



# The Israelight

*Congregation Beth Israel of Media  
A Reconstructionist Jewish Community*



## *OPEN YOUR VOICES & HEARTS TO GORGEOUS MUSIC FOR SHABBAT*

*Thursday, July 6 at 7:00 pm & Friday, July 7 at 7:30 pm*

We will welcome the amazing Cantor Linda Hirschhorn to BI, to teach us on Thursday night and to lead our choral singing Friday night. The music will be gratifying to the most experienced of singers yet accessible to the beginning volunteer. Singers will be part of Shabbat services on Friday night.

A workshop with Cantor Linda Hirschhorn builds and strengthens community through singing together in harmony. Intricately woven two, three and four part harmonies deepen our understanding of texts and inspire us to find personal relevance in our prayers.

Cantor Linda Hirschhorn is a performing singer/songwriter/composer and story-teller. She travels around the country working with or creating community choruses. She has released 10 recordings of original songs and published hundreds of songs that have been covered by other artists, used in movies, choreographed by dance companies and sung in synagogues throughout the world. Cantor Linda has been the Cantor at Temple Beth Shalom in San Leandro since 1987.

### **REMINDER - PLEASE DON'T PROP OPEN ANY EXTERIOR DOORS AT BETH ISRAEL**

Unfortunately in the world in which we live, it is necessary to consider the security of our building and our congregants. When we prop open doors, we expose ourselves to anyone with bad intent. If you do not currently have a fob for entry into the building, please contact our Safety and Security chair, Alan Ross, or our administrator, Mikayla Losanowych, to get a personalized fob for entry. Please don't prop open any exterior doors or leave the main entrance door in the unlocked (orange button) mode at Beth Israel.

#### **Our Community**

Anti-Racism work; Rummage Sale  
**Doing, Practicing, Praying, Sitting Still**  
Fuse, Mussar, Tisha b'Av, Meditation  
**Yahrzeits: June, July**  
We remember them

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Thank you

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## Rabbi's Message Rabbi Nathan Martin

**Working Toward Unity**

In our Torah readings this coming month we continue to follow the Israelites on their journey through the wilderness and the repeated challenges they face — not so much from external enemies, but rather from dissension within their ranks. Shlah Lekha tells the story of the scouts who brought back a defeatist bad report about Israel's chances of entering Canaan

causing a near rebellion among the people — a move that cost the Israelites another 38 years of wandering in the wilderness. This is followed by the story of Korah, a second rebellion by Moses's cousin Korah, co-leaders Dathan and Abiram, and 250 of their followers. This too doesn't end well, with the rebels being swallowed up by the earth.

These two stories raise a number of questions about what went wrong with the cohesion of the Israelites. Were Moses and Aaron holding on too tightly to the reins of leadership? Were they not willing to bask any criticism? Could there have been a different way to deal with these rebellions that didn't involve collective punishment or mass divine retribution?

These questions sit with me as I write this column on the heels of attending a 5-day workshop with over 180 Jews from 11 countries (via Zoom) involved in a peer counseling practice. We particularly had the opportunity to focus on ways in which it is difficult for various types of Jews to stay connected with each other across identities, and on ways that we are divided from non-Jews in the countries that we lived. During the conference we witnessed zoom sessions where: Mizrahi Israelis got to share about their experience of racism by Ashkenazi Israelis, younger (under 30) and elder (over 50) American Jews who disagreed on whether "Israel makes the world safer" got to reach and listen to each other. And of course, we explored many examples of how antisemitism is used in the world to divide Jews from their non-Jewish colleagues in progressive movements. While each of these sessions were sometimes heartbreaking to watch, they also provided a sense of hope that the pain these people experienced can be softened and even healed with loving attention. The listening built a sense of unity.

These same challenges around Jewish unity exist today. Just like the Israelites, and like my Jewish colleagues at the Zoom conference, we too sometimes encounter moments when we inadvertently cause each other pain in our community, leading to hurt and division. Sometimes we may act in ways that exclude others, even unconsciously. Or sometimes we may not have the patience we would like in our communal interaction. And we are not alone. There are few communities that are not prone to some challenge and friction. The challenge is how we manage our way through these moments.

Exercising the muscle of compassionate listening can be an important tool in our community building toolbox. Sometimes, simply giving someone who is upset even five or ten minutes of your undivided attention - without necessarily trying to fix anything - can help them feel more connected. This is a spiritual practice.

And like any spiritual practice, good listening is a skill that one needs to develop and build over time, without an expectation of doing it perfectly! Perhaps one way to start developing this muscle could be with a listening "hevruta" practice. The practice could involve inviting a close friend or loved one to take a few minutes to share what might be hard or challenging with them in their life right now. The work of the listener is, without offering any particular advice, to simply offer your loving presence. And then switch and invite the friend to do the same for you. These encounters can be transformative over time. When we are heard and listened to we can often be more patient, compassionate, and better with others.

Jumping back to the Torah stories we are engaging with, I wonder if such a listening tool might have worked with Korah and his followers? If the scouts had been listened to would they have ended with such a pessimistic report? I bless us that we continue to develop the tools we need to build an even stronger, more unified community. So that perhaps the next contemporary Korah moment we encounter might have a different ending than the one we read about.

## Rabbis' Note

Rabbi Linda Potemken

**JEWISH SPIRITUAL PRACTICE TO SOOTHE, TO CENTER, TO BETTER, TO CONNECT**

Prayer, meditation, mussar and Torah study are all forms of Jewish spiritual practice. Jewish spiritual practice aims to not only soothe but to connect us to that which is deep within ourselves and to that which is outside of ourselves. Practice is "working" when it helps us to be more present and grateful and mindful and connected to the vastness of eternity and to our obligations and connections to one another. Practice is working when it gives us perspective. Practice is called practice because that is what it is - you are never finished, you are always on the way. Beth Israel routinely offers prayer practice, Torah study and mussar practice and is now offering meditation practice. If you'd like to learn more so that you're better able to participate in any of these practices please let me know. (There are lots of ways to connect to the gorgeous tradition of Jewish prayer). Of course other activities can serve as spiritual practices in our lives - nature walks, gardening, music and writing to name just a few. But if you are open to learning or deepening the Jewish spiritual practices, I invite you to explore them. Summer is a wonderful time to stretch your spiritual muscles. I hope to hear from you!

BI is taking the lead to expose “hard history.”  
Presented with the **Anti-Racism Coordinating Committee**

### **ANTIRACISM DISCUSSIONS THE EXPLORATIONS CONTINUE**



JUSTICE, JUSTICE YOU SHALL PURSUE  
DEUTERONOMY 16:20

BI CONVERSATIONS ON ANTIRACISM

Please check your email for the modules that are delivered to your inbox. Each module includes a Jewish text, an antiracism resource and several questions to contemplate. The material is sent for you to explore at your convenience. The community will then gather on zoom for a discussion of the module, 7-9 days after you first receive it.

**Wednesday May 31 and Thursday July 13 7:30 on zoom with Rabbi Linda & Julie Mayer**

BI's observance of Shavuot included an antiracism lens in our learning with Rabbi Linda, Marion Hamermesh, and Deb Erie. Our study concluded with steps we might take in the future, as individuals or as a community.

How would you like BI to engage in this work? To share your thoughts or for more information contact any member of the ARCC - Harry Chen, Deb Erie, Michael Fishkow (chair), Julie Mayer, Katie Sibley, Rabbi Linda Potemken.



## **Congregation Beth Israel's Indoor Rummage Sale**

**Sunday, June 11  
9 AM - 1 PM**

Items needed: household goods, small electronics, small appliances, toys, games, furniture, etc. Please do NOT donate computers, monitors, clothing, or books. Contact Joe Deutsch ([jdbugeye@hotmail.com](mailto:jdbugeye@hotmail.com)) or Lynn Cashell ([lynncashell@gmail.com](mailto:lynncashell@gmail.com)) Location and times for donations will be announced later. DO NOT bring anything to Beth Israel at this time.

The Beth Israel annual Rummage Sale fundraiser is fast approaching! We will be collecting your donations the week leading up to the sale. You can drop off items between **2:00 and 6:00 PM Monday - Saturday June 5 - 10**. Please bring donations directly to the sanctuary.

We also need lots of help during those drop off times and especially on Saturday afternoon to help with sorting and pricing. All hands on deck are needed for **Sunday, June 11 beginning at 8:00 AM through 2:00 PM**. Any time you can offer will be appreciated.

Contact Joe Deutsch ([jdbugeye@hotmail.com](mailto:jdbugeye@hotmail.com)) or Lynn Cashell ([lynncashell@gmail.com](mailto:lynncashell@gmail.com)) with questions or to make other arrangements.  
Thank you in advance for all of your support! Lynn



Dear Beth Israel Friends,

It is with great pride that I prepare to assume servant leadership at Beth Israel. I have long felt that I wanted to give back to the community that welcomed my family, helped my children reach B'nai Mitzvah, and provided support during the passing of my parents.

With that being said, as I write my first Israelight letter, I wanted to stop for a minute to honor and thank Emma Lefkowitz, my predecessor. Emma is the ultimate teacher. She patiently helped me learn the ropes and explained things again when needed. I am so thankful to have served under Emma's guidance. More than teacher, Emma is a trusted friend and partner who thinks quickly, problem solves like a chess champion, and guided our community through the bleak COVID years.

Beth Israel has been my home intermittently my entire life. I look forward to meeting all of you and working together to make a difference in our lives and the lives of those around us. We are vibrant, inclusive, welcoming, and secure. The future looks bright. We can re-open the building safe from threats like COVID and violence in the outside world. I hope to see you soon at Beth Israel in addition to on zoom.

## Come dance! Israeli Dancing at BI taught by Andi and Sharon! June 13 7:00 - 8:30pm

We will meet the **2<sup>nd</sup> Tuesday of every month** from 7:00 to 8:30 in the sanctuary.

Ring and enter at the main entrance or phone Sharon. (RSVP to SharonLKleban@gmail.com; she will send her cell number)

No partner or experience is needed. The evening will include both beginner/liturgical dances and intermediate/modern dances. Wear comfortable clothes and shoes and bring your own water bottle. You may bring your own smile or one will be provided for you :)



Contact Andi at andiwallach@gmail.com or Sharon at sharonkleban@gmail.com for more information.

**FINANCIAL HARDSHIP?** For those of you who may need some assistance for your small business or other financial issues that have arisen from the pandemic, consider consulting the following resources: The Hebrew Free Loan Society of Philadelphia: <https://hflphilly.org/> Grants, loans, other resources: [jewishtgether.org](http://jewishtgether.org) run by the Jewish Federations of North America.

As usual, check your email for more information and for zoom links.

### BI BOARD OF DIRECTORS

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Larrye Loss

VP, Communications

Sea Amundsen

### COMMITTEE CHAIRS

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Social Action

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Marion Hamermesh, Rich Remenick

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Marissa Band, Harry Chen, Jeff Golan, Adam Nicol, Jonathan Washington

Beth Israel is a member of FUSE  
FUSE SUPPORTS THE  
DELAWARE COUNTY PRIDE FESTIVAL

JUNE 10

Sat, 1–6 PM

Upper Darby Municipal Building - One Center,  
100 Garrett Rd  
Upper Darby, PA



**MUSSAR** with Rabbi Linda Thursday, June 8 12:30 on zoom

This is a closed group but if you are interested in studying mussar, in this group or at another time, please contact Rabbi Linda

## Save the Date:

Tisha b'Av begins on the evening of Wednesday, July 26 and continues on July 27  
Stay tuned for details about BI's plans for observing this commemoration.

### MEDITATION IN THE SANCTUARY AN ALTERNATIVE SPIRITUAL PRACTICE

Rabbi Linda will lead meditation on Wednesday June 7 and on Tuesday June 13.

We will gather at 2:45 and begin at 3:00 promptly. All welcome, regardless of previous experience.

Come and explore mindfulness meditation through a Jewish lens.

### How to Reach our Rabbis

By phone: (610) 566-4645, choose option 1 if Mikayla does not answer. A voice message left for either Rabbi will reach them quickly.

By e-mail: Rabbi Linda: [ravltp@bethisraelmedia.org](mailto:ravltp@bethisraelmedia.org) Rabbi Nathan: [rabbinate@bethisraelmedia.org](mailto:rabbinate@bethisraelmedia.org)

Not sure who's 'on' this weekend? Check the calendar, easily available at [bethisraelmedia.org](http://bethisraelmedia.org) and on the penultimate page of this Israelight. Also, each rabbi's e-mail account responds with a message indicating which rabbi is 'on.'

In cases of a real emergency...

Senior Rabbi Linda's and Associate Rabbi Nathan's home phone numbers can be found in the Member's Area of our website under How to Reach Our Rabbis and in our Directory.

**The Rabbinic Liaison Committee** exists in most Reconstructionist communities to ensure the maintenance of a good working relationship between the rabbis and the congregation. While congregants are always welcome and encouraged to discuss questions or concerns directly with Rabbi Linda or Rabbi Nathan, they may at times feel more comfortable talking to the Rabbinic Liaison committee. Issues raised by congregants are discussed confidentially and, when appropriate, are shared with a Rabbi in a constructive manner. To discuss a question or concern with a lay member of the committee please feel free to contact: Julian Yates ([jyates@udel.edu](mailto:jyates@udel.edu)) Deb Erie ([debjoerie@gmail.com](mailto:debjoerie@gmail.com)), Emily Levine ([emily@emilysquireslevine.com](mailto:emily@emilysquireslevine.com)), or Linda Cohen ([lhc@comcast.net](mailto:lhc@comcast.net)).



Mourner	Remembering	Relationship	Yahrzeit 2023	Yahrzeit 5783
Judy Kinman	Louis Lazarus	Father	June 1	12 Sivan
Leora Tiffany	Anita Potemken	Grandmother	June 2	13 Sivan
Linda Potemken	Anita Potemken	Mother	June 2	13 Sivan
Elaine Wasekanes	Bernard (Sonny) Kesselman	Father	June 4	15 Sivan
Candy Berlin	Elsie Berlin	Mother	June 5	16 Sivan
Deborah Dymond Markman	Mark Edward Dymond	Brother	June 5	16 Sivan
Susan Meyer	Robert Sauve	Father	June 8	19 Sivan
Andrea Apter Chen	Stanley Meriam Apter	Father	June 9	20 Sivan
Natalie Finkelman Bennett	Irv Finkelman*	Father	June 10	21 Sivan
Scott Manaker	Ronald Manaker	Father	June 10	21 Sivan
Steven Arnold	David Irving Arnold*	Brother	June 11	22 Sivan
Jackie Gelman	Jonathan Gelman	Brother	June 12	23 Sivan
David Cashell	Sylvia Naylor	Mother	June 14	25 Sivan
David Gaieski	Constance Gaieski	Mother	June 14	25 Sivan
Kathleen Fink	Frances Delaney	Mother	June 14	25 Sivan
Eleanor Skale	Joseph Skale	Father	June 16	27 Sivan
Neil B. Kauffman	Ruth Kauffman	Mother	June 16	27 Sivan
David Wasser	Charlotte Wasser	Mother	June 19	30 Sivan
James Wilson	Ann Wilson	Mother	June 21	2 Tammuz
Jill Whitcraft	Jacques Cohen	Grandfather	June 22	3 Tammuz
Nancy Hirschinger	Walter Hirschinger	Father	June 23	4 Tammuz
Gwen Miriam Sigler	George Sigler	Grandfather	June 24	5 Tammuz
Steve Kerbis	Joseph Kerbis	Father	June 26	7 Tammuz
Joyce Romoff	Israel Weizer	Grandfather	June 28	9 Tammuz
Steven Blum	Jean Spiro Blum	Mother	June 28	9 Tammuz

\*after a name indicates that there is a plaque.



Yahrzeit begins at sundown the evening before the date shown.

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purchas some. Phone 610-566-4645 or send her an email:  
mikayla.losanowych@bethisraelmedia.org

<b>Mourner</b>	<b>Remembering</b>	<b>Relationship</b>	<b>Yahrzeit 2023</b>	<b>Yahrzeit 5783</b>
Ronald Romoff	Elinor Romoff*	Mother	July 1	12 Tammuz
Laynie Browne	Patricia Browne	Step-Mother	July 2	13 Tammuz
Penny Bernick	Sara Bornstein	Mother	July 3	14 Tammuz
Rissa Sklar	Herman William Kaplan	Father	July 3	14 Tammuz
Lorraine Gross	Morris Shapiro*	Father	July 3	14 Tammuz
Joyce Romoff	Eric Paul Weizer	Nephew	July 3	14 Tammuz
Mindy Frankfurt	Gloria Frankfurt	Mother	July 4	15 Tammuz
Lynn Cashell	Ruth Orris Schwartz	Step-Mother	July 5	16 Tammuz
Gwen Miriam Sigler	Dorothy Sigler	Aunt	July 5	16 Tammuz
Adam Alper	Norman Alper	Grandfather	July 6	17 Tammuz
Susan Goldberg	Louis Goldberg*	Father	July 6	17 Tammuz
Lorraine Gross	Esther Shapiro*	Mother	July 6	17 Tammuz
Beth Silver-Cummons	Benard Silver	Father	July 6	17 Tammuz
Jay Handwerger	Anna Handwerger	Mother	July 7	18 Tammuz
Mark Rosenberg	Rayfield Rosenberg	Father	July 7	18 Tammuz
Lois Deutsch	Simon Schwalb	Father	July 7	18 Tammuz
Harry Chen	Tze Kong Chen	Father	July 8	19 Tammuz
Deanie Heller	Howard Heller*	Father	July 8	19 Tammuz
Richard Remenick	Diane Remenick	Mother	July 8	19 Tammuz
Eleanor Skale	Kate Skale*	Mother	July 8	19 Tammuz
Randi Raskin Nash	Florence Alpert	Aunt	July 9	20 Tammuz
Barbara Drebing	Lillian Drebing	Mother	July 9	20 Tammuz
Barbara Kaplan	Natalie Faerber	Mother	July 9	20 Tammuz
Anne Thomas	Lorraine Sherwood	Mother	July 12	23 Tammuz
Kathy Andersen	Eliana Andersen*	Daughter	July 14	25 Tammuz
Dan Andersen	Eliana Andersen*	Daughter	July 14	25 Tammuz
Judy Kinman	Anna Lazarus	Mother	July 17	28 Tammuz
Helen Plotkin	Judith "Billie" Plotkin*	Mother	July 20	2 Av
Jay Handwerger	Harry Handwerger	Father	July 21	3 Av
Jane Laffend	Audrey Shirik*	Mother	July 22	4 Av
Rae Roeder	Toby Jacobs*	Mother	July 23	5 Av
Laura Lee Blechner	Sylvia Ferentz	Grandmother	July 24	6 Av
Joyce Romoff	Jacob Segal	Grandfather	July 24	6 Av
Mark Paikoff	Marlene Paikoff	Mother	July 25	7 Av
Natalia Zhukovskaya	Ilya Begun	Grandfather	July 28	10 Av
Julie Mayer	Morton W. Jacobs*	Father	July 28	10 Av
Deborah Erie	Marcel Magnus	Grandfather	July 28	10 Av
Beth Silver-Cummons	Joyce Silver	Mother	July 28	10 Av
Andrew Bennett	Len Bennett	Father	July 30	12 Av
Deborah Erie	Ruth Erie	Mother	July 30	12 Av
Susan Klein	Yetta Klein*	Mother	July 30	12 Av
Linda Cohen	Helen Handloff	Mother	July 31	13 Av

**REFUAH SHLEIMAH** There are many in the BI family in need of healing. Our blessings go out to everyone in need of refuah - healing of body and/or healing of spirit. Join us at Shabbat or weekday services where we pray for healing.

Please be sure to let the Rabbis know when you or someone in the congregation is in need of a blessing for healing.

**Burton J Cohen Endowment Fund**

Steven Arnold & Reisa Mukamal in honor of Faryn Borella, may you go from strength to strength. Congratulations on your graduation and much gratitude for your dedication to our Hebrew school and congregation this year.

**Ellie Festival Fund**

*Kathy Andersen* in memory of Maureen Rutowski's dear husband, Mike. May his memory be a blessing.

**Rabbis' Discretionary Fund**

*Steven Blum* in honor of Rabbi Nathan.

**Restoration Fund**

*Susan Klein* in honor of Rae Roeder's big birthday.

**Social Action Fund, Mitzvah Day**

*Sallie Holzman, Andrew & Lauren Forbes, Sam & Beth Ruby, Andrea Apter Chen & Harry Chen, Amy Mansky, Miriam Sigler,* in honor of everyone seeking asylum

**Social Action Fund**

Joe Horwitz & Katherine Sibley for food service.

**General Fund through the Art Auction for Anti-Racism work**

*Amy Fantalis*

**Rabbis' Discretionary Fund for the Chester Children's Chorus and in honor of John Alston**

*Steven Arnold and Reisa Mukamal, David Cashell, Dr. Julie Mayer and Dr. Barry Jacobs, Judy Kinman, Miriam Sigler, Elaine Feldman, Deborah Erie and Lynora Underwood, Katherine Sibley and Joe Horwitz, Jackie Gelman and Samuel Haber, Jennifer Lenway, Karen Vesely*

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**Congregation Beth Israel explores relationship with Bnei Israel in Costa Rica**

Coming Soon: A zoom evening with Beth Israel leadership and Rabbi David Laor and Alfred Kaufmann of Bnei Israel of Costa Rica. We will explore ways that our 2 communities might interact, including a joint teen youth group.

Adults - come explore the possibilities  
Teens - explore the possibility of a teen group with Costa Rica including sustainability projects, zoom get togethers and a trip to Costa Rica!

On zoom: **Thursday August 3rd at 8pm**



Rabbi Laor, Rabbi Linda and Bnei Israel President Alfred Kaufman met at the GET cafe in Narberth.



The Social Action Committee has been given a grant by the Foundation for Delaware County for BI's **A Better Start for Babies** project. The grant proposal was drafted by committee member Carol Briselli and it provides funding to benefit even more families cared for at ChesPenn in 2023-2024. Building further on our committee's work, Dr. Ashley Henderson, a pediatrician at ChesPenn, was awarded the 2023 Mary DeWitt Pettit, MD Fellowship, to study "the impact of low-cost baby bundles on postpartum depression in under resourced communities". Dr. Henderson's research will be conducted at the Drexel University College of Medicine. Currently, SAC is assisting Congregation Beth El-Ner Tamid with finishing their ABSB drive, and afterwards the committee will complete its 2022-2023 project with even more bags of new-baby essentials.

**Tutoring the children of the Chester Eastside Inc.** Tutoring by BI members, led by Louis Friedler, continues with new and continuing leadership at CEI. We have 11 BI members (or friends of BI members) currently coaching in CEI's Out of School Time Program this semester. SAC member Stu Pittel is again coordinating an SAC-sponsored educational summer field trip for the CEI students this July to the Adventure Aquarium in Camden, NJ.

Ala Hamilton Day coordinated our annual **Passover Food Drive**, benefiting the Media Food Bank. Ala highlighted recent reductions in SNAP benefits and other forms of assistance as triggers leading to increased demands on the food pantries. This effort was also part of the Jewish Federation's Mitzvah Pantry effort to address hunger in our area.

The committee collaborated with Rabbi Nathan on **Mitzvah Day**, marking the 75th anniversary of the establishment of Israel on April 23rd. Hebrew School children and parents from BI, Ohev and Beth El-Ner Tamid met at BI for a day of education, entertainment and learning, climaxed by assembling over 50 bags of much-needed personal care items for new immigrants. Separately, members of SAC and other BI members worked to clean up the cemetery grounds at Har Jehuda. To conclude, Catherine Miller-Wilson of HIAS spoke at BI about present political problems with immigration to the US.

Through SAC, BI sponsored Mei'ra Pitkapassi to purchase much-needed Hebrew textbooks for **Abayudaya Hebrew School** students in Uganda. The Ugandan Jewish tribal schools are in need of texts and a variety of learning materials. Mei'ra has been teaching online in classrooms there and has worked with Rabbi Nathan and Kulanu.org, a US organization that supports the Jews of that country. Rabbi Shoshana Nambi hand-carried the books to the classrooms when she returned home in April from her rabbinical training. Mei'ra's work to identify a personal delivery to Uganda was critical, as we have learned that funds donated and items ordered for delivery there are highly likely to be stolen. SAC looks forward to exploring other ways for Beth Israel to assist.



The children of Ugandan school with their "Shalom Uvracha" texts

Please remember to donate personal care items and toiletries for the homeless shelters and the Community Action Agency. The collection box is on the main floor, under the coat rack.  
Thank you –

SUN	MON	TUES	WED	THU	FRI	SAT
<b>28</b> Sivan 8	<b>29</b> Sivan 9  5:30pm SAC Food Service	<b>30</b> Sivan 10  7:30pm Adult Ed: Awe and Intimacy in Jewish Tradition with Rabbi Richard Hirsh (on Zoom)	<b>31</b> Sivan 11  8:30am Morning Spiritual Practice (on Zoom) 7:30pm Anti-Racism Conversation on Module #10 with Julie Mayer and Rabbi Linda on zoom	<b>1</b> Sivan 12	<b>2</b> Sivan 13  2:00pm Beth Israel Retreat (All Day) 7:30pm Shabbat Service at "The Barn" in Pendle Hill (in person and streamed online) 8:07pm Candle Lighting	<b>3</b> Sivan 14 <b>Beha'alotcha</b> 12:00am Beth Israel Retreat (All Day) 9:45am Shabbat Service at "The Barn" in Pendle Hill (in person and streamed online) 9:15pm Havdalah
<b>4</b> Sivan 15  12:00am Beth Israel Retreat (All Day)	<b>5</b> Sivan 16	<b>6</b> Sivan 17	<b>7</b> Sivan 18  8:30am Morning Spiritual Practice (on Zoom) 11:15am Executive Committee Meeting (on Zoom) 2:45pm Meditation in the Sanctuary: An Alternative Spiritual Practice	<b>8</b> Sivan 19  12:30pm Mussar with Rabbi Linda (Closed Group, on Zoom)	<b>9</b> Sivan 20  5:45pm Tot Shabbat 7:30pm Shabbat Service with Rabbi Nathan (in person) 8:11pm Candle Lighting	<b>10</b> Sivan 21 <b>Sh'lach</b> 9:45am Shabbat at Home (at home and offline) 9:19pm Havdalah
<b>11</b> Sivan 22  9:00am The Rummage Sale 10:00am Operations Summit Meeting	<b>12</b> Sivan 23  7:30pm BOD Meeting (In Person)	<b>13</b> Sivan 24  2:45pm Meditation in the Sanctuary: An Alternative Spiritual Practice 7:00pm Israeli Dancing (in person)	<b>14</b> Sivan 25  8:30am Morning Spiritual Practice (on Zoom)	<b>15</b> Sivan 26	<b>16</b> Sivan 27  7:30pm Shabbat Service (on Zoom led by Me'ira) 8:14pm Candle Lighting	<b>17</b> Sivan 28 <b>Shabbat Mevarchim Korach</b> 9:45am Shabbat at Home (at home and offline) 9:22pm Havdalah
<b>18</b> Sivan 29	<b>19</b> Sivan 30 Rosh Chodesh Tammuz	<b>20</b> Tammuz 1 Rosh Chodesh Tammuz	<b>21</b> Tammuz 2  8:30am Morning Spiritual Practice (on Zoom)	<b>22</b> Tammuz 3	<b>23</b> Tammuz 4  7:30pm Shabbat at Home (at home and offline) 8:16pm Candle Lighting	<b>24</b> Tammuz 5 <b>Chukat</b> 9:45am Shabbat Service (in person, led by Laura Lee and Randi) 9:24pm Havdalah
<b>25</b> Tammuz 6  10:15am Board of Directors Meeting (on Zoom)	<b>26</b> Tammuz 7	<b>27</b> Tammuz 8	<b>28</b> Tammuz 9  8:30am Morning Spiritual Practice (on Zoom) 7:30pm SAC Meeting (on Zoom)	<b>29</b> Tammuz 10	<b>30</b> Tammuz 11  8:16pm Candle Lighting	<b>1</b> Tammuz 12 <b>Balak</b> 9:24pm Havdalah

SUN	MON	TUES	WED	THU	FRI	SAT
<b>25</b> Tammuz 6  10:15am Board of Directors Meeting (on Zoom)	<b>26</b> Tammuz 7	<b>27</b> Tammuz 8	<b>28</b> Tammuz 9  8:30am Morning Spiritual Practice (on Zoom) 7:30pm SAC Meeting (on Zoom)	<b>29</b> Tammuz 10	<b>30</b> Tammuz 11  8:16pm Candle Lighting	<b>1</b> Tammuz 12 Balak 9:24pm Havdal
<b>2</b> Tammuz 13	<b>3</b> Tammuz 14	<b>4</b> Tammuz 15	<b>5</b> Tammuz 16  8:30am Morning Spiritual Practice (on Zoom)	<b>6</b> Tammuz 17 Fast of Tammuz 7:00pm Workshop with Cantor Linda Hirschhorn	<b>7</b> Tammuz 18  7:30pm Shabbat Services with Rabbi Linda & with special guest Cantor Linda Hirschhorn & BI Singers 8:15pm Candle Lighting	<b>8</b> Tammuz 19 Pinchas 9:45am Shabbat at Home (at home and offline) 9:22pm Havdal
<b>9</b> Tammuz 20	<b>10</b> Tammuz 21	<b>11</b> Tammuz 22  7:00pm Israeli Dancing (in person)	<b>12</b> Tammuz 23  8:30am Morning Spiritual Practice (on Zoom)	<b>13</b> Tammuz 24  7:30pm Anti-Racism Conversation on Module #11 with Julie Mayer and Rabbi Linda on Zoom	<b>14</b> Tammuz 25  7:30pm Shabbat at Home (at home and offline) 8:12pm Candle Lighting	<b>15</b> Tammuz 26 Shabbat Mevarchim Matot-Masei 9:45am Shabbat Service (On Zoom with Rabbi Linda) 9:19pm Havdal
<b>16</b> Tammuz 27	<b>17</b> Tammuz 28	<b>18</b> Tammuz 29	<b>19</b> Av 1 Rosh Chodesh Av 8:30am Morning Spiritual Practice (on Zoom)	<b>20</b> Av 2	<b>21</b> Av 3  7:30pm Shabbat Service (On Zoom with Rabbi Nathan) 8:07pm Candle Lighting	<b>22</b> Av 4 Shabbat Hazor Devarim 9:45am Shabbat at Home (at home and offline) 9:15pm Havdal
<b>23</b> Av 5	<b>24</b> Av 6	<b>25</b> Av 7	<b>26</b> Av 8 Erev Tisha B'Av 8:30am Morning Spiritual Practice (on Zoom) 7:30pm SAC Meeting (on Zoom)	<b>27</b> Av 9 Tisha B'Av	<b>28</b> Av 10  9:30am Religious Practices Committee Meeting (on Zoom) 7:30pm Shabbat at Home (at home and offline) 8:01pm Candle Lighting	<b>29</b> Av 11 Shabbat Nachshon Vaetchanan 9:45am Shabbat Service (In Person with Rabbi Nathan) 9:08pm Havdal
<b>30</b> Av 12	<b>31</b> Av 13  5:30pm SAC Food Service	<b>1</b> Av 14	<b>2</b> Av 15 Tu B'Av 8:30am Morning Spiritual Practice (on Zoom)	<b>3</b> Av 16  8:00pm Costa Rica Encounter with Rabbi Linda, Mark Rosenberg, and from Costa Rica - Rabbi David Laor and Alfred Kauffman	<b>4</b> Av 17  7:30pm Shabbat Service (On Zoom with Rabbi Linda) 7:54pm Candle Lighting	<b>5</b> Av 18 Eikev 9:45am Shabbat at Home (at home and offline) 9:01pm Havdal



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**Jewish Reconstructionist Movement**  
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**MAZON**

A Jewish Response  
To Hunger