

Temple Topics

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AND
Friday Night, March 4

SHABBAT ACROSS AMERICA™

Mishloach Manot
Join a Havurah

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Beth El
Temple
Be★
Community You
Can Believe In

888-SHABBAT
WWW.NJOP.ORG



★ From the President

**Beth El Temple of
West Hartford Inc.**
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Please submit articles for
publication by the first of
the preceding month to:
(i.e., May 1 for June issue)

**TempleTopics@
bethelwh.org**

Other Beth El questions, life-
cycle announcements, email
updates, etc., should be sent to:

CDeer@bethelwh.org

Published monthly with a
combined June/July issue.

Build Your Story ★ Diane Lieberfarb

Each generation tells its own story into which the stories of other generations are woven, much like a tapestry. We keep memory alive by naming the threads and fashioning them in a way that brings vividness and texture together. We may be people of the book, but we have not discarded the gift of oral tradition.

As we work to turn our new mission into our way of life – *BE: Community You Can Believe In* – we reflect on those moments when storytelling introduced and bonded us to other caring and compassionate Beth El'ers. Perhaps they were moments of shared learning, such as our Chai Mitzvah program. Perhaps they were moments during Bible and Breakfast, Talmud Study, or Lunch and Learn, when you experienced what it is to connect with fellow congregants in an enriching atmosphere. Perhaps they were moments praying, studying, and laughing with old and new friends at the Women's Retreat. Perhaps they were moments during our Xmas Day Mitzvah Day when you reached out with other Beth El'ers to enrich another's life. Perhaps they were moments during daily minyan or Shabbat morning when someone reached out to say hello or during a shiva when a kind word was just what you needed.

Beth El offers so many opportunities to BE with others. In the area of social action, you can visit members who are housebound, make a meal for someone who is ill, or provide a friendly voice on the phone to a senior who is alone. Our KNITzvah group meets monthly to knit and crochet blankets, hats and scarves. Men's Club's Sunday breakfast programs and the Women's Network gatherings are easy places to make new friends. You can also begin something of your own: a Book Club, Theater Group, Movie Club, Gourmet Group. Please email me (see left) and I'll help you move forward on any and all fronts. Or perhaps you would like to be in a Havurah where you join with others to socialize and share experiences. It's easy: Korine Ferraro, our chair of Havurot, will help you get started (see page 14).

And don't forget, February is 'Beth El Does Shabbat Dinner' month where we encourage you to invite and experience Shabbat with others. If you regularly "do Shabbat dinner" and would like to invite someone outside your circle to share in your Shabbat, let me know and we'll make it happen. Or if you'd like to be invited for a Shabbat dinner, we'll do that, too!

The story of each generation of our Jewish people is determined by how it inherits the legacy of the preceding generation and how it transmits that legacy to the next generation. Are you ready to make new friends, experience in new ways the richness of Judaism, build YOUR story? Come BE with us.

ReJEWvenate Membership Campaign Help Beth El Grow

Do you know we have a membership referral benefit (to you, the referring member) as well as a new member promotion? If you know someone who might benefit from our incredible community – a Community You Can Believe In – or if you are someone looking for a warm, supportive, engaging, and intellectual Jewish community, please be in touch. This is the perfect time to join Beth El!

CONTACT: Rabbi Garber, igarber@bethelwh.org, 860-233-9696

★ Sharing the Air

Fragrantly Challenged A Personal Story ☆ Roz Hahn

I have always loved going to shul. Many of my fondest memories of growing up are going to Temple. I loved the holidays and festivals. I loved the atmosphere, the music. I knew I would find spiritual meaning and comfort when I needed it.

I have belonged to Beth El Temple for almost 50 years and I love it here. But today I can't just come when I want to. Now when I make the choice to go to shul, I have to ask myself: Will we be in our magnificent Sanctuary with, perhaps, a Bar or Bat Mitzvah? Or our cozy Chapel with fewer people but also fewer places to "escape." Escape? Yes, escape. From the scent of fresh flowers, from perfume or scented after shave, from scented laundry products and lotions. **If I come to my beloved Beth El to worship – or even to socialize – will I be able to breathe today?**

These are questions I never would have asked before. So what changed to make me ask such questions about going to shul? Why do I often have to stay home?

No defining moment caused this change. It was gradual. One Rosh Hashanah, as I sat in the Sanctuary, I found myself gasping for breath. I ended up in the St. Francis Emergency Room and was ultimately admitted. Severe bronchitis, they said. That was the beginning of many visits to St. Francis. It was **bronchitis**. It was **pneumonia**. It was **chest pain**. It was **adult onset asthma**.

What had changed so dramatically in my body? One of the pulmonary care hospitalists, now my personal pulmonologist, spoke with me about the reasons for my illnesses. His experience – and the experiences of many others who are studying this problem – indicates that chemicals, along with scented products and perfumes, are significant factors. Some people have stronger immune systems and can ward off the effects. Others cannot.

And, sadly, I am not alone. There are *many* members of our congregation *and even our professional and office staff* who suffer similar problems. As manufacturers have increased their use of scents, more and more people are being diagnosed as scent-intolerant. It's the reason why so many universities, offices, synagogues and churches have become "scent free" work and worship places.

Fortunately, Beth El's are positive thinkers and doers. A Fragrance and Scent Committee, chaired by Dr. Steve Stier, was formed and several positive actions have taken. Our board of trustees voted to make Beth El a *scent-free environment*. We use non-scented cleansers, we have new air filters, and we have begun educating others about these problems. Some of these actions have helped, **but not enough!**

We need your help. If each of us could refrain from putting on that dab of perfume, that scented aftershave, hair product, or lotion, **and** if each of us would let our guests know about our "scent-free" policy, it would go a long way.

Beth El Temple is a non-smoking facility. Why? It has been proven that smoking leads to cancers. Even second-hand smoke is unhealthy. Some people still choose to smoke. Current laws will not let them smoke in public forums and facilities, restaurants, etc., making the environment safer for all of us.

Beth El Temple is also a handicapped accessible facility. The House Committee made several significant changes in the entire building allowing people with physical restrictions to enjoy and participate in our services and other activities. Those changes were not made for one individual but for many people who are physically challenged.

Artificial scents are not healthy for anyone. Please, the next time you come to synagogue, take a moment to remember that Beth El is *scent-free*, take a moment to remember that breathing is a matter of life for all of us!



Roz (Bobrow) Hahn has been a member of Beth El since 1967. She is an active volunteer for many organizations and is a past president of National Council of Jewish Women, Greater Hartford Section, and Hebrew Health Care Auxiliary. She and Howard have been married for six and a half years and treasure their nine grandchildren.

This article is adapted, with permission, from the Beth El Learning Newsletter, August, 2015. To access the full essay, plus other articles and links to additional information, go to www.bethelwesthartford.org, select "Learning" in the menu on the left, and follow "Elearning Newsletter."

Additional Resources: www.webmd.com/allergies/features/Fragrance-Allergies-a-Sensory-Assault and thinkbeforeyoustink.com/howtogofragrancefree.html

★ Worshipping Together - Shabbat

Weekly Programs

Fridays 10:00 AM - NOON

bebe – Beth El Babies Exploring

This informal pre-Shabbat group gives moms a chance to enjoy coffee while meeting and networking with other moms and their children.

NOTE: Beth El membership is not required

Saturdays 9:30 AM - NOON

Children's Playroom UP TO AGE 5

A place to take a break with your energetic child.

NOTE: parents must supervise their children

Monthly Programs

Friday, Feb. 5, Mar. 4 5:45 - 6:45 PM

Family Service (March 4 is at 6PM) GRADES 3-6

All students are invited to lead prayers with their classes. Children who play a musical instrument and wish to accompany a prayer should contact Rabbi Garber.

NOTE: Shabbat hors d'oeuvres follow services

Saturdays, Feb. 6, Mar. 5 DURING SERVICES

Birthday Shabbat ALL AGES!

If your birthday is this month, enjoy a special group *aliyah* (Torah honor) and blessing from the Rabbi.

Friday, February 19 5:45 - 6:45 PM

PJ Shabbat UP TO AGE 5

Kids' Club Shabbat AGES 5-8

Younger children may come in PJs to enjoy stories, songs and a Torah parade. Older children will have their own age appropriate services with Morah Barbara.

DINNER: follows for all participants, chicken nuggets for kids and Shabbat hors d'oeuvres for parents; no charge

RSVP: hrosenbaum@bethelwh.org, 860-233-9891

Bi-Monthly Programs

Saturdays, Feb. 13 & 27 11:00 AM - NOON

Tumbling with Torah UP TO AGE 5

A program of stories, songs, activities, a snack, and a chance to tumble on fun equipment. We end together on the *bima* for Kiddush and a treat.

LEADER: Barbara Checknoff

NOTE: parent must stay with child(ren); free and open to the community

CONTACT: hrosenbaum@bethelwh.org, 860-233-9891

Shabbat Mincha

Saturdays, 12:30 PM

Schedule change! Beginning in January, we now hold Shabbat Mincha services shortly after the Morning Service, as we do during the summer. There will be Ma'ariv & Havdalah services only when an evening Bar or Bat Mitzvah is scheduled.

Shabbat Yoga

Saturday, February 20

10:30 AM - NOON

Back by popular demand! Wear yoga clothes (yes, to synagogue) and bring a mat if you have one. This is an all-levels class that will incorporate yoga poses and Hebrew prayers. Open to all (children too, if they can participate in a quiet yoga class).

QUESTIONS: Rabbi Garber, igarber@bethelwh.org

LEADERS: Adriana Matozzo, West Hartford Yoga, & Rabbi Garber

Family Havdalah and Game Night

PAG

Saturday, February 27

6:00 PM

Join us for a dairy dinner, Havdalah Service, a planetarium show, dessert, and then games for all ages – children through adults!

QUESTIONS: pagpresidentsbetheltemple@gmail.com

RSVP: by 2/24, Wendy Berg, School Office, 860-233-9891, wberg@bethelwh.org

COST: \$8/adult, \$5/kids, \$24/family max

ADULT BEVERAGES: sponsored by Men's Club

Shabbat Across America **Friday, March 4**

Hors d'Oeuvres and Candlelighting **5:30 PM**

Two choices of Services **6:00 PM**

TRADITIONAL CHAPEL SERVICE
FAMILY SERVICE

Community Dinner **7:00 PM**

Tens of thousands of Jews across America will come together to pray, eat, drink, relax, enjoy, debate, and celebrate at this 19th annual event.

FAMILY SERVICE: see description to the left

QUESTIONS: 860-233-9891

COST: the earlier your paid reservation is received, the cheaper it is; per person, ages 6+:

\$11, by 2/19 \$12 by 2/26
\$14 by 3/2

\$5/kid (ages 1-5)



★ Worshipping Together - Purim, Mar. 23-24



**A Purim Party Wed, Mar. 23
starting at 5:00 PM**

Featuring *Megilah* readings,
an all-new carnival, dinner,
crafts, and more!!

College Connection - Purim is coming!

Every year, Beth El sends *Mishloach Manot* to the children of our members away at school. Let us send a gift to your college/boarding student.

EMAIL: bethpapermaster@yahoo.com

INCLUDE: student's name, college address, graduation year

SPONSOR: this project is made possible through the generosity of the Gavens Family College Youth Fund

Mishloach Manot

We are again organizing a *Mishloach Manot* gifting opportunity for ALL MEMBERS of Beth El Temple. Emails and letters have been sent to your home. Paper forms will also be available in the school office.

Complete the form to have *Mishloach Manot* sent on your behalf to your Beth El friends. Don't miss out on this Mitzvah!

QUESTIONS / WEBSITE ASSISTANCE:

R. Rosenbaum, 860-233-9891, hrosenbaum@bethelwh.org

Marci Alter, 860-676-2248, mbajba1@gmail.com

Amy Goldman, 860-232-0790, amygoldman@comcast.net

Debbi Reiss, 860-523-9470, d.reiss@comcast.net

DEADLINE: 2/29, to submit orders

DELIVERY: March 20, to all member households

★ Travel, Study, and Music with Our Clergy

Rabbi Garber's Mayyim Hayyim Trip Community Mikveh and Education Center Tuesday, March 1

Carpool from Beth El 7:45 AM
Educational Program 10:00 AM
Immersion (up to 4 people) 11:30 AM
Drive to Brookline (or home) 1:00 PM
Rubin's Deli for Lunch 1:30 PM
Drive Home 3:00 PM

Join Rabbi Garber for an enlightening and educational day. There may be time after lunch for the Israel Book Shop, Kolbo, and the Butcherie.

LOCATIONS: West Newton and Brookline, MA

CONTRIBUTION: \$18 to R. Garber's Discretionary Fund (suggested)

COST: your own lunch; shared gas

MIKVEH: Additional charge to immerse

CONTACT: Rabbi Garber, igarber@bethelwh.org

Hollywood and the Jews - with Cantor Ness 2016 Music University Lecture Series

Wednesdays, 7:00 PM

A cultural initiative showcasing Jewish experience, beliefs, and values expressed through music and the arts.

February 24 Lively discussion about American Yiddish Theater, Vaudeville, Film and Radio.

March 2 Examine the lives and careers of Hollywood Jewish composers, and hear acclaimed violin/viola duo of Miller and Porfiris accompany a silent film!

March 9 Live musical performance and panel discussion with movie critic David Edelstein and filmmaker Hilan Warshaw. Premiere of Warshaw's film *Lyric Suite: A Musical Love Story* about innovative 20th-century Viennese composer, Alban Berg.

RSVP FOR SERIES: to the Temple Office, for planning purposes for each date

COST: no charge for first two; \$8 at door on 3/9 for the film (\$5 for BEMA subscribers)

CO-SPONSORS: Beth El Music & Arts, the Lifelong Learning Committee, and Men's Club

Rabbi Rosen's Adult Trip to Israel, 2016

Sunday, May 22 - Friday, June 3

- ★ First timers and veteran Israel travelers alike
- ★ Deluxe Accommodations
- ★ Eilat to Tzfat
- ★ Jerusalem to Jordan (day trip to Petra)

QUESTIONS: Rabbi Sowalsky,
hsowalsky@bethelwh.org

The 2015-2016 Music Series at Beth El

Cantor Joseph Ness, DIRECTOR

Broadway and Purim Sunday, March 20, 7:00 PM

Yom Yerushalyim Celebration Sun, June 5, 7:00 PM

COST: per concert: \$20/person; \$15/senior (62+);

\$15/student; FREE for children 12 and under

Become a BEMA Subscriber! It's not too late.

Visit the website for the Subscriber Form with details about pricing (one-third off!) and the benefits of being a subscriber.

★ Lifelong Learning

Finding Our Way: Jewish Conversations in a Time of Uncertainty **Wed, February 3 8:00 - 9:00 PM**

Join us for this continuing exploration of issues such as spiritual grit, moral clarity, a truly centrist faith, and our potential to counter cultures of violence.

TEACHER: Rabbi Rosen

CONTACT: Temple office, 860-233-9696

NOTE: final in a 3-part series; snow date, if needed, 2/10

Intermediate Hebrew **Thursdays** **10 week class** **11:00 AM - NOON**

Hebrew reading and basic Judaic Studies.

TEACHER: Sidra Sperling

REGISTER: School office, 860-233-9891

COST: no charge, thanks to a generous sponsor

NOTE: classes begin 2/18; for Beth El members only

Book Lovers Unite

Calling all book lovers! Seeking dedicated library addicts to become a part of the committee for our newly renovated library. Help us to truly be the "People of the Book" uniting Jewish life and learning.

CONTACT: Carol Johnson, 860-584-2392,
johnson2318@sbcglobal.net

Weekly Classes

Mondays **1:30 - 3:00 PM**

Personal & Family History Workshop

Join this fun writer's group as we put our personal/family histories on paper. We'll help you get started.

CONTACT: Betty, 860-233-4853, bhoffman3@comcast.net

COST: no charge, Beth El members only

Tuesdays **NOON - 1:00 PM**

Lunch & Learn

Rabbi Rosen explores the Hebrew Bible. He has been going through the entire book, chapter by chapter, and newcomers are welcome at any time. He is currently in the Book of Second Kings.

Wednesdays **10:30 - 11:30 AM**

Talmud Study

We discuss the themes that were important 2000 years ago and have an impact on our Jewish journeys today. Texts are in English.

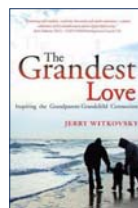
Thursdays **8:00 - 9:00 AM**

Bible & Breakfast

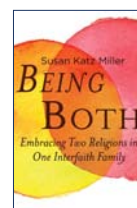
After *Minyan*, the Rabbis discuss the weekly *Torah* portion.

New participants are invited to join all classes.

LIBRARY CORNER Generational Themes ★ **Roberta J. Buland**



On how grandparents can enter the grandchildren's world, peruse *The Grandest Love: Inspiring the Grandparent-Grandchild Connection* by Jerry Witkovsky. He celebrates the power and sacred trust of grandparenting by offering practical and creative suggestions to develop intergenerational support. For many grandkids, grandparents are the "go to" people when parents don't "understand" them. Particularly useful are the answers to the "How can I" questions. Grandparents can stay connected to their families regardless of time, distance or income; remain vital and "in the loop" in the rapidly changing world; suggest appropriate boundaries; promote healthy interdependence; and leave a meaningful legacy and/or a living legacy. Especially useful are practical workbook features and ideas to help connect generations and stimulate relationships. A Chinese proverb says "To forget one's ancestors is to be a brook without a source, a tree without a root." This book will help ensure grandparents will be remembered!



Being Both: Embracing Two Religions in One Interfaith Family by Susan Katz Miller chronicles a controversial given: interfaith families choosing to celebrate both religions. Miller writes that each pathway open to an interfaith family – choosing one religion, choosing both family religions, choosing no religion, or choosing a third religion – has distinct benefits and challenges. More children are being raised "Jewish and something else" or "partially Jewish" than only Jewish. What does this mean for these families and children, and for religious institutions? Young couples, grandparents, extended family, therapists, religious educators, clergy, and religious leadership will all find this book helpful in understanding the rise of "doing both," and how it fits into the rise of the "religious nones," and also the rise of the "spiritual but not religious." Miller, herself the product of parents whose religions differ, makes the case that interfaith families should be included in, rather than excluded from, the growing interfaith dialogue and interfaith activism movement. While many Jews take exception to two religion families it is worth reviewing this book to help increase understanding the phenomenon of interfaith upbringing.

★ Recognizing Our Volunteers

X-mas Day Mitzvah Day 2015: a great success!

We had 76 BET members graciously give their time at five different locations in the Greater Hartford Area.

To our Venue Coordinators, *Thank You* for your help and commitment. It could have never worked as beautifully without you. As for our volunteers, THANK YOU!!! You once again embraced the cause and made the day so very special for each of the people we served. They were truly thankful for each of you.

It is our honor to say thank you to each of you.
(If there is anyone we missed, please accept our sincerest apologies and let us know so we can make the correction.)

Beth Brumberg and Georgianne Cohen

Summerwood, West Hartford

Lori Yontef Mathog, *Venue Coordinator*
David Mathog Noah Yontef Mathog
Jacob Yontef Mathog Diane Lieberfarb



David Mathog,
Noah Yontef
Mathog, Jacob
Yontef Mathog,
Diane Lieberfarb,
Lori Yontef Mathog
FRONT: Lillian
Hillman



Hannah (LEFT)
and Maddy
(RIGHT) Pliskin,
with their
grandmother,
Minnie Pliskin

Hebrew Home, West Hartford

Sherri Pliskin, *Venue Coordinator*

Barbara Hallie Kudler
Checknoff Justin Kudler
Brandon Fox Sophie Kudler
Elyse Fox Stephanie Kudler

Wendy Lyon
Barbara Messing
Fred Pliskin
Hannah Pliskin
Maddy Pliskin
Sarah Willen

Adin
Wogenstein
Hadas "Dassi"
Wogenstein
Sabastian
Wogenstein

South Church, New Britain

Craig Diamond, *Venue Coordinator*

Ali Bennett	Leah Ginsberg	Dan Kulakofsky	Ella Nemirow
Barbara Bennett	Ed Greenbaum	Judy Kulakofsky	Mina Nemirow
Michael Bennett	Ali Hudson	Jordan Lazinsk	Michelle
Andrew Epstein	Daniel Hudson	Robin Lazinsk	Szafran
Samantha	Ziva Hudson	Sarah Lazinsk	Steve Szafran
Epstein	Rick Kinyon	Barry Nemirow	



Jordan Lazinsk,
Sarah Lazinsk,
Robin Lazinsk,
Barry Nemirow,
Craig Diamond,
Mina Nemirow,
Ella Nemirow
(HIDING)



Peter's Retreat, New Britain

Jeff & Robin Landau, *Venue Coordinators*

Jonathan Alter	Rabbi Steve	Dylan Landau
Marci Alter	Chatinover	Debra Rostowsky
Zach Alter	Leah Chatinover	Rich Rostowsky
	Ariel Landau	

CLOCKWISE
FROM LEFT:
Dylan Landau,
Jeff Landau,
Judy Rostowsky,
Rich Rostowsky,
Marci Alter,
Zach Alter,
Jonathan Alter,
Robin Landau,
Ariel Landau

South Church, Hartford

Bill & Myra Kleinman, *Venue Coordinators*

Ayelet Chozick	Bernie Selig
Christopher Del Coro	Lea Selig
Deborah Del Coro	Francine Stier

Jack Del Coro
Noah Del Coro
Amy Eklund
Clare Gatta
Tom Greenebaum
Sam Greenebaum
Sophia Greenebaum
Bob Gruskay
Gina Koppel
Lois Koteen
Lisa Levin
David Rosenthal
Judy Rosenthal



Judy Rosenthal, Myra Kleinman,
Bill Kleinman

★ February 2016

Sunday	Monday	Tuesday	Wednesday
January 31 21 Shevat 	February 1 22 Shevat 10:00 AM Loaves and Fishes	2 23 Shevat	3 24 Shevat 8:00 PM Finding Our Way with Rabbi Rosen
7 28 Shevat 8:45 AM World Wide Wrap XVI 9:15 AM Morning Minyan 10:00 AM <u>MC</u> Breakfast Program 12:00 PM <u>PAG</u> Mitzvot & Munchies	8 29 Shevat	9 30 Shevat Rosh Chodesh 6:45 PM Board Mtg.	10 1 Adar I Rosh Chodesh
14 5 Adar I 10:00 AM KNITzvah Group <div>No Religious School</div>	15 6 Adar I	16 7 Adar I 7:30 PM <u>MC</u> Board Mtg. <div>No Religious School</div>	17 8 Adar I <div>No Religious School</div>
21 12 Adar I	22 13 Adar I	23 14 Adar I 10:00AM Chai Mitzvah Continues 6:00 PM Executive Committee Meeting	24 15 Adar I 7:00 PM <u>BEMA</u> Music University
28 19 Adar I	29 20 Adar I	March 1 21 Adar I 7:45 AM Trip to Mayyim Hayyim	2 22 Adar I 7:00 PM <u>BEMA</u> Music University

Daily Minyan Service Schedule

Mornings 7:00 AM Monday through Friday
 8:45 AM Sunday

Evenings 7:30 PM Sunday through Thursday

Shabbat **שבת**

Friday 6:00 PM Kabbalat Shabbat Services

Saturday 9:30 AM Shacharit, Torah Service, Musaf
 12:30 PM Mincha

NOTE: There are no regular evening services on Saturday nights.

unless
 otherwise
 noted in
bold in
 the grid

Ongoing Weekly Programs

new students welcome; no registration required

Tue. 12:00 PM Lunch & Learn (not 2/16)

Wed. 10:30 AM Talmud Study

Thu. 8:00 AM Bible & Breakfast

Fri. 10:00 AM bebe - Beth El Babies Exploring

Sat. 9:30 AM Children's Playroom

Thursday

Friday

Saturday

<p>4 25 Shevat</p> <p>6:30 PM <u>WN</u> The Chosen at Playhouse on Park</p>	<p>5 26 Shevat</p> <p>5:45 PM Family Service</p> <p>Candle Lighting: 4:51 PM</p>	<p>6 27 Shevat</p> <p>Parsha Mishpatim Birthday Shabbat 9:30 AM B/M Noah Yontef Mathog</p> <p>No evening service Havdalah: 5:52 PM</p>
<p>11 2 Adar I</p>	<p>12 3 Adar I</p> <p>Candle Lighting: 5:00 PM</p>	<p>13 4 Adar I</p> <p>Parsha Terumah 11:00 AM Tumbling with Torah</p> <p>No evening service Havdalah: 6:01 PM</p>
<p>18 9 Adar I</p>	<p>19 10 Adar I</p> <p>5:45 PM PJ Shabbat & Kids' Club Shabbat</p> <p>Candle Lighting: 5:08 PM</p>	<p>20 11 Adar I</p> <p>Parsha Tetzaveh 10:30 AM Shabbat Yoga 6:45 PM <u>KADIMA</u> Cereal Night</p> <p>No evening service Havdalah: 6:10 PM</p>
<p>25 16 Adar I</p>	<p>26 17 Adar I</p> <p>Candle Lighting: 5:17 PM</p>	<p>27 18 Adar I</p> <p>Parsha Ki Tissa 11:00 AM Tumbling with Torah 6:30 PM <u>PAG</u> Family Havdalah and Game Night</p> <p>No evening service Havdalah: 6:18 PM</p>
<p>3 23 Adar I</p>	<p>4 24 Adar I</p> <p>19th Annual Shabbat Across America 5:30 PM Hors d'Oeuvres & Candlelighting 6:00 PM Family Service 6:00 PM Traditional Chapel Service 7:00 PM Community Shabbat Dinner</p> <p>Candle Lighting: 5:24 PM</p>	<p>5 25 Adar I</p> <p>Parsha Shekalim Birthday Shabbat 9:30 AM B/M Maya Oberstein</p> <p>No evening service Havdalah: 6:25 PM</p>

Multi-Week Classes

pre-registration and/or payment required

Mon. 1:00 PM Personal and Family History Workshop
Mon. 7:00 PM Ulpan
Thu. 12:00 PM Intermediate Hebrew (begins 2/18)
Thu. 7:00 PM Adult Choir Rehearsal

Religious School ~ Special Activities

Sun. 7th 10:00 AM Aleph class Siddur Decoration
Sun. 7th NOON PAG Mitzvot & Munchies
Sat. 27th 6:30 PM PAG Family Havdalah & Game Night
Sun. 28th 9:00 AM Gimel Class ADL Program: Julia's Star

No School: 2/14, 2/16, 2/17

Please note the use of the following abbreviations:

MC Men's Club BEMA Beth El Music & Arts
WN Women's Network PAG Parent Action Committee

★ Supporting Beth El

We are grateful for the following contributions (received through December 30, 2015)

The minimum donation for each listing in Temple Topics is \$10.

Camp Ramah Fund

IN HONOR OF

Daughter Rachel's graduation from nursing school – **Marcia & David Waitzman**

FOR THE YAHRZEIT OF

Sidney Abraham Kaplan, father – **Deborah Kaplan Polivy**

Cantor's Music Fund

IN APPRECIATION OF

Cantor Ness – **Nancy & Dennis Gottfried**

IN HONOR OF

Bat mitzvah of Marci Alter – **Nancy & Marty Baron & family**

Birthday of Bradley Hoffman – **Larry Dvorin**

Special birthday of Harold Geetter –

Annette & Sy Gavens

Our wedding, November 2015 – **Joanna & Daniel Levenson**

FOR THE YAHRZEIT OF

Moses Volodarsky, father – **Maya Margulis**

Cemetery Fund

FOR THE YAHRZEIT OF

Arline Mischel, mother – **Ann Rosow-Lucchesi**

Jewish Continuity Fund

IN HONOR OF

Special birthday of Rabbi Alvin Kass – **Marcia & David Waitzman**

Library Fund

IN MEMORY OF

David Saul Gordon – **Eileen & Allan Driscoll**

Friends of Ari Santiago Building

Accessibility Fund

IN HONOR OF

Birth of Emerson Santiago, great-granddaughter of Sheila & Howard Mark – **Annette & Sy Gavens**

Marriage of David Melton, son of Diane & Alan, to Rebecca Chandler – **Sheila & Howard Mark**

Rabbi Garber's Discretionary Fund

IN APPRECIATION OF

Rabbi Garber – **Nancy & Dennis Gottfried**

IN HONOR OF

Bat mitzvah of Carolyn Gitlin – **Nancy & Marty Baron & family**

Bat mitzvah of Marci Alter – **Felice Goldman**

Engagement of Amanda Cohen, daughter of Jackie & Dan to Ben Marcus, son of Rachel & Mitchell – **Diane & Richard Lieberfarb**

WISHING GOOD HEALTH TO

Abbey Kreinik – **Diane & Richard Lieberfarb**

Rabbi Rosen's Discretionary Fund

IN APPRECIATION OF

Rabbi Rosen for the bar mitzvah of son Jacob – **Lisa & Gary Schwartz**

Rabbi Rosen for the naming of Nora Kate Wollner – **the Matty & Wollner families**

Rabbi Rosen – **Nancy & Dennis Gottfried, Miriam & Ted Hoffberg, Helen & Harold Lowe, Rita & Andrew Schoolnik, Michelle & Josh Vogelhut, Sally & Ethan Vogelhut, Howard Zisserson**

IN HONOR OF

Bat mitzvah of Carolyn Gitlin: **Meryl & Scott Braunstein, Kris & Mike Gitlin, Fredda & Jon Goldstein, Nancy & Louis Green, Kim & Brian Roth, Nancy & Brian Weinberg, Leslie & Richard Weinstein, Mickey & Michael Weinstein, Judy & Steve Wolfberg**

Bat mitzvah of Judy Resnick – **Nancy & Marty Baron & family**

50th anniversary of bat mitzvah of Leah Katz; marriage of Carolyn Blumberg to Scott Walker – **Fredda & Jon Goldstein**
Our marriage, November 2015 – **Joanna & Daniel Levenson**

IN MEMORY OF

Lillian & Morris Kamins, parents – **Richard Kamins**

Harriet Parker, mother – **Alan Parker**

WISHING GOOD HEALTH TO

Elaine Lane – **Cheryl & John Hinze**

FOR THE YAHRZEIT OF

J. Kim Buland, husband – **Roberta Buland**
Harry Sternbach, Holocaust remembrance – **Jill & Brad Hutensky**

Myra Phillips Stern, mother – **Stacey Stern Shore & Eric Shore**

Taste of Shabbat Fund

IN HONOR OF

Howard Meyerowitz for the bar mitzvah of Eli Stevens, son of Michal & Greg – **Michal, Greg & Eli Stevens, Bobby & David Klau**

FOR THE YAHRZEIT OF

Sydney Lustgarten, father – **Marlena DeRosa**



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IN HONOR OF

Birth of Lila Victoria & Jacob Max, grandchildren of Gayle & Ed Fierer – **Lois & Rabbi Gary Atkins**
Birth of Harrison & Henry, grandsons of Joyce & Richard Leibert – **Arlene & Lenny Lippman**
Bat mitzvah of Dara Sadinsky, granddaughter of Harriet & Jay Cudrin – **Loretta & Larry Levy**
The Rabbinic staff – **Bernard Matlaw**
Diane Lieberfarb, new President of Beth El Temple – **Seymore Newman**

IN MEMORY OF

Dr. Sam Kruger, father of Dr. David Kruger – **Rachel & Mitchell Marcus, Deborah Prince & David Goldberg, Carol & Barry Rosenberg**
Sherman Bercowetz, husband of Sharon – **Arlene & Len Lippman**

FOR THE YAHRZEIT OF

Joseph Barker, father – **Michael Barker**
Rosalie Borus, mother – **Judy & David Borus**
Sadie Sternstein, mother; Frank Bubbs, father – **Marilyn & Roy Bubbs**
Jack Cetel, father – **Alan Cetel**
Abraham Cohen, father; Hattie Helfand, mother-in-law – **Sam Cohen**
Iwan Galmatz, Holocaust remembrance – **Linda & Henry Cohn**
Lilly Eisler, mother – **Edith & George Denes**
Doris & Ralph Ferraro, parents – **Ronald Ferraro**
I. Edward Friedman, husband; Grace Markman, sister – **Sarah Friedman**

Robert Miller, brother – **Betty Garber**
Ann G. Chase, mother – **Jason Gutcheon**
Salomon Fisher, father – **Renee Holden**
Arthur Goldschmidt, father – **Leah & Peter Katz**
Dora Kessler, mother – **Stanley Kessler**
Benjamin Hirshik, father – **Joyce & Wallace Kirschner**
Joseph Kochen, father – **Neil Kochen**
Robert Weinberg, father – **Karen Korris**
Mina Malkoff, mother; Louis Rabinowitz, grandfather – **Linda & Joel Malkoff**
Erwin Hirsh, father; Clara & Harold Miller, parents – **Janet & Joel Miller**

Robert Narins, husband – **Nina Narins**
Annie Elka Newman, mother – **Seymore Newman**
Hilda Parker, mother – **Bruce Parker**
Rose Post, mother – **Philip Post**
Frances Prince, mother – **Andrew Prince**
Ellen Roisman, mother – **Kim Roth**
Julius "Yuddy" Shapiro, husband; Augusta Drapel, mother – **Edith Shapiro**
Goldie Portman, mother; Louis Siegal, father – **Phyllis & Gerald Siegal**

Dr. Max Maron, father – **Reba Stock**
Della Diamond, mother – **Lorraine & Farrel Vogelhut**
Elaine & Morton Kass, parents; Samuel Waitzman, father – **Marcia & David Waitzman**
Lillian Lebowitz, aunt – **Abby Weiner**
Dorothy Lindenberg, mother – **Judith Weisman & Deborah Schimel**
Harry Yellin, father-in-law – **Roslyn Yellin**
Fay M. Zern, mother – **Hilary Freedman & Howard Zern**

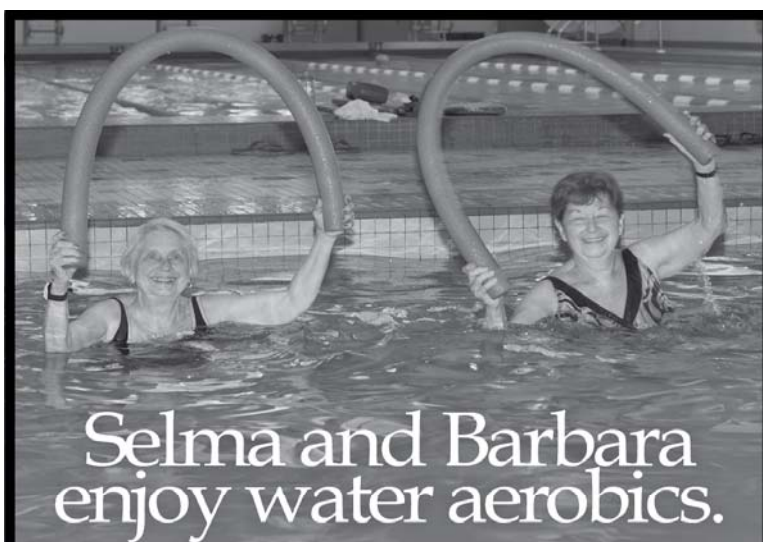
Tsedakah/Chesed Fund

IN HONOR OF

Engagement of Amanda Cohen, daughter of Jackie & Dan, to Ben Marcus, son of Rachel & Mitchell – **Bobbe Basch**

FOR THE YAHRZEIT OF

Leon Stein, father – **Haiyan & Gary Stein**



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★ Supporting Beth El, cont.

Early Childhood Fund

IN HONOR OF

Birth of Lila Victoria & Jacob Max,
grandchildren of Gayle & Ed Fierer –
Phyllis & Sheldon Nova

Education Fund

IN HONOR OF

Birth of Sylvia Evelyn Stier, granddaughter
of Francine & Steve – Rhona & Joel
Roffer

Max Goldfield Fund

IN HONOR OF

First birthday of grandson, Theo;
graduation from medical school of son,
Josh – Marcia & David Waitzman

ENDOWMENT FUNDS

General Unrestricted Endowment Fund

IN HONOR OF

B'n't mitzvah of Marci Alter, Carolyn
Gitlin & Judy Resnick – Annette & Sy
Gavens

IN MEMORY OF

Simon Konover, husband of Doris –
Annette & Sy Gavens

FOR THE YAHRZEIT OF

Jane Wertheim, mother – Marsha Fisher

Alter Family Fund

IN HONOR OF

Bat mitzvah of Marci Alter – the Hershey
family, Ronit & Scott Shoham, Leslie &
Richard Weinstein

Eleanor Weinberg Jainchill Family Fund

IN HONOR OF

Ida Cohen – Eleanor Jainchill

Bert & Ruth Berlin Fund

in loving memory of our daughter Ellen

IN HONOR OF

Birthday of Ellen Berlin z"l – Veronica
Dicke

Jane & Nathan Field Memorial Fund

IN APPRECIATION OF

Rabbi Howard Sowalsky – Emmy & Steve
Fast

Friends Fund for Members in Need

IN MEMORY OF

Robert Weinstein – Joyce & Richard
Leibert

Gavens Family College Youth Fund

IN HONOR OF

50th anniversary of bat mitzvah of Leah
Katz – Annette & Sy Gavens

FOR THE YAHRZEIT OF

Helen Rosker, mother – Annette Gavens
Jack Gavensky, father – Seymour Gavens

Gottfried Family Endowment Fund

IN HONOR OF

Bat mitzvah of Nancy Gottfried – Michelle
& Dan Gottfried, Josh Gottfried

Susan & Marvin Grody Family Fund

IN APPRECIATION OF

Rabbi Stanley Kessler & Rabbi Jim Rosen –
Susan Grody & family

Resnick Family Fund

IN HONOR OF

Bat Mitzvah of Judy Resnick – Jane
Berkowitz, Hedyth & Bob Fishman,
Lauren & Kenneth Kaufman, Arlene &
Mark Lowenstein, Dayl Walker, Leslie
& Richard Weinstein

Irving & Shirley Gutcheon Congregant Assistance Fund

IN HONOR OF

Bar mitzvah of Eli Stevens, son of Michal &
Greg, grandson of Bobby & David Klau;
marriage of Elizabeth Kostin, daughter of
Michele & Dane, to Doron Roth;
marriage of Lauren Geetter, daughter of
Ava & Harold, to Stephen Banks;
marriage of Richard Sowalsky, son of
Dory & Rabbi Howard, to Stephanie
Sievel; 90th birthday of Al Reiner; 80th
birthday of Bernie Selig; retirement of
Luis Campos; new home of Bobby &
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granddaughter of Eva & Michael; birth of
Harriet Jean Mendenhall-Borus,
granddaughter of Judy & David Borus;
birth of Sarah Margo Bernstein,
granddaughter of Carolyn & Stu; birth of
Ira Julius Resnick, grandson of Judy &
Frank; birth of Dylan, grandson of Reesa
& Paul Litman; birth of Sophie Golden,
granddaughter of Linda & Bruce Stanger
– Paulette & Jim Lotstein

IN MEMORY OF

Michael Freedman, brother of Hilary
Freedman; Belle Miller, mother of Abbey
Kreinik – Paulette & Jim Lotstein

FOR THE YAHRZEIT OF

Benjamin Gutcheon, grandfather; Jack
Lotstein, father; Philip Nach, grandfather
– Paulette & Jim Lotstein

Kreinik Family Endowment Fund

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Abbey Kreinik – Annette & Sy Gavens

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- Other cards need to be ordered (allow at least 1 week).



visit www.shopwithscrip.com for details and updates about the Scrip program, including a 6-page list of all the participating retailers

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- Set your default search engine to www.goodsearch.com and choose Beth El Temple as the beneficiary.
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- Choose Beth El Temple as the beneficiary.
- Shop and buy instantly, and Beth El gets a donation.

For more options and details about supporting Beth El Temple, visit www.bethelwesthartford.org/giving/waystogive.html.

Ruth & Harry Kleinman Endowment Fund

IN HONOR OF

Blessing of Adam Robert & Evan Jerome Faust, twin grandsons of Ruth Anne & Halley; special wedding anniversary of Carolyn & Stu Bernstein – **Myra & Bill Kleinman**

IN MEMORY OF

Simon Konover, husband of Doris; Dr. Sam Kruger, father of Dr. David Kruger; Terry Marcus, mother of Mitchell – **Myra & Bill Kleinman**

Ruth & Harry Kleinman – **Dr. David Weil**

Arthur & Stella Mostel Fund for Adult Education

IN MEMORY OF

Sam Krampf – **Carolyn & Jeff Weiser**

Lois & Alvin Reiner Family Fund

IN MEMORY OF

Ronald Furse, husband of Liz – **Al Reiner**

Michael & Susan Schenker Endowment Fund

FOR THE YAHRZEIT OF

William Friedeberg, husband; Lee & Leon Birnbaum, parents – **Pamela Friedeberg**

Sowalsky Gabbai Rishon Endowment Fund

IN APPRECIATION OF

Rabbi Howard Sowalsky – **Nancy & Dennis Gottfried**

FOR THE YAHRZEIT OF

Meyer Sowalsky, husband; Irving Meltzer, nephew; Rachel Greenberg, mother; Clara Herman, cousin – **Clara Sowalsky**

Amy E. Toyen Endowment Fund

FOR THE YAHRZEIT OF

Frieda Simon, mother; Albert Rothstein, father; Molly Hammer, grandmother; Rebecca Horbund, aunt – **Marilyn & Alan Rothstein**

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Brit Milah ☆ Simchat Bat

★ Making Connections

World Wide Wrap XVI **Sunday February 7**
Learn to wrap, with the rabbis **8:45 AM**
Morning Minyan **9:15 AM**
The Rediscovery of Ancient Rhodes and the
Jews of Rhodes, Dr. Richard Freund **10:00 AM**



Join Men's Clubs and congregations around the world as we teach the mitzvah of wrapping tefillin at World Wide Wrap XVI before morning minyan. Followed by a breakfast buffet and program.

COST: no charge (Breakfast sponsorships available: Bruce Shein, 860-677-8300, brucehein@comcast.net)

RSVP: by 2/4, Joe Springut, dr.EyesJoe@gmail.com, 860-676-9878, for planning purposes, to reserve tefillin, or if you need a ride

SPONSOR: Men's Club

Israeli Robotic Students Visit
Host Families Needed **Mar. 28 - Apr. 4**
Community Dinner **Wed, March 30**
Competition **April 2-3**

Host families are needed for students and teachers visiting the Hartford area to participate in Trinity College's Annual Fire Fighting Robot Contest. Responsibilities of host families include lodging, meals, transportation, etc.

HOST FAMILIES: if interested, contact Sharon Efron ASAP, sgredancer@yahoo.com, 860-561-4415

COMMUNITY DINNER: open to the entire community; see Temple Topics in March for details

Grandparents' Circle
How Jewish Will My Grandkids Be?
Wednesdays, May 4, 11, 25, June 1, 8
6:00 - 7:30 PM

The Grandparents Circle is designed to help Jewish grandparents of intermarried children pass their heritage on to the next generation.

NOTE: series of 5 educational and support sessions

REGISTRATION: cdeer@bethelwh.org

QUESTIONS: Laura Kinyon, lknyon123@aol.com

COST: \$15 materials fee

FACILITATOR: Laura Kinyon, MSW, LCSW, Mothers Circle and Grandparents Circle Leader

CO-SPONSORS: Beth El Temple and Big Tent Judaism

It's So Quiet - Is This Really My House!?!
Empty Nester Moms* **Thursday, Feb. 11**
7:00 - 8:30 PM

After some time with your children in December and January, they are likely back at school or work and your home may be quiet again. If you are in the mood for some company, please join us to discuss the excitement and challenges of this stage of our lives.

LOCATION: home of Eliane Freund, West Hartford

INFORMATION/RSVP: Lonni Schulz, LonniSchulz@sbcglobal.net, 860.651-0072; or Eliane, elianefreund@sbcglobal.net, 860-233-7157

*NOTE: if your youngest child has recently left home, you are invited to join this group

Pride, Honor and Courage: Jewish Women
Remember World War II
Brunch program **Sunday, March 13**
10:00 AM

Guest speaker: Estelle Kafer, Executive Director of the Jewish Historical Society of Greater Hartford.

RSVP: by 3/10, Joe Springut, dr.EyesJoe@gmail.com, 860-676-9878

Cost: \$10 (\$5 Men's Club and paid Women's Network members)

CO-SPONSORS: Men's Club, Women's Network, Chai Society

Join a Havurah New Groups Being Formed

Joining a Havurah enables small groups of Beth El members, couples and/or singles, of similar ages and interests, to meet on a regular basis. Together they can celebrate, socialize, learn and enrich Jewish lives in a small setting while being part of Beth El Temple.

CONTACT: Korine Ferraro, 860-584-0376, korinef@att.net

★ Making Connections - Kids & Families

Mitzvot & Munchies **Sun, February 7**
NOON - 1:00 PM

We will create activity bags for children at South Park Inn and Mount Sinai Rehab Hospital while munching on lunch.

NOTE: for families with students in PreK, K, first and third grades; and parents and siblings

COST: lunch provided at no cost

Kadima Cereal Night **Saturday, February 20**
with Temple Beth Shalom **6:45 - 8:30 PM**

A night of wild, crazy, and messy fun; join us for team building, ruach, and some cereal eating too!

NOTE: Kadima is our Youth Group for grades 5-8

COST: \$5 dues-paid members, \$7 others (dues are \$25)

QUESTIONS: Alina Bricklin-Goldstein, Advisor, alinabricklin@gmail.com, 860-633-0710

★ Spotlight on a Member

BET Religious School Student Plays Carnegie Hall

Noah Yontef Mathog, who was awarded The Royal Conservatory Achievement Program Tri-State Certificate of Excellence, has obtained the highest mark in Level 4 Piano First Class Honors with Distinction for the State of Connecticut in the academic year 2015. The examination included repertoire, etudes, technique, sight-reading and ear training skills, music theory, music history, and standard repertoire from the Baroque, Classical, and Romantic periods, and the 20th century. Noah also won The

Music Development Program Center Certificate of Excellence award for the highest score at his examination center. As part of this honor, Noah has been invited to play piano at Carnegie Hall in New York City on February 21, 2016.

In addition to playing piano, Noah is also an accomplished saxophone player. In elementary school, Noah was selected for the Norfeldt Jazz Band and selected by audition for the West Hartford Public School Inter-El band and performed at the Bushnell Center for Performing Arts in Hartford. Noah



has also participated in many music festivals through the North Central Chapter of Connecticut State Music Teachers Association, Young Composers Day and studied music theory. Noah was selected by audition to play Tenor Saxophone in the King Philip Middle School Jazz Band and the Connecticut Music Educator's Association Northern Region Middle School Band.

We're also proud to have Noah singing in our own Kids' Choir!

Congratulations and Mazel Tov to Noah and his family for this outstanding achievement!

★ Engaging Generations

Welcome to New Members

Sheila & Theodore Fox
Kenneth & Abbe Friedman
Joseph & Barbara Perechocky

Mazel Tov! and Appreciation for Sponsoring a Kiddush or Lunch

Taste of Shabbat
Avi & Erica Smith-Rapaport in honor of son Maxx's Bar Mitzvah
James & Rebecca Berman in honor of daughter Jessica's Bat Mitzvah

Of Blessed Memory

George Beck, father of Sharon Kochen
Sherman Bercowetz, husband of Sharon Bercowetz
Jack Levin, father of Sharon Bercowetz
Pearl Orner, mother of Leslie Neiditz
Edward Rosenfeld, husband of Andrea Rosenfeld

Congratulations

Nicole & Aaron Siegel, birth of son Theodore Graham Siegel

Please contact the office for information about Bar and Bat Mitzvah celebrations.

Please send all announcements to the Temple Office: Laurea at LEsau@bethelwh.org.

★ Doing Mitzvot

KNITzvah Group

Sun, Feb. 14, Mar. 13
10:00 - 11:30 AM

We knit or crochet, mostly lap-afghans, and deliver them to local charities. Bring a #10 needle.

CONTACT: Annette Gavens,
sygavens@aol.com

Loaves & Fishes Soup Kitchen

Mon, Feb. 1, Mar. 7
10:00 AM - 12:45 PM

The group prepares and serves lunch to approximately 80 clients.

LOCATION: Immanuel Church,
Woodland St, Hartford
CONTACT: Ellen Solomon,
gingy81434@hotmail.com



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vaudeville,
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WEDNESDAY, MARCH 2, 7PM

Escape Artists

*The ones that
got away.
Silent film &
live performance*

WEDNESDAY, MARCH 9, 7PM

FILM & criticism

*Feature film première
plus NY film critic
David Edelstein*

SERIES CONCLUDES WITH *BROADWAY MEETS PURIM* - BEMA CONCERT, MARCH 20, 7 PM

Co-sponsored by Beth El Music & Arts and Lifelong Learning Committees and Men's Club of Beth El Temple