

## January Shofar

2023 5783

# Women of Sinai Brings Back the Community Fashion Show

Friday, January 27, 12:00 PM at Temple Sinai



Jewish women of the Coachella Valley are invited to join the Women of Sinai for a luncheon and fashion show featuring the latest in stylish travel outfits from Shirley's Boutique Fashions El Paseo.

See page 10 for more information and sign-up sheet.

#### From the Rabbi

I am always excited when there are advances in Biblical archaeology. That should be no surprise given what I do for a living. So many times when we refer to the Hebrew Bible we talk about the history of our people. Historical events, though, are hard to prove given that history, as we understand it, was not being written in Biblical times.

The sole collaboration for Biblical events are archaeological finds. To date, these finds have mostly been dated using carbon dating. Now archaeologists have devised a better way to date using the Earth's geomagnetic record.



Rabbi David Novak

The New York Times reports that many materials, including rocks and soils, record the reversals and variations over time in earth's invisible geomagnetic field. When ancient ceramics or mud bricks that contain ferromagnetic, or certain iron-bearing, minerals are heated to sufficiently high temperatures, the magnetic moments of the minerals behave like a compass needle, reflecting the orientation and intensity of the field at the time of burning. The new methodology can provide a sort of geobiblical clock.

Experts in the new technique, known as archaeomagnetism, gain "chronological anchors" from the work of archaeologists — footholds in the historical timeline. To understand the mysterious mechanism of earth's magnetic field, geophysicists track its changes throughout history by using archaeological relics — furnaces, ceramic shards and roof tiles — that contain ferromagnetic minerals. Remarkable.

Like the recent discovery of silver coins, these discoveries continue to undergird our people's presence in these lands long ago. How exciting it is to be part of a people that is still here!

L'Shalom,

Rabbi David Novak



#### FROM THE PRESIDENT

I hope you all had a wonderful Hanukkah and will have a happy, healthy, safe New Year!

We started off the busy month of December with a wonderful evening of comedy, magic, and music. In attendance were approximately 90 people, and we netted over \$13,000 for our Rabbi Avi Levine Community Religious School. Thanks to committee members Sandie Eichberg, Gordon Kramer, Ilene Harris, Gary Kreger, Sharyn McKee, Jeff Schiffris, and Joe Weiss, and to those who helped out that day and evening. Special thanks to our generous sponsors: Sandie Eichberg, Rosanne & Steve Ezer, Ilene & Rick Harris, Barry Kaiman & Toni Victor, Eve & Gordon Kramer, Gladys Layne, Sharyn McKee, Ann & Glynne Miller, Mitzie & Jack Olshansky, Barbara Platt & Norm Lewis, Nancy Polacheck, Andra Ready, Melissa & Jeff Schiffris, Nancy & Arthur Shorr, Nancy Singer, The



**President Nancy Singer** 

Smotrich Family Foundation, Cindy Spetalnick, Marcia & Rick Stein, and Carol Woodward. Artistic Director Wayne Abravanel and Honorary Chair Rick Stein were greatly appreciated. Our MC Arthur Shorr took ill, so we'll have to save his shtick for another time.

A week later, our PTO under the leadership of President Natalia Levy put on a fun Hanukkah party for our religious school students. All had a glorious time, with their fingers in the paints and their smiles for the cameras. Many, many gifts were donated for the children at *Shelter from the Storm*. Thanks all!

We concluded our drive for donations for the women and families served by *Shelter from the Storm* with an overflowing car full of goodies, delivered to them by Ann Miller. Their appreciation was heartwarming.

Have you noticed our new front yard landscaping? Our native-scape planting is complete. Thanks to Bob Denebeim for the idea, to Joe Weiss for overseeing it, and to James Danoff-Burg for leading the project. Notice that the bricks that have been donated over the years now line the new walkways. You too can dedicate a brick in honor or in memory of someone.....just call the temple office.

Your Board of Directors approved the distribution of some of our Tikkun Olam funds to help those in need, especially during this holiday time. Checks have been sent from Temple Sinai to the American Jewish Joint Distribution Committee for Ukrainian Relief, to Shelter from the Storm, to our Jewish Federation for community support, to the Coachella Valley Rescue Mission, and to Jewish Family Services for families in need.

Brotherhood continues to feed us and to show interesting movies most months. Join the fun! And mark your calendars for Women of Sinai's Fashion Show luncheon on Friday, January 27, to which the ladies of the other congregations in our valley have been invited. We hope for a great turnout to show our community spirit.

Again, wishing you all the best for the new year. See you at the shul.

#### Nancy

#### 2022-2023

#### **Temple Leadership**

#### **Executive Committee**

Nancy Singer	President
Joseph Weiss	Vice President
Susan Jaspan	Treasurer
Ann Loeb	Corporate Secretary
Jack Olshansky	Past President
Howard Vogel	Membership

#### Trustees:

Ann Miller	Social Action
Michael Sonduck	At Large
Fred Fabricant	Special Projects

#### Auxiliaries:

Sandie Eichberg..President, Women of Sinai Jeff Schiffris......Co-President, Brotherhood Natalia Levy......President, PTO

#### WITH GRATITUDE FOR OUR

#### **2022-2023 PATRONS**

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Barry Kaiman & Toni Victor

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Nancy Singer
Rick & Marcia Stein

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Sandie Eichberg
Len & Nancy Foster
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Matthew & Judy Israel
Gladys Layne
Alicia & Reuben Rodriguez
Michael & Roberta Sacks
Arthur & Marlene Shapiro
Howard & Linda Vogel
Samuel & Susan Winett

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#### **Pearl Patron**

Robert & Carole Adelstein Steve & Evelyn Alden

#### From the Educator

Shalom Temple Sinai Congregants, Families, and Students,

All of us at Temple Sinai Religious School want to wish you a very happy end of 2022. We are all looking forward to an extraordinary and healthy year ahead.

Our school is currently on winter break.

On Sunday, December 4<sup>th</sup>, in preparation for Hanukkah, our students conducted a scientific experiment followed by a discussion. In the Hanukkah story, we learn that King Antiochus demanded that Jews discard the Torah, discontinue all religious practices, and declare alliance to the Greek gods.



Talia Lizemer, Educator

Some Jews yielded to the pressure and embraced their new ways of life.

These Jewish Hellenists, as they were called, assimilated easily, like crystals of sugar mixed in water.

(Each student added sugar to a glass of water and mixed. The sugar dissolved in the water and "disappeared").

The Maccabees, however, refused to assimilate and adhere the new restrictions and subjection of religion.

(Each student added oil to a glass of water and mixed. The oil did not dissolve in the water. The students added more oil to the water and mixed. It still did not dissolve).

They fought against the Hellenists and won.

(Discussion: Did you ever feel social pressure to act like everyone else, even if you did not really want to do it?)

On Sunday, December 11<sup>th</sup>, our Religious School students and families participated in a Hanukkah celebration organized by our amazing PTO. It included Hanukkah crafts, stories, cookie decorating, Happy Holiday card writing, and more.

Hanukkah celebrates light over darkness. At Temple Sinai's Religious School we teach our students that *Tikkun Olam* – repairing the world through acts of kindness, is one of the main Jewish principles.

One of the Jewish laws around the celebration of Hanukkah is sharing light with others.

Our religious school wanted to spread the light and encourage compassion by taking part in Temple Sinai's Social Action Project. Our families donated new unwrapped gifts to be donated to 'Shelter from the Storm.' The students created Happy Holiday cards, to go with the donations.

Warmly,

Talia Lizemer-Hawley Congregational Educator









#### **GENEROUS DONATIONS**

#### **GENERAL FUND**

**YAHRZEIT** 

**Julius Zemmol** 

By: Bernard Zemmol

Ray Olshansky

**Max Olshansky** 

**Sherwin Jacobs** 

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**Edna Karpel** 

By: Lee & Harold Weinstein

Dr. Brian A. Hill

By: Sharon & Rod Hill

Etta Gold

By: Beth Frank

**Bernie Gusto** 

By: Lynn Hannan

IN MEMORY OF

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Judy & Bernie Kotkin

Ann & Glynne Miller

**Nancy Singer** 

Sandie Eisenberg

**Gary Gottesman** 

By: Mitzie & Jack Olshansky

Ann & Glynne Miller

**Nancy Singer** 

**Ken Eldred** 

By: Women of Sinai

**Deborah Jacobs** 

IN HONOR OF

**Betty & Bob Denebeim** 

By: Barbara Rosenberg

Joe Weiss and Landscaping

By: Gladys Layne

Rabbi Novak's 60th birthday

By: Carol Woodward

**TZEDAKAH** 

**Ries Foundation** 

Robert P. Bergstein

RABBI AVI LEVINE RELIGIOUS

**SCHOOL** 

IN HONOR OF

Marcia & Rick Stein

By: Betsy Borns

Sandie Eichberg's Birthday

By: Resa Fremed

**BROTHERHOOD** 

IN MEMORY OF

Steven Levander

By: Sandy Weisenberg & Sidney

Schwartz

**CANTORIAL MUSIC FUND** 

**YAHRZEIT** 

By: Debbie Lipsett

RABBI'S DISCRETIONARY

**FUND** 

**YAHRZFIT** 

**Seymour Kreger** 

By: Betsy & Gary Kreger

**IN HONOR OF** 

Rabbi Novak's 60th birthday

By: Sandy Weisenberg

Renée & Ron Partelow

Michael Sonduck & David

Zeligson

Ilene & Rick Harris

Resa Fremed

Elaine Eldred

**Shabbat Morning Aliyah** 

By: Sandy Weisenberg & Sidney

Schwartz

**IN MEMORY OF** 

**Goldie Brickman** 

By: Richard Brickman

GAIL & SAUL JACOBS FOOD

**DELIVERY PROJECT** 

**YAHRZEIT** 

Zvi H. Landau

By: Alissa Marshall

IN MEMORY OF

**Ken Eldred** 

By: Alissa Marshall

Remember, if you ever need a helping hand, you'll find one at the end of your arm.

As you grow older, you will discover that you have two hands: one for helping yourself, the other for helping others.

-Sam Levenson, In One Era & Out the Other

## You are invited to a private screening of the award winning documentary "AHEAD OF TIME,

The Extraordinary Journey of Ruth Gruber"



with Special Guest Executive Producer Patti Kenner

on

### Sunday, January 15, 2023

9:30 AM -12 PM

at
Temple Sinai
Palm Desert
73251 Hovley Lane West

Complimentary Bagel, Lox and Cream Cheese nosh before the Film!

"Ruth Gruber is an adventure in herself."

Short Q&A at the end!

#### HELEN REID, THE NEW YORK HERALD TRIBUNE

With her love of adventure and fearlessness, Ruth Gruber defied tradition from the moment she became the world's youngest PhD at the age of 20 in 1931. Ahead of Time tells the remarkable journey of 96 year-old Gruber, and is the directorial debut of noted cinematographer Bob Richman (The September Issue, My Architect, and An Inconvenient Truth). Gruber continued to make history throughout her trail-blazing career by becoming the first journalist to



enter the Soviet Arctic in 1935 and escorting 1000 Holocaust refugees from Naples to New York in a secret war-time mission in 1944. She covered the heart wrenching ordeal of the refugees aboard the ship Exodus 1947 with photographs that helped change the world.

RSVP to Leslie Pepper, Jewish Federation at 760-324-4737



Temple Sinai at 760-5689699



## **Brotherhood's Busy January**



## Nature Walk Sunday, January 8 at10:00 AM

Art Smith Trail
Meet at the trailhead
51500 Highway 74
Palm Desert

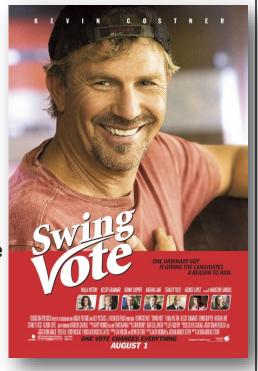
RSVP to gordeve@aol.com so that they know to look for you.

## Thursday Evening Dinner & A Movie

Thursday, January 19 5:30 PM in the Social Hall

Swing Vote is a 2008 American comedydrama film about an entire U.S. presidential election determined by the vote of one man.

\$18.00 per person
(Drawing tickets included)



Women of Sinai Invite the Sisterhoods of Temple Isaiah, and Congregations Beth Shalom & Har-El for a Luncheon and Fashion Show on Friday, January 27 at 12:00 PM at Temple Sinai.

 Featuring the latest in stylish travel outfits from Shirley's Boutique Fashions

- \$35.00 per person
- Includes lunch and 5 drawing tickets
- Receive another ticket for each additional person that you bring.
- Shirley will have items for purchase.



Send checks payable to "Women of Sinai" to Temple Sinai, 73251 Hovley Lane West, Palm Desert, CA 92260 or call the temple office 760-568-9699 for credit card payment.

## COMMUNITY HOLOCAUST COMMEMORATION DAY

SUNDAY, JANUARY 29, 2023

3pm - 5pm

(Film Theatrical Performance with

Music by The Braid)

UC Riverside Palm Desert Auditorium 75080 Frank Sinatra Drive

"The Holocaust is very much alive.
The wounds are still there.
The scars are still there.
The influence is still there".

Avner Shalev



The Holocaust had silenced them...until an extraordinary violin-maker brought their voices back to life – and to the world.

The stringed survivors were brought back to life – and to the world – by a family of violin restorers spanning three generations. This is the true story of luthier Amnon Weinstein who took what might have become an exhibit of ruined instruments, restored them, and put them into the hands of musicians all over the world so that a new generation can hear them. The survivors of the Holocaust will not be here forever, but these violins will continue to tell their stories for generations to come. Produced by The Braid in their signature style of Salon Theatre and performed by seven professional actors, with live music from the Los Angeles Jewish Symphony





Rabbi Novak is participating in this event.

More information will be available soon.

Women of Sinai Present:

## Chair Yoga at Temple Sinai

First Three Wednesdays of Every Month 10:30 AM in the Chapel



Chair Yoga can increase balance and flexibility, increase muscle tone and strength, boost mood and mental well-being, help manage chronic conditions, and help manage chronic pain.

Chair Yoga meets every Wednesday except for the last Wednesday of the month at 10:30 AM for 45-minute sessions. The cost is \$15 per person per session (cash please) and part of the proceeds go to support the temple.

Call the temple office at 760-568-9699 to RSVP.

## **Tai Chi** returns to Temple Sinai on Thursday January 5.

Tai Chi improves strength, flexibility, aerobic conditioning and balance. It has been proven to improve cardiovascular fitness, lower blood pressure, prevent falls and help people who have arthritis.

There is no charge, but donations are gratefully accepted

Tai Chi meets Thursdays at 10:00 AM in the chapel

For more information, contact instructor Diane Wohl at

DianeWohl@gmail.com



#### **Birthdays Anniversaries** 1/2 1/9 Alicia Rodriguez 1/4 Carole & Robert Adelstein **Alex Cassuto** 1/14 1/7 Ilene & Richard Harris Sharon Danoff-Burg Clarice & Gabe Lubel 1/8 Hannah Solomon 1/9 Ann Loeb Clarice Lubel Ann Miller 1/14 **Gail Jacobs** 1/15 Len Foster 1/16 David Bell **Nancy Pierce** 1/17 Barbara Borden 1/20 Sandy Schachter 1/21 Resa Fremed Susan Kross Diane Simon Joan Wine 1/23 Karol Gordon 1/24 **Robert Rose** 1/25 Marc Block 1/26 Nona Solowitz 1/28 Ron Borden Stephen Ezer 1/29 Andra Ready 1/30 Sharyn McKee 1/31

Mike Hankin

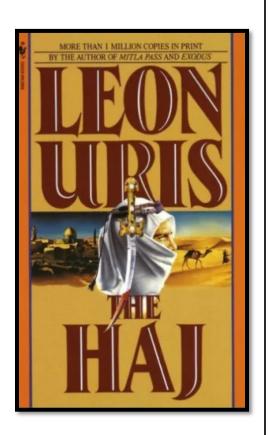
Book Club's Next Read:

## The Haj by Leon Uris

The Haj tells the story of the birth of Israel from the viewpoint of a Palestinian Arab

Wednesday, January 25, 10:30 AM In the chapel





## **Calling All Singers!**

The Jewish Federation of the Desert is putting together a community choir for its

Community Israel 75 Celebration on April 30, 2023.

If you've got the RUACH (enthusiasm) and time for rehearsals, please contact Leslie Pepper at the Federation (760-324-4737) or leslie.pepper@jfedps.org.

Young and young-at-heart are encouraged to participate.

# January 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat			
1 No Religious School - Winter Break	2 Office Closed	3 Desert Cities Bridge 1:00 PM Torah in Translation 4:00 on Zoom	4 Chair Yoga 10:30 Desert Cities Bridge 1:00 PM Mah Jongg 1:00 PM	5 Tai Chi 10:00 AM Lunch & Learn 12:00 Chapel & Zoom Desert Cities Bridge 1:00 PM	6 Erev Shabbat Oneg 5:00 Service 5:30 Sanctuary & live stream	7 Torah Study 8:45 AM Shabbat Morning Service 10:00 Chapel & Zoom			
Religious School 9:30 Brotherhood Nature Walk	9 Office Closed	Desert Cities Bridge 1:00 PM Torah in Translation 4:00 on Zoom	11 Chair Yoga 10:30 Desert Cities Bridge 1:00 PM Mah Jongg 1:00 PM	12 Tai Chi 10:00 AM Lunch & Learn 12:00 Chapel & Zoom Desert Cities Bridge 1:00 PM	13 Erev Shab- bat Oneg 5:00 Service 5:30 Sanctuary & live stream	Torah Study 8:45 AM Shabbat Morning Service 10:00 Chapel & Zoom			
15 No Religious School - MLK Day Ruth Gruber Movie with Fed- eration 9:30 AM	16 Office Closed	Desert Cities Bridge 1:00 PM Torah in Translation 4:00 on Zoom	18 Chair Yoga 10:30 Desert Cities Bridge 1:00 PM Mah Jongg 1:00 PM	Tai Chi 10:00 AM Lunch/Learn 12:00 Chapel & Zoom Desert Cities Bridge 1:00 PM Brotherhood Dinner/Movie 5:30 PM	20 Erev Shab- bat Oneg 5:00 Service 5:30 Sanctuary & live stream	21 Torah Study 8:45 AM Shabbat Morning Service 10:00 Chapel & Zoom			
22 Religious School 9:30	23 Office Closed	24 Desert Cities Bridge 1:00 PM Torah in Translation 4:00 on Zoom	25 Book Club 10:30 AM Desert Cities Bridge 1:00 PM Mah Jongg 1:00 PM	26 Tai Chi 10:00 AM Lunch & Learn 12:00 Chapel & Zoom Desert Cities Bridge 1:00 PM	27 WOS Luncheon 12:00 Erev Shabbat Oneg 5:00 Service 5:30 Sanctuary & live	28 Torah Study 8:45 AM Shabbat Morning Service 10:00 Chapel & Zoom			
29 Religious School 9:30 Federation Holo- caust Commemo- ration Day. UCR- PD 3:00 PM	30 Office Closed	Desert Cities Bridge 1:00 PM Torah in Translation 4:00 on Zoom							



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