



WRJ Northeast District

Virtual Shabbat

Raise your spirits!

Celebrate our sisterhoods! Reconnect!

*A Rejuvenating
Peaceful
Shabbat*

Saturday, November 6, 2021

9:30 a.m. - 5:30 p.m.

Come for all or part of the day

Featuring:

- **Dr. Robert Brooks**, noted psychologist, author, lecturer (www.drrobertbrooks.com):
Nurturing Resilience & Hope in Ourselves and Others
- **Rabbi Julie Bressler**, Temple Beth Shalom, Needham, MA:
Torah Study
- **Cantor Melanie Cooperman**, Community Synagogue of Rye, NY: Mindfulness Meditation, Song Fest, and Havdalah
- Meet WRJ leaders including **Sara Charney**, president of WRJ, and **Sharon Sobel**, president of the Northeast District
- **Suzy Gelman**, yoga instructor; co-president of the Sisterhood of Central Synagogue-Beth Emeth, Rockville Centre, NY; and WRJ Northeast Board member
- Share our sisterhood successes and schmooze

Registration Fee: \$18 minimum donation to the YES Fund*
(* WRJ's philanthropic fund for Youth, Education, and Special Projects)

Questions: Email wrjnortheast@gmail.com