



Shearith Israel
**SPANISH &
PORTUGUESE**
Synagogue of Montreal
Est. 1768

SHABBAT BULLETIN

February 4, 2023 | 13 Shevat, 5783



Kids' Shabbat

PARASHAT BESHALAH - SHABBAT SHIRA
OUR YOUTHFUL SYNAGOGUE...
BY: JULIA PERESS ROSENFELD

First Aliyah: Pharaoh kicked the Jewish people out of Egypt. G d did not allow them to take any shortcuts as he worried, they would run into their enemies. G d then commanded the Israelites to setup a camp along the Red Sea. This way the Egyptians would assume that the Jewish people were lost and would come looking for them. The Jewish people did as they were told and Egyptians armies went out looking for them.

Second Aliyah: The Jewish people noticed the Egyptian armies coming, and they panicked. They screamed at Moses who told them not to worry. "Don't be afraid," Moses said "Stand firm and see G d's salvation that he will wreak for you today . . . G d will fight for you,"



Third Aliyah: G d told Moses, "Speak to the children of Israels and let them travel!" G d then told Moses to extend his staff. He did and the sea divided, the Israelites walked on the seabed, on

dry land. The Egyptians followed them into the sea.

Fourth Aliyah: Moses stretched his hand over the sea and the waters that had been standing like walls, fell on the Egyptians, drowning them all. Moses led the Jewish people in song, praising G d for the miracle that had taken place. Miriam, Moses' sister, led the women in song and dance. The Jewish people continued their journey, they were hoping to find water but didn't. When they arrived in

Marah, they finally found water—but it was bitter. Moses sweetened the water, it was a miracle!

Fifth Aliyah: One month after leaving Egypt, the Israelites' ran out of food. They complained to Moses, mentioning nostalgically "the comforts of Egypt," that they left behind. G d responded that he will rain down bread from heaven in the mornings, and meat will be provided every night.



they arrived home with exactly one omer per person. On Friday everyone picked two omers. Moses explained that the second portion was to be prepared and set aside for Shabbat—when no manna would fall.

Seventh Aliyah: The Jewish people kept walking and when they arrived in Rephidim their drinking water ran out again. The Israelites complained, and G d told Moses to hit a rock with his staff. Water came pouring out of the rock and the people drank. The Amalekites then came and attacked the Jewish people. Moses told his student Joshua to assemble an army to fight. Joshua did so, and the Jewish people won—helped by Moses' prayer atop a mountain.

4:30-5:30 p.m. Snacks and refreshments will be served. During the rehearsal, we will introduce some of the songs from our Shabbat services. The children will have the opportunity to learn and practice the melodies.

Members of the choir will be invited to participate in the Shabbat service. We understand that many of you cannot commit to being there weekly and respect that. We will select a Shabbat a month where we will ask choir members to attend. Those who choose to come more frequently can join Marc in the choir section.

The choir is open to children 5-12 years old. If your child is interested in joining, please contact Julia Peress, Julia@thespanish.org for more information.

Shabbat Shalom & Tu B'Shvat sameah

SHABBAT SHALOM

Start/Debut 4:45 p.m. End/Fin 5:52 p.m. **Shabbat Shira**

PARASHAT BESHALAH
HERTZ PAGE 265
HAFTARAH JEREMIAH
HERTZ PAGE 283



SHABBAT SERVICES
SHAHRIT: 8:30A MINHA: 4:30P

WEEKLY SERVICES SCHEDULE

Sunday
Shahrit: 8:30A Minha: 5:00P

MONDAY - FRIDAY
Shahrit: 7:30A Minha: 5:00P

CHEVRA SHAAS Service Schedule

SHABBOS, February 4TH
Schachris 9:30 a.m.

SUNDAY, February 5TH
Schachris 8:00 a.m.

TORAH CLASS

Join ANDRE ROTCHEL in
Beit Hamidrash - Shabbat after
services - Refreshments

To contact Reverend Hazan
Daniel Benlolo:
cantorbenlolo@thespanish.org

TU BISHVAT festivities

SUNDAY, FEBRUARY 5 | 5:00PM
JOIN US FOR AN EVENING OF INSPIRATION,
FOOD AND CAMARADERIE

SERVICES LED BY HAZAN BENJAMIN HARROUCH
FOLLOWED BY SEUDAH IN BATTAT HALL

MONDAY, FEBRUARY 6 | 10:00AM
JOIN US FOR SONGS, STORIES AND BINGO WITH
GARDERIE ORSHELI AND SPECIAL GUEST RABBI
SCHACHAR ORENSTEIN

LUNCH TO FOLLOW IN BATTAT HALL

SPONSORED BY:
DANIELLE BENCHIMOL MASHAAL
IN MEMORY OF HER FATHER, ALBERT BENCHIMOL Z"l

SANDRA CHITAYAT & FAMILY,
HONOURING THE MEMORY OF HER PARENTS,
CLAIRE & MORRIS CHITAYAT Z"l

FRIENDS OF THE CONGREGATION

FREE DONATIONS ARE WELCOME!

SHABBAT KIDS CLUB

AGES 3-11
GARDERIE ORSHELI DAYCARE
10:00 AM - 11:30 AM

PARASHA STORIES
GAMES CRAFTS
SONGS PRIZES

EVERY SHABBAT

QUOTE OF THE WEEK

A person can spoil his grandchildren if he parents his children. If he spoils his children he will end up parenting his grandchildren.

| Aish HaTorah



S&P Choir

BY: REVEREND HAZAN DANIEL BENLOLO

The Spanish and Portuguese Youth Choir has always been a source of pride and joy for our synagogue. I sang in our choir when I was a young boy. I was joined by MARC EZERZER, and we developed an enduring friendship, a love for music and a connection that has lasted decades. We have been looking for the right time to re-launch the S&P Youth Choir and after the last Kids' Shabbat Takeover, we were more determined than ever.

We are excited to announce that the S&P Kids Choir is back! The youth choir will practice once a week on Tuesdays from

Chevra Shaas

Words From
Rabbi Menahem White
Beshalah 5783

Dear mitpallelim: I am writing from my son's house in Boca. I miss Chevra Shaas and all my Montreal friends very much, but I can't say that I miss the snow and cold temperatures.

Benai yisrael are finally escaping from Egypt. They get to the yam suf, cross over the sea, and then begin the journey through the desert to erets yisrael.

How did they know the direction? How is it possible to travel without Waze? Well, they had the best gps system ever! For Hashem was leading them with a pillar of cloud and a pillar of fire.

The Torah says "lo yamish" the pillar of cloud during the day, and the pillar of fire during the night, in front of the people. Most of the classical commentators understand "lo yamish" as being what your English teacher would call a transitive active verb. that is, Hashem would precisely alternate the clouds at the proper moment.

The commentary Baal haturim noted that the only other place in the entire bible where the words "lo yamish" appear in combination are in reference to Joshua's devotion to Moses. Joshua was at Moses' side every evening when the pillar of fire appeared, and every morning as soon as the pillar of cloud appeared.

The Baal haturim learns an important lesson from here: that devotion of student to teacher is why Joshua eventually merited to go in front of the people and to lead them into Canaan.

I am always happy to hear from you. I can be reached at whitemenahem@hotmail.com Or by phone at 201-836-6750 or 551-206-0395.

About our Youth Shabbat

BY: JULIA PERESS ROSENFELD

Welcome to our second of what we hope will be many "Youth Shabbats". Today your children, OUR children, will be leading the Shabbat morning service. Every week, our Shabbat Kids' Club, led by Morah Maayan Avraham and our Shinshin, Ariel Levy is home to a group of enthusiastic children. This week, they will be joined by Nina Hazzan the director of Garderie OrSheli and a group of volunteers. Our educators prepared an exciting, interactive program related to this week's Parasha. As part of the program, the children will have their very own mini-Kiddush.

We are fortunate to have so many wonderful young families and talented children join our Reverend Hazan on the Bimah today. So many of you put in so much work into preparing this service and we are so proud. Special mention to Riley Houx, who wrote and will be giving this week's D'Var Torah, to Ariel Layani who will be reciting the Haftarah, to Liam and Joshua Ohayon who will be reciting the Shema and to Naomi and Eloise Altman, who will be singing Ashrei and Etz Hayim. We will have many other children join us in the service and we could not be happier.

We are looking forward to what we are sure will be a very memorable morning.

We have several other events planned for our children over the next two months:

February 6th – Tu’Bishvat

The children of Garderie OrSheli will join Rabbi Schachar Orenstein for a morning of song, blessings and Tu B'Shvat themed Bingo. This is a wonderful opportunity to bring together members of all ages to celebrate a beautiful holiday.

March 7th – Children’s Purim Carnival

As part of our Purim celebration, we will be hosting a Kids Carnival. There will be a magic show bouncy castles, face painting, cotton candy, games, arts, and crafts and more.

April 4th – Pre-Passover movie night

We would like to invite the children of our community for pizza and a movie. We will have educators on site to supervise, entertain and feed the children. In addition to being a fun afternoon for the kids, this event will provide hardworking parents a well-deserved break before the seders.

Shabbat Shalom



3

COMMUNITY

Maghen Abraham

Perasha Bishallach

Incomparable

Just as verses 6 and 7 ("Your Right Hand... affrights every enemy...") summarizes the effect that their experience of the power of G-d over human might had on them, (-Your helping Right Hand which has shown itself in such extraordinary power frightens every enemy from attacking your protectees-) so this verse "Who is like You" summarizes the effect on them of having seen G-d's power completely unlimited and unfettered over the laws of Nature.

There are, of course "gods" – laws and powers of nature which are effective and influential, but although they are idolized and worshipped, You are above them and they are held and bound by Your wishes and orders. You alone are free, are not bound by Your own works, by the laws of Nature. You reign free over the forces and powers that You Yourself created but which men and deified and worship.

SHABBAT SHALOM!!
Mayer Sasson

A NEW YEAR FOR WHAT?

Source: TorahTots

SHVAT? The question: Why is this new year in the month of Shvat? The Talmud, Tractate Rosh HaShana tells us that by this point in the year, most of the rainfall to come during the year has already arrived. Therefore, the trees have already started to grow, and this is the time when fruits begin forming on the trees. Because the fruits begin to grow at this time, it is fitting that we start the New Year for the tree (which has significance to the fruits produced and the gifts the fruit are subject to) at this time.

In Eretz Yisrael, the 15th of Shvat is the day when new sap starts to rise in the trees. It is a time of rejuvenation. It teaches us the important lesson that even in times that seem darkest, there is new life, in times of sorrow there is hope, and in times of Galut, (exile) there is the light of Mashiach.

HOW WE CELEBRATE What better way to celebrate the birthday of trees than to actually plant a tree. There are all kinds of organizations and groups that are



dedicated to planting trees in the forests of Eretz Yisroel. You can also plant a tree in your own neck of the woods if you want to. Tu B'Shvat is the perfect time to protest deforestation and the shrinking of the rain forests, although there's no particular mitzvah to do so.

There are varied customs regarding eating fruit on Tu B'Shvat. Some have the custom of eating the seven species of fruits that grow in Eretz Yisroel. This "Top Seven" selection is based on a verse in Devarim: (8,8) "...a land of WHEAT and BARLEY and (GRAPE) VINES and FIG

trees and POMEGRANATES, a land of OLIVE trees and (DATE) honey." Others have a custom of eating fifteen species of fruit (the "top 7" and eight more). In today's "global fruitopia," where fruits from all over the world are available from our grocers, we mix it up: starting with the "top 7", we move on to local fruity favorites and throw in a "new fruit" (that we haven't eaten this year) in order to be able to make the Bracha (blessing) of Shehechyanu.

SHABBAT SHALOM & TU B'SHVAT SAMEAH
Reverend Hazan Daniel Benlolo

Upcoming Events

TUESDAY, MARCH 7 | 3:00P - 6:00P
SPY PURIM CARNIVAL
JOIN US FOR AN AFTERNOON OF CARNAVAL THEMED PURIM ACTIVITIES; GAMES, BOUNCY CASTLES, FACE PAINTING, COSTUMES, FOOD, COTTON CANDY AND MORE! - \$5/CHILD \$5/ADULT - \$20 /FAMILY
MEGILLAH READING 6:00P - REGISTER: WWW.THESPANISH.ORG OR <https://www.thespanish.org/event/PC23>

TUESDAY, MARCH 7 | 7:00 PM
PURIM GAME NIGHT
JOIN US FOR FUN & GAMES: BACKGAMMON, DOSA, PRIZES, MUSIC, COCKTAIL DINATOIRE & OPEN BAR - PRIZE FOR BEST COSTUME.
\$50/ADULT DEADLINE DATE: FEBRUARY 27 - \$60/ADULT AFTER.
VALET PARKING INCLUDED.
REGISTRATION: [HTTPS://WWW.THESPANISH.ORG/EVENT/PGN23](https://www.thespanish.org/event/PGN23)

Our Shabbat Kiddush Sponsors

SPANISH & PORTUGUESE

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The Congregation

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Alain Cohen, in memory of his father, Aaron Cohen z'l.