



SHOFAR

July 2020

Tammuz-Av 5780

Torah Portions July 2020

July 4—12 Tammuz

Balak (Balak)

Numbers 22:2 - 25:9

Balak, the king of Moab, asks Balaam to curse the Israelites after he sees them defeat various nations in battle. Balaam's donkey sees an angel of God and refuses to move any further. Balaam hits the donkey. God speaks through the mouth of the donkey to tell him not to curse the Israelites. Instead of cursing the Israelites, Balaam blesses them.

July 11—18 Tammuz

Pinchas (Phineas)

Numbers 25:10 - 30:1

God gives Phineas a covenant of peace. God explains the apportionment of the Land of Israel. The daughters of Zelophehad petition to inherit their father's portion. Moses appoints Joshua as his successor.

July 18—26 Tammuz

Matot (Tribes)

Masei (Journeys of)

Numbers 30:2 - 32:42 Numbers 33:1 - 36:13

Moses describes the laws of oaths. The Israelites battle the Midianites. The tribes of Reuben and Gad request to dwell outside of the Land of Israel.

The tribes of Reuben and Gad promise to help out the other tribes while not living in the land of Israel. God tells Moses exactly where each tribe will live. God clarifies the laws of murder. The daughters of Zelophehad receive their inheritance.

July 25—4 Av

D'varim (Words)

Deuteronomy 1:1 - 3:22

Moses recounts the Israelites' episodes from their 40 years in the wilderness. Moses encourages the Israelites in their upcoming conquest of the land of Canaan.

Erev Shabbat services are being streamed weekly from the sanctuary. To observe the services, go to www.temple sinaipd.org, scroll down and click on the TV icon.

FRIDAY NIGHT SERVICES

July 3 5:30 PM

July 10 5:30 PM

July 17 5:30 PM

July 24 5:30 PM

July 31 5:30 PM

To participate in Shabbat morning services send an email to Arava Talve at principal@temple sinaipd.org to request an invitation to participate. If you are using a mobile device, you may have to go to your app store and download *Zoom*. You will be sent an invitation on Saturday morning to participate in the morning service —just click on the link.

SATURDAY MORNINGS

Services begin at 10:00 AM

July 4

July 11

July 18

July 25

Temple Leadership

Executive Committee

Bob Glast	President
Sanford Friedman	1st Vice President
Michael Sonduck	2nd Vice President
Rosanne Ezer	Treasurer
Ann Loeb	Corporate Secretary
Jack Olshansky	Past President

Trustees:

Ann Miller	Membership
Micki Greenspan	Ambassador
Fred Fabricant	Ritual Committee
Terrie Turner	Chavurot
Nancy Pierce	Social Action
Gary Levin	Education Liaison
Joe Weiss	At Large

Auxiliaries:

Nancy Singer	President, Women of Sinai
Gary Kreger	President, Brotherhood
Natalia Levy	President, PTO

President's Circle

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Vernon Kozlen z"l
Mitzie & Jack Olshansky

Patron

Leslie & Joel Hirschberg
Jessica and James Greene

Patron Mitzvah

Ruth & Morris Beschloss
Marion Cowle
Sharon & Rod Hill
Ann & Glynne Miller
Ruth & Jerry Newman
Nancy & Arthur Shorr
Marcia & Rick Stein

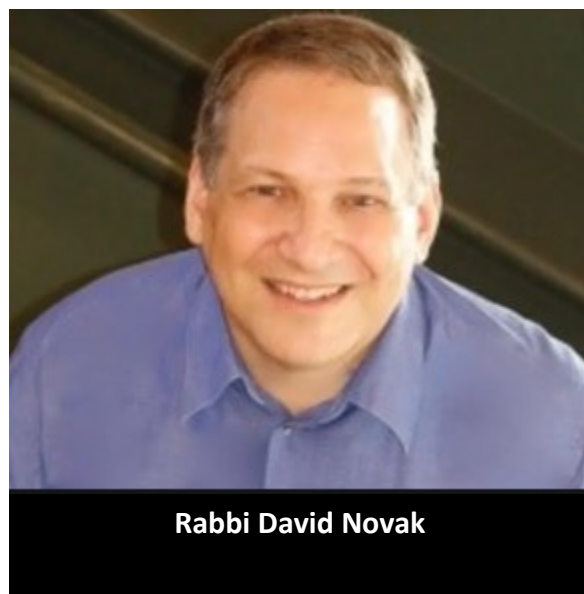
Single Patron

Diana Acosta
Janet Ball
Sandie Eichberg
Fred Fabricant
Sally Frank
Shirley Greenwall
Gladys Layne
Reesa Manning
Alicia Rodriguez
Nancy Singer

From Rabbi Novak

To the Sinai Community,

I am beyond thrilled to become your rabbi! We will truly be standing again at Sinai (the famous line from Torah that we were all present at Sinai and now I will literally be at this version of Sinai!). As I write this my husband Yuval and I are up to our ears in boxes as we prepare to move west to our new home in Sun City. We are looking forward to being there and beginning the next chapter in our lives with you.



You should know that I have already been turning my attention to the Sinai community. With respect to the High Holy Days for 5781, Cantor Linda Ecker and I are already discussing our approach to ensure that what Temple Sinai does is redolent with meaning whether we are in our sanctuary or elsewhere. Melamedet Arava Talve and I have had long conversations about the religious school and Shabbat morning worship. Sandy Schachter and Wayne Abravanel briefed me on Friday night. I even dropped in on the Zoom confirmation class! We will be off to a great start.

Still, the COVID-19 pandemic has turned all of our lives upside down and it's going to make my transition more challenging in certain ways. Neither I, nor my many colleagues starting new jobs on July 1st, have ever navigated this kind of major career change during a pandemic.

It is important for you to know how seriously I take this ongoing health emergency. For a Jewish institution like Temple Sinai, this is an opportunity to continue the practice *pikuach nefesh*, the preservation of life. This obligation overrides almost all ritual requirements. This is the first time in my life that I have an opportunity to practice this obligation in earnest, even though it feels unending. As of this writing, I do not yet know when we will all be able to safely gather in our building. Please know that I am already monitoring all information and in conversations with Temple leadership. We all want everyone to stay healthy. You will hear more from us in the days and weeks to come.

One upside of our time personally apart is that we have an opportunity to think about creating meaning no matter where we are. The use of technologies by Sinai and others throughout the Jewish world will be transformative. Even with the technology it remains paramount that there is a feeling of a community and meaning.

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I also want to acknowledge the intentionality of the Transition Committee convened by Sinai President Bob Glast and chaired by Michael Sonduck. Working together, we are exploring the best ways for you to get to know me and for me to get to know you. There is much planning underway and conversations continue, all leading to what I am sure will be our successful relationship!

When it becomes safe, I look forward to welcoming you when you are in the Temple building or having coffee with you. For now, I invite you to reach out to me as I will be reaching out to you.

Yuval and I are delighted to be moving to the desert. We hope that our new home will be a source of blessing for us, and like the streams of water in Psalm 126 that irrigate the Negev desert, together, we will make the Sinai community and the greater Jewish community bloom.

L'atid b'osher—to the future with happiness!

Rabbi David Novak

PS People often ask what to call me. I offer three choices: Rabbi, Rabbi David, and Rabbi Novak.



We welcome Rabbi Novak

Steve & Rosanne Ezer



Rabbi Novak, welcome to our Temple Sinai family
Sandy Schachter & Mark Kenefsky

President's Message

July, 2020

While the world has been in quarantine, Temple Sinai's staff and volunteers have stepped up to connect our members to our Temple and the services they need.

We've hosted virtual erev Shabbat and Shabbat morning services, made sure there was a Torah talk every week, had almost perfect attendance via Zoom at our Avi Levine Religious School. We emailed the weekly Shofar and published the monthly Shofar on our website, and we hired a new Rabbi.



Bob Glast, President

We could not have reached the next stage in Temple Sinai's future without the dedication of our volunteers and staff. We will recognize all of them publicly.

Rabbi David Novak starts as our Rabbi on July 1, and will lead his first service on July 3, at 5:30 PM via live stream accompanied by Wayne Abravanel. Rabbi Novak is ready to be the spiritual leader, teacher, counselor and guide for all of us at Temple Sinai. When he calls to get acquainted, please take his call. He wants to know each of us, our congregation and community so he can serve our needs.

Our 2020-2021 Board of Trustees are committed to helping Rabbi Novak and our staff meet the needs of our Temple this year and for the future.

When you receive your dues commitment request please respond as generously as you can so that we can continue to be the leading center of Jewish life in the Desert.

L'shalom

Bob Glast, President



Temple Manager Toni Robinson

From the Temple Manager

In a few weeks it will be 55 years since I sat in my back yard and watched Watts burn in the distance. That incident began because a woman (Marquette Frye) was pulled over by police for reckless driving. An argument broke out and soon escalated into five days of destruction. Now, here we are again but on a much larger scale. All the shootings, protests, marches, and riots that have taken place during the last 55 years seemingly have not taught us that mutual respect is required for shared peace. It is my belief that the core of racially motivated mistreatment has its roots in fear. Additionally, I believe that the fear must be dealt with on a one to one basis. Legislation, while helpful, is not the answer. I do not know how to assuage fear of the different, that is for minds far greater than mine. If each of us makes a conscious effort to treat all that we meet with fairness and respect, it will go a long way to putting an end to this violence.

I listen to our young students as they talk about the world that they are growing up in and the plans they have for treating all people with respect and fairness. It gives me tremendous hope that they will find a way to reduce, if not end, this systemic unacceptable behavior that lives in our society. They come to Temple Sinai to learn Hebrew, what it means to be Jewish in today's world and the history of our people. It is here that they learn about ethics and moral behavior and why they are important. It is here that they will form the basis for their personal conduct as they grow into adults. Providing a place for this learning to take place is our moral imperative.

Temple Sinai is also the spiritual home for our adult members. The place they come for ongoing education, spiritual guidance and community. During these difficult days I have been grateful that we could remain available to our members and fulfill their needs even if it has been a virtual reality. The group of members that have been making phone calls to check in with the rest of the members have gotten rave reviews from those receiving the phone calls. My thanks to the "calling corps".

As you read this, I will have completed two years at Temple Sinai. Coming here was the best decision that I have made in a long time. As we welcome Rabbi Novak to our wonderful community, we have much to look forward to and much to be grateful for. I hope he feels the same way I do after his first two years.

NEW FEATURE: Congregant's Corner Each month we will feature a short article from one or two congregants that will tell about their lives before coming to the desert, why they chose Temple Sinai to be their spiritual home and Jewish community source and what they have found here that brings them gratification. If you are interested in participating in this program please contact me at trobenson@templesinaipd.org and we will get you on the schedule. We all like to read about our friends and their experiences so please consider sending me your story.

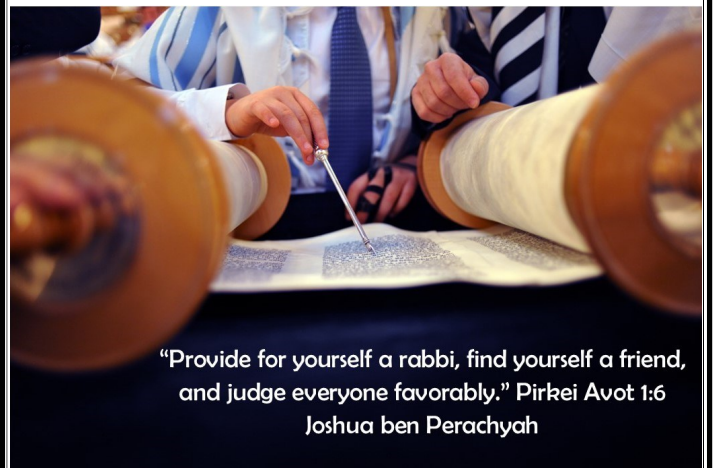


ברוכים הבאים

Welcome!

Pleasure to welcome you Rabbi. You have made a wonderful choice!

Linda & Howard Vogel



"Provide for yourself a rabbi, find yourself a friend,
and judge everyone favorably." Pirkei Avot 1:6
Joshua ben Perachyah

Welcome to Sinai! Looking forward to studying Torah with you.

Terrie Turner



May Torah and tradition continue to be a source of joy for you, and may you be blessed with insight and inspiration as we move together from strength to strength.

Hoping we have many happy and successful years together.

Fred Fabricant



...ישא ה' פניו אליך וישם לך שלום

...may G-d's presence be upon you and grant you peace

Welcome to the Coachella Valley

Looking forward to getting to know you.

Nancy Singer

From the Melamedet

When I became an adult Bat Mitzvah at 38, it changed my life. In a matter of a few years, I went from being a working psychologist to a student and teacher of Jewish ritual and practice. I found many wonderful teachers along the way who helped guide me as an adult learner. I have had the privilege over the past 25 years of guiding students of all ages to find their letter in the Torah as they prepared to become a Bar/Bat mitzvah.



Since coming to Sinai (12 years ago) I have continued creating and crafting a meaningful program of study: Learning to decode Hebrew and building a *milon* (a dictionary of biblical Hebrew), learning the siddur and the different rubrics of our services, and studying ancient texts and most importantly finding current meaning in them. My oldest student was a wonderful man named Sam Sucherdaler. He was 92 years young and although he had a stroke as he prepared, we found a way for him to be called to the Torah and give the teaching he always wanted to give. One of the highlights for me was seeing our own Jerry Moses, a Holocaust survivor, carrying the rescued Torah that lives in our Ark as he became a bar Mitzvah for the second time.

I worked with a young man that had recently and suddenly lost his sister, with a lovely young woman with limited hearing and I've taught children with Autism. I was a part of a three-generation B'not Mitzvah, and a group B'nai Mitzvah where several of the participants went on to be lay leaders in their own communities. Over five hundred students later, it is clear to me that this is a magical ritual. B'nai Mitzvah gives the student the opportunity to be a part of the dialogue on how our ancient story lives today.

During this pandemic we seek ways to study, learn, teach and share our ideas in safe ways. The students (young and mature) continue to make our Jewish community strong through their commitment to gain the skills to teach us Torah and then tell us what it all means. Whatever the limitations are in sharing the event with family, friends and community, we will find the best way to honor their study and celebrate together.

Our B'nai Mitzvah students will collectively be leading our school t'fillot this summer. We had a wonderful gathering on Sunday morning, June 28th. If you would like to witness their inspiring leadership, the next service will be on Sunday, July 19 at 10am. Please request an invitation for the online link at principal@templesinaipd.org.

I know if we continue to "show up" in safe ways, Sinai, under the leadership of Rabbi Novak, will go from strength to strength.

Arava



Storytelling Series

Please join our Confirmation students on Sundays in July as they share their favorite stories from 5:00 to 5:30 PM. If you would like to sign up your children or grandchildren to participate, and are not already on the email list, please send an email to Arava at principal@templesinaipd.org to request an invitation.

Introducing Ann F. Loeb, a new member of the Board of Trustees

I grew up in New Rochelle, NY and my first rabbi was a Rabbi Novak, Rabbi Abraham Novak. It is a long way and a long time from then to now.

Jim and I have lived in the Hudson Valley in New York since we were married almost 62 years ago. We lived in Cornwall for 43 years where we raised our two sons and we down-sized and now live in Somers. Getting involved in our community and taking leadership roles is what we have always done wherever we have lived.

For twenty three years I was an elected member of the Cornwall Board of Education and served as its president for ten years. I held leadership roles in public education on the local, county and state levels. I was employed for 20 years as the director of Volunteer Services at a community hospital and led our multi-county professional association for many years. Since my retirement I have been a docent leading tours at both the Katonah Museum of Art in Katonah, NY and at the Palm Springs Art Museum here in the desert.

Jim and I came to Temple Sinai in 1999 when we bought our first home in the desert. We are “snowbirds”. Over the years I have served on the Temple’s Ways and Means Committee and on the Membership Committee and most recently on the Search Committee for our new rabbi.

I am so pleased that I had the opportunity to be a part of our planning for our Temple’s future. Our Temple is and has been important to us. When our Temple had retreats in the early 2000s in Simi Valley we would fly here from New York so that we could be a part of our Temple’s community. The friends we made then and those we have continued to make at our Temple are important to us. They tie us to our Temple community.

I have come from my first Rabbi Novak to our new Rabbi David Novak and I look forward to working with him and with our Temple family as a new board member.



"A tent cannot stand without pegs and cord, and Israel cannot stand without scholars." ~ Seder Eliyahu R.



Welcome to our wonderful desert and to Temple Sinai. Here's to many fulfilling years together.

Toni Robinson & Judy Weissman



May Torah and tradition continue to be a source of joy for you, and may you be blessed with insight and inspiration as we move together from strength to strength.

Welcome to the congregation. Looking forward to sharing meaningful times together.

Diane & Arnie Simon



"May the Lord, the God who gives breath to all living things, appoint someone over this community to go out before them and come in before them, who will lead them out and bring them in" (Num. 27: 16-17).

Welcome!

Elaine Kravitz



ברוך אתה יהוה

Welcome!

Wishing you much happiness in your new home.

Carole Woodward

Rena Magged joined Temple Sinai in 2001, soon after moving to the desert and remains a devoted member to this day. In April 2004 she wrote an article for the Shofar entitled "Coming to America" where in she told of her father, David Leib Gordon's journey upon immigrating here. Hers was among several such stories written by congregants and published in the Shofar that month. Fran Kaufman found these stories while she was cleaning out some old files (a pastime it seems we have all undertaken in these months of isolation) and she sent it along to me. I asked Rena if we could republish it this month and she agreed.

COMING TO AMERICA

DAVID LEIB GORDON

By Rena Gordon Magged

My father, David L. Gordon came to this country in 1923 onboard the President Fillmore from Bremen, Poland, after a daring escape from the Polish Army. Born in the nearby town of Biala, he lost his father at age 3. His mother and 2 sisters moved to Mezrick, Poland where his grandparents lived. His mother dreamed of David becoming a rabbi as he was an inspired yeshiva student in his youth. However, he became a successful ladies garment manufacturer in the Los Angeles garment industry until his retirement in 1973. He always retained a devoted enthusiasm for Judaism.



My father met my mother Lillian Goodman at a Hebrew speaking group called Histradut Ivrit and they were soon married in Cincinnati, Ohio in 1927. My dad moved his new bride to Dallas, Texas where he managed a garment business for his uncles. For a young Jewish immigrant moving to Texas in 1927 was a culture shock. A former yeshiva boy dealing with the rough and tough cowboys, oil prospectors and Ku Klux Klan members buying sheets for the terrorism was a life hugely different than I could ever imagine.

I was born in Dallas, Texas and my brother, Hank, was born 5 years later. We moved soon after that to Los Angeles in 1934, where my father again managed a large garment business. Even though this was the height of the depression we all lived very well and enjoyed many luxuries. In the beginning of World War II, he opened his own business and worked until his retirement in 1973. My dad was earning a living, but he longed for further knowledge of Judaism. He studied with a learned rabbi in Los Angeles who lived far away in Boyle Heights.

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Continued

I have many cousins and family living in Israel and all through the many struggling war years my dad would send them boxes of new clothes, food and support. He visited Israel 13 times and said he would get so much "naches" when he would walk down the streets and see women he did not know wearing clothes he sent to Israel.

Finally, at last my dad had all the time he craved to devote to his beloved books. He became a volunteer librarian once a week at the Hebrew Union College Library in Los Angeles, a task he continued for almost twenty years. When he died at age 94 in 1994 many rabbis, rabbinical students, and friends from Hebrew Union College came and paid him the highest respect. While working in the library, among his many talents, he was translating Yiddish into English.

My father was a Tzadik, a righteous man. He often said his legacy to his children was from the sage Rabbi Hillel "What is hateful to you, do not do to your friend, this is the whole Torah, the rest is commentary."



ברוכים הבאים

Welcome!



We welcome you and look forward to meeting you!

Rick & Marcia Stein

...ישא ה' פניו אליך וישם לך שלום

...may G-d's presence be upon you and grant you peace

Welcome to the Coachella
Valley



A warm welcome to Temple Sinai.

Ellen & Bill Sachs



Nancy Singer, President
Women of Sinai

Women of Sinai

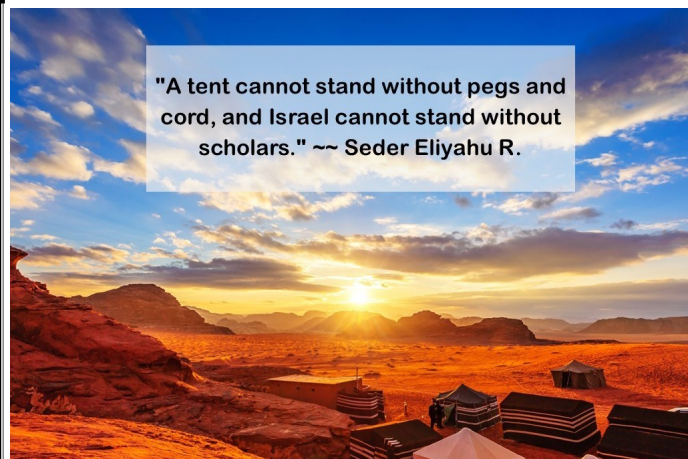
As we start the new fiscal year, we wish we could see all of you in person but unfortunately we can't. So our Board is grappling with ways to stay in contact and to try to raise funds for our annual support of the Rabbi Avi Levine Religious School.

This month, we will be sending out requests for dues and hope that we can count on everyone's support. Dues remain at \$36 for regular dues or \$72 for silver dues for the year. We thank you in advance for your donations.

We welcome Rabbi David Novak to our Temple family and look forward to meeting you.

Please don't hesitate to contact any of our Board members for information about Women of Sinai:

President:	Nancy Singer	NancyS827@aol.com
Vice-President:	Reesa Manning	4reesa@gmail.com
Treasurer:	Gladys Layne	gladyoann@gmail.com
Secretary:	Gloria Rudetsky	grudetsky@dc.rr.com
Membership:	Carol Woodward	carol.woodward@yahoo.com
Program:	Sandie Eichberg	sgeichberg@msn.com
Fundraising:	Nancy Shorr	nancyshorr@gmail.com



Greetings and a warm welcome from my family to yours!

Best,

Diana Acosta & Elias Acosta Ross



Welcome Rabbi and Yuval

Michael Sonduck & David Zeligson

GENEROUS DONATIONS

GENERAL FUND

Yahrzeit

Lucille M. Sonduck and Allan C. Sonduck

By: Michael Sonduck

Rick Egendorf

Pearl Amdur

By: Judy Egendorf

Frida Moses

By: Jerry Moses

Richard Ball

By: Janet Ball

Jodie O'Rourke and Patrick O'Rourke

By: Marcia Stein

Tessie Meyers

By: Marcia Stein

In Memoriam

Lillian Greene

By: Rosanne & Steve Ezer

By: Ellen & William Sachs

Tzedakah

Lisa & Brian Gottlieb

Elaine Kravitz, in thanks for streaming services

IN HONOR OF

In honor of Barbara Hochberg's birthday

By: Carol Woodward

In honor of Bobbie & Shelly Rosenberg's Anniversary

By: Carol Woodward

RABBI AVI LEVINE RELIGIOUS SCHOOL

Yahrzeit

Joseph Levin

By: Gary Levin

Jane Davis

By: Nancy Singer

MITZVAH/FOOD BANK FUND

Yahrzeit

Murry Sachs

By: William & Ellen Sachs

Tzedakah

Stephanie & Paul Ross in thanks to Gail & Saul Jacobs for their aliyah

Looking for an interactive way to pass your time this summer? Join Jewish National Fund for a Summer Reading Series for good reads and thought provoking conversation!

It's not your average book club

where you read the book and discuss it with your friends. JNF's Virtual Book Club allows you to engage with the author for a thought provoking conversation. Come ready to both listen and share in a moderated discussion with IsraelCast's host, Steven Shalowitz and the featured author. Most importantly, have a great time!



July 22, 2020 5:00 pm (PDT) Jewish Comedy: A Serious History by Jeremy Dauber. Please register for your desired dates at <http://support.jnf.org/site/MessageViewer> and a Zoom Conference Call link will be sent to you.

Yotzeir Or (Creator of Light) by Gary Levin

Yotzeir Or is the blessing that describes God as the creator of the world, and who renews creation in every moment.

The concept of the creation of light and dark can certainly be taken as a metaphor.

When we look at the world, we do not always see that it is filled with wonderful things (light), but human beings are particularly prone to seeing bad things (dark) and ignoring good things. This blessing serves to remind us to notice the miracles that surround us, *especially* during this precarious time.

What is the light during this time: community spirit, help for the elderly, pollution is down, washing hands is back. Families are spending more time together, people are taking time to get to know each other. Our Temple is continuing services and religious school, board members are regularly checking up on the congregants, and people are opening their minds by taking classes that they might never have considered. There are many other instances of this new normal.

Yes, this is a dark time which too shall pass. But the light is burning brightly and this new normal is providing us opportunities which we would never have thought about. It has been said that this is part of God's plan. If we lived in a perfect world with no challenges or hardships, we would have no ambitions or striving to make the world better. After all, we are only human.

...ישא ה' פניו אליך וישם לך שלום

...may G-d's presence be upon you and grant you peace



Welcome to the Coachella
Valley

Welcome to Temple Sinai. I hope you will love us as much as we will love you. I look forward to meeting you.

L'Shalom, Nancy Pierce



"May the Lord, the God who gives breath to all living things, appoint someone over this community to go out before them and come in before them, who will lead them out and bring them in" (Num. 27: 16-17).

Bruchim Habayim!

Gordon & Eve Kramer



May Torah and tradition continue to be a source of joy for you, and may you be blessed with insight and inspiration as we move together from strength to strength.

Welcome Rabbi Novak to the desert from our family to yours.

Ann & Glynne Miller



ברוכים הבאים

Welcome!

Welcome to our congregation!

Carole & Robert Adelstein



"May the Lord, the God who gives breath to all living things, appoint someone over this community to go out before them and come in before them, who will lead them out and bring them in" (Num. 27: 16-17).

We welcome you to our family.

Picce & Bob Glast



...ישא ה' פניו אליך וישם לך שלום

...may G-d's presence be upon you and grant you peace

Welcome to the Coachella Valley

Looking forward to working with you!

Micki Greenspan

Tisha B'Av 101

Tisha B'Av, the ninth day of the month of Av, is the major day of communal mourning in the Jewish calendar.

BY MJL

Tisha B'Av, the ninth day of the month of Av (which month coincides with July and/or August), is the major day of communal mourning in the Jewish calendar. Although a large number of disasters are said to have befallen the Jews on this day, the major commemoration is of the destruction of the First and Second Temples in Jerusalem in 586 B.C.E. and 70 C.E., respectively. Central to the observance of this day is fasting.

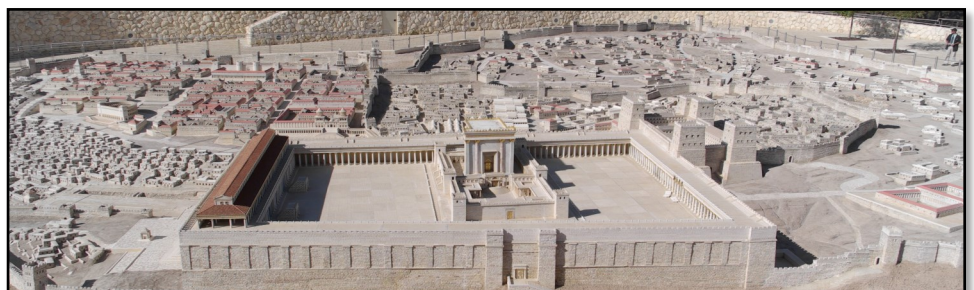
Although the exact date of the destruction of each of the Temples—the ancient centers of Jewish life and practice—are unknown, tradition dates the events to Tisha B'Av. Indeed, the rabbis of the Talmudic age made the claim that God ordained this day as a day of disaster as punishment for the lack of faith evidenced by the Israelites during their desert wanderings after the exodus from Egypt. During the course of the centuries, a number of tragedies have clustered around this day, from the expulsions of the Jews from England and Spain to more localized disasters. Tisha B'Av is therefore observed as a day of communal mourning, which is expressed through fasting and the abstention from pleasurable activities and extraneous diversions. A whole literature of dirges appropriate to this day of mourning, beginning with the biblical Book of Lamentations on the destruction of the First Temple, has been created to serve the needs of the Jewish community at this time.

A three week period of low-level mourning leads up to the holiday of Tisha B'Av; the three weeks commemorate the final siege of Jerusalem that led to the Second Temple's destruction in 70 C.E. During this period, it is traditional to refrain from public celebrations, such as weddings, and many traditional men refrain from shaving, reflecting their practice during personal mourning periods. The last nine days of these three weeks culminating in Tisha B'Av are an even deeper period of mourning, during which traditional Jews avoid eating meat; some who did not previously take on certain aspects of mourning, such as refraining from shaving, will assume these signs of mourning during these nine days.

Tisha B'Av itself is a day of intense mourning, whose practice mirrors that of Yom Kippur in many respects. It is a day of fasting, on which one also is to refrain from washing, sexual activity, using perfume and other such ointments, and wearing leather. The Book of Lamentations (*Megillat Eicha*) and other dirges (*kinot*) are read in the synagogue.

Visits to cemeteries reflect the mood of the day, which continues even at the break fast meal at the conclusion of Tisha B'Av, when neither meat nor wines are traditionally consumed.

<https://www.myjewishlearning.com/article/tisha-bav-101/>



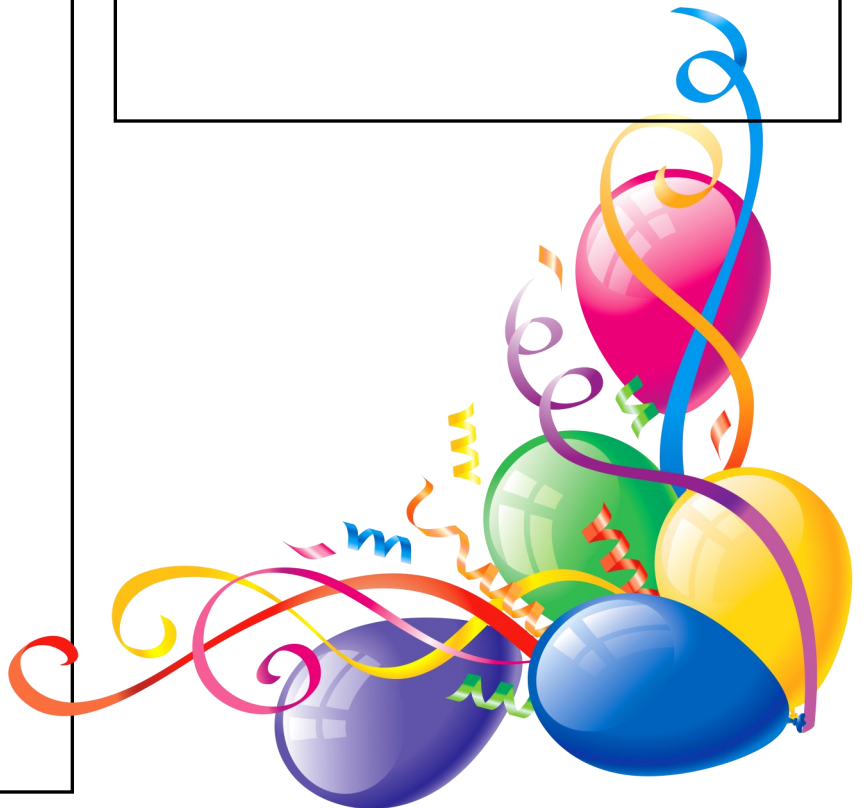
Model of Jerusalem in the Second Temple Period, Israel Museum

Birthdays

7/4 Michael Sanford
Annette Lew
7/5 Orli Presser
Elliott Lander
John Sklut
7/7 Sherry Kaplan
Kim Hough
Linda Vogel
7/8 Charlotte Trudeau
7/9 Susan Winett
7/10 Bob Norman
Alicia Paoletta
7/11 Renee Partelow
7/13 Joyce Gorney
Sharon Hill
Madison Kalkoske
7/15 Amy Baker
7/17 Levi Cohn
Reese Rosam
7/22 Betty Denebeim
Robert Guss
7/23 Stephen Grossman
7/25 Raymond McKee
7/26 Tommy Fey-Clark
Clara Horne
Leo Cohn
7/27 Matt Levy
7/29 Elizabeth Schreiber
Nathaniel Schreiber
Chloe Sontz
7/30 Harriet Orren

Anniversaries

7/9
Judy & Matthew Israel
Diane & Arnold Simon
7/10
Elaine & Ken Eldred
7/11
Carole & Jerome Corngold
7/16
Sue & Martin Sherman
7/19
Sharon & Mark Kalkoske
Anne & Andrew Kaplan
7/20
Diane & Sam Weiss



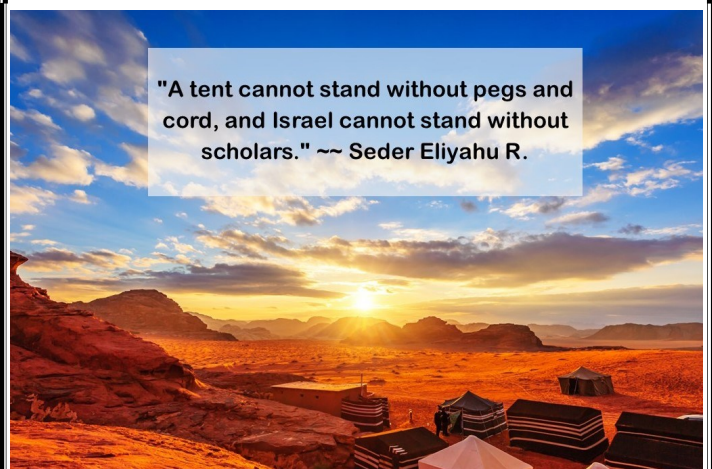
July 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Rabbi Novak's First Day	2	3 Streaming Erev Shabbat 5:30 PM	4 Shabbat Morning Services (Zoom) 10:00 AM
5 Storytelling Series 5:00	6	7	8	9	10 Streaming Erev Shabbat 5:30 PM	11 Shabbat Morning Services (Zoom) 10:00 AM
12 Storytelling Series 5:00	13	14	15	16	17 Streaming Erev Shabbat 5:30 PM	18 Shabbat Morning Services (Zoom) 10:00 AM
19 Storytelling Series 5:00	20	21	22 JNF Summer Reading Series 5:00 PM	23	24 Streaming Erev Shabbat 5:30 PM	25 Shabbat Morning Services (Zoom) 10:00 AM
26 Storytelling Series 5:00	27	28	29	30 Tisha B'Av	31 Streaming Erev Shabbat 5:30 PM	



Welcome Rabbi. Please know that even though we can't meet yet in person, we look forward to meeting you at services soon.

Andrew & Anne Kaplan



"A tent cannot stand without pegs and cord, and Israel cannot stand without scholars." ~ Seder Eliyahu R.

Rabbi Novak, welcome to Temple Sinai
Gary Levin



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