

### Congregation Hakafa Newsletter June and July 2023 Sivan/Tamuz/Av 5783

Bruce Elder, Rabbi

Robert J. Marx z"l, Founding Rabbi

### A Note from Tory May

Most of us remember Tory and her beautiful voice from our last High Holidays, and many of us have been able to hear her on Friday nights throughout the past year. She comes to us from a background of over thirty years as a cantorial soloist and choral conductor outside of New Orleans. We look forward to her deepening involvement with us.

# When we sing we pray twice...

I have often said that my spirituality comes from singing. Whether I am praying alone or I am leading a congregation, the act of opening up my heart through my voice just takes me to another level. A physical change comes over me as I take in air and let the words come out in music. This is why it is so important for the congregation to feel like they can take part in the experience. Yes, I can act as your *sheliach tzibur*, your service leader. I can be the messenger of your prayers to God. But think how much more meaningful it is for you, as a congregation, to take an active part in those prayers.

This year for the High Holidays, we hope to make more of our prayers accessible to you, the "Jews in the Pews." On June 11<sup>th</sup>, I will be meeting with choir members (both long time as well as anyone new who wants to join us) to start mapping out the music that will help us all – choir and congregation - gain that extra level of spirituality. Would you like to be in that number? Or, would you prefer to sit in the pews and be pleasantly surprised at Rosh Hashanah and Yom Kippur (that's ok, too)? If it is the former, I look forward to connecting with you and starting our choral journey together on June 11<sup>th</sup>. If it is the latter, start warming up. We want to hear your voices filling up the service as we all come together this Fall to celebrate the new year. It is quite true that when we sing, we pray twice. Oh, and, God really doesn't care if the music coming out of you is in perfect tune or not, as long as it comes from your heart.

- Tory May

### Calling All Returning and Prospective High Holiday Choir Singers: Come to a Meet-and-Greet with our new High Holiday Choir Director: Tory May

Sunday, June 11, 7:00 p.m. North Shore United Methodist Church (213 Hazel Avenue, Glencoe)

Join us in welcoming our new High Holiday Choir Director, Tory May. We will schmooze and nosh as Tory shares some of her musical ideas and philosophy. We might even sing a tune or two!

If you think you might want to sing in the choir, please come.

<u>All are welcome</u>, even if you don't have experience and even if you don't think your voice is good enough. If you can't make it on June 11, please contact Tory at torymlala@gmail.com.

### Prayer and Celebration

Again this summer from June through August, <u>unless otherwise noted below</u>, we will be holding our Friday Evening Kabbalat Shabbat Services **outdoors/in-person** at the **North Shore United Methodist Church** (213 Hazel Avenue, Glencoe) **AND via Zoom**, except for the last Friday each month which will continue to be held via **Zoom only**. **If you are joining in-person**, **please note**:

Please bring your own lawn chair or blanket. If it rains, we will move the service indoors at the church.

**Location Information:** The North Shore United Methodist Church (NSUMC) is located at the intersection of Hazel Avenue and Greenleaf Avenue in Glencoe. We will have access to the restrooms in the church.

### June Summer Friday Evening Services

Zoom Meeting ID: 292 137 266

June 2 Shabbat Beha'a lot'cha

7:30 p.m. Torah Portion: Numbers 8:1-12:16

Haftarah: Zechariah 2:14-4:7

Musical Guest: Sara Goodman Service Outdoors/In-Person AND via Zoom

June 9 Shabbat Sh'lach L'cha

7:30 p.m. Torah Portion: Numbers 13:1- 15:41

Haftarah: Joshua 2:1-24

Musical Guest: Leah Shoshanah Service Outdoors/In-Person AND via Zoom

June 16 Shabbat Korach

Torah Portion: Numbers 16:1-18:32 Haftarah: I Samuel 11:14-12:22

No Shabbat Service: Shabbat-in-the-Home

June 23 Shabbat Chukat

7:30 p.m. Torah Portion: Numbers 19:1-22:1 Haftarah: Judges 11-1:33

Service Leader and Musical Guest: Tory May Shabbat Service Outdoors/In-Person AND via Zoom

June 30 Shabbat Balak

7:30 p.m. Torah Portion: Numbers 22:2-25:9

Haftarah: Micha:5-6-6:8

Shabbat Service <u>via Zoom only</u> Service Leader and Musical Guest: Tory May

#### Shabbat-in-the-Home

There will be no Shabbat Service on Friday, June 16. Instead, plan to make it a special Shabbat for your Hakafa community, your family, and you! Every in-town congregation member has been invited to dine and share the evening at another member's home (or will receive their invitation soon). If you have not received an invitation by June 7, please contact Mimi Dray (mimidray425@gmail.com).

We hope you will join us as we light Shabbat candles, share a delicious meal, enjoy interesting conversation, meet new friends, and reconnect with old ones. *Please be sure to R.S.V.P. to the invitation (even if you cannot make it).* 

<u>Please Note COVID Protocols for Shabbat-in-the-Home</u>: Any individual attending a home is required (1) to be symptom-free the day of the event, and (2) to follow any additional requirements set by your host

### July Summer Friday Evening Services

Zoom Meeting ID: 292 137 266

July 7 Shabbat Pinchas

7:30 p.m. Torah Portion: Numbers 25:10-30:1

Haftarah: Jeremiah 1:1-2:3

Service Outdoors/In person and via Zoom

July 14 Shabbat Matot-Mas'ei

7:30 p.m. Torah Portion: Numbers 30:2-36:13

Haftarah: Jeremiah 2:4-28, 3:4

Musical Guest: Tory May

Shabbat Service Outdoors/In-Person AND via Zoom

July 21 Shabbat D"varim

7:00 p.m. Torah Portion: Deuteronomy 1:1-3:22

Haftarah: Isaiah 1:1-27

NOTE EARLY START TIME

Shabbat Service in the Park: see below for details

July 28 Shabbat Va'etchanan

7:30 p.m. Torah Portion: Deuteronomy 3:23-7:11

Haftarah: Isaiah 40:1-26

Service <u>via Zoom only</u>

### Summer Shabbat Picnic and Service

in the Park on July 21

Hakafa members of all ages are invited to bring a blanket and/or lawn chairs along with family and friends, and join us for Shabbat Services in the park on Friday, July 21 at 7:00 p.m. (NOTE EARLY START TIME) at Crow Island Woods Park (1140 Willow Road, Winnetka) or via Facebook Live! The service will be followed by a frozen treat oneg!

If you would like to join us for dinner before services, bring a picnic for your family/friends at 5:45 p.m.

<u>Location Information</u>: Crow Island Woods Park is located at 1140 Willow Road in Winnetka - just east of the intersection with Hibbard Road. Follow the GRAVEL ROAD entrance all the way back to the parking area. There are restrooms at this park and a shelter to use in case of rain.

### Prayer and Celebration (continued)

### Shabbat Morning Minyan Zoom Meeting ID: 847 8216 0504

Please join us on Saturdays, June 3, June 17, July 1, and July 22 at 9:00 a.m. OUTDOORS at the home of Barbara and Allen Anderson (849 Oak Drive, Glencoe) for this hour-long service and study. The service will also be accessible via Zoom for those who are not able to participate in-person. Our Shabbat Morning Minyan is a wonderful opportunity to enhance your celebration of Shabbat. People of all ages are encouraged and welcome to attend.

PLEASE NOTE: If the weather is bad, we will meet indoors at the North Shore United Methodist Church (213 Hazel Avenue, Glencoe).

### Hosts Needed for Friday Night Onegs

Hosting a Friday evening Oneg is a wonderful way to honor the memory of a loved one on his/her yahrzeit or to celebrate a b'nai mitzvah, birthday, anniversary, or another special occasion with the congregation. **Volunteers are needed!** 

Go to the following link for the instructions needed to host: www.tinyurl.com/HakafaOnegInstructions

To volunteer to host, sign up online at this link (http://tinyurl.com/oneg-hosting) or contac Gayle Inbinder (oneg@hakafa.org or 847-951-0380) Jill Mihailovic-Sternberg (oneg@hakafa.org or 773-710-4436).

### Join Us for a Kumzits

"Kumzits" is a compound-word in Hebrew derived from the Yiddish words "kum" (come) and "zits" (sit). The word is used to describe an evening gathering where we come together and sing. Join us on **Saturday**, **July 8** at **7:00 p.m.** at the **home of David and Linda Weinstein** (719 Harvard Street, Wilmette) for Havdallah Hakafa style! We will sing, schmooze, and nosh. Bring friends and your voices, hands, feet, and musical instruments if you'd like!

### Member News

### Chesed

The Hebrew word for loving kindness is chesed. The Chesed Committee at Hakafa works to respond to a wide range of situations and events that occur in the lives of our members. It is our attempt to reach out to one another.

If you or anyone you know of in our congregation is in crisis from an illness, death in the family, or personal stress, and could benefit from support, such as a visit, delivery / preparation of meals, or a ride to a health care appointment, please contact **Beth McCullough** (847-722-5430/mikeandbeth\_60089@yahoo.com) or **Camille DeFrank** (847-997-8085 /camilledefrank@gmail.com).

#### Relief from Financial Stress

If you are suffering from economic hardship and could use a little help, please reach out to Rabbi Elder (rabbi@hakafa.org, 847-266-8854). We have funds available to assist you.

#### Condolences to:

Rabbi Alison Abrams and family on the loss of her grandfather, Joseph Abrams

Philip Siegel and family on the loss of his mother, Jeanne Siegel

#### Mazal Tov to:

Kathy and Howard Brody and Phylis Frankel on the marriage of their son/grandson, Scott, to Kelly Wilton

Kerry and Michael Leaf on the birth of their grandchild, Archer Miles, to Norma Leaf and Evan Reich

All of the 2023 high school and college graduates and their families

### Willow Lawn Cemetery Plots

Information regarding Hakafa's green cemetery section at Willow Lawn is available on our website (www.hakafa.org/worship-ritual/life-cycle-events/death/endlife-resources/cemetery-options). Green burial is more environmentally friendly than standard burial.

We have very few available full plots within our section, plus several plots for the burial of cremains. Please contact Deborah Brown (dmb9476@gmail.com) with questions.

### Member News (continued)

### Hakafa is Going to a Chicago Sky Game on August 20

Join us as the Chicago Sky take on the Connecticut Sun on **Sunday**, **August 20** at **4:00 p.m.** at **Wintrust Arena**. We have reserved a block of seats at a discounted rate. Let's support our hometown WNBA team, governed and managed by Hakafa members **Michael Alter** and **Harvey Alter**.

**RSVP** to Rabbi Elder (rabbi@hakafa.org) by **July 31**.

# We Are Heading Back to the Wisconsin River!

Are you the outdoors type? Do you like to canoe and camp (There's a motel nearby for those who just want to canoe.)? Do you have no prior experience but want to try something new? If so, Hakafa's summer Shabbaton is for you! Join us for gourmet dining and a community experience on the Wisconsin River July 13-16. To reserve your spot, or if you have questions, please contact David Dosik (ddosik@mjfinancial.net) by June 10.

Please note: You must be able to swim in order to participate. The trip is not recommended for families with young children unaccustomed to being in a canoe.

### Join Hakafa In Morocco: October 25 - November 4, 2023

Get ready for a meaningful Jewish journey through Morocco! We will be immersed in Jewish culture both past and present. We will learn about Morocco's rich Jewish heritage while exploring the four imperial cities of Morocco and we will enjoy Shabbat services with local families at synagogues in both Marrakech and Casablanca. We will also experience the essence of Morocco's local cuisine, get lost in the exotic souks (markets) and have time to enjoy excursions to the picturesque Atlas Mountains and the famous blue city of Chefchaoen.

Use this link to view the complete itinerary, tour details (including hotels), rates, and to register for the trip: https://secure.ayelet.com/HakafaMorocco2023.aspx

Registration should take place before July 15.

### **Adult Education**

#### Lunch and Learn Zoom Meeting ID: 821 5540 2577

Bring your lunch and join us via Zoom on Thursday, July 6 at 12:00 noon for a lively discussion with Rabbi Elder! New participants are always welcome.

### Wednesday Afternoon Tanach Study Zoom Meeting ID: 813 358 443

All are invited to join Rabbi Elder either inperson at the North Shore United Methodist Church (213 Hazel Avenue, Glencoe) OR via Zoom for weekly Tanach study on Wednesday afternoons, July 5, 12, and 19 from 1:00 to 2:30 p.m. Each week, we proceed through the Bible, verse by verse, discussing its content and various interpretations. New participants are always welcome. Please Note: Class will not meet during the month of June nor on July 26.

#### Tuesday Evening Tanach Study Zoom Meeting ID: 662 730 822

All are invited to join Rabbi Elder via Zoom for weekly Tanach study on Tuesday evenings, July 11 and 18 from 7:30 to 8:45 p.m. Each week, we proceed through the Bible, verse by verse, discussing its content and various interpretations. New participants are always welcome. Please Note: Class will not meet during the month of June nor on July 4 and July 25.

### Musar Class Zoom Meeting ID: 242 631 590

Musar is a long-standing tradition of exploring Jewish ethics with a particular focus on character formation. Join Rabbi Elder via Zoom on Wednesday mornings, July 5, 12, and 19 from 10:00 to 11:00 a.m. to delve into selections from the Musar tradition, in text and in practice. The goal of the class is to not only take a more academic approach to Jewish ethics and ethical literature, but also to use some of the techniques of the Musar Movement (chevruta study, personal reflection time, and others) to deepen our own understanding of ourselves and push to live up to the best that is within each one of us. Please Note: Class will not meet during the month of June nor on July 26.

## Adult Education (continued)

#### Hakafa Book Club

All are welcome to join our informal book group dedicated to reading Jewish and Jew-adjacent works of fiction and nonfiction. We will meet at 4:15 p.m. in-person at the North Shore United Methodist Church (213 Hazel Avenue, Glencoe) and via Zoom (Meeting ID: 519 307 8653 / Passcode: 964323) on:

- Sunday, June 11 to discuss Loss of Memory Is Only Temporary: Stories by Johanna Kaplan
- Sunday, July 9 to discuss The Topeka School by Ben Lerner

Contact Hakafa member and librarian, **David Levinson** (levinson@lakeforest.edu) for more information.

### Midrash Class Zoom Meeting ID: 696 226 468

Join us either in-person at the North Shore United Methodist Church (213 Hazel Avenue, Glencoe) OR via Zoom on Tuesday mornings, July 11 and 18 at 10:00 a.m. to study *midrash*. Midrash is the creative, interpretative process of the rabbis over generations. Through midrash, we see how the rabbis saw the text of the Bible - its lessons, it messages, its practical applications, and its relevance to them throughout time. Through the study of midrash, we will see how much of our understanding of the biblical text has been influenced by theirs.

Please Note: Class will not meet during the month of June nor on July 4 and July 25.

### Social Action

### A Just Harvest

Continuing our commitment for more than 20 years, on the 2nd Sunday of every month, Hakafa members bring and serve lunch to more than 150 people at A Just Harvest's Community Kitchen (7649 N. Paulina St, Chicago). Volunteers are needed to sign up to help! You can sign up to provide food, help serve (ages 12 and older), or both! Plan to arrive to help/deliver food at 11:00 a.m. Lunch will be served from 12:00-2:00 p.m. Hakafa's tzedakah fund can reimburse you for expenses, if needed. Use this link for more details and to sign up to volunteer: http://tinyurl.com/a-just-harvest. Contact Hakafa member, Monique Parsons (monique.parsons@gmail.com), with questions.

A Just Harvest's (www.ajustharvest.org) mission is to fight poverty and hunger in the Rogers Park and greater Chicago community by providing nutritious meals daily while cultivating community and economic development and organizing across racial, cultural and socioeconomic lines in order to create a more just society.

### Jewish Community Resources

**CJE SeniorLife** (www.cje.net, 773-508-1000) – Since 1972, *CJE SeniorLife* has enhanced the lives of older adults and their families through a comprehensive network that includes housing, health care, community services, health and wellness education, life enrichment programs and applied research.

**JCFS Chicago** (www.jcfs.org, 855-275-5237) – *JCFS Chicago* provides caring and healing services to children, teens, adults, older adults and families for help with autism, support with advanced illness, special education, individual and family counseling, and more.

**JCFS Chicago Addiction Services** (www.jcfs.org/our-services/jewish-community-programs/addiction-services, 847-745-5422) – *JCFS Chicago Addiction Services* was created to build a caring community that is aware of and responsive to the problem of addiction and to support individuals and families who struggle with addiction.

JCFS Chicago Illness, Loss and Spiritual Support Services (www.jcfs.org/our-services/jewish-community-programs/illness-loss-grief, 847-745-5404) — The staff at *JCFS Chicago Illness, Loss and Spiritual Support Services* provides information about social services, medical resources, and spiritual resources for people who are ill, grieving, or serving as caregivers to help in their difficult times.

**SHALVA** (www.shalvaonline.org, 773-583-4673) - *SHALVA* offers free, confidential, domestic abuse counseling.

Congregation Hakafa Calendar June 2023 – Sivan / Tammuz 5783						83
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TC = Glencoe Park District Takiff Center (999 Green Bay Road, Glencoe)  WCH = Winnetka Community House (620 Lincoln Avenue, Winnetka)  NSUMC = North Shore United Methodist Church (213 Hazel Avenue, Glencoe)				1	<b>2</b> 7:30 pm	9:00 am Shabbat Morning Minyan (Home of Barbara & Allen Anderson & Zoom)
4	5	6	7	8	Shabbat Service (NSUMC & Zoom)	10
					7:30 pm Shabbat Service (NSUMC & Zoom)	
4:15 pm Book Club (NSUMC & Zoom) 7:00 pm High Holiday Choir Get-Together (NSUMC)	12	13	14	15	16 Shabbat-in-the-Home	17 9:00 am Shabbat Morning Minyan (Home of Barbara & Allen Anderson & Zoom)
18 Father's Day	19	20	21	22	<b>23</b>	24
25	26	27	28	29	Shabbat Service (NSUMC & Zoom)	
					7:30 pm Shabbat Service (Zoom only)	

Congregation Hakafa Calendar July 2023 – Tammuz / Av 5783						3
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		•				9:00 am Shabbat Morning Minyan (Home of Barbara & Allen Anderson & Zoom)
2	3	4 Independence Day	5	6	7	8
			10:00 am Musar Class (Zoom) 1:00 pm Tanach Study (NSUMC & Zoom)	12:00 pm Lunch & Learn (Zoom)	7:30 pm Shabbat Service (NSUMC & Zoom)	7:00 pm Kumzits (Home of Linda & David Weinstein)
9	10	11	12	13 Congregation Canoe Trip	14 Congregation Canoe Trip	15 Congregation Canoe Trip
		10:00 am Midrash Class (NSUMC & Zoom)	10:00 am Musar Class (Zoom)			
4:15 pm Book Club (NSUMC & Zoom)		7:30 pm Tanach Study (Zoom)	1:00 pm Tanach Study (NSUMC & Zoom)		7:30 pm Shabbat Service (NSUMC & Zoom)	
16 Congregation Canoe Trip	17	18	19	20	21	22
August Newsletter Articles Due		10:00 am Midrash Class (NSUMC & Zoom) 7:30 pm Tanach Study (Zoom)	10:00 am Musar Class (Zoom) 1:00 pm Tanach Study (NSUMC & Zoom)		5:45 pm Picnic Shabbat Dinner (Crow Island Woods Park, Winnetka) 7:00 pm – NOTE EARLY TIME Shabbat Service in the Park (Crow Island Woods Park)	9:00 am Shabbat Morning Minyan (Home of Barbara & Allen Anderson & Zoom)
23	24	25	26	27 Tisha B'Av	28	29
					7:30 pm Shabbat Service (Zoom only)	
30	31		WCH = Winnetka	ark District Takiff Center (999 Green Ba a Community House (620 Lincoln Aver Shore United Methodist Church (213 I	ue, Winnetka)	



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