

Make Your Own Havdalah Set

A multi-wick candle (a braided Havdalah candle or any two candles with wicks held together)

Do you have 3 birthday candles you can hold together?
Do you have any yummy smelling candle with three wicks?
Do you have 3 Shabbat Candles?

If you happen to have any wick laying around =) you can also melt crayons and add three wicks to them

Pleasant-smelling spices (in a jar, from the garden, in a spicebox – however your family prefers)

I love using an orange, apple, plum. Add some cloves or cinnamon to it. Do you have honey at home? Microwave in a small ball – honey, cinnamon, apple? Experiment with different spices. The Spice Box is meant to be a little sweet, a little spicy.

A cup of grape juice or wine (a kiddush cup is customary, but any cup will do)

Does your family have a kiddush cup? Ask your parents what the story is? Is it from their wedding? Bar/Bat Mitzvah? Do you have a plastic or paper cup and permanent markers? Decorate your own kiddush cup with each family members goal for the coming week. Fill your cup with any fruit juice (apple, grape, orange, etc)

Blessings for Havdalah

Blessing over the wine:

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרֵי הַגֶּפֶן

Barukh ata Adonai, Eloheinu Melekh ha-olam, borei peri ha-gafen.

Blessed are You, Adonai our God, Ruler of the universe, Creator of the fruit of the vine.

Blessing over the spices:

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא מִיְּנֵי בְשָׂמִים

Barukh ata Adonai, Eloheinu Melekh ha-olam, borei minei v'samim.

Blessed are You, Adonai our God, Ruler of the universe, Creator of many kinds of spices.

Blessing over the flames of the Havdalah candle:

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא מְאוּרֵי הָאֵשׁ

Barukh ata Adonai, Eloheinu Melekh ha-olam, borei m'orei ha-eish.

Blessed are You, Adonai our God, Ruler of the universe, Creator of the fire's light.

Concluding blessing:

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמְבַדִּיל בֵּין קֹדֶשׁ לְחֹל, בֵּין אֹר לְחֹשֶׁךְ, בֵּין יִשְׂרָאֵל לְעַמִּים, בֵּין יוֹם הַשְּׁבִיעִי לְשֵׁשֶׁת יָמֵי הַמַּעֲשֶׂה, בָּרוּךְ אַתָּה יי, הַמְבַדִּיל

Barukh ata Adonai, Eloheinu Melekh ha-olam, ha-mavdil bein kodesh l'chol, bein or-le'choshekh, bein Yisrael la-amim, bein yom ha-shevi'i l'sheshet y'mai ha-ma'aseh. Barukh ata Adonai, ha-mavdil bein kodesh l'chol.

Blessed are You, Eternal our God, Ruler of the universe, Who distinguishes between the sacred and the profane, between light and darkness, between Israel and other people of the world, between the seventh day and the six days of the week. Blessed are You, Who distinguishes between the sacred and the profane.

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