



Congregation Spanish & Portuguese

שארית ישראל

ויקרא

Parashat Tazria-Metzora

פרשת תזריע מצרע

Count of Omer

ספירת העומר

25 avril Shabbat Soir #17	26 avril Dimanche Soir #18	27 avril Lundi Soir #19	28 avril Mardi soir #20	29 avril Mercredi soir #21	30 avril Jeudi soir #22	1 mai Vendredi soir #23	2 mai Shabbat Soir #24
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ROSH HODESH IYAR: FRI./VENDR. APR. 24 AVR. & SHABBAT APR. 25 AVR. החדש החדש לך

Thoughts for Tazria-Matzora: Freedoms and Constraints By: Rabbi Marc D. Angel

"Tazria" is from the root "zera," seed. It represents fertility, growth, development. On a broader level, it represents those forces in our lives that help us to be free and strong, that allow us to draw on our talents to be as creative and productive as we possibly can be.

"Metsora" includes the word "tsar," narrowness. It represents constriction and limitation. On a broader level, it represents those forces in our lives that stultify our freedom and strength, that restrict our movements and our thoughts.

We read two parashiyot this Shabbat, Tazria and Metsora. Perhaps the underlying message is that these two elements go together. Life is composed of ups and downs, growth spurts and plateaus, creativity and suppression. How wonderful it is to live in a free society that respects us for who we are. How excellent it is to be able to speak freely and honestly without fear of oppression. When we feel the power of "Tazria" we feel we can achieve much and give much to the world.

How very bitter it is to live under tyrannies where freedom of religion, speech and movement are curtailed, where one has to be afraid of being condemned and harmed. When we feel the power of "Metsora" we curl up into frightened silence.

But don't we, who are fortunate to live in free societies, also well understand the forces of "Metsora?" We can't board an airplane without going through security; we can't enter an office building without showing our i.d.s. When we buy food products, they generally have safety labels to prove they have not been subjected to tampering. We learn, almost as a matter of fact, that we cannot trust human beings. There are people who want to murder us, blow up our airplanes, poison our food. Our lives are constricted by the fear of terror and violence.

The problem goes beyond worrying about our physical safety. The problem of "Metsora" is also an element in our religious lives. So many kosher products have multiple rabbinic endorsements, as though one endorsement is not enough. Why? Because one group does not trust the other group to do things properly. We have pronouncements by this rabbinic "authority" or that rabbinic "organization" that undermine the credibility of others who disagree with them. We have a "thought police" that attempts to impose its views—often very obscurantist and authoritarian views—on the rest of us. Those who stand up against extremism and authoritarianism risk being censured by the "authorities." Our thoughts, choices and actions are constricted by individuals who seek to control and manipulate us.

When Theodore Roosevelt was serving in the New York State Assembly in the early 1880s, he worked energetically to root out corruption in politics and in the judiciary. He urged his fellow assemblymen to censure and remove a certain judge who was notoriously corrupt: "He stands condemned by his own acts in the eyes of all honest people. All you can do is to shame yourselves and give him a brief extension of his dishonored career. You cannot cleanse the leper. Beware lest you taint yourselves with his leprosy" ("The Bully Pulpit," by Doris Kearns Goodwin, Simon and Schuster, New York, 2013, p. 75). Roosevelt's point was that those who do not resist corruption are themselves tainted by the corruption. Those who do not stand up against physical and spiritual Metsora become victimized and tainted by Metsora.

Tazria reminds us of the power to renew and to increase the forces of good. Although Metsora is a fact of life, so is Tazria. Although there are those who promote the impurity of Metsora, there are also many who promote freedom and creativity, beauty and harmony. Life is an ongoing struggle between Tazria and Metsora. Let us be sure that we ourselves are identified with freedom, and hope, and purity.

Shabbat Shalom

Start/Début 7:34 pm.

End/Fin 8:43 pm.

Havdalah



Services Schedule

Horaires des Offices

SHAHRIT: 9:00 a.m.
Everyday incl. Sunday & Friday

Afternoon/Evening Services:

Minha/Arvit 7:00
Fridays 5:00

Week Day Services
Zoom meeting ID:
5264381158

	Shahrit (הזריח)	Minha/ Arvit
Sunday/Dimanche	9:00	7:00
Monday/Lundi	9:00	7:00
Tuesday/Mardi	9:00	7:00
Wednesday/Mercredi	9:00	7:00
Thursday/Jeudi	9:00	7:00
Friday/Vendredi	9:00	5:00

MAZAL TOV TO:

**Grandparents,
Arlene & Henri Abitan and
Sandra Koukou, on the
"Baby Naming" of proud parents,
Na'Omi & Alexandre Abitan.
Zoom ID: 5264381158**
**Grandparents, Doris & Eli Ambar
and parents,
Amanda & Michael Battat,
on the engagement of
Rebecca to Brennan,
son of Natalie & David Rashkovan
(Toronto)**

**OUR CONDOLENCES TO:
The Nathaniel, Choo
& Calcott Families,
on the loss of
Clara Nathaniel z'l.**

Quote of the Week

If you don't sacrifice for what
you want, what you want
becomes the sacrifice.

- Aish HaTorah

Beit Hamidrash Helwani

בית המדרש הלואני
Parnass Hashana - פארנס השנה
Joseph & Betty Nezri
Parnass Hakavod - פארנס הכבוד
Mayer & Muriel Sasson
In Honour of Rabbi Cantor Yehuda Abittan

PROGRAMME DU BEIT HAMIDRASH

שיעור יומי

PROGRAMME QUOTIDIEN - HOK LEISRAËL
DIM.-VEN. APRÈS SHAHRIT RABBI MAIMON PINTO

ZOOM MEETING ID: 5264381158

PARNASS HAYOM פארנס היום

Thursday 22 Nissan - April 16

Raphael Lallouz, in memory of his mother, Alice Lallouz ז"ל.

Shabbat 1 Iyar - April 25 avril

Penina & Claude Helwani, in honour of their granddaughter, Cara Chaya Helwani.

Sam Abdou, in memory of his father, Khadouri Abdoo ז"ל.

Afram & Leila Khamara, in memory of his mother, Violet Khamara ז"ל.

Dimanche 2 Iyar - 26 avril

Famille Romano, à la mémoire de leur père, Miro Romano ז"ל.

Max Saad, à la mémoire de sa mère, Rosa Saad ז"ל.

Michel Dahan, à la mémoire de son grand père, Meyer Dahan ז"ל.

Monday 3 Iyar - April 27

Evette Mashaal, in memory of her father, Naji Menashi Shahin ז"ל.

Linda Bilbul & Family, in memory of Hanuka Bilbul ז"ל.

Tuesday/Mardi 4 Iyar - April 28 avril

Leila & Afram Khamara, in recognition of their support & generosity to BH & S&P.

Famille Moryoussef, à la mémoire de leur mère, Hassiba Shirley bat Esther ז"ל.

Wednesday 5 Iyar - April 29

Rouben Family, in memory of their mother, Leah Rouben ז"ל.

Jendredi 6 Iyar - 30 avril

Marie Myriam Benhaim, à la mémoire de sa soeur, Fernande Fortuné Benhaim ז"ל.

Friday 7 Iyar - May 1

Linda Lempert, in memory of her father, Edward Iny ז"ל.

CHEVRA SHAAS
ADATH JESHURUN
HADRATH KODESH
SHEVET ACHIM
CHAVERIM KOL YISRAEL
D'BET ABRAHAM
CONGREGATION

SHABBOS, APRIL 25TH

Shacharit services during the week at
9:00 a.m.

There are no Shabbat services: not Friday night, nor Shabbat morning or afternoon. Seudah at home, at everyone's preference.

This coming Wednesday, the 5th of Iyyar, we commemorate Israel Independence Day (preceded by Tuesday's observance of Remembrance Day.) Independence Day is an important religious holiday, as we give thanks to HaShem for the State of Israel. HOWEVER, there is something unique about this year's 5 Iyyar, as I describe below:

The Jewish calendar was set so that the 1st day of Passover can **never** be on a Monday, Wednesday, or Friday. If so, the 7th day could **only** be on a Sunday, Monday, Wednesday, or Friday.

And the 5th of Iyyar always comes out on the same day as the 7th day of Passover!!

HOWEVER, Yom haAtsma'ut will be celebrated on the proper date, the 5th of Iyyar, ONLY when it comes out on a Wednesday, as is the case this year.

Why? Well, if it were to fall on a Friday, the Knesset decreed that it should be pushed back to Thursday, to avoid celebrations that would go on until Friday night, and might violate Shabbat.

If it were to fall on a Monday, it would be pushed forward to Tuesday, so that people would not violate Shabbat to get to the Kotel on Saturday night, to observe Remembrance day.

If it were to fall on a Sunday, it would also be pushed to Tuesday, to avoid Shabbat violations.

THUS, ONLY WHEN 5 IYYAR IS ON A WEDNESDAY CAN THE HOLIDAY BE OBSERVED ON THE PROPER DATE.

May the special situation of this year's holiday inspire us to pray the traditional greeting with extra fervor: *mo'adim le-simcha*, may we see soon a *ge'ulah sheleimah*

Shabbat shalom, Rabbi Menahem White

שבת שלום

HALAKHA הלכה

"CHÉHÉH'ÉYANOU" PENDANT LE OMER (NOUVEAU VÊTEMENT OU NOUVEAU FRUIT)

Certains ont la tradition de ne pas inaugurer un nouveau vêtement durant la période du 'Omer (jusqu'au 34^{ème} jour), pour ne pas avoir à réciter la bénédiction de Chéhéh'éyanou (il s'agit ici d'un vêtement qui procure une certaine joie comme une nouvelle chemise ou autre, mais du nouveau linge de corps – sur lequel on ne récite pas cette bénédiction – il est permis selon tous les avis de l'inaugurer pendant le 'Omer.)

Tandis que d'autres s'autorisent l'inauguration de nouveaux vêtements pendant le 'Omer.

Certains s'imposent la H'oumra (la rigueur) de ne pas coudre ou préparer des nouveaux vêtements pendant la période du 'Omer, mais notre tradition l'autorise.

De toute façon, même les personnes qui se l'interdisent, peuvent tout de même se l'autoriser lorsqu'il s'agit des vêtements d'un H'atann (un futur marié) qui célèbre son mariage le 34^{ème} jour du 'Omer.

Selon l'opinion de notre maître le Rav Ovadia YOSSEF z.t.s.l., il n'y a aucune interdiction, ni H'oumra particulière, à veiller à ne pas réciter la bénédiction de Chéhéh'éyanou sur un nouveau fruit, pendant le 'Omer.

Les personnes qui s'en abstiennent, le font par confusion avec la période de Ben Hamétsarim (les 3 semaines entre le 17 Tamouz et le 9 Av) car effectivement, on s'abstient selon le Din de réciter cette bénédiction – même sur un nouveau fruit – durant les 3 semaines de Ben Hamétsarim.

Mais pendant la période du 'Omer, il n'y a absolument pas d'usage de s'en abstenir, car les jours du 'Omer ne sont pas des jours de deuil de par eux-mêmes, comme le sont les jours des 3 semaines de Ben Hamétsarim, pendant lesquels s'est produit la destruction des 2 Temples de Jérusalem, ainsi que d'autres malheurs si nombreux. C'est donc pour cela qu'il faut s'abstenir durant cette période, de réciter la bénédiction de Chéhéh'éyanou *Vékiyémanou Véhiguiy'anou « LaZémann Hazé » (qui nous a fait vivre, qui nous a fait exister, et qui nous a fait parvenir « à ce moment-là»)*, alors qu'on se trouve à un moment voué aux malheurs pour la nation entière.

Mais les jours du 'Omer ne sont pas voués aux malheurs. Au contraire, selon le RAMBANN (Rabbénou Moché Ben Nah'mann) la sainteté des jours du 'Omer est équivalente à celle des jours de H'ol Ha-Mo'ed (jours de demi-fête).

Par conséquent, il n'y a pas lieu sur ce point, de s'imposer la H'oumra.

Mais en ce qui concerne les nouveaux vêtements pendant le 'Omer, il est convenable de s'imposer la H'oumra, de ne pas les inaugurer pendant cette période.

Si toutefois il y a une nécessité d'inaugurer un nouveau vêtement pendant le 'Omer, il est juste de l'inaugurer à l'occasion de Chabbat, où l'on pourra – dans ce cas – réciter la bénédiction de Chéhéh'éyanou.

De même, à l'occasion d'une Bar Mitsva ou d'une Brit Mila, on peut autoriser l'inauguration d'un nouveau vêtement pendant le 'Omer.

Yalkout Yossef Moadim III - Shabat Shalom, Rabbi Maimon Pinto



S&P Bulletin Board



Dear Friends,

Our synagogue is under financial strain during this unfortunate time.

If you feel comfortable to make donations for a loved one or pay your balance, please call the office (514) 737-3695 to leave a message and someone will handle your payment. OR you can use our S&P website (link below).

Thank you for any contribution you make. Stay safe and G-d willing, we will get through this together and have wonderful smahot soon.

[Click here for Online Payments](#)



Merci



THANKS FOR YOUR DONATIONS:

✿ Honouring Marc and Jamie Hadid.

✿ The Spanish & Portuguese Crisis Response Fund.

By: Charles & Racheline Abadi

Merci




2020 Cemetery Flower Arrangements

Those wishing to make any of the selections below, please advise *Françoise Babulot* at the office (737-3695 x121) or by email: Francoise@thespanish.org

Arrangement I*

A complete floral bed
of 42 red begonias
\$225.00 each grave

check here ☐

Arrangement II*

A floral bed of 36 red begonias
trimmed with 18 begonias plants
\$295.00 each grave.

check here ☐

Arrangement III

A pot of yellow mums
Mother's Day Qty: _____
Father's Day Qty: _____
Rosh Hashana Qty: _____
\$90.00 each pot

Arrangement IV*

Sodding Bed
A complete bed of grass
\$310.00 one-time payment.
check here ☐

Perpetual Maintenance

Please notify the office and a
contract will be sent out to you.
\$8,500.00 one-time payment for 49 years.
check here ☐

*Arrangements I, II & IV will be planted in May (weather permitting).
To avoid delays, orders and payments must be received at the synagogue
office *as soon as possible*. Please note: No personal annual flower
plantings are permitted without prior consent from the Cemetery
Committee.

PAYMENTS: THROUGH S&P WEBSITE OR CALL *FRANÇOISE* (SEE ABOVE):

Spanish & Portuguese Synagogue
4894 St. Kevin Avenue
Montreal, Quebec - H3W 1P2

First Name: _____
Last Name: _____
Phone #: () _____
Email: _____
Name of deceased: _____

OUR SHABBAT BULLETIN IS SPONSORED BY/EST OFFERT PAR:
Raphael Lallouz, à la mémoire de sa mère, Alice Lallouz z'l.