



# THE Shofar

Congregation Beth Emeth

## SERVICE SCHEDULE

### Shabbat (CBE/online)

Erev Shabbat 6:30 PM  
Shabbat Morning 9:00 AM

### Minyan (CBE/online)

Sundays 9:00 AM  
Wednesdays 8:00 PM

## UPCOMING EVENTS

### Music to Our Ears Musical Shabbat (CBE/online)

Friday, March 1 6:30 PM

### Book Talk: "The Jewish Community of Northern Virginia" (at Reston Community Center Lake Anne)

Sunday, March 3 2:00 PM

### Interest Meeting for CBE Solidarity Trip

#### to Israel (CBE/online)

Sunday, March 10 7:00 PM

### Hazak/Adult Education – Aaron Schulman:

#### "10 Warning Signs of Alzheimer's" (CBE/online)

Tuesday, March 12 7:30 PM

### Donor Appreciation Shabbat (CBE/online)

Saturday, March 16 9:00 AM

### Torah for Tots – for Ages 0-6 years (CBE)

Saturday, March 16 11:00 AM

### CBE's World Famous Purim Carnival (CBE)

Sunday, March 17

Preschool Families 11:00 AM

Everyone else 11:30 AM - 2:00 PM

### Erev Purim Talent Show & Megillah Reading

Saturday, March 23 (CBE) 8:15 PM

### Megillah Reading & Purim Brunch

Sunday, March 24 (CBE/online) 9:00 AM

### Community Second Seder (CBE)

Tuesday, April 23 – watch for details!

### Scholar-in-Residence Anniversary Weekend

Friday, May 17 –

Shabbat Dinner & Service 6:30 PM

Saturday, May 18 –

Shabbat Service & Luncheon 9:00 AM

Havdalah Social 9:00 PM

Sunday, May 19 –

Summer Kickoff Picnic 12:00 PM



## FROM THE RABBI:

## THINKING CREATIVELY

Before I even arrived at CBE, I was invited to be part of the committee tasked with revamping the Religious School. It was a great committee to work with. Over the course of my first year, we created an exciting plan to re-energize the religious school to be more engaging, accessible, and flexible. We completely re-configured the Chai School experience and created a mid-week online option for 3rd-7th graders.

We also began to outline curriculum changes for grades K-7 to include a greater variety of supplemental offerings such as music and art, as well as increased opportunities to learn outside of the building. We are fortunate to have staff and volunteers who supported that vision this year, among them Sheri Levitan, our religious school administrator and Shauna Peters, our school chair, as well as our dedicated teachers and volunteers. We are, however, still in need of a religious school director to guide this vision and support our school.

Meanwhile, on the ritual side of building, our needs are changing. Our corps of dedicated service leaders, Torah readers and gabbaim are starting to tire. As time goes on, their desire to spend more time with family and in travel may make them less available to help out at CBE. The same is true of our volunteers who coordinate the service leaders, gabbaim, and Torah readers. We also are in need of more training for our service leaders as well as more creative service offerings for our younger members.

Faced with both educational and ritual needs, our Executive Committee decided to think creatively. The decision was made to hire the new position of Cantor Educator. This position will act as administrator to our religious school as well as lead High Holiday services and serve as a second clergy in our building.

This idea makes sense for a number of reasons. For a number of years, the Cantorial School at JTS has required all of its cantorial students to complete a masters degree in Jewish Education. Cantors expect to take on these duties and are generally excited to do so. Modern cantors understand that their role is not just to be a beautiful voice during services, but also to educate and empower congregants to take on leadership roles, whether in the capacity of service leaders, or as they grow into Jewish adults in the religious school.

Additionally, a Cantor Educator has the skills to partner with the rabbi to ensure that there is always someone available to provide pastoral care, officiate at life-cycle events, and to complement the rabbi with their own unique talents and perspectives.



Congregation Beth Emeth Founded 1979 L'dor V'dor



Congregation Beth Emeth's World Famous

# PURIM CARNIVAL!

**Sunday, March 17, 11:30 AM-2:00 PM (Opens at 11:00 for Preschool families)**

## FUN ACTIVITIES FOR ALL AGES!

**Carnival Games, inflatables, crafts & more – with prizes!**

**Delicious lunch with HAMENTASCHEN • Costume contest!**

**Vashti's Shuk: "lots" of great deals in the gift shop**

**Tzedakah: Animal shelter supplies • Raffle!**

**Shalach Manot Pickup**

**Event Sponsorships available!**

**Guests Welcome – Bring your friends & neighbors!**

**Details, & online pre-orders [bethemeth.org/purim-carnival](http://bethemeth.org/purim-carnival)**

Or use the form below



## CBE PURIM CARNIVAL PRE-ORDERS

Pre-orders are even more convenient at [bethemeth.org/purim-carnival](http://bethemeth.org/purim-carnival)!

Bracelets and raffle tickets will be available at Will Call



Name: \_\_\_\_\_ Email: \_\_\_\_\_ Phone: \_\_\_\_\_

### All-You-Can-Play Bracelets

\_\_\_\_ # Bracelets for age 6 & Up @ Early-Bird price of \$25 each, including all games and kid's meal – \$30 after March 6

\_\_\_\_ # Bracelets for ages 2-5 @ Early-Bird price of \$15 each, including all games and kid's meal – \$20 after March 6

Family maximum: Pay for your oldest 3 children; more are free!

**50-50 Raffle Tickets:** \_\_\_\_ # of single tickets @\$2 \_\_\_\_ # of 3-packs @\$5 \_\_\_\_ # of 9-packs @ \$12 \_\_\_\_ # of 18-packs @ \$21

**Sponsorships** (includes sign recognition and bracelets as noted):

\_\_\_\_ Queen Esther's Courage @\$500

\_\_\_\_ Mordechai the Mensch @\$360

\_\_\_\_ Ahasuerus' "Aha" Moment @\$180

(includes bracelets for  
your whole immediate  
family – adults, too!)

\_\_\_\_ Hamentaschen Heaven @\$100 (incl 2 bracelets)

\_\_\_\_ Other contribution amount: \$ \_\_\_\_\_ (☐ Anonymous)

**TOTAL AMOUNT: \$ \_\_\_\_\_**

**Comments or Special Needs:** \_\_\_\_\_

Please return with your check to Congregation Beth Emeth to: CBE, Attn: Purim Carnival, 12523 Lawyers Road, Herndon, VA 20171,  
or (CBE members and BEECC families only) initial here to have the cost added to your CBE account: \_\_\_\_\_

Send submissions to:  
**shofar@bethemeth.org**  
 Deadline for next issue:  
**Thursday, March 5**

**DEADLINE POLICY:** Submissions must be received on or before the **5th of the month** prior to publication (or the next day if the 5th is Shabbat/Jewish holiday.) Thank you.

## Congregation Beth Emeth

### Executive Committee:

President: Ellyn Hirsch  
 Administrative VP: Robyn Feuerberg  
 VP for Development: Paul Moskowitz  
 VP for Education: Diane Lowenthal  
 VP for Ritual: Shari Hirsch  
 VP for Finance/Treasurer: Jeffrey Skigen  
 Secretary: Steve Pregozen  
 Past President: Leslie Lesch

### Committee Chairs:

Adult Program: Richard Noth  
 BEECC: Scott Wollek  
 Communications & Publicity:  
 Marissa Appelbaum  
 Finance & Budget: Alex Stillman  
 Fundraising: Rachael Fineberg  
 House and Facilities: Larry Brody & Mark Klein  
 Membership: Faith Rodill  
 Ritual/Holiday Directors: Carl Feigenbaum &  
 Denise Moldover  
 Ritual/Lifecycle Director: Sally Levinson  
 Ritual/Shabbat & Weekday Director:  
 Stan Bernstein & Helen Levy-Myers  
 School: Shauna Peters  
 Social Action and Community Relations:  
 Richard Weisman  
 Technology: Dave Cohen & Rob Shear  
 Youth Activities: Leslie Glaser  
 Sisterhood Co-Presidents: Sandy Brody &  
 Felice Schulz  
 Men's Club President: Russ Levitan  
 BEECC PA President: Sheryl Roth  
 At Large: Monica Epstein

### Trustees:

Melissa Heifetz  
 Jon Kraden

### Synagogue Administration:

Rabbi: Warner Ferratier  
 Rabbi Emeritus: Steven M. Glazer  
 Religious School Administrator: Sheri Levitan  
 Accounting Manager: Heather Holway  
 BEECC Operations Director: Renee Williams  
 Communications Director: Susan Berger  
 Engagement & Youth Director:  
 Zach Moskowitz  
 Office Manager: James Tackett  
 Shofar Editor/Designer:  
 Joanne Rosenthal Levine

## YOU BELONG

*Ellyn Hirsch (president@bethemeth.org)*

What does it feel like to be an inclusive community? February was Jewish Disability Awareness, Acceptance, and Inclusion Month (JDAIM). JDAIM is a call to action for all of us to act in accordance with our Jewish values, honoring the gifts and strengths that we each possess. JDAIM is a unified effort among Jewish organizations worldwide to raise awareness and foster inclusion of people with disabilities and those who love them.

The truth is, while in February, JDAIM brings the issues of disability inclusion to the forefront; inclusion is something that we must focus on all year long. The goal is to shift our attitudes to recognize that having a disability is part of the human condition and to see the humanity in each person we meet. Jewish Disability Awareness Month is universally recognized in February, but the need to belong and be included goes on day after day, month after month.

Creating a truly inclusive environment within our CBE community involves a commitment to ensuring that everyone, regardless of ability, feels valued and welcome. The desire to belong is not a “special need.” In fact, feeling that you belong is a most basic need shared by all human beings. Our tradition understands that we are stronger when our differences are lifted up and celebrated and have always been with us. CBE has been actively working to provide:

**Accessible Facilities:** to ensure that physical spaces, including our sanctuary, classrooms, and restrooms, are accessible to all individuals. Our sanctuary lighting was significantly improved with the first phase of the sanctuary redo. We now have our Torah table on the floor in the sanctuary allowing access to all. The chairlift, our only alternative access to the bimah, was repaired in February. Audio enhancements for those with hearing impairments are being investigated. The security committee has been performing evacuation drills that include aiding those with mobility limitations. A ramp will be added to door 9, the door that leads directly from the sanctuary to the outside. Plans are in progress.

**Differentiated Learning:** to ensure that we are accommodating our students and provide attention to individual needs within our education program. Our madrichim support children individually and in small groups. This year, we are also providing a virtual religious school option to support individual learning and assist scheduling needs.

**Welcoming Rituals:** Rabbi Warner and the Ritual Committee are developing welcoming rituals that acknowledges and celebrates diversity within the

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## EREV PURIM TALENT SHOW & MEGILLAH READING SATURDAY, MARCH 23, 8:15 PM - 10:30 PM



Make plans now to join Beth Emeth for a really fun Erev Purim event, emceed by our own Josh Winston and Ben Alliker! All ages are invited and costumes are encouraged. We'll read the Megillah and cheer on our talented friends with our special CBE gusto – the more noise when a certain baaaad guy's name is mentioned, the better! This event is free to attend; votes in the talent show will be in the form of donations to help support all of CBE's Purim festivities. More info, and please RSVP by **Tuesday, March 19**, at <https://www.bethemeth.org/erev-purim>.





## RITUAL MATTERS

Shari Hirsch, VP for Ritual ([ritualvp@bethemeth.org](mailto:ritualvp@bethemeth.org))

Thanks to everyone who shared in CBE's first Tu B'Shevat Wine Tasting! We tasted wines, noshed on cheese and fruits, and participated in a seder led by Rabbi Warner. Special thanks to Paul Moskowitz for being our very own sommelier and to all those who helped to set up and clean up. It was so much fun that we will definitely do it again next year! Please stop in to the Social Hall to check out the parsley plants we started for Pesach!

Speaking of fun, Purim is right around the corner! The Erev Purim megillah reading is on **Saturday, March 23rd** at 8:15 PM. There will be a talent show courtesy of Adult Programming as well as snacks (and schnapps!). We'll be hosting Sha'are Shalom for our Sunday morning service and megillah reading at 9 AM. A big thank you to Gwen Sloan for sponsoring brunch after our service that morning and for supporting our Ritual Committee.

Rabbi Warner began a new Pesach tradition last year with CBE's first ever Second Seder. This year the Second Seder will take place on **Tuesday, April 23rd**. More details will follow!

There are so many people that support ritual life at CBE. This month I'd like to give a shout out to Stan Bernsteen and Helen Levy-Myers for organizing and running a Torah reading refresher course. Also a huge thank you to Dan Moldover for lending his expertise to help us revise the chart that we use every Shabbat and holiday. Kol HaKavod!

*See you in shul!*  
Shari

### ACHEINU KOL BET YISRAEL: A PRAYER FOR CAPTIVES

*Acheinu* reminds us that the Jewish people are all family. The request is a simple one: God, please bring home the captives so brutally taken on October 7, 2023. Just as our ancestors were redeemed from Egypt, may the captives journey from darkness to light — right now.

*Acheinu kol beit yisrael, acheinu kol beit yisrael,  
han'tunim b'tzara, b'tzara uvashivyah, haomdim  
bein bayam uvein bayabasha. Hamakom y'racheim,  
y'racheim aleihem v'yotziem mitzara lirvacha,  
um'afaila l'orah umishiabud lig'ulah, hashta  
ba'agala uvizman kariv.*



Our brothers, our sisters, the entire family of Israel, all who are in distress or taken into captivity, whether on the sea or on dry land, may God have mercy upon them and bring them out from suffering to relief, from darkness to light, from subjugation to redemption, now, speedily, and soon, and let us say, Amen.

Congregation Beth Emeth

### *Donor Appreciation Shabbat*

Please join us as we

Honor You & Thank You  
For Your Generosity

Saturday, March 16, 2024  
at 9:00 in the morning  
Kiddush Luncheon following services

RSVP by March 10 to Ellyn Hirsch  
[president@bethemeth.org](mailto:president@bethemeth.org)



### INTEREST MEETING FOR CBE SOLIDARITY TRIP TO ISRAEL

**Sunday, March 10, 7:00 PM, in-person with Zoom option**

Would you like to travel to Israel with CBE friends, to show our solidarity? We're in the pre-planning stage and need to know who is interested, what type of trip you would prefer, how long, etc.

The trip can include volunteer service in various sectors, tourism, or both. Please RSVP for the interest meeting at <https://www.bethemeth.org/event/israel-2024>; if you indicate "Zoom" we'll send the link before the meeting.

Questions? Use the comment field on the same form, or contact Susan Dilles at <https://www.bethemeth.org/contact-susan-dilles>. And if you're on the fence, this article by Rena Magun, wife of former CBE rabbi David Ebstein, says it all: <https://blogs.timesofisrael.com/come-to-israel-we-need-you/>.



CBE's first-ever Tu B'Shevat seder



## BETH EMETH @ 45 YEARS: L'DOR V'DOR

*Paul Moskowitz, VP for Development*

From Generation to Generation. Beth Emeth @ 45 years is coming the weekend of **May 17 through May 19, 2024** with our Scholar in Residence providing education and entertainment. We're going to celebrate our anniversary with both Congregational and BEECC services, a Shabbat dinner Friday, and a Shabbat Luncheon Saturday. Get ready for fun at our Havdalah Social as we say Cheers to 45 Years, then a summer kick-off Picnic Sunday. Please join us for a weekend to hang with your CBE family and take a few days off with no cooking in your kitchen!

If you would like to be part of the planning the celebration, or just want to let us know you are willing to help, please email us at [developmentvp@bethemeth.org](mailto:developmentvp@bethemeth.org).

*Thanks, Paul*

### JOIN CBE FRIENDS FOR 2ND SEDER TUESDAY, APRIL 23, 6:30-9:30 PM

Planning ahead for Passover? We will be holding a 2nd seder at Beth Emeth. Perfect for those who can't travel mid-week, don't have local family, or just want a hassle-free seder with Beth Emeth friends, old & new, young & less-young. Stay tuned for more information and required RSVPs.



## ADULT EDUCATION / HAZAK

### AARON SCHULMAN: 10 WARNING SIGNS OF ALZHEIMER'S & RELATED INFORMATION TUESDAY, MARCH 12, 7:30 PM

Aaron, a long-time Beth Emeth congregant, has volunteered for the past six years as a Community Educator with the Alzheimer's Association. He has provided presentations in the DC Area and nationally to thousands of people on the warning signs of Alzheimer's, understanding Alzheimer's and dementia, and related areas. Aaron is a member of the Alzheimer's Association National Volunteer Program Impact Council that assesses Alzheimer's and dementia education programs nationwide.

When Aaron retired six years ago, he wanted to find a way to give back to the community; to make a difference. The more he talks with people, the more he sees a significant need in our community and nationally for information and resources for caregivers, future caregivers, and those afflicted with the disease. At the end of January, Aaron attended his third Alzheimer's Association National Leadership Summit and will

Join us at Congregation Beth Emeth for

# Torah for Tots

Bring your little one and come experience the joy of Shabbat at our interactive program for young children and their grown-ups.

We'll sing, dance, hear stories, eat challah and so much more!

Torah for Tots is held once a month on Saturday morning at 11:00 am.

Mark your calendars and plan to join us!

March 16  
April 13  
May 18  
June 15

## Music to Our Ears!

Please join us **Friday, March 1, April 5th and May 3rd**, beginning at 6:30 PM for a spiritual, soulful, joyous, and very musical welcome to Shabbat, led by Nick May. Fun and meaningful for all ages. Don't miss it!



Nick May



Aaron Schulman

highlight some current and emerging treatments and diagnostics discussed at the Summit.

Aaron also volunteers as a crisis worker on the 988 National Suicide and Crisis Lifeline. He retired in 2018 after 35 years as a senior government and commercial sector strategy consultant. He received his master's degree from Harvard University in organizational change, and his bachelor's degree in psychology from The American University.

Please invite friends and family to join us for these highly respected monthly talks. Zoom: [bethemeth.org/hazak-zoom](https://bethemeth.org/hazak-zoom). Info: [bethemeth.org/hazak](https://bethemeth.org/hazak). Questions? Email [hazak@bethemeth.org](mailto:hazak@bethemeth.org).



## SOCIAL ACTION & COMMUNITY RELATIONS

Rich Weisman ([social-action@bethemeth.org](mailto:social-action@bethemeth.org))

The Social Action Committee helped sponsor a successful chicken dinner on MLK Day at St. John Neumann Church as part of Hypothermia Week. We served about 70 guests at this annual event.

Thanks to Lauren Pachman for representing CBE Social Action at the January Nova Network meeting.

At the Purim Carnival, we will be collecting supplies for the Fairfax County Animal Shelter. Check the Purim Carnival webpage for their wish list.

The Caring Community is helping with contributing to *Shalach Manot* (gifts of food for Purim.)

Thank you to all who volunteered and donated toward these Social Action initiatives.

### PLEASE LET US KNOW YOU SAW THIS!!!

#### Re-Evaluating the Ways CBE Communicates to Our Community

CBE is re-evaluating our communication methods to make sure we focus our efforts on those that you, our congregants, use and value. If you are reading this, please go to <http://www.bethemeth.org/form/shofar-reader> and let us know by filling out our 3-question survey (and one of the questions is optional!). A response by each family member who sees this would be greatly appreciated.



## 2024 CBE Home Run Derby

A 50/50 Fundraiser for Religious School




**Pick YOUR Dream Team**  
**of 10 Home Run Hitters**  
**By Thursday, March 28, 1 PM**  
**Only \$10/entry!**



<https://www.bethemeth.org/form/home-run-derby>

Step right up, step right up! The Religious School Committee is proud to present the 2nd Annual CBE Home Run Derby Fundraiser! Build your team of 10 MLB players to hit the most Home Runs during the 2024 regular season! Entry fee is \$10 per entry; enter once or as many times as you'd like—fun for the whole family to enjoy! Every time someone on your “team” hits a Home Run, you get a point. The team with the most points at the end of the 2024 regular season will win! Home runs will be counted retroactively from the beginning of the season. Entry deadline is **Thursday, March 28th** at 1:00 PM, so make sure you get your picks in! This fundraiser will be a 50/50 split with the Religious School, where proceeds will help with special RS initiatives. Choose your team at <https://www.bethemeth.org/form/home-run-derby>. Questions? Contact Michael “Ziggy” Zides at <https://www.bethemeth.org/form/contact-michael-zides>. Thanks for participating, and best of luck!



Thank you to everyone who entered our pool to have fun and raise funds for special Religious School events & programs. Winners are: First quarter: Denise & Dan Moldover, 2nd & 3rd quarters: Wendy & Joe Rosner, and final score: one of the few unclaimed squares, so the prize is donated to the Religious School. Hope everyone's favorite team won!



## SISTERHOOD NEWS

Sandy Brody and Felice Schulz, Co-Presidents ([sisterhood@bethemeth.org](mailto:sisterhood@bethemeth.org))

Sisterhood's clubs are alive and well. Book Club has some new members, and new participants are always welcome. Knitting and Crocheting Club is back, both drop-in and evening Mah Jongg are going strong, and the Hiking Club is looking forward to some warmer weather.

Here is an excerpt from our Sisterhood Shabbat speech. "How Beth Emeth Sisterhood moves forward is up to all of us. It is easy to check your calendar and see what is coming up, but it is much more meaningful to be able to join in the excitement of planning and implementing both familiar and new programs and events. We would like you to think about how you can best support Sisterhood so that you can get the most out of your membership. The best way to make Sisterhood yours is to share your own interests, skills, and abilities, and most importantly, to participate." Please consider joining the board or one of the committees so that you can add your own personal touch to the group.

We are excited to get to know each of you a little better.

*Sandy and Felice*



### WOMEN'S SEDER – APRIL 15TH

Save the date, **Monday, April 15th**, and plan to join Sisterhood for a fun and unique Seder featuring delicious sweets! Details, including cost and RSVP information to follow via Evite. Please contact [sisterhood-social@bethemeth.org](mailto:sisterhood-social@bethemeth.org) with any questions.



Sisterhood's many talented artists painted and sipped at Pinot's Palette in Herndon.

### MAH JONGG CLUB

All levels of players welcome! We meet twice per month on **Thursdays at 7 PM** and rotate homes. Even if you've never played before, come and try the classic tile game and meet other members of Sisterhood. Contact us at [sisterhood@bethemeth.org](mailto:sisterhood@bethemeth.org) to be added to the notification list. There is also a drop-in game **every Monday at CBE from 1:00-3:00 PM** (with a \$5.00 donation to Sisterhood).



### BOOK CLUB

Next meeting: **Tuesday, March 5**. Book: *Miss Benson's Beetle* by Rachel Joyce. For info or to be added to the email list, email [book-club@bethemeth.org](mailto:book-club@bethemeth.org).

### KNITTING & CROCHET CLUB

We meet on the **2nd & 4th Sundays of the month, 9:30- 11:30 AM** in the CBE Lobby. Please check the CBE Calendar on the synagogue website for exceptions. All skill levels are encouraged. If you are working on a project, please bring it!



### HIKING CLUB

**SUNDAY, MARCH 31**  
1000 - 1200PM

**RIVER BEND PARK**  
8700 POTOMAC HILLS STREET  
GREAT FALLS, VA 22066

### CBE SISTERHOOD'S HIKING CLUB

COME HIKE A 3.6 MILE LOOP ON THE POTOMAC HERITAGE TRAIL FROM RIVER BEND PARK TO THE GREAT FALLS OVERLOOK

QUESTIONS? E-MAIL  
[SISTERHOOD@BETHEMETH.ORG](mailto:SISTERHOOD@BETHEMETH.ORG)  
(SUBJECT: HIKE)

OPEN TO ALL CURRENT SISTERHOOD MEMBERS &  
THOSE INTERESTED IN JOINING.  
RSVPS REQUESTED THROUGH EVITE.

Come outside and join Sisterhood for our next adventure on the Potomac Heritage Trail, with pretty views of the Potomac River along the way. We'll hike from River Bend Park to the Great Falls Overlook and back (3.6 mile loop). Open to all current Sisterhood members and those interested in joining. RSVPs through Evites sent in advance of hike dates. For additional info or to be added to the Evite list, please email [sisterhood@bethemeth.org](mailto:sisterhood@bethemeth.org). Also, mark your calendars for upcoming hikes on **April 21st, May 12th and June 23rd**.



## MAZAL TOV TO

**Ellyn & Bill Hirsch** on the birth of their grandson, **Martin Jonah Lakin** (Mordechai Yonaton), on February 1st. The new parents are Hillary & Daniel Lakin of Alexandria, VA. Marty was named after his paternal grandfathers.

**Sam Deur**, daughter of **Allison Deur**, who has started a pop-up espresso company with her partner, called Black Crown Collective. BCC brews specialty coffee beverages and hosts community events with local artists. Based in DC, BCC works all around the DMV area. Info: [www.instagram.com/blackcrowncollective](https://www.instagram.com/blackcrowncollective). Feature article: <https://sprudge.com/in-washington-dc-coffee-pop-ups-fuel-the-district-231226.html>.

**Suzanne Goldlust**, who again was a contestant on Jeopardy! She competed in the Champions Wildcard Tournament, broadcast on February 8th.

**Jean Ferratier**, mother of **Rabbi Warner**, whose story "Dry Her Tears" will be published in *Chicken Soup for the Soul: Mothers and Daughters*. The collection of stories will be released on March 19th.

CBE Religious School alumnus **Rabbi Daniel Novick**, son of Diane & Mark Novick, and the George Mason Hillel for being recognized with the Hillel International 2023 Innovation Award for Mason's NOVA Hillel Summer Network Initiative.

## WELCOME NEW MEMBERS

**Katy & Andrew Clarke** and their daughter **Ayla Roger Harte** (returning member)

## CONDOLENCES TO

**Kenneth & Michele Weiss** and family on the death of Kenneth's mother Susann Tschupp, mother-in-law of Michele Weiss and grandmother of Spencer and Erica Weiss.

**Janet & David Polak** and family on the death of Janet's brother Howard Gerber. Donations in memory of Howard may be made to the Acts of Loving Kindness Fund at Congregation Beth Emeth.

**Sandy Brody** on the death of her aunt, Marilyn Schuman.

## TODAH RABAH TO

**Sisterhood members** who knitted hats for Israeli soldiers, including 24 hats for Lone Soldiers.

**Lori Heisler, Sheri Levitan, Jodi Smith, Shayna Moskowitz**, and **Diane Lowenthal** who prepared, served and cleaned up the wonderful Kindergarten class dinner February 2nd.

All who helped make food events possible on the weekend of Jan. 19-21: **Jerri Pregozen, Anita "AJ" Hoppel, Phil Noyovitz**, and organizer & chef extraordinaire, **Robyn Feuerberg**!



**Chuck Cascio** for a fascinating look into the workings of the NFL at Minyan & Munch (Jan. 26), and all who donated to sponsor breakfast: **Richard Noth, Debbie & Gary Smith, Sharon & David Kamerling, Janet & David Polak, Louise Howell, Anita Hoppel, Gail & Bob Shor**, and **Scott Wollek**.

**Gwen Sloan, Stan Feuerberg, Susan Dilles and Dave Schreiber**, who led services and delivered Divrei Torah, and everyone who covered events while Rabbi Warner was under the weather.

**Steve Pregozen** for preparing and conducting the sanctuary evacuation training session. Stay tuned for additional sessions to familiarize us with different situations and plans.

**Shari Hirsch** and all who helped plan and organize CBE's first Tu B'Shevat seder, and to **Paul Moskowitz**, who was the perfect sommelier.

**Gwen & Jim Sloan** for providing a new set of *benchers* -- booklets with *birkat hamazon*, the blessing after a meal, as well as words to songs we can sing together.

**Mark Klein and Anibal Blanco** for installing additional locks on various doors in the building to enhance security.

## REFUAH SHLAYMA TO

Rita Citrenbaum  
Stephanie Freidin  
Vince SESCOE

## ONEG &amp; KIDDUSH SPONSORSHIPS

November:

The Besalel family in honor of Samuel's birthday

Ilene & Robert Cohen in honor of their 44th wedding anniversary

Deborah & Charles Colby in honor of their 39th wedding anniversary

The Cordeiro family in honor of Liz's birthday

The Flanagan family in honor of Lori's birthday

The Kraden family in honor of Jonathan's birthday

The Nossaman family in honor of Andrea & Greg's birthdays

Betsy & Ken Rock in honor of their 35th wedding anniversary

The Rock family in honor of Brianna's birthday

Carol & Steve Silberstein in honor of their wedding anniversary

December:

Miriam & Richard Goldin in honor of their wedding anniversary

Shirley Gross in honor of her birthday

The Jacobs family in honor of Kevin's birthday

The Younger/Kan family in honor of Judah's birthday

Phyllis & Leonard Konikow in honor of their 57th wedding anniversary

Ruth Mann in honor of Michael Mann's birthday

The Markin family in honor of Jacob's birthday

The Osinovsky family in honor of Marina's birthday

The Polak family in honor of Janet's birthday

The Shor family in honor of Bob's birthday

Jodi & Greg Smith in honor of their 13th wedding anniversary

Ruth Stromberg in honor of Drew Stromberg's birthday

Ruth Stromberg in honor of Marjorie Stromberg Miller's birthday

Eric Weinstein in honor of his birthday

The Zelman family in honor of Debbie's birthday

An Anonymous Donation was received.

January:

The Bergman family in honor of Judy's birthday

The Flanagan family in honor of Perry's birthday

The Flanagan family in honor of Galen's birthday

The Kamerling family in honor of Sharon's birthday

Joanne & Paul Levine in honor of their grandson Logan Schaffer's Birthday

The Rosenberg family in honor of Lindsay's birthday

The Rosenberg family in honor of Irving's birthday

Eileen & Richard Rosenthal in honor of their wedding anniversary

The Wendy & Joseph Rosner family in honor of Joseph's birthday

The Wendy & Joseph Rosner family in honor of Naomi's birthday

The Sheifer family in honor of Stuart's birthday

\*\*\*

*If you have a lifecycle event that you would like to acknowledge above, please contact the Main Office at 703-860-4515 Ext. 101 or [office@bethemeth.org](mailto:office@bethemeth.org).*

## BEECC/BEECC PA HAPPENINGS

Scott Wollek, BEECC Committee Chair

**Silent Auction & Bagel Brunch**  
**Sunday, April 14th, 10:00 AM - 12:30 PM**

BEECC PA will host a silent auction and bagel brunch to benefit BEECC. Come for minyan and hang out for a bit, or stop by while Religious School is in session and bid on some fantastic items including art, experiences, food and drink, and more. Auction previews will begin in late March, with bidding open on some items in the week prior to the event. Select items will only be available for in-person bidding. Stay tuned for more information.







## WELCOME NEW MEMBERS

Welcome to **Samantha (Sammi) and Max Fleisher** of Reston and their 3-month-old son **Joseph (Joey)**.

Both Sammi and Max are resident doctors. Sammi is originally from Boca Raton, FL. She graduated from Florida Atlantic University in pre-med, got her Masters in Public Health at University of Florida, and then attended St. George's University for medical school. She is currently specializing in family medicine at West Virginia University in Harpers Ferry.

Max, from Jacksonville, graduated from Washington University and University of Florida Medical School. He is currently specializing in neurosurgery at GW School of Medicine and Health Sciences.



Max is into all sports, and grew up playing baseball. He likes the NY Rangers and Jacksonville Jaguars. Sammi likes taking pictures of everything and going to local coffee shops.

"We are both from Florida (go Gators!)," said Sammi. "We moved to NoVa this year after living in DC for a bit. We are often very busy with work these days as residency is challenging, but in between we can usually be found spending time with our family. We have a lot of siblings, nieces, and a nephew. And of course, we love spending time with our newborn son Joseph."



## BEECC NEWS

*Renee Williams, BEECC Operations Director  
([renee@bethemeth.org](mailto:renee@bethemeth.org))*

Registration for the 2024-2025 school year opened in January and that prompted me to think: how well does the CBE community know our preschool? Do they know what BEECC is all about and why we do what we do? So, in the spirit of building community, I thought I'd share a little about BEECC and what inspires us.



BEECC is built on two pillars: Jewish values and play-based learning. While we are influenced by several different theories and philosophies, our primary inspiration is taken from the Reggio Emilia approach to education. What makes this approach to learning unique? Instead of being a defined curriculum, the Reggio Emilia approach is a set of core beliefs, values and a deep respect for children that encompasses all facets of learning and teaching. This respect for children and their learning is the core of our program at BEECC – we believe that children are competent and capable citizens of their classrooms, school, and the world.

So, how does this translate into learning in the classroom? While the Jewish calendar helps to form the backbone of our curriculum, play allows children to develop their natural curiosity. Play is the work of childhood; it is the foundation of early childhood learning. Through daily play, young children expand key areas of their development, including social-emotional skills, cognitive skills, and communication skills. At BEECC, our teachers

work with our students to curate their play, creating classroom environments that are stimulating, challenging, and most of all, PLAY-FULL. Through observations during this play, teachers are able to develop a curriculum tailored to the interests and questions of their students. Teachers become co-researchers with students as they experiment, explore, and engage with the world around them.

A play-full preschool in a loving, joyfully Jewish community . . . that's BEECC. We invite you to come by and visit us. We are so proud of our school and we hope you will be too!

*Warmly, Renee*



## Preschool Open House

Thursday February 29th  
10:00 am - 11:30 am



12523 Lawyers Road • Herndon, VA 20171

## CONTRIBUTIONS FROM THOUGHTFUL PEOPLE

Monthly donations received in the office from November 1, 2023 – January 31, 2024

### ACTS OF LOVING KINDNESS FUND

*To mark the yahrzeit of:*

RUTH BURACK, mother of Gail Shor, from Gail & Robert Shor

GEORGE GAMM, from Paula & Jay Yass

MARTIN HENDIN, brother of Linda Harber, from Linda & Harlan Harber

SHOLOM HENDIN, father of Linda Harber, from Linda & Harlan Harber

My father, MEYER KATZ, from Ruth Stromberg

My mother, EDITH GORDON LINDSEY, from Janet Lindsey Klayton

My mother, BEVERLY C. NACKMAN, from Barbara Waldman, from Barbara & Jeffry Waldman

My brother-in-law, MARK WEISENBLOOM, from Louise Howell

BERTHA WILSON, mother of Linda Eisinger, from Linda & Howard Eisinger

*In memory of:*

ELAINE MALYN, mother of Neil Malyn, mother-in-law of Hilary Malyn, and grandmother of Bryan and Daniel Malyn from the following families, Kathleen & Stephen Baker, Judy & Richard Bergman, Susan & Neil Reilly, Steven and Tina Wallace

My sister, LARISA VAINDINER, from Irina Vayndiner

### ADULT EDUCATION FUND

*To mark the yahrzeit of:*

My father, GIL GOLNICK, from Louise Howell

My mother, SYLVIA GOLNICK, from Louise Howell

*In memory of:*

My grandmother, LIDIYA KURTSMAN, from Irina Vayndiner

### BEECC FAMILIES-IN-CRISIS FUND

*In appreciation of:*

ITA AND MARK MANDEL for your help, support, and friendship, from Alina Kirshon-Goldman & Mark Goldman

### EBSTEIN-MAGUN ISRAEL QUEST FUND

*To mark the yahrzeit of:*

My mother, GALINA VAINDINER, from Irina Vayndiner

VENIAMIN LIBERMAN, father of Michael Liberman, from the Liberman family

### FAYE GOTTLIEB CASCIO EDUCATION FUND

*To mark the yahrzeit of:*

BESS DUBRON, from Allison Deur

My father, ALEKSANDR VAINDINER, from Irina Vayndiner

### GENERAL FUND

*In memory of:*

MYRNA SCHULMAN, from Robin & Aaron Schulman

*In honor of:*

RON KLAYTON'S special birthday, from Lynne and Steven Saunders

Additional Donations were received from: Cynthia & Charles Belsky, Judith & Stephen Berman, Stanley Bernstein, Ellen & Stephan Greene, Phyllis & Leonard Konikow, Steven Pregozen, Gail & Robert Shor

### KITCHEN FUND

*To mark the yahrzeit of:*

STEVE KAPLAN, from Sarita & Larry Kaplan

### MILTON & SHIRLEY WEINER SCHOLAR-IN-RESIDENCE FUND

*To mark the yahrzeit of:*

HELENE MOSKOWITZ, grandmother of Paul Moskowitz, from Susan & Paul Moskowitz

LOUIS TITUS, father of Shirley Weiner, from Janet Rothman

*In memory of:*

FANNIE TITUS, mother of Shirley Weiner, from Janet Rothman

### ONEG/KIDDUSH FUND

*To mark the yahrzeit of:*

My mother, BERNICE GREENE, from Stephan Greene

### PAULA COMER SLAVSKY BEECC FUND

*To mark the yahrzeit of:*

Sandy's father, HERBERT F MEYERSON, from Sandy & Lawrence Brody

### PRESIDENT'S DISCRETIONARY FUND

*To mark the yahrzeit of:*

MINNIE BLASKEY, mother of Sandie Dorfman, from Sondra & Gerald Dorfman

My sister, PAULA LEOPOLD LEWIS, from Estelle Guttman

HANNAH POLAK, mother of David Polak, from Janet & David Polak

### RABBI'S DISCRETIONARY FUND

*To mark the yahrzeit of:*

My beloved husband DAN EDGELL, from Danielle Edgell

DANIEL EISINGER, father of Howard Eisinger, from Linda & Howard Eisinger

CELIA LOWE, grandmother of Susan Barbash, from Susan Barbash & Brian Allen

H. RAYMOND STADIEM, father of Debbie Kessler, from Debbie & Chet Kessler

RACHEL LEVITZ STADIEM, mother of Debbie Kessler, from Debbie & Chet Kessler

*In memory of:*

ELAINE MALYN, from Jill & Richard Weisman

*In appreciation of:*

DAVID CERNY, Thank you for guiding David through his Bar Mitzvah journey. We are grateful for having you as our guide in Judaism., from Alina Kirshon-Goldman & Mark Goldman

### RABBI STEVE & ANDREA GLAZER ELDERCARE ASSISTANCE FUND

*To mark the yahrzeit of:*

My mother, RACHEL ADLER, from Bernice Malamud

JOHN DIGIROLAMO

LEAH DORFMAN, mother of Gerry Dorfman, from Sondra & Gerald Dorfman

MILTON GERBER, father of Janet Polak, from Janet & David Polak

SAUL GREENSPAN, from Gary Greenspan

My grandfather, EFIM KURTSMAN, from Irina Vayndiner

My husband, BENJAMIN MALAMUD, from Bernice Malamud

SHIRLEY MERLIN, mother of Judy Bergman, from Judy & Richard Bergman

MARY NADELSON, from Lynda Chamowitz

WILLIAM NORMAN, father of Jim Norman, from Diane & Jim Norman

MICKEY PINES, mother of Jan Pohl, from Jan and Hank Pohl

My grandfather HYMAN WEINSTEIN, from Eric Weinstein

My mother, RACHEL WEINSTEIN, from Eric Weinstein

*In memory of:*

MARILYN SCHUMAN, aunt of Sandy Brody, from Judy & Richard Bergman

An additional donation was received from Sarita & Larry Kaplan

### SCHOLARSHIP FUND

*To mark the yahrzeit of:*

ELAINE COMER, mother of Leslie Porter, from Leslie & Erford Porter

LYUBOV VOLFTSUN, mother of Lev Volftsun, from Margo & Lev Volftsun

### SECURITY FUND

*To mark the yahrzeit of:*

ELSIE CHAMOWITZ, from Lynda Chamowitz

WILLIAM CHAMOWITZ, from Lynda Chamowitz

HELEN S. FOX, from Aviva & Lyle Berlin

RUTH KAMERLING, from Sharon & David Kamerling

My sister, RHONDA MONTAGNA, from Phyllis and Lenny Konikow

ALBERT KEMP, father of Janice Berke, from Amanda & Michael Zides

VIVIANE KEMP, mother of Janice Berke, from Amanda & Michael Zides

STANLEY PINES, father of Jan Pohl, from Jan and Hank Pohl

Additional donations were received from: Sarita & Larry Kaplan, Florina (Nicoleta) & Stephen Abbott, Jan & Henry Pohl

### SISTERHOOD CAMP CASH FUND

*To mark the yahrzeit of:*

MELVIN JACKSON, from Karan & Steve Robinson

Our dear father, BERNIE KONOPKO, from Evi and Randy Hickman

LOUIS ROSENTHAL, father of Richard Rosenthal, from Eileen & Richard Rosenthal

### SISTERHOOD MEGAN'S MUSE YOUTH FUND

*To mark the yahrzeit of:*

BESSIE BERMAN, from Benjamin Berman

LORI MIRKIN, from Judith & Stephen Berman

### TORAH FUND

*To mark the yahrzeit of:*

My mother, MALKA GOLDBERG, from Yelena Borovoy

## B'NAI ★ MITZVAH



**Gabriel Natan Cohen** (Aryeh Shalev), son of Robin & David Cohen, will become a Bar Mitzvah on **March 9th**. His sisters Dahlia (14) and Lilah (17) will also be part of the special day.

Gabriel's Torah portion is *Vayakhel*. "In this Torah portion God tells the Israelites to build a portable temple called the tabernacle," said Gabriel. "Becoming

a Bar Mitzvah means a lot to me and is special because everyone in my family has had one and it is a big milestone in my life. It means becoming a Jewish adult."

Gabriel is a 7th grader at Frost Middle School. He plays soccer and video games, and enjoys coding. For his mitzvah project, he is making dog biscuits and selling them to dog owners. "I will be donating half the money to our local animal shelter and the other half to lymphoma cancer research in memory of my grandfather who was a cartoonist. The dog logo I'm using for the biscuits is in one of the cartoons my grandpa made," he said.



**Remi Clementine Hirsch**, daughter of Carly & Seth Hirsch, will become a Bat Mitzvah on **March 30th**. Her sister Madison (10) will also be part of the celebration.

Remi's parsha is *Tsav*. In this portion, God instructs Moses to command Aaron and his sons to do various rituals in order to become priests. "Learning my Torah portion and how it relates in everyday life is the most important part of becoming a Bat Mitzvah," she said.

Remi is in 7th grade at Franklin Middle School. She likes theater and has been performing in plays for the last six years. For her mitzvah project, Remi has been visiting Sunrise Senior Living to spend time with the residents.

### Guest Security Procedures for Services

Reminder that guests/visitors must make a reservation by Friday noon to come to services and related events for the following Friday, Saturday, Sunday and Wednesday services at Beth Emeth. CBE Members and BEECC families do not require reservations, nor do guests arriving with them. More information and reservation form: <https://www.bethemeth.org/form/guest-reservations>.

## CONTRIBUTIONS (Cont'd from p. 10)

MAURICE GOLDBERG, step-father of Carl Feigenbaum, from Myrna & Carl Feigenbaum

ELSIE GROSS, aunt of Carl Feigenbaum, from Myrna & Carl Feigenbaum

My great-grandfather, IANKEL PINCHAS KURTSMAN, from Irina Vayndiner

In memory of:

My grandfather, IKHIL VAINDINER from Irina Vayndiner

### ZELMAN CANTORIAL FUND

To mark the *yahrzeit* of:

Joanne's grandfather, JOSEPH B. ROSENTHAL, from Joanne & Paul Levine

In memory of:

SHERMAN CHAR, father of Bonnie Silas, from Martin Zelman

### TREE OF LIFE

A stone was dedicated in honor of the birth of Genevieve "Nev" Arrow Eisinger on December 10, 2021, from Linda and Howard Eisinger.

A stone was dedicated in honor of the birth of Naomi Danielle Catalano on October 31, 2019, from Linda and Howard Eisinger.

A stone was dedicated in honor of the birth of Julia Marie Catalano on April 17, 2023, from Linda and Howard Eisinger.

A leaf was dedicated in honor of the Bar Mitzvah of Luke Ryan Witlin on October 20, 2018, from Robin and Matt Witlin.

A leaf was dedicated in honor of David B. Goldman's Bar Mitzvah on December 16, 2023, from Alina Kershon-Goldman and Mark Goldman.



## Make a Donation:

These are the currently available Board-designated funds. Fund descriptions and online form are available at [bethemeth.org/contributions-funds](https://bethemeth.org/contributions-funds).

Acts of Loving Kindness Fund  
Adult Program Fund  
BEECC Families-in-Crisis Fund  
Building Fund  
Ebstein-Magun Israel Quest Fund  
Faye Gottlieb Cascio Education Fund  
General Fund  
Keruv Fund

Kitchen Fund  
Library Fund  
Marilyn Rosenberg Memorial Fund  
Megan Miriam Berman Youth Fund  
Milton & Shirley Weiner  
Scholar-in-Residence Fund  
Oneg/Kiddush Fund  
Paula Comer Slavsky BEECC Fund

Prayer Book Fund  
President's Discretionary Fund  
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Rabbi Steve & Andrea Glazer  
Eldercare Fund  
Religious Articles Fund  
Scholarship Fund  
Security Fund

Sisterhood Camp Cash Fund  
Sisterhood Megan's Muse Fund  
Torah for Tots Fund  
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Zelman Cantorial Fund

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To honor or memorialize your loved one, fill out this form and return it to the office. Please make checks payable to Congregation Beth Emeth. A minimum contribution of \$18 is required for a notification to be sent. All contributions will be acknowledged in The Shofar unless you check here:  
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## CHARITABLE ORGANIZATIONS DEDICATED TO HELPING ISRAEL

Here are a few of the most reputable organizations. Thank you to Andy Golkow for his research.

### JEWISH NATIONAL FUND

<https://my.jnf.org/gaza-emergency/Donate>

### AMERICAN FRIENDS OF MAGEN DAVID ADOM

<https://afmda.org/donate/>

### FRIENDS OF THE ISRAEL DEFENSE FORCES (FIDF)

<https://www.fidf.org> (FIDF also supports Lone Soldiers.)

### HOSPITALS:

Barzilai Hospital: <https://www.bmc.gov.il/?CategoryID=511>

Hadassah Hospital: <https://hadassah.gospringboard.com/secure/israelatwar>

Saroka Medical Center: <https://www.soroka.org/>

### UNITED HATZALAH

<https://israelrescue.org/donate/>

### JEWISH FEDERATION OF GREATER WASHINGTON:

<https://www.shalomdc.org/israel-at-war-2023/>

or mail a check payable to The Jewish Federation of Greater Washington, 6101 Executive Blvd, Suite 100, North Bethesda, Maryland 20852. Indicate "Israel Crisis Fund" on checks.



## YOU BELONG *(Cont'd from p. 3)*

congregation. Our *b'nai mitzvah* are designed with each student's learning style in mind and to highlight each student's abilities. Shabbat and weekday services continue to be hybrid with a Zoom option. Our community embraces and supports those who suffer the loss of a loved one.

**Inclusive Programming:** Events and programs are planned with the audience in mind. Adult programs have continued daytime events, with many Minyan and Munch speakers on Sunday mornings to accommodate those who do not drive at night. Evening events are hybrid, offering alternative formats and encouraging community by offering in person and online opportunities. Event planners are increasingly cognizant of the need for food alternatives for individuals and families.

By taking these actions, we want to move beyond mere accommodation to create an environment where everyone feels a sense of belonging, fostering a community that truly lives out the values of compassion and inclusion. Ultimately, we want you to feel that being a part of our Jewish community is a transformative experience, a commitment to justice, compassion, and the inherent dignity of every individual, demonstrating that when diverse voices come together, the melody they create is not only harmonious but profoundly powerful.

*Ellyn*

## POZEZ JCCNV WIDOW/WIDOWER SUPPORT GROUP @ BETH EMETH

A FREE monthly support group for anyone who has recently and not-so-recently lost a husband, wife, or partner. Join us for an open forum for frank discussion with a focus on grief, bereavement and continuing on after great loss. Facilitators: Dr. Rebecca Fleischer and Dr. Libby Robbins.



**NEXT MEETING:**  
Tuesday, March 19th  
5:15 - 6:30 PM

Info/RSVP (recommended, but not required):  
[shari.berman@thej.org](mailto:shari.berman@thej.org)



## CBE'S BIKE CLUB – ALL ARE WELCOME!



We ride on Sundays at 9:30 AM when Religious School is in session. Meet in the CBE parking lot. Sponsored by the Beth Emeth Men's Club.

## THINKING CREATIVELY *(Cont'd from p. 1)*

Shauna Peters, our school chair, and Shari Hirsch, our ritual vice president, are leading our search for this new position. As the search progresses, we'll be inviting prospective candidates to visit us to view our school and lead services. At the end of that weekend, you'll be invited to give feedback. The search committee and I look forward to your participation and your thoughts.

It is exciting to be the rabbi at CBE during a time of such creativity and growth.

*Rabbi Warner Ferratier*

## COMMUNITY EVENTS



### DO YOU LIKE TO SING JEWISH SONGS?

Join Makheyah, the JCC Community Choir! This is a great opportunity to connect musically to the Jewish tradition. Open to ages 16+ – high schoolers, college students, and adults of all ages in Northern Virginia. All singing abilities are welcome. Repertoire ranges from secular to religious and includes synagogue music, Yiddish theater, folksongs, and Israeli songs. Makheyah meets on Wednesdays, 7:45-9 PM at the Pozez JCC in Fairfax. Led by P'nina Plotkin McCabe, Choir Director. Fee includes sheet music (discount for students and military). Questions? Contact [Shari.Berman@theJ.org](mailto:Shari.Berman@theJ.org) or [Rosesntune@aol.com](mailto:Rosesntune@aol.com).

### BOOK TALK: “THE JEWISH COMMUNITY OF NORTHERN VIRGINIA”

**Sunday, March 3, 2024, 2:00-3:00 PM at the Reston Community Center at Lake Anne Plaza, Joe Ann Rose Gallery, 1609-A Washington Plaza N, Reston, Virginia**

Hosted by Shoreshim Jewish Community with presenters and authors Susan and Shawn Dilles. All are welcome! The book provides an appreciation for the vast and deep Jewish life in Northern Virginia by use of interviews, pictures, and extensive research by the authors. The story covers Jewish communities in Fairfax, Loudoun, Arlington, Alexandria and more.

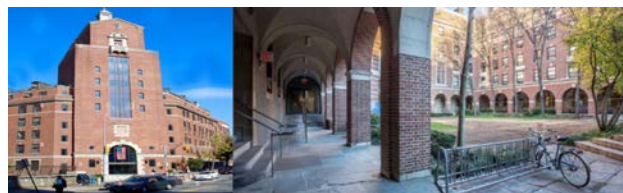


RSVP to [zachm@bethemeth.org](mailto:zachm@bethemeth.org).

### JEWISH LIFE ON CAMPUS: DIALOGUE FOR TEENS

**Sunday, March 10, 5:00-7:00 PM at George Mason**

Jewish Teens in NoVA who are looking at colleges (or will be soon) are invited to discuss what Jewish life at GMU and other college campuses look like, and how to identify which colleges can best support their Jewish identities. The event will include a panel discussion with a diverse group of Jewish students and a Hillel professional. Afterwards, there will be opportunities for small breakout groups to chat with Jewish college students. A pizza dinner will be served. Please register at <https://masonhillel.wufoo.com/forms/zx0htqk06xwgr/>. The location on the Mason campus and parking information will be sent the week of the event to those registered.



### Seaboard Region Field Trip to the Jewish Theological Seminary Wednesday, April 10, 2024

**Program:** Visit the Jewish Theological Seminary in New York City along with other members of Seaboard Region affiliates and get a better understanding of the true effect of donations to Torah Fund. While at JTS, see the rare books room, tour the facility and student quarters, and listen to stories from faculty and students. Kosher lunch and refreshments are included.

**Logistics:** The Vamoose Gold Bus, a 34-seat business-class coach service, with bathrooms, is reserved exclusively for Seaboard affiliates traveling to JTS at 3080 Broadway, New York with pickup and drop offs from 3 local locations:

Olam Tikvah, 3800 Glenbrook Rd, Fairfax, VA	6:30 am - 10:30 pm
B'nai Israel, 6301 Montrose Rd, Rockville, MD	7:00 am - 10:00 pm
Maryland House, off I-95	7:45 am - 9:20 pm

**Cost:** The round-trip travel directly to and from JTS in NYC, (\$120 per person), tour of JTS, and kosher lunch/snacks (\$35) totals \$155.

**Registration:** Go to: <https://www.adasisrael.org/sisterhood#event-list> and scroll down to Seaboard JTS field trip. Enter your credit card info, your Seaboard affiliate and your choice of pickup and drop off location. **Space on the bus is limited to 34 seats and registration is on a first come, first serve basis.**

**Additional information:** will be sent following registration on specific logistics, lunch food choices and information for box dinner options/delivery to JTS for return bus ride.

**Questions or special needs:** Cheryl Wasserman, Seaboard Region VP for Torah Fund [Cherylwasserman04@gmail.com](mailto:Cherylwasserman04@gmail.com) 202-904-6793.



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President: Ellyn Hirsch  
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Conservative Judaism  
703.860.4515 x101  
[www.bethemeth.org](http://www.bethemeth.org) (email [info@bethemeth.org](mailto:info@bethemeth.org))

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## משלוח מנות • Shalach Manot

Send Purim Gifts to Friends & Family



**We Stand With Israel**



**Bring Them Home Now!**

## CELEBRATE PURIM WITH

**Sunflower Bakery**  
Caring is our main ingredient

Enjoy treats that TASTE good and DO good too! Goodies are kosher, pareve, nut free; GF options are available. Your orders support individuals with developmental and cognitive disabilities trained at Sunflower.



Place orders by noon **Friday, March 15th** for pickup at CBE **Friday, March 22**, noon to 4 PM, or at the Erev Purim event **Saturday, March 23**, or at Purim services **Sunday, March 24**. Menu & order form are at [www.sunflowerbakery.org/shop/purim](http://www.sunflowerbakery.org/shop/purim).