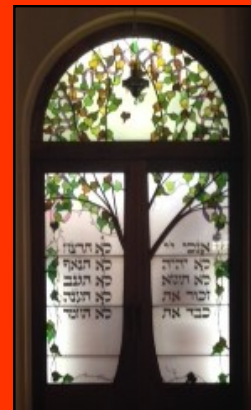


# Chai Lights

The Newsletter of Congregation Beth Shalom



OUR  
40th YEAR!

## JEWISH FOOD FAIRE

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*Sunday*  
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**CONGREGATION BETH SHALOM | 4746 EL CAMINO AVENUE  
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[rabbianancy@cbshalom.org](mailto:rabbianancy@cbshalom.org)

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[marlodewing@cbshalom.org](mailto:marlodewing@cbshalom.org)

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[office@cbshalom.org](mailto:office@cbshalom.org)

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Jennifer Reason

**Congregation Beth Shalom**

**4746 El Camino Ave.**

**Carmichael CA 95608**

**(916)485-4478**

**[www.cbshalom.org](http://www.cbshalom.org)**

## From the Rabbi's Desk



As a child, my first babysitter was Mrs. Adams, a grandmotherly Irish woman who sang to me songs of a "wee cup of tea" and tales of mischievous leprechauns. At the tender age of three, I was convinced that I was a Jewish child with Irish ancestry.

This August, I had the honor of officiating at the wedding of CBS family member **Richard Hassman** to his beloved **Vinca Jarret** in Dingle, Ireland in the County of Kearney. Other CBS representatives present were **Liz Miller** and **Josh Breslau**, **Morgan Phoenix**, and Richard's children who became B'nai Mitzvah on our bima, **Miriam** and **Max Hassman**. Joining the traditional Irish musicians for Hava Nagila so that the bride and groom could be lifted up in chairs, is a memory I will always hold dear.

Prior to the wedding, I visited the Irish Jewish Museum in Dublin and discovered that the feeling of being Jewish with the luck of the Irish was no malarkey. Today there are two active congregations in Dublin; an Orthodox and Progressive.

At first glance, the Irish and Jewish peoples seem radically different. But scratch the surface and they begin to look like twins separated at birth. The stories of these two wandering tribes share many extraordinary parallels. Step into any Irish pub to experience the joyful collaborative music with fiddle, guitar, mandolin and fife and you can shift ever so slightly to feel the joy of the Chassidic niggun or Klezmer dance.

These two ancient peoples were destined to wander the world as outsiders, knowing suspicion and derision wherever they went. Through it all, both maintained tight and close bonds with their own kin, even in the farthest corners of the earth. Their music and folklore kept humor, hope, loyalty and joy close to heart.

Both have homelands that are small, sacred and contested, and ancient: Ireland and Israel both boast monuments far older than the pyramids of Egypt. Some even dare to speculate that the Irish may be connected to one of the "lost tribes" of Israel. Certainly, stone burial chambers called dolmens are found in both Ireland and Israel. These date from about 4,000 BCE, yet any such mysterious common origins are now lost in time.

Both peoples also suffered death and cruelty at the hands of oppressors. While many now live in the small, beautiful, and intense homelands of Ireland and Israel, the greater portion of both tribes remain scattered to the four corners of the earth.

Both tribes most particularly found a home in the United States. When these two peoples melded together in the great melting pot of America, they collaborated in some part of the most extraordinary human achievements of all time: the space race, the moon landings, and the defeat of communism and Nazism. This latter enterprise is attested to in cold white marble at the American cemetery in Normandy, where many Irish-Americans and Jewish-Americans lie side by side.



*(continued on page 3)*

The end of August has been very busy for me. I was in LA for a few days with my Dad after he had some surgery, I then joined my Utah family at my son's house in the Bay Area, I ran back to Sacramento for our Board Retreat and the Federation Museum Event and then finished up the last day of August babysitting my grandson. It was a very busy time, but very fulfilling with family and love., just like September will be. We are all working very hard to make our 40<sup>th</sup> Food Faire our most successful ever, this takes a lot of hard work, some of it fulfilling, some of it filled with love and all of it filled with our Congregation Beth Shalom Family. If you have not signed up to volunteer yet, get in touch with **Marcy Merrill** or **Shelley Spilberg** and they will fill you up with lots of love.

Soon after the Faire is all sold out and cleaned up we all take a breath and gather for the High Holidays. There is lots of CBS love and great feelings of fulfillment after hearing

our teens chant Torah, listening to our incredible choir and **Rabbi Nancy's** inspiring words. One of my favorite parts of the High Holidays is reconnecting with so many people. I get to feel and give, the love of so many hugs from people I don't always see during the year.

Then we end September with Religious School beginning August 17. This year we are piloting a Partnership with Mosaic Law for Education called Kehillah. On Sundays our children will be at Mosaic Law Congregation and on Wednesdays they will be at Congregation Beth Shalom. It is a wonderful opportunity for all our children to meet and learn with more Jewish kids in our Sacramento community.

This leaves our CBS building empty on Sundays, BUT, not really. Adults we are filling our Sunday mornings with Adult Ed options. o far we have Mussar with Rabbi Nancy, B'nai Mitzvah with Rabbi Nancy, Hebrew with Carry Cohn, Jewish Cooking with various cooks, Art with Dan Bernick, New Empty Nesters with Holly Ilfeld and Bob Bennett and much more. If you are interested in teaching or a particular subject, please let Marlo Dewing know.

I look forward to seeing you all this September for all of our planned activities, holidays and love.

Israel declared Independence on 20 April 1948; Ireland, already partly independent, became a republic on 18 April 1949. Sadly, both nations have known much discord and violence since. Yet, amid the rights and wrongs, and the complexities, there is a spirit of hope. It is heartening to note that in the tapestry of human life, we all share far more similarities than differences.

I believe that the earliest spirit of Ireland in her Celtic core, with twinkling eyes, generous welcome, and intoxicating melodies remind me indeed, the Jewish people may just be, a wee bit Irish at heart just as the Irish are a bissel Yidden as well.



Rabbi Nancy Wechsler

## President Jana Uslan



**Congregation Beth Shalom is a member of the Union of Reform Judaism.**

### General Service schedule:

**1st Friday: 6:00 p.m.**

Family Service

**2nd Friday: 7:30 p.m.**

Shabbat Service

**3rd Friday: 7:30 p.m.**

Shabbat With a Beat- CBS Band

**4th Friday: 7:30 p.m.**

Shabbat Service

**5th Friday: 7:30 p.m.**

### **Torah Study:**

Saturdays at **9:00 a.m.**

**Office hours** are Monday through Friday, 9:00 a.m. to 3:00 p.m.

### **CBS Gift Shop Hours:**

*The Gift Shop is now on summer hours and will be open by appointment only. If you need anything please contact Wendy Wilson (489-3767) or Carry Cohn (334-5341) and they will be happy to open the shop at your convenience.*

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**Issue: September 2017**



# Kehillah

An educational partnership between  
Congregations Beth Shalom and Mosaic Law

Jewish education for Pre– K through 7th grade

**Opening Day is Sunday September 17**



For information contact Director Irit Winston at  
**[kehillahrs@gmail.com](mailto:kehillahrs@gmail.com)**

This year I was blessed with two new additions in my life: My baby girl, **Jordyn**, a sister to **Joel** who was born during the summer, and a wonderful, new educational partnership between Mosaic Law (MLC) and Congregation Beth Shalom (CBS).

Both congregations have brought their religious schools together to create a new religious school called *Kehillah*. *Kehillah* means “community” and this partnership will increase our current class sizes and offer a more robust curriculum to our students and families.

MLC and CBS rabbinic leaders came together in a vision of a united community which will work towards enriching the Jewish education of our children. It is a great opportunity to keep an important mitzvah of *Ve’ahava L’reacha Kamocha* - you shall love the other as you love yourself. Consequently, our students will be open to new approaches for Judaism and practices with a mutual goal of preparing the students to be *menches* (good Jewish young adults) and stellar Bar Mitzvah service leaders.

Both congregations came to an agreement about *Kehillah* management, facilitation, and budget. I will be the director of *Kehillah* while CBS and MLC will share facilities: Sundays from 9am to 12:30pm Religious School will be held at MLC; Wednesdays from 4:30pm to 6:30pm at CBS. The budget will be determined by both MLC’s and CBS’s executive committees. The teaching staff will be comprised of members from both congregations, and they will teach Judaic subjects such as Bible stories, Hebrew language, prayers, Israel and *Halacha* (Jewish law).

I am very eager and excited to start this new journey of leading the educational partnership of our *Kehillah* Religious School, blending our programs together and am looking forward to meeting all the families and working with them and their children.

On behalf of Jordyn, Joel, my husband, **Josh**, and myself, I wish you and your family a wonderful Shana Tovah.

**Kehillah**  
**Irit Winston**  
**Director**

## BSTY

**Keren Schatz & Alex Taylor**  
**Advisors**

Announcing the 2017-2018 Beth Shalom Temple Youth (BSTY) Board members! Congratulations to our wonderful teens.

President: **Anna Cohen**

VP: **Leah Ezekiel**

Fundraising VP: **Mark Kagan**

Communications VP: **Catherine Orange**

Social Action VP: **Maya Howard**

Programming VP: **Ariana Zwern**

Religious VP: **Nicole Lawrence**



**BSTY members at Camp Newman**

## Conversational Hebrew for children

### At Mosaic Law Congregation

*Sarah Turtletaub & Irit Winston*



Open to the community  
\$200 per school year (\$7 per class)

Registration & Payment: <https://secure.acceptiva.com/?cst=bcd520>

For more information please contact Irit Winston at [Iwinston@Mosaiclaw.org](mailto:Iwinston@Mosaiclaw.org)



## Congregations Beth Shalom & Mosaic Law to Begin Educational Partnership

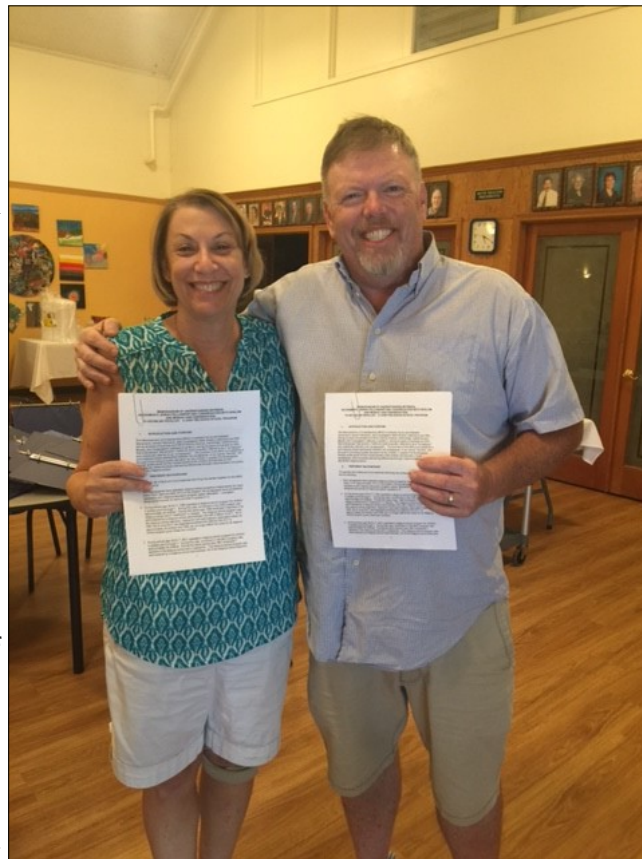
*By Rabbis Nancy Wechsler and Reuven Taff*

The Beth Shalom and Mosaic Law Communities are proud to announce the initiation of an Educational Partnership of their two religious schools. The new name of the pre-K through seventh grade educational program is called "Kehillah." The name which comes from the Hebrew word "Kahal" which means "community," will begin this coming Fall.

The arrangement to combine religious schools was the idea of both rabbis who wanted to address ways to allow the children from both congregations to be able to have opportunities to study the Jewish heritage together. For this first year, classes will be held on Wednesdays at Beth Shalom and on Sunday mornings at Mosaic Law.

Under the direction of Kehillah's Educational Director, Irit Winston, the class sizes will be larger and teachers from both congregations will serve on the Kehillah faculty. The Education Committee of this new endeavor is inclusive of members of both congregations.

Rabbi Wechsler and Rabbi Taff both affirm that the two congregations already have a partnership for eighth through twelfth grade students called "Midrasha." The Kehillah program is a natural feeder and extension to the high school program. For families with children who do not belong to any synagogue or congregation in the Sacramento area, there are spaces available in the Kehillah Religious School. For further information feel free to contact **Irit Winston** at [kehillahrs@gmail.com](mailto:kehillahrs@gmail.com)



**Jana Usilan, President of CBS, and Dan Ott, President of MLC, with the signed agreement for Kehillah Religious School.**

## Finance

**Joel Birch**

**VP Finance**

Login to our website at <https://cbshalom.org/>

Many of you are aware that the CBS website has just gone through a major update. It is now built on a platform that is much more mobile friendly. What that means is that windows resize for your device screen size and orientation. It is much easier to use now from smaller devices like phones and tablets.

When you visit the website, you'll see a LOGIN link that provides you access to the member directory, allowing you to find contact information for other current members.

Also available is your own personal information that we have on file for you, such as:

- Your current financial obligations (dues, religious school fees, other pledges). You don't have to wait for a statement to arrive to get this information.
- The relationships that we have on file for you, including immediate family members, other relationships, and yahrzeits of deceased family.
- Your membership type and status.

Is this information safe you might ask? Note that our website is on a secure https link. That means that communication with it is encrypted by your browser. Other than synagogue staff and some board members, your personal information is available only to you. We only allow members in good standing to have a login that allows access to the member directory and we have chosen to only put adult members in the directory. Your minor children should not appear there.

I encourage you to use these additional features of our website. If you don't have a login or forgot your login name or password, please contact the office.

## Mark your calendars for the 5778 High Holy Days

<b>Saturday, Sept. 16</b>	<b>SELICHOT 7:00</b> pm Dairy Potluck Dinner & Program
<b>Wednesday, Sept. 20</b>	<b>EREV ROSH HASHANAH</b> <b>6:30</b> pm Family Service (through age 11) <b>8:00</b> pm Adult Service & Teen Program
<b>Thursday, Sept. 21</b>	<b>ROSH HASHANAH—1<sup>ST</sup> DAY</b> <b>10:00</b> am Adult Service/Teen Program Children's Program Lunch provided following services. <b>5:00</b> pm Tashlich Service
<b>Friday, Sept. 22</b>	<b>ROSH HASHANAH—2<sup>ND</sup> DAY</b> <b>10:30</b> am No-fee community service Albert Einstein Residence Center 1935 Wright St., Sacramento
<b>Friday, Sept. 29</b>	<b>KOL NIDRE</b> <b>6:30</b> pm Family Service (through age 11) <b>8:00</b> pm Adult Service/Teen Program
<b>Saturday, Sept. 30</b>	<b>YOM KIPPUR</b> <b>10:00</b> am Adult Service (12 & up) Teen/Children's Programs <b>1:00</b> pm Afternoon Programs <b>4:00</b> pm Afternoon Service <b>5:00</b> pm Yizkor Service <b>6:00</b> pm Ne'ila Service Break the Fast follows at the close of day.
<b>Wednesday, Oct. 4</b>	<b>EREV SUKKOT</b> <b>5:30</b> pm Dairy potluck dinner in the Sukkah <b>6:30</b> pm Sukkot Service
<b>Friday, Oct. 13</b>	<b>SIMCHAT TORAH</b> <b>5:30</b> pm Hearty Oneg <b>6:00</b> pm Consecration & Welcoming of next year's B'nai Mitzvah students



***Don't  
forget  
your  
HHD  
Pledge!***

## Operations

**Marty Berbach**



The UnJericho Fund, a special fund with a catchy name, is a fund we have at Congregation Beth Shalom to pay for unbudgeted large-ticket repairs and improvements for the building and grounds. This fund was established about fifteen years ago for this purpose.

Approximately three years ago, we received a very generous bequest from a member that had passed away. This and other contributions have allowed us to invest in several improvements and repairs in the last 18 months. These items included:

- Playground rubber chips
- New kitchen air conditioner
- New sliding sound curtain between the annex and sanctuary, replacing an old plywood wall
- New the social hall lights and ceiling fans

- New flooring in the social hall and hallways
- Emergency heating repairs last winter
- New vanity in the woman's restroom
- New wall air conditioner and heater in the front office

Our next big ticket repair will be replacing the flat roofs located over the kitchen and sanctuary. This new roof will likely be installed sometime in 2018. However, this necessary large expense will nearly deplete our UnJericho Fund. Yet we have additional needs, including:

- Improving front gate security.
- Replace the steep-pitched composite shingle roofs over the social hall and classrooms, within the next five to ten years.
- Replace the playground equipment.

We can only complete these expensive projects with generous and consistent contributions from our members.

## CBS Desktop

**Marlo Dewing**  
**Administrator**



**Symone Stephens**  
**Office Manager**

As we say goodbye to summer and look to fall, we are hard at work on High Holy Days, Religious School, and calendaring dates and events for the 2017-2018 fiscal year. High Holy Day packets will be mailed to CBS members at the end of the month; meanwhile mark your calendars for the Days of Awe to begin with Selichot on Saturday, September 16th. Other non-High Holy Day dates to reserve and be aware of are:

### September

Sunday 9/10 Food Faire  
Sunday 9/17 First day of Kehillah Religious School

### October

Sunday 10/8 Kehillah fundraiser Rick Recht concert  
Saturday 10/14 Shabbat morning Blessing of the Animals  
Sunday 10/15 Local Hike and Walk with the Rabbi

### November

Saturday 10/4 Life & Legacy cocktail party  
Sunday 11/12 Purimspiel Auditions  
Tuesday 11/14 Purimspiel Auditions

### December

Friday 12/15 Chanukah service & dinner  
12/24-12/31 Family Promise

### January

Sunday 1/28 Tu B'Shvat Brunch Seder

### February

Friday 2/16 Life & Legacy dinner  
Sunday 2/18 Mah Jongg  
Saturday 2/24 A Moveable Feast CBS Gala  
Wed. 2/28 Purim Megillah reading and Purimspiel

### March

Saturday 3/31 CBS Community Passover Seder

### April

Tuesday 4/3 Into the Night Seder

### May

Thursday 5/10 Wine & Cheese Congregational Meeting  
Friday 5/18 Confirmation



# RICK RECHT

a Religious School Fundraiser

presented by:

Kehillah: An Educational Partnership between  
Congregations Beth Shalom and Mosaic Law

**10.08.17**  
**7:00PM**

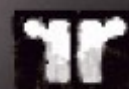
**Ticket Prices:**

\$12/person, \$40/family\*

(\*up to 5 people)

Children under 3, free

<https://secure.acceptiva.com/?cst=45afc0>



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The Center At Twenty-Three Hundred  
2300 Sierra Blvd  
Sacramento, CA 95825

for more information, email

Irit Winston: [iwinston@mosaiclaw.org](mailto:iwinston@mosaiclaw.org)

## Membership

Holly Ilfeld, VP



There has been continued interest in membership with one application to be presented at the next Board meeting, and three other families who have shown interest in joining this month. I am encouraging all new members and those prospective members to join in on Food Faire activities whether as helpers or guests. I

am looking forward to welcoming all new and prospective members and know that all of you can join me, as this event is such a wonderful way to share delicious food and fun as a community.

Again, I have talked with people who share in the belief that belonging to a Synagogue is supporting an institution that will be there to support us in times of need. Our membership is vital to the continued health of this institution. So, please join in the community effort to encourage your friends who don't feel they need to actually join a Synagogue because they just come for holiday services, or don't feel they can afford to belong, etc. to make the commitment to join. Thank you all!

## Library

Marcy Dobrow, Ed.D.

Hello Book Lovers,

Our library theme coming up will be SUKKOT. On October 6<sup>th</sup>,

I will be available to check out books just prior to the family service in front of the sanctuary. I will also be available in our library during the Wednesday religious school's first hour.

Please call the office (485-4478) and leave Marcy Dobrow a message if you would like to come in to the library at any other time. We'll set a time at your convenience. Children are welcome! We can agree to meet in the library here at CBS, or we could work something else out if you're house-bound.

Many thanks to **Rabbi David Silverman** for his recent donation of many books to add to our growing library. Many thanks to **Michael Halfom** for his long-ago donation of many books. Thanks also go to **Debbie Gould** for her addition of six children's and one adult book. And last but not least, **Carry Cohn** also donated nine books. One of these is the New Jewish Encyclopedia that would prove to be very useful for anyone with questions.

If anyone donates books and leaves them on the library table please put a name on them so we can acknowledge and thank you.

If you have not been acknowledged for a past donation and wish to be, please leave me a message at the above phone number and I'll be sure to include you.



**Come for the Learning  
Stay for the Community  
Registration is Now Open**

Ethics of Jewish Living, w/ Rabbi Ricki Lobel  
Crossroads of Jewish History, w/ Leslie Kuperstien  
Jewish Denominations, w/ Rabbi Reuven Taff  
Jewish Mysticism, w/ Rabbi Shula Calmann

Contact Sara Kahn Shapiro at:  
director@meltonsacramento.org  
916-488-6397

More Information and Registration at:  
[www.meltonsacramento.org](http://www.meltonsacramento.org)

## Selichot



**September 16**  
**6:30 pm Potluck Dinner**  
**7:00—9:00 pm Program**  
**Refreshing Our Intention**

Selichot Learning with  
Lisa Bertaccini & Tivon Schardl: **Intention Setting in Mind & Body**  
Dr. Sheree Meyer: **Does Intention Matter?**  
Rabbi Nancy Wechsler: **Kavannah, Jewish Focus**

Selichot Service with music from CBS Choir  
and Choir Director, Jennifer Reason

Please RSVP to [office@cbshalom.org](mailto:office@cbshalom.org)  
and bring a dessert or beverage to share

Selichot is the gathering on the Saturday evening before Rosh Hashana. It is a time for focusing our mind and spirit on the upcoming season of holiness. It is a time for study, dialogue, prayer and song as we prepare for our Season of Holiness.



# The Open-Faith Sukkah: Hospitality



**Tuesday, October 10  
6:30 – 8:30 pm**

*You shall love your neighbor as you love yourself.*

*rsvp to [office@cbshalom.org](mailto:office@cbshalom.org)*

Hospitality is not only one of the highest forms of human relationships, it is considered a Divine virtue, held sacred by every world religions. When we practice hospitality, we acknowledge that the ties that bind us to each other through our shared humanity are stronger than the differences that separate us.

On this night of Sukkot, we will explore the topic of Hospitality from different faith-based perspectives. Our speakers will share stories and text about how their traditions inform their work with people too often dismissed as “other” and how we might increase our hospitality through self-reflection, engaged spiritual practice and social action.

This will be an evening of shared stories and practices, and dialogue involving leaders and members of different faith communities. At a time when so many people are erecting walls to keep “others” out, we seek to build bridges of understanding made up of our shared values and aspirations.

*Speakers will be community leaders of many faiths.*

Additional Information 916-485-4478 or [www.cbshalom.org](http://www.cbshalom.org)



# Life & Legacy Donors

**Thank you for committing to a lasting contribution for the future of CBS!**

**Add your name to the list of people who are assuring Jewish tomorrows!**

**For more information about the Life & Legacy Program and how to participate, please contact the office to get connected to one of our Legacy Team Members.**

**Anonymous (4)**

**Robyn Asch**

**Barbara Beeman & Joseph Domagalski**

**Robert Bennett**

**Penni Blumberg**

**Jessica Braverman Birch & Joel Birch**

**Katie Braverman**

**Larry Brownston**

**Carry Cohn**

**Marlo Dewing**

**Dana Drukker**

**Alla Gamarnik & Joel Blank**

**Laura & Len Garfinkel**

**Ivan Gennis**

**Monica Gershonzon**

**David Ginsburg**

**Karren Hull**

**Jenny Jeffrey**

**Steve Jeffrey**

**Mauria Hirning**

**Holly Ifeld**

**Lydia Inghram**

**Linda ER Jones**

**Margaret Kane & Rick Frey**

**Neil & Fanny Levy**

**Judy Lewis**

**Steve Lewis**

**Dave & Roberta Malkin**

**Arika Mills**

**Jonathan Mills**

**Dean Mirtle**

**Deborah Nelson**

**Scott Parrish**

**Jean Rubin**

**Tivon Schardl**

**Andrea Segal**

**Ron & Miriam Simon**

**Deon Stein**

**Jana & Brian Usan**

**Rabbi Nancy Wechsler**

**Sheila Wolfe & Chris Drouin**

**Wendy Wilson, Ph.D.**

**Wendy & Saul Zales**

LIFE & LEGACY is a partnership program of the Harold Grinspoon Foundation (HGF) that assists communities across North America, through partnerships with Jewish Federations and Foundations, to promote after-lifetime giving to benefit Jewish day schools, synagogues, social service organizations and other Jewish entities.

Through training, support and monetary incentives, LIFE & LEGACY motivates Jewish organizations to secure legacy gifts, steward donors and integrate legacy giving into the philanthropic culture of the Jewish community.



**Yes, EVERYONE can be a Life & Legacy donor!**

Jeannette Schwab-Rosenhouse and Leo Rosenhouse were an unassuming couple living in the Land Park area of Sacramento. During their lifetime, this quiet couple amassed more than \$10 million in investments. Through their will, Mr. and Mrs. Rosenhouse created an exciting opportunity for Sacramento-area high school seniors: the ability to pursue their educational dreams with the assistance of meaningful cash scholarships.

On Monday, July 24 we were delighted to celebrate with The Schwab-Rosenhouse Memorial Scholarship Foundation 2017 recipients. As trustees of this foundation, we enjoyed watching attendees feast on dessert and hear our President, Carol Loew, as well as the advisory committee Chair, Dr. Marvin H. Kamras, impart words of wisdom and encouragement to the students as they embark on their scholastic journey.

Advisory committee member John Lewis, who served as the Rosenhouse's financial advisor, shared heartwarming stories of their frugality while also explaining why they chose Federation to be the trustee of the fortune they had accumulated. They were confident Federation would take their desires seriously about where the money would go and help to fulfill their wishes. Achieving their own goals by working hard, they had a strong belief in education and that you didn't need to have wealth to achieve great things.

To date 1,716 scholarships have been awarded, totaling more than \$10 million (\$10,061,162 to be exact!). This year alone they have awarded \$393,403 in scholarships, of which \$137,900 are new scholarships, and \$255,503 are renewals. We'd like to congratulate this year's winners!



**Schwab-Rosenhouse Scholarship recipient Madison N Hunte-Durham with her mother, Mary Abdallah and Schwab-Rosenhouse advisory committee member and Congregation Beth Shalom President, Jana Fields-Uslan. Ms. Hunte-Durham is one of six 2017 scholarship recipients.**



**Carol Loew and Jana Fields-Uslan.**



**Federation with the Advisory Committee of The Schwab-Rosenhouse Memorial Scholarship Foundation at the celebration (L to R: Frank Gumpert, Deborah Hoffman Gonzalez, Willie Recht, John Lewis, Carol Loew, Dr. Marvin H. Kamras & M-D November).**

## **The Jewish Federation of the Sacramento Region**

### **Executive Committee**

Carol Loew, President  
Gil Allon, Treasurer  
Deborah Hoffman Gonzalez, President Elect  
Bruce Pomer, JCRC Chair  
Barry Broad, Immediate Past President

916.486.0906

[federation@jewishsac.org](mailto:federation@jewishsac.org)  
[www.jewishsac.org](http://www.jewishsac.org)








### **Members At Large**

Cliff Berg  
Robert Dresser  
Don Gilbert  
Neil Levy  
Sue Sperber

### **Executive Director**

Willie Recht

# September 2017 - 5777 Elul/Tishri

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<sup>1</sup> Shabbat Service 5:30 pm pre-service oneg 6:00 pm service	<sup>2</sup> Torah Study 9:00 am
<sup>3</sup> Food Faire Hanentashen Baking Party w/ Katie Braverman 9:30-12:30 pm	<sup>4</sup> CBS Office Closed In Observance of Labor Day	<sup>5</sup> Food Faire Chopped Liver Cooking 9:00 am-12:00 pm	<sup>6</sup> Choir Rehearsal 7:00 pm	<sup>7</sup> CBS Board Meeting 7:00 pm Jewish Meditation 1:30 pm	<sup>8</sup> Shabbat Service 7:30 pm	<sup>9</sup> Torah Study 9:00 am
<sup>10</sup> 40th Annual Jewish Food Faire 9:00 am-3:00 pm	<sup>11</sup> 	<sup>12</sup> 	<sup>13</sup> Choir Rehearsal 7:00 pm	<sup>14</sup> Jewish Meditation 1:30 pm	<sup>15</sup> Shabbat Service 7:30 pm	<sup>16</sup> <i>Selichot</i> Torah Study 9:00 am Mia Klapow Bat Mitzvah 10:00 am Potluck Dinner 6:30 pm Selichot Service 7:00 pm
<sup>17</sup> Kehillah Opening Day @ MLC 9:00 am-12:30 pm	<sup>18</sup> 	<sup>19</sup> 	<sup>20</sup> <i>Erev Rosh Hashanah</i> RH Family Service 6:30 pm RH Teen Service 8:00 pm RH Adult Service 8:00 pm	<sup>21</sup> <i>Rosh Hashanah</i> RH Adult Service 10:00 am RH Teen Program 10:00 am RH Children's Program 10:00 am Tashlich Service 5:00 pm	<sup>22</sup> RH Community Service @ Albert Einstein Residence Center 10:00 am Shabbat Service 7:30 pm	<sup>23</sup> Torah Study 9:00 am
<sup>24</sup> Kehillah @ MLC 9:00 am-12:30 pm Community Memorial @ Home of Peace 11:00 am	<sup>25</sup> 	<sup>26</sup> 	<sup>27</sup> Kehillah @ CBS 4:30 pm-6:30 pm Choir Rehearsal 7:00 pm	<sup>28</sup> Jewish Meditation 1:30 pm	<sup>29</sup> <i>Kol Nidre</i> KN Family Service 6:30 pm KN Adult Service 8:00 pm KN Teen Program 8:15 pm	<sup>30</sup> <i>Yom Kippur</i> YK Adult Service 10:00 am YK Teen Service 10:00 am YK Children's Service 10:00 am



spirit  
budget body home  
relationships balance  
RENEWAL

## Want to place someone on the **Mi Shebeirach** list?

Email the information to Symone at [office@cbshalom.org](mailto:office@cbshalom.org),  
or call 916-485-4478.

If you would like for the person to receive a phone call from a member of  
the Caring Committee, please include their contact information.

### **We want you for our Caring Committee!**

Contact Marlo at [marlodewing@cbshalom.org](mailto:marlodewing@cbshalom.org)  
to show that you care!



### **We want YOU on the bimah!**

If you are observing a yahrzeit, anniversary, birthday  
or just wish to be part of the Friday night service by  
performing any of the following tasks, please contact  
[office@cbshalom.org](mailto:office@cbshalom.org)

1—light the Shabbat candles

2—Aliyah to the Torah

3—redress the Torah as Hagbah or G'lilah

*All Jewish members ages B'nai Mitzvot and up are welcome.*

Chai Lights is published 11  
times each year with a  
combined June/July issue.

**Editor:** Marlo Dewing

**Proofing:** Symone Stephens

Deadline for submissions is  
the 20th of the month prior to  
publication. Please send your  
article to Marlo and Symone at  
[marlodewing@cbshalom.org](mailto:marlodewing@cbshalom.org)  
and [office@cbshalom.org](mailto:office@cbshalom.org)

To request a copy by snail  
mail please call (916) 485-  
4478.

### **Advertising is available:**

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⇒ 1/4 page: \$18

⇒ 1/2 page: \$25

⇒ Full page: \$50

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ads subject to approval. Please  
contact [office@cbshalom.org](mailto:office@cbshalom.org)  
for more information.

**Friday Night Shabbat Services:** 1st Friday: 6:00 p.m. All other Fridays: 7:30 p.m.

**Saturday Morning Torah Study & Service:** 10:00 a.m.

**ALL ARE WELCOME**



I would like to subscribe to receive a paper copy of CBS Chai Lights by mail each  
month. A donation of \$36.00 for a one-year subscription is enclosed.

Name \_\_\_\_\_

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Email \_\_\_\_\_

### **Send to:**

CBS

4746 El Camino Ave.

Carmichael, CA 95864

ATTN: Chai Lights

## **Happy September Birthday**

Eliane Eisner  
Mckenna Goodall  
Mollie Berg  
Michael Alcalay  
Jane Einhorn  
Sheree Meyer  
Heidi Duncan  
Alison Sandman  
Amy Garfinkel  
Joseph Zales  
Sarah Friedman  
Gregory Ginsburg  
Bob Couse-Baker  
Deborah Davis  
Jack Ezekiel

Mike Hagen  
Jonathan Zales  
Leon Biren  
Timothy Goodall  
Mia Klapow  
Isaac Domagalski  
Jolene Lipson  
Gayle Oppen-Glenn  
Sam Pettinato  
David Silverburg  
Albert Blum  
Nina Kneitel  
Debbie Berg  
Heidi Mathat  
Alan Grossman

Joseph Radding  
Tamra Ruxin  
Mark Lipson  
Joshua Noel  
Mark Cornfield  
Tamara Gobuty  
Gene Haslett  
Joseph Berbach  
Laura Halen  
David Rosenberg  
Jeff Swatt

## **Happy September Anniversary**

Saul and Wendi Zales  
Bonnie and Jamie Kneitel  
Chris Drouin and Sheila Wolfe  
Jeffrey Glenn and Gayle Oppen-Glenn  
David and Debbie Friedman  
Ginger and Steven Bicks  
David and Joy Silverburg  
Mark and Tammy Noel  
Cliff and Debbie Berg  
Bob and Shirley Rosenberg

## **August Tributes**

To the General Fund

- ♦ From Diane Weber, in memory of her mother, Hilda Neuman's yahrzeit.
- ♦ From Andrea Segal and Scott Parrish.

To the Oneg Fund

- ♦ From David Asch and Wendy Phoenix, in memory of her mother, Mary Jane Gordon's yahrzeit.

Thank you to Lisa Bertaccini for leading the High Holiday Prep classes, and for all of the time, effort, and generosity she dedicates to CBS.

Thank you to Albert Blum for donating copies of Minyan by Rabbi Rami M. Shapiro.



***We appreciate  
our generous donors!  
Thank you for sustaining CBS!***

### **Do you have good news to share?**

**Please email or call the office so we can acknowledge your simcha and others can celebrate with you.**



## September Yahrzeits

Samuel Achenbaum	Max Malkin
Dora Alderson	Ida Mandell
Milton Baum	Anne H. Mendelson
Sadie Leah Becker	Morris Merker
William Berbach	Nicholas Meyers
Merton Bercovich	Joyce Miller
Hilda Smith Berkman	Jo Morvai
Spencer Block	Thomas Natoli
Selma Bloom	Jeanette Odgeis
Peggy Brashen	Sy Oppen
Morris Brenin	Julius L. Paradise
Bernice Cox	Shirley Radding
Lillian Canter Dawson	Jack Resnikoff
Charles Dinitz	Michael Rosenberg
Dow Martin Drukker	Audrey Sacks
Sharon Dunaway	Ethel Satenstein
Bess Erlich	Eloise Schwartz
Dr. Leon Forman	Gabriel Schwartz
Homer Freed	David Seidenberg
Howard Galant	Natalie Seidman
Richard Scott Gillett	Maurice E. Shapiro
Charlotte Goldman	Doris Silk
Samuel Jacob Goldstine	Thomas E. Smail, Jr.
Harry Gross	Joseph Stein
David Grossman	Bina Szpilberg
Barbara Hassman	Daniel M. Tenenbaum
Selma Herold	Jerome Tillman
Rosalie Hessing	Albert Wascou
Garland Hull	Louis Wascou
Sgt. Irwin Lawrence Kagan	Jack Wechsler
Julia Kahan	Daniel Westover
Karl Kalman Kalloff	Katherine Wilkenfeld
Harry Karpeles	Lawrence Wilson
Marvin Kayne	Isadore Winkler
Hazel Kulvin	Stella Woods
Phillip Kurtz	Harry Wynne
Marisa LaFranca	Safiya Yetmez
Roberta ""Bobbie"" Len	
Annie Levy	
Morris Levy	

## Parashot

## Candle Lighting

Friday, September 1/11 Elul	<b>7:17 PM</b>
<b>Ki Tetze</b>	
<b>Deuteronomy 21:10-25:19</b>	
<b>Haftarah: Isaiah 54:1-10</b>	
Friday, September 8/ 18 Elul	<b>7:06 PM</b>
<b>Ki Tavo</b>	
<b>Deuteronomy 26:1-29:8</b>	
<b>Haftarah: Isaiah 60:1-22</b>	
Friday, September 15/ 25 Elul	<b>6:55 PM</b>
<b>Selichot</b>	
<b>Nitzavim-Vayelech</b>	
<b>Deuteronomy 29:0-31:30</b>	
<b>Haftarah: 61:10-63:9</b>	
Friday, September 23/ 3 Tishri	<b>6:44 PM</b>
<b>Shabbat Shuvah</b>	
<b>Haazinu</b>	
<b>Deuteronomy 32:1-52</b>	
<b>Haftarah: Hosea 14:2-10;</b>	
<b>Micah 7:18-20;</b>	
<b>Joel 2:15-27</b>	



**Love Torah?**  
**Join us 9:00 a.m.\***  
**for Torah Study**

We focus upon efforts of peace and reconciliation within each parasha.

**\* NEW TIME and TORAH  
 STUDY EXCLUSIVE**



## CBS Religious Practices Kashrut Guidelines

Did you know that CBS has an official kashrut policy drafted by your Religious Practices Committee? The entire two-page document is available at CBS; please request one from the office. The following excerpt is taken directly from the Kashrut Guidelines Policy:

### Preamble:

Our world continues to change at an ever increasing fast pace. The CBS Religious Practices Committee is committed to staying pro-actively informed in a continuing effort to ensure the evolving spiritual needs of our congregation are being met. We believe through a combination of belief and action, Judaism can speak to us at many levels. As we seek to find meaningful ways of living Jewishly in the 21<sup>st</sup> Century, we commit ourselves to an ongoing study of the mitzvot as a means by which, we, as a community, can create an environment which embraces that ideal. It is with this in mind that these kashrut guidelines are provided.

### Introduction:

With the hope of reinforcing Congregation Beth Shalom (CBS) as a spiritual home for all its members, the following kashrut guidelines are offered in order to welcome and nourish all of us throughout the year. These guidelines address food and food-related products and practices, both within the temple, including temple-sponsored meals, onegs, rentals and Family Promise, as well as for CBS functions offsite. This policy does not dictate a home or personal practice for CBS members.

### Policy Guidelines:

1. Treif foods are prohibited at CBS and CBS-sponsored events at all times.
2. CBS encourages but does not require, the use of kosher and/or hormone-free meat for meals prepared at CBS and for food brought in from home.
3. In accordance with Kashrut, meat and dairy products are not to be combined or served at the same meal or oneg. CBS recommends waiting a minimum of three hours between eating meat and dairy or between eating dairy and meat.

Please contact **Tivon Schardl**

Vice President of Religious Practices, should you have any questions.

**A connected community is a strong community.  
Please support the local businesses in our neighborhood.**

4717 El Camino Ave  
Carmichael, CA 95608  
(916) 514-0830  
[www.skipskitchen.com](http://www.skipskitchen.com)



4120 El Camino Ave.  
Sacramento, CA 95821  
916-588-2701  
[www.crossfitlococcho.com](http://www.crossfitlococcho.com)

**El Palmar**  
**Mexican Restaurant**  
2452 Mission Ave, Carmichael, CA 95608

Open 7 Days a Week  
Mon-Sat: 10am-9pm  
Sunday: 11am-5pm  
(916) 488-8320



CBS is proud to announce its adoption of *Mishkan HaNefesh*, the new two volume *Machzor* for the Days of Awe.

**One set of *Mishkan HaNefesh*  
is only \$50.00!  
\$100.00 “buys” one set for you  
and one set for the congregation.**

All donations will be acknowledged with a bookplate in the prayer books.

Donations should be made to CBS (Religious Practices Committee) and should identify the “*New Machzorim*” as the purpose of your donation.



### **Federation is now accepting donations for its Kosher Food Pantry.**

- ♦ All goods should be non-perishable and have a kosher symbol.
- ♦ Items may be delivered to the Federation office at 2130 21st Street, Sacramento. We also accept toiletries and Judaica items.

#### **We always need:**

- |                    |                              |
|--------------------|------------------------------|
| ⇒ Pasta/sauce      | Canned fruits and vegetables |
| ⇒ Breakfast cereal | Peanut Butter                |
| ⇒ Tuna             | Crackers                     |
| ⇒ Soy milk         | Small bags of nuts           |



- ♦ If you are in need of visiting the Food Pantry, please contact 916-205-0688.

## **Keep CBS in Mind When Shopping on Amazon!**

**Amazon contributes to CBS when you connect to them through our link.  
It costs you nothing and benefits the congregation.**

Go to [smile.amazon.com](http://smile.amazon.com). The first time you go there, it will ask you to choose your Charity. Our Temple Charity name is listed as **Sacramento Jewish Fellowship of Carmichael**. That's about all!

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  - ⇒ Share your support on Facebook or Twitter
- Show your friends how they can support CBS (Sacramento Jewish Fellowship)



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## **Individual/Family Counseling**

Jewish Family Service offers affordable individual and family counseling.

**Strict confidentiality maintained.**  
**For more information or to schedule an appointment,**  
**Call 916-205-0688.**

Postage

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## Beth Shalom Contribution Tribute Donation Form

The enclosed is: ( ) a deposit to my individual tribute account

( ) a designation of \$\_\_\_\_\_ from my tribute account to \_\_\_\_\_ Fund.

( ) a contribution to the \_\_\_\_\_ Fund.

In memory/honor (circle one) of \_\_\_\_\_

### Please acknowledge:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State Zip \_\_\_\_\_

### Donor:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

General Support Fund • Rabbis' Discretionary Fund

Education Program Funds • Catherine Bos Music Fund • Lester Gould Library Fund • Beautification Fund

Unjericho Fund • Memorial Board • Rachel Melamed Storytelling Fund

Youth Programs Fund • Religious Practices Fund • Other

Thank you for making a tribute to Congregation Beth Shalom in memory or honor of an individual. To insure proper recognition, please use this tribute form when sending your tribute. Thank you! *CBS Sisterhood Tribute Chair*

**Please return completed form to Temple Office**