



jCo-op

post B'nei Mitzvah Cooperative



Welcome to jCo-op, a joint post B'nei Mitzvah cooperative between Congregation Beth Judea and Congregation Beth Am. jCo-op offers engaging study, informal social gatherings, and opportunities for experiential learning trips outside of our Chicagoland area. It is open to all 8th – 12th Graders who are members at CBJ or CBA.

ALEPH

5 sessions: Oct. 5, 12, 19, 26 and Nov. 2

Each session will begin with an icebreaker/get-to-know you activity followed by **Practical Middot with a COVID Twist**, led by Rabbi Prass and Anna Besser. Following this 15-minute group session, students will then breakout into one of the following electives.

- **Jewish Comfort Food with a Twist (of course!): Lawrence LeVine**
What has been your COVID comfort food? Is it pizza, french fries, sushi, sourdough? Let's get back to our Jewish roots and make some Jewish comfort food - with a twist. Some of the names you may have heard of (like challah, latkes), and some may be new to you (like boureakas), but as with any cooking experience with me, it is always far from traditional!
- **Let's Take the Heat Out of Election Conversations: Miranda Wilgus**
In this jCo-op elective, we will look at Jewish wisdom to guide ourselves back to civil discourse around 2020 election issues.

BET

5 sessions: Nov. 9, 16, 30, Dec. 7, 14

Each session will begin with an icebreaker/get-to-know you activity followed by **Practical Middot with a COVID Twist**, led by Rabbi Prass and Anna Besser. Following this 15-minute group session, students will then breakout into one of the following electives.

- **Copypat Kosher Cooking: Lawrence LeVine**
Have you ever eaten something in a restaurant and wished you could make it at home? Or maybe you saw an ad for a new restaurant item on YouTube or Snapchat that you actually watched (and drooled a little) before tapping "Skip Ad"? We'll make copypat recipes from famous restaurants across the country!
- **Israel's Peace Partners – Past, Present, Future: Miranda Wilgus**
In this class we will talk about the exciting development of the UAE becoming one of Israel's few peace partners, and how this can lead to even more joining the Peace Train.