

Chai Lights

The Newsletter of Congregation Beth Shalom



you have to understand,
that no one puts their children in a boat
unless the water is safer than the land
no one burns their palms
under trains
beneath carriages
no one spends days and nights
in the stomach of a truck
feeding on newspaper
unless the miles travelled
means something more than journey.
no one crawls under fences
no one wants to be beaten
pitied
no one chooses refugee camps
or strip searches where your
body is left aching
or prison,
because prison is safer
than a city of fire



From Home, by Warsan Shire

Sunday, March 12th 2:00—3:30

Open House Shower to help the Selim-Al Doori family

Details inside

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4746 El Camino Ave.

Carmichael CA 95608

(916)485-4478

www.cbshalom.org

From the Rabbi's Desk



Speaking as a grogger, Purim is the best time of the year. This coming Purim will be even better as I will have company in the cheering department. Per usual, I perform magnificently to evil Haman's name, but this past Megillah reading you will hear responses to the other Purim characters as well. Esther's name received a blast of "awesome"; Mordechai's name brought "Hip hip hooray"; Vashti was cheered with "You go girl" and King Ahasuerus' name received a royal trumpet sounding "da da-da." While my work as a seasonal worker will always be secure as the Purim favorite, it is fun being a team player too.

After the Megillah reading, a no-holds barred performance will take place on the Bima called "The Megillah according to Disney." Our very own cast of characters, you will see **Mr. J (Joshua Rosenblume)** and **Adam Kneitel** perform a very funny senior and junior King Ahasuerus. **David Meyer's** presence creates an unforgettable Haman. **Ella Mills** and **Catherine Orange** play senior and junior Esther. Our director par excellence **Mark Cornfield**, plays a devoted Mordechai. **Cindy Davis** presents a saucy and liberated Vashti. **Rabbi Nancy, Heidi Mathat**, and **Katie Braverman**, play Bibbiti, Bobbidi and Boo. **Meryl Shader** shines as Fairy Godmother. We've got dwarves **Rosalie Camp, Eden Cohen, Adam Kneitel, Benjamin Orange, Emanuel Orange, Peter Nelson**, mermaids, contestants and wonderful kids. The backdrop is created by our **Dan Bernick**, one of our CBS artists in residence. And on piano, we've got **Jake Nalangan**; it simply doesn't get any better.

So, speaking as a grogger, I am very excited to see you all on Saturday night, March 11th. Come early for carnival at 5:30 with pizza available for sale for dinner, and Megillah and Shpiel right after.

Did I tell you the theme is Disney? If you've got those mouse ears or Cinderella outfit, bring it on.

Purim has a beautiful custom, of giving gifts to others. We are celebrating this the very next day, Sunday, March 12 from 2:00 - 3:30 with hosting a Welcome To America party for our beautiful Iraqi refugee family. Check with **Wendy Wilson** for specifics. Can't wait!

Signing off for now,

Rabbi Nancy Wechsler

A dedicated grogger



Would you like to participate on the bimah?

If you are observing a yahrzeit, anniversary, birthday or just wish to be part of the Friday night service by performing any of the following tasks, please contact office@cbshalom.org.

1—light the Shabbat candles

2—Aliyah to the Torah

3—redress the Torah as Hagbah or G'lilah

All Jewish members ages B'nai Mitzvot and up are welcome.

What a gorgeous day it is today as I write this article. I just returned from walking Buddy and am so energized by the warmth and sun. March brings so much to us, besides the beginning of spring on March 20. I hope you will join us at the monthly Shabbat Dinner on the first Friday, March 3. This dinner is a preview of what you will see at our ANNUAL FUNDRAISER ON MARCH 26, this year themed for Mardi Gras. Please join us for a little chicken and sausage jambalaya, vegetarian gumbo, and much more this Friday.

**President
Jana Uslan**



Next Saturday we celebrate one of the most fun holidays, Purim. This year we are trying something new—combining the Purim Carnival for kids and adults, dinner and the speil all on Saturday, March 11. It is going to be a great night, our music is all Disney and brought to you by our very own **Jake Nalangan** and directed by our **Mark Cornfield**. You have probably seen **Dan Bernick** working on the scenery in the Social Hall, wow, what a great artist. I can't wait to hear all the Disney tunes, make sure you don't miss a minute of this event.

And of course our very most important event of this year is our ANNUAL FUNDRAISER, **Lori Nalangan** and her committee are working very hard on this year, MOVEABLE FEAST, March 26, 2017. If you haven't bought your tickets yet, please don't wait too long. You can get them from the office, from Lori, and also on line.

Please help our general fund budget make it's goal but attending our fundraiser and making it a success! You are also guaranteed a great time.

As most of you know, **Rina Racket**, our Educator for the past five years, has moved on to new and exciting adventures. **Marlo Dewing**, our Administrator, will be filling in for her, and **Alex Taylor** will be overseeing Wednesday Hebrew. Rina left us in good hands. She left plans for the rest of the year, the teachers know exactly what is going on, and Marlo will be speaking with Rina a number of times during the next three months to make sure everything is carried out correctly. Thank you Marlo and Alex for holding down the fort.

If you have any questions or concerns, please see Marlo or myself, we will be glad to help in anyway we can.

We will be having a parent meeting very soon to discuss plans for next year.

Please check the calendar for more weekly activities. I look forward to seeing you all at Purim and the Fundraiser.

Congregation Beth Shalom is a member of the Union of Reform Judaism.

General Service schedule:

- 1st Friday: 6:00 p.m.**
Family Service
- 2nd Friday: 7:30 p.m.**
Shabbat Service
- 3rd Friday: 7:30 p.m.**
Shabbat With a Beat– CBS Band
- 4th Friday: 7:30 p.m.**
Shabbat Service
- 5th Friday: 7:30 p.m.**

Torah Study:
Saturdays at **9:00 a.m.**

Office hours are Monday through Friday, 9:00 a.m. to 3:00 p.m.

CBS Gift Shop Friday Hours:
5:00 pm-5:45 pm the first Friday of the month, 6:30 pm-7:15 pm the second, third, fourth, and fifth Friday.

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Do you enjoy the sweetness of Shabbat?

Please consider helping with oneg. Oneg duties include preparing Kiddush and Challah; providing and plating sweets; putting everything back in order when it's finished.



We also accept donations directly to the Oneg Fund, and donations of baked goods.

Please contact the office if you are able to participate in this mitzvah at any time.

Issue: March 2017

Hi, my name is **Jacob Appell**. I'm 12 years old, in 7th grade at Carnegie Middle School and my family has belonged to Congregation Beth Shalom for almost my whole life. My Bar Mitzvah takes place this May, and for my Mitzvah project, I am raising money to fight cancer as part of the American River Relay for Life event.

This past year, someone who meant a lot to me lost his battle with cancer, and I want to do something about it. Please consider donating to my Relay For Life team. Your donation will make a difference in people's lives around the world through research, prevention, treatments and public policy. You can also walk with me, my family and friends at this fun and inspiring event. People can sign up to walk for 1 or more hours any time between 9 a.m. on Saturday April 22 to 9 a.m. Sunday April 23 at San Juan High School. My family will provide drinks and snacks for all who come. I will have a sign-up sheet on the bulletin board at Congregation Beth Shalom.

Here is the information about it:

DATE: April 22-23, 9 a.m. to 9 a.m. LOCATION: San Juan High School

WEBSITE: tinyurl.com/jacobrelay

Thank you for your support!

Bring items to the CBS Social Hall !

World Relief Kits

Kitchen Kit

- 4 Forks, knives, & spoons
- 4 Plates, bowls, & cups
- Pots, pans, & baking sheets
- Mixing/Serving bowls
- cooking utensils
- Manual can opener
- Kitchen knife
- cutting board
- Tea kettle
- dish drying rack
- Kitchen towels, dish cloths, sponges
- 1 Large trash can

Cleaning Kit

- Bottle of dish soap
- Sponges/cleaning cloths
- Bathroom/kitchen cleanser
- Box of tall trash bags
- Toilet brush
- Toilet cleaning soap
- Laundry detergent

Child & Baby Supply Kit

- Backpack
- Pens, pencils, & erasers
- Crayons & coloring book
- Notebooks
- Small toy
- Booster seat
- New car seat

Bathroom Kit

- 4 Rolls of toilet paper
- 2 Bottles of shampoo
- 8 Bars of Soap
- 4 Toothbrushes
- 2 Tubes of toothpaste
- Box of sanitary napkins
- Deoderant (women & men)
- Disposable razors
- Nail clippers
- Hand/body lotion
- Band-aids
- Shaving cream
- Comb/brush
- Box of tissues
- Shower curtain & hooks
- diapers & wipes
- Small waste basket

Household Kit

- 2 rolls of paper towels
- Bed linens: 2 twin; 1 queen
- Blankets: 2 twin; 1 queen
- 4 Bed pillows
- Alarm clock/radio
- 8 Light bulbs
- paper/notepad
- Pens & pencils
- Hangers
- Floor lamp
- 4 wash cloths, hand towels, & bath tow

All items should be new and unused.

The CBS Religious School and Mitzvah Crew are partnering with World Relief Sacramento to help welcome refugees into our community. World Relief is a first point of contact for many refugees and provides them with resources for housing, jobs and settling into our area. We are launching a drive to furnish an apartment for a refugee family. Please bring new (cleaning supplies, etc) or gently used (furniture, etc) goods to CBS through April 2nd. The older Religious School students will take the donations to the World Relief office. There they will learn more about how World Relief operates and see how their efforts will positively affect a family.

Religious School

About World Relief Sacramento:

Since 1989, World Relief Sacramento has helped over 30,000 refugees begin a new life in Sacramento. In 2016 alone, the World Relief Sacramento office resettled over 1,300 refugees. Over the years, hundreds of local churches and volunteers have partnered with us to show welcome to our newest neighbors.

About our liaison, Joy:

Joy Justus has served with World Relief since 2012. From 2012-2014, she worked with World Relief in Indonesia as an English teacher to Middle Eastern and South East Asian refugees who were awaiting United Nations refugee processing in an immigration prison. Since returning to the Sacramento area in 2014, she has been working as the Outreach Manager with World Relief Sacramento encouraging and empowering the local community and local churches to develop mutually edifying relationships with refugees. Joy has a Master of Arts in Theology and Biblical Studies from Fuller Theological Seminary and a Bachelor of Arts in Religious Studies from UC Berkeley.

Article by Valerie Gross, CBS Religious School parent and volunteer

Religious School Calendar for March

3/1	RS, NO BMP
3/3	BMP from 4:30-6, Class Participation Shabbat led by our 5th graders
3/5	RS
3/8	RS and BMP
3/11	RS 4:30, Purim Carnival 5:30
3/12	NO RS
3/15	RS, BMP
3/18	RS Havdallah Program, 6:30 pm
3/19	NO RS
3/22	RS, BMP
3/26	RS
3/29	RS, 4:00 pm BMP CPR



BSTY went to Disneyland! CBS is so grateful to Keren for leading a wonderful experience for our teens.



BSTY
Keren Schatz
Advisor



bsty_insta



Religious Practices Trying to Live in the Moment and Balancing Our Commitments

Sheree Meyer
President



We hear so much about "being in the moment" and "mindfulness". I just finished reading The 22 {Non-Negotiable} Laws of Wellness, by Greg Anderson.

Anderson writes, "If you are immersed in life-enhancing activities and enjoying them with positive enthusiasm, then you are living in the moment." That's a pretty powerful statement. Similarly, the sages tell us, those who choose to be mindful in their relationships to G-d and with each other, choose life. But how many of us get caught up in the necessities and distractions in our lives that aren't always enjoyable or life-enhancing?

I'll give you an example. About a month ago, I was charged with writing this article and finishing it by the due date for review. On the day it was due, a friend got called out of town unexpectedly and asked me to dog-sit. I got so involved with seeing to my furry guests' needs that I completely forgot about writing this article, until **Sheree Meyer** emailed me to inquire about it. Was I not living in the moment? Was I not being mindful of my friend and her dogs' needs? I was certainly enjoying them. But what about my earlier commitment?

We have such good intentions. We volunteer to help on a project at the synagogue, to bring cupcakes to our child's class, to help an elderly parent. Then something unexpected comes up, and we forget we've made those commitments. It happens.

So how do we keep a balance in our lives in order to keep our commitments and fulfill our mitzvot? How do we stay present, giving our attention to the moment, yet keep appointments, and fulfill obligations we've made?

One way is to carve out blocks of time and focus only on the job at hand—no multi-tasking allowed! Keeping the mitzvot is about exercising self-discipline and setting priorities. I knew I had this article to write. Had I prioritized writing it, not leaving it to the last minute, the unexpected dog-sitting would not have had any effect. I could have kept my commitment to RPC, helped out a friend in need, and enjoyed both in their own time.

So what have I learned? Being mindful and living in the moment requires prioritizing my commitments and having the self-discipline to focus on the task at hand. With mindfulness and self-discipline, we can fulfill our mitzvot, even when the unexpected happens in our lives.

Article by Karen Hull, RPC member

Friday Night Speaker March 3, 6:00 pm



Joy Justus
WORLD RELIEF
SACRAMENTO

California's capital city hosts many newly-arrived refugees from conflict-ridden regions of our world. World Relief Sacramento works in partnership with the Bureau of Population, Refugees and Migration, the Office of Refugee Resettlement, and other resettlement agencies and service providers to facilitate the resettlement of refugees into the local community. This includes everything from paperwork processing to airport pickup to doctor appointments to apartment set-up. Since 1989, World Relief Sacramento and partner churches have welcomed over 30,000 refugees. These new neighbors came from Iraq, Iran, Afghanistan, the Former Soviet Union, Myanmar, and more.

World Relief Sacramento has been resettling refugees since 1989. Over the last 27 years, we have resettled over 30,000 refugees into the Sacramento region. These new neighbors came from the Former Soviet Union, Iraq, Iran, Afghanistan, Myanmar, and now Syria. World Relief Sacramento is contracted by the Department of State to facilitate the resettlement of refugees. Since the official resettlement period between World Relief and the Department of State is only for a refugee's initial 90 days, we must work closely with other service providers and the local community.

World Relief Sacramento serves the immigrant community by providing legal services in the area of immigration law. The United States Department of Justice recognized the need for affordable immigration services and set up a process in which non-attorneys could become credentialed to offer legal advice in immigration cases. The Immigrant Legal Services Program (ILS) of World Relief Sacramento exists to partner with local churches and the wider community to provide legal services that help our immigrant neighbors as they seek to follow the immigration laws of the United States.

Learning English is about so much more than learning grammar or vocabulary. It is about empowering learners to function independently in their new cities and increasing their employment opportunities. By learning English, refugees and immigrants gain independence, community, and better employment prospects.

Congregation Beth Shalom
4746 El Camino Ave, Carmichael CA 916-485-4478

Congregation Beth Shalom Dinner & Shabbat

**Friday Night
March 3**

5:30 savory oneg
6:00 service
7:00 dinner

RSVP to
office@cbshalom.org
♦ Adults \$10
♦ Ages 6-12 \$9
♦ 5 and under Free

- Chicken and sausage jambalaya
- Vegan gumbo
- Mixed vegetables in blackening spice
- Green salad in lemon-garlic dressing
- Beignets
- Alon's amazing vegan dessert extravaganza

*A little preview of
our annual Gala!*



Featuring the amazing culinary creations of our chefs
Matthew Kurtz, Alon Vechter, and Red Gobuty, and Joel Tillman,
with the assistance of Joel Birch. Your tastebuds are in for a treat!

4746 El Camino Ave, Carmichael CA 916-485-4478

**PLEASE HELP US WELCOME
A REFUGEE FAMILY**

**Sunday March 12
2:00—3:30 pm**

Congregation Beth Shalom



Please join us for an open-house social and nosh to meet and welcome a new refugee family to our community: Dina Selim and Qutaiba Al-Doori, and their four young children (11 month old twins Loreen and Abdulah, 6 year old Tiya, and 9 year old Haya). Feel free to drop in any time and stay as long as you are able. The two older girls are very friendly and would love to meet other children in the congregation, so please bring your whole family.

This couple, under threat from Isis, fled their home near Nineveh in northern Iraq, leaving family, friends, careers, and financial resources to seek safety and a better future for their family. Dina is Jewish (they are raising the children Jewish) and Qutaiba is a non-practicing Muslim, and their interfaith marriage made them especially targeted in Iraq. They arrived here barely 3 months ago on a U.N. visa and are struggling to make a new life for themselves. Qutaiba was a star basketball player and MVP on the Iraqi National team and quite a celebrity. **Although they are receiving assistance from a variety of organizations, including the Jewish Federation, they can use additional help, as well as our friendship. They still need a few items for the house that are too expensive to get on their own, and gift cards for ongoing expenses for the children (diapers, formula, etc.).**

If you would like to bring a gift, please contact Wendy Wilson for more details (489-3767). If you would like to help with decorations, set-up, or clean-up, please contact Carry Cohn (334-5341).

Many thanks to the Brotherhood for providing the nosh!

Whether or not you are able to bring a gift, we hope you will drop by on the 12th to help this brave family feel at home and make new friends.

2ND ANNUAL

Moveable Feast

A MARDI GRAS FETE BENEFITING



CONGREGATION BETH SHALOM

MARCH

26

2017

Antiquite

Maison

Privee

Evening Time

2114 P Street Sacramento CA 95816

Moveable.feast.benefit@gmail.com

It is not too late to RSVP to the 2nd Annual Moveable Feast, "Mardi Gras Fête"!

Fundraising & Programming

Lori Nalangan, VP

Time: Sunday, March 26th 2017 - 5:30pm

Place: Antiquité Maison Privée, 2114 P Street, Sac.

Here is everything you need to know about this fabulous Congregation Beth Shalom Benefit:

Attire: Festive, anything goes, sparkles, feathers, bright colors, masks,

Festivities: Featuring traditional New Orleans cocktails and beers, non-alcoholic beverages and wines from California. New Orleans inspired vegetarian and fish small plates and appetizers, delicious desserts. Live Jazz by the Blueprint Jazz Quartet – Architects of Jazz

Raffle: SONOMA COUNTY GETAWAY

Grand Prize includes a \$500 gift card to Sonoma Wine Country B&B's, complimentary wine tastings and discounts at 50 different wineries and a bed and breakfast recipe book. Tickets are \$10 each or 12 for \$100. Tickets may be purchased by calling the CBS office at 916 485-4478, or at the CBS office, at CBS events, or at the Moveable Feast Benefit. *Note: you do not have to be present at the event to win.*

Special Online Auction Opportunity: Even if you can't attend the event, you have an opportunity to bid on 7-night stay at Club Tahoe at Incline Village, NV at prime time: July 23 to July 30, 2017. Visit our online auction site for all the details and to place your bid: <https://www.32auctions.com/MoveableFeast>

Silent Auction: Liz Stein and her committee have been working hard to procure donations of wonderful auction items for guests to bid on. There will be plenty of items for the theater lover - tickets to Sacramento Music Circus, B Street Theater, certificates for luxurious spa treatments to pamper oneself including certificates for facials, pedicures and waxing, and delicious restaurant outings including Ella's and Zinfandel Grille. Private dinners to sign up for and cool activities like a day of sailing will be offered too.

RSVP: All congregants should have received an invitation in the mail. Please send your RSVP card as soon as possible. If you did not receive the invitation, there are three ways to RSVP:

Online payments and donations at www.moveable-feast.eventbrite.com

Please send a check for \$75 per person to: Congregation Beth Shalom, 4746 El Camino Ave, Carmichael, CA 95608

Call **Symone** at the CBS office – 485-4478 to rsvp and pay via credit card

Invite your friends and looking forward to seeing you on Sunday, March 26th!



AUCTION ITEMS NEEDED!

Contact Liz at busylizy@comcast.net

- Theater tickets
- Gift baskets
- Vacation retreats
- Winery tours
- Adventure outings
- Salon services

What else can YOU think of?



We focus upon efforts of peace and reconciliation within each parasha.

*** NEW TIME and TORAH STUDY EXCLUSIVE**

PURIM CARNIVAL

*The Religious School's
Biggest fundraiser!*



Saturday, March 11th

- 4:30 pm** Religious School
with Havdallah & MiniSpiel
- 5:30** Carnival
- 6:30** Megillah Reading
- 7:30** PurimSpiel



\$20.00 Unlimited games!

Prize room!

Raffle tickets for sale!

Dinner for sale!

Hamentashen for sale!

Congregation Beth Shalom 4746 El Camino Avenue, Carmichael

THE HAPPIEST



PURIM ON EARTH

SATURDAY, MARCH 11

5:30 pm	Carnival
6:30	Megillah Reading
7:30	PurimSpiel

Bring cash for Raffle tickets & refreshments!

All proceeds benefit the CBS Religious School & the CBS Religious Practices Committee

Congregation Beth Shalom * 4746 El Camino Ave.

Congregation Beth Shalom Sponsors Time Capsule in a Milk Can Northern California Premiere Fundraiser Performance March 25

On Saturday, March 25, at 8 PM, a significant and powerful play, *Time Capsule in a Milk Can*, will have its Northern California premiere at Congregation B'nai Israel. The event will be a fundraiser for the Central Valley Holocaust Educators Network (CVHEN) and annual community-wide Yom HaShoah programs. The Saturday evening performance will include a Havdalah service before the play and a concluding dessert reception.

Time Capsule in a Milk Can is an interactive one-man performance about Emanuel Ringelblum and the secret society, Oneg Shabbat, and their efforts to chronicle life in the Warsaw Ghetto by preserving Jewish prayers, testimonies, poems, and drawings. Before the ghetto was destroyed in 1943, archives were placed in three milk cans and several metal boxes and buried under the ghetto. After the war, two of the three milk cans and many of the metal boxes were found, revealing over 20,000 documents. *Time Capsule in a Milk Can* was originally produced by the Discovery Theater, Smithsonian Institution, for the tenth anniversary of the U.S. Holocaust Memorial Museum in 2003. **Congregation Beth Shalom** and other local congregations **are sponsors of the event** and a 2nd performance primarily for religious school students on Sunday, March 26 at 10:30 AM.

Admission is \$25 for adults and \$10 for students. Tickets, sponsorships, donations and ads can be purchased on line at <https://goo.gl/sjnkLG>. For further information about the play, contact Teven Laxer at teven.laxer@gmail.com.

TIME CAPSULE IN A MILK CAN

A one-man play about a secret project undertaken by the historian Emanuel Ringelblum to chronicle life in the Warsaw Ghetto.

Originally produced by the Discovery Theater, Smithsonian Institution, for the tenth anniversary of the U.S. Holocaust Memorial Museum in 2003.

Created by Roberta Gasparre and Marc Spiegel
Directed by Roberta Gasparre with Marc Spiegel portraying Emanuel Ringelblum

SATURDAY, MARCH 25 | 8 p.m.
Starts with a Havdalah service; followed by a dessert reception
Adults \$25; Students \$10

SUNDAY, MARCH 26 | 10:30 a.m.
Performance primarily for Sacramento and Davis religious school students



Sponsored by
Jewish Federation of the Sacramento Region
Jewish Community Relations Council
Congregation B'nai Israel
Congregation Bet Haverim
Congregation Beth Shalom
Temple Or Rishon
Mosaic Law Congregation
Women of B'nai Israel
Albert Einstein Residence Center
and many individual donors

Proceeds benefit the Central Valley Holocaust Educators' Network and annual Yom HaShoah commemoration—teaching history and remembering the Shoah to prevent future genocides and promote a world in which diverse people live together in peace.

CONGREGATION B'NAI ISRAEL
3600 Riverside Blvd.
Sacramento, California

Purchase tickets or sponsorships, or buy an ad for the program at <https://goo.gl/sjnkLG>

For more information about the play, contact Teven Laxer at teven.laxer@gmail.com



Article by Susan Solarz, CBS Board Member

*A Benefit Honoring
Sandy & Al Sokolow
for Decades of Devotion*



*Sunday, March 5, 2017
2:00 - 5:00 pm*

*Music by
Davis Klezmer Orchestra
For Sponsorships & Tickets
530-756-3708
hillelhouse.org*

*Israeli - inspired
Hors d'Oeuvres,
Desserts & Wine*

*by
Simply Delicious of Los Angeles*

Davis | Sacramento
Hillel
Welcome Home
328 A St., Davis

Participate in a fun Purim custom!

Mishloach manot are gifts of food that friends (and prospective new friends!) exchange on Purim. We are instructed in the scroll of Esther (9:19) to send gifts to one another. Jewish families make *mishloach manot* at home and distribute them to friends. Often presented in baskets, *mishloach manot* include at least two different types of food, including hamantaschen, the traditional three-sided pastry eaten on Purim. Many families purchase or bake hamantaschen to include in these baskets and to enjoy at home. *Mishloach manot* may also include a wide variety of foods and treats. These gifts are frequently referred to by their Yiddish name, *shalachmanos*.

Matanot l'evyonim (gifts to the poor), a second Purim tradition, are gifts given at this season to those in need so that they, too, can celebrate Purim with a special meal (Esther 9:22). Many families have committed to participating in this important social justice aspect of the holiday.



This month I wanted to again thank the many congregants for being so welcoming to the people who step through our doors for the first time. It is a quality that has enriched my life and I hope will enrich the lives of many others. In that vein, I would like to encourage all of you to attend the wonderful worship services and upcoming special events with friends. There is no better way to encourage membership. And, in becoming active, people are more likely to enjoy and stay connected as members. Membership is critical to the life and vitality of the congregation. It is up to all of us to encourage membership. Thank you all!

Membership Holly Ilfeld



For information about the Life & Legacy Program and how to participate, please contact the office to get connected to one of our Legacy Team Members.

Community Passover Seder

Tuesday, April 11, 6:00 p.m.

\$18/ages 13+

\$12/ages 6–12

Children age 5 and under free. Non-CBS members add \$5.00 per person

RSVP by Wednesday, April 5—Form on other side.

Seating is limited to 100 people.

Reservations will be made on a “first come, first served” basis.

Your payment and completed form are required for your reservation.

No reservations will be accepted without payment in full.

Please contact the Temple office with any questions.

Dinner Format

- You reserve a table for 8 or 10 for your family and friends. Singles, couples, and smaller groups will be put with others.
- We provide the fish plate, soup, and chicken, and Seder Plate.
- You provide the matzo, choroses, vegetables, kugel or other starch (nondairy), dessert (nondairy), and wine (kosher for Passover).
- We provide a great Rabbi, haggadahs, songs, afikomen prizes, & a whole lot of fun!



Congregation Beth Shalom

4746 El Camino Avenue, Carmichael, California ★ (916) 485-4478 ★ office@cbshalom.org

Congregation Beth Shalom Community Passover Seder Tuesday, April 11, 2017

Seating is limited to 100 people. Reservations are made on a "first come, first served" basis.

Your payment and completed form are required for your reservation.

No reservations will be accepted without payment in full.

Please return completed form and payment to: 4746 El Camino Avenue, Carmichael, CA 95608

Reservation Form

I would like to reserve a table for _____ (total number in group). (If you do not have 8-10 people, we will seat you with other small groups.) Please list names of Table Coordinator and guests:

Table Coordinator 1: _____

Guest 2: _____ Guest 6: _____

Guest 3: _____ Guest 7: _____

Guest 4: _____ Guest 8: _____

Guest 5: _____ Guest 9: _____

_____ Adults @ \$18 \$ _____

_____ Children 6-12 @ \$12 \$ _____

_____ Children 5 & under @ FREE \$ 0.00

_____ Non CBS-Members @ \$5 each \$ _____

_____ Total Number of Guests \$ _____ Total Amount Enclosed

Contact Person: _____ Phone Number: _____

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Address: _____

Payment Method (no cash): Check # _____ Visa: _____ MasterCard: _____ AmEx: _____

Credit Card No. _____

Expiration Date (MM/YY) _____ Billing ZIP CODE required _____

3 (or 4) digit Security Code _____ 3% cost-recovery charged for each credit card transaction.

Please call or e-mail the CBS office with any questions. 916.485.4478 office@cbshalom.org

www.cbshalom.org

March 2017 - 5777 Adar/Nisan

Sun	Mon	Tue	Wed	Thu	Fri	Sat
5 Religious School 9:00 am - 12:15 pm Intermediate Adult Hebrew Class 9:00 am - 10:00 am	6 	7 Melton School 7:00 pm - 9:15 pm	8 Religious School 4:30pm - 6:00 pm 7th Grade BMP 6:00 pm - 8:00 pm Midrasha @ CBS 6:30 pm - 8:00 pm	9 Jewish Meditation 1:30-2:45pm	10 Shabbat Service 7:30 pm	11 Torah Service & Study 9:00 am RS Havdallah Program 4:30 pm Purim Carnival 5:30 pm Megillah Reading 6:30 pm Purimspiel 7:30 pm
12 Religious School 9:00 am - 12:15 pm Intermediate Adult Hebrew Class 9:00 am - 10:00 am Welcome Selim/ Ab- Doorri Family 2:00 pm - 3:30 pm	13 <i>Last Day to RSVP for the 2nd Annual Moveable Feast</i> 	14 Melton School 7:00 pm - 9:15 pm	15 Religious School 4:30pm - 6:00 pm 7th Grade BMP 6:00 pm - 8:00 pm Midrasha @ CBS 6:30 pm - 8:00 p	16 Jewish Meditation 1:30-2:45pm	17 Shabbat with a Beat! 7:30 pm	18 Torah Service & Study 9:00 am RPC Meeting 10:45 am RS Havdallah Program 6:30 pm
19 No Religious School Intermediate Adult Hebrew Class 9:00 am - 10:00 am	20 	21 Melton School 7:00 pm - 9:15 pm	22 Religious School 4:30pm - 6:00 pm 7th Grade BMP 6:00 pm - 8:00 pm Midrasha @ CBS 6:30 pm - 8:00 p	23 Jewish Meditation 1:30-2:45pm	24 Shabbat Service 7:30 pm	25 Torah Service & Study 9:00 am
26 Religious School 9:00 am - 12:15 pm Intermediate Adult Hebrew Class 9:00 am - 10:00 am 2nd Annual Moveable Feast 5:30 pm	27 	28 Melton School 7:00 pm - 9:15 pm	29 Religious School 4:30pm - 6:00 pm 7th Grade BMP 6:00 pm - 8:00 pm	30 Jewish Meditation 1:30-2:45pm	31 Shabbat Service 7:30 pm	CBS Gift Shop Friday Hours: First Friday: 5:00 pm - 5:45 pm Second, Third, Fourth, and Fifth Friday: 6:30 pm - 7:15 pm

LETTER FROM OUR SACRAMENTO JEWISH AND MUSLIM LEADERS

As leaders of the Jewish and Muslim communities, we stand together in solidarity in the face of violence and threats. In recent weeks, mosques in Davis and Roseville were violently attacked. In recent days and weeks, mosques and synagogues across the country were threatened, dozens of Jewish community centers received bomb threats, mosques were burned in Santa Barbara and Tampa, FL, and more than 200 graves were desecrated at Jewish cemeteries in St. Louis and Philadelphia.

And so we stand together, arm-in- arm, and call out in peaceful resistance: This must end.

We know from the horrors of history, silence is the complicit enabler of such hate and violence. We know well the danger of such intolerance and bigotry; we also know well that far stronger are the forces of understanding, wisdom, and compassion.

There is no unified political view in Islam or in Judaism. However, there is a unified understanding shared in both traditions: All humanity is imbued with God's divinity. And it is our moral imperative to protect and care for ourselves, our neighbors, the downtrodden, and the stranger. We stand as strongly against the oppression of our neighbors of a different faith as we stand against the oppression of our own faith community. Scapegoating individuals or communities based on religion, national origin, race, or immigration status is immoral, unjust, and often based on mistruths about the source of our strengths and challenges as a country.

America is made up of a great diversity; and it is diversity that makes America great. This was no accident. The U.S. was founded as a nation on the principle of unity, but not uniformity. It was a radical experiment in democracy, and 240 years later we are still engaged in that endeavor, because democracy and civil society based on values rather than fears is never completed but a continual process.

We believe we are unified in our fundamental, common values. Protestant or Catholic; Jewish or Muslim; Hindu, Sikh or Buddhist; we all teach our children both wisdom and values. All of our faith traditions implore us to care about and respect each other, regardless of our differences.

While **we know we must look inside our own hearts and communities** for seeds of fear and anger, we also call upon our political leaders, locally and nationally, to condemn in no uncertain terms this wave of violence and intolerance. We call upon our political leaders to join us and look with integrity at what has spawned this recent explosion of religious hate crimes in the U.S. We call upon people of all faiths, and of no religious faith, not to tolerate the toxic landscape that cultivates these seeds of hate and violence. Together we continue to cultivate deeper understanding, cooperation, and mutual respect.

Signed,

Imam Dr. Mohamed Abdul-Azeez, Director, Tarbiya Institute, Roseville

Rabbi Mona Alfi, Congregation B'nai Israel, Sacramento

Dr. Metwalli Amer, Executive Director, Sacramento Area League of Associated Muslims (SALAM)

Waseem Bawa, Board Chairperson, SALAM

Rabbi Seth Castleman, Davis

Rabbi Susan Conforti, Auburn

Anne Eisenberg, President, National Council of Jewish Women Sacramento Section

Basim Elkarra, Director, Council on American-Islamic Relations (CAIR), Sacramento Chapter

Dr. Anne Kjemtrup, Vice Chairperson, SALAM

Carol Loew, President, Jewish Federation of the Sacramento Region

Bruce Pomer, Chair, Jewish Community Relations Council

Rabbi Alan Rabishaw, Temple Or Rishon, Orangevale

Willie Recht, Executive Director, Jewish Federation of the Sacramento Region

Rabbi Garth Silberstein, Keneset Israel Torah Cener, Sacramento

Rabbi Reuven H. Taff, Mosaic Law Congregation, Sacramento

Rabbi Nancy Wechsler, Congregation Beth Shalom, Carmichael

Rabbi Greg Wolfe, Congregation Bet Haverim, Davis



Happy March Birthday

David Asch
Deon Stein
Meredyth Rosenberg
Wendy Phoenix
Howard Spivak
James Goldstene
Linda Wascou
Richard Forman
Davita Levin-Robinson
Vicky Mirtle
Gerald Sanders
Jeanette Rosenberg
Bruce Carl
Maya Racket
Arika Mills
Rivkah Tillman
Herbert Cohen

Ron Vechter
Gil Vechter
Steven Bicks
Katie Nitta
Jonathan Mills
Emily Hersh-Burdick
Jessica Rodriguez
Renee Schoch
Layne Hersh
Timothy Noble
Alvin Paykel
Bruce Burdick
Robert Ruxin
Madison Schiffman
Estevan Ginsburg
Linda Westover
Leslie Merker

Paige Plank
Cindy Attia
Morris Newman



Happy March Anniversary

Sheree and David Meyer
David and Joan Bories

Do you have good news to share?

Please email or call the office so we can acknowledge your simcha and others can celebrate with you.



Please consider honoring or remembering a loved one by making a donation to Congregation Beth Shalom.

February Tributes

To the Rabbi Discretionary Fund

- ◆ From Louissette Brown, in memory of James Brown's yahrzeit.

To the General Fund

- ◆ From Jean Rubin, in memory of Sam H. Cohn's yahrzeit.

To the Education Fund

- ◆ From Louissette Brown, in memory of James Brown's yahrzeit.

***We appreciate
our generous donors!
Thank you for sustaining CBS!***

Purchase a leaf on the Tree of Life

Commemorate a special event with a custom leaf on the CBS Tree of Life, prominently displayed in the foyer.

Only \$120.00, 120 being the age of Moses.

Contact Carry Cohn or
office@cbshalom.org for details.



March Yahrzeits

Rebecca Actor	Nancy Ann Muller
1st Lieut. Joseph Benjamin	Jean Nelson
Gibson Bories	Susan Ralph Peters
Marion Bories	Joseph Reimer
Bella Cohen	Grace Rosenfeld
Gwen Cortland	Shirley Saroff
Stanley Hassman	Max Schwartz
William Lawrence	Fred Spindel
Harry Lessinger	Selma Triger
David S. Mendelson	Charles Wolfman
Robert Mohr	Max Adelson
Kurt Neuman	Helene H. Judith Backover Alpern
Richard Weinberger	Johannes John Bos
Sol Ziskind	Pauline Canter Brae
Simon Ammer	Edna Carl
Renee Attia	John Dolenga
Marion Capitman	Robert Fears
Anne Domagalski	Julia Freund
Leland Robert Doty	Victor Friedland
Robert Eisner	Harry Greenstein
Howard Fisher	Michael Leonard Harrison
Phil Friedman	Dora Kahn
Hella Hahn	Leah Lehrer
Otto Hertz	Bernard Levine
Barbara Kach	Esther Levy
Jack Leonard	Albert Muller
Anne FINDER Levine	George Rosen
Barbara Anne Levy Bertaccini	Mortimer Sackler
Louis Levy	Bernard Wechsler
Mack Malkin	Casper Asher Whitehead
Evelyn Marcus	Jack Ziv
Rachel Melamed	Sharon Abilovitz
Jack Mendelson	Benjamin Ammer
Sigal Meyer	Barbara Capitman
Woodrow Miller	Edward Chisen
Hayes Elmont Parrish	Herbert Edward Cohen
Harry Redler	Judy Davis
Pearl Rosenberg	Maurie Einhorn
Mort Sachs	Benjamin Garfinkel
Edward Beeman	Lilly Gershenzon
Melvin Bonn	Hal Halimi
Alice Davis	Anna Ruth Kahn
Carmel Dolenga	Samuel Kurtz
Bernard Flank	Lilyan Kushner
Miriam Fogel	Dorothy Robby
Jean Hess	Tobias Roth
Sheila Korn	Joseph Saroff
Isadore ""Bud"" Levitt	Patricia Lee Stick

Parashot

Candle Lighting

Friday, March 3/ 6 Adar 1	5:43 pm
	Teruma
	Exodus 25:1-27:19
	Haftarah: I Kings 5:26-6:13
Friday, March 11/ 13 Adar 2	5:50 pm
	Tezaveh
	Shabbat Zachor
	Megillah at night
	Exodus 27:20-30:10
	Maftir: Deuteronomy 25:17-19
	Haftarah: I Samuel 15:2-34
Friday, March 17/ 20 Adar 2	6:57 pm
	Ki Tisa
	Shabbat Parah
	Exodus: 30:11-34:35
	Maftir: Numbers 19:1-22
	Haftarah: Ezekiel 36:16-38
Friday, March 24/ 27 Adar 2	7:03 pm
	Vayakhel-Pekudei
	Shabbat Hahodesh
	Exodus 35:1-40:38
	Maftir: Exodus 12:1-20
	Haftarah: Ezekiel 45:16-46-18



Remember a Loved One with a Yahrzeit Plaque

Only \$250.00
Contact office@cbshalom.org
for guidelines and details.

CBS offers meditation
every Thursday from 1:30 – 2:45
and the second Friday night of every month
from 6:45 – 7:20.

For more information contact
Lisa Bertaccini at lisabertaccini@gmail.com
or (916)715-4988.

Postage

Address Label

Beth Shalom Contribution Tribute Donation Form

The enclosed is: () a deposit to my individual tribute account
() a designation of \$_____ from my tribute account to _____ Fund.
() a contribution to the _____ Fund.

In memory/honor (circle one) of _____

Please acknowledge:

Name: _____

Address: _____

City, State Zip _____

Donor:

Name: _____

Address: _____

City, State Zip: _____

Phone: _____ E-mail: _____

- General Support Fund • Rabbis' Discretionary Fund
- Education Program Funds • Catherine Bos Music Fund • Lester Gould Library Fund • Beautification Fund
- Unjericho Fund • Memorial Board • Rachel Melamed Storytelling Fund
- Youth Programs Fund • Religious Practices Fund • Other

Thank you for making a tribute to Congregation Beth Shalom in memory or honor of an individual. To insure proper recognition, please use this tribute form when sending your tribute. Thank you! *CBS Sisterhood Tribute Chair*

Please return completed form to Temple Office