



CONGREGATION

BETH בית יהודה JUDEA

Please renew your membership today

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SEPTEMBER 2020

ELUL 5780 – TISHREI 5781

רבוץ שכל עוכם ורניי מוודעל לכל סוי שיהקיים  
והקניט אחתי אז שיוסיא כנגדי בין בוגתי בין במסחתי  
בין בכבודי בין בכל אשר לי בין באונס בין ברצוני  
בין בשיוגבי במזידי בין בדבורי בין במיעליה לכל  
בין אדם וכל יעושי שום אדם בסבתי יהי רצוני  
הקפניך וז אלהי ואלהי אבותי שיכא אחטא עוד וכל  
אוודור בהם וכל אשיוב עוד להקעיסך וכל אעשיה  
הרע בעיניך וקוד שיוסיאתי כפניך מוודעל ברצונך  
הרבים אבל כל על ידי יסורים וזכרים רעים  
יהיו כרעיון אמורי פי וקניין לבי קפניך וי צורי וזאתי

SELIHOT / סליחות

Master of the Universe! I herewith forgive anyone who may have irritated, angered or injured me, whether acting against my person, my possessions, or my reputation. Let no man be punished on my account, whether the wrong done me was accidental or malicious, unwitting or purposeful, by word or by deed. May it be Your will, O Lord my God and God of my fathers, that I not repeat the wrongs I have committed, and that I sin no more. May I never again anger You by doing that which is evil in Your sight. I pray that You will wipe away my sins, not through sickness and suffering but with great mercy. May the words of my mouth and the meditation of my heart be acceptable before You, O Lord, my Rock and my Redeemer.

THE RABBINICAL ASSEMBLY

שנה טובה  
5781  
September 18, 2020

**CBJ: Building community while social distancing**



The Word

5304 RFD, Hilltop Rd. & Route 83, Long Grove, IL 60047  
Phone: 847-634-0777 [www.bethjudea.org](http://www.bethjudea.org)



## Good Health in the New Year

Personal health and safety are at the forefront of minds, and the steps needed to keep ourselves, our loved ones, and the greater community safe and healthy continuously evolve and change. COVID-19 has affected so many aspects of our lives, and we need to temper our expectations with the knowledge that things are very different now. That said, the importance of taking care of ourselves hasn't necessarily



RABBI  
MORRIS ZIMBALIST

changed during this time of sheltering-in-place and social distancing, but perhaps we are paying more attention to it. Medical professionals have consistently advised us to watch our diets, exercise regularly, and get enough sleep – it seems simple. But even in the best of times, many of us struggle with these basic instructions. We give in to temptation, crave instant gratification, and require temporary psychological and physiological comforts which impede us from achieving our long-term goals. As a result, our diets fail, we don't exercise, and our sleep patterns are less than optimum. We rationalize this by thinking "I can always start tomorrow."

The need to tend to our emotional and spiritual care hasn't changed either. If anything, COVID-19 has forced us to reexamine our priorities, focus more on family and community, and deepen our faith. For many of us, the past six months have intensified our realization that we are in this together. That means that our actions or inactions not only affect us, but they also impact everyone around us. Physical adaptations should be easy – wear a mask and wash your hands. Adjusting and changing our emotional and spiritual realities are more difficult. Now more than ever before is the time for us to recognize and gain a greater appreciation for the blessings in our lives, for the goodness that still surrounds us, and for God's continued interactions with us even in the most subtle ways. When we combine physical, emotional, and spiritual strength, the result can be increased happiness and contentment with ourselves, which gives rise to an increased ability to love and take care of others.

The concepts of unconditional love and the need to take of ourselves and others permeates the themes of our High Holiday season. We are currently in the month of Elul, and our Sages suggest that the word "Elul" can be understood as an acronym for the phrase "*ani l'dodi v'dodi li – I am my beloved's and my beloved is mine.*" Originating in the Song of Songs, this phrase is typically said to represent the shared love between God and Israel, and the sacred responsibility for God and Israel to take care of each other.

Rabbi Michael Strassfeld writes in the book *A Book of Life: Embracing Judaism as a Spiritual Practice*, "*Our most basic desire is to feel not alone in the universe. We all want to feel wanted, loved, appreciated, and understood by those around us. We are often disappointed as those we care for most fail or seem to fail to love and support us*" (p. 261). Love, desire, and disappointment are very powerful emotions. All the more so, those emotions reach a new dimension when we feel them about ourselves – loving ourselves or lacking that love, desiring to make ourselves better or lacking that desire, and taking pride in ourselves and in our accomplishments or feeling disappointed with ourselves in our shortcomings. Sometimes we are our own worst enemies.

All of our holidays and festivals this year will be different. We cannot equate "different" with "bad"; rather, we must frame all the changes and differences as boundless opportunities. Those opportunities hold the potential to positively impact our physical, emotional, and spiritual needs in ways we could never have imagined before. And if we open ourselves to that possibility, we position ourselves to embrace a new understanding of strength that will allow us to care for ourselves and each other better than we have ever done before.

Alison, Zach, and Evelyn join me in wishing you and all of your loved ones a *L'Shanah Tovah u'Metukah Tikateivu – May God inscribe all of us in the Book of Life for a wonderful, happy and healthy, peaceful New Year.*

**From the entire staff and leadership of Congregation Beth Judea:**

**Our sincere wish for you, as you look into your heart as the new year starts, may you discover a new belief in the gifts you have to share, a new connection with the people around you, and a renewed commitment to your faith and your dreams.**

**May this New Year be a year filled with health, great success, prosperity and may God's blessing grace your new year with many sweet moments.**

**L'Shanah Tovah**

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# CALENDAR



Watch your emails and our website for updates and changes to any of our programs or information

COVID-19 UPDATE: CBJ is following the guidelines in accordance with CDC and local government. The CBJ building is closed until it is safe to reopen. We will be providing daily morning (7:30 a.m.), evening minyan (7:30 p.m.) and Sunday morning at 9:00 a.m. at their regularly scheduled times through Zoom. Check your emails for all program offerings and the links to access. For Shabbat Services please see our calendar on our website at [www.bethjudea.org](http://www.bethjudea.org) for Service Time and all online events.



[Visit CBJs FB Page](#)

## Helping Hands



**Free delivery for  
your community  
during COVID-19**

[www.helpinghands.community](http://www.helpinghands.community)

Are you high risk?  
Request help

Healthy?  
Volunteer to deliver

[Click Here for Help or to Volunteer](#)

## President's Message

ShanahTovah!! I can't believe that the High Holidays are only a few weeks away. It is definitely different this year while the holidays arrive shortly, in some ways, due to all the taping, it feels like they have already occurred. I would like to thank **Rabbi Zimbalist, Hazzan Weisberg, and Lisa Neiman** for all their efforts to make the High

Holidays special and meaningful this year. Rabbi, Hazzan and Lisa worked tirelessly with Don Cagen ([cagenmusic.com](http://cagenmusic.com)) to prerecord the services. This was a Herculean task but the results are fantastic. As I continue to say, while they may be different, they will be meaningful. Different does not mean "bad" or "inauthentic". "Different" means that we have new opportunities to grow together, learn together, and make our future together fantastic. I would also like to **thank VP of Ritual Arnie Bender and Board Members Bruce Darin and Steve Limer** for all their efforts on the High Holiday Services. They spent countless hours working on the honors to try to include as many of our congregants as possible. On behalf of the congregation, we are so appreciative of all that you do for CBJ.

The question I continue to get most often is regarding opening the building. Nothing would make me happier than to get to congregate as a community. I truly enjoyed our opportunities to be together in person but I also enjoy our opportunities to make our virtual community. I am asking you to not discount how important it is that we remain in contact with each other. No member of this congregation is alone during this difficult time. Your congregational family is here for you!! I will continue to keep you updated through my emails as to the status of the building and other happenings at the synagogue. The Task Force meets once a week and will continue to do so in order to make sure we are making prudent decisions for our community.



**DANA GOLDSTEIN**  
**CBJ PRESIDENT**

Speaking of happenings, have you noticed the activity on our Facebook page? Great things are happening at CBJ which we are proud to share on Social Media. Two of our newest Board Members, Jamie Breslaw and Paula Carter, are working on organizing the pages and sharing posts. Did you see some of our congregants post after they

had their honors? Did you see the posts about our new members? Also, I sent you a link to a membership video which discusses the great things that are happening at CBJ. I would love to use this video to promote the synagogue. It would be so amazing if all our congregants could post it on their Facebook pages. Did you accidentally delete the link or can't find it? No problem!! Please contact Lisa Neiman and she will forward it to you. Please share it far and wide to help us increase our membership.

Thank you to those members who have renewed their membership for the 2020/2021 Fiscal Year. Now, more than ever, we need every single member of our community. If you have not renewed yet, I respectfully request that you do so as soon as possible. If you've misplaced the forms or have any questions, please contact Lisa Neiman for assistance.

I wish for all of us continued health and safety during this difficult time. May we all have a happy and healthy New Year and be inscribed and sealed in the Book of Life!! If you need anything, please do not hesitate to contact our clergy, our professional staff, or any member of the Board of Directors. My email, if you would like to contact me directly, is [goldstein4@hotmail.com](mailto:goldstein4@hotmail.com).

L'Shalom,

Dana Goldstein  
President

## President's Message

I hope you were able to join me at Shabbat Under the Stars where we had an opportunity to pray as a community and honor deserving members of the congregation:

### **Rabbi's Award**

Harris Weiner

### **Board Member of the Year**

Adam Barshefsky

### **Outstanding Service Award - Chesed Committee:**

Marilyn Green-Rebnord & Evan Rumack - co-chairs  
and the following members of the Chesed Committee:

Anna Besser  
Arnie Bender  
Larry Bender  
Bruce Darin  
Joanne Dicker  
Steve Dicker  
Cathy Feiger  
Brad Finkel  
Laurie Ford  
Helene Fox  
Alan Friedlander  
Diane Ganden  
Arnie Goldberg  
Brian Gurin

Natalie Gurin  
Andrea Heiger  
Rachel Jordan  
Renee Klass  
Sherry Krawitz  
Ellene Lammers  
Ronna Leibach  
Brenda Levin  
Jodi Levit  
Debbie Limer  
Steve Limer  
Sari London  
Marcie Marcus  
Stewart Margolis  
Lisa Neiman

Fred Rabinowitz  
Marilyn Rebnord  
Evan Rumack  
Merle Rumack  
Heidi Sakol  
Judy Samuels  
Phil Samuels  
Bonnie Sender  
Marc Sender  
Barbra Stark  
David Stolman  
Larry Wolheim  
Eric Yegelwel  
Rabbi Zimbalist

# Help Us Spread the Word – Great Things Are Happening at CBJ

Please copy and paste the following link and share with others:

<https://youtu.be/JQbplykHTtA>



## Congregation Beth Judea Mission Statement

Congregation Beth Judea is a welcoming egalitarian synagogue whose mission is to create a warm and inviting home that serves the lifelong spiritual, educational and fellowship needs of our members.

Consistent with the principals of the Conservative movement, we embrace Torah and our responsibility to serve and support the greater Jewish community, the community at large, the United States of American and the State of Israel.

# CBJ Caterer, Karen is Making Holiday Dishes!!!

The Congregation Beth Judea Staff and Board of Directors wish you an early Happy and Healthy New Year. Karen, our Beth Judea caterer, is making Holiday dishes for Rosh Hashanah and Break the Fast. From Brisket to Kugel and from Roasted Vegetables to Blintz Soufflé. **Rosh Hashanah Orders are Due September 7<sup>th</sup>, and Break The Fast Orders are Due September 21<sup>st</sup>.**

If you have any questions, please email Brian Gurin at [bgurin13@gmail.com](mailto:bgurin13@gmail.com) with subject "High Holiday Food".

Have a Happy, Healthy and Sweet New Year.



## High Holiday Food Dishes by our own Beth Judea Caterer Karen



### Rosh Hashanah Food Dishes

- Whole Herb Chicken
- Brisket Aujus
- Roasted Potatoes
- Wild Rice and Mushrooms
- Roasted Vegetable Medley
- Pareve Sweet Kugel
- Pareve Kugel Corn Flake Topping
- Apple Pie
- Berry Cobbler



### Break The Fast Food Dishes

- Lox Platter - Cream Cheese, Cucumber, Onion, Tomato, Bagels
- Tuna Salad
- Egg Salad
- Blintz Soufflé with Side Berry Sauce
- Dairy Sweet Kugel
- Dairy Kugel Corn Flake Topping
- Apple Pie
- Berry Cobbler



\*Photos shown are only for presentation.



[Click Here to Place Your Order Online](#)

# The Men's Club is Sponsoring Project Isaiah

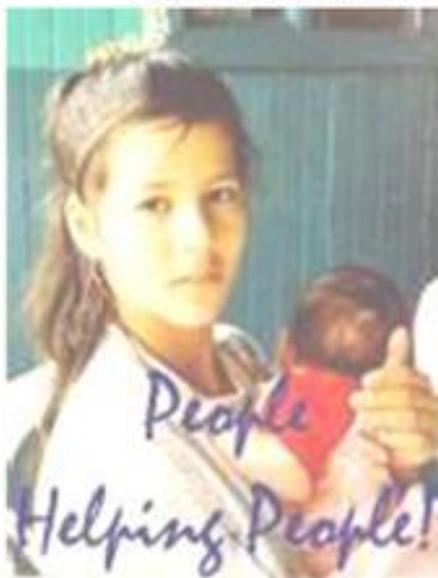


## Project Isaiah



## The Men's Club Is Sponsoring Project Isaiah

*Isaiah 58: "This is the fast I have chosen...  
to share your bread with the hungry..."*



PROJECT ISAIAH gives life to the Jewish traditions of tzadakah (charity) and Tikkun Olam (repairing the world).

This year will be different. We will have volunteers present to take your contributions and place them in the PODS. Volunteers will be observing safe practices.

**DROP OFF INFORMATION:**  
Monday, Sept 21 – Thursday, Sept 24  
10:00 a.m. – 1:00 p.m.  
4:00 p.m. – 7:00 p.m.

Please see the following page for a list of the needed items.

**Help Start The New Year Right,  
Give To Those Less Fortunate**

All items will be donated to the ARK

[Click Here to Download the Flyer and the List of Needed Items](#)

## Israel Committee Movie Night

THE ISRAEL COMMITTEE INVITES YOU TO JOIN US  
**MONDAY, SEPTEMBER 7, 2020 – 7:30 P.M.**  
FOR MOVIE NIGHT AS WE PRESENT

# “LEFT LUGGAGE”

The Israel Committee is presenting an outdoor movie on September 7th at the Feiger’s backyard. Please be there by 7:30 p.m. Maximum 20 cars, 40 people so you must sign up by Friday, September 4th. If we reach 40 people, we will start a wait list. Please bring your own chairs and masks.

Popcorn and bottled water will be served.  
Address: 2717 Ridge Road, Highland Park

Please RSVP to: [ineiman@bethjudea.org](mailto:ineiman@bethjudea.org) or call at 847-634-0777

Rain date will be announced later.



### **Left Luggage**

Isabella Rossellini leads a powerhouse cast in the moving and emotional drama LEFT LUGGAGE, winner of the 1998 Berlin Film Festival! A Jewish philosophy student (Laura Fraser, "Breaking Bad", "Better Call Saul") accepts a job as a nanny with a Hasidic Jewish family in 1970's Antwerp, Belgium. She has little knowledge and sympathy for their many centuries-old rules. Through her bond with the family's five-year old son, she learns to accept and respect a culture steeped in traditions, inspiring her to find the true values of life. Starring Isabella Rossellini, Maximilian Schell, Marianne Sägebrecth, Jeroen Krabbé, Topol, Laura Fraser, David Bradley

Winner of 4 Awards at the 1998 Berlin Film Festival!

Best Film | Audience Award | Special Mention Award (Isabella Rossellini) | Blue Angel Award for Directing (Jeroen Krabbé)  
Directed by Jeroen Krabbé

Based on the Novel by Carl Friedman

The Netherlands/UK, 1998 / Drama / English, Hebrew, Yiddish (with English subtitles)

100 Minutes

# Greenhouse Fundraiser

## Congregation Beth Judea's Green House Fundraiser



Leider Greenhouses of Buffalo Grove is offering a **20%** donation of each purchase of a \$25 or \$50 gift card from Beth Judea\*! Unlimited amounts are available for purchase.

\*Email Lisa Neiman at [lneman@bethjudea.org](mailto:lneman@bethjudea.org) to purchase. CBJ will drop off the gift card, contact-free, at your door with a 7-day notice.

Visit [www.leider.us/](http://www.leider.us/) for hours and products  
Store Location: 1625 Leider Lane, Buffalo Grove

[Click to email Lisa Neiman](mailto:lneman@bethjudea.org)

[Click to visit Leider](http://www.leider.us/)

# HESED COMMITTEE

Dear Congregants,

We hope you and your families are doing well during the quarantine.

At the beginning of this crisis and when our building shut down, Rabbi Zimbalist was anxious that we, the Hesed Committee, reach out to each and every member in March to find out how you were doing, any clergy needs you might have, to discuss the synagogue's digital offerings so that you could be connected should you choose, and to let you know that you are a valued member of our community.

As the crisis continued, we made another round of calls in May to our congregants to again ask how you were coping. Additionally, the Ritual Committee wanted us to again reach out to find out each member's technological capability to ensure he or she would be able to participate in our High Holiday services, which will be accessible to us through digital means. We also wanted to find out if you needed washable face masks for your family, which our congregant Debbie Limer so generously offered to make for congregants.

**If you need assistance with technology to participate in the synagogue offerings or if you need a cloth mask, please let us know!**

Between the two outreaches, we believe we reached at least 80% of our membership through either calls or subsequent emails. If you were missed in either round, we deeply apologize—please let us know. Those of you we reached were overwhelming positive about the outreach. These calls could not have been made without the help of our Mitzvah Squad, which was comprised of your fellow congregants. They worked diligently to reach out to you. Their names are at the bottom of this communication.

Additionally, since May, the Hesed Committee has been reaching out to congregants to mark happy milestones, such as birthdays and anniversaries. We want you to know you are being thought of during these happy occasions.

Many within our congregation have suffered painful losses of loved ones during this time of social distancing and sheltering in place. The inability to sit shiva, share stories with loved ones, and receive comfort from the community in traditional ways has magnified the sense of loss and grief for some. As a committee, we want to support those who have experienced loss in the congregation. We are discussing ways to help our congregants who are sitting shiva without the comfort of friends and neighbors.

As the virus numbers in the state are beginning to fall and we are gradually progressing to new phases, and with the advent of warmer weather, many of us are enjoying the pleasure of once again seeing families and friends in a safe, socially distanced manner. Some of us in our congregational community, however, are too vulnerable to risk even this contact. Perhaps it is even more important for these members to receive ongoing contact from a caring congregant. If you wish for this outreach, please let us know, and we will have a volunteer contact you on a regular basis. We cannot do this, however, unless you let us know. Please let us help you if you- or someone you know- need it! We don't want you to feel alone.

If you would be interested in helping us in the future or have suggestions on how to best meet the needs of congregants or mourners, please contact us at [hesed.cbj@gmail.com](mailto:hesed.cbj@gmail.com).

We wish each of you the best.

*Evan Rumack  
Marilyn Green-Rebnord*

Mitzvah Squad Volunteers:

Anna Besser	Alan Friedlander	Sherry Krawitz	Stewart Margolis	Marc Sender
Arnie Bender	Diane Ganden	Ellene Lammers	Lisa Neiman	Barb Stark
Larry Bender	Arnie Goldberg	Ronna Leibach	Fred Rabinowitz	David Stolman
Joanne Dicker	Brian Gurin	Jodi Levit	Merle Rumack	Larry Wolheim
Steve Dicker	Natalie Gurin	Debbie Limer	Heidi Sakol	Eric Yegelwel
Cathy Feiger	Andrea Heiger	Steve Limer	Judy Samuels	Rabbi Zimbalist
Brad Finkle	Rachel Jordan	Sari London	Phil Samuels	
Laurie Ford	Renee Klass	Marcie Marcus	Bonnie Sender	

## B'nei Mitzvah Bios



**Eli Jacob Kahn** will be called to the Torah as a Bar Mitzvah on Saturday, September 12, 2020.

Eli is an 8<sup>th</sup> grader at Wood Oaks Junior High in Northbrook.

Eli loves to play soccer and plays for AYSO in the spring and fall seasons. He enjoys hanging with his friends. He also loves camping in our RV, especially when his friends join us.

Eli has worked very hard preparing for his bar mitzvah. He will be celebrating with his parents Laura & Jason Kahn, sister Avery, grandparents Eugene & Randy Ziperstein and Renee Kahn, and many aunts, uncles, and cousins. He will also be celebrating virtually with many family and friends.

We would like to thank Kim Abern for her amazing tutoring, guidance, and friendship. He could not have gotten to this day without you. Thank you to all of Eli's Hebrew school teachers, June Fox, Tammy Scheibe, and Michelle Sussman who have supported and guided him over the past few years. Thank you for your vested interest in our son; we are eternally grateful. Thank you to Anna Besser for her hard work in making the Hebrew school a success. Thank you to Rabbi Zimbalist for being our spiritual leader and for all your words of wisdom.

Although this is not how we envisioned this day would be, we are all excited to be sharing this day via Zoom with everyone. We can only hope that we will all be able to be together soon.

A Hearty Mazel Tov to all our B'nei Mitzvah Families

*from your Beth Judea Family.*

## CBJ Garden Club

### JOIN THE CBJ GARDEN CLUB

#### What will we do?

- Plant flowers in and maintain the decorative planters and security bollards in front of the synagogue
- Occasional clean up and maintenance of the garden beds in front of the synagogue, including tasks such as pruning roses and pulling weeds
- Share ideas, ask questions, and exchange plant materials for our personal gardens and outdoor spaces

#### Who can join?

Anyone who loves to garden or wants to learn to garden! NO GREEN THUMB REQUIRED!!!!

If you are interested, please contact Lisa Neiman at [lneiman@bethjudea.org](mailto:lneiman@bethjudea.org)

## Men's Club Shoah Garden

The Shoah Garden is currently under construction.





*CBJ Focus on Families*  
**UPCOMING  
EVENTS**

PLEASE VISIT OUR  
WEBSITE AT  
[WWW.BETHJUDEA.ORG](http://WWW.BETHJUDEA.ORG)  
TO VIEW ALL ONLINE  
AND UPCOMING  
EVENTS.



Our Focus on Families events are supported by the Congregation Beth Tzedek Focus on Family Fund and are geared towards families with children in 2nd grade and younger but are open to all. For any questions about any of the programs that we offer contact Youth Director and Young Family Coordinator, Marc Sender, at

Made with PosterMyWall.com

YouthDirector@bethjudea.org

## Ways and Means = FUNrai\$ing

### DONATING TO CBJ WITHOUT SPENDING \$

We all Shop, Eat, Drink...

Whether it is:  
Amazon  
Starbucks  
Dunkin Donuts  
Sunset  
Marianos  
Lettuce Entertain You  
...or more

Please Buy "Gift" Cards right from  
your phone; ask us how.

Please use Amazon Smile on your  
Prime Account

It is that easy; we are here to help.

Thank you.

Ways and Means

### FUNDRAISING IDEAS

The Ways and Means Committee is  
here for your ideas; please share  
them with us at  
[bgurin13@gmail.com](mailto:bgurin13@gmail.com).



Let's have fun while giving back to  
CBJ.

Thank you all for your support.

### *Who Knows About*



Did you know that Congregation Beth Judea is part of the Amazon Smile Program? We are and last year, **thank you to all of our congregants** who shopped on Amazon Smile Program and designated Congregation Beth Judea as the recipient. **We raised over \$500.** Any questions about Amazon Smile, please call the Beth Judea Office.

## Shiva Baskets

### Sunshine Fund

The primary purpose of the shiva tradition, or "[sitting shiva](#)," is to create an environment of comfort and community for mourners; it helps guide friends and family members through the loss of a loved one. Throughout the weeklong shiva period, mourners come together in one family's home to offer their condolences and support. From a practical standpoint, the shiva process and practices associated with Jewish mourning add comfort to the life of a mourner following a death. In the period after suffering a loss, a mourner may be comforted by the structure and routines prescribed by traditional Jewish mourning laws.

Historically, the Board of Directors of Congregation Beth Judea has sent shiva baskets to the immediate family of Board members; parents, spouses, siblings and G-d forbid, children. We would like to extend this gesture to the entire congregation.

Donations may be sent the shul attention Lisa Neiman.

Thanking you in advance for your generous donations.

Respectfully,  
Lisa Neiman



### SUPPORT BETH JUDEA WHILE YOU SHOP ON AMAZON!!



Did you know that when you shop on Amazon you can support Congregation Beth Judea at the same time? It's very simple, Amazon smile will donate 0.5% of the price of eligible Amazon purchases to Congregation Beth Judea.

Here is the link: [Click here to Shop](#)

## WAYS & MEANS

### CBJ Business Directory Advertising Opportunity

Advertise your business in our new [Business Directory](#) section of The Word!

\$120 for a year (one-year term)

Submit a high resolution graphic of your business card to Lisa Neiman at [lneman@bethjudea.org](mailto:lneman@bethjudea.org).

Subscription payment must be received to activate term.



## Gift Cards

### SUPPORT BETH JUDEA BY PURCHASING GIFT CARDS

Purchasing gift cards is one of the easiest ways to support Beth Judea.

The Congregation earns a rebate from the vendors when you utilize the gift cards, so there is no cost to you.

Gift cards can be utilized the same as cash, there are no restrictions.

If you are shopping for groceries or clothes, going to a movie or traveling, you can help support our Congregation.

Order forms for Gift Cards are available in the office or in the Lobby on Sunday morning. They can be purchased with cash, check, or credit cards (a 2.5% convenience fee will be added when paying with a credit card).

[Click Here to Download Form](#)



Anna Besser  
Education Director

## CBJ Religious School Goes Virtual for beginning of the year

In designing the school learning plan for this year, we wanted to create an environment, whether in-person or online, that fosters learning and continues to build on community while prioritizing the safety of our teachers and students. Our theme for the year is **KOL YISRAEL AREVYIM ZEH BA'ZEH**; All of Israel is Responsible for One Another. During this unprecedented time, we have an even greater responsibility put on us. We, as a collective group, must protect one another, be responsible in our decision-making processes, compassionate and kind to the most vulnerable amongst us, and we must work together to create a ***Kehillah Kedosha*** – a holy community that supports and looks after one another. CBJ has formed a COVID Task Force that meets weekly. They, along with Rabbi, Education Committee and myself continue to carefully consider the health and safety of our community as we plan our next steps. Below is an outline of the school plan.

- We are preparing 2 plans for the coming year – one is completely remote and the other is a hybrid with in-person learning opportunities. If we are able to switch between the two plans, we want student learning to be seamless.
- After consulting with CBJ's Task Force and the Education Committee, ***we plan to begin the school year remotely through the High Holidays*** after which we will assess and determine next steps for the remainder of the school year. This decision was made for the following reasons:
  - - Pikuach Nefesh, saving a life, is our primary concern. We do not want to unnecessarily put our students and our staff at risk.
    - We do not think it responsible to bring together children from a number of different schools at precisely the same time local schools are opening up. We believe it's best to let public schools begin and note how things go before we determine our next steps.
    - While we are implementing this online model, we still leave open the possibility of some small in-person scheduled meeting time for special events.
    - Even as we are opening online, we are still preparing the building and the staff to safely welcome students in person when it is decided we can move to the hybrid model. This decision will be made in consultation with the Education Committee, CBJ Task Force, the teachers, and YOU (the parents). There is NO timeline for this, as we will be evaluating how the public schools are handling their openings, how safety procedures are being executed, and how our local area is doing with the virus in general.

## Show Us the Honey

How can we make CBJ Religious School a sweet experience for our students and their families?

On Rosh Hashanah, we dip apple slices into honey to internalize the sweetness. We also give students a taste of honey on the first day they attend school, to symbolize that their attainment of Jewish knowledge is sweet.

Let's take a minute to explore honey...

**Honey's unique qualities.** On Rosh Hashanah, we use honey rather than sugar for the apple-dipping custom. Why? According to Rabbi Schneur Zalman, honey absorbs and preserves its contents. As we study together, the learning sticks with us and infuses our lives.

**Raw = life.** Some people prefer using raw honeycombs. Did you know that "*Chai*" not only means life, but it also means Raw? As we dip our apples and challah into honey, we wish it to be inscribed in the Book of Life.

**To bee or not to bee?** Did you know that honey can be made from dates? The honey of Eretz Yisrael was made from dates or grapes or figs or raisins because the land at the time had no domestic bees, only Syrian bees. To extract honey from their combs, it had to be smoked. We prefer to use bee's honey for Rosh Hashanah because even though bees have a sting within them, their product is sweet. We pray for a sweet result (inscribed in the Book of the Life) that is tempered by God's mercy and compassion.

I wish you and your family a Shanah Tova U'Metukah. May it be a sweet year of learning for all!!

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**CBJ GOOGLE CALENDAR:** click [here](#) to view the synagogue calendar. Each event listed has Zoom information embedded to take you directly to the class/event at that time.



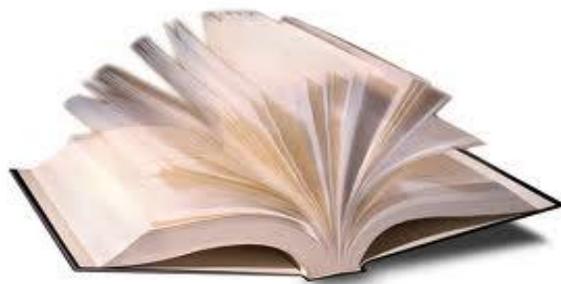
CONGREGATION  
**BETH** בית  
יהודה **JUDEA**

**Adult Education Series**  
**Ongoing Classes**

Welcome to our Adult Education Series. To register for classes or to find out more information, please contact Anna Besser at [abesser@bethjudea.org](mailto:abesser@bethjudea.org).



Please visit our website at [www.bethjudea.org](http://www.bethjudea.org) for a list of all on-going and new adult education courses being offered. Check the site frequently as more classes are being added on a continuing basis.



## CJE Senior Life - Legends in Music

**Wednesdays - 10:00 a.m. - 11:00 a.m.**

Sing along and celebrate "Legends in Music" with Mark Desky. This week's program is entitled "Women of Song," which will feature legendary performances from icons such as Judy Garland, Patti Page, Margaret Whiting, Peggy Lee, Doris Day, Liza Minnelli and more. For music lovers of all cognitive memory levels!

[Click here to go to the CJE website for their Legends in Music Program](#)

## AJEC Program

**Wednesday, September 9, 2020**

**1:00 p.m. – 2:00 p.m.**



AJEC invites you to Zoom

**Strengthening Your Resilience During  
Uncertain Times:**

**Build Your Toolkit for Greater Well-being.**

**Featuring: Dr. Ilene Berns-Zare**

All of us are impacted by the global pandemic and the uncertainties we're facing each day. How can we renew and strengthen our resilience skills as we prepare for the High Holidays? Combining understandings from positive psychology with practical strategies for everyday life, learn strategies to cultivate greater strength, balance, and positivity as you navigate life's joys and challenges.

[RSVP Required - Click Here For Full Information](#)

# ADULT EDUCATION



Welcome to our Adult Education Series. To register for classes or to find out more information, please contact Anna Besser at [abesser@bethjudea.org](mailto:abesser@bethjudea.org).

## Adult Education Series September 2020

### Lunch 'n Learn



### Lunch & Learn: *Pirkei Avot* *Taught by Rabbi Zimbalist*

Dates: Mondays at Noon  
September 14



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### Lunch & Learn: *Tacking the Talmud with Rabbi Josh Warshawsky* *with Rabbi Josh Warshawsky*

Dates: Thursdays at Noon  
September 3, September 10



### Night Cap with Rabbi Zimbalist

Thursdays at 9:30 pm

Dates: September 3, September 10

### Torah-to-Go with Rabbi Josh Warshawsky

Dates: Tuesday Mornings at 8:15 a.m.  
September 1, September 8



Start your Tuesday morning off with a dose of Torah with a side of Rashi's commentary.

### Ask the Rabbi with Rabbi Josh Warshawsky

Dates: Tuesday Evenings at 8:00 p.m.  
September 1, September 8



### Vort - Yiddish for "Word" with Rabbi Josh Warshawsky

Dates: Wednesday Evenings at 8:00 p.m.  
September 2, September 9

Wrap your day up with short lessons from the ancient and modern Rabbis on the Torah and how it can guide us as we walk in the world.

# Sisterhood

This is the time of the year that I feel the passage of time like no other. Beginning of a new school year. The approaching High Holidays. Time marches on. How will you remember this summer? The things that did not happen or the things that did? The kids on my block had a summer like no other. They were out all day long playing together. I understand there was no social distancing going on, but they pretty much quarantined together as one big huge play group. All parents had to do was follow the noise. Parents looked out for others' kids. The memories that these kids made this summer. For them it was a carefree summer that they would not have had in a normal situation. They were so fun to watch from my upstairs office window. That is one of the things that happened this summer that I will remember.

Sisterhood was happy to sponsor the virtual tour of the RBG exhibit at the Illinois Holocaust Museum. It was well done and well attended. Ruth Bader Ginsburg never ceases to inspire and amaze me!

Our Membership event – Planting Seeds - will be on **Sept 13<sup>th</sup>** from 3:30 to 5pm on Zoom. It will be an opportunity to come together as a group before the High Holidays to contemplate the year just finishing and the one that is about to begin. No one could have foretold the events of this last year. Let us take the time to reflect and plant the seeds for next year. Each paid up member of Sisterhood will receive an invitation in the mail that will include seed paper for the event. We hope that you will attend!

On **October 20<sup>th</sup>**, we will have a program called Chevra Kadisha. Sherry Weinberger will be our Zoom host. Our guest speaker will be discussing ritual practices regarding death and the ritual washing of the body. Please see the weekly email for the details.

Save the date of **November 16<sup>th</sup>** for our next Zoom event. One of the good things about being virtual is the flexibility. Stay tuned for the specifics.

Our Hanukkah event will also be an Arts event. On **December 16<sup>th</sup>** via Zoom, we will be quilling. Quilling is an art form that involves the use of strips of paper that are rolled, shaped, and glued together to create decorative designs. The cost of the event will include the kit needed to make your own dreidel. Again, details to follow as we get closer.

On behalf of the Sisterhood Board, we wish you a happy and healthy New Year and beyond. High Holidays are going to feel very different this year, but that doesn't have to be a bad thing. It could give us more time to concentrate on the things that mean the most to us. Make it meaningful in your own way and focus on the things we have, not the things that are missing. Take care of yourself and connect with others as best you can.

Debbie Limer  
[Debs825@datamanagerinc.com](mailto:Debs825@datamanagerinc.com)  
Michele Sussman  
[CBJSisterhoodpresident@gmail.com](mailto:CBJSisterhoodpresident@gmail.com)  
Sisterhood Co-presidents





**CBJ Sisterhood Membership event:**

## **PLANTING SEEDS:**

**REFLECTIONS 5780,  
RENEWAL 5781**

We take a collective opportunity to look back on a year with many challenges to see how we have grown, individually and as a community. We will also look to the year we are about to start and contemplate what we want for ourselves in the year ahead.

Seed paper will be mailed to each paid-up member of Sisterhood ahead of the event.

**Sept 13<sup>th</sup> @ 3:30-5:00pm**

**See your weekly email for Zoom info**

**No RSVP needed**



*Sisterhood*

*Where every woman's voice is heard.*



*מה יפה ירושתנו.*



*Congregation Beth Judea's Sisterhood Presents  
A Very Special Synagogue Wide Educational Program  
Open to Everyone:*

# Chevra Kadisha

**October 20, 2020 – 8:00 p.m.**

Learn about the Jewish ritual of Taharah, or preparing the body when someone dies, and how people help midwife the soul on its journey. There are many steps in the procedure both practically and spiritually.

In addition, there is a whole series of liturgy that accompanies this holy process. Listen to two members at Anshe Emet, Merle and Barry Gross, who started a Chevra Kadisha, or "Holy Friends," in 2010, discuss how they help people understand these rituals.

Contact Sherry Weinberger  
[sbweinberger@me.com](mailto:sbweinberger@me.com) for more info

RSVP to: [cbjsisterhoodmail@gmail.com](mailto:cbjsisterhoodmail@gmail.com)

See Your Weekly Emails for Zoom Information



*Sisterhood*

*Where every woman's voice is heard.*



מה יפה ירושתנו



*Congregation Beth Judea's Sisterhood Presents:*

# College Connection

CBJ families are invited to keep your college students engaged with Congregation Beth Judea. We want to celebrate Judaism with your college students.

If you would like your student to receive a College Connect from Sisterhood throughout the school year, please email the CBJ Sisterhood at [cbjsisterhoodmail@gmail.com](mailto:cbjsisterhoodmail@gmail.com) with the following:

Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Information must be submitted by November 1, 2020**



# Sisterhood Gift Shop

The Sisterhood of Beth Judea proudly shares about our renowned Judaica Shop!

Open by appointment starting in September! We will be following strict COVID-19 safety protocols to ensure your health and well being while shopping.

Our Judaica Shop carries a wide variety of items and gifts with continually updated inventory. Come take a look at many of the following types of items:

- \*Tallitot
- \*Kippot
- \*Women's Head Coverings
- \*Seder Plates
- \*Hanukkah Menorahs
- \*Shabbat Candlesticks
- \*Kiddush Cups
- \*Tzedakah Boxes
- \*Wedding Gifts
- \*Shofars
- \*Bar & Bat Mitzvah Gifts
- \*Mezuzah Cases and Kosher Scrolls
- \*Yahrzeit Candles
- \*Jewish Children's Books
- \*Wall Home Blessings
- \*Hostess Gifts
- \*Wedding Glasses
- \*Decorative items.....and so much more!



Make an appointment to see our amazing collections of beautiful Judaic Jewelry – for both Men and Women! We have countless Hamsas, Chais, Stars and Hoshens. You will love our special designer pieces. Also our non-Judaic jewelry can make a special gift as well.! You will find many price points to meet all budgets.

Our extensive collection of Tallitot, for both men and women, is a specialty we are known for in the Chicagoland area! We always have approximately 100 of the Tallitot in stock...most of them made in Israel!

If the choices are overwhelming – or you wish to simply allow a family member or friend choose on their own – a Gift Certificate may be the wise choice for you – any denomination – anytime. We make it easy for you too – as we accept Visa, MasterCard and Discover!

The Gift Shop would love to help you with your Judaic needs. Our Staff is flexible with appointment dates and times. Call or email us today!

Simply contact:

Ann Lerman (847) 373-8640 or [giftshopcbj@gmail.com](mailto:giftshopcbj@gmail.com)



Cookbooks



**Congregation Beth Judea Gift Shop**  
(Where shopping is a mitzvah)

**20% OFF ONE SINGLE ITEM OF \$25 OR MORE**

Coupon must be present at time of purchase  
Exclusions include sale merchandise, special orders, scrolls.  
One coupon per family. No other discounts or promotions apply --  
Expires December 31, 2020



**COUPON**



Torah Pins

## Men's Club

Greetings fellow congregants. It is hard to believe that this is September, and the High Holidays are this month. Hopefully, your summer has been good.

I wanted to begin this month's article by once again thanking Dr. Eric Yegelwel for his wonderful chairmanship of our Tri-Regional Retreat that was on August 1 & 2. We had 105 people sign up, and at any point in time during the two days had over 75 tiles on ZOOM. The whole event was wonderful, and it was a first in FJMC history where 3 regions, KIO, Midwest, and Tri-State, came together and sponsored an event. While there were many interesting and fun programs during the event, I wanted to mention a few. First, Rabbi Zimbalist gave a wonderful D'var Torah on Saturday evening to formally kick off the retreat. He spoke about Parsha Ekev. Yasher Koach Rabbi and thank you for being so supportive of the Men's Club. Next, Mike Berman, Sports Reporter for NBC 5 Chicago, spoke to us about what it has been like to report on sports during the pandemic. This was the most attended program during the retreat and was rated number 1 in our post retreat survey. Finally, we had Hazzan Steve Stoehr from Congregation Beth Shalom in Northbrook speak to us about the Chevra Kidisha or Jewish Burial Society. I for one, as many others who attended, was not familiar with this. If you do not know what this is, it is a group of men and women who make sure that the Jewish deceased are prepared properly in accordance with tradition prior to interment. A very nice surprise during Hazzan Stoehr's presentation was a virtual visit from a member of the Abayudaya Region in Uganda, Africa (yes, the FJMC has a region in Africa) who spoke to us about how it has been there during Covid-19. Needless to say, they are having many of the same difficulties there as we are here. We ended the retreat as we normally do with Hinei Ma Tov. While it certainly was not the same as being together in person, you could still feel the love and connection that we all have as brothers.

The Virtual Poker Tournament was on August 16. Thank you to Steve Limer and Allen Harris for putting this together. We had 21 players, and the tournament was on the Poker Stars app. Congratulations to Jason Kahn on winning the tournament.

As I mentioned last month, we have renovated the Holocaust Memorial Garden in the front of the Synagogue. Thank you again to Jerry Sakol for his hard work in overseeing this project. Not only that, but also taking care of all the electrical work that needed to be done. If you have not been by the shul lately, stop by to see what the garden looks like now. It is beautiful and very inviting. New trees, plants, and flowers, as well as a new water feature, benches, and walking path are just some of the highlights. A formal dedication of the garden will take place next spring around Yom HaShoah. I also again want to say thank you to Ira and Bonnie Sender for your very generous donation to make this happen.

As we have in the past, we will be sponsoring Project Isaiah again this year with a little twist. This year instead of dropping off your donations on Kol Nidre, which we will not be able to do due to the pandemic, we will be taking your donations during the week between Rosh Hashanah and Yom Kippur at the synagogue only. The dates are September 21- 24, and we will be accepting donations between 10:00 AM – 1:00 PM or 4:00 PM – 7:00 PM. Please see the flyer regarding items needed. All donations will help The ARK. If you are interested in volunteering to help take the donations, please contact Ron Friedman or me.

This year we will again be building the Sukkah for the synagogue. Since we will not be able to gather inside it and celebrate as we normally do, we still will have a Sukkah, albeit a little different. We will be building a Drive -Thru Sukkah in the parking lot. We will be needing volunteers to help Sandy Victor put it together. Also, we are working on an alternative event for our annual Steak and Scotch dinner in the Sukkah. Please keep an eye out for more information regarding both.

Finally, as it was with Passover, this High Holiday season will definitely be different. While we will not be able to celebrate together in person, I want to wish each of you a very Happy and Healthy New Year. May you all be inscribed in the Book of Life.

Please stay safe and healthy.

Shana tovah,

Rob Lipka  
BJMC Co-President



## Men's Club Wellness Day Program



Sunday, **September 13, 2020**

Buffalo Creek Forest Preserve - 18163 W. Checker Road - Long Grove, IL

Or any other **Park or Neighborhood Location**

Anytime during daylight hours

### **Attention all Congregation Beth Judea Members of all ages!**

Please join the CBJ Men's Club (men, women and kids invited) for a bike, run or walk through the remodeled Buffalo Creek Forest Preserve or any other place you choose.

As part of the FJMC Wellness Program, we urge all congregants to participate in this event at whichever level you feel comfortable. Our goal is to increase awareness of health and wellness issues to all members of Congregation Beth Judea in this time of Shelter in Place. It is important to remain physically and mentally fit. Exercise helps accomplish both these goals.

Walk, bike or run for 20 minutes or more any time or place on the Wellness day. After you are done, contact Sandy Victor at [sandy\\_victor@hotmail.com](mailto:sandy_victor@hotmail.com) to report your participation. If you go with other persons, please maintain proper social distancing.



The graphic features a light orange background with a pink scalloped border at the top and bottom. At the top left is the logo for Beth Shalom of Judea, and at the top right is the BJUSY logo. The main title 'BJUSY AUGUST & SEPTEMBER EVENTS' is centered in large, bold, pink letters. Below the title, two columns of text describe the event types: 'Open to Jewish 8th-12th Graders' on the left and 'Zoom and social-distanced events' on the right. A central vertical line of dots separates the two columns. The event dates and titles are listed in the following table:

Date	Event Title
August 25	BJUSY'S BACK WITH BAKING!
August 28	CBJ SHABBAT UNDER THE STARS
September 1	BJUSY SWEET NEW YEAR STARBUCKS WITH ICE CREAM
September 8	BJUSY'S VIRTUAL TOUR OF ISRAEL
September 22	BJUSY CARES
September 29	BJUSY CLASS OF 2025 BONFIRE

[Click to go to BJUSY Calendar](#)

# CHUSY Kickoff Weekend 2020:

**CHUSY**  
CHUSY

Join us for an amazing Kickoff weekend with CHUSY!

**CHUSY'S GOT...**

**Talent!**                      **Leadership!**

**September 12,**                      **September 13,**  
**2020**                                      **2020**

8:15pm - 10:30 pm                      1:00pm - 4:00 pm

RSVP to attend or perform at:                      Register on Zoom at:  
[tinyurl.com/CHUSYKickoff2020](https://tinyurl.com/CHUSYKickoff2020)                      [tinyurl.com/CHUSYLT12020](https://tinyurl.com/CHUSYLT12020)

**Open to all Jewish 8th-12th Graders**

\*Showcase your talent at CHUSY's Got Talent on Saturday Night  
\*Join us Sunday afternoon for our 2020 LTI -- CHUSY's Got Leadership!  
Don't miss out on this awesome weekend!

**\*Kickoff will take place in the RZJHS Parking Lot  
1095 Lake Cook Road, Deerfield, IL 60015**  
\*Suggested charitable donation of \$10 to Tikun Olam is encouraged

**\*LTI will take place virtually over Zoom**  
Both events are included in the #MyUSYfi Fall package  
and have no additional cost!

## CHUSY's Got Talent!

Join CHUSY Region on Saturday night, September 12th at 8:15 pm for our annual kickoff event! Come meet us in the Rochelle Zell High School parking lot -- showcase your own talents or come to cheer on your friends!

This event will be socially distant and masks are required. When you arrive at to the event you will be assigned to a parking spot that you and whoever you arrive with must stay in, but feel free to bring lawn chairs and snacks for yourself! If you get dropped off, make sure you bring those chairs!

Any questions? Reach out to Marc or Daniel [msender@uscj.org](mailto:msender@uscj.org) or [dwarshawsky@uscj.org](mailto:dwarshawsky@uscj.org)

[Click Here to register for Kickoff!](#)

# CHUSY's Got Leadership!

Join us on Sunday, September 13th for CHUSY LTI 2020: CHUSY's Got Leadership! Spend the afternoon with us from 1:00pm - 4:00pm as we get to know each other, gain some new leadership skills, and make some important decisions for CHUSY Region. This year **everyone** can attend, and you'll have the opportunity to participate in up to three counterpart sessions of your choice! Click below to register!

\*Please note that there is no additional charge for this event, however you must register for #MyUSYFiFall in order to attend. Details below.\*

**Any questions? Reach out to Daniel at [dwarshawsky@uscj.org](mailto:dwarshawsky@uscj.org)**

[Click Here to register for LTI!](#)

Remember that thanks to a generous donation, CBJ Youth Group membership is automatically included in your CBJ membership!

Not a CBJ member??? Sign up for membership in USY, Kadima, or Kadinkers below

[2020-2021 CBJ Youth Membership Form](#)

Check out the other great CBJ Youth programs that we have coming up in the next few months!

[CBJ Youth Calendar](#)

*BJUSY is open to 8th-12th graders of all ability levels. If you need any accommodations to participate in our events please reach out to Marc, [youthdirector@bethjudea.org](mailto:youthdirector@bethjudea.org)*

# Camp CHUSY Lounge Night



Join us on **Wednesday, September 16th at 7pm** on Zoom for our Camp CHUSY Lounge night! Throw it back to simpler times with your friends as we make s'mores and popsicles, play some camp-style games, and hang out with new and old friends. We'll see you there!

**Make sure to pre-register so that you can get a box with all of the supplies for the event. We'll be having two pick up times for the boxes: The first one at our Kickoff event on Saturday, September 12th, and the second one on Wednesday, September 16th at the CHUSY office (550 Frontage Road, Northfield, IL 60093) from 4:30pm - 5:30pm. Click below to register!**

Any questions? Reach out to Daniel at [dwarshawsky@uscj.org](mailto:dwarshawsky@uscj.org)

[Click Here to register for our Camp CHUSY Lounge Night!](#)

Check out USY's new partnership  
with Lost Tribe ESports on the USY  
Discord Channel!  
(5th-12th)



**Find your **game**. Find your **tribe**.**

Lost Tribe Esports is a year-round, global home for Jewish gamers. Chat and compete in local, national, and international tournaments for your favorite video games. Join the USY Discord Channel and get started today!



[Check out USY ESports](#)

## Introducing #MyUSYfi Fall

**#MY USYfi FALL**

USY is so excited to provide a full calendar of programming through the Fall Semester for Jewish Youth in 5-12th grade.

**LEADERSHIP DEVELOPMENT SOCIAL ACTION  
JEWISH LEARNING HEBREW CREATIVE ARTS  
PARENT PROGRAMMING AND MORE!**

**\$199 includes all Regional and International Programs for the Fall.**

Questions? Email [usyfi@usy.org](mailto:usyfi@usy.org)

**#MYUSYFIFALL FAQs**

We know you have questions regarding our new system of programming, and we're here to help!

**WHAT IS THE PRICE AND WHAT DOES IT COVER?**  
#MyUSYfi Fall Membership costs \$199. This All-Access Pass covers all regional, branch and international programs through December 20th, 2020.

**WHO CAN SIGN UP?**  
All Jewish youth, as of September 2020, are in 5th through 12th grade are invited to register for #MyUSYfi Fall!

**DO I NEED TO BE A MEMBER OF A SYNAGOGUE OR USY CHAPTER?**  
No! If you do not indicate you are a chapter member on your registration, we will connect you with your closest chapter so that upon the return of in-person programming, you have the opportunity to participate in local events.

**WHAT'S THE PLAN FOR WHEN IN-PERSON PROGRAMMING RESUMES?**  
We are continuously evaluating programming opportunities for later Winter and Spring as the situation evolves, and will keep you updated as decisions are made.

**CAN I TRY USY OUT BEFORE I COMMIT TO REGISTERING FOR #MYUSYFIFALL?**  
Yes! You can attend one regional program for free to try it out, and we hope that after that you will register for all that #MyUSYfi Fall has to offer. To learn more about upcoming regional programming, contact your branch staff.

**WHAT IF I ONLY WANT TO PARTICIPATE IN REGIONAL PROGRAMS? OR INTERNATIONAL PROGRAMS?**  
Your #MyUSYfi Fall Membership gives you the ability to choose whatever programs you can attend. Sign up for as many or as few as you would like. There is no separate pricing package for regional or international-only programming.

**IS THERE A SIBLING DISCOUNT?**  
Yes! Once one child registers, there will be a \$25 discount for each sibling that registers after.

**IS SCHOLARSHIP AVAILABLE?**  
Yes! Scholarships are available for those with financial need. To learn more, please be in touch with your branch staff.

**ARE PAYMENT PLANS AVAILABLE?**  
Yes. You can choose a plan when you register. If you need a longer plan, please contact Michelle Rich at [rich@uscj.org](mailto:rich@uscj.org).

**IS MY CHAPTER MEMBERSHIP INCLUDED IN THIS?**  
No. The \$199 covers all regional and international dues. Your chapter may charge an additional fee for membership.

**WILL PROGRAMMING BE GRADE-SPECIFIC?**  
There will be programming for grades 5-7 and 8-12. In addition, some programs may be open to grades 5-12. There will also be programming by grade for 8-12 graders.

**I HAVE A TIME CONFLICT WITH A PROGRAM! CAN I WATCH IT LATER?**  
Yes - programming will be recorded and accessible to paid members after it takes place.

If you have any other questions, please email [usyfi@usy.org](mailto:usyfi@usy.org).

As a benefit of membership. All CBJ member teens will be receiving discounted pricing for USYfi Fall on behalf of the Congregation Beth Judea Youth Department and our generous donors who support youth membership!

We will continue to provide award winning BJUSY chapter programming in addition to CHUSY regional and national programming for USYers across North America.

This new structure will include membership, regional programs (like virtual conventions, lounge nights, Shabbat experiences) and nationally run experiences no matter where you are! Connect with teens from across the country!

**DO NOT LET COST DETER YOU! WE ARE COMMITTED TO MAKING IT POSSIBLE FOR ALL TEENS TO PARTICIPATE REGARDLESS OF FINANCIAL MEANS. SCHOLARSHIP IS AVAILABLE! Reach out to Daniel or Marc, [dwarshawsky@uscj.org](mailto:dwarshawsky@uscj.org) or [msender@uscj.org](mailto:msender@uscj.org) with any questions.**

[Click Here to register for #MyUSYfiFall!](#)

## Check out the CHUSY Calendar!

# CHUSY 2020 Calendar!

CHUSY Kickoff: CHUSY's Got Talent - 9/12/2020

CHUSY LTI: CHUSY's Got Leadership - 9/13/2020

Camp CHUSY Lounge Night - 9/16/2020

Lounge Night - 10/21/2020

Kadima Kickoff - 10/25/2020

CHUSYFest/8th Grade Shabbaton - 11/5/2020-11/8/2020

Lounge Night - 11/18/2020

Kadima Konvention - 12/3/2020-12/6/2020

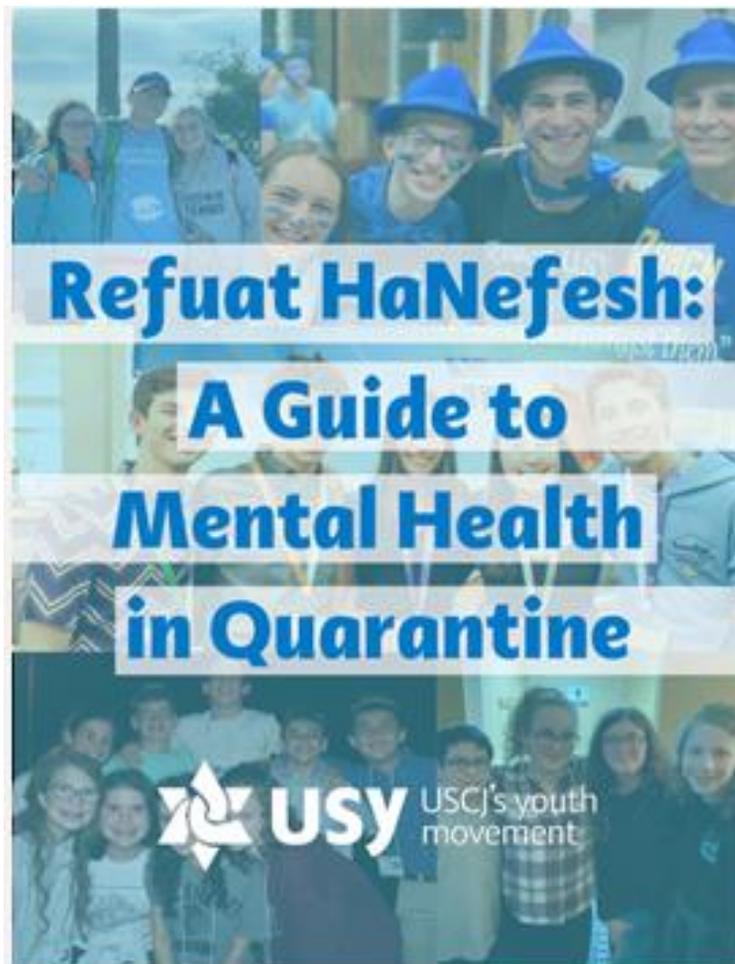
Hanukkah and Finals Lounge Night - 12/16/2020

International Convention - 12/27/2020-12/30/2020

## Can't wait to see you there!



## Refuat HaNefesh: A Guide to Mental Health in Quarantine from USY



**[Please click here to find Refuat HaNefesh: A Guide to Mental Health in Quarantine.](#)**

In this guide you will find many resources that can help you and your friends stay physically and emotionally healthy. We hope these tips, tricks, and connections will serve as supports - both on days when you're feeling okay and also on others when you need a helping hand. In addition to these resources, remember that our USY community has never been stronger or more supportive - you can find programs from USY and our many regions on multiple nights of every week. Always remember that your USY family doesn't end when the Zoom call is over. Your friends and staff members are always available for you to lend an ear, make you laugh, or just to talk.

If you are looking for more resources, have any questions, or if you and your families need anything, please remember you can always find our contact information on the USY Website, [www.usy.org](http://www.usy.org)

# INTERFAITH COUNCIL

## News from the Northwest Suburban Interfaith Council

by Joanne Dicker, President

I hope and pray that you and your loved ones are safe and healthy.

We wish all those celebrating the holidays of Rosh Hashanah and Yom Kippur a “Shanah Tovah,” a good year, and may everyone in our community be blessed with health and happiness.

This year, we find ourselves put through many tests and trials. So many things that we would have taken for granted months ago are now memories: shaking hands, hugging, or even being in the same room! A virtual world of contact has now become the norm. However, for many of us, our neighbors and our friends, a virtual world is simply not enough. They cannot survive without some assistance. Our traditions tell us that we should feed the hungry. Please help us feed the hungry. Drop off food at our food pantries or donate to the Interfaith Council. The locations of the food pantries for food donations and food and toiletry assistance are listed on the attached flier.

We are working on a **book drive** for pre-school children. Help us to open their world and their imaginations through reading! We are collecting gently used or new books. This initiative seeks to support and encourage parents to read to their children. We also endeavor to help pre-school children gain confidence in their reading ability, in English, Spanish, or both. These books would be made available for free in a variety of community facilities such as laundromats, food pantries, preschools, churches, and synagogues. Did you know that 70% of people in jail or in juvenile court and 80% of school drop-outs can't read past the third-grade level? If you have books to donate, call us at 224-699-0386.

Lift your spirits. Join the interfaith community and strengthen interfaith dialogue between Muslim, Jewish, and Christian communities through music and laughter. Attend the **Potluck for Peace: Thursday, September 10, 2020 at 7:00 p.m.** (Sponsored by the Children of Abraham Coalition.) [See the attached flyer.](#)

May we see improvement in our lives, joy in our souls, and a commitment to make the world a better place for our families, friends, neighbors, and those we have yet to meet.

For more information on any of our programs, please contact us by e-mail or telephone: [nwsinterfaith@gmail.com](mailto:nwsinterfaith@gmail.com), 224-699-0386 or visit our website at: <http://www.northwestsuburbaninterfaith.org>

Donations may be made directly to: Northwest Suburban Interfaith Council  
PO Box 5301  
Buffalo Grove, IL 60089



# INTERFAITH COUNCIL

## News from the Northwest Suburban Interfaith Council by Joanne Dicker, President

**Our food pantries and many of your neighbors desperately need your help!** Due to the continued issues with the Corona virus, many more of our neighbors are in need of food and everyday supplies. Please help us support our local food pantries either through monetary donations or purchasing of needed supplies. If you are in need, see the list below of our food pantries and the township food pantries.

If you are able, **please purchase and donate** any of the following items:

Canned Soup	Canned Chili	Crackers	Shampoo
Canned Fruit	Cereals	Ramen Noodles	Toilet Paper
Canned Vegetables	Peanut Butter	Pasta Sauce	Paper Towels
Grape Jelly	Oatmeal	Soap	Flour
Boxed Pasta	Mac & Cheese	Spaghetti O's	Snacks
Canned Tuna	Canned Chicken	Bagged Rice	Toothpaste
Baby Diapers	Vegetable Oil	Laundry detergent	

### Locations of food pantries, pick up and drop of hours: (Please note that many food pantries have geographical restrictions for food distribution:)

- 1. St. Mary Parish: 10 N. Buffalo Grove Road, Buffalo Grove.** Food is distributed on the third Saturday of the month. (ID and current utility bill required.) Food Donations will be collected on the first weekend of the month. Saturdays from 3:30-5 p.m. and Sunday from 8:30 to 10:30 a.m. If you cannot donate at these times, please contact the parish office at 847-541-1450 ext. 131 to make arrangements.
- 2. Kingswood Methodist Church:** 401 W. Dundee Road, Buffalo Grove, IL. Food is distributed on Thursdays from 9:30 a.m. to 12:00 noon. (ID and proof of residency in Wheeling Township required.) Food donations are collected 9:00 a.m. to 5:00 p.m. Please leave food donations inside the church on the east side entrance on the tables provided.
- 3. St. Alphonsus 411 N. Wheeling Road, Prospect Heights.** Food is distributed on the 1<sup>st</sup> and 3<sup>rd</sup> Saturdays of the month from 10:00 a.m. to Noon. (ID, proof of residency in Prospect Heights, Wheeling, or Mt. Prospect and current utility bill required) Food donations are collected between 9:00 a.m. and 5 p.m. Monday through Friday near the school entrance facing Wheeling Road.
- 4. Beth Am: 1377 Abbot Court, Buffalo Grove** Food is distributed on the last Sunday of the month or call: 847-383-5017. (ID required.)

### Township pantries:

- 1. Vernon Township: 3050 N. Main Street, Buffalo Grove** Monday-Friday 8:30 a.m.-4:30 p.m. (847) 634-4600. Donations of non-perishable foods are accepted 24/7.
- 2. Wheeling Township: 1616 N. Arlington Heights Rd., Arlington Heights, IL 60004.** (847) 259-7730 Pre-packed bags are available on Tuesdays, Wednesdays and Thursdays between 9 a.m. and noon, and again between 1 p.m. – 4 p.m. Residents will need to provide a picture ID and proof of residency. Donations of food are accepted Monday – Friday from 9 a.m. – 4 p.m.

Thank you so much for your help! Stay healthy and safe!

For more information on any of our programs, please contact us by e-mail or telephone:

[nwsinterfaith@gmail.com](mailto:nwsinterfaith@gmail.com), 224-699-0386 or visit our website at:

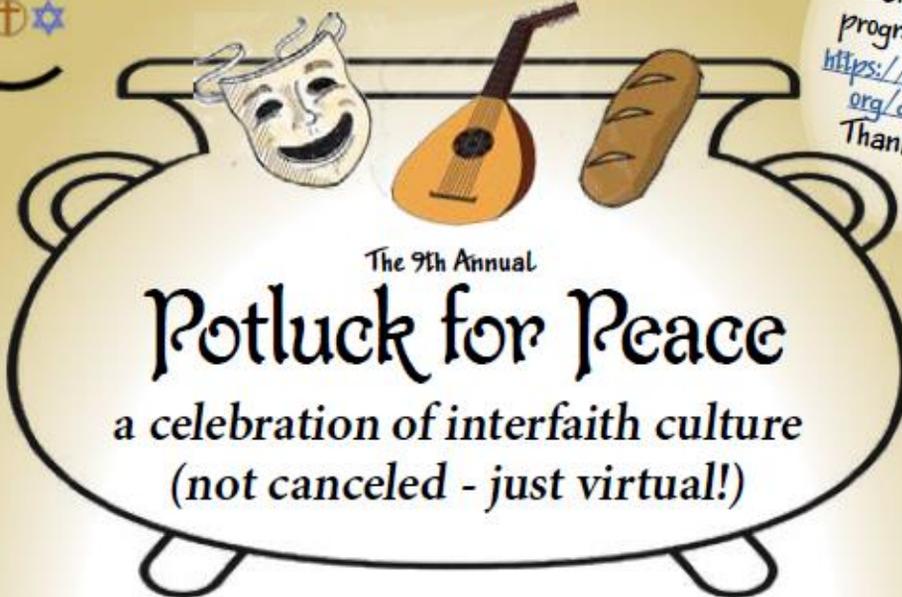
<http://www.northwestsuburbaninterfaith.org>

Donations may be made directly to: Northwest Suburban Interfaith Council  
PO Box 5301  
Buffalo Grove, IL 60089





The Children of Abraham Coalition presents...



We invite you to support COAC & this program! Go to: <https://coacpeace.org/donate/> Thank you!!



**THE Laugh in PEACE** comedy tour



**THE CHICAGO SALAAM HALOM MUSIC PROJECT**

**Thursday, September 10, 2020  
7PM**

Please join us, virtually, for a night to share music, laughter and strengthen interfaith dialogue between Muslim, Jewish and Christian communities.

Please Pre-Register at: <https://tinyurl.com/coacpotluck2020>



Children of Abraham Coalition



@COACpeace



@COACpeace

[Click Here for Flyer](#)

[Click Here to RSVP](#)

## Interfaith Council



This summer, the Northwest Suburban Interfaith Council is partnering with Wheeling Rotary to collect gently used or new books for pre-school children. This initiative seeks to support and encourage parents to read to their children and make books available to them. We also endeavor to help pre-school children gain confidence in their reading ability, in English, Spanish or both. These books would be made available for free in a variety of community facilities such as food pantries, PADS, preschools, churches, synagogues and laundromats.

Did you know that 70% of people in jail or in juvenile court can't read past the third grade and 80% of school drop-outs can't read past the third grade?

Look for the book drops in your church or synagogue or contact us directly.

Thank you for your support



[www.northwestsuburbaninterfaith.org](http://www.northwestsuburbaninterfaith.org)  
224-699-0386

## Boomers

All Congregation Beth Judea members age 55 and over, are welcome to participate.

If you're not already on the BOOMERS mailing list, please email your name and email address to:

[boomerscbj@gmail.com](mailto:boomerscbj@gmail.com).

Stay healthy,  
Joan Rosemarin

## Did You Know...

Do you know of information that would be of interest to our congregants? If so, please let us know.



## Cell Phone Drop-Off Box In Synagogue Office!

Help domestic abuse victims by  
**donating your old cell phones**

Each phone raises money  
for domestic abuse crisis-  
counseling services in the  
Jewish community!



SHALVA offers free counseling to Jewish women who are or were in an intimate partner relationship. If you or someone you know needs our help, call 773-583-4673.

## LIFE IN ISRAEL THE GOODMAN'S' BLOG

Howie and Suzanne Goodman were valued members at Beth Judea until they decided to make aliyah in 2009. The Goodmans have agreed to provide us with a blog on their experiences as new olim in Israel. Though we continue to miss the Goodmans, we can all look forward to reading about their adventures in Israel through the blog.



To learn more about the Goodman's life in Israel [click here](#) to share their experience.

## Planned Giving

**Is Beth Judea  
a Part of Your Estate?**

**Help ensure the future of  
Congregation Beth Judea.**

**From Generation to Generation**

*"Making a Difference in the Lives that Follow"*

Upon three things the world is based:

Upon Torah,

Upon Divine Service

and

Upon the Practice of Charity

## Alternative Shabbat Service



### Alternative Shabbat Service

Service Leader: Norm Kurtz

Every Shabbat Morning  
10:30 am until 11:45 am.

You are invited to join the Alternative Shabbat Service which meets every Shabbat morning. Our growing interpretive minyan (prayer group) is focused on building community by enjoying a passionate, meaningful, and dynamic Shabbat morning experience. We are innovative, creative, and different from the traditional service.

We are friendly and welcoming to all. Being non-judgmental and accessible, we are interested in creating a meaningful spiritual community where joyful prayer and spirited Torah discussion is experienced, accompanied by camaraderie and friendship.

Join us for prayer/discussion/ learning and stay after services for Kiddush/lunch with the entire Congregation.

We meet in the former youth lounge on the lower level of the Synagogue (which is accessible to the physically challenged) from 10:30 am until 11:45 am. Bring a friend with you. We look forward to welcoming you to our community.

Shabbat Shalom,

Norm Kurtz  
Service Leader

For further information: [cbjoffice@bethjudea.org](mailto:cbjoffice@bethjudea.org)

**EVERY SHABBAT MORNING**

## The Helping Hand Plan



### The Helping Hand Plan

#### A Project of Congregation Beth Judea Hesed Committee

- **Do you need some help?**
- **Do you need a ride to a doctor's appointment?**
- **Do you need a ride to services at Beth Judea?**

#### **WHAT IS THE HELPING HAND PLAN?**

Beth Judea has a group of volunteers who are ready, willing, and able to lend a hand. Just call or e-mail if you need some assistance.

#### **WHO DO I CONTACT TO REQUEST SOME HELP?**

Please call Larry Wollheim at [847-634-9399](tel:847-634-9399) or e-mail Larry at [lwollheim45@gmail.com](mailto:lwollheim45@gmail.com) to request help.

**It's a Mitzvah to help someone.**  
**Please allow us to help you.**

## You Make A Difference

We firmly believe that reaching out to others benefits not only the recipient, but the person providing help as well. This is, without a doubt, a win-win situation for all involved.

If you are interested in making a difference, please contact one of the Hesed (Caring) committee members below:

Ellene Lammers  
Marilyn Green-Rebnord  
Evan Rumack  
Larry Wolheim

get involved



## Hesed Committee



### *An Important Announcement*

#### CONGREGATION BETH JUDEA HESED (CARING) COMMITTEE

The Hesed committee would like to know if you have any difficulties/problems that you would like to discuss with a knowledgeable individual. We have a group of congregants who have been trained or are professionals who would be able to provide a brief consultation with you in order to refer you on for more in-depth assistance. We are also thinking about starting some support groups. We would like to know what you feel your needs are. Please email Ellene Lammers at [elammers@comcast.net](mailto:elammers@comcast.net) or call the Rabbi.

FOR A LIST OF EMERGENCY HOTLINE NUMBERS, AGENCIES AND RESOURCES [click here](#)

## We Would Like To Know

### *WE WOULD LIKE TO KNOW . . .*

If you are celebrating a life cycle event such as a birth, engagement, or wedding, we would like to know about it so that this milestone can be included in The Word.

If you are ill or know someone who is sick, we would like to know about it so that a prayer for recovery can be said, so that the clergy can call or visit, and so that the Hesed (Caring) committee can be notified and be of assistance.

If there is a death in your family, we would like to know about it so that we can offer our support, can share this information with our congregation, and so that we can add your loved one to our Yahrzeit records.

Please call the synagogue office with this information. *Do not assume that someone else will have notified the synagogue staff.*



**Advertise your business!**

Advertise your business in our new Business Directory section of The Word.



\$120 for a year a one-year term

Submit your original or clearly scanned copy of your business card to the CBJ office (email to [LNeiman@bethjudea.org](mailto:LNeiman@bethjudea.org)).

Subscription payment must be received to activate term.

Term can commence at any time. One-year term is 10 issues.

[click here for full flyer and details](#)

**Accounting Services**

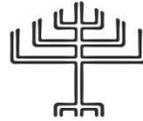
**Dennen & Simons, LLC**  
Accounting, Tax and Payroll Service



**Steven J. Simons, CPA**  
Owner

1400 E. Lake Cook Road  
Suite 145  
Buffalo Grove, IL 60089  
Office: 847-518-8977 Cell: 708-977-1901  
E Mail: [Steve@dasacctg.com](mailto:Steve@dasacctg.com)  
Website: [www.dennenandsimons.com](http://www.dennenandsimons.com)

**Funeral Services**



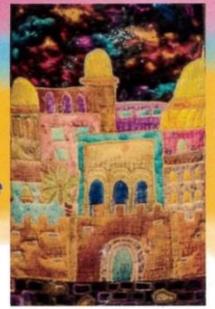
**Sherry Krawitz**  
Family Service Counselor  
(847) 420-8890  
[skrawitz@shalom2.com](mailto:skrawitz@shalom2.com)

**Shalom Memorial Park**  
**Shalom Memorial Funeral Home**  
1700 West Rand Road, Arlington Heights IL 60004  
[www.Shalom2.com](http://www.Shalom2.com) - (847) 255-3520 phone - (847) 394-5460 fax

**Handmade Gifts**

**Ronna's Unique Creations**

Hand Painted One-of-a-kind Designs  
Silk Scarves, Wedding Huppahs,  
Challah Covers, Mosaic Banners and More



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Text or Phone: 847.308.0975  
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**Hypnotherapy**

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NGH CERTIFIED HYPNOTHERAPIST

1009 PROVIDENCE LANE  
BUFFALO GROVE, IL 60089

By Appointment Only:  
(847)634-1376  
[sandy\\_victor@hotmail.com](mailto:sandy_victor@hotmail.com)



## SEPTEMBER BIRTHDAYS

**We wish a very Happy Birthday to the following members of our Beth Judea Family:**

September 1	Marla Brandt Ken Goldstein Martin Rockwell	September 16	Rana Dragon Marvin Feinberg Susan Katz Lauren Miller
September 2	Fred Duboe Karey Rosenston Karri Spiegel	September 18	Neal Feld Myron Reicher
September 3	Sam Chiprin Bonnie Glickman	September 19	Myra Borkan Lisa Malkin Stanford Zoller
September 4	Scott Bauer Adam Lerner	September 20	Rick Herstein Drora Patt Sharee Patt
September 5	David Colen Lynn Freedman Michael Gluck Susan Shoffet	September 21	Sandy Englander Myron Glickman Linda Rothnagel
September 6	Richard Kavitt Arthur Schechter	September 22	Harold Cutler Cynthia Lazar David Schneider
September 7	Mark Fingerhut	September 23	Diane Ganden Marcy Kostis Steven Leon
September 8	Pamela Brown Linda Fisher Sandra Levitt	September 24	Scott Shulman Howard Wolin
September 9	Scott Berlant	September 25	Bonnie Fischhoff Brian Gurin Barbara Kavitt Staci Turofsky
September 10	Marshall Brownfield Jared Goldstine Kim Mann Scott Rosen Hillary Savitt	September 26	Susan Kronowitz Alan Sabol
September 11	Lisa Neiman	September 27	Dana Polonsky
September 12	Rachael Gluck Mara Polyakov	September 28	Alex Raab Harris Weiner
September 13	Randy Haberman	September 29	Lina Salimi Judith Samuels
September 14	Kathleen Kanter	September 30	Arnie Goldberg
September 15	Dan Geiger Keith Mann Janet Reicher Alan Spiegel		

We encourage you to also contact one another to share in their celebration

NOTE: If your name is missing from the list please contact the synagogue so we can update your information in our files.

## SEPTEMBER ANNIVERSARIES

We wish a very Happy Anniversary to the following members of our Beth Judea Family:

- |             |                                                                                                                                                       |              |                                                                             |
|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|-----------------------------------------------------------------------------|
| September 1 | Linda & Robert Handler<br>Sandra & Corey Zussman                                                                                                      | September 7  | Cathy & Mitchell Feiger<br>Debra & Marc Posner<br>Stacey & Neal Resnik      |
| September 2 | Francine & Scott Eisner<br>Rachel & Neil Jordan<br>Roberta & Steven Leon                                                                              | September 8  | Jeanie & Michael Rosenfeld                                                  |
| September 3 | Patricia & Samuel Feldman<br>Cheryl & Scott Landau<br>Ellen & Adam Lerner                                                                             | September 9  | Amy Balson & Ron Cushing                                                    |
| September 4 | Mara & Dmitry Polyakov                                                                                                                                | September 16 | Kitty & Bruce Hoffman<br>Susan & Mark Sheft<br>Wendy Weinger & Richard Ward |
| September 5 | Melissa & Jason Allen<br>Michelle & Ira Finn<br>Audrey & Michael Friedland<br>Nancy & Leonard Manewith<br>Elana & Matt Schuman<br>Bonnie & Ira Sender | September 18 | Liz & Gary Schachter                                                        |
| September 6 | Merle & Gregory Kalisky<br>Amy & Jeff Taub                                                                                                            | September 20 | Carol & Barry Cohen                                                         |
|             |                                                                                                                                                       | September 28 | Lisa & Steven Kaufman                                                       |
|             |                                                                                                                                                       | September 30 | Jacki Unger & Steven Berkowitz                                              |

We encourage you to also contact one another to share in their celebration

NOTE: If your name is missing from the list please contact the synagogue so we can update your information in our files.

# September Jahrzeits



***YOU WILL ALWAYS BE REMEMBERED  
AND ALWAYS IN OUR HEARTS***



<b>September 4</b>	<b>Ida Albus*</b> <b>Audrey Epton</b> <b>Jacob Friedland*</b> <b>Kenneth Haberman*</b> <b>Mary Hill</b> <b>Bernard Landau</b> <b>Debora Litwin*</b> <b>Arthur Rothenberg*</b> <b>Diane Shapiro*</b> <b>Stuart Trock</b>	<b>Tessie Barkan</b> <b>Rochelle Feldman</b> <b>Alex Greenberg*</b> <b>Al Harris</b> <b>Maurice J. Korengold</b> <b>Jacob Louis Levin*</b> <b>Sarah Lorber</b> <b>Kenneth Sachsels*</b> <b>Lillian Shugan</b> <b>Donna Truger*</b>	<b>Frances R. Corenman*</b> <b>Mildred Forman*</b> <b>Paula Greenstein*</b> <b>Millie Hennes</b> <b>Minnie Fannie Krassner*</b> <b>Yetta Lipka</b> <b>Robert Rosenbaum*</b> <b>Leo Semel</b> <b>Sam Stark*</b> <b>Robert Wollheim</b>
<b>September 11</b>	<b>Bessie Brenner*</b> <b>Melvin Feldman*</b> <b>Amelia Kane</b> <b>Rochelle London</b> <b>Martin Reicher</b> <b>Theodor Sender*</b>	<b>Louis Broodno*</b> <b>Arthur Gerchikov</b> <b>Janet Klass*</b> <b>Selma Opper</b> <b>Sidney Schreiber*</b> <b>Alan Slivka</b>	<b>Greta Dessauer</b> <b>Hyman Hoffman*</b> <b>Dorothy Leibowitz</b> <b>Dorothy Perlmutter</b> <b>Daniel Schuster</b> <b>Mary Wulf</b>
<b>September 18</b>	<b>William Burg*</b> <b>Bertram Eisner*</b> <b>Morris Gorin*</b> <b>Rose Litwin</b> <b>Alan Nisenbaum*</b> <b>Elsie Saharack</b> <b>Edward Schmarak</b> <b>Ida Stein</b> <b>Jack Weinger</b>	<b>Abraham Dreiseszun</b> <b>Betty Falcon*</b> <b>Fred Green</b> <b>Lillian Loeb*</b> <b>Lillian Raab</b> <b>Nathan Sandler*</b> <b>Sam Seligman</b> <b>Albert Sumner*</b> <b>Abraham Wolinsky*</b>	<b>Rose Edelstein</b> <b>Beverly Goldstein</b> <b>Michael Litt</b> <b>Morris Mills</b> <b>Jack Rosemarin</b> <b>Leslie Schiff*</b> <b>Jules Spitz</b> <b>Arlene Watters</b>
<b>September 25</b>	<b>Faye Angell*</b> <b>Millie Fenchel</b> <b>Norman Friedman</b> <b>Robert Hillman</b> <b>Pearl Margolis</b> <b>Ida Rich</b> <b>Lance Rubin</b> <b>Morris Shapiro*</b> <b>Sol Weinberg*</b> <b>Nathan Zeiger</b>	<b>Bernard Cutler*</b> <b>Suzanne Fine</b> <b>David Goldbogen*</b> <b>Louis Lerner*</b> <b>Ruth Mason</b> <b>Lillian Rosenston</b> <b>Jessie Rubinstein*</b> <b>Harriette Silverman*</b> <b>Gerszon Weiskopf*</b>	<b>David S. Eisenberg</b> <b>Leonard Fisher*</b> <b>Etta Greenberg*</b> <b>Ruth Levy*</b> <b>Max Pander</b> <b>Betty Rosenthal</b> <b>Irving Schuster</b> <b>Sally Sylvan</b> <b>Richard Wolf*</b>

\* Denotes the deceased has a yearzeit plaque.

If you are interested in purchasing a plaque please contact the synagogue office.

# October Jahrzeits



***YOU WILL ALWAYS BE REMEMBERED  
AND ALWAYS IN OUR HEARTS***



**October 2**

**Frances S. Barnett\*  
Marianne Brenner\*  
Rose Cohen  
Leon Goldberg\*  
Sol Kessler\*  
Max Mann  
Hyman Molotsky  
Sam Rabin  
Celia Schreibman\***

**Arnold Block\*  
David Brodsky\*  
Dorothy Feldheim\*  
Arnold Hecht\*  
Sarah Levsky\*  
Debrah Margolis  
Eva Pander  
Renee Ramras  
Frances Spiegel\***

**Symon Bows\*  
Jeffrey Caplan\*  
Shirley Friedlander  
Hyman Hundert\*  
Harvey Maller  
Esther Mendelsohn  
Anita Raab  
Bernard Resnick\*  
Anna Wortell\***

**October 9**

**Isaac Appel  
Dorothy Brown  
Carol Caplan  
M. Eileen Fojtik  
Philip Gluskin\*  
Ida Kamen  
William Meyers\*  
Richard Nathan\*  
Solomon Schiller  
Carolyn Wolff**

**Albert Atlas  
Irving Brown  
Harold Falcon\*  
Arlene Ganden\*  
Rose Goldberg\*  
Diane Kovich\*  
Rochelle Mosoff  
Philip Nemser\*  
Lillian Seres**

**Jack Brill\*  
Donna Bryant\*  
Charles Feldman  
Yale Gerol\*  
Solly Gordon\*  
Yetta Levy\*  
Shalom Nahum\*  
Millard Oscherwitz\*  
Ida Sulak**

**October 16**

**Sidney Ament  
Alice Chiprin\*  
Bernhard Dessauer\*  
Melvin Fishman  
Thelma Geiger  
Allen Guttenberg  
Michael Hoffman  
Lester Jacobs\*  
Haskell Kasanov  
Sidney London  
Richard Paley  
Susan Rosenbloom  
Babette Strauss  
Armand Zucker**

**Seymour Berkovitz  
Barney Cole\*  
Ethel Ellis\*  
Daniel Friedlander  
Doris Gerchikov  
Gerald Hauser\*  
Marilyn Holman\*  
Ruth Shirley Weiner Jacobs  
Meyer Kavitt  
Burton Mora  
Sidney Ratskoff  
Arman Schaffer  
Fay Turovitz\***

**Reba Broodno\*  
Debby Cortes  
Marcella Entman  
Gene Garlin  
Theodore Gottlieb\*  
Lewis Heiber  
Eugenia Green Holmes  
Dora Kahn\*  
Elizabeth Klein\*  
Mia Nagel  
Philip Rich  
Sylvan Smith  
Evelyn Warren**

*\* Denotes the deceased has a yearzeit plaque.*

If you are interested in purchasing a plaque please contact the synagogue office.

# October Yahrzeits (Cont.)



***YOU WILL ALWAYS BE REMEMBERED  
AND ALWAYS IN OUR HEARTS***



**October 23**

**Bernice Abrams\*  
George Brenghouse\*  
Mikhail Frumina  
Esther Halperin\*  
Elliot Kalina\*  
Florence Levitt  
Harry Meyerowitz\*  
Helen Schmarak  
Sophie Sherman**

**Marilyn Balan  
Clara Chappe  
Shirley Goldberg  
Minnie Mae Hammer  
Erwin Karlin  
Morris Levisky  
Edward Rosenbaum\*  
Leonard Shapiro\*  
Jackie Shuman**

**Herman Barrier\*  
Geri M. Friedman  
Gloria Greenbert  
Jerome Horwitz\*  
Annette Lerman\*  
Louis Merkes  
David Salavitch\*  
Estelle Shelley  
Merle Shuman**

**October 30**

**Max Bender  
Barnett Brody\*  
Jean Davis\*  
Joseph Ernsteen  
Steve Gold\*  
Marcus Julis  
Roland Medansky  
Ilamae Miner  
Lawrence Portnoy\*  
Harold Rosenbloom\*  
David Robert Rumack\*  
Frances Spiegel  
Harry Stern\*  
Lester Witkov\*  
Milton Zeff**

**Alex Berk\*  
Brenda Chait\*  
Arthur Dunn  
Samuel Feldstein  
Mary Goldberg\*  
Israel Magarici  
Joan Miller\*  
Kay Nixon\*  
Rose Price  
Herman Rothenberg\*  
Jack Schiffman\*  
Harry Stein\*  
Dorothy SwetinEichner  
Stuart Wolf\***

**Sol Boten  
Audrey Cohen  
Marge Eisner  
Kathryn Ferrari\*  
Leonard Gordon  
Jane Markowitz\*  
Ruth Miller  
Nelli Polyakov  
Brian Robbins  
Rose Rubin  
Frank Singer\*  
Mollie Stein\*  
Reva White  
Freda Wolinsky\***

*\* Denotes the deceased has a yahrzeit plaque.*

If you are interested in purchasing a plaque please contact the synagogue office.

# TRIBUTES

**FOR AN EXPLANATION OF THESE FUNDS, PLEASE SEE OUR WEBSITE**

## **PRAYERS HAVE BEEN SAID FOR THE RECOVERY OF:**

Rita Janowitz  
Paul Kaufmann  
Glenn Levine  
Ellen Levy  
Rebecca Lori Lieberman  
Lois Pyes  
Fred Rabinowitz  
Michael Alan Schnitzer  
Ethan Stambler  
Ron Waller

## **Condolences Upon the Deaths of:**

Earl Jay Feldman  
*Beloved father of Larry Feldman*

Sylvia Gilbert  
*Beloved mother of Natalie Solomon*

Karen Holmes  
*Beloved Sister of Susan Rizman*

Reggie Silberman  
*Beloved Mother-in-law of Paula Ham-Su*

## **Congratulations upon Births:**

Susan Kronowitz upon the birth of her great-granddaughter, Rochel Leah Braun

Karen & Philip Nagel upon the birth of their granddaughter, Sofie Mae Sobin

## **Congratulations upon Engagements:**

Alana Cooper upon her engagement to Rob Matuk

Renee & Michael Klass upon the engagement of their daughter, Karen Klass to Andrew Frankenthal

Sandy & Andy Nissenberg upon the engagement of their son, Corey Nissenberg to Rachel Rabinowitz

Beth Rose upon the engagement of her daughter, Jane Rose to Michael Osher

Natalie & Nate Solomon upon the engagement of their daughter, Elena Solomon to Oren Yirmiya

## **CHESED FUND**

### **IN HONOR OF:**

Marilyn Green-Rebnord and Evan Rumack, co-chairs of the Chesed Committee upon receiving the Outstanding Service Award.  
*Gail Gerber & Eric Yegelwel*

Merle & Evan Rumack upon their 51<sup>th</sup> wedding anniversary.  
*Susan Adleman*

## **PRAYER BOOK FUND (Purchase and Maintenance of Siddurim/Humashim)**

### **IN HONOR OF:**

Harris Weiner upon receiving the Rabbi's award.  
*Debbie, Arnie & Larry Bender*

## **PRAYER BOOK FUND (Siddurim and/or Humashim were purchased and dedicated)**

### **IN HONOR OF:**

Our children and grandchildren.  
*Sherry & Marty Krawitz*

### **IN MEMORY OF:**

Al and Marilyn Berger, in loving memory.  
*Sherry & Marty Krawitz*

Arlene "Cookie" Brandt, beloved mother of Sharon & Harris Weiner.

*Ann & Mitch Lerman*

Jerry Nixon, beloved father of Kim & Joel Abern.

*Ann & Mitch Lerman*

### **UPON THE YAHRZEIT OF:**

Martin Reicher, in loving memory of my father.

*Myron Reicher*

Abe Silberberg, in loving memory.

*Floyd & Bobbie Babbitt*

## **INCLUSION FUND**

### **IN HONOR OF:**

Renee & Michael Klass upon the engagement of their daughter, Karen Klass and Andrew Frankenthal

*Susan Adleman  
Judy & Bill Levitan*

### **UPON THE YAHRZEIT OF:**

Janet Klass, in loving memory of our beloved mother.

*Debbie & Joel Brodsky*

# TRIBUTES

## RABBI ZIMBALIST DISCRETIONARY FUND

### IN APPRECIATION OF:

Rabbi Zimbalist

*Susan Adleman*

### IN HONOR OF:

Debra and Ben Dubin upon the birth of their granddaughter, Shayna Aria Maborang.

*Ellen & Michael Kaplan*

Our 48<sup>th</sup> anniversary.

*Judy & Glenn Goldstein*

### IN MEMORY OF:

Arlene "Cookie" Brandt and Sidney Brandt, beloved parents of Sharon and Harris Weiner.

*Cindy Lipka*

Sam Darin, beloved father and grandfather of Bruce and Suzi Darin and Family.

*Cindy Lipka*

Sylvia Gilbert, beloved mother of Natalie and Nate Solomon.

*Gail Gerber & Eric Yegelwel*

George Goldstein, beloved father.

*Judy & Glenn Goldstein*

Sylvia Kavitt, beloved mother of Barb and Jim Hyman and Rick and Barb Kavitt.

*Cindy Lipka*

Jerome Lettvin, beloved uncle.

*Judy & Glenn Goldstein*

Samuel Lettvin, beloved grandfather.

*Judy & Glenn Goldstein*

## RABBI ZIMBALIST DISCRETIONARY FUND (Cont.)

### IN MEMORY OF:

Manny Lubefeld, beloved friend.

*Renee & Mike Malter*

Donald Sherman, beloved father.

*Judy & Glenn Goldstein*

Nancy Sherman, beloved mother.

*Judy & Glenn Goldstein*

Sam Sherman, beloved grandfather.

*Judy & Glenn Goldstein*

### UPON THE YAHRZEIT OF:

Audrey Epton, beloved mother and grandmother.

*The Pulver Family*

Ruth Greenhill-Spatt, in loving memory.

*Neil Greenhill*

Janet Klass, in loving memory of our beloved mother.

*Debbie & Joel Brodsky*

Ruth Moses, in loving memory.

*Rona Wolf*

Jerry Soble, beloved father and grandfather.

*Marcy & Jon Soble*

Sam Tepper, beloved father of Renee.

*Renee & Wes Brown*

## CANTOR WEISBERG DISCRETIONARY FUND

### IN HONOR OF:

Renee and Michael Klass upon the engagement of their daughter, Karen Klass and Andrew Frankenthal.

*Gayle & Richard Pervos*

### UPON THE YAHRZEIT OF:

Millie Fenchel, beloved mother and mother-in-law.

*Renee & Mike Malter*

Toby Rockwell, beloved mother and grandmother.

*Debbie & Marc Posner*

Seymour Rosen, beloved father and grandfather.

*Lynn & Art Freedman*

## YOUTH FUND

### IN HONOR OF:

Davida & Scott Finkle upon the birth of their granddaughter, Zoey Simone Finkle.

*Cindy Lipka*

Shira & Marc Sender upon their 10<sup>th</sup> wedding anniversary.

*Cindy Lipka*

Natalie & Nate Solomon upon the engagement of their daughter, Elena Solomon and Oren Yirmiyya.

*Ann & Mitch Lerman*

# TRIBUTES

## GENERAL FUND

### A DONATION WAS MADE:

For the safety and health of everyone at Congregation Beth Judea.

*Chuck Walcer*

### IN HONOR OF:

Lee & Arnie Goldberg upon their 50<sup>th</sup> wedding anniversary.

*Jean & Ron Friedman*

Ann & Mitch Lerman upon the engagement of their son, Seth Lerman and Megan Zimmer.

*Judy & Glenn Goldstein*

Natalie & Nate Solomon upon the engagement of their daughter, Elena Solomon and Oren Yirmiya.

*Rita & Sid Mathias*

### IN MEMORY OF:

Sam Darin, beloved father of Bruce & Suzi Darin.

*Judy & Glenn Goldstein*

Sylvia Gilbert, beloved mother of Natalie & Nate Solomon.

*Elliott & Carla Bankendorf*

*Rita & Sid Mathias*

*Rhonda & Jeff Wener*

Karen Holmes, beloved sister of Susan Rizman.

*Rita & Sid Mathias*

Sylvia Kavitt, beloved mother of Barb & Jim Hyman.

*Judy & Glenn Goldstein*

Rick Keegan, beloved brother of Jerry & Heidi Sakol.

*Judy & Glenn Goldstein*

Phyllis & Sidney Kramer, in memory of a great mom and dad.

*Linda & William Kramer*

## GENERAL FUND (Cont.)

### IN MEMORY OF:

Jerry Nixon, beloved father and grandfather of Kim & Joel Abern and Family.

*Ron & Jean Friedman*

*Rita & Sid Mathias*

### UPON THE YAHRZEIT OF:

Our loved one's yahrzeits.

*Howard & Gail Lifshitz*

Roz Coleman, beloved grandmother.

*Marla & Ken Brandt and Family*

Martin Ernsteen, in loving memory.

*Gary Ernsteen & Family*

Leo Liebovitz, in loving memory.

*Michael & Susan Mangurten*

Alice Rothenberg, in loving memory of our amazing sister and aunt.

*Fisher and Rothenberg Families*

Lil Shugan, in loving memory.

*Roberta Uhler*

## KIDDUSH FUND

### IN HONOR OF:

Susan Kronowitz upon the birth of her great granddaughter, Rochel Leah Braun.

*Janet & Myron Reicher*

Marlene & Stacy Sachs upon the Bat Mitzvah of their granddaughter, Talia Duvel.

*Janet & Myron Reicher*

## MEN'S CLUB FUND

### IN MEMORY OF:

Rick Keegan, beloved brother of Jerry & Heidi Sakol.

*Cindy Lipka*

## SISTERHOOD FUND

### A DONATION WAS MADE:

For virtual clothes.

*Chuck Walcer*

### SPEEDY RECOVERY WISHES:

Leslie Peck, wishing you healing and good health in the days ahead.

*Judy & Bill Levitan*

### IN LOVING MEMORY:

Sylvia Gilbert, beloved mother of Natalie & Nate Solomon.

*The Mann Family – Kim, Skip,*

*Ryan, Josie, Jason,*

*Amber, Owen & Nate*

## EDUCATION FUND

### IN MEMORY OF:

Sylvia Gilbert, beloved mother and grandmother of Natalie & Nate Solomon and Family.

*Robert & Trudy Balogh and Family*

*Jean & Ron Friedman*

*Laura Zoller*

## LINDA AND ALBERT STARK FUND

### IN MEMORY OF:

Leila Schwartz, beloved sister, aunt and great aunt of Linda and Albert Stark and Family.

*Ann & Mitch Lerman*

*Cindy Lipka*

Leila Schwartz, our beloved sister, sister-in-law, aunt and great aunt.

*Albert & Linda Stark and Family*

### UPON THE YAHRZEIT OF:

Sam Stark, beloved father and grandfather.

*Albert & Linda Stark and Family*

# TRIBUTES

## BEN SAYPOL MEMORIAL FUND

### IN APPRECIATION OF:

Lisa Neiman for her hard work and commitment to CBJ.

*Michael Hilder*

### IN HONOR OF:

Nancy & Burt Litwin upon the birth of their granddaughter, Autumn Joyce Litwin.

*Marlene & Stacy Sachs*

Nancy & Burt Litwin upon the engagement of their son, Keith Litwin and Serena Donahue.

*Marlene & Stacy Sachs*

### IN MEMORY OF:

Sylvia Gilbert, beloved mother of Natalie & Nate Solomon.

*Marlene & Stacy Sachs*

Karen Holmes, beloved sister of Susie Rizman and family.

*Marlene & Stacy Sachs*

Reggie Silberman, beloved mother-in-law and grandmother of Paula Ham-Su and Miriam & Joseph Silberman.

*Marcie, Alan & Ross Marcus*

## RACHEL HIRSHMAN MEMORIAL FUND

### IN MEMORY OF:

Earl Jay Feldman, beloved father of Larry and Rebecca Feldman.

*Beth & Ken Redfern*

Sylvia Gilbert, beloved mother of Natalie & Nate Solomon.

*Beth & Ken Redfern*

## ETHAN LEVITAN MEMORIAL FUND

### A DONATION HAS BEEN MADE:

*Sharon & Philip Wein*

### IN HONOR OF:

Sandy & Andy Nissenberg upon the engagement of their son, Corey Nissenberg and Rachel Rabinowitz.

*Judy & Bill Levitan*

### UPON THE YAHRZEIT OF:

Alan Nisenbaum, beloved father and grandfather.

*Bill, Judy,  
Hayley & Ashley Levitan*

## JACK RIZMAN MEMORIAL FUND

### IN MEMORY OF:

Karen Holmes, beloved sister of Susan Rizman.

*Susan Adleman  
Jean & Ron Friedman  
Merle Linderman  
Rona Wolf*

## JUDY WALCER MEMORIAL FUND

### IN MEMORY OF:

Karen Holmes, beloved sister of Susan Rizman.

*Louise & Lou Barnett*

### UPON THE YAHRZEIT OF:

Alex Greenberg, beloved father and grandfather.

*Marlene & Art Greenberg*

Leo Semel, beloved father and grandfather.

*Louise & Lou Barnett  
and Family*

# CONGREGATION BETH JUDEA

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**President** Dana Goldstein

**Executive Director** Lisa Neiman

**Educational Director** Anna Besser

**Youth Director** Marc Sender

**Editor** Evan Rumack

## From The Editors

**In order for your article to be published in the next issue, we must have it at the synagogue by the 10<sup>th</sup> of the month! There will be no exceptions.** This includes information on disk as well. We need your article as it is important to let the congregation know what your group is doing. Announcements should take the form of articles in The Word rather than separate flyers. The opinions expressed herein are not necessarily those of the Rabbi, Board of Directors or the editors.

## Worship Schedule

Conducted by  
Rabbi Morris Zimbalist

Shabbat Evening Services .....6:30 p.m.  
Shabbat Morning Services ..... 9:30 a.m.  
Alternative Shabbat Service (Interpretive Minyan).. 10:30 a.m.

### Weekday Morning Minyan:

Sunday ..... 9:00 a.m.  
Monday through Friday ..... 7:30 a.m.

### Weekday Evening Minyan:

Sunday through Thursday ..... 7:30 p.m.

## Candle Lighting Times

Candle Lighting time is calculated for 18 minutes before sunset and is adjusted for Daylight Savings Time.

September 4 ..... 7:01 p.m.  
September 11 ..... 6:49 p.m.  
September 18 .....Rosh Hashanah..... 6:36 p.m.  
September 19 .....Rosh Hashanah..... 7:35 p.m.  
September 25 ..... 6:25 p.m.  
September 27 .....Yom Kippur..... 6:21 p.m.

## The Blessing For Lighting The Candles On Shabbat is

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר  
קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שַׁבָּת.

*Bo-ruch A-tah Ado-nai E-lo-hei-nu Melech  
Ha-olam A-sheer Ki-de-sha-nu Be-mitz-vo-tav  
Vi-tzi-va-nu Le-had-lik Ner Shel Shabbat.*

Blessed are You, Lord our God, King of the universe, who has hallowed us through His Commandments, and has commanded us to kindle the lights of the holy Sabbath.