High Holiday BINGO

SING WITH CANTOR NESS

WEAR PLAID TO LAKE NORDEN BADGER LIGHT SHABBAT CANDLES VOLUNTEER AT BETH EL TINYURL.COM/ HIHOVOLUNTEER

EAT IN A SUKKAH

OPEN A POMEGRANATE

HEAR THE SHOFAR DONATE TO KOL NIDREI FOOD DRIVE DIP APPLES IN HONEY TOSS AWAY SINS AT TASHLICH

EAT A NEW FRUIT TELL SOMEONE SHANAH TOVAH!



ATTEND HOLIDAY SERVICES

SAY HI TO A RABBI

DANCE WITH THE TORAH MEET THE ANIMALS AT EREV RH VOLUNTEER AT BETH EL TINYURL.COM/ HIHOVOLUNTEER EAT A ROUND CHALLAH TRY A NEW THING IN THE NEW YEAR

WAVE THE LULAV & ETROG ATTEND HOLIDAY SERVICES EAT, PRAY, & LEARN AT SELICHOT

WEAR WHITE ON YOM KIPPUR SUPPORT HIGH HOLIDAY APPEAL

Be Community You Can Believe In TEMPLE topics

High Holidays 2023

Tishrei 5784

★ Service Descriptions

Repentance and Renewal: A Community Selichot Celebration

- ★ The period before the High Holidays is a time of soulsearching and reflection as we each prepare for the magnitude of the Days of Awe.
- ★ We will gather at Beth El with members from The Emanuel Synagogue and B'nai Tikvoh-Sholom for Shabbat Mincha, seudah shleesheet (light dinner), Ma'ariv and Havdallah, and a discussion of repentance and renewal with our rabbis.
- The Selichot service includes music composed and arranged by Cantor Ness, who will be joined by the choir and soloists.
- ★ Teens are invited to join for dinner and services and to enjoy their own program with West Hartford USY.

COST FOR DINNER: \$13/adult or teen; \$10/child under 12; family max of \$54; free for children under 5 RSVP FOR DINNER: by 9/1, tinyurl.com/Selichot2023 QUESTIONS: info@bethelwh.org

Rosh Hashanah - Erev

Fri, 9/15

- creations! Hang out and bond with rabbits, pygmy goats, donkeys, and alpacas from Circle K Petting Zoo.
- ♦ Outdoor Services will follow for all.

Rosh Hashanah - Day 1 SAT, 9/16 Rosh Hashanah - Day 2 Sun, 9/17 Yom Kippur - Kol Nidrei Sun, 9/24 Yom Kippur - Day Mon, 9/25

You have a CHOICE of 2 services!

- accompanied by our choir; on RH-Day 1 and Yom Kippur with organ, on RH-Day 2 with minimal electric keyboard.
- ♦ Outdoor Services: led by Rabbi Zerin and congregants Susan Gold and Jason Kay, without choir or organ; not offered on RH-Day 2.

Note: in case of rain or uncomfortable heat or cold, this service will move inside.

Tashlich Ceremony

Berlinsky Home 25 Huntington Dr, West Hartford

♦ A 13th century custom of symbolically casting off our sins by tossing bread into running water.





Please bring bread crumbs for you and your family to toss!

Shabbat Shuvah

SAT, 9/23

(Shabbat of Return)

- tribute to small town Midwest Jewish communities enhances this traditional service marking the Shabbat between Rosh Hashanah and Yom Kippur.
- by Beth El's special cooking crew.

Cemetery Service

Sun, 9/24

Beth El Cemetery, Jackson Street, Avon

♦ Our clergy lead a brief service honoring our beloved departed and offer prayers at individual graves.

Yom Kippur - Neilah

Mon, 9/25

(Concluding evening service)

- ★ This is literally the "closing of the gates." The Ark is kept open for this final service on Yom Kippur, and we have one last chance to seek repentance and be sealed in the Book of Life. The Neilah service provides a true moment of awe during the Days of Awe. All who wish to come up for personal moments of reflection and prayer are so encouraged; take a moment to find peace and share the beauty of the Torah with your loved ones.
- *♦ Family units of all ages and configurations* (including non-Jewish family members) can each have a private moment at the ark.

Machzor Pick-Up

We have a limited number of Machzors available for those who will be livestreaming High Holiday services. If you need a Machzor to follow along from home, please register at tinyurl.com/Machzor5784.

If you pick one up and then choose to attend services in-person, you must bring the Machzor with you. If you're planning to attend services in-person, you do not need to pick one up in advance.

Pick-up: Mon-Thu, September 11-14, 8:30 AM - 4:00 PM

* Youth, Teen, and Family Services & Programs

	0-6 years old Teens
Erev Rosh Hashanah	4:00 PM Garden of Eden Petting Zoo 5:30 PM Outdoor Services
Rosh Hashanah Day 1	9:30 AM Babysitting 9:30 AM Family Service 11:30 AM Mazel Tots 11:00 AM Drop-off Program 11:00 AM Teen Program
Day 1	
Rosh Hashanah	8:30 AM Playroom 11:00 AM Family Service
Day 2	5:00 PM Taschlich (see facing page)
Yom	9:30 AM Mazel Tots 9:30 AM Family Service
Kippur Day	10:30 AM Babysitting 10:30 AM Drop-off Program 11:30 AM Teen Program

Garden of Eden Petting Zoo Fri, 9/15

Celebrate all of life's creations right before services at our new Garden of Eden Petting Zoo. Hang out and bond with rabbits, pygmy goats, donkeys, and alpacas from Circle K Petting Zoo. All are welcome to participate in the fun!

Playroom Sun, 9/17; Sat, 9/30

0-6 year olds and their grown-ups

Our playroom with tumbling equipment is open for adult-supervised play if anyone has the wiggles. Children must be supervised by an adult at all times.

Mazel Tots SAT, 9/16; MON, 9/25

Geared to 0-6 year olds and their grown-ups Join Dr. Eliyahu Krigel for play-based and interactive services, giving our youngest members an opportunity to gain meaning and joy during this special time in our calendar cycle

SNACKS: will be provided each day

through the use of puppets.

Babysitting

SAT, 9/16; Mon, 9/25

0-6 year olds

Note: children must be potty trained SNACKS: will be provided each day REGISTRATION: tinyurl.com/5784Babysitting

Family Service Sat, 9/16; Sun, 9/17; Mon, 9/25

Geared to grades 1-5 and their grown-ups

Rabbi Rachel Zerin and Dr. Eliyahu Krigel lead this meaningful service focused on *Tefillah* (prayer), *Tzedakah* (sacred giving), and *Teshuvah* (returning to our best selves). We'll weave together prayers, stories, and discussions in order to bring spiritual sustenance to all of us in this time of renewal.

On RH-Day 2 we will include the Shofar service. On Yom Kippur, the discussion will focus on how true repentance is more that simply giving an apology.

SNACKS: will be provided each day

Drop-off Program

SAT, 9/16; Mon, 9/25

Grades 1-5

The first question raised in the Torah was *Ayeka*, where are you? We will answer this question through a series of 30-minute rotations and programming. The rotations continue on the Day of Atonement with out-of-the-box programming, active learning activities, and a chance to move around.

REGISTRATION: tinyurl.com/5784Dropoff

Teen Program

SAT, 9/16; Mon, 9/25

Grades 6-12

Meaningful conversation and discussion rooted in active listening and deep reflection, along with trivia and active learning games, will engage these students.

SNACKS: will be provided on RH-Day 1

* High Holidays - Service Schedules

Tickets: Please present your tickets for entry on Rosh Hashanah-Day 1, Kol Nidrei, and Yom Kippur morning. **Livestream:** All services in the Sanctuary will be livestreamed.

Zoom: Watch your email for info.

Everyone is welcome at every service, but some are designed for a particular audience.

Community Selichot SATURDAY, SEPT 9

6:15 PM	Mincha
6:45 PM	Community Dinner
7:45 PM	Ma'ariv and Havdallah
7:51 PM	Havdallah Candle
8:00 PM	Programs, Adults & Teens
9:00 РМ	Service

Shabbat Shuvah SATURDAY, SEP 23

9:30 AM - 12:30 PM Lake Norden Badger Shabbat Services Rabbi Rosen's annual tribute to small town Midwest Jewish communities

12:00 PM Congregational Lunch

12:30 PM Mincha

Rosh Hashanah, Erev FRIDAY, SEPT 15

4:00 PM -	5:30 рм	Garden of Eden Petting Zoo
5:30 PM -	6:30 рм	Mincha & Festival Ma'ariv
6:43 РМ		Candle Lighting

Cemetery Service SUNDAY, SEPT 24

10:00 AM Service LOCATION: Beth El Cemetery, Jackson Street, Avon

Rosh Hashanah, Day 1 SATURDAY, SEPT 16

8:30 AM - 12:30 PM 8:30 AM - 12:30 PM	Sanctuary Service Outdoor Service
9:30 AM - 11:30 AM 9:30 AM - 11:00 AM 11:00 AM - 12:30 PM 11:00 AM - 12:30 PM 11:30 AM - 12:30 PM	Babysitting Family Service: gr 1-5 Drop-off Programs: gr 1-5 Teen Program: gr 6-12 Mazel Tots: 0-6 y.o.
5:30 рм - 6:30 рм	Shabbat & Festival Mincha,

& Festival Ma'ariv

7:41 PM Candle Lighting

Yom Kippur, Kol Nidrei SUNDAY, SEPT 24

	-	-
6:15 PM -	8:45 РМ	Sanctuary Service
6:15 PM -	7:45 РМ	Outdoor Service
6:27 РМ		Candle Lighting
		(light Yizkor candle first)

Shofar only on Day Two

The Shofar will be sounded in all morning services and programs on the second day of Rosh Hashanah. It is not blown on Shabbat.

Yom Kippur, Day Monday, Sept 25

9:00 AM -	1:30 рм	Sanctuary Service
9:00 AM -	1:30 рм	Outdoor Service

Yizkor: Will be recited in the Sanctuary and Outdoor Services at the discretion of the Rabbis (after 10:30 AM).

9:30 AM - 10:30 AM Mazel Tots: 0-6 y.o. 9:30 AM - 10:30 AM Family Services: gr 1-5 10:30 AM - 12:30 PM Drop-off Programs: gr 1-5

10:30 AM - 1:30 PM Babysitting

11:30 AM - 12:30 PM Teen Program: gr 6-12

4:45 PM Festival Mincha 5:45 PM Neilah & Ark Visitations

7:24 PM Festival Ends 7:25 PM Final Shofar Blast

Rosh Hashanah, Dav 2 Sunday, Sept 17

0.00	
8:30 AM - 12:30 PM	Sanctuary Service
8:30 AM - 12:30 PM	Playroom Open
11:00 AM - 12:30 PM	Family Service: gr 1-5
4:30 PM	Walk to Tashlich from BET
5:00 PM - 5:20 PM	
LOCATION: 25 Huntington	Drive, West Hartford

Festival Mincha 5:30 PM LOCATION: 1 Hamlin Drive, West Hartford

Festival Ends 7:37 PM

Apples & Honey:

Socialize after morning services on both days of Rosh Hashanah.

SPONSOR: Men's Club



Neilah: After the final shofar, grab a sweet on your way

Sponsor: Women's Network

* High Holidays - Service Schedules, cont.

Sukkot, Erev 6:00 PM <i>6:19 PM</i> 6:45 PM	FRIDAY, SEPT 29 Evening Services Candle Lighting Congregational Dinner
Sukkot, Day 1 9:30 AM – 12:00 PM	Shabbat & Festival Services
9:30 AM - 12:00 PM 12:00 PM 12:30 PM	Playroom Open Congregational Lunch Shabbat & Festival Mincha
7:17 РМ	Candle Lighting
Sukkot, Day 2 9:30 AM - 12:00 PM 11:00 AM - 12:00 PM 12:00 PM 5:30 PM	SUNDAY, OCT 1 Festival Services Sukkot Family Program Congregational Kiddush Festival Mincha &
	Ma'ariv

Shemini Atzeret,	Erev	FRIDAY, OCT 6
7:00 am	Hosh	anah Rabbah
6:00 РМ	Mino	cha, Shabbat &
	Fes	tival Services
6:07 PM	Cano	lle Lighting

Festival Ends

7:13 PM

Shemini Atzeret, Day SATURDAY, OCT 7 9:30 AM – 12:00 PM Shabbat & Festival Services (Yizkor 11AM) 9:30 AM – 12:00 PM Playroom Open 12:30 PM Shabbat & Festival

Simchat Torah, Erev Saturday, Oct 7

Mincha

7:00 РМ	Festival Ma'ariv &
	Simchat Torah Program
7:00 РМ	Simchat Torah
	Sleepover
7:05 РМ	Candle Lighting

Simchat Torah, Day Sunday, Oct 8

9:00 AM – 12:30 PM Simchat Torah LIVE! Morning Edition

Includes three special honorees, blessing of new babies, and 1st grade Torah presentations

9:00 AM – 10:00 AM Family Service 12:00 PM Congregational Lunch

7:01 PM Festival Ends

Additional program details will be in the Sept/Oct issue.

Sukkot, Erev

Fri, 9/29

On Sukkot, it is customary to dwell in the Sukkah, to be joyful, to enjoy delicious food, and to welcome guests.

COST FOR DINNER: \$18/adult and teen; \$12/child under 12; family max of \$65; free for children under 5 RSVP REQUIRED FOR DINNER: by 9/22, tinyurl.com/BETSukkot QUESTIONS: Jason Kay, engagement@bethelwh.org



Sukkot

SAT & SUN, 9/30 & 10/1

☆ After each morning service, come to Kiddush as you fulfill the mitzvah of sitting in the Sukkah.

Sukkot Family Program Sun, 10/1

Shemini Atzeret

SAT, 10/7

- ★ The 8th day of Sukkot is a holiday unto itself. It is
 established in the Torah as a way for God to ask us to
 stay one more day in the holiday mode.
- *YIZKOR* and the seasonal prayer for rain are included in the morning liturgy.

Simchat Torah

SAT-SUN, 10/7-10/8

★ On Simchat Torah, Hakafot involve seven circuits of singing and dancing around the sanctuary with ALL our Torah scrolls. During Simchat Torah, we read both the end and the beginning of the Torah.



Simchat Torah Sleepover Sat-Sun, 10/7-10/8

☆ Come to a sleepover in the Sukkah! We will spend quality time in the Sukkah, have fun and bond as a group, and then sleep indoors. All programming will be Yom Tov appropriate and flow right into the Family Service and Simchat Torah LIVE! Morning Edition; parents please join us at 9:00 AM.

AGE GROUP: grades 3-8

Cost: \$20, includes dinner, breakfast, snacks REGISTER: <u>tinyurl.com/BETSleepover1007</u>

QUESTIONS: Dr. Eliyahu Krigel, ekrigel@bethelwh.org Note: high schoolers are invited to attend and help lead the

programming

* Ticket & Online Access Policy

Mon, 9/25

Beth El provides a variety of options for our members, their families, and their out-of-town friends and family to worship with us on the High Holidays.

All services will be offered in person, and many of them will also be Livestreamed or on Zoom. Feel free to mix and match these options. Note that for services requiring tickets, online access will also be restricted.

Tickets/Access are required for: Rosh Hashanah – Day 1 SAT, 9/16 Yom Kippur – Kol Nidrei SUN, 9/24

- ★ Tickets are complimentary for all young adults ages 18-24.

Yom Kippur - Day

★ Tickets are not required for any child under 18 years of age.

Full Members of Beth El Temple

- ★ High Holiday tickets will be mailed to members in good standing° in late August. After 9/1, they should be picked up in the office or at the "will call" table on the day of the service.
- ★ Your adult children, ages 18-24, will
 automatically be issued tickets. Please contact
 the office to make sure their current e-mail
 address is on file for access to streaming.
- ★ Your adult children, ages 25-29, if not members on their own, may purchase tickets at a reduced rate.

Rosh Hashanah – Day 1 \$75 Kol Nidrei & Yom Kippur \$75 Both Holidays \$125

❖ Note: Those with a "Friends" membership receive online access only.

Of Members in Good standing have paid their dues in full or have returned their completed membership form with their first payment.

NOTE: All monies collected from Ticket/Access sales support membership dues for those in need.

For security purposes, in order to access the main services either in-person or on your computer, you must have <u>renewed your membership</u>. Do NOT forward those links as they are connected to your Beth El account.

Guests

★ <u>Members</u> may purchase tickets for relatives and friends, ages 25 and up, who live outside Hartford County.

Rosh Hashanah – Day 1	^{\$} 150
Kol Nidrei & Yom Kippur	^{\$} 150
Both Holidays	^{\$} 250

- ★ A <u>completed guest form is required</u> in order to receive your Guest Tickets. The form is available from the office or <u>tinyurl.com/GuestTickets5784</u>.
- ★ Young Adults (18-24), Local College Students, and Active Military Personnel: These special guests are invited to join us for any of our services at no charge. They simply present their ID when they enter.

Welcoming the Greater Hartford Jewish Community

★ We are pleased to open the following services to the Greater Hartford Community. Tickets are <u>not</u> required:

Rosh Hashanah – Both Evenings and Day 2; Yom Kippur – Mincha and Neilah; Sukkot, Shemini Atzeret, and Simchat Torah

* Anyone may attend in-person; interested parties will need to contact the office or visit our website to receive Livestream information.

Reciprocal Tickets

We participate in the reciprocal ticket program where members in good standing° at any synagogue receive complimentary tickets to another synagogue.

For your guests:

- ⇒ Please have them ask their synagogue to e-mail/fax a
 Reciprocal Ticket Request Form/Letter to Beth El.
- ★ It must include the names of both our member and the guest and which day(s) they will be joining us.

If **YOU** are traveling:

★ If YOU are spending any part of the holiday at another synagogue that requires tickets, go to tinyurl.com/
HiHoTravel5784 to request reciprocal ticket/access information be sent on your behalf. Please provide the fax number or email address to which we should send the information.

* "Fine Print" (Guidelines)

Health and Wellness

- ★ If you feel you might have any illness a cold, cough, fever, sore throat, any nasal or bronchial congestion please stay home and enjoy our online options.
- Please avoid wearing <u>fragrances</u> and any <u>scented</u> <u>products</u> at Beth El. We want everyone to be able to breathe comfortably at services.
- ★ We ask you to refrain from handshakes, hugs, and kisses in the temple. We suggest greeting others as our clergy do: with a wave or a hand to the heart.

Security

- ❖ Please enter the building through the Sanctuary lobby doors with your ticket (or student or military ID).
- **♦** Our security guards will inspect all bags.
- **♦** For the safety of all, do **not prop open** external doors.
- Due to fire regulations, strollers and walkers are not permitted in the Sanctuary or Levine-Shein Chapel. Ushers will show you the designated parking area. As many look alike, please attach a label or identifying ribbon.

Ushers

- ★ Ushers will be wearing identifying badges and will be available to answer questions and help find empty seats.
- ★ Ushers will close ALL doors during sermons, for other speakers, and when the Ark is open.
- ⇒ Please be respectful of all usher directions.

TO VOLUNTEER: to serve as an usher, please contact, by 9/1: Sharon Levine-Shein, 860-205-9650, ms.lib@comcast.net; Andrew Schoolnik, 860-690-0633, Andrewschoolnik@gmail.com

Member Portal: Test your Online Access

- ★ A video is available on our website for all members to "test" their ability to watch and hear services.
- ★ You must test for any issues between now and Monday, September 11, by 4PM. We cannot guarantee that we will be able to resolve any difficulties reported after the deadline of September 11.

Seating

- **♦** At all services, seating is first-come, first-served.
- ★ If you want to ensure that your family sits together, all individuals should arrive early.
- ☆ Children are welcomed and entitled to seats in any service of their choice.
- ★ Should you need a short break from the service, feel free to take one; however, we cannot guarantee that your seats will still be available for you upon your return unless a member of your family remains with them.

Special Seat Requests

- Seats may be reserved in advance only for persons with disabilities or those who require the assistance of support equipment (e.g. walkers, wheelchairs). If necessary, one additional seat may be reserved for a companion to remain with that person.
- ♦ These seats will be released after 10:00 AM.
- Notify the Temple office as early as possible so that the seat(s) can be properly designated.
 Requests <u>must</u> be made by Friday, 9/1.

Decorum - Please...

- ★ Maintain the sanctity of services by limiting conversation and dressing modestly.
- ★ Expect to enter and leave services from a side door. To reduce noise and distraction, the main doors to the Sanctuary and Kessler Hall will be kept closed, except for those with walkers.
- ⇒ Do not congregate in bathrooms.
- ⇒ Be aware that during certain portions of the service, you will be asked to wait before entering; also limit leaving at those times.
- ⇔ Preserve the sanctity of the holiday by turning off all electronic devices, including cell phones, prior to entering the building. Leave all iPads, Kindles, etc., at home.

Parking

- ⇒ Park where directed by the parking attendants in the Temple lot and only in designated spaces.
- ★ Follow all posted NO PARKING signs on the side streets in adjoining neighborhoods. Be aware that the police will issue parking tickets.
- **♦** Note: There is no designated off-site parking or shuttle service.



2626 Albany Avenue West Hartford, CT 06117

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Volunteer during the High Holidays

Begin the new year by helping our community observe and celebrate the High Holidays! We have many opportunities for volunteering, including:

- ⇒ polish the silver Torah adornments
- *⇒* sing in the choir

ALL OPTIONS: tinyurl.com/HiHoVolunteer

★ Doing Mitzvot

Annual Kol Nidrei Food Drive for Anja Rosenberg Kosher Food Pantry at Jewish Family Services (JFS)

JFS serves families facing financial setbacks, isolated elderly, and disabled adults living on small incomes. You can help make a difference in their lives!

Please fill a bag or two and drop them off in the Community Room anytime between Monday, September 18 and Friday, October 13, including Kol Nidrei evening, Sunday, September 24.



All food has to be unopened and KOSHER. Please look for one of these Hechsher symbols. Do not bring expired food or Passover items.

THANK YOU! in advance for your support of this important Mitzvah to help your neighbors!

<u>Food</u>

- Canned vegetables; canned fruit in juice or light syrup
- Cereal, crackers, cookies, snack bars, granola, breakfast bars
- Pasta, rice, couscous, marinara sauce
- Peanut butter, jams, preserves, macaroni & cheese
- Tuna in water, tinned sardines, canned salmon
- Canned soups, salad dressings, mayonnaise & other condiments, cooking oil (small containers, no bulk)

Cleaning/Household Supplies

- Glass cleaner, all purpose cleaner (Fantastic, 409, etc.) toilet bowl cleaner, bathroom cleaner
- Toilet paper, paper towels, laundry detergent
- Scrubbing powder (Bon Ami, Ajax, etc.) sponges, Brillo, SOS pads

Toiletries

- Soap, shampoo, toothpaste
- Razors, deodorant, hand cream
- Diapers and Depends

Sorting Food Drive Donations Sunday, October 15 9:15 - 11:30 AM

CONTACT: Sharon Levine-Shein, ms.lib@comcast.net

Many hands are needed to sort all the bags of donated items before they are delivered to the Food Pantry.



The Kosher Food Pantry continually needs to be restocked. Throughout the year, when coming to Beth El, please bring a can of vegetables or fruit, peanut butter, tuna, pasta, or a bag of groceries. Place your donations in the box at the entrance across from the Community Room.