

Join the Beth Israel Social Action Committee in its "A Better Start for Babies" program, which supports newborns cared for at ChesPenn, a Federally Qualified Health Center provider.



Last year, with your support, we delivered 30 bags of needed baby items. This year we're going for 50! We worked with ChesPenn on a list of needed items. In order to track your donations, please use this [Sign Up Genius](#) so we know what you're buying. Everything will be bundled by SAC members and delivered to ChesPenn.

**The ChesPenn Pediatricians on BI's "A Better Start for Babies"**

"I had one teen mother and father who had their first baby who received a maternity item gift bag and were overwhelmed with gratitude. The mother was kicked out of her own mother's house and was living with her boyfriend's family at the time. The father was working 2 jobs to save up enough for baby and mom and him to get their own."

"We had a single mother from Honduras who especially enjoyed the bag; she noted that "I'm spoiling her!" because she never received any gifts for the baby. Her family is all back in Honduras, and she came over here with the father of the baby with no family or community support in Chester. She even asked "I get to take home all of these?"

**Downloadable List of Needed Items**

- Diapers: Size 1
- Pacifiers
- Wipes for sensitive skin
- Baby Bottles: 4 oz. Avent
- Baby thermometer: Preferred are '3 in 1s' eg., Fridababy, Safety1st. No contactless thermometers.
- Nosefrida: For clearing baby's nose
- Diaper cream: zinc oxide based (e.g. Desitin)
- Hats: (knit or crocheted, warm)
- Hats: (cotton, light weight)
- Jumpsuit, romper, coverall or 'sleep and play'. Long-sleeved, long legs, preferably with enclosed feet; size Newborn, 0-3 months

Shop locally or online. If shopping on Amazon, remember to [log into Amazon Smile!](#) benefiting Beth Israel. Packages may be shipped to Julie Mayer, 304 Chestnut Ave. Swarthmore, PA 19081. Or, drop off at BI on Tuesday, November 9th from 5:30-6:30PM or Sunday, Nov. 14 from 11AM-1PM.

Rather donate money than shop? Make an easy donation via the Beth Israel donation page. [Click HERE](#) and specify **Type: Social Action**. Or, send a check payable to Beth Israel Social Action Committee, c/o Larrye Loss, 20 Chipmunk Lane, Media, PA 19063. Contact: Judy Kinman (jkinman125@gmail.com), Carol Briselli (CarolBriselli@Verizon.net) or Julie Mayer (JulieMayer23@Comcast.net). **Contact Susan Klein (StususanBI@comcast.net) for help with Signup Genius.**