

October Shofar

2023 5784





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From the Rabbi

Sukkot, the Jewish festival of the harvest, is underway. You may recognize a temporary structure on Sinai's front patio. That is a sukkah, built to commemorate the festival. For the week we are supposed to take our meals in the sukkah, socialize there, and in some places even sleep in the sukkah.

To our sages, Sukkot, the festival, became Z'man Simchataneu, the time of our rejoicing. After observing Rosh Hashanah and Yom Kippur we turn to our good fortune that the earth has once again provided its harvest. It's an exceptional festival.



Rabbi David Novak

In fact, Sukkot has always been my favorite of the Jewish festivals. There is nothing better than sharing a meal with friends and celebrating our joy. There is a song taken from Deuteronomy that says *on your festivals you should have great happiness*. My hope for all of us is that over the week of Sukkot you stop by and spend a moment or two in the sukkah, maybe bring your lunch or coffee and sit in the sukkah. Even in the desert it is a tremendous opportunity to acknowledge the role modern agriculture plays in our lives and the people who work to plant, grow, harvest, pack and ship the produce to where we are able to purchase it and consume it.



Dear Congregants,

Thank you for the kind gifts you gave me after the recent high holy days. They are appreciated.

Know that I appreciate you and look forward to our coming together again soon.

Rabbi David Novak

From the President

I hope you were with us the past couple of weeks as we joyfully celebrated the High Holy Days. Thanks to Rabbi David Novak and Cantorial Soloist Wayne Abravanel for the wonderful services. Thanks to Toni, Elaine, Adrian, and Ben for all their hard work in preparing for the services. Thanks to all the congregants who participated in the services. Thanks to the ushers and the volunteers, we couldn't do it without you!

We still have Succot and Simchat Torah to celebrate. Join us for conversation with Rabbi Novak in the Sukkah on Friday, October 6 at 10:00 am with coffee and cookies provided by Women of Sinai. And then join us again on Sunday morning, October 8, at 11:00 am when the children in our religious school will participate in re-rolling the Torah while celebrating Simchat Torah.



President Nancy Singer

We are so happy to welcome at least 19 students into our religious school this year. They are a joy to behold and are so interested in learning about our traditions and customs. We remain open to more students if you know of any families who are considering enrolling their children. Remember that our religious school is open to children of non-affiliated families as well as to congregants.

We are also so happy to welcome 21 (so far) new and returning congregants to our temple. We hope to see all of you often and to get to know you. Come to services, come to classes, come to Women of Sinai and Brotherhood activities. Watch for an announcement of an upcoming Shabbat dinner.

Don't forget our trip to Israel in May 2024. There is still room for YOU to join us!

The new year of 5784 is off to a great start.

See you at the shul.

Nancy

Calling all Artists and Crafters

Women of Sinai will host a Chanukah Bazaar at its Friday, November 17 luncheon. All are invited to participate, with 10% of each artist's sales going to Women of Sinai. Email Sandie Eichberg at *SGEichberg@msn.com* to tell her you are interested, and what sort of art or craft you will display.

More details to follow.



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Talia Lizemer, Educator

From the Educator

Shalom Temple Sinai Congregants, Families, and Students,

On Sunday, September 10, we celebrated our first day of religious school, opening the 5784 Jewish year with a welcoming coffee and bagels breakfast, sponsored by The Women of Sinai. Our parents, students, and families enjoyed this wonderful opportunity while conversing and schmoozing with each other.

We left our parents and families and convened in the chapel. We began by introducing ourselves and creating new friendships. This was followed by performing our *tefilot* (prayers). Rabbi Novak surprised the students with blowing the shofar,

explaining about its origins, and allowing every child to touch it.

Since the High Holy Days were approaching, we engaged our students with creating dual language (English & Hebrew) greeting cards. We discussed symbolic holiday foods, such as pomegranate which represents abundance, and is said to have 613 seeds, symbolizing the 613 mitzvot (commandments) in the Torah.

We indulged with apples and honey, wishing everyone a sweet *Rosh Ha'Shanah*. Then we transferred to a more serious concept, learning that the hardest word is "sorry." As human beings we are not perfect, sometimes making mistakes, sometimes hurting others. Learning to apologize and acknowledge that if we made a mistake we can start again and do better next time, is a very powerful realization. It is the essence of *Yom Kippur*, the holiest holiday of the Jewish year.

We are excited to continue our lessons in the month of October, enjoying learning and celebrating the Jewish holidays of Sukkot and Simchat-Torah.

Warmly, Talia Lizemer-Hawley Congregational Educator

On Sunday, October 8 at 11:00 AM, The religious school invites the community to join them in cele-

brating **Simchat Torah**, rolling the Torah scrolls back to the beginning, and re-dressing them from their white High Holy Day covers.





Have You Purchased a Brick for the Brotherhood Chapel Garden Project?



Leave a legacy for the future through the purchase of bricks inscribed with personalized messages to honor or memorialize an event or person.



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GENERAL FUND

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Rhona Bader, in memory of Mark Bader
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Rosanne & Stephen Ezer, in honor of Steve's recovery

Doreen Fishbein in honor of JJ Group of Temple Sinai

Jane Hanna, in memory of her parents, Nanette & Jim Effner

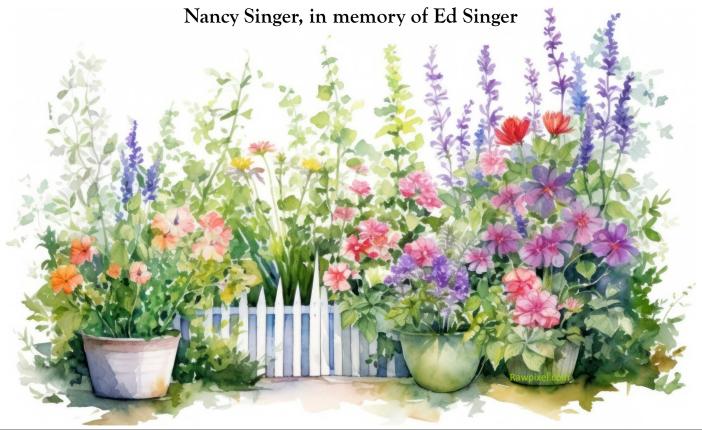
Lynn Hannan, in memory of Mark Hannan

Ilene Harris, Edward, Marisa, Dave & Jack, in honor of Richard finishing

his proton therapy

Estelle Lieb, in memory of Rabbi David S. Lieb Ann & Glynne Miller

Mitzie & Jack Olshansky, in honor of their great-grandchildren Andra Ready, in memory of Bill Ready



Women of Sinai October Activities

Coffee & Cookies in the Sukkah: Friday, October 6 at 10:00 AM Rabbi Novak will give a short talk about the holiday of Sukkot. This is a free event open to the community.



Book Club: Wednesday, October 18, under the enthusiastic leadership of Sharyn McKee.

See page 10 for details.





Mah Jongg: Meets every Wednesday at 1:00 in the chapel. All levels of experience welcome.



Chair Yoga: Meets Wednesday mornings at 10:30 in the chapel under the leadership of a professional chair yoga teacher.

Brotherhood October Activities



Brunch and Open House: Sunday, October 15 at 10:00 AM in the social hall. Help plan activities for the season. Spouses and future Brotherhood members welcome. Rumor has it that there will be pie!

BBQ Dinner & A Movie: Thursday, October 19 at 5:30 in the social hall.

Freshly grilled burgers (or veggie burgers), potato salad & fruit. Movie is the 1979 comedy **The Frisco Kid**. \$20 per person — please call the temple office (760-568-9699) to reserve your spot. All are welcome.





First Nature Walk of the Season: Sunday, October 29 at 10:00 AM. Coachella Valley Preserve, Thousand Palms Oasis Trail. Led by Dr. James Danoff-Burg, Director of Conservation at The Living Desert. Keep an eye on your e-Shofar for more details.



Tai Chi Instructor Diane Wohl

I am excited about returning to Temple Sinai to teach a six week Tai Chi course beginning Thursday, October 5, and continuing through November 9 at 10:00 AM. I will accommodate both new and returning students as we learn Segment One and Segment Two of the Yang Family 108 Form. I hope to share my love of this tradition and the many physical, mental and emotional health benefits.

I will focus this class on relaxing and strengthening the body, and

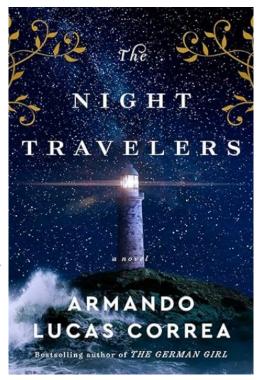
developing the mind's ability to focus and slow down. As we learn the fluid, gentle movements of the form we will enjoy practicing what we are learning together.



I hope to see you on October 5th. *Diane*

Women of Sinai Book Club meets again on Wednesday, October 18
The first book will be:
The Night Travelers
by Armando Lucas Correa.

Four generations of women deal with the decisions forced upon those who came before them.



Save the Date: Sunday morning, November 5, Temple Sinai marches in the Pride Parade in Palm Springs. More details coming.



October 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Sukkot 2 Religious School 9:30 Sukkot Celebration	2 Sukkot 3 Temple Office Closed	3 Sukkot 4	4 Sukkot 5 Chair Yoga 10:30 Mah Jongg 1:00	5 Sukkot 6 Tai Chi 10:00 AM	6 Sukkot 7 WOS Coffee/ Cookies in the Sukkah Erev Shabbat Oneg 5:00 Service 5:30 Sanctuary & Livestream	7 Shmini Atzeret Torah Study 8:45 Shabbat Morn- ing/Yizkor Ser- vice 10 AM Chapel & Zoom
8 Religious School 9:30 Simchat Torah Cele- bration 11:00 AM	9 Temple Office Closed Canadian Thanksgiving	Reading Torah in Translation 4:00 on Zoom	11 Chair Yoga 10:30 Mah Jongg 1:00	12 Tai Chi 10:00 AM	Erev Shabbat Oneg 5:00 Service 5:30 Sanctuary & Livestream	14 Torah Study 8:45 Shabbat Morn- ing Service 10 AM Chapel & Zoom
15 Religious School 9:30 Brotherhood Open House 10:00 AM	16 Temple Office Closed	Reading Torah in Translation 4:00 on Zoom	18 Chair Yoga 10:30 Mah Jongg 1:00	19 Tai Chi 10:00 AM Dinner & a Movie 5:30	Erev Shabbat Oneg 5:00 Service 5:30 Sanctuary & Livestream	21 Torah Study 8:45 Shabbat Morn- ing Service 10 AM Chapel & Zoom
22 Religious School 9:30	23 Temple Office Closed	24 Reading Torah in Translation 4:00 on Zoom	25 Chair Yoga 10:30 Mah Jongg 1:00	26 Tai Chi 10:00 AM	27 Erev Shabbat Oneg 5:00 Service 5:30 Sanctuary & Livestream	28 Torah Study 8:45 Shabbat Morn- ing Service 10 AM Chapel & Zoom
29 Religious School 9:30 Brotherhood Nature Walk 10:00 AM	30 Temple Office Closed	Reading Torah in Translation 4:00 on Zoom				



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