

As we slowly re-open the building, we are holding certain services in person, with appropriate precautions and remote options. Please watch your email or check bethemeth.org/covid-19 to confirm events listed in this issue.

THE Shofar

Congregation Beth Emeth

Uncertain Times, Certain Traditions

Rabbi Michelle Goldsmith (RabbiMina@bethemeth.org)

Over the past half year (!) of the COVID-19 lockdown, many of the prayers in our siddur have taken on new meaning and significance for me. This is particularly true of one of the prayers we recite every single night of the year – the *Hashkiveinu*. The translation that we use in our weekly service reads:

“Help us, Adonai our God, to lie down peacefully and then wake us again as new. Spread over us Your shelter of peace (*sukkat shalom*) and guide us with Your good advice. Help us for Your own sake and be like a shield around us, protecting us from enemies, disease, violence, hunger, and sorrow. Shelter us in the shadow of Your wings, for You are our compassionate Ruler. Guard us as we come and go so that we may live peacefully now and forever. Praised are you, Adonai, Who spreads a shelter of peace (*sukkat shalom*) over us and Jerusalem.”

Prior to the COVID-19 pandemic, lockdown, mass lay-offs, protests and riots in many cities, the words of the prayer often felt rote to me. That is simply not the case anymore. Moreover, the image of a *sukkat shalom*, a true shelter of peace in an uncertain world is one that I crave deeply. During uncertain times, it has been a blessing and balm to my soul to reconnect to the words of our tradition.

While this image of a *sukkat shalom* has provided me comfort all these months, I feel even more grateful that after six months of feeling unsettled, the holiday of Sukkot is here. Sukkot is a beautiful and often misunderstood holiday. Why, rabbis around the world are asked, do we have to build these little huts where we eat our meals and sleep at the start of autumn? Sometimes a rabbi will say that it is a reminder of the sheltering cloud that accompanied our ancestors in the desert. Sometimes we say it is in remembrance of the fact that our ancestors built little huts in the fields in which they slept during the long days of the harvest.

Finally, some rabbis will expound on the fact that the sukkah we build is meant to represent the precariousness and

Cont'd on p. 6 >>

Happy Sukkot!

Wave a lulav • Enjoy the fragrance of an etrog •
Relax in a sukkah



OCTOBER SERVICES

Erev Shabbat: 6:15 PM

October 2 (Erev Sukkot)
October 9 - (Erev Shemini Atzeret)
Joyful Soul Shabbat with Cantorial
Soloist Michal Bilick Laget

October 16
October 23
October 30

Shabbat Morning: 9:00 AM

October 3 - *Sukkot*
October 10 - *Shemini Atzeret*
Shemini Atzeret (Yizkor)
October 17 - *Beresheit*
P'ru Urvu - Blessing of the New Babies
Shabbat Mevcharim
October 24 - *Noah*
Bat Mitzvah - Juliana Stillman
October 31 - *Lech Lecha*
Bar Mitzvah - Samuel Meisner

Minyanim:

Sundays: 9:00 AM

October 4 (Sukkot)
October 11 (Simchat Torah)
October 18 (Rosh Chodesh Heshvan)
October 25

Wednesdays: 8:00 PM

October 7, 14, 21, 28

FALL HOLIDAYS

Go to bethemeth.org/high-holidays
for the complete schedule:

Sukkot:

Saturday, October 3 (1st day) 9:00 AM
Sunday, October 4 (2nd day) 9:00 AM

Hoshanah Rabbah:

Thursday, October 8 9:00 AM

Shemini Atzeret (Yizkor):

Saturday, October 10 9:00 AM

Simchat Torah:

Saturday, October 10 (Erev) 7:00 PM
Sunday, October 11 9:00 AM

ONLINE EVENTS

Check the bethemeth.org/calendar and
bethemeth.org/covid-19 for details, links
and updates.

October 2020

VOLUME 42, NUMBER 2

Rabbi: Michelle L. Goldsmith
President: Leslie Lesch

Affiliated with the United Synagogue
of Conservative Judaism

703.860.4515 PHONE
703.860.5647 FAX
WWW.BETHEMETH.ORG

Adult Programs

The Beth Emeth Adult Program Committee has been hard at work coming up with new and creative ideas to keep all of us connected during these unprecedented times. Watch your weekly email and bethemeth.org for the latest information on the programs listed below!

CHAR BAR



Yummy Kosher Food for Sukkot in CBE parking lot

Thursday, October 8 – 5:30 PM

Char Bar Kosher Food Truck is coming to CBE!

Congregants will have the opportunity to pre-order food from the food truck, then we'll Zoom together as we eat at home or in your sukkah!

Char Bar also has a meat restaurant in downtown DC. Char Bar is under the kosher supervision of the VAAD of Greater Washington.

Chocolate Tasting with a Professional Chocolatier

Saturday, December 12 - time TBD

Mariano, a native of the Cacao region of Brazil, (whose daughter is a BEECC graduate!) is the owner of River-Sea Chocolates in Chantilly. River-Sea is a local chocolate bean-to-bar business that uses cocoa beans from a single-source sustainable farm in Brazil to create delicious chocolates. Prior to the workshop, registrants pay a fee and pick up 5 large chocolate bars from River-Sea or from the synagogue. In the workshop, Mariano will teach about how the chocolate is made and the unique tastes of each type of chocolate. He can suggest the best wines for pairing with each type of chocolate.



Jewish Cooking/Challah Baking Friday, November 6 – 11:00 AM

Virtual workshop led by a congregant who is a challah maven!

Make the dough together via Zoom. Then come back together an hour later to learn the fun of braiding and other design techniques.

Travel to Israel Virtually

January/February (date and time TBD)

“Travel” to Israel on a 4-day (1 hour each day) virtual trip led by a certified Israeli tour guide. The virtual itinerary is being planned – stay tuned!



Virtual Sukkah Hop

Sponsored by Men's Club ~ Everyone is Welcome!
Saturday, October 3 – 7:45-9:00 PM



The Beth Emeth community is invited to have a meal “together” virtually during Sukkot. If you are in a sukkah (having dinner or just hanging out after dinner), bring a phone, tablet or laptop and show it off to other participants! Show off your design & decorations, and help those without a home sukkah get in the spirit, too. The Zoom link will be at www.bethemeth.org/event/sukkah-hop-2020 a few days before the event.

Send articles to:
shofar@bethemeth.org

November 2020 Shofar Deadline:
Monday, October 5

NEW SHOFAR DEADLINE POLICY:

Due to continuing mail delays, we must receive article submissions **on or before the 5th of the month** prior to publication (or the next day if the 5th is Shabbat or a Jewish holiday.) Articles received after the deadline will not be published. Thank you.

CONGREGATION BETH EMETH

Executive Committee:

President: Leslie Lesch
Executive VP: Debra David
Administrative VP: Marc Wishkoff
VP for Development: Ellyn Hirsch
VP for Education: Suzanne Goldlust
VP for Ritual: Denise Moldover
VP for Finance/Treasurer: Marty Zelman
Secretary: Phil Noyovitz
Past President: Fran Besalel

Committee Chairs:

Adult Program: Lori Kraden & Lynn Mayer
BEECC: Lauren Moses
Communications & Publicity: Ken Cohen
Endowment: Ellyn Soefer
Finance and Budget: *vacant*
Food Service: Laura Gorbach
Fundraising: *vacant*
House and Facilities: Bruce Wyman
Long Range Planning: Richard Weisman
Membership: Rona Ackerman & Rachael Fineberg
Ritual/Holiday Director: Liz Cordeiro
Ritual/Lifecycle Director: *vacant*
Ritual/Shabbat & Weekday Director: Steve Baker
School: Kate Brown
Social Action and Community Relations: Alan & Patty Goldblatt
Technology: Dan Moldover
Youth Activities: Donna Paley
At-Large: Robyn Feuerberg
Sisterhood Co-Presidents: Shirley Gross & Kay Shear
Men's Club President: Paul Shraga
BEECC PA Co-Chairs: Jodi Smith & Lori Heisler

Synagogue Administration:

Rabbi: Michelle L. Goldsmith
Rabbi Emeritus: Steven M. Glazer
Executive Director: David Markovich
Religious School Director: Ellie Klein
Interim BEECC Director: Ora Cohen Rosenfeld
Youth Director: Zach Moskowitz

Shofar Staff:

Editor/Designer: Joanne Rosenthal Levine
To advertise, contact the CBE office or email shofarads@bethemeth.org



Shana Tova

Leslie Lesch (president@bethemeth.org)

As we go to press, Leslie is very busy getting both her family and Beth Emeth ready for the High Holidays. She wishes everyone a Shana Tova, M'tukah u'Briah (A Happy, Sweet and Healthy New Year), and looks forward to seeing or "seeing" you over the holidays!

See you around the shul!

Leslie

Did Your Family Add a Baby or Grandbaby This Year?

Plan to Join Us in Person or Online for Shabbat Services on Saturday, Oct. 17th



"Be fruitful and multiply" – Genesis/Beresheit 1:28

Did your family add a baby or grandbaby since last October (2019)? We would love to include your beautiful new addition in the special booklet for CBE's *P'ru Urvu* (Be fruitful and multiply) Shabbat that will be held on **Saturday, October 17, 2020**. We hope your family will join us in person or online and help make this Shabbat of "new beginnings" even more special as we read the first portion in the Torah.

Please go to <http://bethemeth.org/newbaby> to submit your information by **Wednesday, October 7th**.



Please Volunteer to be a Greeter, Usher, Screener or "Zoom Gabbai" at Beth Emeth Worship Services

VOLUNTEERS NEEDED!
<http://bethemeth.org/service-volunteers>



JOYFUL SOUL SHABBAT - OCTOBER 9TH



Cantorial Soloist **Michal Bilick Laget**, who leads the monthly Good Soul Shabbat Service at Sixth & I Historic Synagogue in Washington, DC joins Rabbi Mina in leading Erev Shabbat services. Join us at 6:15 PM for a musical Joyful Soul Kabbalat Shabbat service. Links at bethemeth.org/covid-19#services and in the weekly e-news just prior to the service. Joyful Soul Shabat is held on the second Friday of each month.



RITUAL MATTERS

Denise Moldover, VP for Ritual (ritualvp@bethemeth.org)

SIMCHAT TORAH HONOREES: FRED DIAMOND AND LIZ CORDEIRO Sunday, October 11 Beginning at 9:00 AM - Join us in person or virtually

Fred Diamond has had a love for Torah for as long as he can remember. Ironically, though, it's been only five years since he actually learned to read Torah after taking David Cerny's trope class. "I kind of memorized my portion at my Bar Mitzvah, like most people did back then," said Fred. "It wasn't until I took David's class that I began to read and then eventually serve as a Gabbai. Taking David's class was life-changing for me and helped me get closer to the Torah, which I think is the center point of our observance."

"I think being able to be so close to the Torah at Beth Emeth services, even during COVID, is uniquely special," said Fred. "As a Levi, I also frequently get the opportunity for an Aliyah. Every moment the Torah is out of the Ark is a unique opportunity to get closer to my Jewish observance."

Fred said that Beth Emeth is unique in that every member has the opportunity for aliyot, reading opportunities or other gestures of observance, such as being a hagbah (Torah lifter) or gellilah (Torah dresser).

"We are lucky to have such beautiful and historic Torahs at Beth Emeth. I invite everyone to get closer to them. It will make your commitment to your faith so much stronger."

Liz Cordeiro has been a member of CBE for over 20 years, since her family moved from Cleveland, Ohio to Northern Virginia in 1999. Coming from Cleveland, which has a predominantly Jewish population in many areas, it was a relief to find a sense of community at CBE in an area not particularly known for being overly Jewish.

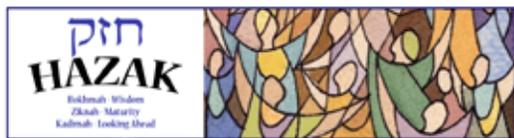
Liz attended CBE Religious School through 10th grade, having her Bat Mitzvah and Confirmation. Liz even had her party at the synagogue, in the social hall and flex space. The theme was "Club Liz" and it was an amazing party. There may still be a decoration or two in her parents' basement...

Liz attended college in Arizona and continued her Jewish learning at Hillel and by meeting with Jewish leaders on campus. She also attended High Holiday services when she was able to come home. After finishing school at George Mason, she lost touch with her Jewish identity until she got engaged in 2014. She was excited to have an aufruf and read Torah again (even if that first time back was a little shaky!).

Since then, Liz has been active in a variety of ritual roles – floor gabbai, service leader, Torah reader, and High Holiday Director. What she loves most is the sense of connectedness – how millions of Jews through history and around the world have sung the same prayers, read the same Torah portions and celebrated the same holidays.

Liz's husband Josh is not Jewish, but he loves all aspects of the religion and enjoys learning about it from Liz and her dad, Marty Zelman. He especially likes celebrating holidays with Liz's family. Hanukkah is his favorite. Liz and Josh live in Ashburn with their black lab mix, Kona. Liz currently works for Visa in Client Services. Unfortunately she cannot get you a better interest rate on your credit card (she can't even get one for herself).

Liz is incredibly honored to be a Simchat Torah honoree this year, and thanks the Ritual Committee for the nomination.



Ellyn Greenspan and Carol Silberstein,
Hazak Co-Chairs (hazak@bethemeth.org)

NEXT MEETING:

Tuesday, October 20, 1:00-3:00 PM via Zoom
Dr. Harold Geller: "Looking for Life in All the Wrong Places – The Search for Life in the Universe"



Dr. Harold A. Geller is Observatory Director and Associate Professor at George Mason University. He served as co-Investigator for the Virginia Initiative for Science Teaching and Achievement (VISTA), the largest educational grant ever awarded Mason, from 2011 through 2015. Since 2012, he has served as a Solar System Ambassador for the NASA

Jet Propulsion Laboratory. He is author of books, contributed to edited volumes, and has published over 90 papers in education, astrobiology, astrophysics, and biochemistry.

About the Program:

Recently, there has been much talk about the search for extraterrestrial intelligence in the universe. However, where are we looking and why we look where we look, are often overlooked in the media and on the internet. We will discuss the search for life in the universe and reveal the techniques and rationale of looking for life in all the *right* places; in our Solar System, in our Milky Way Galaxy, and in our universe. Carl Sagan once said that "somewhere, something incredible is waiting to be known." There are those who argue that the discovery of life elsewhere in the universe will be the greatest discovery of them all.

Cont'd on p. 5 >>

Annual Appeal

Ellyn Hirsch, VP for Development (developmentvp@bethemeth.org)

ANNUAL APPEAL RECOGNITION LEVELS AS OF 9/1/2020

We recognize and thank you for your Annual Appeal contributions totaling \$72,000 with 23% of the congregation participating. As a small token of our appreciation, your name(s) will be listed in the *Shofar* and on our attractive lobby display, which will be updated in September 2021 before the High Holidays.



Dorsheim (Visionaries) \$7,2000 & up

Shorshim (Guardians)
\$5,400-\$7,199
Linda & Howard Eisinger
Joanne & Paul Levine
Gail & Bob Shor
Jan Woodhead
Debbie & Marty Zelman

Double Century Chai
\$3,600-\$5,399
Anonymous
Kathy & Steve Baker

Kesef (Silver)
\$2,500-\$3,500
Claire Fine

Century Chai
\$1,800-\$2,499
Annie Nonnimus
Debbie & Jon Katz
Sandy & Sapat Mitrani
Jodi & Greg Smith

Chalutzim (Pioneers)
\$1,000-\$1,799
Rona Ackerman & Michael Aarons
Judy & Rich Bergman
Ellyn & Bill Hirsch
Mark Kaplan
Leslie Lesch
Janet Lindsey Klayton & Ron Klayton
Marion & Don May
Susan & Paul Moskowitz
Corinne & Matt Jacobson
Pam & Keith Rubin
Joanne & Bruce Wyman

Adonim (Experts)
\$720-\$999
Anonymous*
Ellen & Steve Greene
Robyn & Stan Feuerberg
Diane & James Norman
Janet & David Polak
Carol & Steve Silberstein

Bonim (Builders)
\$540-\$719
Patty & Alan Goldblatt
Diane Lowenthal & Brad Moskowitz
Meryl & Mark Klein
Denise & Dan Moldover
Laurie & Paul P.
Jan & Hank Pohl
Robin & Abe Rosner

Nadivim (Patrons)
\$360-\$539
Anonymous
Rabbi Mina & Jeff Goldsmith
Lynn Mayer & Robert Goldenkoff
Amy & Harry Gross
Estelle Guttman
Steve Pregozen
Judy & Bob Sandler
Barbara & Jeff Waldman
Jody & Steve Winter

Chaverim (Friends)
\$180-\$359
Millie & Ted Benjamin
Susan Berger
Judy Brown
Fran & Sammy Besalel
Sheri & David Cerny
Amy & Ken Cohen
Roz Cohen

Susan & Shawn Dilles
Monica Epstein
Ina & Dean Koppel
Susan & Sam Lewis
Glenda & Mark McConn
Jamie & Martin Paul
Shauna & Josh Peters
Michael Sakowitz
Kay & Rob Shear

Tomchim
Under \$180
Anonymous
Sandy & Larry Brody
Robin & David Cohen
Pam Eisiner & Patrick Lesch*
Suzanne Goldlust
Debra David & Laurent Sauvage
Pam & Sean Forman
Joyce & Ron Freeman
Alina Kirshon-Goldman & Mark Goldman
Joel Johnson
Phyllis & Len Konikow
David Markovich*
Shayna & Jason Moskowitz*
Zach Moskowitz*
Michelle & Andrew Newman-Lomansky
Sara Silberstein*
Kim & Josh Sisskind*
Debbie & Gary Smith
Lila & Lou Tinkoff
Sanjun Yi

Next Gen Leadership*
\$36 & up

Hazak *(Cont'd from p. 4)*

Coming Up for Hazak:

Tuesday, November 17, 2020 – Dr. Jim Kinter: Climate Change in the Commonwealth of Virginia

Tuesday, December 15, 2020 – Celebrate Hanukkah with Rabbi Mina

Tuesday, January 19, 2021 – Richard Rubenstein: Religious Conflicts and Their Resolution

Hazak is the United Synagogue of Conservative Judaism's organization that supports programming for folks 55+. At Beth Emeth, Hazak is a congenial group that wants to continue to grow their Jewish and world understanding in a friendly and welcoming environment. Adults of any age are welcome to attend. We meet on the third Tuesday of each month. Bring your friends!

All ages are welcome! If you aren't on the Hazak email list, contact hazak@bethemeth.org for the Zoom link.



Beth Emeth Early Childhood Center

Ora Cohen Rosenfeld, Interim Director (ora@bethemeth.org)

WELCOMING PEOPLE INTO OUR SPACE

Even before we celebrated Rosh Hashanah, I was already thinking about the holiday of Sukkot. That may seem a bit out of order in the calendar, but the start of the BEECC preschool year had some of the same elements of Sukkot. During the first week of September, we invited all the children enrolled in BEECC and their parents to meet their teachers for the new school year. We couldn't invite them to the classroom, as we have in the past, so instead we set up canopies in the parking lot and invited the children to visit, one family at a time. The teachers, masked and six feet away, welcomed many of the children and families from the BEECC in-person and virtual programs, and the children had the chance to get to know their teachers before the first day of school. Our hope was that meeting the teacher would help the children have an easier time with separation on the first day of school. The day was a success, with many smiles behind the children's masks, some shy and some very excited. Much to our surprise, there were no tears the first day of preschool and everyone left smiling and exhausted at the end of the day. After the first day of school, everyone needs a nap!

We were so lucky that our Meet and Greet was on a sunny and warm day. If there had been rain, we would have been under a covering but probably a bit damp since our canopy had no walls to keep out the bad weather. This is also the challenge of the sukkah, or rather the reason it is built for the holiday of Sukkot during the Hebrew month of Tishrei. The sukkah is in structural ways the opposite of our canopy; the sukkah has walls but no solid roof. While the canopy would stop the rain from falling from above, the roof of our sukkah does not stop a hard rain from coming through the roof of branches, the "schach." Like the school canopy, the sukkah is meant to be a temporary structure although, on

a clear night, we must be able to see the stars through the roof of our sukkah. Beyond the features of walls and roofs, the canopy at our Meet and Greet and our sukkah share the same value of "Hachnasat Orchim", welcoming people into our space. The school canopy, like Abraham's tent, is open on all sides, and is inviting from every direction. We wanted parents and children to feel welcomed and connected when they visited us. The sukkah is also built to welcome guests, among other mitzvot. We invite and welcome our friends and family to sit in our sukkah with us and even share a meal or snack. The Sukkah represents important Jewish values we teach in our school, just as it also connects us to Jewish history.

Our educational approach is values-based and believes that children have the right to learn and grow in a beautiful setting that sparks the imagination. This is a central value for the environment we set up for our students, but it is also an important aspect in building and decorating our sukkah. The beauty of the sukkah is the beauty of the natural world we live in, whatever the weather. Our sukkah invites us to find a connection to weather, the seasons, nature and also a connection to our community, as we welcome others to join us. While this value is a bit more challenging this year, we can look at the tradition of *Ushpizin* to suggest a creative answer. *Ushpizin* is a tradition that invites biblical figures to join us each night Sukkot and the values they represent. If this year we can't have all of our friends over for the holiday, we can imagine, like the *Ushpizin*, that they are joining us in spirit. We hope, throughout the year, to show the children and have the children show us, the beauty around us and our connections to past, present and future.

Ora

Shelter of Peace *(Cont'd from p. 1)*

preciousness of life. As we sit in our little temporary shelters, away from our air-conditioning/central heat (depending on where we live), exposed to the elements and insects, but surrounded by family and friends, we are reminded of what is truly important in life. We eat on fine dishes in a temporary structure to say, "I know that life is uncertain, but I am putting my faith in God, my family, and friends in such a way that I can create beauty in the midst of it all."

Each meal eaten in a sukkah is a statement about our flexibility, resilience, faith, hope, determination, and love for God and each other. As we enter the holiday of Sukkot and enter into our individual sukkot (plural of sukkah), may it indeed be a physical and spiritual place of peace for you, all whom you love, and our world.

Hag Sameach!
Rabbi Mina



Honoring Our Members on Their CBE Anniversary: October

Rona Ackerman & Rachael Fineberg, Co-Chairs,
Membership Committee (membership@bethemeth.org)

The following members are celebrating **CBE Anniversaries** (anniversary of the date they became members at CBE). We thank them for their continued membership!

Barbara & Charles Bernstein	10/1/1987
Glenda & Mark McConn	10/1/1989
Ina & Dean Koppel	10/19/1991
Leslie Lesch	10/24/2000
Semen Jakobson	10/1/2003
Marjorie & Boaz Kalfon	10/20/2003
Angel & Josh Winston	10/1/2007
Ellyn Soefer	10/11/2013
Amanda Gelbart	10/1/2019



Religious School News

Ellie Klein, Religious School Director (ellie@bethemeth.org)

SUKKOT IS A GREAT HOLIDAY FOR FAMILY DINNERS AND MORE

Sukkot is a seven-day holiday, with the first day celebrated as a full festival with special prayer services and a meal. The remaining days are known as *Chol HaMoed* or “festival weekdays.” The final day of Sukkot is known as Hoshana Rabbah, referring to the tradition that the believers walk around the outside of the sanctuary and use plant fronds to tap each other. Specific references to observing Sukkot can be found in Nehemiah and Leviticus, along with passages in the Mishnah, the Tosefta and both the Jerusalem and Babylonian Talmuds.

The Hallel refers to a specific selection from the book of Psalms. These passages from Psalm 113 through Psalm 118 are sung or recited during all festivals, including Sukkot. The festival is expressed by blessing and waving the lulav and the etrog, symbols of the harvest. Children love the tactile and sensory learning experiences of participating in rituals with the etrog and lulav. The ritual for the lulav and etrog is quite specific: stand facing east. The lulav should be in the right hand with the spine facing the individual with the myrtle to the right and willows to the left. In the left hand, the etrog should be carried. Hands should be brought together so that the two are side by side. Special blessings are repeated and prayers are

recited. Finally the two are shaken in all directions while chanting the words, “Give thanks to God, for God is good, for God’s loving-kindness endures forever.”

People often build and decorate a sukkah. The structure must have at least three walls, but only one can be against an existing structure. The make-shift construction is usually out of canvas, wood or metal. Many families purchase sukkah kits to aid in the building. Many families eat lunch and dinner in their sukkah, and also have a “sukkah sleepover” on a weekend night.

Kol tuv, Ellie



Sukkot B'Yachad (Together)

**Sunday, October 4th,
10am-12pm at Beth Emeth**

For Religious School students and members
of Kadima and USY. Watch your weekly
email for details!

B'NAI MITZVAH



JULIANA BURKE STILLMAN
(*Yoelah Bracha*), daughter of Kathleen and Alex Stillman, will be called to the Torah as Bat Mitzvah on **October 24th**. Her sister Moriah (10) is also looking forward to the special day.

Juliana’s parsha is Noach. “This is about Noah building an ark to save his family and two of each animal because people everywhere are doing bad things, and God decides to punish them by flooding the whole world,” she said. “The Torah portion shows his journey. Becoming a Bat Mitzvah means that I am joining the Jewish community as an adult.”

Juliana is in the 8th grade at Geshar Jewish Day School. She likes to play soccer, play flute, do art, and spend time with friends and family.

For her Bat Mitzvah project, Juliana raised money for an organization called Together We Rise. “The money I raised bought 50 duffel bags that I packed with basic necessities such as blankets, coloring books, and teddy bears. This non-profit organization helps kids in foster care during a hard time when they need comfort and need to know someone cares about them.” For more information, please go to www.togetherwerise.org.



SAMUEL DUNCAN MEISNER
(*Shmuel Zelig*), son of Alice Hanson and Jonathan Meisner, will be called to the Torah as a Bar Mitzvah on **October 31st**. His brother Benjamin Meisner (10) will also join in the family celebration.

Sam’s parsha is *Lech Lecha*. “Lech Lecha is about God commanding Abram to leave his father’s home to settle in the place that God will show him. It is there that Abram’s family will start a great nation,” said Sam. “It is important for me to follow the traditions of my family and become a Bar Mitzvah.”

Sam is an 8th grader at Robert Frost Middle School. “I love music! Rock & Roll is my favorite genre. I play the electric guitar and the violin. One of my favorite bands is Van Halen,” he said.

For his Bar Mitzvah project, Sam is going to help Hungry for Music, a charity that provides instruments to children who cannot afford them. Hungry for Music also supports music teachers and program directors, and has delivered 14,000 instruments to children locally and abroad. Please help Sam reach his goal by donating a lightly used instrument, sending a monetary donation, or buying a Hungry for Music T-shirt. For more information, please go to hungryformusic.org.

Social Action Update

Patty Goldblatt, Social Action Co-Chair (social-action@bethemeth.org)

We officially are into the Autumn season, which means that the Social Action Committee is in the throes of planning our year. Our projects are especially important this year because we are living in unprecedented times (at least as long as we can remember) and community services that we support are short-staffed and short of space due to the need to spread out more – hence, fewer people being served and fewer volunteers allowed in one place to accomplish ever more dire tasks.

This year, Beth Emeth joined forces with the Northern Virginia Hebrew Congregation to maintain our annual Kol Nidre Food Drive for Cornerstones. Unlike every other year, participants needed to be a bit more mindful of this event since the delivery site was five miles away from our convenient parking lot, and we could not just unload donations before services. Perhaps the silver lining here was that the continuous opportunity to give throughout the Ten Days of Awe offered us a chance to more thoughtfully assemble the goods we selected to donate, and deliver them with reverence, rather than rushing from our own pre-Yom Kippur meal to unload our cars and get to services on time.

Other activities we are planning this Fall are looking a little different, as well. Today, we committed to providing a minimum of 40 complete Thanksgiving meals for Cornerstones Food Pantry to distribute (last year, we provided well over 50 meals). Delivery options obviously will be a little different, but we still encourage you to

consider donating complete meals as families or groups of friends and include the personal touch of decorating the containers with warmth and good cheer. As usual, gift cards/monetary donations for the shelter to provide turkeys and other perishable necessities for the meals will be greatly appreciated as well.

We have set dates for our two annual shelter dinners at Cornerstones: **December 6, 2020** and **February 28, 2021**. Watch your email for details and additional dinner plans.



We continue to do whatever we can to help fellow congregants get through difficult situations and celebrate family additions through our Caring Community, right now reaching out mostly by mail to offer condolences, best wishes and a reminder that we can do more if we are asked.

Everything our congregation does for our fellow members, our local community and the Jewish community at-large is through your generous donations, your time and your participation. These activities rely solely on your donations to the Acts of Loving Kindness Fund, and we deeply appreciate your support. We welcome your suggestions on how we can better accomplish our mission of *Tikkun Olam* and we hope to see you at one or more of the events that we have planned.

Patty

House and Facilities Committee

Bruce Wyman, Chair, House and Facilities Committee (facilities@bethemeth.org)

The House and Facilities committee has engaged the design firm of Levin/Brown to guide us in the process of outfitting our sanctuary. They specialize in Jewish congregations and have recently been helpful in designing the sanctuary lights, which will be installed next summer while the sanctuary is closed for several weeks.

On September 2, we met onsite with the architect to begin work on general design of the space, and will eventually select specific materials, fabrics and colors. We anticipate presenting our plan to the Executive Committee early in 2021 and then have architectural sketches of the plan available to the entire congregation throughout next spring, to be voted upon at the next congregational meeting. Our committee will also be reaching out to the Ritual Committee. We welcome input from all during this approximately 9-month initial process.

The following initiatives are scheduled to be completed in September or early October:

- Installation of five planters with plants near the front entrance as the last part of the funded security project. These are designed to prevent any vehicles from getting near the front doors.
- Gutter downspout drainage tubing put underground

- in the front and right side of the building to keep rainwater away from the building and out of sight.
- Replacement of some dedication plaque tiles and refurbishing the plaques in the lobby. Many tiles fell off when the building was closed. Kudos to our terrific staff, who secured a vendor for this unusual project.
- Repair of the two gravel drainage pits, cited by the county as needing maintenance.
- Beginning a review process of existing maintenance contracts.
- Outreach to the BEECC and Religious School committees for replacement of old office furniture, which has been funded through our committee.
- Outreach to the Food Service Committee to begin study of remodeling the kitchen. This study has been in the budget. However, funding or scheduling for implementation will be determined in the future.
- Outreach to the BEECC and Religious School to plan and design upgrades to the school bathrooms; This will be done in conjunction with our sanctuary architect to keep design costs to a minimum. No actual construction work is anticipated now but we want to have a plan by the end of 2020 to present for budget next year and implemented next year.

Bruce

High Holiday Greetings



*L'Shana Tova! Best Wishes for a
Happy and Healthy New Year!*

The Silberstein Family



*Wishing everyone a Healthy, Joyful,
and Prosperous New Year*

Janet and Ron Klayton

High Holiday Greetings



*Wishing everyone a sweet, happy,
and healthy new year.*

The Lesch Family



*Best wishes for a Happy & Healthy
New Year!*

The Eisinger Family

High Holiday Greetings



*A Happy and Healthy
New Year to all of our
friends!*

*Stephen, Kathy, Billy and
Greg Baker*



*Wishing you health,
happiness, and peace
throughout the year.
Shana Tova!*

*Jeff, Rabbi Mina, and the
entire Goldsmith family*



*L'Shana Tova
&
Stay Safe!*

*Mitrani and Pates
Families*



*Wishing Everyone a
Happy & Healthy
New Year!*

*Greg, Jodi, Taylor, Teddy,
Millie & Matthew Smith*

High Holiday Greetings



*Wishing everyone Health,
Happiness and a Sweet New Year*

Barbara and Chuck Bernstein



Shalom

*Best wishes for a happy, healthy,
and sweet New Year!*

Sandy and Larry Brody and Family



*Wishing our Beth Emeth family and friends
a Happy, Healthy, & Sweet New Year!*

*Ellyn & Bill Hirsch; Hillary Hirsch;
Jodi, Steve, Ari & Ilan Rein;
Stephanie, Jack, Olivia & Edward Rubin*



*Best wishes for a happy &
healthy New Year*

*The Katzman family
Marcy, Jim, Ian & Noah*



*Hope everyone has a very happy, safe
and healthy New Year!*

The Markin Family



L'Shana Tovah!

*Gail, Bob, Rachel, Joel and Jess Shor,
and Ruth Burack*



L'Shana Tova to our CBE family

*Barbara, Jeff, Rebecca and
Jason Waldman*



*Wishing everyone a happy, healthy
and sweet Shana Tova!*

Harry, Amy, Lauren and Brad Gross

High Holiday Greetings

 <p><i>L'Shana Tova from our family to yours</i> <i>Jan, Hank, Evan & Shana Pohl</i></p>	 <p><i>Best wishes for a sweet & healthy New Year</i> <i>Ellen, Stephan, Marcus, Marin, & Sheryl Greene & Ben Edgar</i></p>	 <p><i>Best Wishes for a Healthy & Sweet New Year!</i> <i>Janet & David Polak and Family</i></p>	 <p><i>Shanah Tovah!</i> <i>Sara, Melvin, and Rayna Pollack</i></p>
 <p><i>Sending a virtual hug and wishes for a healthy and happy new year to our CBE family.</i> <i>Jody, Steve, Samantha and Maury Winter</i></p>	 <p><i>Wishing a happy and healthy New Year to all</i> <i>Judy and Rich Bergman</i></p>	 <p><i>Best wishes for a sweet New Year</i> <i>Diane & Jim Norman</i></p>	 <p><i>Wishing a wonderful New Year to our CBE community</i> <i>The Schulman Family</i></p>



We wish for everyone a happy, healthy and sweet New Year
The CBE Staff

Eden Sensenbrenner
REALTOR®

Cell 571.918.1545
Office 703.938.4200
eden@inf.com

www.longandfooster.com/EdenSensenbrenner

Vienna/Oakton
309 Maple Avenue W
Vienna, VA 22180



Pozez Jewish Community Center of Northern Virginia, in collaboration with Congregation Beth Emeth, presents:

Widow/Widower Support Group at CBE



A FREE monthly support group for anyone who has recently and not-so-recently lost a husband, wife, or partner. Join us for an open forum for frank discussion with a focus on grief, bereavement and continuing on after great loss.

Contact laurie.albert@thej.org for information



Facilitated by: **Dr. Rebecca Fleischer, Licensed Clinical Psychologist**, who has facilitated many psychotherapy and support groups and understands the complex and often long-term consequences of losing one's spouse.

Info/RSVP (recommended, but not required): laurie.albert@thej.org



CROCHETING COMFORT!

Want to learn a new skill or hobby while helping your community? Please consider contributing to my service project, "Crocheting Comfort."



What - The NICU (Neonatal Intensive Care Unit) is a unit where premature or sick babies go to get the special care they need to grow and thrive.



Who - Your crocheted blankets will be given to babies in the NICU, to provide comfort to them and their families! As a MedStar Georgetown NICU graduate, I will deliver donated blankets to this NICU.

When - Immediately and ongoing.

Where -Please email to arrange to drop off/pick up: crochetingcomfort@gmail.com

Why - Parents cannot be with their NICU babies all the time. Most parents need to go back to work, care for other children and the NICU visiting hours are not 24/7. These blankets can serve as a reminder that these babies are loved and are never truly alone. Taking the time out of your day to create blankets for these babies and their worried parents will mean so much to them!

How - If this is your first time crocheting, check out YouTube for beginner tutorials!

Materials Needed -

- Crochet Baby-Soft Yarns of any color (24" by 18", up to 25" by 30") Pastel greens and yellows suggested, but any color will be accepted.
- Crochet needle (6.00MM-6.05MM)
- Any crochet pattern so long as loops are small/baby toes do not get stuck!

- Emery Steinberg

2 IN 3
JEWS TEST AS
CARRIERS FOR A
genetic disease

WWW.JSCREEN.ORG



DO YOU KNOW YOUR RISK?

WWW.JSCREEN.ORG

way to go healthy
health coaching for a balanced life

- Set & accomplish empowering goals
- Achieve and maintain your ideal weight
- Understand and reduce cravings
 - Increase energy levels
 - Feel great in your body
 - Learn about & try new foods
- Discover confidence to create the life you want



**GAIN ENERGY
LOSE WEIGHT
FEEL GREAT**

Debbie Katz | health coach
debbie@waytogohealthy.com | 703.597.4572

waytogohealthy.com
facebook.com/waytogohealthy

The following appeared in the weekly announcements through August 31, 2020.

MAZAL TOV TO

Susan Barbash & Brian Allen on the marriage of their daughter Rachel Ilean Allen to Brian David Kuo on August 16th at Big Meadow in Shenandoah National Park.

Sandy & Larry Brody on the birth of their grandson Meyer Francis Brody on September 3rd. The new parents are Julie & Scott Brody.

TODAH RABAH TO

All the volunteers and participants who made our in-person Tisha B'Av service and our first in-person Shabbat service possible.

The Executive Director Search Committee: Robyn Feuerberg (Chair), Fran Besalel, Sandy Brody, Jim Katzman, Joel Richards and Josh Siskind.

Karan & Steve Robinson for their willingness to share their family Torah with CBE on a long-term loan. We look forward to using it, and are planning a dedication ceremony (more info to come).

Dani Rose (Danielle Rosner) and Honey County for a wonderful evening of music on August 30th. Their generosity and talent helped CBE raise more than \$20,000 for the Annual Appeal.

A big shout-out to Dan Moldover, for many hours spent configuring, managing and improving technology for our Zoom services, while also preparing to stream services for the High Holidays.

REFUAH SHLAYMA TO

- Barbara Bernstein
- Rita Citrenbaum
- Stephanie Freidin
- Cheryl Horowitz
- Meryl Klein
- Vince Sescoc

CONDOLENCES TO

Suzanne Goldlust, Peter Stluka, Jimmy Stluka and their family on the death of their mother and grandmother Barbara Goldlust



The congregation sadly mourns the loss of
Barbara Goldlust.
Our sincere condolences to the entire Goldlust and Stluka families.

Cheryl and Stacy Horowitz and their family on the death of their mother and grandmother, Vera Isakowitz

ONEG & KIDDUSH SPONSORSHIPS

The following have made AUGUST CONTRIBUTIONS to supplement weekly ONEG AND KIDDUSH SPONSORSHIPS and to mark the designated lifecycle events:

- The Alergant family in honor of Michael's birthday
- The Berman family in honor of Judy's birthday
- The Brody family in honor of Sophia's birthday
- Sandy & Larry Brody in honor of their wedding anniversary
- The Brown family in honor of Eran's birthday
- The Danto family in honor of Shelly's birthday
- The DeSantis family in honor of Allison's birthday
- The Eisinger family in honor of Linda's birthday
- The Epstein family in honor of Jeremy's birthday
- The Feil family in honor of Simone's birthday
- Claire Fine in honor of Josh & Caitlin's wedding anniversary

- Claire Fine in honor of her birthday
- Laura & Jonathan Gorbach in honor of their wedding anniversary
- The Gorbach family in honor of Nathan's birthday
- Amy & Harry Gross in honor of their wedding anniversary
- The Heifetz family in honor of Katie's birthday
- The Klaff family in honor of Lindsey's birthday
- Ina & Dean Koppel in honor of their wedding anniversary
- Joanne & Paul Levine in honor of Sharon's birthday
- Laurie & Gary Markin in honor of their wedding anniversary
- The Mitrani family in honor of Sapar's birthday
- The Lori & Ken Moskowitz family in honor of Lori's birthday
- The Pollack family in honor of Sara's birthday
- Cindy & Joel Richards in honor of their wedding anniversary
- Jennifer & Jonathan Rubin in honor of their wedding anniversary
- The Sheifer family in honor of Karin's birthday
- The Shor family in honor of Rachel's birthday
- Gwen & Jim Sloan in honor of their wedding anniversary
- The Jodi & Greg Smith family in honor of Teddy's birthday
- The Tyler/Kronisch family in honor of Mimi's birthday
- The Urban family in honor of Diane's birthday
- The Urban family in honor of Lawrence's birthday
- The Winston family in honor of Angel's birthday
- The Zelman family in honor of Dan's birthday

If you have a lifecycle event that you would like to acknowledge above, please contact the Main Office at 703-860-4515 Ext. 101 or office@bethemeth.org.

Right now, someone is taking the job you want.

Are you 50+? Return to work with The Career Gateway.

- Small classes
- One-on-one mentoring
- Take-home materials
- LinkedIn tips
- Optional employment-related tech classes available
- 2020-2021 sessions available

ONLY \$75

SPACE IS LIMITED. SIGN UP NOW!

#3: Jan. 2021: 19, 20, 22, 25, 27 #5: Apr 2021: 19, 21, 23, 26, 28

#2: Nov 2020: 9, 11, 13, 16, 18 #4: Mar 2021: 1, 3, 5, 8, 10 #6: Jun 2021: 7, 9, 11, 14, 16

NOTE: During the COVID-19 pandemic, classes will be conducted through an interactive Zoom online experience with other students, our trained facilitator, presenters, resume reviewers and mentors. Check whether your session will be in-person or virtual.

301.255.4215 | career.gateway@accessjca.org

JCA
Jewish Council for the Aging
Helping All Seniors Thrive

CFC
Agency 52647

Partner Agency of
The Jewish Federation
of Greater Washington

PRIDE MEMBER OF
The Jewish Community Center
Agency 8127

Gift Shopping is available by socially distanced and masked appointments as well as online. Need a tallit, candles or a special gift? Contact the Sisterhood Gift Shop at gift-shop@bethemeth.org

It's not too early to think about Hanukkah (First candle - December 10th). (Who knows? There could be a Hanukkah miracle with everything COVID gone, but probably not). Sisterhood is planning to help you celebrate the first ever **Covidikah!**

Sisterhood will be opening a virtual shop with candles, gelt, dreidels and more. We will coordinate contact-free pickup or delivery for you. So make a list and visit <https://www.bethemeth.org/gift-shop>.

Need a tallit? Did you find one on-line? We are here to help you with that as well. Send a picture (with link) of the tallit you like and we will order it for you. No additional costs and we can also provide you with professional guidance in the purchase of the right tallit (fabric choices, size, fringed or not fringed). We also have a large stock of in-shop tallit that may be viewed by appointment.

Contributions from Thoughtful People

This article lists monthly donations that were received in the office by August 31, 2020.

ACTS OF LOVING KINDNESS FUND

To mark the yahrzeit of:

My mother, EVELYN KLAYTON, from Ronald Klayton

My brother-in-law, MYRON COHEN, from Anita Cohen

My mother, RUTH NEBELKOPF, from Anita Cohen

SAMUEL NEBELKOPF, grandfather of Judy Bergman, from Judy & Rich Bergman

BEECC FAMILIES-IN-CRISIS FUND

To mark the yahrzeit of my mother, PEARL HENDIN, from Linda Harber

BUILDING FUND

In memory of DORIS POHL, mother of Hank Pohl, from Glenda & Mark McConn

GENERAL FUND

To mark the yahrzeit of ALEKSANDRA LIBERMAN, mother of Michael Liberman, from Irene & Michael Liberman

KITCHEN FUND

To mark the yahrzeit of my mother, ANITA BAKER, from Stephen Baker

LIBRARY FUND

To mark the yahrzeit of MARK DAVID BELL, brother of Susan Reilly, from Susan & Neil Reilly

MILTON & SHIRLEY WEINER

SCHOLAR-IN-RESIDENCE FUND

To mark the yahrzeit of:

My brother, HARLEY MILLER, from Robert L. Miller

My mother, SHIRLEY MILLER, from Robert L. Miller

RABBI'S DISCRETIONARY FUND

To mark the yahrzeit of:

FRANCES IMMERMANN, mother of Perry Immerman, from Debbie & Perry Immerman

HARRY LOWE, grandfather of Susan Barbash, from Susan Barbash & Brian Allen

My mother, CLARA KAY PRESSMAN, from Eileen Rosenthal

HOWARD WILLIAM REEL, father of Valerie Rubin, from Valerie & Jeff Rubin

STUART SEGAL, cousin of Joan DeSantis, from Joan & Joseph DeSantis

JEANNETTE SIEGEL, mother of Debbie Immerman, from Debbie & Perry Immerman

In memory of AARON RUBIN, son of Valerie & Jeff Rubin, from Susan & Andrew Golkow

RABBI STEVE & ANDREA GLAZER

ELDERCARE ASSISTANCE FUND

To mark the yahrzeit of:

RALPH GARFINKLE, grandfather of Julie Schwartzman, from Julie & Jeffrey Schwartzman

GAIL MIHAL, sister of Jim Mihal, from Jim, Cheryl, Ben & Matthew Mihal

TORAH FUND

To mark the yahrzeit of EMMA UNGURYAN, sister of Semyon Kurtsman, from Sophia & Semyon Kurtsman

ZELMAN CANTORIAL FUND

In memory of BARBARA GOLDLUST, mother of Suzanne Goldlust, from Marty Zelman

MEMORIAL BOARD

A plaque has been dedicated in memory of EDIE BROWNMANN, from The Brownman Family

A plaque has been dedicated in memory of JAY HOWELL, from Louise Howell

A plaque has been dedicated in memory of FRANCES JACKSON, from Karan & Steve Robinson

A plaque has been dedicated in memory of MELVIN JACKSON, from Karan & Steve Robinson

A plaque has been dedicated in memory of MARTIN ROSENZWEIG, from Lisa Stern

A plaque has been dedicated in memory of PAUL SHATZ, from Laurie & Paul P.

Make a Donation: These are the currently available funds:

Acts of Loving Kindness Fund
Adult Program Fund
BEECC Families-in-Crisis Fund
Building Fund
Ebstein-Magun Israel Quest Fund
Faye Gottlieb Cascio Education Fund
General Fund
Keruv Fund

Kitchen Fund
Library Fund
Marilyn Rosenberg Memorial Fund
Megan Miriam Berman Youth Fund
Milton & Shirley Weiner
Scholar-in-Residence Fund
New Building Fund
Oneg/Kiddush Fund

Paula Comer Slavsky BEECC Fund
Prayer Book Fund
President's Discretionary Fund
Rabbi's Discretionary Fund
Rabbi Steve & Andrea Glazer
Eldercare Fund
Religious Articles Fund
Rubel Memorial Fund

Scholarship Fund
Sisterhood Camp Cash Fund
Sisterhood Megan's Muse Fund
Torah for Tots Fund
Torah Fund
Weisel Memorial Fund
Zelman Cantorial Fund

Date: _____ From: _____ \$ Enclosed: _____ Fund: _____

To Mark the Yahrzeit of: In Memory of: In Honor of: In Appreciation of: Speedy Recovery to:

Send Acknowledgement to: _____

To honor or memorialize your loved one, fill out this form and return it to the office. Please make checks payable to Congregation Beth Emeth. A minimum contribution of \$18 is required for a notification to be sent. All contributions will be acknowledged in The Shofar unless you check here: Anonymous donation



Online Bridge Anyone??

CBE has a weekly drop-in bridge game on Mondays, 1:30 - 3:30 pm. Players at all levels are welcome. The game is "party bridge" with Chicago scoring. Cost: \$5.00 donation.

Interested? Go to: <https://www.bethemeth.org/event/play-bridge-online.html>



Sisterhood Book Club

October: *Pachinko* by Min Jin Lee

November: *Lady Clementine* by Marie Benedict

During the shutdown, Book Club is meeting on Zoom. For information, please go to: bethemeth.org/sisterhood-book-club

Adult Education

Register for classes at bethemeth.org/adult-education or email office@bethemeth.org, unless otherwise noted.

During the shutdown, many classes are online and free. Check bethemeth.org/covid-19 for information.

People of the Book Read the Book –

The Writing

Wednesdays 12:00 PM-1:30 PM

Beginning October 14

In Ecclesiastes we read that there is nothing new under the sun. As we enter the 2020 election cycle, join Rabbi Mina for a close reading of the books of Samuel and Kings to learn just how true this is. Beginning on October 14, we will join together each Wednesday to continue our close reading of the text in order to gain insight into Jewish history, human nature, the challenges of leadership, and the origin of politics as we know it. Free online class during shutdown; no registration required. No previous participation required.

Instructor: Rabbi Michelle “Mina” Goldsmith
Series: \$54 Members, \$72 Non-Members



Learn to Chant the Haftarah - Coming soon!

Please contact David Cerny at bethemeth.org/form/contact-david-cerny if you are interested in learning how to chant the Haftarah. We need at least 4 participants to start a class. You must be able to read Hebrew; knowledge of Torah trope would be helpful, but is not necessary. Additional information will be provided to those expressing interest.

Beyond Dispute – Debates That Have Shaped and Still Shape Jewish Life – Part 2

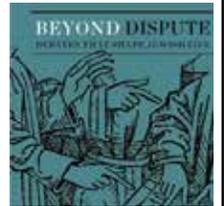
Select Sundays, 10:00 AM - 12:00 PM

Oct 25, Nov 8, Dec 13, Jan 24, Feb 21, Mar 7

Debates—philosophical, spiritual, ethical, and cultural—are at the heart of Judaism and Jewish life. Are religion and reason compatible? Can Jewish law change based on context? How do we teach and talk about the Holocaust and the State of Israel? Should we prioritize Jewish causes or universal causes in our giving? Is Jewish tradition intrinsically patriarchal and ableist? Is our relationship with God defined by human obligation or divine compassion?

Each session includes a short video lecture featuring a Jewish Theological Seminary faculty member, text study, and guided group discussion. We will explore how these debates have been manifested over the course of Jewish history, and discuss their continued resonance today.

Instructor: Rabbi Michelle “Mina” Goldsmith
Series: \$36 Members, \$54 Non-Members, + \$5 Materials fee



Introduction to Judaism: Personalized Studies

Designated Sundays; Contact rabbimina@bethemeth.org

Judaism is the dynamic and inspirational religion of the Jewish people, going back over 3,500 years. In this introductory course, those who are seeking to enhance their Jewish knowledge of Judaism and Jewish practices can learn about the wisdom and beauty of this wonderful tradition and oldest of the monotheistic faiths.

Through an intensive study of the holidays and life cycle including readings from the Hebrew Bible, rabbinic literature, the prayer book, and philosophy texts, students will enhance their understanding of Jewish history, culture, and tradition.

Instructor: Rabbi Michelle “Mina” Goldsmith
Series: \$54 Members, \$180 Non-Members
Fee includes all materials and books



Beth Emeth Adult Classes On Request

- Learn how to chant from a Torah scroll!
- Learn to be a bimah gabbai
- Mashgiach class
- Become a certified hagbah (Torah lifter)
- Learn to lead part of the service

Let us know you're interested! Email adult-programs@bethemeth.org.



A Year of Online Learning with the Jewish Theological Seminary

Join JTS faculty for live online mini-courses offered throughout the year. Encounter compelling scholarship that brings Jewish text and wisdom to bear on contemporary life.

Info: <http://www.jtsa.edu/events-calendar?cat=2371>

Pirkei Avot Shabbat Study Session

Noon, weekly (not held Sept. 20.) Resumes on the 1st and 3rd Shabbat of each month once we are able to hold it in person.

Pirkei Avot, also known as Ethics of the Fathers, is the only tractate from the Mishnah that does not contain commentary in the Gemara as part of the Talmud. Rather, this five-chapter book stands on its own as one of the greatest collections of rabbinic teachings on ethics, spirituality, morality, Jewish history, and Torah study. Utilizing Pirkei Avot Lev Shalem, which contains commentaries from Rabbi Gordon Tucker and Rabbi Tamar Elad-Appelbaum, two leaders of the Conservative/Masorti movement, we engage in lively analysis and discussion of these ancient yet eternally relevant teachings.

Instructor: Rabbi Michelle “Mina” Goldsmith
No charge, no registration required. Come when you can!



Looking for the Beth Emeth

Calendar of Events? Due to postal delays, we are no longer publishing the calendar in the *Shofar*. Go to bethemeth.org/calendar. Your weekly E-news from Beth Emeth also contains a wealth of information about upcoming events.



Gary Greenspan ■ DDS
GENERAL PRACTICE OF DENTISTRY
 GGreenspan@dentalcarealliance.com

FAIR OAKS OFFICE
 12011 Lee Jackson Hwy.
 Suite 105
 Fairfax, VA 22033
 P 703.273.5354
 F 703.273.8149



DENTAL ASSOCIATES
 of Northern Virginia
 www.DENTALASSOCIATESNOVA.com



Tyson's Dental
 ASSOCIATES
 Dr. Alex Osinovsky, DDS
 Diplomate of ICOI

CALL US TODAY
703-997-1997

**Looking for a
 Dental Office?**

Implant Dentistry: Dr. Osinovsky has placed and restored thousands of dental implants.

Sedation Dentistry: We offer moderate sedation to ease patient fear and apprehension.

Dental Specialists: Periodontist and endodontist in the same office.

Latest digital 3D technology

Multilingual Team: We speak English, Spanish, Farsi, Russian, and French.

We create beautiful smiles with complex and painless dental procedures.

View our smile gallery and testimonials at
www.Tyson's-Dental.com

FADentistry.com
 3930 Pender Dr, Suite 150
 Fairfax VA

Tyson's-Dental.com
 8230 Boone Blvd, 4th fl.
 Suite 410, Vienna VA

Have Real Estate Questions? CBE's Market Experts



ASKME
 Laurie Perl • 703-964-7892
 lauriesoldme@gmail.com • VA & DC REALTOR

RE/MAX Allegiance
 881 Robert Fulton Dr. #100
 Reston, VA 20191
 703.292.0000
 Each office is independently owned & operated.



*Psychotherapy
 Across the lifespan*

Sarita B. Kaplan, Psy.D.
Clinical Psychologist

11260 Roger Bacon Drive
 Suite 204
 Reston, Virginia 20190
 703-742-8665

**THE COST OF LIVING KEEPS GOING UP.
 The cost of your funeral doesn't have to.**



We offer more than peace of mind. Pre-plan now and your cost will be locked in.



*Proudly serving the Jewish faith in Falls Church since 1933.
 Call 703-560-4400 to speak with an associate today.*

NATIONAL
 FUNERAL HOME • MEMORIAL PARK
 > KING DAVID MEMORIAL GARDENS <
FALLS CHURCH
 NationalFH-MP.com

Dignity
 MEMORIAL
 LIFE WELL CELEBRATED®



Reston Manassas Leesburg

Steven A. Gordon, DPM, FACFAS
Lisa Beckinella Gordon, DPM

Manassas
 8577A Sudley Rd.
 Manassas, VA 20110
 703.368.7166

Leesburg
 211 Gibson St. NW, Ste. 101
 Leesburg, VA 20176
 703.777.2101

Reston
 11737 Bowman Green Dr.
 Reston, VA 20190
 703.437.6333

www.FootVA.com

Your Trusted Source for Insurance



Over 25 Years in Business!

Founder: Jon Katz*, LUTCF

**Licensed Agents: Dinta Patel, Craig DuBois*, Laura O'Connor,
Kimberly Hartsoe, and Barbara Waldman***

**CBE Members*



Employee Benefits and Individual Health Insurance

- ✓ **Health Insurance for Self-Employed**
- ✓ **Medicare Supplement Plans for Recent Retirees**
- ✓ **Employee Benefits Plans for Small Businesses**
Health • Life • Short- and Long-Term Disability
- ✓ **Health Insurance for Individuals and Families**



**Life Insurance
Long Term Care • Disability Insurance**

703-707-8270

www.vamedicalplans.com

www.katzinsurancegroup.com

Visit us online for instant quotes and information.

INSIDE THE SHOFAR

- 2 Adult Programs
- 3 President's Message/Be Fruitful...
Service Volunteers/Joyful Soul Shabbat
- 4 Ritual Matters: Simchat Torah
Honorees/Hazak
- 5 Annual Appeal
- 6 BEECC/Happy CBE Anniversary!
- 7 Religious School/Sukkot B'Yachad/
B'nai Mitzvah
- 8 Social Action Update/House &
Facilities Update
- 9 High Holiday Greetings
- 14 Crocheting Comfort/Widow-Widower
Support Group/2 in 3 Jews ...
- 15 Around CBE/Sisterhood Gift Shop
- 16 Contributions/Donation Form/
Bridge/Sisterhood Book Club
- 17 Adult Education/Where's the Calendar?



Stuart E. Sheifer, MD, FACC



Robert A. Shor, MD, FACC

Trust your heart to the very best.

Virginia Heart is the region's premier cardiovascular group.

With over 40 expert physicians in 9 locations throughout Northern Virginia, you have access to some of the top cardiovascular specialists in the area.

For Appointments Call: 703.621.4501



VIRGINIA HEART
Excellence in Cardiovascular Care

Check us out on Social Media too!

