

May the Month of

Tishrei • Heshvan • Kislev • Tevet • Shevat • Adar I • Adar II • Nisan • Iyar • Sivan • Tammuz • Av • Elul

be a month of blessings:

blessings of goodness, blessings of joy,

peace and kindness, friendship and love,

creativity, strength, serenity,

fulfilling work and dignity,

satisfaction, success, and sustenance,

physical health and radiance.

May truth and justice guide our acts

and compassion temper our lives

that we may blossom as we age

and become our sweetest selves.

May it be so.

Rosh Chodesh Prayer

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Y'hi ratzon
sheyitchadeysh aleynu
chodesh _____
(name of month)

יהי רצון
שִׁיחַדֵּשׁ עָלֵינוּ
חֶדֶשׁ

l'tovah v'livrakhah,
l'sason ul'simchah,

לְטוֹבָה וּלְבָרְכָה,
לְשָׁוֹן וּלְשָׁמְחָה,

l'shalom v'achavah,
rey'ut v'ahavah,

לְשָׁלוּם וּאֲחֻוָה,
רֵעוֹת וּאַהֲבָה,

la'avodah vitzirah,
parnasah vekhalkalah,

לְעַבוֹדָה וַיִּצְרָה,
פִּרְנָסָה וּכְלַכְלָה,

l'shalvat hanefesh
uvri'ut haguf,

לְשִׁלּוֹת הַנֶּפֶשׁ,
וּבְרִיאוֹת הַגּוֹף,

l'chayim shel derekh eretz
v'ahavat torah,

לְחַיִים שֶׁל דָּرֶךְ אָרֶץ
וּאַהֲבַת תּוֹרָה,

l'chayim sheyimal'u bam
mish'a lot libeynu l'tovah.

לְחַיִים שִׁימְלָאוּ בָם
מְשִׁאלות לִבְנֵנוּ לְטוֹבָה

Keyn y'hi ratzon.

כו יהי רצון.