

Chai Lights

The Newsletter of Congregation Beth Shalom



SELICHOT: Saturday, September 1st, 7:00 pm

"Jewish KonMari: The Spirituality of Tidying Up" with Rabbi Nancy & Rabbi Oren Postrel

EREV ROSH HASHANAH: Sunday, September 9th

6:30 pm: Family Service (ages 3 through 11) with Rabbi Nancy

7:30 pm: Adult Service* & 7:30 pm: Teen Program with Ben Gould*

JOIN US!



ROSH HASHANAH FIRST DAY: Monday, September 10th

10:00 am: Adult Service, Teen Program with Dan Bernick, and Children's Service with Red Gobuty & Jeff Swatt
Lunch following services

9:30 am-1:00 pm: Camp Shofar (ages 3-11)

TASHLICH: Following Lunch. Guy West Bridge (see flyer for details), Free Street Parking.

ROSH HASHANAH SECOND DAY: Tuesday, September 11th, 10:00 am

Community Service with Rabbi Nancy. Albert Einstein Residence Center, 1935 Wright St.

KOL NIDRE: Tuesday, September 18th

6:30 pm: Family Service (ages 3 through 11) with Rabbi Nancy

7:30 pm: Adult Service* & Teen Program with Ben Gould*

YOM KIPPUR: Wednesday, September 19th

9:30 am-1:00 pm: Camp Shofar (ages 3-11)

10:00 am: Adult Service

10:00 am: Teen Program with Dan Bernick/Children's Service with Red Gobuty, Matt Kurtz & Jonathan Aron

1:00-2:50 pm: Afternoon Programs

3:00-4:00 pm: Healing Service; Music by the CBS Band

4:00 pm: Afternoon Service

5:00-7:00 pm: Camp Shofar (ages 3-11)

5:00 pm: Yizkor

6:00 pm: Ne'ila followed by Break the Fast

Board of Directors 2018–2019

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rabbinancy@cbshalom.org

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administrator@cbshalom.org

Office Manager

Symone Stephens
office@cbshalom.org

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Jennifer Reason

Congregation Beth Shalom
4746 El Camino Ave.
Carmichael CA 95608
916-485-4478
www.cbshalom.org



From the Rabbi's Desk: Belief In One Another

Anne Frank's house is a very popular destination in Amsterdam. Unlike other tourist sites, Anne Frank House tickets cannot be purchased on line. To gain entrance, you wait in an unusually long queue until you reach the ticket window and interact directly with the seller. Upon

Entering the house, you climb to the attic and discover tiny rooms void of furniture. Anne's father Otto Frank did not want the house to become a site where visitors might be tempted to sit at the table or scrutinize a couch. Based on facts, he wanted the experience to be spun from each person's heart. The vacant rooms with detailed murals speak volumes about the individuals who silently lived within the walls and the virulent world outside.



Outside the Anne Frank house is the serene canal called the Prinsengracht. All the narrow streets are packed with pedestrians, bicycle riders, and impatient cars. Eyes soak in the decorative tulips reclining on picturesque bridges. Around the corner from the Anne Frank House is a crowded world-famous pancake restaurant. It is difficult to conceive how such an innocent bustling exterior world once contained such secret suffering.

There in the cramped attic, scarcely able to look out the window for fear of being discovered Anne wrote in her diary. From 1942-1944, her pen drew messages that were imminent to her existence and somehow still relevant today. She wrote:

"In the long run, the sharpest weapon of all is a kind and gentle spirit."

"As long as this exists, this sunshine and this cloudless sky, and as long as I can enjoy it, how can I be sad?"

"I don't want to have lived in vain like most people. I want to be useful or bring enjoyment to all people, even those I've never met. I want to go on living even after my death!"

It is now 2018. In our community, we have freedom to live our lives as Jews and as Americans. Our country permits us to take time off from work and from school to observe our holiest of days. Rather than fearing police, they guard our well-being.

While far from perfect, our lives are paradise in contrast to those who lived in fear and perished. Albeit midweek High Holidays are more difficult than when they fall during the weekend, we are blessed to live here and now.

"How wonderful it is that nobody need wait a single moment before starting to improve the world."

Our Jewish high holidays begin Saturday, September 1st with Selichot and continue until Monday, October 1st with Simchat Torah. For all those who longed to celebrate but could not, we carry their hopes with us into the future.

Shanah Tovah u'Metukah, wishing you a good and sweet New Year.

Rabbi Nancy Wechsler

THE NEW YEAR IS COMING, THE NEW YEAR IS COMING! Paul Revere was Jewish? No, but we are, and we have much to reflect on in the year that is ending as well as plans and aspirations for the year that is arriving.

First, we have so many members and friends to thank. **David Silverberg** came through and provided the funding for the new ovens in our kitchen. You didn't know we have new ovens? Just weeks before the CBS Jewish Food Faire, one of the ovens gave up the ghost. Our wonderful past president and kitchen manager, **Jana Uslan**, undertook the task of searching for a new oven. When she found the perfect arrangement, David generously offered to underwrite the acquisition. So, a giant thank you to them both!

We also have a new rehearsal piano for the CBS choir. **Jan Thornburg**, a long-time member of the choir, decided the pianos in the upstairs classroom were beyond salvaging. She gave of her time to search for a good quality used piano, and then she purchased and donated the piano to CBS. Choir director, **Jennifer Reason** has expressed her enthusiastic approval of the new piano. So, thank you, Jan!

On August 12th, **Dave and Roberta Malkin** celebrated their 25th anniversary by renewing their wedding vows at a lovely ceremony officiated by **Rabbi Nancy** and attended by many friends and family. Dave and Roberta requested that in lieu of gifts, donations should be made to the CBS General Fund. Thank you, Dave and Roberta, for your generosity toward CBS!

I also want to thank all of the Food Faire volunteers for all their hard work. They spent hours planning, baking, cooking, schlepping, setting up, and cleaning up. Food Faire chair, **Lydia Inghram**, announced that this year would be her last in that demanding position. So, thank you Lydia for your many years of dedicated service, and thank you volunteers!

And now we look to 5779.

The High Holy Days are almost here. You should have received your information packet by now, so you have the schedule of services. **Please note, Erev Rosh Hashanah and Erev Yom Kippur (Kol Nidre) services will start at 7:30 pm.** This is a half-hour earlier than in past years and is a result of last spring's congregational survey.

On Sunday September 16th, CBS will welcome Kehillah, an educational partnership with Mosaic Law Congregation. Now entering its second year, Kehillah's Sunday morning classes will be held at CBS, and Wednesday afternoon classes will be at MLC. If you have yet to enroll your children, please contact the CBS office for an application.

PRESIDENT Debby Nelson



**CONGREGATION BETH SHALOM
IS A MEMBER OF THE UNION
OF REFORM JUDAISM**

GENERAL SERVICES SCHEDULE

Family Service
1st Friday: 6:00pm
Shabbat Service
2nd Friday: 7:30pm
Shabbat With a Beat/CBS Band
3rd Friday: 7:30pm
Shabbat Service
4th Friday: 7:30pm
Shabbat Service
5th Friday: 7:30pm

TORAH STUDY
Saturdays: at 9:00am

OFFICE HOURS
Monday through Friday
9:00am to 3:00pm

CBS JUDAICA GIFT SHOP
The CBS Judaica Gift Shop will be open Sunday mornings when Kehillah is scheduled (first day is September 16th); prior to regular Shabbat services, from 5:00-5:45pm on the first Friday of the month; 6:30-7:15pm on all other Fridays; or by appointment. Please contact Wendy Wilson 916-489-3767 or Carry Cohn 916-488-8893.

SEPTEMBER 2018	Page
ISSUE	12
Adult Education	18
Anniversaries	18
Birthdays	16
Calendar	20
Candle Lighting	24
Contribution Form	4
Library Corner	10
Life & Legacy	3
President	18
Tributes	19
Yahrzeits	

AS WE HEAD INTO THE HIGH HOLIDAYS, I WISH TO TAKE A MOMENT OF REFLECTION and share some thoughts, as well as thoughts from our dear congregant Lisa Bertaccini, who facilitates the High Holiday preparation class: “They (High Holidays) offer us an opportunity to reflect on our lives and consider changes we want to make. The High Holy Days are an opportunity to burst our hearts open and go through a healing process so that we can be transformed.”



RELIGIOUS PRACTICES VP
Diane Weber

She goes on to say, “the theme is teshuva, which means return. We do our best to get the surface level of our soul aligned with the deeper level of our soul that is closer to G-d. In that sense, we return to our purest soul. We return by asking forgiveness of ourselves, G-d, and others. We begin by listening to the daily blowing of the shofar during the month of Elul. This is an effort to wake up to our truest self. We want to shake off our every day complacency and ask ourselves questions about what thinking and behaviors are no longer serving us? What are we afraid to let go of? What are we afraid to look at?”

As we go through the month of Elul, I personally think about teshuva, and what it means to me on so many different levels. I respectfully challenge everyone to think about what it means to you as you go forward into this new year. There are many ways to share the gift of your time and presence in this next several weeks, including Selichot on Saturday, September 1st, Rosh Hashanah, beginning on September 9th, Sukkot on September 23rd, and of course, Simchat Torah at the beginning of October.

I look forward to seeing you during the High Holidays at Congregation Beth Shalom.

MY NAME IS JEANNE APPELL. I have been a member of Congregation Beth Shalom for about 10 years. I am happy to announce that the **first Social Action Shabbat at Beth Shalom** will take place in September! At each of the Social Action Shabbats listed below there will be:

- ⇒ one or more speakers who will address the social action theme for that month
- ⇒ a Social Action table in the Social Hall after the service with information about how you and your family can take action to support that month’s cause



Social Action Shabbat themes and dates:

September 21, 2018: Food Insecurity

October 19, 2018: Get Out the Vote

November 16, 2018: Supporting Refugees and Immigrants

December 21, 2018: Building Bridges: The Interfaith Connection

January 18, 2019: Faith community Standing Up for University & Diversity and Against Hate

February 15, 2019: Jewish Disability Awareness and Inclusion Month

March 15, 2019: Women’s History Month

April 12, 2019: Passover — Slavery — Human Trafficking

May 10, 2019: Earth Day — Environment

June 21, 2019: LBGTQQI

If you have questions or are interested in participating in some way, please contact Jeanne Appell at jeanne@appell.com.



**SCHOOLS THAT JEWS CHOOSE:
An Overview of College Admission &
Considerations for Jewish Students**

**Judith Painter & Sarah Aikenhead
September 25, 2018 at 6:00 pm
Congregation Beth Shalom**

Judith Painter is a certified college counselor through UCLA and has worked with the national network, College Summit, as essay coach and college counselor. Judith is familiar with a range of regional college networks and scholarships opportunities. She has a keen interest working with students with learning disabilities, assisting them in testing accommodations and school selection. Judith has her BA from Kenyon College and MBA from Cornell University.

Sarah Aikenhead earned a BA and an MBA from Yale University. While working with her daughters and their friends during their college application process, Sarah recognized a passion for supporting students and their families. Sarah is completing a certificate in College Counseling through UCLA Extension.

SPECIAL MESSAGE FROM LYDIA INGRAM

**FANTASTIC,
FANTABULOUS,
FENOMENAL!!!**

That's what you all are!



I am soooo proud of the
income we make for
Congregation Beth Shalom,
of the friendships we make working together, of the fun we have,
of the goodwill we create in the Jewish and general communities,
and of the quality of food and service we provide.

**We can all take great pleasure in all
that we do TOGETHER.**

I am so proud to have been the Chair of the 41st
Jewish Food Faire! It has been the greatest joy to work
with the Food Faire committee leaders who are so
experienced and dedicated. I thank them all with great
appreciation and love. And a special thank you to Sheila Wolfe,
who asked me to co-Chair with her in 2011 and taught
me everything I know!

**We have so much to look forward to as we go
from strength to strength.**

**So put September 15, 2019 on your calendar now
for the 42nd Jewish Food Faire!**



SERVICES FOR FAMILIES WITH YOUNG CHILDREN

EREV ROSH HASHANAH


Sunday, September 9, 2018

6:30pm

EREV YOM KIPPUR

Tuesday, September 18, 2018

6:30 pm



JOIN US FOR TASHLICH!
Monday, September 10th
Immediately following the Rosh Hashanah Lunch
Guy West Bridge
Free Street Parking

DIRECTIONS TO GUY WEST BRIDGE

- ⇒ Turn Left on El Camino Ave.
- ⇒ Turn Left on Eastern Ave.
- ⇒ Turn Right on Fair Oaks Blvd.
- ⇒ Turn Left on Munroe St.
- ⇒ Munroe becomes University Ave. after crossing American River Dr.
- ⇒ Drive approximately 2.5 miles on University Ave. Guy West Bridge is on your left.
- ⇒ The footbridge path is between 805 University and 965 University, across from a tennis court.
- ⇒ Free street parking is available.

WHAT TO BRING:

- ⇒ The whole family
 - ⇒ Shofarot
 - ⇒ Your sins



HIGH HOLIDAY TEEN PROGRAMS

Erev Rosh Hashanah, Sunday, September 9th

Erev Yom Kippur, Tuesday, September 18th

7:30-8:30 pm with Ben Gould

Rosh Hashanah, Monday, September 10th

Yom Kippur, Wednesday, September 19th

10:00-11:30 am with Dan Bernick

Life & Legacy Donors

Thank you for committing to a lasting contribution for the future of CBS!

Add your name to the list of people who are assuring Jewish tomorrows!

For more information about the Life & Legacy Program and how to participate, please contact the office to get connected to one of our Legacy Team Members.

Anonymous (4)

Jeanne & Eddie Appell

Robyn Asch

Gene Bagoon

Barbara Beeman & Joseph Domagalski

Robert Bennett

Joan & Dave Bories

Jessica Braverman Birch & Joel Birch

Penni Blumberg

Katie Braverman

Larry Brownston

Carry Cohn

Marlo Dewing

Dana Drukker

Jack & Angela Ezekiel

Alla Gamarnik & Joel Blank

Laura & Len Garfinkel

Ivan Gennis (z"l)

Monica Gershonzon

David Ginsburg

Mauria Hirning

Karren Hull

Holly Ilfeld

Lydia Inghram

Jenny Jeffrey

Steve Jeffrey

Linda ER Jones

Margaret Kane & Rick Frey

Judy Lewis

Steve Lewis

Dave & Roberta Malkin

Sherry & David Meyer

Arika Mills

Jonathan Mills

Dean Mirtle

Deborah Nelson

Scott Parrish

Jean Rubin

Tivon Schardl

Andrea Segal

Miriam Simon

Ron Simon

Deon Stein

Elizabeth Stein

Jana & Brian Uslan

Rabbi Nancy Wechsler

Wendy Wilson, Ph.D.

Sheila Wolfe & Chris Drouin

Wendy & Saul Zales

LIFE & LEGACY is a partnership program of the Harold Grinspoon Foundation (HGF) that assists communities across North America, through partnerships with Jewish Federations and Foundations, to promote after-lifetime giving to benefit Jewish day schools, synagogues, social service organizations and other Jewish entities.

Through training, support and monetary incentives, LIFE & LEGACY motivates Jewish organizations to secure legacy gifts, steward donors and integrate legacy giving into the



Yes, EVERYONE can be a Life & Legacy donor!

MEET THE MIDRASHA STAFF

(8th THROUGH 12th GRADE)

Samantha Stone-Avneri, Midrasha Coordinator



Samantha and her family have been a part of the Kehillah and Mosaic Law communities since 2016. Both of her daughters attend Kehillah and she has served as chair of the Kehillah Education committee for 2 years.

After completing a Master's degree in Middle East Studies in Israel and making Aliyah in 2010, she returned to the Sacramento area to raise her family. Samantha works as the Marketing Director for an Oakland-based software company. She brings a passion for involvement in Jewish life and education and enjoys being a part of the Kehillah community. She is excited to connect and learn alongside the Midrasha students this coming year!

Ben Gould, 8th-Grade Teacher

Ben Gould and his parents and grandparents have been a part of Congregation Beth Shalom for decades. Ben, who earned a Bachelor's degree in Anthropology, has been teaching for more than 15 years in Sacramento in public, private, and Jewish programs. A dynamic educator, Ben encourages independent thinking with humor and passion. He currently is a science teacher at Merryhill's Midtown Middle School.

Ben is rock star teacher and proud husband and father of two daughters. He looks forward to joining our Judaic staff once again as we continue to educate the next generation of Sacramento's Jewish community.



For more information about Midrasha, please contact Samantha Stone-Avneri at samantha.avneri@gmail.com or Irit Winston at kehillahrs@gmail.com.



SUKKOT AT CONGREGATION BETH SHALOM

**Sunday, September 23, 2018
5:30 pm: Potluck Dinner* in the Sukkah
followed by a Sukkot Family Service
with the CBS Band**

If your last names begins with

A-L: Bring an entrée
M-R: Bring a side dish
S-Z: Bring a dessert

**Dairy/vegetarian*

SIMCHAT TORAH AT CONGREGATION BETH SHALOM

Monday, October 1, 2018

5:30 pm: Hearty Oneg

6:00 pm: Service with the CBS Band

- ⇒ Consecration & Welcome to our newest
Kehillah students.**
- ⇒ Special blessings for our upcoming
B'nai Mitzvah students**



The RPC (Religious Practices Committee) would cordially ask if anyone would be interested to serve on the Committee.

We meet monthly and help coordinate the High Holidays, summer services, and other duties involving religious practice at our beloved CBS. Please contact the office at 916-485-4478 or office@cbshalom.org.

Do you enjoy the sweetness of Shabbat?

Please consider helping with oneg. Duties include preparing Kiddush and Challah; providing and plating sweets; and putting everything back in order when it's finished.

We also accept donations directly to the Oneg Fund, and donations of baked goods.

Please contact administrator@cbshalom.org if you are able to participate in this mitzvah .

**CBS offers meditation every Thursday beginning September 27th.
3:15-4:30pm**

For more information, contact Lisa Bertaccini at lisabertaccini@gmail.com or 916-715-4988.



Would you like to participate on the bimah?

If you are observing a yahrzeit, anniversary, birthday or just wish to be part of the Friday night service by performing any of the following tasks, please contact office@cbshalom.org .

- 1– Light the Shabbat candles**
- 2 – Aliyah to the Torah**
- 3 – Redress the Torah as Hagbah or G'lilah**

All Jewish members ages B'nai Mitzvot and up are welcome.



Purchase a leaf on the Tree of Life

**Commemorate a special event
with a custom leaf
on the CBS Tree of Life,
prominently displayed
in the foyer.**

Only \$120, 120 being the age of Moses.

Contact Carry Cohn or
office@cbshalom.org for details.

Chai Lights is published 11 times annually with a combined June/July issue.

Editor: Elissa Einhorn

Proofing: Symone Stephens

Deadline for submissions is the 20th of the month prior to publication.

Please submit articles to:
administrator@cbshalom.org
office@cbshalom.org

To request a copy by snail mail, contact 916-485-4478.

Advertising available:

⇒ 1/8 page/business card: \$9

⇒ 1/4 page: \$18

⇒ 1/2 page: \$25

⇒ Full page: \$50

Prices listed are per issue. All ads subject to approval. For more information, contact office@cbshalom.org.

What Every Congregant Should Know About Security

- ◆ Be watchful and report suspicious activity.
- ◆ Know your building and report anything that is out-of-place or missing.
- ◆ Actively cooperate with security directions, check-in procedures and ticket policies. For example, even if ushers or guards know you, help set the right tone by showing your ID or holiday ticket.
- ◆ Support your board and professionals in implementing an effective security plan.
- ◆ Help create a culture that is secure and welcoming.
- ◆ Care about this issue, and let people know that you do.
- ◆ Enjoy your community institution to its fullest—but **remember to be alert and to think about security while doing so.**

spirit
budget body home
relationships balance
RENEWAL

Want to place someone on the Mi Shebeirach list?

Email the information to Symone at
office@cbshalom.org,
or call 916-485-4478.

If you would like for the person to receive a phone call from a member of the Caring Committee, please include their contact information.

We want you for our Caring Committee!
Contact Elissa at administrator@cbshalom.org
to show that you care!

FOOD FAIRE 2018 OUT! SEE











PHOTOS BY MICHAEL ALCALAY

YOU SEPTEMBER 15, 2019!



September 2018 - 5778 Elul/Tishri

Sun	Mon	Tue	Wed	Thu	Fri	Sat
The CBS Gift Shop is open by appointment only. Please contact the CBS office for more details.						1 <i>Selichot</i> Torah Study 9:00 am Selichot : Jewish KonMari with Rabbi Nancy and Rabbi Oren Postrel
2 	3 CBS Office Closed	4 	5 High Holiday Choir Rehearsal 7:00 pm	6 	7 Family Shabbat Service 5:30 pm pre-service oneg 6:00 pm service	8 Torah Study 9:00 am
9 <i>Erev Rosh Hashanah</i> Family Service 6:30 pm Adult Service 7:30 pm	10 <i>Rosh Hashanah</i> Adult Service 10:00 am Tashlich @ Guy West Bridge after Rosh Hashanah Luncheon	11 <i>Rosh Hashanah</i> Community Service @ Albert Einstein Residence Center 10:00 am	12 Choir Rehearsal 7:00 pm	13 	14 Shabbat Service 7:30 pm	15 Torah Study 9:00 am
16 First day of Kehillah @ CBS 9:00-12:30 pm	17 	18 <i>Kol Nidre</i> Family Service 6:30 pm Adult Service 7:30 pm	19 <i>Yom Kippur</i> Adult Service 10:00 am Afternoon Programs 1:00 pm Healing Service 3:00 pm Afternoon Service 4:00 pm Yizkor 5:00 pm Ne'ila 6:00 pm Following Ne'ila Break the fast!	20 	21 Shabbat Service 7:30 pm	22 Torah Study 9:00 am
23 <i>Erev Sukkot</i> Dairy Potluck 5:30 pm Followed by Sukkot Service with the CBS Band	24 <i>Sukkot</i> 	25 <i>Sukkot</i> 	26 Interfaith Sukkot Service 6:00 pm	27 Jewish Meditation with Lisa Bertaccini 1:30 pm	28 Shabbat Service 7:30 pm	29 Torah Study 9:00 am

INTRODUCING YOUR 2018-2019 BSTY BOARD!

PRESIDENT: Catherine Orange

VICE-PRSEIDENT: Nicole Lawrence

SOCIAL ACTION VICE PRESIDENT: Maya Howard

RELIGIOUS & CULTURAL VICE PRESIDENT: Leo Newman

SECRETARY & MERCHANDISE & FUNDRAISING VICE PRESIDENT: Layla Nalangan



The Board and I are so excited to this year started. See below for our September BSTY event!

BSTY Pool Party!



Where: 4850 Cameron Ranch drive

When: 4-8pm Saturday September 29th

Join us for an evening of swimming,
food, games, and havdallah!



****RSVP:**

**BSTYevents@gmail.com or
Call or text 916-812-4375 by
September 24th**

HAPPY SEPTEMBER BIRTHDAYS

Eliane Eisner
Mckenna Goodall
Mollie Berg
Michael Alcalay
Jane Einhorn
Sheree Meyer
Heidi Duncan
Alison Sandman
Amy Garfinkel
Joseph Zales
Michael Davis
Sarah Friedman
Gregory Ginsburg
Deborah Davis
Jack Ezekiel
Mike Hagen
Jonathan Zales
Leon Biren
Timothy Goodall
Mia Klapow
Jolene Lipson
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Sam Pettinato
David Silverburg
Albert Blum
Nina Kneitel
Debbie Berg
Leah Geer
Heidi Mathat
Alan Grossman
Joseph Radding
Tamra Ruxin
Mark Lipson
Joshua Noel
Mark Cornfield
Tamara Gobuty
Gene Haslett
Joseph Berbach
Hannah Love
Laura Halen
Howard Rothstein
David Rosenberg
Jeff Swatt

Saul & Wendi Zales
Bonnie & Jamie Kneitel
Chris Drouin & Sheila Wolfe
Jeffrey Glenn & Gayle Oppen-Glenn
David & Debbie Friedman

Ginger & Steven Bicks
David & Joy Silverburg
Mark & Tammy Noel
Cliff & Debbie Berg
Bob & Shirley Rosenberg

HAPPY SEPTEMBER ANNIVERSARIES

AUGUST TRIBUTES

Donations received in honor of Dave and Roberta Malkin's vow renewal:

- ◆ From Lydia Inghram
- ◆ From Karen Malkin
- ◆ From Dale and Jim Shaw
- ◆ From Debby Nelson
- ◆ From Jana and Brian Usan
- ◆ From Margaret Kane and Rick Frey
- ◆ From David and Joyce Cohen
- ◆ From Carl and Sue Miller
- ◆ From Robyn Salter
- ◆ From Mauria Hirning
- ◆ From Carry Cohn
- ◆ From Naomi Cooper
- ◆ From Victoria Ulbrich
- ◆ From David Ginsburg and Barbara Marquez
- ◆ From Edie Hawkinson
- ◆ From John and Gail Sellaro
- ◆ From Joanne Dudgeon
- ◆ From Robert Hyman

- ◆ From Eddie and Jeanne Appell
- ◆ From Diane Weber, also in memory of Hilda Neuman.
- ◆ From Carol Klein
- ◆ From Robin Gillett
- ◆ From David Marshall
- ◆ From Penni Blumberg
- To the General Fund
- ◆ From Carry Cohn, in memory of Lynette Stein
- ◆ From Richard Nicoles, in memory of Elton Nicoles
- To the Rabbi Discretionary Fund
- ◆ From David and Roberta Malkin, in honor of the wedding vow renewal
- To the Youth Group Fund
- ◆ From Lydia Inghram, in memory of Lynette Stein
- ◆ From Al and Fifi Paykel, in memory of Saul Kalamaras

DO YOU HAVE GOOD NEWS TO SHARE?

Be sure to contact the office so we can acknowledge your simcha and others can celebrate with you.

Please consider honoring or remembering a loved one by making a donation to Congregation Beth Shalom.

September YAHRTZEITS

Lillian Canter Dawson
Charles Dinitz
Freda Dresner
Sharon Dunaway
Bess Erlich
Dr. Leon Forman
Homer Freed
Howard Galant
Richard Scott Gillett
Charlotte Goldman
Samuel Jacob
Goldstine
Harry Gross
David Grossman

Barbara Hassman
Selma Herold
Rosalie Hessing
Garland Hull
Sgt. Irwin Lawrence
Kagan
Julia Kahan
Karl Kalman Kalloff
Harry Karpeles
Marvin Kayne
Hazel Kulvin
Phillip Kurtz
Marisa LaFranca
Roberta ""Bobbie"" Len

Annie Levy
Morris Levy
Max Malkin
Ida Mandell
Anne H. Mendelson
Morris Merker
Gunter Meyer
Nicholas Meyers
Meyers, Patricia
Joyce Miller
Jo Morvai
Thomas Natoli
Jeanette Odgeis
Sy Oppen

Julius L. Paradise
Shirley Radding
Jack Resnikoff
Michael Rosenberg
Audrey Sacks
Ethel Satenstein
Eloise Schwartz
Gabriel Schwartz
David Seidenberg
Natalie Seidman
Maurice E. Shapiro
Doris Silk
Thomas E. Smail, Jr.
Joseph Stein

Bina Szpilberg
Daniel M. Tenenbaum
Jerome Tillman
Albert Wascou
Louis Wascou
Jack Wechsler
Daniel Westover
Katherine Wilkenfeld
Lawrence Wilson
Isadore Winkler
Stella Woods
Harry Wynne
Safiya Yetmez



JOIN RELIGIOUS SCHOOL IN 2018-2019!

"My daughter is so excited to come to Hebrew School every Sunday morning! From singing songs in the sanctuary to art projects and learning more about Jewish holidays, life in Israel, and Hebrew blessings, we are all happy to have Kehillah as a part of our life!"

IRIT WINSTON, KEHILLAH EDUCATION DIRECTOR, is currently a Doctoral student in Education Leadership at Sacramento State University. She also earned her Bachelor's degree, a teaching diploma, and a Master's in Educational Management while in Israel.



RACHEL SALMAN has been teaching for 40 years in Israel, New York City, and Sacramento. Rachel received her teaching credential from Oranim/Haifa University after working for Mossad, and also earned a Bachelor's degree from Hunter College in New York.



MIRI LEVINE has been teaching at Shalom School, where she is the Judaic Studies & Hebrew Coordinator, for 16 years. Miri earned a teaching credential and a Bachelor's degree in literature and Bible Studies, and a Master's degree in Religious Education.



AVIVA LAVIN was born in Israel and has lived in Roseville for more than 10 years. She recently joined the staff at Shalom School. Aviva is also a professional photographer who loves to capture memories of people's life.



REBECCA RAY is happy to reprise her role as "Morah Becky" and is looking forward to teaching 1st grade at Kehillah. Rebecca is the Community Social Worker at The Jewish Federation of the Sacramento Region. In her spare time, she can be seen reading Torah at Mosaic Law Congregation and subbing as a Bar/Bat Mitzvah tutor.



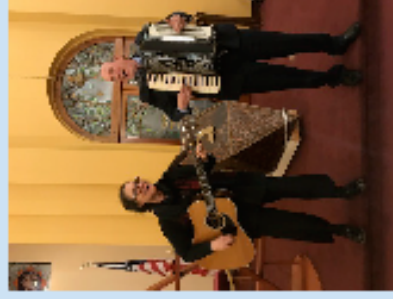
RIKKI KASS, originally from New York, moved to Sacramento in 2011. Her background is in art and art education. She creates children's programming for the Jewish Federation and volunteers leading children's programs at Mosaic Law Congregation.



MISSION STATEMENT

Kehillah is a pluralistic educational community where Jewish youth learn values, traditions, and customs that foster a love of Judaism.

"My son enjoys learning in Kehillah and loves starting off his Sundays with Havdallah. It's his favorite prayer!"



Congregation Beth Shalom
Rabbi Nancy Wechsler (left)
and Rabbi Reuven Taff from
Mosaic Law Congregation, join
together to perform for
Kehillah students.

"My children enjoy their teachers and look forward to learning about Hebrew and Judaism each week."

KEHILLAH SCHEDULE BEGINNING SEPTEMBER 16TH:

Pre-K-6th Grade
Sundays, 9:00am-12:30pm at Congregation Beth Shalom
2nd-6th Grade
Wednesdays, 4:30-6:30pm at Mosaic Law Congregation

For more information contact Irit Winston at
kehillahrs@gmail.com.



Love Torah?
Join us 9:00am*
for Torah Study

We focus upon efforts of peace
and reconciliation within each
parasha.

*** NEW TIME and TORAH
STUDY EXCLUSIVE**

**Remember a Loved One
with a Yahrzeit Plaque**

Only \$250
Contact office@cbshalom.org
for guidelines and details.

Please visit the back page to contribute to
CBS programs and funds.

There are many from which to choose—
what is your passion? Help sustain Jewish
programming!

Parashot

Candle Lighting

Friday, September 7/28 Elul

7:08 PM

Nitzavim

Deuteronomy 29:9-30:20

Haftarah: Isaiah 61:10-63:9

Friday, September 14/ 6 Tishri

6:57 PM

Shabbat Shuva

Vayelech

Deuteronomy 31:1-20

Haftarah: Hosea 14:2-10

Michah 7:18-20

Joel 2:15-27

Friday, September 21/ 13 Tishri

7:39 PM

Haazinu

Deuteronomy 31:1-52

Haftarah: II Samuel 22:1-51

Current Scholars Classes

Melton Curriculum is developed at the Melton Centre for Jewish Education at the Hebrew University of Jerusalem.

Vayikra (Leviticus): A Call to Holiness



Chosen by the Rabbinic sages as the first book to initiate children to Bible learning, contemporary readers often perceived Vayikra as inaccessible. Yet, embedded in the laws that focus on the

prescribed sacrificial practices, laws of ritual impurity and purity, and the pursuit of holiness are messages and values that have relevance to the universal condition. In our study of Vayikra, we will examine themes including the role of rituals, responding to tragedy, confronting birth and parenthood, seeking forgiveness, balancing the place of the individual and the community, bringing sanctity into one's daily life, and more. Through a textual study of selected passages, this course uncovers the depth and wisdom of the third book of the Torah and reveals its enduring messages that touch our lives to this very day.

10 Sessions: 10/7/18 – 1/13/19

Sundays: 10:30 am – 12 pm

Instructor: Rabbi Ricki Lobel

Location: Mosaic Law Congregation

\$295.00 includes textbook (*pay in full or 3 installments*)

The Star and the Crescent: The Long Relationship of Judaism and Islam



Jews and Muslims have co-existed for more than a millennium. What do they have in common? What are the sources of tension and conflict between Judaism and Islam?

Although there were moments of strife, during the first thousand years after the founding of Islam it was better to be Jewish in a Muslim country than in a Christian country. Only after that period did the relationship between Jews and Muslims deteriorate, particularly in the Middle East. Outside the Middle East, though, Jews and Muslims continue to find ways to coexist peacefully and often productively. This course will examine the longstanding relationship between Judaism and Islam, between Jews and Muslims, broadening our understanding and challenging our assumptions.

10 Sessions: 1/10/19 – 3/14/19

Thursdays: 7 – 8:30 pm

Instructor: Meg McClaskey Ph.D.

Location: Congregation Beth Shalom

\$295.00 includes textbook (*pay in full or 3 installments*)

For Registration:

www.meltonsacramento.org

Need a scholarship? Contact Sara Kahn Shapiro

director@meltonsacramento.org

916-488-6397

**the florence melton school
of adult jewish learning**
A PROGRAM OF THE HEBREW UNIVERSITY OF JERUSALEM

Congregation Beth Shalom is Melton Sacramento's sponsoring agency

Hello Book Lovers!

Library
Marcy Dobrow, Ed.D.

Our September library theme honors the High Holidays. Books will be available for check out prior to the first Friday service on September 7th at 6:00pm. Some books for this month explain Jewish customs and festivals. During this season of reflection, other books highlight Jewish values, ways of life, and food for thought.

The library will be open during Sunday religious school from around 10:00am-Noon. Please contact the office (916-485-4478) and leave a message if you would like to come to the library at any other time or if you would like for me to reserve books for you. Children are always welcome! We could work something out if you're housebound.

Many thanks to **Sandi and Gene Haslett** for their generous donations. If anyone donates books, please put a name on them so we can acknowledge and thank you.

Books are brain food!

HIGH HOLIDAY GIFT SHOP SALE

Do you have everything you need for the High Holidays?

If not, the Gift Shop is ready to help! We have shofars, honey pots, locally harvested honey, greeting cards, and a wide variety of tallitot, tallit sets, and kippot, including beautiful white kippot for the High Holidays. And from now through Yom Kippur all regularly marked tallitot and tallit sets are **20% off!**

We also have a number already marked down to \$99.

Come in soon to see the selection for yourself.



A connected community is a strong community.

**4717 El Camino Ave
Carmichael, CA 95608
(916) 514-0830
www.skipskitchen.com**



**4120 El Camino Ave.
Sacramento, CA 95821
916-588-2701
www.crossfitloc8cho.com**

**El Palmar
Mexican Restaurant**
2452 Mission Ave, Carmichael, CA 95608

Open 7 Days a Week
Mon-Sat: 10am-1pm
Sunday: 11am-3pm
(916) 485-5320



CBS is proud to announce its adoption of *Mishkan HaNefesh*, the new two volume *Machzor* for the Days of Awe.

**One set of *Mishkan HaNefesh*
is only \$50!
\$100 “buys” one set for you
and one set for the congregation.**



All donations will be acknowledged with a bookplate in the prayer books.

Donations should be made to CBS (Religious Practices Committee) and should identify the “*New Machzorim*” as the purpose of your donation.

Keep CBS in Mind When Shopping on Amazon!

**Amazon contributes to CBS when you connect to them through our link.
It costs you nothing and benefits the congregation.**

Go to smile.amazon.com . The first time you go there, it will ask you to choose your Charity. Our Temple Charity name is listed as Sacramento Jewish Fellowship of Carmichael. That's about all!

- ⇒ Select to support Sacramento Jewish Fellowship
 - ⇒ Get the Amazon IButton App
 - ⇒ Share your support on Facebook or Twitter
- Show your friends how they can support CBS (Sacramento Jewish Fellowship)



Remember: CBS only benefits when you start at: <http://smile.amazon.com>
Just copy and paste this URL into your browser <https://smile.amazon.com/ch/23-7316431>

Federation is now accepting donations for its Kosher Food Pantry.

- ♦ All goods should be non-perishable and have a kosher symbol.
 - ♦ Items may be delivered to the Federation office at 2130 21st Street, Sacramento. We also accept toiletries and Judaica items.
- We always need:**
- | | |
|--------------------|------------------------------|
| ⇒ Pasta/sauce | Canned fruits and vegetables |
| ⇒ Breakfast cereal | Peanut Butter |
| ⇒ Tuna | Crackers |
| ⇒ Soy milk | Small bags of nuts |
- ♦ If you are in need of visiting the Food Pantry, please contact 916-205-0688.



Friday Night Shabbat Services:

1st Fridays: 6:00pm 2nd, 3rd, 4th, & 5th Fridays: 7:30 p.m.

Saturday Morning Torah Study:

10:00 a.m.

Thursday Morning Text Learning:

11:00 am

Postage

Address Label

CONGREGATION BETH SHALOM CONTRIBUTION TRIBUTE DONATION FORM

The enclosed is: () a deposit to my individual tribute account

() a designation of \$ _____ from my tribute account to _____ Fund.

() a contribution to the _____ Fund.

In memory/honor (circle one) of _____

Please acknowledge:

Name: _____

Address: _____

City, State Zip _____

Donor:

Name: _____

Address: _____

City, State Zip: _____

Phone: _____ E-mail: _____

**General Support Fund • Rabbis' Discretionary Fund • Roger Ruby Memorial Theater Fund
Education Program Funds • Catherine Bos Music Fund • Lester Gould Library Fund • Beautification Fund
Unjericho Fund • Memorial Board • Rachel Melamed Storytelling Fund
Youth Programs Fund • Religious Practices Fund • Inclusivity & Access Fund • Other**

Thank you for making a tribute to Congregation Beth Shalom in memory or honor of an individual.

To insure proper recognition, please use this tribute form when sending your tribute.