

The Israelight

ON SUMMER PRACTICE

by Rabbi Linda Potemken

Last month my 6-year-old daughter and I had the pleasure of attending her first Phillies game. What prompted our expedition was my daughter's evolving passion for the Phillies, inspired by her T-ball teacher and her babysitter. It certainly had not come from her momma!

I am the daughter of a sports enthusiast/fanatic, who watched all the televised ballgames, sometimes with the radio broadcasting another simultaneously. It used to amuse and mystify me, this grown man yelling or cheering at the television screen. My father had a wife, two daughters, one son-in-law, and an older granddaughter, but none of us shared his passion for ball games. Now his youngest granddaughter, just finishing kindergarten, watched and cheered for the Phillies, with no need of other entertainment and no desire to wander the stadium. The game was the thing.

Most of the time I feel grateful that my dad and my daughter had five years together before he died in the Spring of 2010. The last years of his life were immeasurably sweetened by her lovely presence and her essence was nourished by five years of unconditional, grandfatherly love. But on certain days, like that day at the stadium, a wave of wistfulness washes over me. Five years seems too short. If only those two could have enjoyed a baseball game together! Perhaps it is human nature to want just a little bit more than what we have. But I suppose I knew that all along.

The biggest revelation of that afternoon in Citizen's Bank Park was that I also enjoyed the baseball game. It was relaxing to sit down and observe the experts on the field, to enjoy the outdoors, and to bask in the spirited joy that surrounded me. (The Phillies won that day.)

As we delve into these summer weeks, I encourage you to think about the summer pastimes that will nourish your soul. The long days invite a change of pace and a shift in outlook. The lush green of the outdoors and the songs of crickets and birds encourage us to take notice of the wonders of the natural world. The seasons fly by so quickly

What of the Jewish calendar at this time of year? What of Jewish practice? The three major festivals take place in the autumn (Sukkot) and the Spring (Pesach and Shavuot). Chanukah, Purim and Tu B'shvat, our minor but very festive celebrations all occur in the winter.

Welcome Shabbat, our weekly celebration and gift. Summer may be a nice time to experiment with Shabbat practice in the form of relaxing meals on Friday nights or Saturday lunches, bringing blessings to the table. Now may



**Tisha B'Av
Lunchless Learn,
Tuesday, August 9
12 noon**

**Young Family
Services,
Friday, August 19
6 pm**

**Spiritual
Nourishment in
Times of
Transition with
Rabbi Linda,
Tuesday, August 23
10:30am**

**Food Service
Monday, August 29
5:45pm**

Rabbi's Message continued from page 1

be a good time to pull out the small prayer book each member received earlier this year and the CD that BI produced more than ten years ago that contains melodies for prayers in the home and the synagogue. It may be a good time to look over the summer schedule of services and to choose at least one that you will attend. Enjoy that Shabbat nap, or walk, or hike, or picnic on Saturday afternoon. Pull out a Jewish book and learn a little bit about your evolving religious civilization, AKA Judaism. Finally, invite another member or family over to share an informal Shabbat meal. Summer is a nice time to make connections.

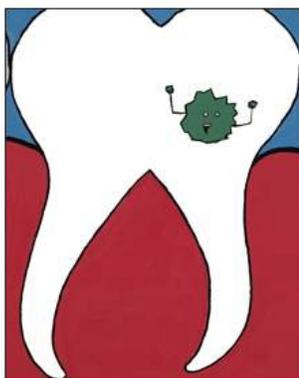
There is a Jewish holy day that falls in the middle of the hot summer months. It is called Tisha B' Av, which literally means the 9th day of the month of Av. This day is a solemn day of mourning, marking the destruction of the First and Second Temples. Traditionally Jews fast on this day and read the devastating prose from the book of Lamentations. We will mark this day with a lunchless learn on August 9th, which corresponds with Tisha B' Av.

This solemn day invites our people to begin the soul searching work that characterizes the next Hebrew month, the month of Elul. Elul is a time for preparing for our Days of Awe, our High Holy Days. We prepare by searching our souls to discover where we have erred in our lives and to whom we might need to apologize. We explore how we might redirect our energies to enhance our lives, to choose and to create blessing, and to repair the world. This August will conclude with the new moon of Elul, but if we choose wisely, the months that preceded this new moon can pave the way for an Elul that truly allows us to make amends and do *tikkun olam* (world repair).

For me, the summer is a time to prepare for my rabbinic responsibilities over the Days of Awe and to work on BI classes, programs, and *tikkun olam* projects for the year ahead. I will take time to celebrate Shabbat, to explore Jewish practices, and to search my own soul, doing the work of *teshuvah*, of repentance and making amends.

I will also swim and read and get to a beach and play with my daughter and make music and art and maybe even take care of my house. If I get to another baseball game I will take the spirit of my dad along with me, grateful for his life and for his love. I will also carry the knowledge that life is fleeting and that the time for living fully and for making amends has got to be now.

Best wishes for a good summer. See you in August.



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SPIRITUAL NOURISHMENT FOR TIMES OF TRANSITION

Support Group with Rabbi Linda

Tuesday, August 23

10:30 a.m.

In this difficult economy many are facing uncertainty and making difficult professional or personal changes. You are invited to participate in one or more sessions as we:

- 1) Learn stress management techniques including meditation
- 2) Learn wisdom from Torah on managing change
- 3) Share our stories; listen and be heard
- 4) Exchange information and resources

RABBINIC DONATIONS TO CAMP JRF

Camp JRF, the camp of the Jewish Reconstructionist movement, is alive and well in the Poconos. Many Beth Israel kids attend or have attended this fabulous summer program. It is a terrific place.

Beth Israel will support the camp by donating our rabbi for one week: From July 31 through August 7, Rabbi Linda goes to camp. The JRF program is enhanced by the presence of a diverse rabbinic faculty, provided by the Reconstructionist congregations who release their rabbis for this week to teach, guide, lead services, and spend time with the Camp JRF community.

Camp JRF thanks Beth Israel!

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NEWS FROM THE BOARD OF DIRECTORS

The board of directors met on June 15. We said farewell and thanks to outgoing directors Michael Fishkow, Selene Platt, Scott Gilbert, Heidi Carp, Jackie Lesser, and Moriah Gornstein, and welcomed new board members Suzanne Simenhoff (membership), Jennifer Waterston (special events/fundraising), Jackie Gelman (education), and members at large Sharon Boyd, Alisa Herman-Liu, and Stuart Isaacs. Josh Waterston became our new president and Jennifer Lenway became our new executive vice president.

The meeting had introductions and orientation to governing and to the business of running the synagogue. The board gave initial approval for planning a gaga court on the grounds. Gaga is an Israeli dodgeball game played in an octagonal court with waist-high walls. Many Jewish summer camps have gaga courts, and our Hebrew school has played the game by turning long tables on their side to shape a court. Our students love the game, and the court will be the first play structure built by Beth Israel.

Outgoing president Sharon Kleban formally passed the gavel to new president Josh Waterston. Sharon had several gavels to share with Josh, and the photo above shows the last one given. Happily, the inauguration was peaceful!

Beth Israel's Board of Directors 2011 - 2012

Rabbi Linda Potemken
President Josh Waterston
Executive Vice President Jennifer Lenway
Financial Vice President Steve Goldfield



*Sharon Kleban passes the gavel
to Josh Waterston*

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Special Events/Fundraising Committee Chair
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Friday, September 2, 2011

Welcome Back / Open House BBQ

Kosher BBQ Dinner 6:00 pm

Shabbat Services led by Rabbi Linda 7:30 pm

"The Breadth, Depth and Spirituality of Labor: The
Intersection of our Jewish & our American Civilizations"

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If cost is prohibitive, subsidies are available. Contact Rabbi Linda for details.

JEWISH DISABILITIES AWARENESS MONTH

by Allan Feldman

I am Allan Feldman. I was born June 9, 1950; I am 60 years old. I'm here to talk about Handicapped Awareness Month. Handicapped awareness means, many people know, learning about handicapped people and people with disabilities. Parts of the mental health department of Pennsylvania and Philadelphia have something to do with handicapped awareness things.

Every couple of years there are educational lectures for handicapped and disabled people who have high IQs. One year, one teacher at the lecture said that "all kinds of IQs of handicapped and disabled people should be able to educate people." That means if you have a high IQ, and you're disabled or handicapped, you should have the right to do those things. People who have high IQs who are handicapped and disabled go to lectures and presentations. There are a lot of organizations, agencies, and schools for handicapped people. Elwyn is not the only one. There are Devereaux, Melmark, and Woodhaven as well.

There are also activists and advocates. They serve the students. Many years ago, they had a self-determination process for dreams, aspirations, and goals of handicapped people. The self-determination process fell apart because there isn't enough money. The base service units are now called support coordinator services. There are no support brokers anymore (because of funding cuts – LLB). They were with the mental health department, and their job was to see that there was enough money for handicapped peoples' goals and dreams. That was part of the mental health department. The Circle of Friends still can happen, even with everybody from the synagogue. Many years ago, when self-determination projects began, they wanted to have handicapped people who are in self-determination to have a "friends of the handicapped" or "circle of friends" committee, to help them with certain things. Even though the self-determination project doesn't exist, I believe the "circle of friends" program still exists.

One of the teachers said something about fear. Some handicapped and disabled people are still in institutions because they are afraid of normal people. It's a two-way street, by the way, there are normal people who have fear of handicapped people as well. A teacher said to me that some normal people are afraid of handicapped people, which is true, and I accept that fact. I understand some people have fear of handicapped people, some of my old teachers taught me the truth. It doesn't upset me in the least.

Many years ago, I was in a good program called family living. I lived with a family; the family was not Jewish. The family was young, and I lived with them for a while before their baby was born. When their baby was born, I lived with them for a while. There was a problem; they were not Jewish, so I had a lot of years of not doing Jewish things, like Shabbat. The supportive living program is what I'm doing today. I wish to be in a nice place sharing with family living, but there is a long waiting list. I wish someday to go back to

the family living program with a Jewish family, or an interfaith Jewish family. The families do get paid and educated and trained. One of the reasons [why I want to go back] is because it is a good program, and another is to be able to do Jewish things.

There are some Jewish programs for handicapped people of all ages. There are programs for young people, as well as older people, but not as many for older people. Also, to be truthful, every year they approach synagogues for educational purposes, I see that a lot of synagogues do have programs for handicapped Jewish people, and I want to attend more programs to learn Jewish things since I had so many years where I wasn't learning about Jewish stuff. I wish Beth Israel did have more programs for handicapped Jewish people, but they don't. I have no problem with that because of the way our budget is.

Also, I did have a Bar Mitzvah at my synagogue, Kneset Israel. My cousin and a Jewish employee from Elwyn helped me to prepare. A year after my Bar Mitzvah they started programs for handicapped people at the synagogue, but that had nothing to do with me being from Elwyn actually. When I was Bar Mitzvahed at KI, they knew that after I was Bar Mitzvahed, they started programs for handicapped Jewish people. They wanted to pursue a lot more handicapped Jewish people because Devereaux was around, and there were other facilities.

My dream has always been to practice my faith if I can. So, if you have any questions or comments, you can call me about this. Thank you very much.

Presented Saturday, February 19, 2011

Transcribed by Laura Lee Blechner.

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GIVING AND RECEIVING AT BI

by Josh Waterston, President

This is my first article as the incoming president of Congregation Beth Israel, and I'm thrilled to have the opportunity to lead the board of this warm, vibrant congregation for the next two years. I'll share a story that highlights how I feel about the task ahead.

I was recently with a small group of people at Friday night services, and Rabbi Linda asked me if I'd like to sing my dad's version of *V'shameru*. While I hadn't sung it before, I've grown up listening to my dad's gentle, almost haunting, version of *V'shameru*, so I wanted to do it justice. I started out somewhat tentatively but gained confidence and sang it (mostly) correctly. It ended up being a wonderful experience, but it took a gentle nudge for me to take that leap forward. Of course, I called my folks that evening and told them, and I could hear my dad and mom beaming over the phone.

That's what I feel it is to be part of Beth Israel, and indeed, to be part of most things in life. There you are, muddling your way along in your comfort zone, when suddenly you're asked to do something different or difficult. At work it could be a big project or working with someone you don't know well.

At Beth Israel, it could be joining a committee, then taking leadership of a small item, then perhaps leading the committee, eventually joining the board. And then turning around to see how far you've traveled on a rewarding journey. That's how it's been for many people in leadership at Beth Israel, and all it took was a gentle nudge for them to move out of their comfort zone and into something amazing.

While I have great anticipation (and more than a little trepidation) about our community's road forward, I know that our success depends on our members being active in our congregation. Being involved at Beth Israel isn't just a matter of paying dues. Yes, we rely on all of our members to pay their share of dues because, without this, we wouldn't have a rabbi. Or a building. Or Hebrew school teachers. But Beth Israel is so much more than these things. It's about all of us together, sharing and giving of ourselves, and then hopefully getting back more than we give. Being involved doesn't require doing all the heavy lifting. It just means helping one person, or a few people, to accomplish something rewarding.

I grew up at Beth Israel, and my parents, Wendy and Buzz Waterston, were always attending something or doing something tangible to help Beth Israel function. My mom coordinated High Holy Day services for years, ran the recently-renewed retreat, and kept the kitchen going. I drifted away from Beth Israel during college and law school, only to one day be recruited by my dad, who was running a craft show. I was supposed to help out with food sales, but I ended up getting sidetracked by a cute gal—who is now my wife. Yes, it's true, I met my wife at Beth Israel! Jen co-chaired the Social Committee with Lynne Lieberman, and I worked with them on various events. I began to reconnect with veteran members and meet new members. I served as Facilities VP for two 2-year terms, then spent a year serving on the Special Events committee under the close supervision of its energetic chair (Jen!), and then served as Executive VP.

That's my story in a nutshell, but I told it for a reason. After my school days ended, I couldn't have envisioned that Beth Israel would be such a large part of my life. I started out as part of a committee and enjoyed being involved. I love the vitality and energy of this congregation. I look forward to working with Rabbi Linda, the board, and everyone who makes things happen in our congregation. I am grateful to my immediate predecessor, Sharon Kleban, for a terrific two years together on a strong executive committee. I felt that we were always able to think carefully about the best way to proceed, and I appreciated her leadership and friendship.

Being involved at Beth Israel has helped me develop new friendships and stronger friendships. I may even have developed new skills and ways of looking at problems and opportunities. This was all because I was gently nudged (some would say "Platted"—as in my friend, Steve Platt), and I chose to get involved in our community.

During these hot and hazy, semi-lazy days of summer, I encourage you to think about how you can get involved at Beth Israel. Step just a bit outside your comfort zone. Contribute a little or a lot, but trust me—you'll get back much more than you give.

In friendship,
Josh



A "Lunchless Learn" as Beth Israel marks Tisha B'Av

Tuesday, August 9, 2011
12 noon - 1:30 pm

On Tisha B'Av (the 9th of Av), a day of mourning and fasting, we remember the destruction of the first and second temple, events that changed Judaism forever. Rabbi Linda will present teachings on the book of Lamentations (Eicha) - traditionally chanted on Tisha B'Av - and lead an exploration of the contemporary relevance of this day.

PLAQUE LIST
SIVAN/TAMMUZ/AV 5771
JULY 2011

In Memory of	Heb/Eng date	Synagogue Observance
Isaac Gross	Tammuz 3/July 5	July 2
Esther Stern	Tammuz 6/July 8	July 2
Sarah Rudnick	Tammuz 7/July 9	July 9
Sylvia Green	Tammuz 8/July 10	July 9
Hyman Horowitz	Tammuz 9/July 11	July 9
Arthur Green	Tammuz 11/July 13	July 9
Jack Gross	Tammuz 16/July 18	July 16
Dina R. Green	Tammuz 18/July 20	July 16
Sylvia Green	Tammuz 18/July 20	July 16
Max Wolkov	Tammuz 19/July 21	July 16
Sarah Goldstein	Tammuz 19/July 21	July 16
Samuel Haselnus	Tammuz 23/July 25	July 23
Joan Brodsky	Tammuz 24/July 26	July 23
Serena Beswick	Tammuz 24/July 26	July 23
Irwin Green	Tammuz 27/July 29	July 23
Celia Anmuth	Tammuz 28/July 30	July 30
David Michael Katz	Av 1/August 1	July 30
Mary Witten	Av 4/August 4	July 30
Isaac Levin	Av 5/August 5	July 30

The "Plaque List" includes those deceased for whom a plaque exists, but for whom there are no longer any BI congregants to notify.

PLAQUE LIST
AV/ELUL 5771
AUGUST 2011

In Memory of	Heb/Eng date	Synagogue Observance
Sarah Ostroff	Av 7/Aug. 7	Aug. 6
Melvin Rudman	Av 8/Aug. 8	Aug. 6
Nathaniel Rapp	Av 9/Aug. 9	Aug. 6
George Weiss	Av 13/Aug. 13	Aug. 13
Israel Sobel	Av 17/Aug. 17	Aug. 13
Sarah M. Stern	Av 25/Aug. 25	Aug. 20
Steven Robert Zabludoff	Elul 2/Sept. 1	Aug. 27

The "Plaque List" includes those deceased for whom a plaque exists, but for whom there are no longer any BI congregants to notify.



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**HOSTS FOR
ONEGS AND KIDDUSHES
JULY/AUGUST 2011**

Friday, July 1	No Services
Sat., July 2	Sandra Pietzman Only One Host Needed
Friday, July 8	Lisa Matika and Eric Rangell
Sat., July 9	No Services
Friday, July 15	No Services
Sat., July 16	Barry Kitain, Gabe Labella, and Karen and Paul Neuman
Friday, July 22	Stuart and Yoon Isaacs and Andrea and David Wasser
Sat., July 23	No Services
Friday, July 29	No Services
Sat., July 30	Marcia and Stephen Plotkin and Gloria and Mort Rabinowitz
Friday, Aug. 5	Cheryl Siskin and Eleanor Skale
Sat., Aug. 6	No Services
Friday, Aug. 12	No Services
Sat., Aug. 13	Jennifer Stiller and Ernestine Steiner
Friday, Aug. 19	Scott and Vanessa Johnson Only One Host (YFS)
Sat., Aug. 20	No Services
Friday, Aug. 26	No Services
Sat., Aug. 27	Mark Rosenberg, Kathleen Smith- Rosenberg and Beth and Samuel Ruby

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Thank you and Yasher Koach to our hosting families!
Please contact the BI office (610-566.4645) if you would
like to schedule a date to host an oneg or kiddush.

Retreat

Singer songwriter Lucinda Williams performs a song titled Car Wheels on a Gravel Road. As I pulled into Camp Green Lane for Beth Israel retreat, I heard the gravel, saw the tall leafy trees and the open fields and camp cabins, and took a deep breath. Ah, summer.

This year 60 friends gathered for a Shabbat weekend of prayer, sports, water and shmoozing. Whether it was meditation, drumming, playing tennis, cutting out Hebrew letters for a wall hanging, flying down a zip line, swimming, canoeing, celebrating



2011

Shabbat, having Havdallah under the stars, making s'mores or just sitting around with friends in the afternoon or late night, it was a wonderful and relaxing time for all. Many, many thanks to Retreat Chair Debbie Wile and the whole committee and everyone else who helped make the retreat so much fun: Carol Cowan, Randy Tiffany, Marjorie Yudkin, Sharon Boyd, Laura Lee Blechner, Lynn Cashell, Suzy Long, Wendy Waterston, Rabbi Linda, Helen Plotkin, Eric Rangell, Libbie Soffer, and many others who contributed.

Here are some pictures from this year's retreat. Can't wait till next year!

Sharon Kleban





YAHRTZEITS
SIVAN/TAMMUZ/AV – 5771
JULY 2011



MEMBER	IN MEMORY OF	HEB/ENG DATE	SYNAGOGUE OBSERVANCE
Barbara Kaplan	Ernest Faerber, father	Tammuz 3/July 5	July 2
Miriam Sigler	George Sigler, grandfather	Tammuz 5/July 7	July 2
Robert Stone	Vicki Brown, special friend	Tammuz 5/July 7	July 2
Naomi Sav	Jessie Glassman, mother	Tammuz 5/July 7	July 2
Rissa Sklar	Herman William Kaplan, father	Tammuz 10/July 12	July 9
Anne Rosenberg	* Milton Burstein, father	Tammuz 11/July 13	July 9
Joyann Kroser	Harry Kroser, grandfather	Tammuz 12/July 14	July 9
Lorraine Gross	* Morris Shapiro, father	Tammuz 14/July 16	July 16
Penny Bernick	Sara Bornstein, mother	Tammuz 14/July 16	July 16
Joyce Romoff	Eric Paul Weizer, nephew	Tammuz 14/July 16	July 16
Jason Schmoyer	Gerald Schmoyer, father	Tammuz 15/July 17	July 16
Lorraine Gross	* Esther Shapiro, mother	Tammuz 17/July 19	July 16
Jackie Lesser	Taube Michels, mother	Tammuz 17/July 19	July 16
Susan Goldberg	* Louis Goldberg, father	Tammuz 17/July 19	July 16
Jay Handwerger	Anna Handwerger, mother	Tammuz 18/July 20	July 16
Lois Deutsch	Simon Schwalb, father	Tammuz 18/July 20	July 16
Harry Chen	Tze Kong Chen, father	Tammuz 19/July 21	July 16
Barbara Kaplan	Natalie Faerber, mother	Tammuz 20/July 22	July 16
Barbara Drebing Kauffman	Lillian Drebing, mother	Tammuz 20/July 22	July 16
Diane Harrison	Joseph Epstein, grandfather	Tammuz 22/July 24	July 23
Brian Randall	Lena Midler, grandmother	Tammuz 22/July 24	July 23
Suzanne Simenhoff	* Norman Ellis Waxman, father	Tammuz 22/July 24	July 23
Dan & Kathy Andersen	* Eliana Andersen, daughter	Tammuz 25/July 27	July 23
Judy Kinman	Anna Lazarus, mother	Tammuz 28/July 30	July 30
Helen Plotkin	Judith "Billie" Plotkin, mother	Av 2/August 2	July 30
Jay Handwerger	Harry Handwerger, father	Av 3/August 3	July 30
Jane Laffend	* Audrey Shirk, mother	Av 4/August 4	July 30
Rayfield Rosenberg	* Rose Rosenberg, mother	Av 5/August 5	July 30
Rae Roeder	* Toby M. Jacobs, mother	Av 5/August 5	July 30

Heb./Eng. Date refers to date of death as it falls on this year's calendar.

* A plaque exists at BI

Synagogue Observance is the date the Yahrzeit is acknowledged at services (the Shabbat PRIOR to the Hebrew date)



YAHRTZEITS AV/ELUL – 5771 AUGUST 2011



MEMBER	IN MEMORY OF	HEB/ENG DATE	SYNAGOGUE OBSERVANCE
Libbie Soffer	* Hyman Sommers, father	Av 7/Aug. 7	Aug. 6
Deborah Dymond Markman	* Harold Dymond, father	Av 8/Aug. 8	Aug. 6
Barry Jacobs	* Morton W. Jacobs, father	Av 10/Aug. 10	Aug. 6
Leslie Ann Alpert	Louise Freed, mother	Av 11/Aug. 11	Aug. 6
Susan Klein	* Yetta Klein, mother	Av 12/Aug. 12	Aug. 6
Andrew Bennett	Len Bennett, father	Av 12/Aug. 12	Aug. 6
Anne Rosenberg	* Mary Burstein, mother	Av 16/Aug. 16	Aug. 13
Sheldon Bernick	Judith Himmelstein Bernick, first wife	Av 17/Aug. 17	Aug. 13
Eleanor Strauss	Charles Braus, brother	Av 20/Aug. 20	Aug. 20
Joyann Kroser	Samuel Stein, grandfather	Av 23/Aug. 23	Aug. 20
Jane Laffend	Harry Joseph Metzger, grandfather	Av 26/Aug. 26	Aug. 20
Stan Sklar	* Essie Sklar, mother	Av 26/Aug. 26	Aug. 20
Amy Fantalis	* Essie Sklar, grandmother	Av 26/Aug. 26	Aug. 20
Marion Hamermesh	Paul Yager, father	Av 27/Aug. 27	Aug. 27
Miriam Sigler	Florence Sigler, grandmother	Av 29/Aug. 29	Aug. 27
Helen Schachner	* Joseph Schachner, husband	Elul 2/Sept. 1	Aug. 27

Heb./Eng. Date refers to date of death as it falls on this year's calendar.

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Deborah Dymond Markman and David Markman
To: Jeff Deitch
Sending our heartfelt best wishes to you for a smooth and full recovery. This donation was inadvertently omitted from May's donations.

Randy Tiffany and Marjorie Yudkin
To: Marion and Larry Hamermesh
In memory of Naomi Yager, mother of Marion

Social Action

Anita Weber and Mark Cary
Eve Biskind Klothen and Ken Klothen
Donated to food service

Adult Ed

Sharon Kleban
To: Marion Hamermesh
In memory of your mother, Naomi Rosenhaus Yager

Rabbi Linda
To: The Hamermesh Family
In memory of Marion's mother, Naomi Rosenhaus Yager, mother, grandmother and former adult ed chair of her synagogue. May her memory be a source of blessing and may you find all the nourishment, comfort and support that you need as you absorb yet another profound loss.

Randi Raskin, Kevin and Elan Nash
To: Marion Hamermesh and Family
In memory of your mother, may her memory be a blessing to you all.

Josh and Jennifer Waterston
To: Marion Hamermesh
In memory of Marion Hamermesh's mother, Naomi Yager

Joe Burak and Lynne Lieberman
To: Marion and Larry Hamermesh
In memory of your mother and mother-in-law, Naomi Yager

Burt and Linda Cohen
To: Larry and Marion Hamermesh
In memory of Madeline Hamermesh, mother of Larry, and Naomi Rosenhaus Yager, mother of Marion

Carol Cowan
To: Marion Hamermesh
In memory of your mother, Naomi Rosenhaus Yager

Eliana Andersen Fund

Reisa Mukamal and Steven Arnold
To: Donna Kirshbaum and Louis Friedler
In memory of Rhina Kirshbaum, beloved mother of Donna and Louis and grandmother

To: Laura Lee Blechner
To wish you a Refuah Shlayma!
To: The Platt family
In memory of Felice Platt, beloved mother of Steve and grandmother of Rachel and Alexa

To: Larry and Marion Hamermesh
In memory of Madeline Hamermesh, beloved mother and grandmother

Penny and Shel Bernick
To: Margie Sokoloff
With all our love, we wish you strength and peace and comfort

The Jonathan Raz Fund

Diane Wolf
In memory of Naomi Rosenhaus Yager

Robin Schaufler
To: Marion and Larry Hamermesh
Thank you, Marion and Larry

The Golden Book

Rabbi Linda
To: Maia Mesyngier
Mazel tov on becoming a Bat Mitzvah
To: Helene and Steve Cohen
In honor of the Bat Mitzvah of granddaughter Emily and the arrival of grandson Moshe David. Mazel tov on your double simcha!

To: Jonathan and Julie Feinberg
In honor of the birth of Leo Simon. Mazel tov to the parents and to the big sisters!

To: Mark Cary and Anita Weber
In honor of the birth of your grandson, Thomas Andrew. Mazel tov on becoming grandparents!

To: Donna Kirshbaum

In memory of your beloved mother, Rhina Kirshbaum. May her memory be a source of blessing and may you find all that you need as you walk the path of mourning. I am so sorry for your loss.

Deenie and Rich Block

To: Anita Weber and Mark Cary

In celebration of the joy of your new grandson, Thomas

Mel and Marilyn Drukin

To: Donna Kirshbaum

In loving memory of your mother, Rhina Kirshbaum.

Lynne Lieberman and Joe Burak

To: Steve, Rachel and Alexa

In memory of your mother and grandmother

Sharon Kleban

To: Donna Kirshbaum

In memory of Rhina Kirshbaum, your beloved mother

David and Lynn Cashell

To: Marion Hamermesh and family

In loving memory of your mother, Naomi Rosenhaus Yager

To: Jeff Deitch

Sending healing thoughts your way

To: Margie Sokoloff

We are sending comforting thoughts to you.

To: Louis Friedler

Sending get well wishes to you.

Deenie and Rich Block

To: Marion Hamermesh and family

In loving memory of your mother, Naomi Rosenhaus Yager

Burt and Linda Cohen

To: Steve Platt

In memory of Felice Platt, mother of Steve

Rabbi's Discretionary Fund

Blechner-Pragman Family

To: Donna Kirshbaum

In memory of your mother, Rhina Kirshbaum. May her memory be a blessing.

Rabbi Linda Potemken

In loving memory of my father, Bertram L. Potemken on his first yartzheit

Cecilia Fumberg and Claudio Mesyngier

In celebration of Maia's Bat Mitzvah and Nina's naming

In celebration of Maia becoming a Bat Mitzvah

Sending you blessings for healing:

Melissa Leder-Randall, Jeff Deitch, Margie Sokoloff, Libbie Soffer, Laura Lee Blechner, Louis Friedler, Bob Stone

Mazel Tov from the Congregation To:

Helene & Stephen Cohen on the birth of their grandson, Matthew David

Anita Weber and Mark Cary on the birth of their first grandchild, Thomas Andrew

Julie and Jonathan Feinberg on the birth of their son, Leo Simon

Condolences from the Congregation to:

Marion Hamermesh on the loss of her mother, Naomi Rosenhaus Yager

Summer Service Schedule 2011

<u>Date</u>	<u>Leader</u>	<u>Parsha</u>
Saturday July 2 at 9:45 am	Laura Lee Blechner & Randy Tiffany	Chukat
Friday July 8 at 6:30 pm	Marion & Larry Hamermesh	Balak "ROTFLMAO"
Saturday, July 16 at 9:45 am	Joyce Romoff & Rich Block	Pinchas
Friday, July 22 at 8:00 pm	Alison Manaker & Reisa Mukamal	Mattot
Saturday, July 30 at 9:45 am	Randi Raskin Nash & Steve Smith	Masei
Friday, Aug 5 at 8:00 pm	Steve Smith & Laura Lee Blechner	D'varim
Tuesday, Aug 9 at 12 noon	Rabbi Linda	Tisha B'Av A "Lunchless Learn" with teachings on the book of Lamentations and contemporary reflections as we mark this day of mourning.
Saturday, Aug 13 at 9:45 am	Rabbi Linda	Ve'etchanan
Friday, Aug 19 at 6:00 pm dinner	Potluck dairy/vegetarian	
6:45 pm services	Rabbi Linda (Young Family)	Ekev
Saturday, Aug 27 at 9:45 am	Rabbi Linda	Re'eh
Friday, Sept 2 at 6:00 pm BBQ	Rabbi Linda	Shoftim
7:30 pm services	"The Breadth, Depth and Spirituality of Labor: The Intersection of our Jewish & our American Civilizations"	
Saturday, Sept 3 at 9:45 am	Rabbi Linda	Shoftim

July 2011

Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
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Do you really value your teeth?

- Are you worried that your teeth are wearing away? You'll be pleasantly surprised at how often these changes in your mouth can be completely reversed! I've attended training on this specific subject and am equipped to help most people before their tooth wear becomes dentally debilitating.
- Are you aware that many things besides tooth grinding can wear down your teeth, and that each cause of wear shows a different pattern that a trained dentist can detect? Gastric reflux (GERD) is a major source of tooth wear and can lead to potentially serious esophagitis. **Over 25% of GERD cases show no signs or symptoms other than worn teeth.**
- How would you like to save money on your dental expenses for the rest of your life? Our preventive dentistry program is so strong that most of our patients don't need any restorative treatment at the vast majority of their checkups.
- Our office practices Tikkun Olam. We've raised over \$65,000 for charity in the last ten years. We believe that giving back to the world is a mitzvah that should be practiced by every service organization.



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Israelight@bethisraelmedia.org.

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September 2011 - Elul 5771/Tishri 5772