gmail.com or cell: 914-874-3427.