



# CONGREGATION BETH בית יהודה JUDEA

VOLUME 42 ISSUE 11

DECEMBER 2020

KISLEV-TEVET 5781



Speaker Billy Planer  
talks about Difficult  
Conversations  
December 9, 2020

Happy Hanukkah!!



Sisterhood  
presents:  
Comedy Night  
with Rhonda Cohn  
December 16, 2020



Bingo Night  
December 12, 2020

***CBJ: building community while socially distant***

**The  
Word**

5304 RFD, Hilltop Rd. & Route 83, Long Grove, IL 60047  
Phone: 847-634-0777 [www.bethjudea.org](http://www.bethjudea.org)



## HOW BRIGHT CAN YOU GLOW?

Light carries much significance within Jewish tradition. We begin Shabbat and all holidays and festivals by lighting candles, which implies that light is needed to transition from ordinary times during the week to the holiest times in our lives. We also use light to transition in the other direction – from sacred times to profane times – by making *havdalah*, literally “a separation.” Light inspires us with memory as we kindle Yahrzeit candles on the anniversaries of our loved ones’ deaths and on *Yom HaShoah* as we remind ourselves to never forget the atrocities of the Holocaust. As Jews, we proudly carry the powerful charge of our tradition to be “*or l’goyim*” – a light unto the nations, an inspiration for all people, and a catalyst for proactive change. We must have the courage to make our ever-growing and ever-changing world better, more tolerant, and kinder. Complacency or an abdication of that responsibility will inevitably ensure that the problems of the past will be our future.

Inspiration and change are themes that tie into the essence of Hanukkah and the meaning behind one cruse of oil burning bright for eight nights. When kindling our own Hanukkah lights, the physical warmth from the flames brighten our children’s faces as they glow with feelings of hope, excitement, and joy. The warmth of the flames also give rise to memories of Hanukkah celebrations from the past that remind us how we have grown and changed and need to be committed to a bright future for all – Jews and non-Jews alike. The smell of the flames coupled with the aroma of latkas frying in oil bring a semblance of comfort and nostalgia to our hearts, stomachs, and souls as darkness creeps in earlier in winter, cold temperatures surround us, and our spirits yearn for light and promise of a brighter future.

All the more so on this Hanukkah – one that has kept us from family and friends who traditionally light up our lives – we can look to the heavens on a clear night, gaze at the moon and stars, and be inspired by their beauty, majesty, mystery, and incredible glow. After all, God created those lights as an



**RABBI  
MORRIS ZIMBALIST**

eternal reminder to us that glimmers of light can always be found even in the darkest of times. Faith reminds us that the sun will rise again and what was dark will become light, despair will become hope, fear will become courage, and concern will become confidence. Perhaps this year more than any previous Hanukkah in our lifetimes, we need to focus on these ideas as we light our candles and appreciate their glow.

The Book of Ecclesiastes (1:5) teaches, “*The sun rises and the sun sets – and then it rushes back to its place and rises again.*” The Sages explain this verse in the context of human potential. They suggest that the sun and all of the brightness and warmth associated with it is symbolic of a person whose Divine spark is able to inspire others, lead others, and be a positive role model for themselves, their families, and the greater community. Each one of us possesses this ability. The Sages further suggest that with each passing generation, God kindles that Divine spark within souls from the current generation before God reclaims the sparks from the passing generation. In other words, change is part of life, and hope for brighter days ahead can never be lost. The Torah reminds us that Rebecca was born before Sarah died, Joseph’s adolescent dreams came true before the death of Jacob, and Joshua became the leader of the Israelites before the end of Moses’s life. This tradition is now our responsibility. At all times, we must strive to find the holy sparks of the Divine within ourselves and each other, create the warmth and inspiration for those flames to grow, and then illumine our world with our beautiful glowing lights for everyone to see.

This Hanukkah, may we recognize and gain a greater appreciation of the miraculous lights in our lives; actualize our potential to inspire others with hope and courage; and bring warmth, joy, peace, and promise to our families, to our congregation, and to our greater community with our amazing glow.

Alison, Zach, Evelyn, and I wish you and all your loved ones a Happy Hanukkah!

*Rabbi Morris Zimbalist*

*To Our Congregants,*

*We extend to you our deepest gratitude  
 For being part of the Beth Judea Family.*

*As we celebrate this season of miracles  
 We wish you joy, blessings and peace during  
 Hanukkah and throughout the year.*

*May you always be blessed with the rich and  
 Bountiful gifts of life!*

***Happy Hanukkah,***

*From the entire staff and leadership of  
 Congregation Beth Judea:*



## In This Issue

	<u>Page</u>		<u>Page</u>
<a href="#">From the Rabbi</a>	2	<a href="#">Sisterhood</a>	26
<a href="#">Calendar</a>	4	<a href="#">Sisterhood Book Club</a>	28
<a href="#">President's Message</a>	5	<a href="#">Sisterhood Gift Shop</a>	31
<a href="#">Hanukkah &amp; Special Events</a>	6	<a href="#">Men's Club</a>	32
<a href="#">Mission Statement</a>	10	<a href="#">Men's Club Wellness Program</a>	33
<a href="#">Zoom Family Bingo</a>	13	<a href="#">Youth</a>	34
<a href="#">Comedy Night</a>	14	<a href="#">Interfaith Council</a>	39
<a href="#">Special Guest Speaker</a>	15	<a href="#">Boomers</a>	41
<a href="#">Hesed</a>	16	<a href="#">SHALVA</a>	41
<a href="#">Scholar Stream</a>	16	<a href="#">Alternative Minyan</a>	42
<a href="#">B'nai Mitzvah Bios</a>	17	<a href="#">The Goodman's Blog</a>	42
<a href="#">Young Families Events</a>	18	<a href="#">The Helping Hand Plan</a>	43
<a href="#">Ways &amp; Means</a>	19	<a href="#">Hesed</a>	43
<a href="#">Religious Education</a>	21	<a href="#">Business Directory</a>	44
<a href="#">Adult Education</a>	22	<a href="#">Birthdays &amp; Anniversaries</a>	45
<a href="#">AJEC Special Event</a>	25	<a href="#">Yahrzeits</a>	47
		<a href="#">Tributes</a>	51

# CALENDAR



Watch your emails and our website for updates and changes to any of our programs or information

COVID-19 UPDATE: CBJ is following the guidelines in accordance with CDC and local government. The CBJ building is closed until it is safe to reopen. We will be providing daily morning (7:30 a.m.), evening minyan (7:30 p.m.) and Sunday morning at 9:00 a.m. at their regularly scheduled times through Zoom. Check your emails for all program offerings and the links to access. For Shabbat Services please see our calendar on our website at [www.bethjudea.org](http://www.bethjudea.org) for Service Time and all online events.



[Visit CBJs FB Page](#)

## Helping Hands



**Free delivery for  
your community  
during COVID-19**

[www.helpinghands.community](http://www.helpinghands.community)

Are you high risk?  
**Request help**

Healthy?  
**Volunteer to deliver**

[Click Here for Help or to Volunteer](#)

## President's Message

I am not a winter person. I always get excited on December 22 because I know things are going to go uphill from there. I know that the days are going to get longer. I know that the end of the year is coming, and I am always hopeful at the beginning of every new year. I think all of us will agree that we can't wait for 2020 to end and are hoping for a better 2021!!



**DANA GOLDSTEIN**  
**CBJ PRESIDENT**

However, even with the difficulties of the year, great things are happening at Congregation Beth Judea. We are so fortunate to be able to join as a community to pray and to learn. We have many talented volunteers on the Board who lead our standing committees where so many of our programs and decisions are made. The unique thing about the committees right now is that they are all meeting via Zoom. You could help make great things continue to happen at CBJ from the comfort of your own couch.

Joining a committee is a wonderful way to get involved in CBJ. I began my participation at CBJ on the Youth committee. My daughter was a member of USY at the time, and I was discussing her contribution at the synagogue. **Bonnie Sender**, an amazing volunteer and former president, said to me that I should join the Youth committee. Quite honestly, I didn't even realize the synagogue had a Youth committee. I joined the committee, met more congregants who became my friends, ended up joining the Board, and the rest is history. We have so many talented members of the synagogue who would be a welcome addition and fresh perspective to the committees. Every idea is welcomed and discussed. I have set a goal for myself and the Board to engage new congregants on their committees. Stay tuned for more information on our committees.

Another way to connect with is to join the Board. It is a tradition at CBJ for the immediate past president to chair the nominating committee. The Board unanimously approved my motion to appoint **Sid Mathias** as chair of the nominating committee. This year, there will be open Board seats and all the Executive Committee members terms

are expiring. If you have any interest in joining the Board, please contact either Sid or me. I would be happy to discuss what it means to be a member of the Board of Directors. Serving as a volunteer for the synagogue has become such a part of my life and has been very meaningful to me. As I said in my State of the Synagogue speech, being the president has taken more time and patience than I originally thought but has been one of the most rewarding experiences of my life. I would love to share that experience with you!!

The goal of the State of the Synagogue speech was to update congregants about CBJ but to also raise funds so that great things can continue to happen at CBJ. I am so appreciative to those of you who have already financially supported the synagogue. I would ask for those who have not to consider donating. Every pledge, large or small, helps CBJ!! I do recognize that we are in the midst of a global pandemic. For those of us who are financially struggling, the synagogue is here to help. Your CBJ family wants to support you.

On behalf of the clergy, staff, Board of Directors, my family and myself, I wish all of you a Happy Hanukkah and a Happy New Year!!

L'Shalom,

Dana Goldstein  
President

# Hanukkah



## CBJ Hanukkah Celebration Box

[Click Here to Reserve Yours Today](#)



Orders Due December 2<sup>nd</sup>

Pickup is Sunday, December 6 from 10:00 am – 2:00 pm or Monday,  
December 7 from 9:00 am – 6:00 pm

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### LET'S MAKE SUFGANIYOT (home-made jelly donuts)

With CBJ's Karen Edinin

Monday, December 14, 2020 – 4:00 p.m.



It's Hanukkah! Time to enjoy fried foods and sufganiyot.  
Join Karen to learn how to make sufganiyot from scratch.



**CBJ YOUNG FAMILY**  
**CHANUKKAH THEMED**



# STORYTIME

**THURSDAYS AT 7PM**

JOIN US FROM THE CBJ FACEBOOK PAGE AS YOUR FAVORITE CBJ  
STAFF MEMBERS READ BEDTIME STORIES THURSDAY EVENINGS  
IN DECEMBER LEADING UP TO AND INCLUDING CHANUKKAH!

12/3, 12/10, 12/17



Questions? Contact Marc  
[YouthDirector@bethjudea.org](mailto:YouthDirector@bethjudea.org)

[FACEBOOK.COM/BETHJUDEA](https://www.facebook.com/bethjudea)

CBJ Young Family Shabbat this Friday!

CBJ Focus on Families

Invites you to join us for

Young Family &



TOT  
Shabbat



Friday, December 4th

5:30 – 6pm



Register in advance or join that day  
[tinyurl.com/cbjfamilyshabbat124](http://tinyurl.com/cbjfamilyshabbat124)

Questions? Contact [Marc YouthDirector@bethjudea.org](mailto:Marc.YouthDirector@bethjudea.org)

# PROJECT LINUS



**Sisterhood's Stitch & K'vetch** - connect to your creative side by making blankets for Project Linus or another craft project you want to work on.

There is some yarn available through Sisterhood members. If you think a whole blanket is too much you can start with small squares. Whatever we contribute will be meaningful!

Questions? Contact Kitty Hoffman @ [mskitty.hoffman@gmail.com](mailto:mskitty.hoffman@gmail.com)

**Project Linus**  
Providing Security Through Blankets

**North and Central  
Chicagoland**



Visit [ProjectLinusChicago.com](http://ProjectLinusChicago.com)  
For more details & patterns.

Join us whenever you can

Tuesdays @ 1:30p Dec 1<sup>st</sup>  
Jan 5<sup>th</sup>  
Feb 9<sup>th</sup>

OR

Wednesdays @ 8:00p Dec 23<sup>rd</sup>  
Jan 20<sup>th</sup>  
Feb 24<sup>th</sup>

Through the gift of handmade blankets made by volunteers, Project Linus provides a sense of security, warmth, and comfort, to children who are seriously ill, traumatized, or otherwise in need (premature babies to 18 years of age).

Please contact Lisa Neiman at (847) 634-0777 if you need special accommodations.

## SPECIAL EVENT



### Wednesday, December 2 | 7:30-8:30pm CST

The experience of grieving always feels like visiting a foreign place, feeling disoriented and isolated in the new reality of life without the person we loved. COVID-19 has increased our isolation as it keeps us from grieving in community.

We will come together virtually (via Zoom) to explore alternative ways to mourn and grieve while we gain comfort in being together.

The evening will include wisdom from a cantor, a grief counselor, and a community member grieving a new death. Through music, mindfulness, poems, and pictures we will honor the loved ones who have died and our own grief. You are invited to share a photo of your loved one(s) during the event.

This event is free of charge and is supported by the Lauri S. Bauer Foundation for Sudden Loss.

### Register

A Zoom link will be emailed on the morning of December 2

If you have questions, contact [Diane Halivni](#), or call 847.745.5459.

## MISSION STATEMENT

### Congregation Beth Judea Mission Statement

Congregation Beth Judea is a welcoming egalitarian synagogue whose mission is to create a warm and inviting home that serves the lifelong spiritual, educational and fellowship needs of our members.

Consistent with the principals of the Conservative movement, we embrace Torah and our responsibility to serve and support the greater Jewish community, the community at large, the United States of America and the State of Israel.



CONGREGATION  
**BETH** בית  
יהודה **JUDEA**



Cookies can be predecorated or you  
can decorate yourself



**CBJ is bringing  
Shalom Bakery  
Chanukah Cookies  
and Sufganiyot to  
CBJ Parking Lot**

All items are Pareve  
and Nut Free

[Click Here to Place Your Order](#)

**Orders Due: December 3**

**Pickup: December 13 from 11:00 am - 12:00 pm**

If you can not pick them up we will deliver

Please contact Lisa Neiman at (847) 634-0777 if you need any  
special accommodations.



# Soup - Salad - Quiche - Souffle - Salmon - Latkes and more

**CBJ Caterer, Karen will be making these traditional  
Hanukkah Classics**

**Orders Due by December 7th  
Pickup On December 11th**

Salad (Caesar and Strawberry Spinich)

Soup (Broccoli Cheddar and Tomato Bisque)

Latkes (Traditional Potato)

Home Made Apple Sauce

Salmon (White Wine and Baked)

Lasagna (Cheese and Veggie)

Egg Plant Parmesan

Spinich Bake

Blintz Souffle

Quiche (Cheese, Broccoli, Spinach Tomato Feta, Mushroom, Egg Cheese)

Dessert (Fruit Compote, Chocolate Mousse, Lemon Meringue)

And more!



[Click Here to Order](#)

# ZOOM BINGO



## Zoom Bingo

Saturday - December 12, 2020

6:45 p.m. - 8:15 p.m.

Cost:

\$5 per card

(please mail check)

2 card max/person

Prizes Awarded  
via Gift Cards



[Click Here to Register](#)

If you need any special assistance in participating in this event please contact  
Lisa Neiman at 847-634-0777

Congregation Beth Judea - 5304 RFD - Long Grove, Illinois 60647

# Sisterhood New & Revised Event for Dec. 16!

## COMEDY NIGHT

featuring Beth Judea's very own  
**RHONDA COHN**

Everyone in the congregation is invited to this event. Get comfy with your favorite drinks and snacks and enjoy the show!

RSVP to [cbjsisterhoodmail@gmail.com](mailto:cbjsisterhoodmail@gmail.com)



The poster features a vibrant purple and pink bokeh background. At the top center is the logo for Congregation Beth Judea Sisterhood, which includes the text 'CONGREGATION BETH JUDEA Sisterhood' and the Hebrew phrase 'מה יפה ירושתנו'. To the right of the logo is a graphic of three lit candles. Below the logo, the words 'COMEDY NIGHT' are written in large, bold, white, italicized letters. Underneath, it says 'featuring Beth Judea's very own RHONDA COHN'. A small portrait of Rhonda Cohn is on the left. The date and time 'Wednesday December 16 8:00pm' are prominently displayed in the center. A large, detailed image of a silver microphone is positioned diagonally across the bottom right. At the bottom, there is contact information for RSVP and special accommodations.

CONGREGATION BETH JUDEA Sisterhood  
מה יפה ירושתנו

# COMEDY NIGHT

featuring Beth Judea's very own  
**RHONDA COHN**

Everyone in the congregation is invited to this event.



**Wednesday  
December 16  
8:00pm**

Get comfy with your favorite drinks and snacks and enjoy the show!

**RSVP to [cbjsisterhood@gmail.com](mailto:cbjsisterhood@gmail.com)**

PLEASE CONTACT LISA NEIMAN AT [LNEIMAN@BETHJUDEA.ORG](mailto:LNEIMAN@BETHJUDEA.ORG) OR  
+847-634-0777 IF YOU NEED ANY SPECIAL ACCOMMODATIONS.

# CBJ Guest Speaker: Billy Planer



## Guest Speaker: Billy Planer from Etgar 36



Wednesday, December 9 - 8:00 p.m.

## HOW TO BE COMFORTABLE HAVING UNCOMFORTABLE CONVERSATIONS



If you need any special accommodations or help with technology to attend any of our events please contact Lisa Neiman at [neiman@bethjudea.org](mailto:neiman@bethjudea.org)

America is so split that trying to speak across the divide feels impossible. Whether it is one on one, with friends, family or your community, discussions about race, politics, or Israel seems to be too heated and contentious to have.

How can we have these important and necessary conversations without "all the heat"?

How can you practice self-care as you enter into uncomfortable conversations?

How to rethink what success looks like during a difficult conversation.



**ETGAR 36**

*An American Journey*

# HESED COMMITTEE

Dear Congregants,

We hope you and your families are doing well during the quarantine.

As the virus numbers in the state are beginning to rise again, it is important that we recognize that many of our congregants are feeling more isolated than ever. Perhaps you know of members who would benefit from ongoing contact from a caring congregant or perhaps you wish for this outreach. If so, please let us know, and we will have a volunteer contact you on a regular basis. We cannot do this, however, unless you let us know. Please let us help you if you- or someone you know- need it! We don't want you to feel alone.

We continue to reach out to congregants to mark happy milestones, such as birthdays and anniversaries. We want you to know you are being thought of during these happy occasions. If you would like to help make these calls, please contact Marilyn or Evan.

**If you need assistance with technology to participate in the synagogue offerings or if you need a cloth mask, please let us know!**

Finally, we would like to welcome all the new members to our Beth Judea family. Thank you for recognizing CBJ as a warm and welcoming community. While we cannot congregate in person, there are many opportunities for you to become involved. If joining our committee is enticing, please call or mail us. Our email address is listed below.

If you would be interested in helping us in the future or have suggestions on how to best meet the needs of congregants, please contact us at [hesed.cbj@gmail.com](mailto:hesed.cbj@gmail.com).

We wish each of you the best. Please stay safe and use all reasonable precautions to remain healthy. We are one family and need to take care of each other.

*Evan Rumack  
Marilyn Green-Rebnord*

## SCHOLARSTREAM

AN INITIATIVE OF THE RA, USCJ, JTS, AND ZIEGLER

Congregation Beth Judea is a partner in the first ScholarStream series. You may register for any and all sessions from both JTS and Ziegler.

If you wish to attend a session, you **MUST** register for that session. A day before each session, ScholarStream will send out the Zoom link to all those who registered.

To register at no cost please enter the coupon code you received in the email you received with the instructions.



## B'nei Mitzvah Bios



**Ari Jacob Robbins** will be called to the Torah as a Bar Mitzvah on Saturday, December 12, 2020.

Ari is a 7<sup>th</sup> grader at Woodlawn Middle School in Long Grove. When Ari is not at school, Hebrew school, studying for his Bar Mitzvah, or spending time with his dog Louie, he enjoys hockey. He plays on a travel team for the Highland Park Falcons and has played competitively since he was eight years old. If Ari finds himself with free time, he can be found watching hockey on TV or playing NHL21 on his Xbox.

Although it was not his original mitzvah project plan, Ari has volunteered his time at Feed My Starving Children over the course of several sessions this fall for his mitzvah project. He really enjoyed racing to pack as many boxes as possible each session.

Ari is looking forward to sharing this special day with his parents Heidi and Joel, his sisters Brooke and Allison, and his grandparents, Pam & Dan Davis, Barbara Maller, and Bruce & Sandy Robbins. While he wishes everyone he loves could be with him in person, he's grateful for the opportunity to include everyone virtually.

Ari and his parents would like to thank Rabbi Zimbalist, Anna Besser, his CBJ Hebrew and Judaica teachers, and his fantastic tutor, Natalie Gurin, for all of their support and instruction in helping him reach this exciting milestone.

A Hearty Mazel Tov to all our B'nei Mitzvah Families

*from your Beth Judea Family.*

## Young Families

CONGREGATION BETH JUDEA CBJ YOUNG FAMILY UPCOMING EVENTS 2020  
GENEROUSLY SUPPORTED BY THE CBJ FOCUS ON FAMILIES FUND  
GEARED TOWARDS FAMILIES WITH KIDS IN 2ND GRADE AND YOUNGER

**9/19**  
**Rosh Hashanah**  
Tot Service 9-10am  
Multi Generation Family Service 10-11am

**9/28**  
**Yom Kippur**  
Tot Service 9-10am  
Multi Generation Family Service 10-11am

**10/2**  
**Drive-Thru Sukkah and Shabbat service**  
Time TBD

**10/30**  
**Young Family Shabbat on Zoom**  
5:30-6p

**11/14**  
**Magical Havdallah**  
5:15-6:30p

**12/4**  
**Young Family Shabbat on Zoom**  
5:30-6p

**12/12**  
**Improv Havdallah with the Bible Players**  
5-6p

**BEDTIME STORIES ON FACEBOOK LIVE!**  
THURSDAYS AT 7P  
9/10, 9/17, 9/24, 10/1  
FEATURING YOUR FAVORITE CBJ STAFF LIVE FROM THE CBJ FACEBOOK PAGE

QUESTIONS? CONTACT MARC  
YOUTHDIRECTOR@BETHJUDEA.ORG



*CBJ Focus on Families*  
**UPCOMING  
EVENTS**

PLEASE VISIT OUR  
WEBSITE AT  
[WWW.BETHJUDEA.ORG](http://WWW.BETHJUDEA.ORG)  
TO VIEW ALL ONLINE  
AND UPCOMING  
EVENTS.



Our Focus on Families events are supported by the Congregation Beth Tzedek Focus on Family Fund and are geared towards families with children in 2nd grade and younger but are open to all. For any questions about any of the programs that we offer contact Youth Director and Young Family Coordinator, Marc Sender, at

Made with PosterMyWall.com

YouthDirector@bethjudea.org

## Ways and Means = FUNrai\$ing

### DONATING TO CBJ WITHOUT SPENDING \$

We all Shop, Eat, Drink...

Whether it is:  
Amazon  
Starbucks  
Dunkin Donuts  
Sunset  
Marianos  
Lettuce Entertain You  
...or more

Please Buy "Gift" Cards right from  
your phone; ask us how.

Please use Amazon Smile on your  
Prime Account

It is that easy; we are here to help.

Thank you.

Ways and Means

### FUNDRAISING IDEAS

The Ways and Means Committee is  
here for your ideas; please share  
them with us at  
[bgurin13@gmail.com](mailto:bgurin13@gmail.com) .



Let's have fun while giving back to  
CBJ.

Thank you all for your support.

#### *Who Knows About*



Did you know that Congregation Beth Judea is part of the Amazon Smile Program? We are and last year, **thank you to all of our congregants** who shopped on Amazon Smile Program and designated Congregation Beth Judea as the recipient. **We raised over \$500.** Any questions about Amazon Smile, please call the Beth Judea Office.

## Shiva Baskets

### Sunshine Fund

The primary purpose of the shiva tradition, or "[sitting shiva](#)," is to create an environment of comfort and community for mourners; it helps guide friends and family members through the loss of a loved one. Throughout the weeklong shiva period, mourners come together in one family's home to offer their condolences and support. From a practical standpoint, the shiva process and practices associated with Jewish mourning add comfort to the life of a mourner following a death. In the period after suffering a loss, a mourner may be comforted by the structure and routines prescribed by traditional Jewish mourning laws.

Historically, the Board of Directors of Congregation Beth Judea has sent shiva baskets to the immediate family of Board members; parents, spouses, siblings and G-d forbid, children. We would like to extend this gesture to the entire congregation.

Donations may be sent the shul attention Lisa Neiman.

Thanking you in advance for your generous donations.

Respectfully,  
Lisa Neiman



### SUPPORT BETH JUDEA WHILE YOU SHOP ON AMAZON!!



Did you know that when you shop on Amazon you can support Congregation Beth Judea at the same time? It's very simple, Amazon smile will donate 0.5% of the price of eligible Amazon purchases to Congregation Beth Judea.

Here is the link: [Click here to Shop](#)

## WAYS & MEANS

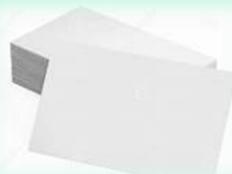
### CBJ Business Directory Advertising Opportunity

Advertise your business in our new [Business Directory](#) section of The Word!

\$120 for a year (one-year term)

Submit a high resolution graphic of your business card to Lisa Neiman at [Ineiman@bethjudea.org](mailto:Ineiman@bethjudea.org).

Subscription payment must be received to activate term.



## Gift Cards

### SUPPORT BETH JUDEA BY PURCHASING GIFT CARDS

Purchasing gift cards is one of the easiest ways to support Beth Judea.

The Congregation earns a rebate from the vendors when you utilize the gift cards, so there is no cost to you.

Gift cards can be utilized the same as cash, there are no restrictions.

If you are shopping for groceries or clothes, going to a movie or traveling, you can help support our Congregation.

Order forms for Gift Cards are available in the office or in the Lobby on Sunday morning. They can be purchased with cash, check, or credit cards (a 2.5% convenience fee will be added when paying with a credit card).

[Click Here to Download Form](#)

## Spin to Win

*Discover the physics of dreidel spinning!*

### **RECORD-BREAKING TOPS**

- The world's tallest spinning dreidel, built in Margate FL, standing a little more than 25 feet tall.
- In 1998, at least 200 people in Skokie, IL, attempted to set the first world record for the greatest number of dreidels spun at once. The record stands at 734 dreidels spinning simultaneously for at least 10 seconds; achieved by USY in Philadelphia, PA in 2011.



### **GOING FOR A SPIN**

The moment of truth has arrived: It's your turn to spin the dreidel for the big jackpot. You twist it and the dreidel whirls across the table. At first, it spins tightly, turning so fast that you can't see the Hebrew letters on the sides. As the dreidel slows, it wobbles and tilts to one side until it falls.

When you first twist the dreidel, it stores up energy. The dreidel will continue spinning until two outside forces, gravity and friction, cause it to wobble. Gravity is the force that draws the dreidel to the earth's center (or your tabletop, if it gets in the way). Friction is the force that causes things that touch each other to resist moving. In our case, the tabletop and air rub against the dreidel, causing friction. The more friction there is, the sooner the dreidel will fall.

However, when the dreidel spins quickly around its axis, the imaginary line on which it rotates, it tends to resist the influence of gravity because a third force, called centrifugal force, pulls inward on the top. Centrifugal force keeps the dreidel standing upright on the tabletop with the dreidel's axis perpendicular to the table. As the spinning slows, friction and gravity try to make it fall until, eventually, these forces win out and the dreidel falls to a stop--hopefully on a *gimmel*.

## Creative Hanukkah Celebrations at Home

**HOME-MADE GIFT NIGHT** – Give each other a little something that is homemade by the giver.

**ENTERTAINMENT NIGHT** – Have your children perform for you – skit, song, standup comedy, etc..

**FAMILY GAME NIGHT** – Find 1 night to sit down as a family and play games - card games or board games.

**BOOK NIGHT** – Ready to disconnect from the screen? Give a book as a gift and immerse in a story to enjoy.

**DREIDEL NIGHT** – Get your dreidels and gelt ready! Play dreidel to see who wins it all.

**MOVIE NIGHT** – Have a fun movie night! Pop the popcorn and get some movie snacks and drinks ready to enjoy.

**TZEDAKAH NIGHT** – On this night, give your kids some money and have them choose what charity they would like to donate to. of their choice. Give lots of options: the ARK, MAZON, JNF, synagogue scholarship funds, etc. They decide how much they want to donate, if they want to donate all their money to one charity or divide it up.

**Hag Hanukkah Same'ach - Happy Hanukkah to you and to your whole family!**



Anna Besser  
Education Director



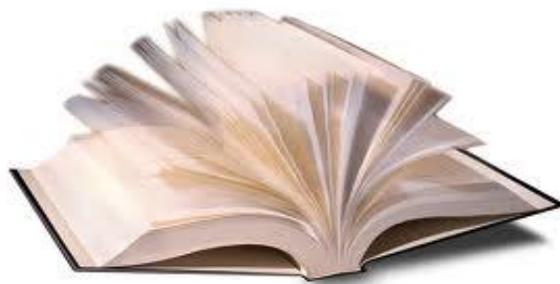
CONGREGATION  
**BETH** בית  
יהודה **JUDEA**

**Adult Education Series**  
**Ongoing Classes**

Welcome to our Adult Education Series. To register for classes or to find out more information, please contact Anna Besser at [abesser@bethjudea.org](mailto:abesser@bethjudea.org).



Please visit our website at [www.bethjudea.org](http://www.bethjudea.org) for a list of all on-going and new adult education courses being offered. Check the site frequently as more classes are being added on a continuing basis.



**December 2020**

Welcome to our Adult Education Series. We continue to offer all classes on Zoom. To register for classes or to find out more information, please contact Anna Besser at [abesser@bethjudea.org](mailto:abesser@bethjudea.org)



## LUNCH & LEARN FALL SERIES A CLOSER LOOK:

### APPLYING SACRED LESSONS TO CURRENT EVENTS

*Rabbi Zimbalist*

*Mondays at 12:00 PM*

*November 9 - December 14, 2020*

Our country and the greater world are experiencing some of the most tumultuous times that any of us have ever experienced. COVID-19, divisive politics, the upcoming Presidential election, and changes in the Middle East are just a few of the issues consuming our news outlets, social media, and everyday conversations with family, friends, and loved ones. How do we process all of this? Are there teachings from the Torah that can give us much needed strength, support, and insight? Through respectful conversations and meaningful discussions, we will approach these challenging topics and more issues and concerns that fill our days. News articles will often be shared and referenced for each class.

## HOW TO BE COMFORTABLE HAVING UNCOMFORTABLE CONVERSATIONS

*Billy Planer - Etgar 36*  
*Wednesday, December 9*  
*8:00 PM*



America is so split that trying to speak across the divide feels impossible. Whether it is one on one, with friends, family or your community, discussions about race, politics, or Israel seems to be too heated and contentious to have. How can we have these important and necessary conversations without “all the heat”? How can you practice self-care as you enter into uncomfortable conversations? How to rethink what success looks like during a difficult conversation.



# Hebrew Literacy 1

Sponsored by Men's Club

Taught by Jerry Sakol & Daniel Landau

Tuesday evenings; 8:00 - 9:00 pm

Dates: Oct. 27, 2020 - Jan. 26, 2021

Want a proven successful opportunity to learn how to read Hebrew in a friendly environment? Then join this class. Hebrew Literacy I is designed to teach those with no previous (or forgotten) knowledge of Hebrew how to read. The 12-week course focuses on learning to read the words used in the Friday Night service. **Graduation - Friday Night Service on Jan. 29, 2021**

**COST: \$30 fee for course materials**

## WEEKLY CLASSES:

*These classes are ongoing. Please join at any time. Hebrew is not required for any of these classes, unless specifically noted.*



### Nightcap with the Rabbi

with Rabbi Zimbalist

Thursday evenings at 9:30 pm

### Talmud Study: Tractate Sukkah

Taught by Rabbi Zimbalist

Join Rabbi Zimbalist for a lively discussion and learn about different aspects of the festival of Sukkot. What does it mean to “dwell” in a Sukkah? How tall must your Sukkah be to fulfill the mitzvah? Can you make blessings over a stolen lulav or etrog? No prior Talmud experience is required, just an open mind, creative thoughts and a desire to engage in meaningful conversation.

Sunday mornings at 8 am



### Parsha of the Week Discussion

Taught by Orin Rotman

Shabbat morning at 9 am

Weekly study to discuss the parsha of the week. We will discuss questions raised by the participants.



# AJEC invites you to Zoom

## The Broken Alliance: What Happened Between Blacks and Jews

During the Civil Rights Movement of the 1960's, Blacks and Jews marched together in the hopes of achieving the equality that African Americans had been fighting for since their arrival on the shores of America. It was a dream never to be fulfilled, and Jews, knowing full well what it meant to be outcast and marginalized, took up the cause of their Black brothers. Seeking justice, Dr. Martin Luther King Jr., and Rabbi Abraham Joshua Herschel walked arm in arm, leading thousands together across the Edmund Pettus Bridge, in the March from Selma to Montgomery.

That bond between Jews and Blacks is no longer! What happened? Can it ever be repaired? In this 90 minute presentation, Dr Joyce Witt will explore the reasons why this breach happened and explore questions for the future of this broken relationship.

featuring

### Dr. Joyce Witt

Dr. Joyce Witt spent her entire career on education, both in the school system, where she taught World History and Jewish History, and Holocaust studies at North Suburban Synagogue Beth El. Today, Dr. Witt has made presentations at the North Shore Senior Center and the Gidwitz Senior Center, with a particular focus on Holocaust education.

**Tuesday, January 19, 2021**

**1-2:30 PM**

**\$15**

**(Check made out to AJEC)**

**R.S.V.P. Mail in form required by January 13, 2021**  
Zoom link will be emailed several days prior to the  
program.

Questions: contact AJEC at 847-363-0000

AJEC (Adult Jewish Education Co-op) is committed to providing relevant programs of vital interest to all. Programs will generate open and honest discussion, as well as focus on personal connections to the topics.

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**MAIL TO: AJEC 840 Weidner Rd., Unit 301, Buffalo Grove, IL 60089 (check included by 1/13/21)**

Name:

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Email:

Phone: 

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# Sisterhood

As I sit here, dusk is closing in earlier than I would like, Thanksgiving is coming, fall is moving into winter, and COVID cases are rising faster than anyone is comfortable. It is going to be a long winter! I do not say that to be depressing or negative. I say that for you to get ready! Make a plan. Self-care is going to be so important this season. Make sure you are eating good, healthy food. Get adequate sleep. Exercise! Bundle up and go for a walk, and do not sweat the small stuff. All these things are good for your immune system as well. Self-care can be so many other things, –physical and emotional, hobbies, prayer, meditation, compassion, stretching, boundary setting, limiting social media, journaling, positivity, and utilizing your support group as a few. Sisterhood can be a part of your support group. We have a lot of great programming coming up, and you do not even need to get dressed. Please see the Word and the weekly email for flyers and more details.

## **Stitch and Kvetch – various Tuesdays @ 1:30pm and Wednesdays @ 8pm**

This is a great chance to log on and work on whatever craft project you are currently doing, or work on a blanket for Project Linus.

## **Comedy Night – Dec 16<sup>th</sup> @ 8pm**

Who doesn't need a good laugh right about now? All you need do is log onto Zoom with your favorite drink and snacks. **Rhonda Cohn**, our comedienne extraordinaire, will do the rest!

## **Virtual Vashti night - Jan 11<sup>th</sup> @ 8pm**

See following pages for flyer.

## **Margie Miller**, immediate past president of Women's' League – **Jan 24<sup>th</sup> @ 4pm**

Margie is powerful speaker on many subjects. She is going to focus on resiliency- why it is so important and how we can all have it for ourselves.

## **The Heart of Quilling – Feb 15<sup>th</sup> @ 8pm**

We moved quilling to coincide with Women's Heart Health month. It will be a fun evening of self-expression with a bit of heart health sprinkled in. RSVP is required because we need to purchase quilling kits. If you RSVP and pay for the kit, we will take care of the rest.

<https://mail.google.com/mail/u/0/#inbox/FMfcgxwKjTMPNjgFTZkvfdsLfRhMNTdK?projector=1>

<https://www.youtube.com/watch?v=fCTplmMwmg>

## **Sisterhood Shabbat – Feb 20<sup>th</sup>**

A lovely Shabbat service run by our Sisterhood members. We hope to see all of you on Zoom to daven together from our respective homes. Next year at CBJ!

## **Mah Jong Tournament – March 14<sup>th</sup>**

We believe this one will also be on Zoom. Details to follow, but it will be chance to experience Mah Jong in a virtual venue.

## **Challah Bake – April 11<sup>th</sup>**

Baking challah is a process. Do it on Zoom on and off during the day with Edna. You get to enjoy how great your house will smell! More details as we get them!

## **Torah Fund Event – April 18<sup>th</sup> (see next page)**

By the end of this list, the days will be getting longer, the temperature warmer, and winter will be in the rear-view mirror. Hopefully COVID as well.

Please let us know if we can help with anything.

Thank you,

Debbie and Michele

[Debs825@datamanagersinc.com](mailto:Debs825@datamanagersinc.com)

[Mesussman@gmail.com](mailto:Mesusman@gmail.com)

Sisterhood Co-presidents



# Sisterhood



**This year's theme is "B'Yachad" (Together).**

**Wouldn't it be nice if we all worked together?**

All proceeds support our 5 seminaries and ensure the continuity of the Conservative Movement through the education of our rabbis, cantors, scholars and leaders.

As a Torah Fund donor, every donor is **an essential partner** in the creation of these leaders. Each dollar you contribute is used immediately to help students.

\*To Give Online- A meaningful **in honor of and in memory of letters** (hardcopies) will be sent to recipients if desired. There are options for periodic contributions a donor can set up. Be sure to identify **Congregation Beth Judea** as the name of the Sisterhood and **Long Grove, IL** as the City, State [https://secure2.convio.net/jts/site/Donation2?df\\_id=1481&1481.donation=form1](https://secure2.convio.net/jts/site/Donation2?df_id=1481&1481.donation=form1)

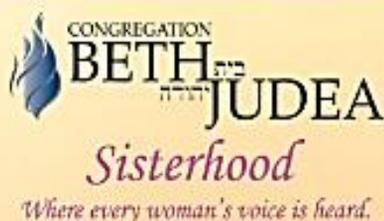
\*To Give In Person- contact Andrea Heiger- 847-507-2168.  
Checks should be made payable to Torah Fund. Checks may be mailed to Andrea Heiger, 990 Indian Spring Lane, Buffalo Grove, IL 60089.

- Send special greetings to your family and friends...and have Torah Fund be an additional beneficiary of your kindness and thoughtfulness! If you donate \$5, you will get to pick one greeting card, and for a donation of \$20 you can mix and match five. These are available while supplies last. (in person)
  - donate \$180 (Benefactor) or more, you will receive this year's Torah Fund pin.
- New (& for a limited time)- If you donate \$72 (Mitzvah), you will receive an archived Torah Fund pin (please ask in person for details for availability of all pins).

**We invite every member of Beth Judea to contribute.**  
No contribution is too small and donations are tax deductible.

Sisterhood thanks you for your kindness! We can achieve our goal- B'Yachad-  
**TOGETHER!**

# Sisterhood



## SISTERHOOD BOOK CLUB

### DECEMBER BOOK DISCUSSION: *Red Letter Days* by Sara-Jane Stratford

Amid the glitz and glamour of 1950s New York, Phoebe Adler pursues her dream of screenwriting. A dream that turns into a living nightmare when she is blacklisted—caught in the Red Menace that is shattering the lives of suspected Communists. Desperate to work, she escapes to London, determined to keep her dream alive and clear her good name.

There, Phoebe befriends fellow American exile Hannah Wolfson, who has defied the odds to build a career as a successful television producer in England. Hannah is a woman who has it all, and is now gambling everything in a very dangerous game—the game of hiring blacklisted writers.

Neither woman suspects that danger still looms . . . and their fight is only just beginning.

**WEDNESDAY, DECEMBER 23**  
**8:00 PM**

*Red Letter Days*  
by Sarah-Jane Stratford

Please RSVP to [brendaclevine@gmail.com](mailto:brendaclevine@gmail.com)

This event is open to Sisterhood and CBJ Women

Please contact Lisa Neiman at 847-634-0777 if you need any special accommodations.

# VIRTUAL VASHTI NIGHT



**JANUARY 11TH  
@ 8PM**

Swag Bags available  
to the first 25 people  
to register  
CBJsisterhoodmail@  
gmail.com

**Virtual Vendors will  
present and show you  
their products**

Kindness Chains  
Arbonne  
Tastefully Simple  
Cool Cows for a Cause  
Young Living  
Irvs Luggage  
Mosaic  
Pampered Chef  
Jewelry  
Wine Lady  
Seeped Tea  
Tupperware  
Hair Accessories

Raffle Prizes will  
be sold through  
Venmo and Zelle  
(details coming)

**% of orders from  
vendors will  
benefit  
Sisterhood and  
CBJ**

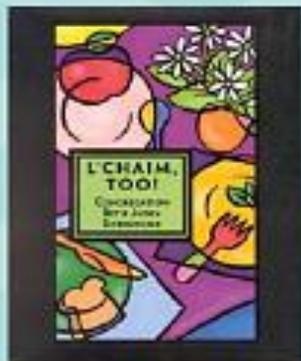


*Sisterhood*

*When every woman's voice is heard.*



1371017 787 PD



Need some new ideas for  
Hanukkah or everyday cooking?

## L'CHAIM, TOO! can help!

Try this Hanukkah favorite: Sufganiyot (Dairy)

### INGREDIENTS

- 2 T dry yeast
- 3-1/2 T sugar
- 3/4 C lukewarm milk
- 2-1/2 C flour
- 2 egg yolks
- Pinch of salt
- Pinch of cinnamon
- 1-1/2 T margarine, softened
- Strawberry preserves
- Oil for frying
- Granulated sugar

L'CHAIM, TOO! is a lovely notebook style cookbook with over 300 pages of kosher recipes collected from Beth Judea and Sisterhood members, family and friends. Some are old favorites and others are new additions, but all are delicious.

**NEW PRICE!** Books are available for \$5 each by contacting Laura Zoller at 847-883-8801 or lkz0410@gmail.com

### DIRECTIONS

1. Dissolve the yeast and 2 T of the sugar in milk.
2. Sift the flour. Place the flour on a board and make a well in the center.
3. Add the yeast mixture, egg yolks, salt, cinnamon and the remaining sugar.
4. Knead well. Add margarine. Knead until the dough is elastic.
5. Cover. Let rise for 2 hours.
6. Sprinkle flour on the board. Roll out the dough thin. Cut into rounds, about 2 inches in diameter. Cover. Let rise for 15 minutes more.
7. In a pot or deep fryer, heat the oil to 375. Drop the doughnuts in the oil, 4-5 at a time, turning when brown.
8. Drain on paper towels. With a tiny spoon, take some preserves and fill the doughnut by inserting the spoon in the top of the doughnut and revolve it inside. Remove it from the same hole.
9. Roll in granulated sugar.

Eat immediately.

Makes 30-35 doughnuts.

CONGREGATION  
**BETH** <sup>אֵת</sup>  
**JUDEA**

*Sisterhood*

*"Where every woman's voice is heard."*



סוּחַ אֵת וְדוֹשֵׁתוֹ

# Sisterhood Gift Shop

The Sisterhood of Beth Judea proudly shares about our renowned Judaica Shop!

Due to COVID-19, our regular gift shop hours are suspended.

Contact Ann Lerman at (847) 373-8640 or email us at [giftshopcbj@gmail.com](mailto:giftshopcbj@gmail.com).

Our Judaica Shop carries a wide variety of items and gifts with continually updated inventory. Come take a look at many of the following types of items:

- \*Tallitot
- \*Kippot
- \*Women's Head Coverings
- \*Seder Plates
- \*Hanukkah Menorahs
- \*Shabbat Candlesticks
- \*Kiddush Cups
- \*Tzedakah Boxes
- \*Wedding Gifts
- \*Shofars
- \*Bar & Bat Mitzvah Gifts
- \*Mezuzah Cases and Kosher Scrolls
- \*Yahrzeit Candles
- \*Jewish Children's Books
- \*Wall Home Blessings
- \*Hostess Gifts
- \*Wedding Glasses
- \*Decorative items.....and so much more!



Come and browse our amazing collections of beautiful Judaic Jewelry – for both Men and Women! We have countless Hamsas, Chais, Stars and Hoshens. You will love our special designer pieces. Also, our non-Judaic jewelry can make a special gift as well.! You will find many price points to meet all budgets.



Our extensive collection of Tallitot, for both men and women, is a specialty we are known for in the Chicagoland area! We always have approximately 100 of the Tallitot in stock...most of them made in Israel!

If the choices are overwhelming – or you wish to simply allow a family member or friend choose on their own – a Gift Certificate may be the wise choice for you – any denomination – anytime. We make it easy for you too – as we accept Visa, MasterCard and Discover!



So stop by and visit us to see for yourself why all of the talk!

Have the Judaica Shop be a go-to spot for all your Judaic needs – please come visit us soon!



Cookbooks



**Congregation Beth Judea Gift Shop**  
(Where shopping is a mitzvah)

**20% OFF ONE SINGLE ITEM OF \$25 OR MORE**

Coupon must be present at time of purchase  
Exclusions include sale merchandise, special orders, scrolls.  
One coupon per family. No other discounts or promotions apply --  
Expires December 31, 2020



**COUPON**



Torah Pins



## Men's Club

Shalom from the Men's Club. As we now are moving from autumn to winter, I hope that you and your families are doing well. As of the writing of this article, Thanksgiving is just around the corner and Hanukkah is not far behind. As we look toward to the Festival of Lights, I wish you a joyous holiday season that is filled with family and the traditions that make us proud to be Jewish.

Since my last article, we had our special Men's Club Shabbat on October 17 where we gave Rabbi Zimbalist his Man of the Year award and Abby Finn her Youth of the Year Award. A big Yasher Koach goes out to Jerry Sakol, Men's Club Ritual Vice President, for all of his hard work in putting this together under short notice. It wasn't an easy task, but the service was wonderful. Also, thanks go to all the people who participated during the service leading, reading, and taking Aliyot. Special thanks go to Ron Friedman and Marc Sender for introducing our guests of honor. To our honorees, mazel tov on this wonderful honor. I know that each of your families are proud of you. Your speeches were moving in many ways and I know touched the hearts of those who were in attendance. I have given the Rabbi his award, and it is sitting prominently on his desk and have made arrangements with Abby's family to get her award to her as well. Speaking of Hanukkah, on November 8, the Men's Club distributed Hanukkah candles and supplies to volunteers to deliver to the greater congregation. Thanks to Sharon Weiner, Orin Rotman, Norm Kurtz, Jeff Spitz, Lou Rabin, Paula Carter, Sandy Levitt, Al Gimpel, Sharon Weil, Marty Rothenberg, Alana Cooper, Alan & Marci Marcus, Stacy Sachs, Chuck Walcer, Evan Rumack, Barbara Stark, and Ron Friedman for your help to deliver the candles. This year being what it is, we couldn't pack the candles in the synagogue, so we instead set everything up outside and the volunteers picked up all the supplies and packed them at home. Thanks to Brandt Rosen, Sandy Victor,

and Norm Kurtz for your help in working with me to get our volunteers their supplies when they came by the shul. Under normal circumstances this process would take about an hour or so just to pack the candles and start to distribute the routes, primarily to Men's Club members, and usually there would be some routes left over. This year, we were finished with all the routes taken in a little over an hour. We had not only Men's Club members but also Sisterhood and Board members and young families taking routes, which was awesome. While this is a Men's Club project, I think this year it really was a synagogue project.

On Tuesday, November 17 we had Dr. Michael Greenberg speak to the us about "New World War II and Jewish History" and his book Tables Turned on Them – Jews Guarding Nazi POWS Held in the United States. This was a program that was originally scheduled for Yom Ha Shoah but had to be rescheduled due to Covid-19. We had about 20 attendees, and the feedback I have received has been quite positive. Dr. Greenberg spoke about how the Jewish soldiers who worked at POW camps in the U.S. guarding German prisoners of war and the effect it had on both groups. He spoke about how the Jewish soldiers practiced Tikkun Olam under very trying circumstances. What I found most interesting about his presentation was that there were several POW camps located in the North Shore and northern suburbs of Chicago. One camp, in particular, was located right across the street from Hackney's Restaurant on Harms Road in Glenview. If you are interested in purchasing a copy of Dr. Greenberg's book, please contact me.

Finally, I again want to wish everyone a very happy Hanukkah. May the lights of the menorah give you hope that these crazy times we are in will come to an end sooner rather than later and that we can all gather at Beth Judea for many wonderful events in person.

As always, please stay safe and healthy.

L'shalom,

Rob Lipka  
BJMC Co-President



CONGREGATION BETH JUDEA MEN'S CLUB

## Wellness Day Program

Attention all Congregation Beth  
Judea Members of all ages!



Please join the CBJ Men's Club (men, women and kids invited) for a bike, run, walk, or other form of exercise

**SUNDAY • DECEMBER 6, 2020**  
**AT ANY OUTDOOR LOCATION OR IN YOUR HOME**

As part of the FJMC Wellness Program, we urge all congregants to participate in this event at whichever level you feel comfortable. Our goal is to increase awareness of health and wellness issues to all members of Congregation Beth Judea. It is important to remain physically and mentally fit. Exercise helps accomplish both these goals.

Exercise for 20 minutes or more any time or place on the Wellness day. After you are done, contact Sandy Victor at [sandy\\_victor@hotmail.com](mailto:sandy_victor@hotmail.com) to report your participation. If you go with other persons, please maintain proper social distancing.

Please contact Lisa Neiman at 847-634-0777 if you need any special accommodations

Men's Club strives to offer something for everyone. As such, we're always open to new and creative programming ideas that help Jewish men lead rich and filling Jewish Lives.

[MEN'S CLUB  
MEMBERSHIP APPLICATION](#)

### HELP THE ELDERLY ATTEND SERVICES

Once a month, the Beth Judea Men's Club volunteers at the Liefberman Geriatric Center and helps the elderly get to and from services. If you are interested in helping please contact the Men's Club.

### Tzedakah Fund

The Men's Club has made donations from the minyan tzedakah box:

We thank all those who have contributed to the tzedakah fund administered by Men's Club.

## Introducing #MyUSYfi Fall



**#MY  
USYfi  
FALL**

USY is so excited to provide a full calendar of programming through the Fall Semester for Jewish Youth in 5-12th grade.

**LEADERSHIP DEVELOPMENT SOCIAL ACTION  
JEWISH LEARNING HEBREW CREATIVE ARTS  
PARENT PROGRAMMING AND MORE!**

**\$199 includes all Regional and International Programs for the Fall.**

Questions? Email [usyfi@usy.org](mailto:usyfi@usy.org)



**#MYUSYFIFALL  
FAQs**

We know you have questions regarding our new system of programming, and we're here to help!

**WHAT IS THE PRICE AND WHAT DOES IT COVER?**  
#MyUSYfi Fall Membership costs \$199. This All-Access Pass covers all regional, branch and international programs through December 20th, 2020.

**WHO CAN SIGN UP?**  
All Jewish teens who, as of September 2020, are in 5th through 12th grade are invited to register for #MyUSYfi Fall!

**DO I NEED TO BE A MEMBER OF A SYNAGOGUE OR USY CHAPTER?**  
No! If you do not indicate you are a chapter member on your registration, we will connect you with your closest chapter so that upon the return of in-person programming, you have the opportunity to participate in local events.

**WHAT'S THE PLAN FOR WHEN IN-PERSON PROGRAMMING RESUMES?**  
We are continuously evaluating programming opportunities for later Winter and Spring as the situation evolves, and will keep you updated as decisions are made.

**CAN I TRY USY OUT BEFORE I COMMIT TO REGISTERING FOR #MYUSYFIFALL?**  
Yes! You can attend one regional program for free to try it out, and we hope that after that you will register for all that #MyUSYfi Fall has to offer. To learn more about upcoming regional programming, contact your branch staff.

**WHAT IF I ONLY WANT TO PARTICIPATE IN REGIONAL PROGRAMS? OR INTERNATIONAL PROGRAMS?**  
Your #MyUSYfi Fall Membership gives you the ability to choose whatever programs you can attend. Sign up for as many or as few as you would like. There is no separate pricing package for regional or international-only programming.

**IS THERE A SIBLING DISCOUNT?**  
Yes! Once one child registers, there will be a \$25 discount for each sibling that registers after.

**IS SCHOLARSHIP AVAILABLE?**  
Yes! Scholarships are available for those with financial need. To learn more, please be in touch with your branch staff.

**ARE PAYMENT PLANS AVAILABLE?**  
Yes. You can choose a plan when you register. If you need a longer plan, please contact Michelle Rich at [rich@uscj.org](mailto:rich@uscj.org).

**IS MY CHAPTER MEMBERSHIP INCLUDED IN THIS?**  
No. The \$199 covers all regional and international dues. Your chapter may charge an additional fee for membership.

**WILL PROGRAMMING BE GRADE-SPECIFIC?**  
There will be programming for grades 5-7 and 8-12. In addition, some programs may be open to grades 5-12. There will also be programming by grade for 8-12 graders.

**I HAVE A TIME CONFLICT WITH A PROGRAM! CAN I WATCH IT LATER?**  
Yes - programming will be recorded and accessible to paid members after it takes place.

If you have any other questions, please email [usyfi@usy.org](mailto:usyfi@usy.org).

As a benefit of membership. All CBJ member teens will be receiving discounted pricing for USYfi Fall on behalf of the Congregation Beth Judea Youth Department and our generous donors who support youth membership!

We will continue to provide award winning BJUSY chapter programming in addition to CHUSY regional and national programming for USYers across North America.

This new structure will include membership, regional programs (like virtual conventions, lounge nights, Shabbat experiences) and nationally run experiences no matter where you are! Connect with teens from across the country!

**DO NOT LET COST DETER YOU! WE ARE COMMITTED TO MAKING IT POSSIBLE FOR ALL TEENS TO PARTICIPATE REGARDLESS OF FINANCIAL MEANS. SCHOLARSHIP IS AVAILABLE!** Reach out to Daniel or Marc, [dwarshawsky@uscj.org](mailto:dwarshawsky@uscj.org) or [msender@uscj.org](mailto:msender@uscj.org) with any questions.

[Click Here to register for #MyUSYfiFall!](#)

# Youth

## #MyUSYfiFall

### Kadima Calendar Highlights

October 18 - Intro to Jewish Humor with Benji Lovitt

October 21 - Leadership Training

October 25 - Game of Games

November 1 - Kadima Art Gallery

November 8 - The Great Escape Room

November 15 - Land of the Red Dragon

November 22 - Upcycling

December 6 - Supreme Chaverim

December 13 - I have a little driedel

December 20 - Leadership Training

For more information on these and other programming for 5th - 7th grade visit us at [www.usy.org/myusyfiFall/](http://www.usy.org/myusyfiFall/)

[Click here](#) for more information and click the button below to register!

[Click Here to Register!](#)

Check out all the great  
CBJ Kadima Programs in  
store for 2020

## CBJ KADIMA

2nd Monday of every month!  
Open to 5th-7th Graders  
Zoom and Social-Distanced Events

Questions about Kadima events?  
Contact Marc [YouthDirector@bethjudea.org](mailto:YouthDirector@bethjudea.org)  
or Gillian [gilliansherman.gs@gmail.com](mailto:gilliansherman.gs@gmail.com)

NOVEMBER 9TH  
5-5:45

CBJ KADIMA  
KOMPETES!

DECEMBER 14TH  
5-5:45

CBJ KADIMA  
CHANUKKAH  
BASH



Remember that thanks to a generous donation, CBJ Youth Group membership is automatically included in your CBJ membership!

Not a CBJ member??? Sign up for membership in USY, Kadima, or Kadinkers below

[2020-2021 CBJ Youth Membership Form](#)

BJUSY is open to 8th-12th graders of all ability levels. If you need any accommodations to participate in our events please reach out to Marc, [youthdirector@bethjudea.org](mailto:youthdirector@bethjudea.org)

Check out USY's new partnership  
with Lost Tribe ESports on the USY  
Discord Channel!  
(5th-12th)



**Find your **game**. Find your **tribe**.**

Lost Tribe Esports is a year-round, global home for Jewish gamers. Chat and compete in local, national, and international tournaments for your favorite video games. Join the USY Discord Channel and get started today!



[Check out USY ESports](#)

# Check out the CHUSY Calendar!



**CHUSY 2020  
Calendar!**

**CHUSY Kickoff: CHUSY's Got Talent - 9/12/2020**  
**CHUSY LTI: CHUSY's Got Leadership - 9/13/2020**  
**Camp CHUSY Lounge Night - 9/16/2020**  
**Lounge Night - 10/21/2020**  
**Kadima Kickoff - 10/25/2020**  
**CHUSYFest/8th Grade Shabbaton - 11/5/2020-11/8/2020**  
**Lounge Night - 11/18/2020**  
**Kadima Konvention - 12/3/2020-12/6/2020**  
**Hanukkah and Finals Lounge Night - 12/16/2020**  
**International Convention - 12/27/2020-12/30/2020**

**Can't wait to see you there!**



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*CHUSY welcomes the participation of teens of all abilities, races,  
Jewish backgrounds, family structures, gender identities, and sexual orientations.*

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CHUSY is a partner with Keshet Chicago



**KESHET**  
Special Needs. Extraordinary Opportunities.

A partner with the Jewish United Fund in serving our community

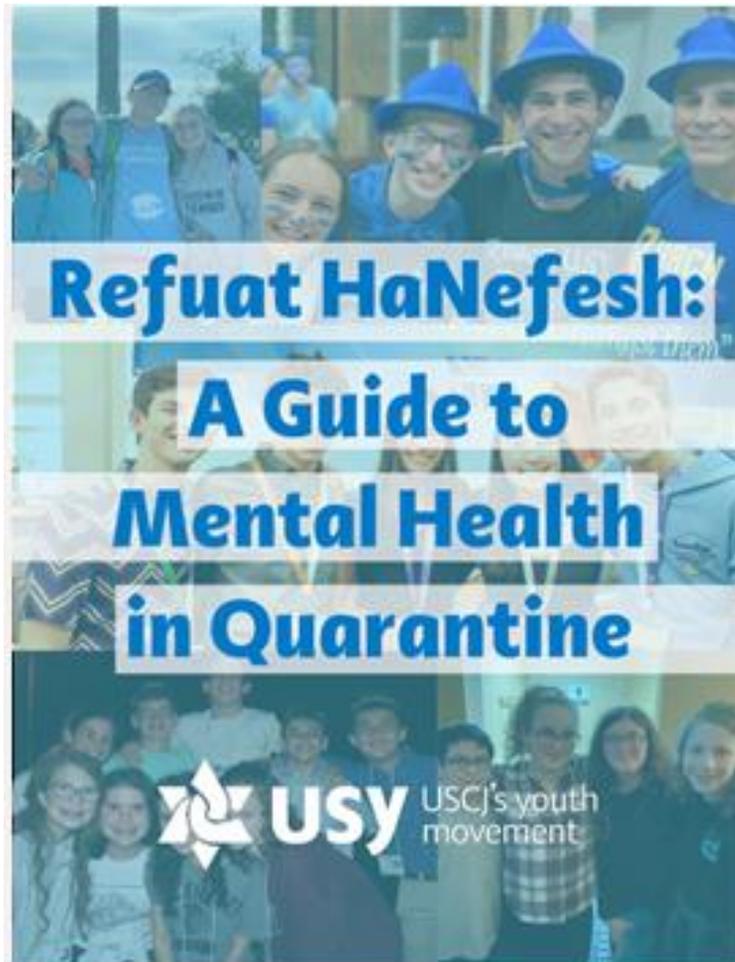


**Jewish United Fund**  
OF METROPOLITAN CHICAGO

*CHUSY is proud to be part of the Keshet Chicago Leadership Project.*



## Refuat HaNefesh: A Guide to Mental Health in Quarantine from USY



**[Please click here to find Refuat HaNefesh: A Guide to Mental Health in Quarantine.](#)**

In this guide you will find many resources that can help you and your friends stay physically and emotionally healthy. We hope these tips, tricks, and connections will serve as supports - both on days when you're feeling okay and also on others when you need a helping hand. In addition to these resources, remember that our USY community has never been stronger or more supportive - you can find programs from USY and our many regions on multiple nights of every week. Always remember that your USY family doesn't end when the Zoom call is over. Your friends and staff members are always available for you to lend an ear, make you laugh, or just to talk.

If you are looking for more resources, have any questions, or if you and your families need anything, please remember you can always find our contact information on the USY Website, [www.usy.org](http://www.usy.org)



## News from the Northwest Suburban Interfaith Council

by Joanne Dicker, President

What a difference a year makes! This year, our **Interfaith Thanksgiving Celebration: Hope a Call for Action** took place in the virtual world- on YouTube and Facebook. Our Thanksgiving clergy committee worked diligently. A special thanks to our clergy committee of Rabbi Steve Hart and Cantor Scott Simon from Temple Chai, Pastor Jim Andrew from Hope Lutheran, Fr. Dan Whiteside and Deacon Dan Georgen from St. Mary Parish. Each played an important role in suggesting innovative features, new ways to present our program, and employing technical skills and abilities behind the scenes. This year, all of our clergy participated. We added a new feature which included members of our congregations talking about hope for the upcoming year. If you missed the Celebration, you can still access it from our Facebook page or YouTube at: <https://www.facebook.com/NorthwestSuburbanInterfaithCouncil> and <https://youtu.be/zLnnhGZd-T8>

We are still collecting and distributing gently used or new books for infants through kindergarten. If you have any books to donate, please contact us.

Also, please help your neighbors whose lives have been adversely affected by the pandemic economically. The Northwest Suburban Interfaith Council helps support four food pantries of our member congregations located at Congregation Beth Am, Kingswood Methodist Church, St. Alphonsus and St. Mary Parish. Your monetary donations are always welcome but especially needed at this time of year. I am also attaching a flier of requested non-perishable foods and dry goods should you wish to purchase and drop off at the food pantries directly. If you need assistance, I am also attaching contact information for our food and local pantries.

The Northwest Suburban Interfaith Council proudly serves this community. If you have any programming suggestions, please forward them to me or your IFC representatives.

Joanne Dicker, President

For more information on any of our programs, please contact us by e-mail or telephone: [nwsinterfaith@gmail.com](mailto:nwsinterfaith@gmail.com), 224-699-0386 or visit our website at: <http://www.northwestsuburbaninterfaith.org>

Donations may be made directly to: Northwest Suburban Interfaith Council  
PO Box 5301, Buffalo Grove, IL 60089

# INTERFAITH COUNCIL

## News from the Northwest Suburban Interfaith Council by Joanne Dicker, President

**Our food pantries and many of your neighbors desperately need your help!** Due to the continued issues with the Corona virus, many more of our neighbors are in need of food and everyday supplies. Please help us support our local food pantries either through monetary donations or purchasing of needed supplies. If you are in need, see the list below of our food pantries and the township food pantries.

If you are able, **please purchase and donate** any of the following items:

Canned Soup	Canned Chili	Crackers	Shampoo
Canned Fruit	Cereals	Ramen Noodles	Toilet Paper
Canned Vegetables	Peanut Butter	Pasta Sauce	Paper Towels
Grape Jelly	Oatmeal	Soap	Flour
Boxed Pasta	Mac & Cheese	Spaghetti O's	Snacks
Canned Tuna	Canned Chicken	Bagged Rice	Toothpaste
Baby Diapers	Vegetable Oil	Laundry detergent	

### Locations of food pantries, pick up and drop of hours: (Please note that many food pantries have geographical restrictions for food distribution:)

- St. Mary Parish: 10 N. Buffalo Grove Road, Buffalo Grove.** Food is distributed on the third Saturday of the month. (ID and current utility bill required.) Food Donations will be collected on the first weekend of the month. Saturdays from 3:30-5:00 p.m. and Sunday from 8:30 to 10:30 a.m. If you cannot donate at these times, please contact the parish office at 847-541-1450 ext. 131 to make arrangements.
- Kingswood Methodist Church: 401 W. Dundee Road, Buffalo Grove, IL.** Food is distributed on Thursdays from 9:30 a.m. to 12:00 noon. (ID and proof of residency in Wheeling Township required.) Food donations are collected 9:00 a.m. to 5:00 p.m. Please leave food donations inside the church on the east side entrance on the tables provided.
- St. Alphonsus 411 N. Wheeling Road, Prospect Heights.** Food is distributed on the 1<sup>st</sup> and 3<sup>rd</sup> Saturdays of the month from 10:00 a.m. to Noon. (ID, proof of residency in Prospect Heights, Wheeling, or Mt. Prospect and current utility bill required) Food donations are collected between 9:00 a.m. and 5 p.m. Monday through Friday near the school entrance facing Wheeling Road.
- Beth Am: 1377 Abbot Court, Buffalo Grove** Food is distributed on the last Sunday of the month or call: 847-383-5017. (ID required.)

### Township pantries:

- Vernon Township: 3050 N. Main Street, Buffalo Grove** Drive through pantry hours 1<sup>st</sup> and 3<sup>rd</sup> Wednesday 9:00-12:00, families at 8:00 (847) 634-4600, ID required. Donations of non-perishable foods are accepted from 9:00 am – 1:00 pm.
- Wheeling Township: 1616 N. Arlington Heights Rd., Arlington Heights, IL 60004.** (847) 259-7730 Pre-packed bags are available on Tuesdays, Wednesdays and Thursdays between 9 a.m. and noon, and again between 1 pm – 4 pm. Residents will need to provide a picture ID and proof of residency. Donations of food are accepted Monday – Friday from 9:00 am – 4:00 pm.

Thank you so much for your help! Stay healthy and safe!

For more information on any of our programs, please contact us by e-mail or telephone:

[nwsinterfaith@gmail.com](mailto:nwsinterfaith@gmail.com), 224-699-0386 or visit our website at:

<http://www.northwestsuburbaninterfaith.org>

Donations may be made directly to: Northwest Suburban Interfaith Council  
PO Box 5301  
Buffalo Grove, IL 60089



# CBJ Young Family Improv Havdalah and Consecration with the Bible Players!

CONGREGATION BETH JUDAH

CBJ Focus on Families Presents:

**SATURDAY, DEC 12TH**

**IMPROV HAVDALAH**  
with the  
**BIBLE PLAYERS**  
5PM-6:15PM

**Schedule:**

- 5pm Welcome
- 5:05 Havdalah and Consecration
- 5:20 Bible Players Show

Sign up at: [tinyurl.com/cbjhavdalah1212](http://tinyurl.com/cbjhavdalah1212)

Free and open to the community.  
Program is geared towards families with kids in 2nd grade and younger but all are welcome

Questions or need any accommodations to participate?  
Contact [Marc.YouthDirector@bethjudea.org](mailto:Marc.YouthDirector@bethjudea.org)

## Boomers

All Congregation Beth Judea members age 55 and over, are welcome to participate.

If you're not already on the BOOMERS mailing list, please email your name and email address to:

[boomerscbj@gmail.com](mailto:boomerscbj@gmail.com)

Stay healthy,  
Joan Rosemarin

## Did You Know...

Do you know of information that would be of interest to our congregants? If so, please let us know.

**SHALVA**  
Giving voice to the unspeakable...  
responding to domestic abuse in Jewish homes.

## Cell Phone Drop-Off Box In Synagogue Office!

Help domestic abuse victims by  
donating your old cell phones

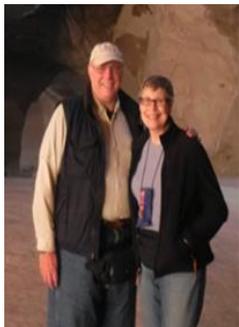
Each phone raises money  
for domestic abuse crisis-  
counseling services in the  
Jewish community!



SHALVA offers free counseling to  
Jewish women who are or were in an  
intimate partner relationship. If you or  
someone you know needs our help,  
call 773-583-4673.

## LIFE IN ISRAEL THE GOODMAN'S' BLOG

Howie and Suzanne Goodman were valued members at Beth Judea until they decided to make aliyah in 2009. The Goodmans have agreed to provide us with a blog on their experiences as new olim in Israel. Though we continue to miss the Goodmans, we can all look forward to reading about their adventures in Israel through the blog.



To learn more about the Goodman's life in Israel [click here](#) to share their experience.

## Planned Giving

**Is Beth Judea  
a Part of Your Estate?**

**Help ensure the future of  
Congregation Beth Judea.**

**From Generation to Generation**  
*"Making a Difference in the Lives that Follow"*

Upon three things the world is based:

Upon Torah,

Upon Divine Service

and

Upon the Practice of Charity

## Alternative Shabbat Service



### Alternative Shabbat Service

Service Leader: Norm Kurtz

Every Shabbat Morning  
10:30 am until 11:45 am.

You are invited to join the Alternative Shabbat Service which meets every Shabbat morning via Zoom. Our growing interpretive minyan (prayer group) is focused on building community by enjoying a passionate, meaningful, and dynamic Shabbat morning experience. We are innovative, creative, and different from the traditional service.

We are friendly and welcoming to all. Being non-judgmental and accessible, we are interested in creating a meaningful spiritual community where joyful prayer and spirited Torah discussion is experienced, accompanied by camaraderie and friendship.

Join us for prayer/discussion/ learning.

We look forward to welcoming you to our community.

Shabbat Shalom,

Norm Kurtz  
Service Leader

See your weekly email for the Zoom info.

For further information: [cbjoffice@bethjudea.org](mailto:cbjoffice@bethjudea.org)

EVERY SHABBAT MORNING

## The Helping Hand Plan



### **The Helping Hand Plan**

#### **A Project of Congregation Beth Judea Hesed Committee**

- **Do you need some help?**
- **Do you need a ride to a doctor's appointment?**
- **Do you need a ride to services at Beth Judea?**

#### **WHAT IS THE HELPING HAND PLAN?**

Beth Judea has a group of volunteers who are ready, willing, and able to lend a hand. Just call or e-mail if you need some assistance.

#### **WHO DO I CONTACT TO REQUEST SOME HELP?**

Please call Larry Wollheim at [847-634-9399](tel:847-634-9399) or e-mail Larry at [lwollheim45@gmail.com](mailto:lwollheim45@gmail.com) to request help.

**It's a Mitzvah to help someone.**  
**Please allow us to help you.**

## You Make A Difference

We firmly believe that reaching out to others benefits not only the recipient, but the person providing help as well. This is, without a doubt, a win-win situation for all involved.

If you are interested in making a difference, please contact one of the Hesed (Caring) committee members below:

Ellene Lammers  
Marilyn Green-Rebnord  
Evan Rumack  
Larry Wolheim



## Hesed Committee



### *An Important Announcement*

#### **CONGREGATION BETH JUDEA HESED (CARING) COMMITTEE**

The Hesed committee would like to know if you have any difficulties/problems that you would like to discuss with a knowledgeable individual. We have a group of congregants who have been trained or are professionals who would be able to provide a brief consultation with you in order to refer you on for more in-depth assistance. We are also thinking about starting some support groups. We would like to know what you feel your needs are. Please email Ellene Lammers at [elammers@comcast.net](mailto:elammers@comcast.net) or call the Rabbi.

FOR A LIST OF EMERGENCY HOTLINE NUMBERS, AGENCIES AND RESOURCES [click here](#)

## We Would Like To Know

### *WE WOULD LIKE TO KNOW . . .*

If you are celebrating a life cycle event such as a birth, engagement, or wedding, we would like to know about it so that this milestone can be included in The Word.

If you are ill or know someone who is sick, we would like to know about it so that a prayer for recovery can be said, so that the clergy can call or visit, and so that the Hesed (Caring) committee can be notified and be of assistance.

If there is a death in your family, we would like to know about it so that we can offer our support, can share this information with our congregation, and so that we can add your loved one to our Yahrzeit records.

Please call the synagogue office with this information. *Do not assume that someone else will have notified the synagogue staff.*



**Advertise your business!**

Advertise your business in our new Business Directory section of The Word.



\$120 for a year a one-year term

Submit your original or clearly scanned copy of your business card to the CBJ office (email to [LNeiman@bethjudea.org](mailto:LNeiman@bethjudea.org)).

Subscription payment must be received to activate term.

Term can commence at any time. One-year term is 10 issues.

[click here for full flyer and details](#)

**Accounting Services**

**Dennen & Simons, LLC**  
Accounting, Tax and Payroll Service



**Steven J. Simons, CPA**  
Owner

1400 E. Lake Cook Road  
Suite 145  
Buffalo Grove, IL 60089  
Office: 847-518-8977 Cell: 708-977-1901  
E Mail: [Steve@dasacctg.com](mailto:Steve@dasacctg.com)  
Website: [www.dennenandsimons.com](http://www.dennenandsimons.com)

**Funeral Services**



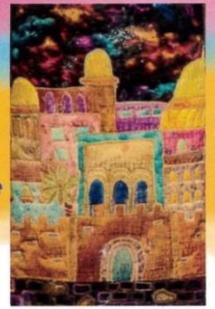
**Sherry Krawitz**  
Family Service Counselor  
(847) 420-8890  
[skrawitz@shalom2.com](mailto:skrawitz@shalom2.com)

**Shalom Memorial Park**  
**Shalom Memorial Funeral Home**  
1700 West Rand Road, Arlington Heights IL 60004  
[www.Shalom2.com](http://www.Shalom2.com) - (847) 255-3520 phone - (847) 394-5460 fax

**Handmade Gifts**

**Ronna's Unique Creations**

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NGH CERTIFIED HYPNOTHERAPIST

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(847)634-1376  
[sandy\\_victor@hotmail.com](mailto:sandy_victor@hotmail.com)



## DECEMBER BIRTHDAYS

**We wish a very Happy Birthday to the following members of our Beth Judea Family:**

December 1	Aaron Rothenberg Heidi Sakol	December 18	Sandra Berg Gary Cortes
December 2	Kim Bauman Leonard Manewith	December 19	Steven Berkowitz Allyson Marcus Heidi Schrage Robert Schwartz
December 3	Laura Barshefsky Jerome Gothelf	December 20	Rebecca Andreoli Arnold Bender Steven Golberg
December 4	Renee Malter Natalie Pesin	December 21	Kristie Fingerhut
December 5	Leah Chiprin Harold Rosen	December 22	Harriette Elisco
December 6	Julie Cohen Carl Weiss	December 23	Philip Andreoli Neil Jordan Ronald Kovich Alfred Levinson Neal Resnik
December 7	Marah Altenberg Kenneth Stolman	December 24	Laurie Ford Rachel Gottfried
December 8	Ann Lesley Rosen	December 25	David Karp Jeanne Krulewich
December 9	Aryn Geiger Sharon Harris Eric Marder Randee Weiss	December 26	Howard Ganden
December 10	Jamie Breslaw Jeffrey Brown Mark Sheft David Waitz	December 27	Carol Cohen Bruce Darin Arthur Freedman Ruth Mathias Maureen Stolman Suzanne Waitz Andrew Zarchy
December 11	Andrew Bauman	December 28	Edward Grossman Jill Kronowitz Gary Malkin Tim Scheibe
December 12	Harvey Brickman Benjamin Dubin Casey Spitz	December 30	Noah Ban Edward Silverman
December 14	Jeffrey Julis Sharon Weil Corey Zussman	December 31	Evelyn Polvi
December 15	Rebecca Schlichting		
December 17	James Hyman Boris Lyubomirsky Robert Muisse		

We encourage you to also contact one another to share in their celebration

NOTE: If your name is missing from the list please contact the synagogue so we can update your information in our files.

## DECEMBER ANNIVERSARIES

We wish a very Happy Anniversary to the following members of our Beth Judea Family:

- |             |   |             |  |
|-------------|---|-------------|--|
| December 1  | Pamela & Kevin Rosenberg  | December 18 | Sandra & Paul Drizner<br>Lynn & Arthur Freedman<br>Erica & Gary Krugel   |
| December 2  | Carrie & Michael Shultz   |             |  |
| December 3  | Myra & Neil Borkan<br>Diane & Howard Gordon<br>Staci & Michael Levy             | December 19 | Susan & Aaron Hershinow<br>Lois & Stewart Margolis                       |
| December 4  | Marcie & Alan Marcus<br>Deborah & Howard Tolsky                                 | December 20 | Irina & Leo Zeltser  |
| December 10 | Teri & Owen Pulver<br>Carol & Sheldon Rubin                                     | December 21 | Kathryn & Gary Harris<br>Gayle & Richard Pervos<br>Jackie & Brian Solway |
| December 11 | Lisa & Jason Neiman   | December 22 | Carol & Harold Rosen   |
| December 12 | Lauren & Darrell Robin  | December 23 | Trudy & Robert Balogh<br>Rachel & Marc Gottfried                         |
| December 13 | Rebecca & Philip Andreoli   | December 26 | Tammy & Tim Scheibe  |
| December 14 | Miriam & Leslie Spickard  | December 27 | Sue-Ellen & Fred Duboe<br>Laura & Stanford Zoller                        |
| December 16 | Pamela & Joel Polakow<br>Marny & Brian Schwartz                                 |             |  |
| December 17 | Debra & Benjamin Dubin<br>Margaret & Todd Lichtenstein<br>Sally & David Sherman |             |  |

We encourage you to also contact one another to share in their celebration

NOTE: If your name is missing from the list please contact the synagogue so we can update your information in our files.

# December Jahrzeits



***YOU WILL ALWAYS BE REMEMBERED  
AND ALWAYS IN OUR HEARTS***



**December 4** Nathan Ander  
Martin Dubin  
Harry Fisher  
Charlotte Guttenberg\*  
Lee (Lena) Meyer Katz\*  
Morrie Mangurten  
Khaim Pesin  
Pearl Rizman\*  
William Rubin\*  
Sarah Singer\*  
Elsa Spitz  
Florence Wasserman  
H. Jack Zussman\*

Florence Balfour\*  
Bernard Epton  
Lynn Clifford Golberg  
Harry Isenberg  
Bertha Kravitz\*  
Esther Morgenstein\*  
Barbara Pressburger  
Marvin Rose\*  
Silvie Serbin\*  
David Skerker\*  
Louis Stein\*  
Gilbert Wernick

Bruce Clorfene  
Nathan Finn  
Samuel Gold\*  
Florence Kanter\*  
Fern LeVine  
Pearl Palmer  
Sylvia Rabin  
Marvin Rosenberg  
Jack Singer\*  
Frieda Skerker\*  
Sofia Sznaper\*  
Sydney Witlin\*

**December 11** Rochelle Adelman  
Ann Bernstein\*  
Lenore Darin  
Ruth Fagan\*  
Nathan Gladstein\*  
Clara Kersky\*  
Sydney C. Levine  
Dorothy Patt  
Jacqueline Pollard  
Sam Rubenstein\*  
Dr. Maurice Slivnick  
Rose Toch\*  
Charles Wolf\*

Ilene Becker\*  
Pearl Brickman\*  
Lawrence Elauser  
Michael Feldman\*  
Louis Goldberg\*  
Ellen Klein\*  
Mae Mandel  
Edward Platt  
Sidney Prosansky\*  
Nathan Schwartz  
Lois Soble  
Bessie Weiner\*  
Max Zakaman\*

Esther Bergman\*  
Celia Burg\*  
Moshe Elbaum\*  
Abraham Fuhrman\*  
Nancy Gordon  
Herman Leavitt\*  
Harold Mayeroff  
Benjamin Levi Plaut  
Florence Robinson\*  
Ben Shugan  
Sidney Stark  
Robert Weiss

**December 18** Bernice Altman  
Louis Elisco  
Joseph Green  
Arline Holman  
Shirley Langer  
Helen Lindenbaum\*  
Ann Pervosky  
Philip Rockwell  
Peter Stark  
William Toch\*  
Gordon Wein  
Mildred Wittlin\*  
Samuel Zablen\*

Robert Atlas  
Asna Fagin\*  
Beverly Guttenberg  
Doris Kalina\*  
Jack Lato\*  
Hyman Loeb\*  
Sylvia Polakow\*  
Sylvia Rubin\*  
Toby Charlene Swichkow\*  
Lila Treadwell  
Sylvia Wein  
Abe Wolinsky\*

Carly Berns\*  
Gertrude Gold  
Max Halperin\*  
Elynor Klein\*  
Israel Levine\*  
Emanuel Pearl  
Diane Rebnord  
Maurice Settler  
Janet Thomas  
Newton Truger\*  
Harry Weinstein\*  
Tillie Yublosky\*

\* Denotes the deceased has a *yahrzeit* plaque.

If you are interested in purchasing a plaque please contact the synagogue office.

## December Yahrzeits (Cont.)



***YOU WILL ALWAYS BE REMEMBERED  
AND ALWAYS IN OUR HEARTS***



<b>December 25</b>	<b>Margaret Atlas</b>	<b>Fannie Barasch</b>	<b>Violet Barrier*</b>
	<b>Richard Brown</b>	<b>Robert Allan Brown</b>	<b>Samuel Chiet*</b>
	<b>Maxwell Clamage</b>	<b>Shirley Dubin</b>	<b>Ruth Duboe</b>
	<b>Martin Garson*</b>	<b>Harvey Gold</b>	<b>Christina Marie Goldberg</b>
	<b>Jeri Ann Goldman</b>	<b>Samuel Kanter*</b>	<b>Sol Kaufman*</b>
	<b>Audrey Kirst</b>	<b>Joe Koek</b>	<b>Marilyn Levit</b>
	<b>Irwin Lipka</b>	<b>Stephanie Lustig*</b>	<b>Marvin Miller</b>
	<b>Bruce Minnick*</b>	<b>Gertrude Trudy Paley</b>	<b>Lewis Pervosky</b>
	<b>Maury Platt*</b>	<b>Diana Ratskoff</b>	<b>Dr. Jack Rizman*</b>
	<b>Sheldon Robbins</b>	<b>Sherwin Rosenfeld*</b>	<b>Ruth Rotman</b>
	<b>Muriel Sachsel*</b>	<b>Theodore Sakol*</b>	<b>Yetta Sanders</b>
	<b>Morris Schwartz</b>	<b>Rose Schwartz*</b>	<b>Ilse Sender*</b>
	<b>Faye Singer*</b>	<b>Rose Stephan</b>	<b>Harriet Sumner*</b>
	<b>Louis Vicker*</b>	<b>Bernard Weisel*</b>	<b>Leona Wolf*</b>

\* *Denotes the deceased has a yahrzeit plaque.*

If you are interested in purchasing a plaque please contact the synagogue office.

# January Yahrzeits



***YOU WILL ALWAYS BE REMEMBERED  
AND ALWAYS IN OUR HEARTS***



**January 1**

**Barbara Abrams  
Daniel Brown  
Samuel Cooper\*  
Carol Feldman\*  
Lillian Goroff\*  
Sande Grossman  
Michael Linderman\*  
Louis Newman\*  
Claire Rothnagel  
Harvey Shiffman\*  
Celia Spivak\*  
Elizabeth Zeltser**

**Irving H. Babbitt  
Robert Buhai  
Samuel Dicker  
Jane Friedland\*  
Marilyn Gould  
Patricia Kaplan  
Nathan Litshein  
Fannie Orloff  
Michael Schwartz  
Larry Silver\*  
Sylvia Travis\***

**Erwin Berenson  
Sam Chibnik  
Alfred Feiger  
Ida Glickman  
Lorin Greenberg  
Joseph Kolner\*  
Betsy Mosak  
Michelle Rappaport  
Bessie Shavitz\*  
Samuel Silver\*  
Shirley Wolf\***

**January 8**

**Harriet Ament  
Lillian Lenore Brown  
Bernice Gross\*  
Linda Katz  
Ruth Kurtz\*  
Ann Linderman\*  
Lorraine Margolis  
Fred Moskowitz  
Ida Polansky  
Irene Sandler\*  
Robert Silverstone  
Morris Weiner\***

**Ralph Barnett  
Irving Coady\*  
Hannah Hockfield\*  
Sol Kravitz\*  
Norman Levsky\*  
Arlen Litwin  
Harry Minnick\*  
Seymour Nagel  
David Resnick\*  
Derek Sender  
June Walcer\*  
Evelyn Weisel\***

**Lauri Bauer  
Sarah Deicher  
Michael Jaffe\*  
Shirley Kriegler\*  
Irving Levy\*  
Mina Magarici  
Herman Morgenstein\*  
Dorinne Palmer\*  
Berel Sales\*  
Morris Sherman\*  
Alfred Weiner**

**January 15**

**Walter Berkley\*  
Herman Feldman\*  
Alice Gimpel  
Herbert Kahn  
Oscar Krawitz  
Louis Lifshitz\*  
Philip Meltzer\*  
Bernice Rothenberg\*  
Harvey Schmall  
Hilda Tominberg\***

**Sandy Caplan\*  
William Frankel\*  
James Glickman  
Miles Klein\*  
Morris Lessin\*  
Barry Mandelblatt  
Darrell Pollack\*  
William Rubenstein\*  
Gertrude Schoeneman\*  
Evelyn Torres\***

**Alexander Davis\*  
Janette Friedman  
Paul Goldman  
Seymour Klein\*  
June Lieberman  
Louis Margolis  
Joseph Rosenfeld\*  
Eva Sanes\*  
Milton Silverstein\***

*\* Denotes the deceased has a yahrzeit plaque.*

If you are interested in purchasing a plaque please contact the synagogue office.

# January Yahrzeits (Cont.)



***YOU WILL ALWAYS BE REMEMBERED  
AND ALWAYS IN OUR HEARTS***



**January 22**    **Wally Arbetter**  
**Marion Bordon**  
**Abe Cooper\***  
**Samuel Goldman\***  
**Annette Kessler\***  
**Ethan Levitan\***  
**Leonard Meltzer**  
**Mandel Perl\***  
**Shirley Schechtman**  
**Dora Stein\***  
**Ruth Zeiger**

**Anna Berkovitz\***  
**Adele Chubin**  
**Sidney Flaxman**  
**Era Greiman\***  
**Jack Kostis**  
**Alex Lustig\***  
**Sheila Moskowitz**  
**Margaret Pinkus\***  
**Helen Schwartz\***  
**Ethan Noah Sulkin**

**Roselin Berman**  
**Bella Cohen\***  
**Edward Vincent Fojtik**  
**Ann Karno**  
**Herbert Levine\***  
**Gertrude Manewith**  
**June Pearlman\***  
**Ida Pollack**  
**Samuel Schwartz**  
**Benjamin Weisman**

**January 29**    **David Appel**  
**Diane Brown\***  
**Mitch Davis\***  
**Sophie Geffen**  
**Robert Isenberg**  
**Irv Kaufman**  
**Elizabeth Rosenthal\***  
**Rose Secler\***  
**Betty Wasserman**

**Gerald Bernstein**  
**Sidney Bulmash**  
**Edward Ernstein**  
**Anna Herstein**  
**Stuart Julis**  
**Estelle Kerstein**  
**Sam Rothnagel**  
**Pearl Smiler**  
**Janice Weiner\***

**Alfred Braun\***  
**Gregorio Copelovitz**  
**Emma Fisher**  
**Charlotte Herstein**  
**Hyman Karafin**  
**David Rosenfeld\***  
**Lauren Salzenstein-Gordon\***  
**Morris Spiegel\***  
**Clara Weisberg**

*\* Denotes the deceased has a yahrzeit plaque.*

If you are interested in purchasing a plaque please contact the synagogue office.

# TRIBUTES

**FOR AN EXPLANATION OF THESE FUNDS, PLEASE SEE OUR WEBSITE**

**PRAYERS HAVE BEEN SAID FOR THE RECOVERY OF:**

Michael Friedland  
Nanci Karlin  
Sienna Kelly  
Jamie Lasko  
Al Levitt  
Nathan Scheibe  
Marilyn Victor

**Condolences Upon the Deaths of:**

Phil Beatty  
*Beloved Friend*

Edward Mitchell  
*Beloved father of Elynn Pollard*

Martin Rockwell  
*Beloved Husband of Sandra Rockwell*  
*Beloved Father of Debra Posner*

Ruth Shefsky  
*Beloved Mother of Mary Brickman*  
*Beloved Grandmother of Josh Brickman*

**Congratulations upon Births:**

Andrea & Marty Dickson upon the birth of their grandson,  
Lev Alexander Fishman

Cathy & Mitch Feiger upon the birth of their granddaughter,  
Kyla Feiger

Debbi & Alan Green upon the birth of their grandson,  
Roey Green Band

Andrea & Marty Dickson upon the birth of their grandson,  
Lev Alexander Fishman

Bonnie Lane upon the birth of her grandson,  
Ethan Jacob Ryan

Bonnie Lane upon the birth of her granddaughter,  
Korrin Shay Lane

**RABBI ZIMBALIST DISCRETIONARY FUND**

**IN APPRECIATION OF:**

Congregation Beth Judea with thanks to everyone for welcoming us into the CBJ family.

*Judy & Larry Weindruch*

Rabbi Zimbalist for the beautiful Zoom baby naming for our granddaughter,  
Quinn Adelyn Duboe  
*Sue-Ellen & Fred Duboe*

Rabbi Zimbalist for the Lunch and Learn and the wonderful work he does.  
*Elaine Howard*

Rabbi Zimbalist for the beautiful baby naming for our granddaughter,  
Nora Liv Benaltabe.  
*Nanci & Marty Karlin*

Rabbi Zimbalist for all he has done to keep the Ruach during these difficult times.  
*Eileen & Alan Spiegel*

Rabbi Zimbalist for his efforts in making the high holiday services a beautiful, meaningful and spiritual virtual experience.  
*Rita & Steven Spitz*

**IN HONOR OF:**

Rabbi Zimbalist upon being named Men's Club Man of the Year.  
*Rita & Sid Mathias*

**TORAH RESTORATION FUND**

**UPON THE YAHRZEIT OF:**

Bernard Epton, you almost won Dad.  
*The Pulver Family*

**RABBI ZIMBALIST DISCRETIONARY FUND (Cont.)**

**UPON THE YAHRZEIT OF:**

Marilyn Cooper, in loving memory.  
*Judy & Steve Greenberg*

Dorothy Eicher, in memory of a dear mother and grandmother.  
*Miriam (Mimi) Spickard*

Kathryn Ferrari, in loving memory.  
*Joel & Pam Polakow and Family*

Sol Greenberg, in loving memory.  
*Judy & Steve Greenberg*

Erwin Karlin, in loving memory.  
*Marty & Nanci Karlin*

Phyllis Shatz, our beloved aunt.  
*The Brandt Family*

**SISTERHOOD FUND**

**IN HONOR OF:**

Debbi & Alan Green upon the birth of their grandson, Roey Green Band.  
*The Mann Family - Kim, Skip, Ryan, Josie, Jason, Amber, Owen & Nate*

Leslie & Steven Peck upon the marriage of their daughter, Marlee Peck and Zachary Kovar.  
*Judy & Bill Levitan*

**SOCIAL ACTION FUND**

**IN HONOR OF:**

Cathy & Mitch Feiger upon the birth of their granddaughter, Kyla Feiger.  
*Debbie & Arnie Bender*

# TRIBUTES

## CANTOR WEISBERG'S DISCRETIONARY FUND

### IN APPRECIATION OF:

Hazzan Weisberg for his efforts in making the high holiday service a beautiful, meaningful and spiritual virtual experience.

*Rita & Steven Spitz*

### UPON THE YAHRZEIT OF:

Stella Hiller, in loving memory.

*Ellene & Steven Lammers*

Irving Kolko, beloved uncle.

*Betty & Steve Kolko  
and Family*

Ann Pervosky, in loving memory.

*Gayle & Richard Pervos*

George Uhler, in loving memory.

*Roberta Uhler*

## LINDA AND ALBERT STARK FUND

### UPON THE YAHRZEIT OF:

Sidney Stark, our beloved uncle who taught us all about New Jersey.

*Linda & Albert Stark  
and Family*

Suzanne Stark, beloved niece and cousin.

*Linda & Albert Stark  
and Family*

## MEN'S CLUB FUND

### IN HONOR OF:

CBJ Men's Club.

*Linda & Handler*

## GENERAL FUND

### IN HONOR OF:

Cathy & Mitch Feiger upon the birth of their granddaughter, Kyla Feiger.

*Rita & Sid Mathias*

Debbi & Alan Green upon the birth of their grandson, Roey Green Band.

*Rita & Sid Mathias*

Maureen & David Stolman upon the Bat Mitzvah of their granddaughter, Emma Firsel.

*Rita & Sid Mathias*

### UPON THE YAHRZEIT OF:

Roberta Berks, in loving memory.

*Carla & Elliott Bankendorf*

Morrie Mangurten, beloved father and grandfather.

*Michael & Susan Mangurten  
and Family*

Sally Mangurten, in loving memory.

*Michael & Susan Mangurten  
and Family*

Jacqueline Pollard, in loving memory.

*Ellyn & Layne Pollard*

Ben Shugan, in loving memory.

*Roberta Uhler*

Lois Soble, in loving memory.

*Jon Soble*

Sylvia Solomon, in loving memory.

*Carla & Elliott Bankendorf*

## INCLUSION FUND

### IN HONOR OF:

Andrea & Marty Dickson upon the birth of their grandson, Lev Alexander Fishman.

*Susan Adleman*

Michael Klass upon his special birthday.

*Judy & Bill Levitan*

### UPON THE YAHRZEIT OF:

Benjamin Plaut

Hatti Plaut

In loving memory

*Susan Adleman*

## CONGREGATION SUPPORT FUND

### IN APPRECIATION OF:

Lisa Neiman for her efforts in making the high holiday service a beautiful, meaningful and spiritual virtual experience.

*Rita & Steven Spitz*

### IN HONOR OF:

Andrea & Marty Dickson upon the birth of their grandson, Lev Alexander Fishman.

*Jean & Ron Friedman*

Marilyn & Sandy Victor upon the recent marriage of their daughter, Debbie.

*Jean & Ron Friedman*

### UPON THE YAHRZEIT OF:

Elynor Klein, beloved mother, grandmother and great grandmother.

*Bobbie & Floyd Babbitt*

Lena Kronowitz  
Joseph Kronowitz  
Walter Rice  
Beloved Parents.

*Susan Kronowitz*

# TRIBUTES

## ETHAN LEVITAN MEMORIAL FUND

### IN HONOR OF:

Sue-Ellen & Fred Duboe upon their beautiful granddaughter, Quinn Adelyn Duboe's baby naming.

*Judy & Bill Levitan*

## JERRY BERENSON MEMORIAL FUND

### UPON THE YAHRZEIT OF:

Jerome Berenson, in memory of a loving father.

*Melinda Fine and Family*

Sarah Singer, in memory of a loving grandmother.

*Melinda Fine and Family*

## JUDY WALCER MEMORIAL FUND

### UPON THE YAHRZEIT OF:

Jean Davis, in loving memory.

*Chuck Walcer*

Judy Walcer, in blessed memory of our beloved, Judy.

*Beth Abrams & Mike Tomasik*

Judy Walcer, in loving memory of our beloved friend.

*Louise & Lou Barnett*

## JACK RIZMAN MEMORIAL FUND

### IN MEMORY OF:

Reva White, my loving aunt.

*Susie Rizman*

### UPON THE YAHRZEIT:

Sam Rizman, beloved husband, father and grandfather.

*Susie Rizman and Family*

# CONGREGATION BETH JUDEA

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**Rabbi** Morris Zimbalist

**Rabbi Emeritus** Howard Lifshitz

**Hazzan Emeritus** Roger J. Weisberg

**President** Dana Goldstein

**Executive Director** Lisa Neiman

**Educational Director** Anna Besser

**Youth Director** Marc Sender

**Editor** Evan Rumack

## From The Editors

**In order for your article to be published in the next issue, we must have it at the synagogue by the 10<sup>th</sup> of the month! There will be no exceptions.** This includes information on disk as well. We need your article as it is important to let the congregation know what your group is doing. Announcements should take the form of articles in The Word rather than separate flyers. The opinions expressed herein are not necessarily those of the Rabbi, Board of Directors or the editors.

## Worship Schedule

Conducted by  
Rabbi Morris Zimbalist

Shabbat Evening Services .....6:30 p.m.  
Shabbat Morning Services ..... 9:30 a.m.  
Alternative Shabbat Service (Interpretive Minyan).. 10:30 a.m.

### Weekday Morning Minyan:

Sunday ..... 9:00 a.m.  
Monday through Friday ..... 7:30 a.m.

### Weekday Evening Minyan:

Sunday through Thursday ..... 7:30 p.m.

## Candle Lighting Times

Candle Lighting time is calculated for 18 minutes before sunset and is adjusted for Daylight Savings Time.

December 4 ..... 4:02 p.m.  
December 11 ..... 4:02 p.m.  
December 18 ..... 4:04 p.m.  
December 25 ..... 4:07 p.m.

## The Blessing For Lighting The Candles On Shabbat is

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר  
קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שַׁבָּת.

*Bo-ruch A-tah Ado-nai E-lo-hei-nu Melech  
Ha-olam A-sheer Ki-de-sha-nu Be-mitz-vo-tav  
Vi-tzi-va-nu Le-had-lik Ner Shel Shabbat.*

Blessed are You, Lord our God, King of the universe, who has hallowed us through His Commandments, and has commanded us to kindle the lights of the holy Sabbath.