

HaShomer

November 2022

Congregation Beth Shalom

Cheshvan/Kislev 5783

Schedule of Services

Friday, November 4
Led by **Cantor Elisa**
Saturday, November 5
Led by **Judy Pelusi**
Torah: Lech-Lecha

Friday, November 11
Led by **Cantor Elisa**
Saturday, November 12
Led by **Stuart Snow**
Torah: Vayera

Friday, November 18
Led by **Martine Thomas & Barry Goldfarb**
Saturday, November 19
Led by **Cantor Elisa**
Torah: Chayei Sara

Friday, November 25
Led by **Cookie Kabakoff**
Saturday, November 26
Led by **Stuart Snow**
Torah: Toldot

Farewell Tribute to Thressa Lobel

It is a sad moment as I write this farewell to Thressa Lobel who served the many members of Congregation Beth Shalom since 2011. It was President Barry Goldfarb who hired Thressa as manager of the office at Congregation Beth Shalom. It is amazing to think that Thressa also managed the Congregation Beth Shalom office under Presidents Sharon Wenokur, Lynda Freidensohn Feinberg, Yael Sasley, Pam Sudbury, Stuart Snow and Michael Kapin. In Thressa's role, she was central to the many functions that governed the operation of the synagogue. She served as the main point of contact for the congregants, vendors and visitors; she directly supported the President and Cantor; she collaborated with the Finance Committee to track revenue/disbursement and close monthly books; she collaborated with the House Committee regarding physical maintenance needs of the building and greater campus; she maintained records and historical documents; she arranged for security presence at services and events; she coordinated lunches with our food service vendor.



Beyond this work, Thressa gave so much more. She was a confidant, advisor and caring friend to our many congregants. She was an integral part of Beth Shalom family life cycle events, in both good times and bad. She repeatedly demonstrated what a truly beautiful person she is. Thressa will be missed but not forgotten. We all wish her many happy and healthy years ahead in retirement to spend with family and friends.

Thressa's last day in the office will be Friday, November 11. I encourage all to pick up the phone, write a short email, or send a letter to the office. All correspondence will be forwarded to Thressa. I will provide a forwarding address after Thressa leaves.

*- Dr. Michael Kapin
President, Congregation Beth Shalom*



CONGREGATION
BETH SHALOM

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The Silence Between the Musical Notes

I often think of the Jewish calendar as a great musical composition. It is composed of twelve movements and occasionally thirteen if it is a leap year, one movement per month. Each movement is characterized by its own holidays and traditions that come with it, yielding its own distinct flavor and sound.

In the month of Elul we are overwhelmed by a minor tune, somber in character and slightly dissonant. We are engaged in introspection and looking ahead to the month of Tishrei, the month that follows, during which our fate is sealed. We experience a crescendo of mixed emotions building up from Rosh Hashanah through to Yom Kippur. The somber melody gets louder and more overwhelming in our ears until the shofar is blown at the end of Ne'ilah and before we know it, we are rejoicing in the dance-like tune of Sukkot and Simchat Torah. The melody picks up in pace and is no longer in a minor key. It is in a major key – it sounds joyous! Moving ahead to Kislev, we hear a warm, homey melody. The weather is cold, it is dark outside, and the days are short, yet we are shielded by the warmth of the indoors and the beauty of our Hanukkah candles displayed proudly in our windowsills. And then the music begins to echo the sounds of trees blowing in the wind for Tu B'Shevat, the birthday of the trees. By the time we reach Adar, the melody becomes playful, and at times a bit ominous as we celebrate Purim, a holiday commemorating our survival, despite the fact that we were almost obliterated. The tempo is a brisk allegro and there is an ensemble of jovial voices accompanied by low persistent drumbeats, reminding us of just how grave the situation was for the Jews in Persia. As we enter Nisan, the month during which we celebrate Passover, there is a chorus of many singing "Mi Chamocha," "Who is like you, God?" after having been saved by the splitting of the Sea of Reeds. The voices are in harmony and eventually the tune becomes restless as the Israelites wander the desert for forty years. By Sivan, the month during which we celebrate Shavuot, the tune reaches a climax, it hits the highest point of its crescendo preceded by a drumroll, as the Israelites receive the greatest gift of all, the gift of Torah. And the melody continues with some minor twists as we observe the three weeks of mourning leading us to Tisha B'Av. Over the course of the entire year, each movement has familiar motifs, the most familiar motif being that of Shabbat, a soft "Shalom Aleichem," sung by angels. The end of each year is distinctly marked with repeat signs, telling us to begin the cycle over again once we have completed it in its entirety.

But what about the month we are currently in - Cheshvan? The month of Cheshvan falls between Tishrei, a month filled with...

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Welcome to our new members

Shelley & Gary Bowyer

Al & Vicky Abrams

Welcome to Beth Shalom!



The Ritual Life

I am writing this article as I was appointed by President Kapin to be the interim Ritual Committee chair while Jordan Zadwick recuperates from his recent surgeries. May HaShem grant him a refuah schlemah, speedily and soon!

The HHD season began with Selichot weekend, which was very well attended by all three Reform congregations in Tarrant County. Rabbi Pamela Wax provided stimulating, thought provoking and enriching topics throughout the weekend. Twin Cantors **Elisa and Shoshana** did not disappoint with the Selichot musical experience Saturday evening at Beth El, either!

All HHD and Festival services were well attended. In fact, extra seats had to be added during Rosh Hashanah services! Over 40 people came back to shul for the YK afternoon services and break fast! Thank yous are in order to **Cathy Frisinger, Rochelle Bekerman** and the rest of sisterhood for sponsoring the oneg on Erev RH and the break fast after Yom Kippur.

Our new shofar blowers **Joseph Atkens and Casey Paige** did not disappoint, and we look forward to their future performances for many years to come.

Additionally, over 20 people attended Sukkot morning services and enjoyed a bountiful lunch in our new Sukkah. Thank you to our brotherhood for setting it up!

Unfortunately, with Jordan Zadwick out of commission, I am unable to report how many viewed our various services on Livestream.

Special thanks go out to **Cookie Kabakoff** for polishing the silver Torah ornaments and ordering the beautiful flowers, and to **Janet Aaronson** for overseeing and managing the designated honorees for the HHDS.

All in attendance had only wonderful things to say concerning Cantor Elisa and Marta Stern Johnson's leadership and performances on the bimah.

Hakhel

On another note, as we read in Devarim 31:10-12, "at the end of every 7 years, at an appointed time, in the Festival of Sukkot (following) the year of Shemithah, when all Israel comes to appear before the Lord, your God, in the place He will choose, you shall read this Torah before all Israel, in their ears. Assemble the people: the men, the women, the children..."

Every 7th year was a Shemithah ("sabbatical") year. For an entire year, the nation's economy came to a standstill as all farmers and agrarian workers abandoned their fields and flocked en masse to the study houses where for a full year they focused on their spiritual, rather than physical needs.

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Hashomer

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Brotherhood

CBS Congregation,

Happy November! Brotherhood has been staying very busy. Congratulations to Cindy Simon for winning the Brotherhood liquor basket raffle! There couldn't of been a more deserving person to win. The Brotherhood put up and took down the new Sukkah. That was a fun bonding project to say the least and we made the front cover of the TJP! We celebrated in our new Sukkah with the Sisterhood over a delicious and filling pot luck brunch.



We had a "Brotherhood Dinner Night Out" where we all met at The Woodshed in Ft. Worth and ate some good smoked meats and had some cold ones to drink.

Mark your calendars for November 20th, when we gather once again at Shenaniganz in Rockwall for a fun evening of bowling and participate in an escape game room. This event will be tons of fun!

We have several other events lined up including but not limited to a distillery tour, another poker night, cook outs and so much more. Don't miss out! See the pictures below from our events.

The main goal of our Brotherhood is to help our CBS community in every positive shape and form. To do this effectively we need to grow! Joining will be a huge Mitzvah and there are so many ways that you can contribute. Everyone has their own strengths and together we can be a great force in the Jewish Community. I am asking for all men who are members of CBS to do me a personal favor and please contact me to join at 954-300-8756 or Barrette954@gmail.com. Fees are a one time \$36 a year or a 5 for 4 plan where you pay \$144 for 5 years.

*- Barrett Garrison
Brotherhood President*



Anniversaries



November 9

Keith & Judy Pelusi

November 21

David & Angela Markson

November 25

Ken & Linda Licker

Richard & Stephanie Posner

Safety for Beth Shalom

Many of us remember the events of January 15, 2022 with the terror at Congregation Beth Israel in Colleyville. Don't think that something like this could never happen at Congregation Beth Shalom. Almost anything can happen anyplace at any time. Be prepared to handle any situation. The Security Committee has been working to harden security at our location. Hardening security means taking steps to prevent an incident anyway possible. The CBS Security Committee has created two documents that are recommended reading for all our members. They can be found on the [CBS website](#), and then select **Members Only**. Security Protocols are listed and you need to select **Click here** to open them up. You should become familiar with the contents of both the **Emergency Action Plan** and the **CBS Manual of Security Procedures**. You will find details of what to do in case of an emergency or incident. These procedures are important to read and understand for everyone. The procedures can also be used wherever you are. Be vigilant of your surroundings and know where alternate exits are in every location you visit. If you have questions or suggestions about these documents please contact me. **Phil Kabakoff, Security Committee Chairman**, kabbyintx@yahoo.com.

If you see something, say something to somebody or call 911

Come Join Community Mitzvah Day

Sunday November 13, 2022 9:30 am Gathering

Congregation Ahavath Sholom 4050 South Hulen Fort Worth

**Breakfast Snacks *Singing *Doing Good *Meet & Greet Jewish Community*

**Beth-El Congregation Chabad of Fort Worth
Chabad of Southlake Congregation Ahavath Sholom
Congregation Beth Shalom**

**Joe and Helen Richards Foundation, Chicotsky Family Trustees
Jewish Federation of Fort Worth & Tarrant County B'nai B'rith Senior Housing**

*** For questions call Cindy Simon 817-569-0892**

Mitzvah Blood Drive



During Mitzvah Day
November 13th 2022
9:00 - 12:30 pm

Congregation Ahavath Sholom

To sign up contact:
Nachshon or Joyce Atkins
817-505-3929
any736@gmail.com

Habitat For Humanity



Volunteers 18+ Needed

During Mitzvah Day
November 13th 2022
7:30 am - 3:00 pm

Location TBA

[Volunteer sign up](#)

Yahrzeits



November 1

Fern Blatt*
Lazlo Mittelman*
Dr. Isadore M. Schnee*

November 2

Morris Mandel*
Edith Wenokur*

November 3

Rita Rosenthal Cohen*
Sylvia Kabakoff*

Shirley Lynch

Morris Robinson*

November 5

Sylvia Weiner

November 6

Rachel Doskatz*

November 8

Jane Kellman
Martha Steinberg*

November 9

Alex Cabrero*

November 10

Ephraim Cohen
Jerome Eisenfeld*

Joseph Pelusi

November 11

Nettie Rosenberg*

November 12

Barbara Jetty

November 13

Stanley Caspan*

Howard Jacobs

Louis Weiner*

November 14

Evelyn Fisher

November 15

Chester Cohen*

Burt Friedman*

Carroll Wagner

November 18

Milton Licker*

November 19

Philip Dunn

Henry Kasten

Lewis Pincus*

Al Yalen

November 21

Morris Mandelkorn

November 23

Howard Scott Flack*

Morris Gitterman

Maxine Roth

Solomon Washor

November 25

Marian Cook

Isaac Fuchs

Shelagh Lenhoff

Remy Mires

Dolores Schneider*

Mary Ward

November 26

Odette Egyes*

Eve Kaplan Downing

November 27

Sigfried Rothschild

November 28

Celia Rothschild

November 29

Isaac ben Shaoul Israel*

Lee Schulman

November 30

Ann Lidell

The Ritual Life

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Now, at the onset of the 8th year (the first in the new seven-year cycle), the nation is ready to head back to the fields and orchards. But first, on the 2nd day of the holiday of Sukkot, 16 days into the new year, all would gather in the Holy Temple for a dose of inspiration. A hush falls over the mammoth crowd, as the royally bedecked king of Israel ascends on a platform and reads sections of the Holy Torah! Inspiration to tide them over for the next 6 years, most of whose time would be spent in business endeavors.

This event was known as Hakhel, "assemble!" It was the only event that required the attendance of every Jew, reminiscent of the historic moment when our nation was present when God lovingly gave us the Torah.

The "Hakhel Year" is an opportune time to promote Jewish unity and gatherings. While the biblical mitzvah of Hakhel is only in effect when all the Jewish people reside in the Holy Land, nevertheless this is an auspicious time to assemble and encourage each other to increase in Torah observance and study, fostering an environment of love and awe of God.

What better way to take advantage of this opportunity than to attend our weekly Torah Study sessions. We meet on Zoom most every Monday morning from 10:30 a.m. to 12:30 p.m. Facilitated by yours truly, we draw from several sources to expand and enlighten your understanding. This class is open to all regardless of prior knowledge. Questions and discussions are encouraged. Won't you join us?

- Stuart Snow

The Silence Between the Musical Notes

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holy days, and Kislev, a month during which we celebrate the Festival of Lights, otherwise known as Hanukkah. Cheshvan is often called Mar-Cheshvan, or "bitter" Cheshvan, because it is a month with no holidays. It is a break from the variety of holy days we have just experienced. I like to think of it as a month of new beginnings. We have just embarked upon a new year and the cycle of reading the Torah over again. Perhaps it is a time to reflect on what we have been contemplating over the past weeks and begin to put into action what we envisioned for the year to come.

In musical terms, I like to think of Cheshvan as the silence between the musical notes. Throughout my musical studies over the years, I have learned that the rest-markings in music are just as important as the musical notes themselves. They say that it is the silence between the notes that makes the music so powerful. Perhaps we would not have the capacity to internalize all that we just experienced in Tishrei if we did not have the silent month of Mar-Cheshvan to follow it. Perhaps Cheshvan is the musical movement characterized by one big rest-marking - a silent movement in this musical composition of the Jewish calendar. As we enter this quiet month, I invite you to take a moment to pause, to breathe, to rest. Somehow, I have a feeling it will allow us all to more clearly visualize the rest of the year and internalize the power and beauty within the Jewish calendar.

- Cantor Elisa Abrams Cohn
Congregation Beth Shalom

When there is a need.....

Congregation Beth Shalom has a very active Caring Committee ready to respond to the needs of our congregation. Whether it be a cheery card, a personal phone call, a meal, a visit, or even a grocery drop off for a shut in, we would like to respond but we have to know. Rather than calling the office and having the information forwarded on to me, a new email has been created to expedite the information and thus coming in a more timely manner.

Please feel free to contact me directly at caring@bethshalom.org, or any of the following committee members listed below. As always, your privacy will be guarded if you choose and you can feel confident that if you contact me I will honor that.

We are a family and each one of you is an important member. If you would like to make a donation to the Caring Committee Restricted Fund, that will assure that funds are available to meet our future needs.

Thank you for your continued support.

Janet Aaronson - caring@bethshalom.org

Caring Committee Chair

Members:

Joyce and Nachshon Atkens

Karen and Bob Burns

Sarita Cabrero

Cathy Frisinger

Cookie Kabakoff

Stephanie Posner

Fran and Ben Weiger

Birthdays



November 3

Martine Thomas

November 9

Mark Lewis

Zachary Mikulencak

November 10

Jeremy Shaw

November 11

Shem Atkens

November 16

Cindy Wilcox

November 21

Danielle Snailer

November 29

Yael Sasley



Social Action presented cards made by CBS members to soldiers and lone soldiers in Israel at the Friends of the IDF family picnic

The Atkens family volunteered at the picnic with games, crafts, and treats



Sisterhood

Thank you to everyone who helped with meals and onegs for the High Holidays. Special thanks to Rochelle Bekerman, who prepared the tables and supplied the flower centerpieces, and Martine Thomas, who coordinated the break fast.

The rain stopped in time for the Brunch in the Sukkah event to proceed. Thank you to Danielle Snailer for coordinating and to Angela Markson for coming up with a fun game. The new sukkoh is terrific, roomy and nice-looking. A big thank you to Brotherhood for putting it up -- it was a lot of work -- and to the Sunday school students, Judy Pelusi and Stephanie Posner for decorating it.

Sisterhood's next event is a trip to the Homestead Fair at the Homestead Craft Village outside of Waco on the Sunday after Thanksgiving. This is a fun day, with demonstrations of old-time crafts and foods and items made in their craft shops to purchase. We will be car-pooling to the fair, so it is especially important to RSVP. Reach out to Danielle Snailer by text at (817)-455-9538 or by email daniellesnailer@gmail.com

We will likely gather at the Cinemark in Mansfield about 10 a.m. It is about an hour and 20 minute drive from there. The plan is to spread out and enjoy the different activities, snacks and desserts, demonstrations and shopping.

In the event of rain, this event will be cancelled.

Don't forget to fill out your anniversary-gram order form. Send your completed form to Dina Lindell. (If you need another form, she can email you a new one.)

Sisterhood will be collecting gently used coats, new socks and gloves. More information to follow.

And, finally, please consider doing a stint as a greeter for Saturday morning services once every couple months. The greeter is part of our synagogue safety measures and we do need additional people helping with this. It would be a mitzvah to occasionally help with this.

- Cathy Frisinger



Donations

Received thru Oct. 21st

General Fund

In Memory Of Albert Schneider

From Barry & Charwynne Schneider

Thanks for the warm welcome to Yom Kippur services

From Michael Weiss

In Memory Of Gertrude Rubin

From Sherwin Rubin

In Honor Of Cantor Elisa, Mike Kapin, Stuart Snow, Ellen Pincus, Janet Aaronson & Cookie Kabakoff

From Sherwin Rubin

In Memory Of Samuel Jonas Katz

From Sarai Stuart

Cantor's Discretionary Fund

Donation from Al & Vicky Abrams

In Honor Of Shai Sasley's Bar Mitzvah & In Honor Of Thressa Lobel's retirement

From Wanda & Larry Brunell

In Memory Of Edna Weiser Weinstock, Stewart Weinstock, Robert Zollars & Deidre Curry Jernigan

from Brenda Weinstock

Chevra Kaddisha Fund

In Memory Of Elliott Blumberg

From Loesje Blumberg

Sanctuary Fund

In Memory Of Aaron Shane Goldsmith

From Marty & Debbie Goldsmith

Oneg/Kiddush Fund

In Memory Of Philip Tanz

From Jan & Howard Weiss & Harvey Tanz

Maintenance Fund

In Memory Of Cecil Gardner

From Norm and Toni Epstei

Caring/Tsedakah Fund

In Honor Of Jordan Zadwick

From Lisa & Michael Rein

Prayer Book Fund

In Memory Of Philip Tanz

From Jan & Howard Weiss & Harvey Tanz