Creating Your Own Sacred Space

Here are some suggestions for creating sacred space for the upcoming High Holy Days and beyond at home. This is not a new exercise: the rabbis asked this same question after the destruction of the Second Temple. The absence of a localized place of worship led them to create “mikdash m’at,” a miniature sanctuary, a holy place. Jews would pray where they would find themselves.

As we come closer to entering 5781 our opportunity is to create a sacred space at home while we are in front of our computers for Temple Sinai’s services.

Here are a few suggestions to aid in creating a spiritual mindset and home refuge:

Choose your prayer space carefully in advance as you contemplate fewer distractions and maximum comfort. If it is your workspace, clean it off except for your computer. Beautify it with flowers and maybe a special tablecloth. Elevate your experience.

Once you have chosen your space bless it or offer a kavannah (intentional statement) to designate it as your mikdash m’at. Suggestions are below.

Decide if your desk chair works for you or you want something perhaps more comfortable. Perhaps you want to sit on a sofa with your loved ones.

Place meaningful objects to complement your space. On Rosh Hashanah objects like candlesticks and kiddish cup, apples and honey and photographs of family. On Yom Kippur include cherished mementoes, family heirlooms, and photos of loved ones, both living and those who have left this world.

Wear clothing that makes you feel as if you are entering a spiritual space. Kippah and tallit are welcome if they help you express a connection.

Limit or disconnect auditory distractions. Turn off your email and text message ping sounds, and/or close your email program and other apps so you can be fully present during the service. Withdraw from ordinary time.

We all appreciate the time and effort it takes to make your mikdash m’at a reality. May it add joy and deepen meaning to your home experience of these Yamim Noraim.

For the blessings, please see our website: www.templesinaipd.org
From the Rabbi

My Beloved Congregants,

In a few weeks we will greet the Jewish year 5781. This is a new experience for all of us. When the pandemic began in spring, none of us knew what Rosh Hashanah would look like. Now we know: holiness delivered to your home. I recognize how challenging this is for all of us as what we once took for granted has dissipated, replaced by our ongoing adaptation in all the ways that we live our lives.

What informed our adapting Rosh Hashanah and Yom Kippur at Temple Sinai? Thoughtful consideration means that we are bringing you the ikar, the essence, of the experiences that you would have had in our sanctuary. Our process involved thinking about all the ways we hope that you will be touched—the music, the words, the prayers—even though you will not be sitting with the congregation.

You will hear Avinu Malkeinu and Kol Nidre chanted. When you hear my (abbreviated) words. When you listen to the music from the piano or the voice of Cantor Linda Ecker, our high holy day cantor. When you see congregants and many of our students chanting from Torah and Haftarah. When you remember your beloveds at Yizkor. When the shofar is sounded. All of this is designed to give you an encompassing sense of the holy.

Our tradition requires us to take these steps to keep all of us in life. Being in life is one of the primary themes of the Yamim Noraim, the Days of Awe. Over and over again our liturgy emphasizes teshuvah and forgiveness from God, a God who will always take us back in love, in life.

I share with all of you the hope that as soon as it is safe we will all be together again in our sanctuary observing all of the Shabbatot, chagim (festivals), and rhythms of life that make up our Jewish year.

You are welcome to join in for all or parts of the Live-streaming. A schedule is on our website.

On behalf of my husband Yuval Sela and myself, L’shanah Tovah Tikateivu, may you be written for good in the new year for a life of health and contentment.
President’s Message

For the past 5 months we have all tried to cope with Covid-19 and the frustrations that result from isolation and not having access to what we thought was permanently normal.

Here at Temple Sinai we have fought to keep providing our community our religious services, religious school, Confirmation, b’nai mitzvah, adult education and access to Rabbi David Novak and our temple staff through email and phone.

What we are offering is what we always offer, but instead of in person in our beautiful building, it is virtual, whether live streaming or Zoom. What is interesting is that attendance at Friday evening Shabbat, Saturday Minyan and our religious school is actually better than it has been when in person.

A major focus pre-pandemic was building security. I want to congratulate Toni Robinson and Elaine McDonald, our temple staff members, who submitted a request for a grant to help harden our building. We were notified on August 21st that Temple Sinai will receive a grant of $63,049.00 from FY 2020 Nonprofit Security Grant Program. This will be used to improve safety of our facility, so when we can return it will be a safer campus than in the past.

I want to thank Rabbi Novak, Cantor Ecker, Arava Talve, Wayne Abravanel and our temple staff for creating such an outstanding virtual high holiday program using both live streaming and zoom. Joe Weiss, Temple Board member, made all of this work based on his prior career in film editing. I would love to be in the building and wishing everyone Shana Tovah, but we can’t safely gather yet. Let’s continue to make the best of a dangerous situation to maintain our community during these stressful times.

L’shalom

Bob Glast, President
# Temple Leadership

**Executive Committee**

- Bob Glast, President
- Sanford Friedman, 1st Vice President
- Michael Sonduck, 2nd Vice President
- Rosanne Ezer, Treasurer
- Ann Loeb, Corporate Secretary
- Jack Olshansky, Past President

**Trustees:**

- Ann Miller, Membership
- Micki Greenspan, Ambassador
- Fred Fabricant, Ritual Committee
- Terrie Turner, Chavurot
- Nancy Pierce, Social Action
- Gary Levin, Education Liaison
- Joe Weiss, House and Grounds

**Auxiliaries:**

- Nancy Singer, President, Women of Sinai
- Gary Kreger, President, Brotherhood
- Natalia Levy, President, PTO

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**President’s Circle**

Picce & Bob Glast  
Mitzie & Jack Olshansky

**Patron**

Leslie & Joel Hirschberg  
Jessica and James Greene

**Patron Mitzvah**

Ruth & Morris Beschloss  
Marion Cowle  
Sharon & Rod Hill  
Ann & Glynne Miller  
Ruth & Jerry Newman  
Nancy & Arthur Shorr  
Marcia & Rick Stein

**Single Patron**

Janet Ball  
Sandie Eichberg  
Fred Fabricant  
Sally Frank  
Shirley Greenwall  
Gladys Layne  
Reesa Manning  
Alicia Rodriguez  
Nancy Singer
May your new year have as many blessings as a pomegranate has seeds

Dr. Paul & Stephanie Ross

On Rosh Hashanah wishing you peace, happiness, good luck, God’s blessing and success.

Mitzie & Jack Olshansky

May this New Year be filled with health and happiness, and sweet moments for you and your family. L’shanah tovah!

Diane & Arnie Simon
**Torah Portions  September 2020**

September 5—16 Elul  
**Ki Tavo (When You Enter In)**  
Deuteronomy 26:1 - 29:8  
Moses instructs the Israelites regarding the first fruit offering. Moses then lists the blessings the people will enjoy if they keep the commandments, and the punishments they will suffer for disobeying them.

September 12—23 Elul  
**Nitzavim (You Are Standing)**  
Deuteronomy 29:9 - 30:20  
Moses describes the Covenant between God and the Israelites, urging the Israelites to uphold the Covenant and honor the Torah so that they may be rewarded with life in the Land of Israel.

September 19—1 Tishrei  
**Rosh Hashanah**  
God gives Abraham and Sarah a son, whom they name Isaac. Isaac is circumcised at eight days. Hagar and Ishmael are banished from Abraham’s home and wander in the desert. God saves them by showing Hagar a well. Abraham makes a treaty with Avimelech.

September 26—8 Tishrei  
**Ha’azinu (Listen)**  
Deuteronomy 32:1 - 32:52  
Moses recites a song to the Children of Israel that serves as testimony of their covenant with God. God tells Moses to head up Mount Nebo to find his final resting place.

**FRIDAY NIGHT SERVICES**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>September 4</td>
<td>5:30 PM</td>
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<tr>
<td>September 11</td>
<td>5:30 PM</td>
</tr>
<tr>
<td>September 18</td>
<td>7:30 PM</td>
</tr>
<tr>
<td>(Erev Rosh Hashanah)</td>
<td></td>
</tr>
<tr>
<td>September 25</td>
<td>5:30 PM</td>
</tr>
</tbody>
</table>

To participate in Erev Shabbat services, Torah Study, and Shabbat Morning, please check your weekly E-Shofar for the Zoom link.

If you do not receive the E-Shofar, please send an email to Rabbi Novak (rabi@templesinaipd.org) to request a link.

If you are using a mobile device, you may have to go to your app store and download Zoom.

**SATURDAY MORNINGS**

Torah Study at 8:45 (No Torah Study on Rosh Hashanah)

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>September 5</td>
<td>10:00 AM</td>
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<tr>
<td>September 12</td>
<td>10:00 AM</td>
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<tr>
<td>September 19</td>
<td>9:30 AM</td>
</tr>
<tr>
<td>(Rosh Hashanah Morning)</td>
<td></td>
</tr>
<tr>
<td>September 26</td>
<td>10:00 AM</td>
</tr>
</tbody>
</table>

**Back By Popular Demand:**  
**The Kids’ Zone**  
See pages 21—24
From the Temple Manager

Where does the time go? It is hard to believe that we are almost at our most celebrated and sacred of times. Each year I ponder what can I say that will resonate with people? This year I have decided to let the resonating rest with our new rabbi and focus on all the many ways that this High Holy Day season will be different, memorable and groundbreaking. You already know that services will be live streamed rather than conducted in our sanctuary. Keeping us all safe and healthy is now and always has been our “prime directive”. The Rabbi and Cantor have been working all summer to create an experience that none of us will soon forget, and we are all so very grateful that you have chosen to join with us as we begin a new year in a new way.

One of the things that you will notice is that the Rabbi and the Board of Trustees have arranged to have apples and honey delivered to your door if you are still in the desert. If you are not here, then we will have to let our virtual good wishes suffice until we can gather once again. It would be a great help to us if you could volunteer to help with the deliveries in one of two ways. If you live in a gated community and are willing to come by the temple during the week before Rosh Hashanah, and pick up packages for temple members that live within your gates, and arrange to provide touchless delivery to those folks that would be wonderful. For those that do not live behind gates, we have developed sensible routes for those deliveries. Let me know via email if you are willing to help at trobinson@templesinaipd.org.

This year the memorial book will be mailed to contributors. There will be photocopied books available for those that have not contributed memorials to the book. Just let us know if you want one.

When you are “watching” services you will see that we have installed 2 podia instead of the one we usually have. This will allow the rabbi and the cantor to be on the bimah at the same time while they maintain social distance. Wayne will also be facing the camera instead of the Bimah. The Shofar blower will be in front of the Bimah facing the back wall to avoid risking contaminating anyone else. There will be two sets of flowers. One in front of each podium. Rabbi Novak has distributed some helpful hints to assist you in creating a special worship space in your home. There have been times in the past when Jews could not worship together for various reasons. “And still we persist.” I am looking forward to this year’s observance with much anticipation. I know that it will be a time that I will not forget.

In my never ending quest to identify the blessings that reside in my life, I noted the other day that this pandemic, for all the chaos and loss that it has visited upon us, has created circumstances for us to develop new relationships with people we might not have met in our lives prior to COVID-19. I also found that I spend more time speaking with people on the phone and learning about their individual stories. I am incredibly grateful for each one of you that has chosen to stand with us at Sinai (to quote our new rabbi) as we continue to bring meaningful Jewish experiences to one another and to redefine how we practice this in our own homes.

L’Shana Tova

Toni
Sponsoring the flowers for the Bimah on the High Holy Days is a wonderful way to honor a loved one or a special occasion. Minimum Suggested Donation is $36.00

Choose a listing below:

In Memory of _______________________________________________________________

In Honor of ________________________________________________________________

A Donation Given by ___________________________________________________________

Credit Card# ____________________________ Amount $ __________________________

Expiration Date _________________ Code ____________________ Check #___________

Billing Address ______________________________________________________________

Please return this form by September 10, 2020

If you don’t wish to mail this form, and have a printer that scans, you have the option to print this form and email it to trobinson@templesinaipd.org

At the New Year, a wish that the year ahead will be filled with peace, happiness, and good health.

Terrie Turner & Lee Newman

On Rosh Hashanah wishing you peace, happiness, good luck, God’s blessing and success.

Judy Weissman & Toni Robinson
From the Principal/Melamedet

In mid-August I met with our Religious school teachers to put packets together for our students. Preparing for distance learning for the first part of the school year took a lot of summer planning to create meaningful and fun ways to teach our core curriculum.

While our hours have not changed, how we use the time has. Since we are a supplemental school, we need to be mindful of all the other demands on our children in their secular schools. Preventing “zoom burn-out” is on all of our minds as we try to find a balance with the students.

I am looking forward to seeing all of our students and parents for our first school T’fillah on September 13th at 9:30 AM on Zoom. The Madrichim will be helping to lead until our Kitah Zayin class is ready to take on the leadership role. We will also be learning some Jewish folk songs and some new tunes for our liturgy. Rabbi Novak will be sharing a teaching each week and also visiting classrooms to get to know the students better and to give curriculum-based lessons.

I am in awe of our families who are finding their way through this pandemic. Keeping the things we are able to the same while modifying what we are not able to teaches our children about flexibility. It teaches them about persistence, patience and what it means to work together to create a safe environment for learning.

We all look forward to the time we will be back at Sinai. With the Holy days approaching we continue the work of Cheshbon hanefesh (a spiritual accounting) to reflect on the choices we made in the past and to work on ways we can do and be better in the coming year. Our teachers will be working with the students on this concept and other activities that help us enter the new year with purpose.

For example, as the rabbis teach: If you apologize to someone three times from your heart, and they still don’t forgive you, you’ve fulfilled your obligation. We also remind the wronged person that forgiving is important for beginning the year with a clean slate.

I want to wish all our Sinai families a very happy and, especially, a healthy new year. May this challenging year of 5781 be filled with possibilities and goodness for all and, eventually, a return to our in-person community.

Arava
From Women of Sinai

Of course, we know times are tough. Of course, we know that the needs of the Temple are great. Of course, we in Women of Sinai deeply appreciate the donations of 32 temple members who have sent in dues payments to us...... remembering that our goal is to support the temple’s Avi Levine Religious School. And of course, we welcome the 12 temple member who are 90+ years young and are thus “complimentary” members of WOS.

BUT, we really hope that many more temple members will join us as we work together to build the religious school and the temple.

As a member, you are invited to join us for a special Zoom meeting on Wednesday, September 9 at 11:00 AM, for a discussion with Rabbi Novak on “How We’re Planting and Building Temple Sinai Together”. Please RSVP to our Programs Chair Sandie Eichberg at sgeichberh@msn.com or (760) 636-1656 so we can send you the Zoom link the day before the event. This get-together is our first event of the 2020-2021 year and we hope to have a large turnout. There is no charge (but your donations are always welcome).

Please don’t hesitate to call me at (760) 345-7647 for any information about Women of Sinai.

I and the WOS Board send our best wishes for a L’Shana Tova for all.

Temple Sinai uses “Mishkan Hanefesh” Machzor for the High Holy Days. We will do our best to project the relevant pages to your screen during the services.

Should you wish to have a copy to hold on to and read from, there are few ways to obtain a copy of the Machzor:

Temple Sinai members may check out a temple copy for the duration of the High Holy Days.

New copies and E-Book versions are available for purchase through the publisher: CCARpress.org.

Non-members can purchase a used copy from Temple Sinai. 760-567-9699
Our congregation traditionally publishes a Memorial Book in which members honor the memory of their departed loved ones. Our book, which also includes Yizkor prayers, provides two kinds of memorials: a quarter-page to a full-page of “Pages of Remembrance” OR simple listings of names in remembrance.

Memorial books will be mailed to contributors before Yom Kippur day.

(Please return this form by September 15)

<table>
<thead>
<tr>
<th>Pages of Remembrance</th>
<th>Please print my list in the following format:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Please print my special “Page of Remembrance” as follows:</td>
<td>(See samples below)</td>
</tr>
<tr>
<td>___________________________</td>
<td>Full Page ($150, limit 12 names)</td>
</tr>
<tr>
<td>___________________________</td>
<td>Half Page ($100, limit 6 names)</td>
</tr>
<tr>
<td>___________________________</td>
<td>Quarter Page ($75, limit 4 names)</td>
</tr>
<tr>
<td>Or circle one of the suggested:</td>
<td>Listing *$25 per name</td>
</tr>
<tr>
<td>In Loving Remembrance</td>
<td>*Suggested minimum contribution per name</td>
</tr>
<tr>
<td>In Remembrance of</td>
<td></td>
</tr>
</tbody>
</table>

Sample Half Page:

<table>
<thead>
<tr>
<th>In Remembrance of:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name 1</td>
</tr>
<tr>
<td>Name 3</td>
</tr>
<tr>
<td>Name 5</td>
</tr>
</tbody>
</table>

Sample Quarter Page:

<table>
<thead>
<tr>
<th>In Loving Memory:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name 1</td>
</tr>
<tr>
<td>Name 2</td>
</tr>
</tbody>
</table>

Sample Full Page:

<table>
<thead>
<tr>
<th>In Loving Remembrance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name 1</td>
</tr>
<tr>
<td>Name 2</td>
</tr>
<tr>
<td>Name 3</td>
</tr>
<tr>
<td>Name 4</td>
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<tr>
<td>Name 5</td>
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<td>Name 6</td>
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</table>

Names you wish listed in the Memorial Book:

| ___________________________ |
| ___________________________ |
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| ___________________________ |

Name _______________________________________________________________  
Billing Address________________________________________________________  
Credit Card Number____________________________________________________  
Expiration Date ___________ Code ___________ Check # ___________________  
Name on Card if Different _______________________________________________  
Amount: $______________
GENEROUS DONATIONS

GENERAL FUND

YAHRZEIT

Max Moses
By: Jerry Moses
Sadye Span
By: Janet Ball
Philip & Fanny Siegel
Joseph & Sarah Cooperman
Marilyn Behar
By: Ethel Cooperman

TZEDAKAH
Sherman’s Deli
Lisa & Brian Gottlieb

IN HONOR OF

Bob Glast
By: Ron Borden

IN MEMORY OF

Stanley Epstein
By: Rosalie Ulrich
Jackie Elgart
By: Stephanie & Paul Ross
Stan Epstein
By: Jack & Mitzie Olshansky

RABBI AVI LEVINE RELIGIOUS SCHOOL

YAHRZEIT

Edie Wasserman
Ronald Singer
Nathaniel Singer
By: Nancy Singer

IN HONOR OF

Best wishes to Alex Cassuto
By: Fred Fabricant
The speedy recovery of Sandie Eichberg
By: Nancy Singer

The bar mitzvah of Gary Levin
By: Sandy Schachter
Heather & Tim Coyle

IN MEMORY OF

Stanley Epstein
By: Nancy Pierce

MITZVAH FOOD BANK

YAHRZEIT

Bertha Shkolnick
By: Renee & Ron Partelow
Harvey Magged
By: Rena Magged

IN MEMORY OF

Dr. Sheldon Shore
By: Rena Magged

RABBI’S DISCRETIONARY FUND

YAHRZEIT

Rhoda Epstein
By: Michelle Hoffman
Hyman Weinstein
By: Lee & Harold Weinstein
Etta Kramer
Gordon Kramer

At the New Year, a wish that the year ahead will be filled with peace, happiness, and good health.

Micki Greenspan
The Temple Sinai Board of Trustees

Gladys Layne, Ronda Spinak, and Dan Spinak

May your new year have as many blessings as a pomegranate has seeds

The Book Club is Back
(Virtually, of course)
by Zoom, beginning Wednesday, September 16
10:30 AM
The first book will be:
The Huntress
By: Kate Quinn
Check our website
www.templesinaipd.org
Or your weekly E-Shofar for the Zoom link

C’mon in, the honey’s fine
Wishing you a sweet and relaxing new year

The Temple Sinai Board of Trustees
| 9/1  | Fran Lubens            |
| 9/3  | Linda Dyer            |
|      | Roy Leibowitz        |
|      | Carol Leibowitz      |
| 9/4  | Bea Eslamboly         |
|      | Gary Levin           |
| 9/5  | Elias Acosta Ross    |
| 9/7  | Rachel Sanford        |
|      | Eric Presser         |
| 9/8  | Sabrina Mazet         |
|      | Amy Lond             |
|      | Elaine Eldred        |
| 9/10 | Curt Hough           |
| 9/11 | Jack Allen           |
| 9/12 | Alissa Marshall      |
|      | Irving Sachs         |
| 9/13 | Judy Egendorf        |
| 9/16 | Lexi Berman          |
|      | Norma Jacobson       |
| 9/19 | Levi Stone           |
|      | Alex Horne           |
|      | Arthur Shorr         |
| 9/20 | Paul Stone           |
|      | Donald Vann          |
| 9/23 | Patricia Levy        |
| 9/24 | Jerry Hipps          |
| 9/25 | Marvin Anzel         |
| 9/27 | Diana McGinity       |
| 9/29 | Chloe Sontz          |
|      | Wendy Monaco         |

**Birthdays**

| 9/10 | Curt Hough         |
| 9/11 | Jack Allen         |
| 9/12 | Alissa Marshall    |
|      | Irving Sachs       |
| 9/13 | Judy Egendorf      |
| 9/16 | Lexi Berman        |
|      | Norma Jacobson     |
| 9/19 | Levi Stone         |
|      | Alex Horne         |
|      | Arthur Shorr       |
| 9/20 | Paul Stone         |
|      | Donald Vann        |
| 9/23 | Patricia Levy      |
| 9/24 | Jerry Hipps        |
| 9/25 | Marvin Anzel       |
| 9/27 | Diana McGinity     |
| 9/29 | Chloe Sontz        |
|      | Wendy Monaco       |

**Anniversaries**

| 9/1  | Nancy & Len Foster  |
| 9/3  | Debra & John Trudeau|
| 9/6  | Ruth & Jerry Newman |
| 9/7  | Elise & Richard Aries|
| 9/12 | Sanford Friedman & Jerry Hipps |

May this New Year be filled with health and happiness, and sweet moments for you and your family. L’shanah tovah!

**Alicia & Ruben Rodriguez**
Yuval Bakes!
Two Zoom Baking Lessons for Temple Sinai Congregants and Friends

Join Yuval Sela, the rabbi’s husband, for two sessions on baking for the High Holy Day table.

Thursday, September 3rd at 11:00 AM on Zoom, Yuval will be baking honey cake.
Thursday, September 10 at 11:00 AM on Zoom, no-knead High Holy Day challah.

Both classes are free to congregants, and $18 each for non-congregants.

Sign up by contacting Toni Robinson at trobinson@templesinaipd.org.

B’tayavon!
Apart in Body, Together in Heart
High Holy Days at Temple Sinai 5781

All live-streams are available on the Temple Sinai homepage: www.templesinaipd.org. Click on the television icon.

Dates and Times

Rosh Hashanah
FRIDAY, SEPTEMBER 18, 7:30 PM
EREV ROSh HASHANAH ~ Live-stream from synagogue sanctuary
SATURDAY, SEPTEMBER 19,
9:30 AM ROSh HASHANAH MORNING ~ Live-Stream from synagogue sanctuary
11:30 AM ROSh HASHANAH TORAH SERVICE ~ Live-Stream

Yom Kippur
SUNDAY, SEPTEMBER 27, 7:30 PM
KOL NIDRE ~ Live-stream from synagogue sanctuary
MONDAY, SEPTEMBER 28
9:30 AM YOM KIPPUR MORNING ~ Live-stream from synagogue sanctuary
3:00 PM HEALING SERVICE ~ Live on ZOOM
4:00 PM YIZKOR ~ Live-stream from synagogue sanctuary
5:00 PM AFTERNOON SERVICE ~ Live-stream
6:00 PM NEILAH ~ Live-stream
May this New Year be filled with health and happiness, and sweet moments for you and your family. L’shanah tovah!

Picce & Bob Glast

At the New Year, a wish that the year ahead will be filled with peace, happiness, and good health.

On Rosh Hashanah wishing you peace, happiness, good luck, God’s blessing and success.

Elaine Kravitz

Nancy Singer
FREQUENTLY ASKED QUESTIONS ABOUT THIS YEARS’ HIGH HOLY DAY SERVICES

Why is Temple Sinai doing services this way?

Our building is closed because of the COVID crisis. We are unable to be in our building until this crisis passes, and we are once again able to gather safely.

Why aren’t we in our building?

Because synagogues (like churches) may be vectors of spreading COVID 19, especially from asymptomatic individuals who may be infected without knowing it for up to ten days before beginning to feel poorly.

Who decided this?

This decision to keep houses of worship closed was made by the Governor of California and is supported by the board of our congregation and the rabbi.

What is the danger given how large our sanctuary is?

With all that we do on Rosh Hashanah and Yom Kippur, it is less about the size of our sanctuary and more about the ability for the virus to spread among us by being in one indoor place.

Can’t we socially distance in our building?

Our building has ample space. That is not the issue. The issue is once a congregant enters the building and is given a seat what happens if the person needs to use the restroom, go out to the lobby, or greets someone? We have to stay on the side of caution.

What time will HHD services be and how long will they last?

This information is available on our homepage: www.templesinaipd.org. Services are being broadcast in smaller chunks to compensate for the amount of time that we think people will want to sit in front of a screen.

How do members’ families participate in the services?

Congregants’ families are welcome to participate in our High Holy Day worship by going to our website www.templesinaipd.org and clicking on the television icon when services are being Live-streamed.

In the past, we could buy additional tickets for our family members.

Because of the exceptional circumstances this year, we are welcoming everyone to worship with us. Families are encouraged to continue to contribute financially to Temple Sinai to ensure that we will sustain our holy community.

Will there be a children’s service?

Not this year although many of our students will be chanting Haftarah.

I don’t understand the technology Sinai is using. Can someone help?

For what we are doing for the High Holy Days all you need to do is navigate your web browser to www.templesinaipd.org and click on the television icon. Technical support for our Zoom services is also available.
What prayerbook are we using?

This year we will use the Visual T'filah version of Mishkan ha Nefesh, the high holy day machzor of the Reform Movement. Each part of the service will be simultaneously broadcast on your screen so there is no need to have the physical book during the services.

Will everything be Live-streamed?

Erev Rosh Hashanah, Rosh Hashanah Morning, Kol Nidre, Yom Kippur Morning, Yizkor, and Neilah will all be Live-streamed from our sanctuary.

Will anything be prerecorded?

The Torah and Haftarah readings for Rosh Hashanah morning, Yom Kippur morning and Yom Kippur afternoon. Also Mourners’ Kaddish on Rosh Hashanah morning.

Why is this being prerecorded?

Reading Torah is a highly participatory activity. Because of the way that the virus spreads, we are asking each reader to record their reading and editing them together into a Torah service.

Who chose what we will be doing during our worship?

The rabbi and cantor did this together after listening to many voices from the congregation and counsel from the Central Conference of American Rabbis and the American Conference of Cantors.

Will I hear the music that I love?

Yes. You will hear Kol Nidre, Avinu Malkeinu and other music that you are familiar with.

Will you sound the shofar?

Yes.

Who will be doing music?

Cantor Linda Ecker, accompanied by Wayne Abravenel on piano.

What about the choir?

We are unable to have the choir this year as choir singing has also been seen as a source of viral spread.

Will we have a Selichot service on Saturday evening, September 12?

Yes, on Zoom.

Will temple build a sukkah?

Not this year, however our Melamedet Arava Talve is doing an innovative program with the students in our Ari Levine Religious School.
Join Temple Sinai Board Member and Hebrew Tutor Extraordinaire Gary Levin as He Celebrates His Second, More Meaningful Bar Mitzvah!

Saturday, September 12
10:00 AM
On Zoom

A day of joy, a time of hope, a year of happiness. Wishing you peace at Rosh Hashanah and always.

Carole & Robert Adelstein

May your new year have as many blessings as a pomegranate has seeds

Eve & Gordon Kramer
HELP THE BUZZY BEE

Help! The bee needs to get to the Rosh Hashanah table!
Which path will get him there?
Rosh Hashanah crossword

Across
1 Hebrew word for commandment
5 What we dip slices of apples and challah into
6 When we throw bread crumbs into the water
11 Head of the Year (in Hebrew)
12 Davash (in English)
13 What we send to friends and family on Rosh Hashanah
14 Rosh Hashanah is the Jewish _____ (no spaces)
15 Eseret Y’mei T’shuvah: The _____ days of repentance
17 What we say to each other on Rosh Hashanah
18 Tapooah (in English)
19 _____ steps to repentance

Down
2 Our Jewish year begins on the first day of the Hebrew month of
3 Rimon (in English)
4 T’shuvah (in English)
7 There are 613 _____
8 Isaac’s father
9 Tekiah, Teruah, Sevarim, Tekiah Gedolah are sounds you make on the
10 During Rosh Hashanah, the challah is
16 What was sacrificed in place of Isaac?
17 The _____ is like an alarm/wake up call.

Answers on page 27
Rosh Hashanah

Toach
Shana Tovah
Rosh Hashanah

Words appear forward, backward, vertically, bottom-up, and diagonally

Answers on page 28

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Update on the Adult Education Program, by Gary Levin

We are formulating a highly informative and meaningful Adult Education Program. Classes will begin on ZOOM and will eventually go to in person or perhaps a hybrid of the two!

To date, this is where we stand:

- We are putting together a schedule for 2020-2021 and an anticipated one for 2021-2022.
- Classes are both Judaica based and secular. We will continually be adding to our program.
- Temple Sinai is looking to “pair” with another Temple so that members can take classes from both Synagogues for no charge!

As soon as we finalize all the details, we will send out a brochure to all congregants. If you have any ideas for classes, please contact Gary Levin at Levin232@gmail.com.

For right now, please visit the following sites for really informative classes. While they are free of charge, a donation is always acceptable:

**Mini Adult Education Classes hosted by Rabbi Novak and Cantor Linda Ecker**
- Ascend to Rosh Hashanah during the month of Elul
- Please see the August Shofar for Additional information!

**Los Angeles Museum of the Holocaust**
- Lamoth.org
- A variety of virtual tours as well as informative topic sessions

**Yad Vashem**
- Yadvashem.org
- A variety of featured videos about the Holocaust

**American Jewish University**
- Aju.edu
- A variety of classes on many different topics

**Jewish Live**
- Jewishlive.org
- Full gamut of digital Jewish Experiences

**Jew It At Home**
- Jewitathome.com
- The site provides high quality Jewish content, live, recorded and static to the Jewish world

**Anti-Defamation League**
- Adl.org
- Webinars with ADL Experts
A day of joy, a time of hope, a year of happiness.
Wishing you peace at Rosh Hashanah and always.

Michael A. and Susan P. Miller

At the New Year, a wish that the year ahead will be filled with peace, happiness, and good health.

Bobby & Mike Sacks

May your new year have as many blessings as a pomegranate has seeds

Ann & Glynne Miller
# September 2020

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A day of joy, a time of hope, a year of happiness. Wishing you peace at Rosh Hashanah and always.

The Temple Sinai Brotherhood
Call us for your next life celebration

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