

Chai Lights

The Newsletter of Congregation Beth Shalom



"The 20th century ideals of America have been the ideals for the Jew for twenty centuries."

-Louis Brandeis, U.S. Supreme Court Associate Justice



"Judaism as a Counterculture"

with Lawrence Bush, Editor,
Jewish Currents Magazine

**CONGREGATION BETH SHALOM
NOVEMBER 17, 2018 5PM BEGINNING
WITH HAVDALLAH**

Lawrence Bush, Editor of *Jewish Currents* magazine, explores fundamental ethical values of the Jewish tradition regarding economics, community, paradigms of masculinity, teachings on justice and compassion, and more. He also proposes that they constitute a counterculture within and even a culture of protest against contemporary American attitudes.

Supreme Court Justice Louis Brandeis wrote the words above in 1915. How much staying power does his declaration have for 21st-century America?

Jewish Currents is a progressive, secular Jewish quarterly magazine that carries on the insurgent tradition of the Jewish left through independent journalism, political commentary, and a 'counterculture' approach to Jewish arts and literature.

This program is part of "Bridging the Jewish Secular-Religious Divide," a special weekend of learning with Congregation Bet Haverim that explores the vibrant history and contemporary richness of secular Jewish and Yiddish culture. For more information about the programs at CBH, visit www.bethaverim.org/education.

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From the Rabbi's Desk: Voting in Our Country



Spirituality and voting? There is a connection between the inner spiritual life and the outer political one. We live as individuals within a larger human community. Working on ourselves is not a good reason to disengage from politics. It's the opposite. Working on ourselves means engaging that *self* with the rest of the world.

At the same time, with all the painful and destructive habits played out in our country, it is often challenging to claim this is "our" country. We are the United States of America, yet how do we deal with the fact that we don't seem to be very united?

Over the High Holidays, I taught the 9th-century King Solomon parable about an inheritance case of a man who left his property to his seven sons. The property was supposed to be divided into seven parcels, however, one of the sons, named Paul, had two heads and wanted an eight-parcel division. The Solomonic puzzle was whether Paul was two (headed) minded and hence was actually two separate people, or whether Paul was two minded and yet one being.

Ultimately, through a test involving covering all four of Paul's eyes and pouring ice cold water on one of the heads, King Solomon discovered that each head, independently, had empathy for the other head. Solomon's verdict echoes still, when we can summon empathy for one another, we are one.

That is pretty much the story in our country: two minds and one nation. The way for us to right the wrongs is not to avoid engagement, but rather to find values that we have in common and vote into place laws and leaders who have compassion and wisdom in their hearts.

19th-century American philosopher Henry David Thoreau, best known for his book, *Walden*, a reflection upon simple living in natural surroundings, and his essay, *Civil Disobedience*, an argument for disobedience to an unjust state, wrote:

"Let us make known what kind of government would command our respect and that will be one step toward obtaining it." (Civil Disobedience)

Thoreau was not happy with his government, but he did not use that as a reason to disengage. He used his dissatisfaction as a rallying cry to engage as many as possible. Politics is mainly about caring for people and their well-being. If everyone understood this very purpose of politics, our country would improve a great deal.

In Deuteronomy, Chapter 16:20, G-d speaks to us. G-d does not say, "You are right, things are hopeless, just quit and leave." In contrast, G-d's words are: "Tzedek Tzedek Tirdof – Justice, Justice shall you pursue."

Why is the word "Justice" said twice? To teach us that we must pursue the goal of justice through methods that are just. Voting must be a righteous method for all of us.

May G-d bless us with willingness to stay in the light even when it is dark, for when we show up, we all see much better. Amen

Help us to stay devoted to our highest values. Amen

Strengthen us to wrap our hearts and minds upon the vision, that despite divisiveness, we are one nation, under G-d, indivisible with liberty and justice for all.

AHHH... NOVEMBER. Fall is in the air, and winter won't be far behind. November brings two meaningful holidays. First is Veteran's Day. On behalf of a grateful congregation, I offer thanks to all of our members who have served or are currently serving in the armed forces. Whatever the task, I can only imagine the daunting challenges that face our military and their families. And I am personally thankful for the protection that they provide to our country.



PRESIDENT
Debby Nelson

Then of course comes Thanksgiving ... a joyful holiday filled with tantalizing and plentiful delights, families gathering to share precious time and memories, and last minute Chanukah shopping (yes, last minute, because Chanukah starts just 10 days after Thanksgiving). With all the happiness in the air, the members of CBS historically have shared our bounty with the Sierra-Arden Food Closet. And as she has for many years, **Robin Gillette** will be heading our "Turkey +" food drive. Please be as generous as you can to share the Thanksgiving spirit with our friends in need in our neighborhood.

In between these two holidays, on November 17th we will be hosting an evening with Lawrence Bush, editor of *Jewish Currents Magazine*. The program is part of the "Bridging the Jewish Secular-Religious Divide," in conjunction with Congregation Bet Haverim in Davis. It promises to reflect on the wealth of knowledge contained in the secular cultures of the Jewish experience.

On the November *Social Action Shabbat* (11/15/18), we will hear from Diane Rosenblum, Group Coordinator for the Sacramento Chapter of Amnesty International and Chair of the Immigrant Rights are Human Rights committee. She will discuss "The Refugee and Asylum-Seeker Crisis and How We Can Help with Tikkun Olam."

And then at the end of November, our Social Action Committee chaired by **Jeanne Appell** will gather a group of CBS members to help our friends at St. Mark's United Methodist Church in their Winter Shelter program. The CBS group will work two shifts on November 28th: from 3:30-5:45pm and from 5:30-8pm. If you would like to participate in this Mitzvah, please let the office know.

And finally, I am pleased to report that for the next few months we will be offering live captioning of Shabbat services on the first and third Fridays of each month. If you can, please donate to the **Access and Inclusion Fund** to enable us to continue to offer this benefit that allows more of our congregants to participate in our activities.

We at CBS have so much to be thankful for. From my family to yours, have a safe and happy Thanksgiving.

CONGREGATION BETH SHALOM IS A MEMBER OF THE UNION OF REFORM JUDAISM

GENERAL SERVICES SCHEDULE

Family Service

1st Friday: 6:00pm

Shabbat Service

2nd Friday: 7:00pm

Shabbat With a Beat/CBS Band

3rd Friday: 7:00pm

Shabbat Service

4th Friday: 7:00pm

Shabbat Service

5th Friday: 7:00pm

TORAH STUDY

Saturdays: 9:00am

OFFICE HOURS

Monday through Friday

9:00am to 3:00pm

CBS JUDAICA GIFT SHOP

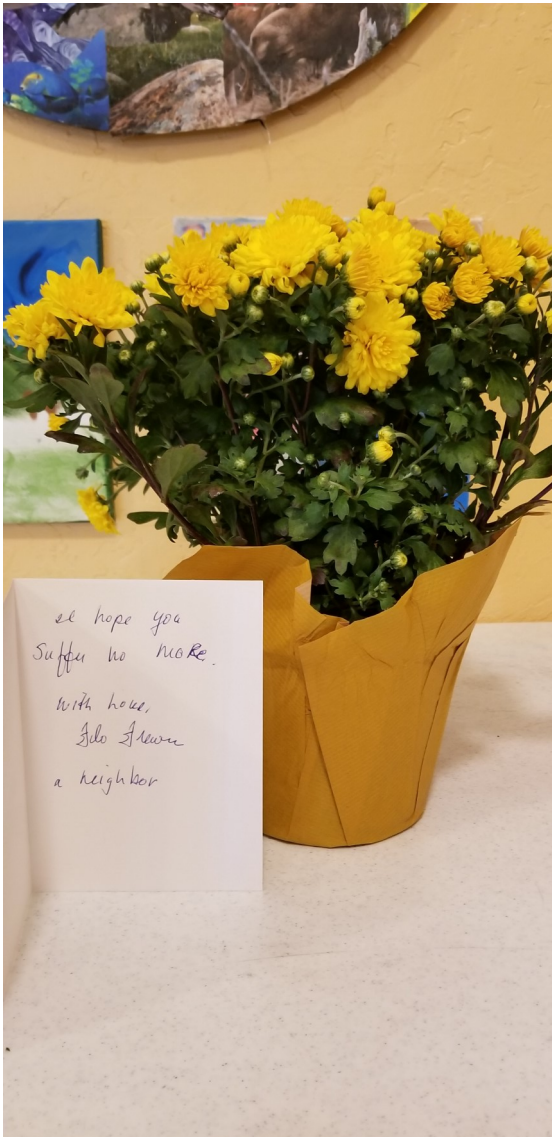
The CBS Judaica Gift Shop will be open 9:00am-12:30pm Sunday mornings, when Kehillah is scheduled; prior to regular Shabbat services: 5:00-5:45pm on the first Friday of the month; 6:00-6:45pm on all other Fridays; or by appointment. Contact Wendy Wilson at 489-3767 or Carry Cohn 488-8893.

OCTOBER 2018 ISSUE

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STANDING UP TO HATE



A community member left the above. The card says it all: "I hope you suffer no more," signed simply, "A Neighbor."



Members of the newest teen chapter of Salaam Shalom Sisterhood.



Candlelight Vigil Denouncing Hate- Wednesday October 10th. Davis. As many of you are aware, the UC Davis Campus was the site of very hateful and heinous anti Jewish-flyer distribution earlier this week. The interfaith organization in town, Celebration of Abraham, organized a candle light vigil for the community tomorrow night. Members of Salaam Shalom Sisterhood were in attendance at the Statement of Love Mural.

“DAVEN & DINNER SPONSORED BY...”

Sylvia Wechsler has been attending Family Shabbat Dinners since her daughter, Rabbi Nancy Wechsler, began leading Congregation Beth Shalom 15 years ago.

“I remember my grandchildren and other kids would sit together and run around,” she recalls, adding, “I loved how the kids would get on the stage in the Social Hall. The dinners are high quality and it’s a lovely way to get together.”

That’s why Sylvia decided to sponsor the monthly “Daven & Dinner” on November 2nd. She also wants to spread the word so others will consider sponsoring in the future.

“The food is good, there’s a happy mood,” Wechsler explains. “There ‘s no way they could pass it up.”

Wechsler believes Shabbat dinners are an opportunity for congregants to get together in a friendly atmosphere and it gives people something to look forward to. This particular Shabbat Sylvia is looking forward to welcoming Shalom School children.

“I am happy to do it,” she says.





ON OCTOBER 14TH, A CRISP FALL DAY, BSTY went to Apple Hill. It was a wonderful day, and we did a lot there! We went to Able's Acres first, and had lots of snacks, from fries to fudge. Next was High Hill, where we walked around and had lunch. We then escaped a corn maze. Finally, we went to Delfino Farms for pumpkins and pie! Thanks to everyone who joined us on our fun Fall escapades. The next BSTY event is coming up soon and we'd love to see you there too.

The next event will be a Game Night, on Saturday, November 10th, 5:00-9:30pm. Bring any games you like! There will be gluten-free and regular mac & cheese and lots of other snacks! RSVP by November 8th.

Hope you are having a wonderful November and we hope to see you on November 10th!



BSTY Advisor Amalia Birch

Congregation Beth Shalom

**Friday
November 2**

Tot Shabbat



Service especially
designed for children
up to 7 years of age,
with songs, stories,
and instruments.

**6:00 pm
Tot Shabbat**

5:30 pm Pre-service Oneg

6:00 pm Family Service

Free Delicious Shabbat dinner after
the service (RSVP required)

RSVP to the CBS Office at
office@cbshalom.org or

(916) 485-4478

**Led by
Rabbi Nancy
& Nancy
Leaderman,
Shalom School
Head of School**

**4746 El Camino Avenue Carmichael 95608
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Life & Legacy Donors

Thank you for committing to a lasting contribution for the future of CBS!

Add your name to the list of people who are assuring Jewish tomorrows!

For more information about the Life & Legacy Program and how to participate, please contact the office to get connected to one of our Legacy Team Members.

Anonymous (4)

Jeanne & Eddie Appell

Robyn Asch

Gene Bagoon

Barbara Beeman & Joseph Domagalski

Robert Bennett

Joan & Dave Bories

Jessica Braverman Birch & Joel Birch

Penni Blumberg

Katie Braverman

Larry Brownston

Carry Cohn

Marlo Dewing

Dana Drukker

Jack & Angela Ezekiel

Alla Gamarnik & Joel Blank

Laura & Len Garfinkel

Ivan Gennis (z"l)

Monica Gershonzon

Mario Giacomotto

David Ginsburg

Mauria Hirning

Karren Hull

Holly Ilfeld

Lydia Inghram

Jenny Jeffrey

Steve Jeffrey

Linda ER Jones

Margaret Kane & Rick Frey

Judy Lewis

Steve Lewis

Dave & Roberta Malkin

Sherry & David Meyer

Arika Mills

Jonathan Mills

Dean Mirtle

Deborah Nelson

Scott Parrish

Jean Rubin

Tivon Schardl

Andrea Segal

Miriam Simon

Ron Simon

Deon Stein

Elizabeth Stein

Ann Marie Steinke

Jana & Brian Uslan

Rabbi Nancy Wechsler

Wendy Wilson, Ph.D.

Sheila Wolfe & Chris Drouin

Wendy & Saul Zales

LIFE & LEGACY is a partnership program of the Harold Grinspoon Foundation (HGF) that assists communities across North America, through partnerships with Jewish Federations and Foundations, to promote after-lifetime giving to benefit Jewish day schools, synagogues, social service organizations and other Jewish entities. Through training, support and monetary incentives, LIFE & LEGACY motivates Jewish organizations to secure legacy gifts, steward donors and integrate legacy giving into the philanthropic culture of the Jewish community.



Yes, EVERYONE can be a Life & Legacy donor!



Friday, November 2 at 7:30pm

Journey Church
450 Blue Ravine Rd, Folsom

Saturday, November 3 at 7:30pm

Congregation Bath Shalom
4746 El Camino Ave, Carmichael

Friday, November 8 at 7:30pm

The Auditorium at CLARA
1425 24th St, Sacramento

Saturday, November 10 at 7:30pm

Pleasant Grove Community Church
1730 Pleasant Grove Blvd, Roseville

(916) 905.7787

rsvp@rsvpchoir.org
www.rsvpchoir.org

*Admission Free,
donations accepted.*

RECONCILIATION SINGERS VOICES OF PEACE



The Jewish Federation
OF THE SACRAMENTO REGION

INTRODUCTION TO JUDAISM

Open to all interested persons, regardless of religious orientation or exposure.
While various texts are used, this is a discussion-oriented program.

Classes begin Sunday, November 18th.

10:00am-Noon (see full calendar for noted exceptions)

Jewish Federation, 2130 21st St., Sacramento

Registration required.

\$180 for 18 sessions.

For more information, the full calendar, or to register, visit
jewishsac.org/introductiontojudaism or contact 916-486-0906.

Club Kef Bowling

Sunday, November 4

12:45 pm

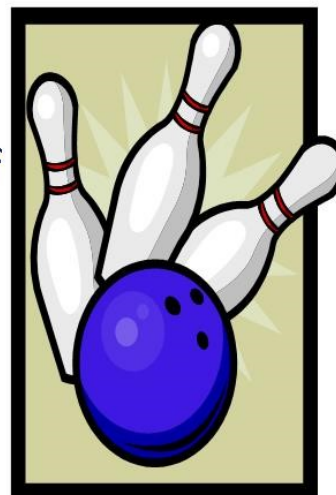
Country Club Lanes

\$10 per person

RSVP to Zach Lewin or the CBS Office
lewin.zach98@gmail.com
office@cbshalom.org

Includes bowling and shoes

Please bring additional money if
you would like to purchase
something from the snack bar
or arcade tokens.



Spread over us Your shelter of peace



Friday, November 16th 7:00 p.m.

Social Action Shabbat: The Story of Today's Immigration

with Guest Speaker: Diane Rosenblum, Amnesty International,
Sacramento

Music: Shabbat with a Beat

ופרש עלינו סכת שלומך

Ufros Aleinu Sukkat Shlomecha



The RPC (Religious Practices Committee) would cordially ask if anyone would be interested to serve on the Committee.

We meet monthly and help coordinate the High Holidays, summer services, and other duties involving religious practice at our beloved CBS. Please contact the office at 916-485-4478 or office@cbshalom.org.

Do you enjoy the sweetness of Shabbat?

Please consider helping with oneg. Duties include preparing Kiddush and Challah; providing and plating sweets; and putting everything back in order when it's finished.

We also accept donations directly to the Oneg Fund, and donations of baked goods.

Please contact administrator@cbshalom.org if you are able to participate in this mitzvah .

**CBS offers meditation every Thursday beginning September 27th.
3:15-4:30pm**

For more information, contact Lisa Bertaccini at lisabertaccini@gmail.com or 916-715-4988.



Would you like to participate on the bimah?

If you are observing a yahrzeit, anniversary, birthday or just wish to be part of the Friday night service by performing any of the following tasks, please contact office@cbshalom.org .

- 1– Light the Shabbat candles**
- 2 – Aliyah to the Torah**
- 3 – Redress the Torah as Hagbah or G'lilah**

All Jewish members ages B'nai Mitzvot and up are welcome.



Purchase a leaf on the Tree of Life

**Commemorate a special event
with a custom leaf
on the CBS Tree of Life,
prominently displayed
in the foyer.**

Only \$120, 120 being the age of Moses.

Contact Carry Cohn or
office@cbshalom.org for details.

Chai Lights is published 11 times annually with a combined June/July issue.

Editor: Elissa Einhorn

Proofing: Symone Stephens

Deadline for submissions is the 20th of the month prior to publication.

Please submit articles to:
administrator@cbshalom.org
office@cbshalom.org

To request a copy by snail mail, contact 916-485-4478.

Advertising available:

⇒ 1/8 page/business card: \$9

⇒ 1/4 page: \$18

⇒ 1/2 page: \$25

⇒ Full page: \$50

Prices listed are per issue. All ads subject to approval. For more information, contact office@cbshalom.org.

What Every Congregant Should Know About Security

- ◆ Be watchful and report suspicious activity.
- ◆ Know your building and report anything that is out-of-place or missing.
- ◆ Actively cooperate with security directions, check-in procedures and ticket policies. For example, even if ushers or guards know you, help set the right tone by showing your ID or holiday ticket.
- ◆ Support your board and professionals in implementing an effective security plan.
- ◆ Help create a culture that is secure and welcoming.
- ◆ Care about this issue, and let people know that you do.
- ◆ Enjoy your community institution to its fullest—but **remember to be alert and to think about security while doing so.**

spirit
budget body home
relationships balance
RENEWAL

Want to place someone on the Mi Shebeirach list?

Email the information to Symone at
office@cbshalom.org,
or call 916-485-4478.

If you would like for the person to receive a phone call from a member of the Caring Committee, please include their contact information.

We want you for our Caring Committee!
Contact Elissa at administrator@cbshalom.org
to show that you care!



Veteran's Day Shabbat
Service
With Guest Speaker,
Major Robert Ruxin, Medical
Corp, United States Army
Reserve

Friday, November 9
7:00 PM

"On this Veterans Day, let us remember the service of our veterans, and let us renew our national promise to fulfill our sacred obligations to our veterans and their families who have sacrificed so much so that we can live free."

Dan Lipinski

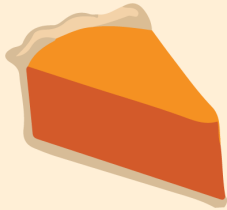


ANNUAL FRIENDSGIVING

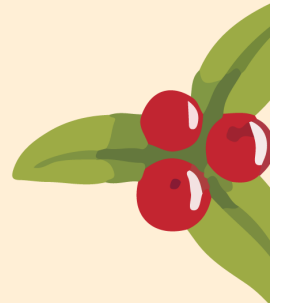
SUNDAY
NOVEMBER

11

INTERFAITH EVENT



4 - 7 PM



JOIN US FOR **DINNER!**

PLEASE BRING **DESSERTS** IF POSSIBLE!

HOSTED AT THE
















SALAM COMMUNITY CENTER

RSVP BY

NOVEMBER 4:



November 2018 - 5779 Cheshvan/Kislev

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						
<p>4</p> <p>Advanced Mussar 8:00 am Kehillah @ CBS 9:00 am-12:30 pm Mussar 9:30 am Club Kef Bowling 12:45 pm Purimspiel Meeting 1:00 pm</p>	<p>5</p> <p>Purimspiel Meeting 6:30 pm</p>	<p>6</p> <p></p>	<p>7</p> <p>Kehillah @ MLC 4:30 pm-6:30 pm</p>	<p>8</p> <p>Jewish Meditation 3:15 pm</p>	<p>9</p> <p>Veteran's Day Shabbat Service with Guest Speaker Major Robert Ruxin, Medical Corp, United States Army Reserve 7:00 pm</p>	<p>10</p> <p>Torah Study 9:00 am</p>
<p>11</p> <p>Advanced Mussar 8:00 am Mussar 9:30 am</p>	<p>12</p> <p></p>	<p>13</p> <p></p>	<p>14</p> <p>Kehillah @ MLC 4:30 pm-6:30 pm</p>	<p>15</p> <p>Jewish Meditation 3:15 pm</p>	<p>16</p> <p>Social Action Shabbat 7:00 pm</p>	<p>17</p> <p>Torah Study 9:00 am Judaism as a Counterculture with Lawrence Bush 5:00 pm</p>
<p>18</p> <p>Advanced Mussar 8:00 am Mussar 9:30 am Purimspiel Rehearsal 1:00 pm CBS Turkey Drop-off 1:00 pm-3:00 pm</p>	<p>19</p> <p></p>	<p>20</p> <p>Community Interfaith Thanksgiving Service 7:00 pm</p>	<p>21</p> <p></p>	<p>22</p> <p>Jewish Meditation 3:15 pm</p>	<p>23</p> <p>Shabbat Service 7:00 pm</p>	<p>24</p> <p>Torah Study 9:00 am</p>
<p>25</p> <p>Advanced Mussar 8:00 am Mussar 9:30 am Purimspiel Rehearsal 1:00 pm</p>	<p>26</p> <p></p>	<p>27</p> <p></p>	<p>28</p> <p>CBS Helps at the Women's Shelter at St. Mark's 3:30 pm-5:45 pm or 5:30 pm-8:00 pm Kehillah @ MLC 4:30 pm-6:30 pm</p>	<p>29</p> <p>Jewish Meditation 3:15 pm</p>	<p>30</p> <p>Shabbat Service 7:00 pm</p>	



**Love Torah?
Join us 9:00am*
for Torah Study**

We focus upon efforts of peace
and reconciliation within each
parasha.

*** NEW TIME and TORAH
STUDY EXCLUSIVE**

**Remember a Loved One
with a Yahrzeit Plaque**

Only \$250
Contact office@cbshalom.org
for guidelines and details.

Please visit the back page to contribute to
CBS programs and funds.

There are many from which to choose—
what is your passion? Help sustain Jewish
programming!

Parashot

Candle Lighting

Friday, November 2/ 25 Cheshvan **5:46 PM**

Chayei Sarah

Genesis 23:1-25:18

Haftarah: I Kings 1:1-31

Friday, November 9/ 2 Kislev **4:39 PM**

Toldot

Genesis 25: 19-28:9

Haftarah: Malachi 1:1-2:7

Friday, November 16/ 9 Kislev **4:34 PM**

Vayeitzei

Genesis 28:10-32:3

Haftarah: Hosea 12:13-14:10

Friday, November 23/ 18 Kislev **4:29 PM**

Vayishlach

Genesis 32:4-36:43

Haftarah: Obadiah 1:1-21



HAPPY NOVEMBER BIRTHDAYS

Spencer Cohen
Mauria Hirning
Myra Hess
Jennifer Davidson
Jeffrey Glenn
Davis Westover
Derek Jones
Mark Leibenhaut
Gabrielle Ruxin
Jenny Berg
Dinyah Rein
Steve Jeffrey
Matthew Porter
Matthew Spielberg
Zachary Lewin
Joan Gusinow
Joshua Klapow
Elena Frey
Ben Vechter
Monique Cohen
Daniel Jeffrey
Margaret Kane
Fifi Paykel
Jana Uslan
Estelle Tansey
Phyllis Jacobs
Patricia Meyers

Mark Kagan
Casey Robbins
Chris Drouin

HAPPY NOVEMBER ANNIVERSARIES

Jason and Danielle Korotkin
Michael and Marisa Alcalay
Meryl Shader and Paul Seave
Marjorie and Albert Blum
John and Laura Lawrence

OCTOBER TRIBUTES

To the Rabbi Discretionary Fund

- ◆ From Bonnie Kaplan, in memory of Julian Kaplan.

To the General Fund

- ◆ From Michael Katz
- ◆ From Ralph Samuel

*We appreciate
our generous donors!
Thank you for sustaining CBS*

NOVEMBER YAHRTZEITS

Meyer Actor
Sally Alcalay
Samuel Azen
Esther Babitz
Lorraine M. Babitz
Louise Baer
Rose Baily
Irena V. Baum
Pearl Berman
Melvin J. Bloom
Stephen R. Blue
Kay Cohn
Robert Duncan
Ruth Dushkin
Abba Eban
Sam Edelstein
Sophia A. Eisner
Jessie Fabish

Lillian Finkle
Morris Fried
Judy Gen-Koung
Ivan Gennis
Milton Gennis
Celia W. Goldstine
Isidore Gomberg
Jennie Green
Ethel Greenstein
Goldie Kurtz Hayes
Jeffrey Hess
Aron Hirschhorn
Jack Hyman
Janet Jacobs
Esther Anna Kalloff
Connie Kessler
Doris Kirchheim
Esther Labovitz

Emanuel Lewis
Milton Lewis
Maurice Lipp
Sarah Lord
Judy Madieros
David Malkin
Joseph Mandez
Morris (Moe) Marcus
Leon Markman
Myra Cohn Merrill
Peter Meyer
Minnie Miller
Zales, Saul
Steve Mirtle
Harry J. Orlow
Robert Isaac Patent
Robert Porter
Mary Prince

Yitzchak Rabin
Eugene Radding
Ann Rosen
Jeannette Rosen
Louis Herman Schleien
Claire M. Seidenberg
Norman Seidenwurm
Hymie Siegel
Min Silverman
Izzy Smith
Sol Spector
Kathy Staples
Elizabeth Stern
Charles Sufrin
Lucille Swatt
Suzanne Tabachnick
Rachel Leah Tammer
Kathleen Tatum

William Uttal
Sara Wascou
Sophie Wasserman
Franklin Williams

Hello Book Lovers,

Our library is ever-expanding. Please come in and take a look at all the wonderful treasures that have been added to our shelves. Everyone can find something that will be of interest.

LIBRARY CORNER
Marcy Dobrow, Ed.D.
CBS Librarian

On November 2nd, I will be available to check out books just prior to the family service in front of the sanctuary. I will also be available in our library during religious school on Sunday mornings between 10:00 and 12:30. Please call the office (916) 485-4478 and leave Marcy Dobrow a message if you would like to come in to the library at any other time. We'll set a time at your convenience.

Last week, our 4th grade classroom visited the library and perused books about the week's parsha about Noah. We were able to find enough for the students to read and share. Parents are welcome to check out books and return them the next school week.

All are welcome! We can agree to meet in the library here, or we could work something else out if you're house-bound.

**DO YOU HAVE GOOD NEWS
TO SHARE?**

Be sure to contact the office so we can acknowledge your simcha and others can celebrate with you.

**Please consider honoring or remembering a loved one by
making a donation to
Congregation Beth Shalom.**

**A connected community is a strong community.
Please support the local businesses in our neighborhood.**

**4717 El Camino Ave
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(916) 514-0830**



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Sunday: 11am-5pm
(916) 485-5520**





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www.skipskitchen.com**



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**El Palmar
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*Open 7 Days a Week
Mon-Sat: 10am-9pm
Sunday: 11am-5pm
(916) 488-8320*



CBS is proud to announce its adoption of *Mishkan HaNefesh*, the new two volume *Machzor* for the Days of Awe.

**One set of *Mishkan HaNefesh*
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\$100 “buys” one set for you
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All donations will be acknowledged with a bookplate in the prayer books.

Donations should be made to CBS (Religious Practices Committee) and should identify the “New Machzorim” as the purpose of your donation.

Keep CBS in Mind When Shopping on Amazon!

**Amazon contributes to CBS when you connect to them through our link.
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Go to smile.amazon.com . The first time you go there, it will ask you to choose your Charity. Our Temple Charity name is listed as Sacramento Jewish Fellowship of Carmichael. That's about all!

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Federation is now accepting donations for its Kosher Food Pantry.

- ♦ All goods should be non-perishable and have a kosher symbol.
 - ♦ Items may be delivered to the Federation office at 2130 21st Street, Sacramento. We also accept toiletries and Judaica items.
- We always need:**
- | | |
|--------------------|------------------------------|
| ⇒ Pasta/sauce | Canned fruits and vegetables |
| ⇒ Breakfast cereal | Peanut Butter |
| ⇒ Tuna | Crackers |
| ⇒ Soy milk | Small bags of nuts |
- ♦ If you are in need of visiting the Food Pantry, please contact 916-205-0688.



Friday Night Shabbat Services:

1st Fridays: 6:00pm 2nd, 3rd, 4th, & 5th Fridays: 7:00 p.m.

Saturday Morning Torah Study:

9:00 a.m.

Postage

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CONGREGATION BETH SHALOM CONTRIBUTION TRIBUTE DONATION FORM

The enclosed is: () a deposit to my individual tribute account

() a designation of \$_____ from my tribute account to _____ Fund.

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In memory/honor (circle one) of _____

Please acknowledge:

Name: _____

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**General Support Fund • Rabbis' Discretionary Fund • Roger Ruby Memorial Theater Fund
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Thank you for making a tribute to Congregation Beth Shalom in memory or honor of an individual.

To insure proper recognition, please use this tribute form when sending your tribute.

Please return completed form to CBS Office