



Chai Lights

**SIMCHAT TORAH &
CONSECRATION
MONDAY
OCTOBER 5**

Volume 14 Issue 307

Tishri/Cheshvan 5776

October 2015

From the Rabbi's Desk

Shelter Us Beneath Thy Wings



It has become something of a CBS tradition to offer the Hashkiveinu prayer during our Shabbat Services and the close of every Sunday's religious school. The Hashkiveinu is our prayer of protection:

Shelter us
beneath Thy wings,
O Adonai
Guard us from
all harmful things,
O Adonai
Keep us safe
throughout the night,
'til we wake with morning's light
Teach us Eli, wrong from right,
O Adonai



We reflect on the word protection or in Hebrew Sh'mira as we complete a most beautiful High Holiday Season. We started with the Reader's Theatre Selichot program, "Who shall live?" to the very end of holidays with Simchat Torah where we will be marching with our Torahs Monday, October 5th 6:00 service, 5:30 oneg. Through it all, I have been profoundly moved by the blessing of collaboration and support within our CBS family.

Our High Holiday services shine with the spirit with our youngest children singing songs of faith, our teenagers chanting Torah and Haftarah, our adults and families sharing Aliyot, sounding the Shofar and members leading Yom Kippur Workshops. The voices of our choir were exquisite. Our holiday honors were organized and filled by so many of you and our sumptuous lunch and break the fast meals were created by you and enjoyed by all. We are a blessed faith community.

Our task is to bring the blessing of protection, of Sh'mira not only to ourselves and our loved ones but beyond the walls of our community. Please think kindly of those who hunger when you shop at the market and bring something with you when you come to CBS. Non-perishable items will make a difference in the lives of families who don't have much to put on the table. When we train ourselves to think of them, our shelter of protection lovingly expands.

To all who prayed with us during these High Holidays, thank you for being part of the CBS family. We have started our year in a powerful way and we look forward to many beautiful celebrations to come.

Rabbi Nancy Wechsler

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Join us for Shabbat Services:

October 2

5:30 Pre-service oneg
6:00 Family Service

October 9

7:30 p.m. Service

October 16

5:30 Pre-service oneg
6:00 p.m. Service

October 23

7:30 p.m. Service

October 30

5:30 Pre-service oneg
6:00 p.m. Service

**Torah Study & Service
held Saturdays
at 10:00 am.**

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CBS Desktop**Marlo Dewing
Administrator**

Some pictures just make you happy, even if the technical quality of the photo isn't the best. The picture to the right of my name is one of those photos.

On the surface, it's a simple shot of people in a classroom, but it really captures so much more.

This is a picture of adults, learning something new. These are people who are of different generations, genders, religions, races, and affiliations, who have made the commitment to come together on Sunday mornings to study Hebrew with the indomitable **Carry Cohn**. As many of us know, learning a new language, with a different alphabet, that reads from the opposite direction, is a monumental task that takes dedication and courage. I applaud this entire group of people, not all of whom were present for the photo. These are CBS people and this is just one of the amazing things that happens at CBS.

Now, look a little closer at two of the people in the picture. You will see **Brenda Baskerville** and **Symone Stephens**, past and present CBS Office Managers, respectively. This is above and beyond. Brenda has chosen to stay connected to CBS even after she no longer works here, and Symone has chosen to come in on Sunday mornings to learn Hebrew, even though it is not required for her position. This is the part of the picture that makes me *verklemt*. Excuse me while I take a moment. Please, talk amongst yourselves.

Okay, I'm back. As always, there is much to do, so I'm asking for help. Here is what the office needs:

Friday service set up help needed:

Sometime between the hours of 11:00 am - 3:00 pm: (*must be a CBS congregant & able to maintain confidentiality)

Tasks include setting up the Shabbat candle tray, lighting yearzeit lights in the sanctuary, copying Torah Study handouts, and folding Friday service handouts.

Family Shabbat Dinner Decoration help needed: sometime between the hours of 9:00am - 3:00pm or 5:30-6:00 pm on 10/7, 11/6, 12/11, 2/5, 3/4, 4/1, 5/6

Tasks include communicating with Administrator regarding theme of dinner, then buying Dollar Store table cloths and decorations (you will be reimbursed up to \$30.00/month), and setting up the tables before dinner starts.

Although I would consider two or three people job sharing each job, I'd prefer one person (for each) who will be the consistent volunteer so that neither Symone nor I have to train someone new all the time, at which point it's sometimes easier to do it ourselves (this is where I'd insert a smiley face emoticon to soften that sentence).

Please contact me at marlodewing@cbshalom.org if you are interested in talking more about these volunteer positions. Thank you!

I want to thank the CBS members who put together a mention of my 90th birthday, and told about some of the things I had done since the beginning of the congregation. **Jim Warner** had the idea, and he also bought a cake and some cookies for the oneg on July 10; **Gene Bagoon**, who spoke about some of the things that I had done; and **Randy** and **Barbara Cortland**, who gave a tribute in honor of my birthday. I was very much touched.

Thank You
Jean Rubin
CBS Past President

Congregation Beth Shalom is a member of the Union of Reform Judaism.

Office hours are Monday through Friday, 9:00 a.m. to 3:00 p.m.

The Gift Shop is open during Religious School on Sundays and by appointment. Please call the office.

General Service schedule:

1st Friday: 6:00—7:00 p.m.

Family Service

2nd Friday: 7:30 p.m.

Choir Service & Guest Speaker

3rd Friday: 6:00—7:00 p.m.

Shabbat With a Beat—CBS Band

4th Friday: 7:30 p.m.

Choir Service

5th Friday: 6:00 p.m.

Torah Study:

Saturdays at 10:00 a.m.

Chai Lights is published 11 times each year with a combined June/July issue.

Editor: Marlo Dewing

Proofing: Symone Stephens

Deadline for submissions is the 20th of the month prior to publication. Please send your article to Marlo and Symone at marlodewing@cbshalom.org and office@cbshalom.org

To request a copy by snail mail please call (916) 485-4478.

Advertising is available:

⇒ 1/8 page/business card: \$9

⇒ 1/4 page: \$18

⇒ 1/2 page: \$25

⇒ Full page: \$50

Prices listed are per issue. All ads subject to approval. Please contact office@cbshalom.org for more information.

Capital Christian Center & Christians United for Israel
 Invites You To

A Night to Honor ISRAEL

SUNDAY, OCTOBER 11, 2015 - 7:00 PM
Admission is FREE!! - Doors Open at 6:00 PM

Join us for a night of solidarity and celebration with the Sacramento Regional Christian and Jewish Communities.
Capital Christian Center • 9470 Micron Ave. • Sacramento, CA 95827
(off Bradshaw & Highway 50)

Rabbi Nancy Wechsler Congregation Beth Shalom	KEYNOTE SPEAKER Erick Stakelbeck Author/ TV CNN - FOX - CBN	Rabbi Taff Mosaic Law Congregation Sacramento	Dumisani Washington Pastor/ Author CUFI National Diversity Coordinator	Jessica Marzucco CUFI on Campus Western Regional Coordinator

A tribute to Hal Stein also Rev. Rick Cole, Randy Neal, Rev. Joey Steelman, plus others
 Music by "WILD BRANCHES AND FRIENDS"

Become an event partner and have dinner with Erick Stakelbeck at 5pm before the event! Limited to 100 participants.

Additional Event Information or Dinner Tickets:
 916.532.3721 or email: cufisacca@gmail.com

\$75 per person or \$125 per couple

An offering will be received for the work of CUFI on Campus.

Christians United For Israel (CUFI) is the largest pro-Israel organization in the United States with over 2.4 million members and one of the leading Christian grassroots movements in the world. Join us to Celebrate and Stand with Israel!

Friday Night Shabbat Services:

1st, 3rd, & 5th Fridays: 6:00 p.m.

2nd & 4th Fridays: 7:30 p.m.

Saturday Morning Torah Study & Service:

10:00 a.m.

ALL ARE WELCOME

Club Kef Ammi Racket Advisor



Get ready for our first amazing program, and get ready to move! All 3rd-6th

graders are welcome to join this year's new Club Kef advisor, Ammi Racket, in the CBS Social Hall on **Sunday, October 4th** after religious school, where we will have ice breakers. **Don't forget to bring a dairy bagged lunch!** We will head from there to Fitness Rangers, where we will have an awesome Israeli bootcamp experience. All fitness levels welcome, just come out and have fun! Make sure to wear comfortable shoes and clothes!

Cost for the program is \$10.00, which also includes a snack after the workout. Activity will be held at 1717 34th Street, Sacramento. Pick up from Fitness Rangers at 2:40 p.m. or CBS at 3 p.m.

Parent drivers are needed for this trip. To volunteer as a parent driver or for more information, please contact Ammi at (916)333-1812, or email at makearacket@yahoo.com.

BSTY BABYSITTING is BACK!

Need a night out?

Want a night of fun for YOU and your children, but separately? Bring them to the Youth Group teens! The littles will enjoy arts and crafts, games, watching movies, & playing with their friends! Snacks are provided; please bring a sack dinner for your child.

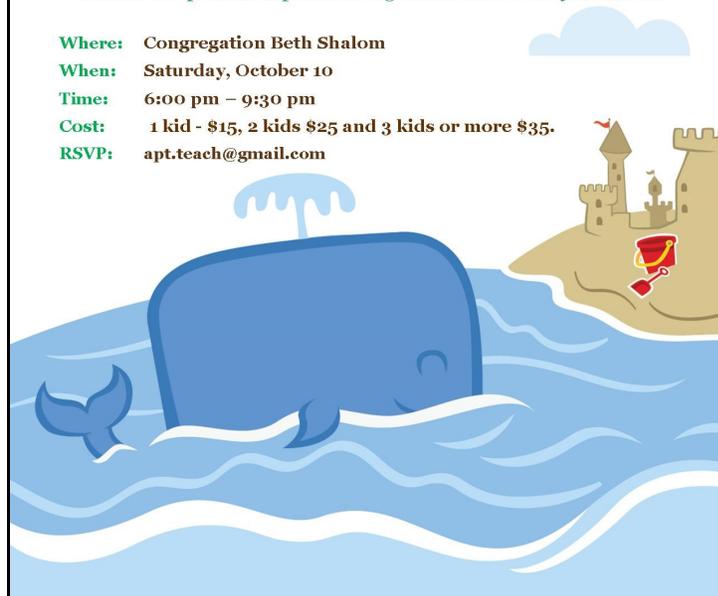
Where: Congregation Beth Shalom

When: Saturday, October 10

Time: 6:00 pm – 9:30 pm

Cost: 1 kid - \$15, 2 kids \$25 and 3 kids or more \$35.

RSVP: apt.teach@gmail.com



Family Shabbat Service & Dinner

5:30 oneg * 6:00 service * 7:00 dinner

OCTOBER 2 MENU

- House made falafel with toasted pita and all the fixings
- Bold and Tangy BBQ pulled chicken
- Tossed fall vegetable picnic salad
- Mama Kurtz's famous pasta salad
- Dessert by Chef Alon



**RSVP required by
Wednesday before**

- Adults \$10
- Ages 6-12 \$9
- 5 and under Free

Featuring the amazing culinary creations of our chefs Matthew Kurtz, Alon Vechter, and Red Gobuty, and Joel Tillman, with the assistance of Joel Birch. Your tastebuds are in for a treat!

BSTY APPLE HILL

Fall is here and BSTY is celebrating with a day at Apple Hill on **OCTOBER 10**.



Please be at Temple Beth Shalom at 8:00 in the morning where carpools will be taking everyone to Apple Hill. We will be going to High Hill (to get fudge at the Fudge factory), Kids Inc. (to get pumpkins), Able's Apple Acre (for a corn maze), and Harris Tree Farm (for lunch). Pick up is at 2pm at Beth Shalom.

Bring \$20-40 for sweet treats, pumpkins, a corn maze, and lunch.



PLEASE RSVP to BSTYevents@gmail.com or to 567-5391 by Sunday October 4th.

We will have our first Shabbat Family School program this month on Saturday, October 31 at 9:00 am. All parents and students are invited and expected to make every effort to attend all four of our special Shabbat Family School programs this year. This year's Family School theme is *Kedusha*, or Holiness.

Religious School

Rina Racket
Director of Education

• **The goals** are simple; they are to:

- Provide a non-threatening environment in which people (regardless of their level of Jewish literacy), can participate in a meaningful way, have a positive Jewish experience with their family and friends, and become familiar with our Saturday morning service.
- Create a desire for greater Jewish learning in both adults and children.
- Empower parents to assume their roles as their childrens' Jewish teachers.
- Foster increased awareness of the relevance of Jewish themes, concepts, texts, prayers, observances, and perspectives.

The schedule for the morning is as follows:

- ⇒ 9:00-9:15 am Singing with Rabbi Nancy in the Sanctuary.
- ⇒ 9:15-10:15 am Parents and 6th graders study with Rabbi Nancy in the Sanctuary. Gan-5th grade study with their teachers in their respective classrooms.
- ⇒ 10:15-10:30 am Break with Challah and juice
- ⇒ 10:30-11:45 am Condensed Shabbat morning service for everyone



RS special Sukkot program

Please mark **these dates** on your calendars, and remember that the **regular Religious School programs will be suspended on the Sundays following these programs:**

- Saturday, October 31 at 9:00 am
- Saturday, January 23 at 9:00 am
- Saturday, March 12 **at 5:00 pm** (time may change slightly)- This is an off-site Havdallah program
- Saturday, April 9th at 9:00 am

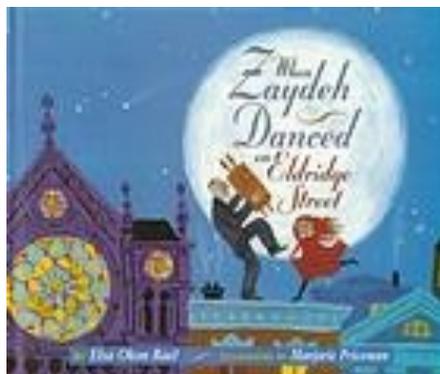
Rabbi Nancy, the RS teachers and Madrichim, and I look forward to sharing this Jewish Family Educational experience with you!

Other important October dates:

- Friday, 10/2: BMP at 4:30pm followed by Family Shabbat
- Sunday, 10/4: Club Kef and BSTY go to Israeli Boot Camp. Cost \$10. Contact Ammi Racket at makearacket@yahoo.com or Alex Taylor at apt.teach@gmail.com.
- Monday, 10/5: Simchat Torah and Consecration. Oneg at 5:30pm, service at 6
- Sunday, 10/11: First Journeys program for all 6th grade parents and students-10:30am; practice fire drill

Library Corner

Katherine Henderson
CBS Librarian



Simchat Torah is October 6. The library's spotlight is on When Zaydeh Danced on Eldridge Street, by Elsa Okon Rael. The book is about Zaydeh's visit to her grandfather. When he asked her what we celebrate on Simchat Torah, she didn't know. So, he took her to the Simchat Torah celebration at his synagogue.

New to the library is an auxiliary children's book collection in the discarded entertainment center in the upstairs large room with the picture window view of the sanctuary. Those books are for use in that room only.

If you have in mind to check out a special book, whether I have it cataloged or not, I will do my best to accommodate your needs. My phone number is 916-409-0165. My e-mail is hendk@prodigy.net. **Bill Rozell** can be reached at 916-487-8936, or by e-mail at deadpaintersgallery@gmail.com. Bill will also be adding to the adult collection continually over time, so just ask him for any particular title you are looking for.

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Let SolarCity Perform a Mitzvah

Your Solar Home



Your Family using Green Energy to Lower Electric Bills



Your Temple Flush with Donations to Serve More Members



You make the top Donor List



- Imagine lighting your home with lights powered by the Sun rather than oil or coal.
- Imagine not paying a dime to install such a system that also lowers your electric bill.
- Imagine the joy of saving the State water, and helping to stop climate change at the same time.
- Imagine your synagogue expanding its reach from your donation
- Imagine your name on the top donor list

Solar City is an industry leader in residential and commercial solar panels in the country, publicly traded on the NASDAQ, and has as AAA rating with the BBB. Currently families *CHOOSE* them every *TWO MINUTES (national average)* to lower their electric bill. The federal government has also partnered with them to help distribute solar panels to qualified homes.

But that is FAR from the best part. For anyone who chooses solar for their home, they can list their synagogue as who referred them so that Solar City pays \$250 to the temple in your name. With more than 200 members in your synagogue, that is over \$50,000 to your synagogue! Imagine what could be done with that.

How do you qualify? The process is simple, and only has three requirements:

- You are a home-owner
- You have decent credit.
- Your home qualifies

The first two steps take only an hour to do. The third is done a week later and takes just two hours. To start, simply call, text or email me. It's that easy. Mazel Tov!

Josh Wallman
Energy Consultant
916-949-4554
jwallman@SolarCity.com.

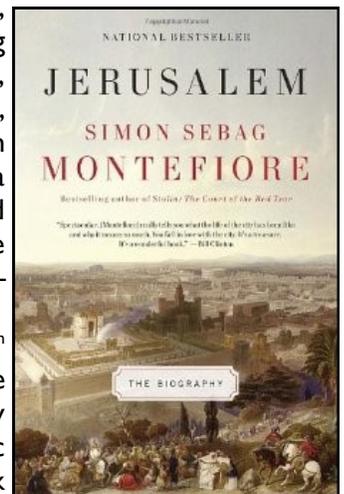
Our first meeting of the new year is coming up at 7 PM on Monday, October 12th, when we will be discussing Jerusalem: The Biography, by Simon Sebag Montefiore. I chose this book because I wanted to learn more about the history of Jerusalem, and also because it was selected as book of the year by the Jewish Book Council in 2011.

Here's what amazon.com has to say about Jerusalem: "In a gripping narrative, Simon Sebag Montefiore reveals this ever-changing city in its many incarnations, bringing every epoch and character blazingly to life. Jerusalem's biography is told through the wars, love affairs and revelations of the men and women—kings, empresses, prophets, poets, saints, conquerors and whores—who created, destroyed, chronicled and believed in Jerusalem... Drawing on new archives, current scholarship, his own family papers and a lifetime's study, Montefiore illuminates the essence of sanctity and mysticism, identity and empire in a unique chronicle of the city that many believe will be the setting for the Apocalypse. This is how Jerusalem became Jerusalem, and the only city that exists twice—in heaven and on earth."

If you can't join us in October, we will be meeting again on Monday November 9th when we will be discussing an Isaac Bashevis Singer classic, The Magician of Lublin. The discussion will be led by **Bill Rozell**. Here's what Bill has to say about the book. "My choice for the upcoming season of the CBS Book Group is the English translation of Isaac Bashevis Singer's The Magician of Lublin. More so than some of his later works, this book demonstrates why he got the Nobel Prize." You can find more from Bill about this book in his posting on the CBS Facebook page.

Book Review

Fanny Levy

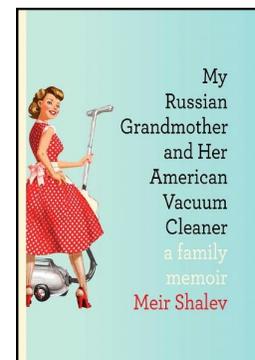
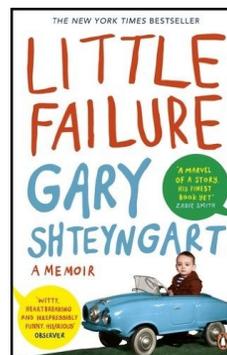
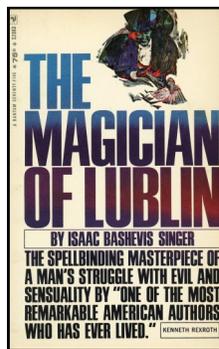


Hope to see you at book group! All meetings will be on the second Tuesday of the month, except where noted:

- | | |
|----------|---|
| 10/12/15 | <u>Jerusalem: The Biography</u> by Simon Sebag Montefiore – Discussion led by Fanny Levy |
| 11/9/15 | <u>The Magician of Lublin</u> by Isaac Bashevis Singer – Discussion led by Bill Rozell |
| 12/14/15 | <u>Little Failure: A Memoir</u> by Gary Schteyngart - Discussion led by Sheree Meyer |
| 1/11/16 | <u>My Russian Grandmother and her American Vacuum Cleaner: A family Memoir</u> by Meir Shalev, translated from the Hebrew by Evan Fallenberg - Discussion led by Marcy Merrill |

Books for the following dates have not yet been chosen:

- 2/8/16
- 3/14/16
- 4/11/16
- 5/9/16,
- 6/6/16 (First Monday due to Shavuot)
- 7/11/16



Federation is now accepting donations for its Kosher Food Pantry.

- ◆ All goods should be non-perishable and have a kosher symbol.
- ◆ Items may be delivered to the Federation office at 2130 21st Street, Sacramento. We also accept toiletries and Judaica items. **We always need:**
 - ⇒ **Pasta/sauce** **Canned fruits and vegetables**
 - ⇒ **Breakfast cereal** **Peanut Butter**
 - ⇒ **Tuna** **Crackers**
 - ⇒ **Soy milk** **Small bags of nuts**
- ◆ If you are in need of visiting the Food Pantry, please contact Resource & Referral Coordinator Alicia Mittleman at 916-205-0688.



CBS will host Melton's next two-year cycle beginning October 13 2015.

Classes will be held Tuesday evenings from 6:30-8:45pm.

Join the great Jewish Conversation.

The Florence Melton School of Adult Jewish Learning is the largest pluralistic adult Jewish education network in the world. We have set the standard for high-quality text-based interactive Jewish study by offering a world-class, two year curriculum developed at Hebrew University that informs and inspires adult learners from all knowledge levels and backgrounds. If you are looking for a profound understanding of what it means to be Jewish, join us to explore the texts of our tradition and discover how they relate to us today.

Learn more about Melton at

www.meltonschool.org/.

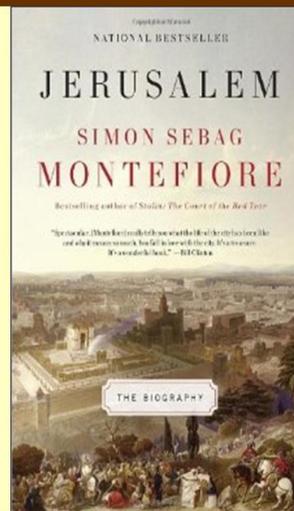
You may also contact Sara Kahn Shapiro, Director at sara@meltonschoolsacramento.org or call 916-488-6397.



Book Review Group

**Monday
October 12
7:00 pm**

**Facilitator
Fanny Levy**



"In a gripping narrative, Simon Sebag Montefiore reveals this ever-changing city in its many incarnations, bringing every epoch and character blazingly to life. Jerusalem's biography is told through the wars, love affairs and revelations of the men and women—kings, empresses, prophets, poets, saints, conquerors and whores—who created, destroyed, chronicled and believed in Jerusalem... Drawing on new archives, current scholarship, his own family papers and a lifetime's study, Montefiore illuminates the essence of sanctity and mysticism, identity and empire in a unique chronicle of the city that many believe will be the setting for the Apocalypse. This is how Jerusalem became Jerusalem, and the only city that exists twice—in heaven and on earth."

Life & Legacy Donors

**Thank you for committing to a lasting contribution for the future of CBS!
Add your name to the list of people who are assuring Jewish tomorrows!**

For more information about the Life & Legacy Program and how to participate, please contact the office to get connected to one of our Legacy Team Members.

Jessica Braverman Birch & Joel Birch
Rabbi Nancy Wechsler
Alla Gamarnik & Joel Blank
Dave & Roberta Malkin
Katie Braverman
Anonymous
Jana & Brian Uslan
Wendy Wilson, Ph.D.
Lydia Inghram
Larry Brownston



Carry Cohn
Jean Rubin
Anonymous
Dean Mirtle
Robin Asch
David Ginsburg
Penni Blumberg
Tivon Schardl
Judy Lewis
Steve Lewis

My Favorite Parashah or How To Write a D'Var Torah

Religious Practices

Whenever **Rabbi Nancy** prefaces reading the Torah or giving her *D'Var* (a word of Torah) with “This is my favorite Torah portion!” the congregation laughs. Our laughter comes from expectation—we know she is going to say it—but also from a touch of disbelief. How can they all be her favorite? Week after week, year after year, how do we ever find something new to say about any of these favorites? Yet, each time I have had to write a *D'Var* or lead Torah Study, I have also fallen in love with the portion; it has—at least for that week—become my favorite. So, as we approach Simchat Torah, when we complete the scroll, re-roll it and begin again, and as I am helping some of our young people prepare their *Divrei*, I thought I would take a few minutes to share some suggestions about how to write a *D'Var Torah*.

First and foremost, Torah study demands active reading, but it is always a communal activity even when you are sitting along in front of a computer.

As you prepare your *drash*, you are not alone. You are just the latest in a chain of *darshanim* that goes back two millennia. In fact, you are well advised to approach the text as your predecessors would have, using the PaRDeS* method, the historic approach to studying Jewish text, which focuses on these questions:

- What did that signify in the context of its time?
- How has it been explained by the rabbis over the centuries?
- What's the simple meaning or literal translation?
- What should it convey to us today?

*PaRDeS is an acronym for the four levels of understanding: *P'shat*, the simple meaning of the words; *Remez*, hint, construed as the context of what lay behind those words at the time they were first uttered; *Drash*, explanation, or how the text has been interpreted or enhanced by the rabbis over the centuries in the Midrash and other commentaries; and *Sod*, secret, the hidden meaning that we should extract from the words to make them relevant in our lives today. - See more at: <http://www.reformjudaism.org/how-write-dvar-torah>

In literary studies, there is a theoretical concept called “Reader Response” which, in contrast to more authoritative approaches to texts, recognizes the relative role that readers play in the creation or re-creation of a text. There may be words on a page written by an author at a particular moment in history, but those words do not really come alive until a reader interacts with them. Whether you believe that G-d gave the Torah to Moses or that men wrote the Torah, it is always up to human beings to interpret it.

For example, how does the recent loss of a parent or the marriage of an adult child impact a reading of Chayei Sarah with its juxtaposition of the burial of Sarah and the marriage of Rebecca and Isaac? Or all of a sudden, even though you have read a *parashah* over and over again, a detail jumps out (honestly, I had never noticed that Abraham took another wife after Sarah) and demands that you pay attention to it. Or this time, images from different Torah portions connect: the image of Rebecca at the well and a *d'var* that I read that refers to the life-carrying properties of water prompt me to connect Rebecca and Miriam.

Lastly if life and history impact how we read Torah, then Torah should impact how we read life. When I pick up the paper and see borders in Europe closing to people fleeing war, carrying their children and their worldly goods on their backs and in their arms, I cannot help but recall the Jews of Europe who also found borders closed to them, and then back to Torah and Exodus (*Yetziat Mitzrayim*) as we fled Egypt to wander the desert. In that way, I return again to the text, “Remember that you were a slave in Egypt and that the Lord your G-d redeemed you from there,” and it becomes my “favorite *parashah*”—worth studying and writing about again.

On behalf of Religious Practices, I hope that you will consider joining us for Torah study on Saturday mornings at 10am. Furthermore, please consider leading services or writing a *D'Var Torah* for one of our lay-led Shabbat services in the summer. And remember, “as you prepare a *drash*, you are not alone.”

Sheree Meyer
VP Religious Practices

CBS is proud to announce its adoption of *Mishkan HaNefesh*, the new two volume *Machzor* for the 2015 Days of Awe.

One single set of *Mishkan HaNefesh* is \$50.00.
\$100.00 “buys” one set for you and one set for the congregation.

All donations will be acknowledged with a bookplate in the prayer books. Donations should be made to CBS (Religious Practices Committee) and should identify the “*New Machzorim*” as the purpose of your donation.



Finance

Joel Birch
VP Finance

There are two happenings I'd like to let you know about this month.

Last month, I told you about a significant change we are making with regard to our financial operations. Hopefully you read either in last month's Chai Lights or in the weekly email update that we are transitioning to electronic statements. We will be moving forward with this at the end of October as originally planned. If you have a balance due on a pledge, you will receive one last paper statement in early October. Following that, if you currently receive email correspondence from CBS, you will begin receiving your monthly financial obligation statement via email instead of postal mail.

To re-iterate our motivations for this change:

- 1) We expect that you will receive more timely statements because less labor is involved in sending statements via email. This will lower the burden of generating statements for both our professional staff and vetted volunteers.
- 2) Less cost to CBS for postage and paper.
- 3) We are now in the 21st century and have the infrastructure to do this. We would prefer that our professional staff and volunteers work on creative, high value activities.

At this time, statements will be sent only to the primary member of a family. If you receive your statement and you don't normally pay the bills in your home, PLEASE forward the email to your spouse.

Secondly, we are turning on logins to our cbshalom.org website. This will provide you with access to our temple membership directory. Listed in our directory are all adult members of our congregation. Children, whether adult or minor, have been removed from the directory for reasons of safety. If you wish to list your children, please contact the office.

Additionally, you will be able to access your account information which includes editable contact information for you and your family members. You can also take a spot check of all financial information that is recorded for you for the current year. Just click on "My Dashboard" to access all this information.

In order for you to have a login, you need to have a current email address in our database and be a member of the congregation. Contact the office via email or phone to request your login.

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The Hills Are Alive...



With The Sound of Purim!

Auditions for the 2016 Purimspeil

Sunday, November 8

1:00 pm at CBS

All ages needed!

Catherine Orange will celebrate her B'Nai Mitzvah at 10:00 a.m. Saturday, October 17, 2015 at Congregation Beth Shalom. My Parsha will cover Noah. For my Mitzvah project, **Sofia Schiffman** and I conducted bake sales during Religious School snack breaks. We donated the money towards toys and books to cheer up patients at a children's hospital. I am an eighth grade student at Gold River Discovery Center. I enjoy tap dancing, being the Aleph/Bet Madricha, music, and spending time with my friends. I thank my family for their love and support, and my teachers and mentors especially **Rabbi Nancy, Carry Cohn, Hannah Olson, and Sheree Meyer.**

Bat Mitzvah
Catherine Orange

Members of the Tribe

Roberta Malkin
VP Membership

Last month, you may recall I asked for suggestions of what you would like to see in this space of the Chai Lights. I want to thank **Susan Solarz** for responding to the call with some wonderful ideas. They include discussing how CBS embraces inclusiveness such as getting to know some of our same sex families and our families with disabilities. Or how about getting to know the "Shabbat with a Beat" musicians? (**David Meyer, Rich Forman, Bruce Patt, Jeff Swatt, Eddie Appell, Tivon Schardl** – you are all officially on notice!) Can we hear more about **Robin Gillett's** efforts with the Sierra Arden Neighborhood Food Closet? Or maybe from some of our members from other countries? How would you like an exclusive interview with **Leo Bernstein Newman** as he talks about his wonderful bagels? He was quite the talk of the Food Faire this year!! So this is a preview of some of the items you will be seeing in the coming months. Thanks again Susan!

Finally, as I am writing this, I am one exhausted mother of the groom. Our son, Mattheu Lee, was married yesterday up in the beautiful foothills above Auburn. As family and friends watched, we saw a moment in time unfold – where a young man and women shared eternal vows. My baby was a man embarking on a new chapter in his life.

At the reception, before my son broke the wine glass, I explained to all in attendance that there are many known reasons or explanations for this tradition. However, the one I chose for my son & daughter-in-law was that "the fragility of the glass suggests the fragility of human relationships. So as we break the glass today, we do so as protection over Matt and Katie. As this glass shatters, so may your marriage never break." Mazel Tov to my son and his bride.

I hope this New Year 5776 brings you much love, peace, and happiness. It certainly has to our family.

A Busy Time, A New Year

I want to welcome **Shelley Smith** as a new member to CBS. Actually, Shelley has been a CBS member before and is an active volunteer with the Food Faire, so it was a joy to meet her and welcome her back!

Learn to Save a Life

Get CPR Certified

Sunday, October 18,
12:30—4:30 pm

Only \$40 for congregants!

Only \$25 for Madrichim and 7th graders!



RSVP to the office
at 485-4478 or
office@cbshalom.org

Space is limited,
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Visit the Carry Cohn & Maurine Ziv Gift Shop at CBS for your Judaica needs!

The Gift Shop is open by appointment and during Religious School.

Chanukah begins
December 6!

Individual/Family Counseling

Jewish Family Service offers affordable individual and family counseling with Community Social Worker Alicia Mittleman, LCSW, or Pastoral Counseling Intern Joel Zeff, Rabbi of Knesset Israel Torah Center.

Strict confidentiality maintained.
For more information or to schedule an appointment, contact Alicia at 916-205-0688.



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(120 = the age of Moses)

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Inscription:

Approximately 20 brothers and friends of the Brotherhood volunteered at the 2015 CBS Food Faire. We performed many duties such as working in the kitchen, greeting food faire guests, selling hot dogs and baked goods, playing music, and picking up deli food in Berkeley. **Mark Kraut, Brian Uslan, Mark Noel, Marty Berbach, Bob Bennett, Don Parks, Mario Giacomoto, Matt Kurtz, and David Ginsberg** were just some of the helpers. Thank you!

Your Brotherhood aims to provide thought-provoking educational events throughout the year. Please join us **Sunday, October 11, 10:00 am**, on a journey by land through the Five Books of Moses. We will be showing Part I of a video titled, **“Walking the Bible.”** This film is the story of one man’s epic journey - by foot, jeep rowboat, and camel – through the greatest stories ever told. Episode I covers from creation to Abraham’s final test. We may have a special breakfast treat prior to the video.

Also, mark your calendars for Sunday, November 8 when Steve Swatt, retired KCRA Channel 3 political reporter will be entertaining us with stories of state politics. All CBS members are invited to attend.

Upcoming events:

- Beginning folk dances that are commonly done at Bar/Bat Mitzvah receptions and Jewish weddings will be taught. Men and women of CBS are encouraged to participate. Couple dances will not be taught, so a partner is not needed.
- Live folk music presented by two congregants.
- Part 2 of the video, “Walking the Bible.”

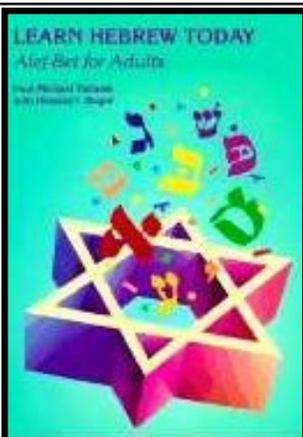
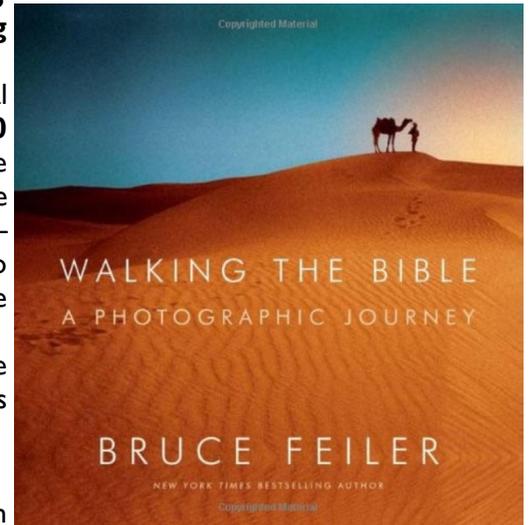
All events start at 10:00 am and are free. Breakfast will be available for purchase at the October and November activities.

Hope to see many CBS men and women at our upcoming events! Contact Dave Malkin at dmalkin52@comcast.net if you are interested in being placed on the Brotherhood e-mail list.

Brotherhood

Randy Cortland

Brotherhood Recording Secretary



**ADULT HEBREW WITH CARRY COHN
NOW ON SUNDAY MORNINGS AT 9:30 AM!**

Learn with the best. Read what a few of Carry’s adult students have to say:

“My experience with the adult Hebrew class has been much more than learning the Hebrew language. Carry uses each word and sentence to teach us about Jewish theology and history. Each class is stimulating and enjoyable and the community we built was very supportive. I look forward to the upcoming class with excited anticipation.”

Bob Bennett

“I’m so glad I am taking Adult Hebrew from Carry. She takes the time to make sure we understand and feel comfortable with what we’ve learned before she moves on. Hebrew was such a struggle for me in the beginning, and now I am feeling much more confident of my pronunciation, and enunciation. Carry is a marvelous teacher. Our classes are a lot of fun!”

Karen Hull

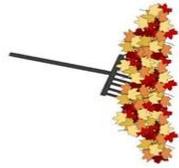
“It is not just Aleph Bet! In learning Hebrew with Carry, you also are informed about the richness of the traditions, the rituals and history. She believes in making the studying of Hebrew fun. I feel so fortunate to have the opportunity to study with Carry but also to listen to the stories of many years of experience with life’s challenges. My success in reading and speaking Hebrew is the result of Carry’s patience in allowing me to make mistakes and gently correct my mispronunciations. I will continue to study with Carry as long as she is willing to share the knowledge that she has acquired over this lifetime and it is priceless.”

Mario Giacomotto

Classes began Sunday, September 20th and run for 10 consecutive weeks.

\$100.00 for CBS members; \$120.00 for non members. Please contact the CBS office to enroll.

October 2015 - 5776 Tishri/Heshvan

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>RSVP to any event by calling 485-4478 or emailing office@cbshalom.org</p>					<p>2 Pre-service Oneg 5:30 pm Family Shabbat Service 6:00 pm Shabbat Dinner 7:00 pm</p>	<p>3 Torah Study 10:00 am Life & Legacy Donor Dairy Potluck with the Rabbi 3:00 pm - 5:00 pm</p>
<p>4 Religious School 9:00 am- 12:15 pm Adult Hebrew Class 9:30 am Club Kef Fitness Rangers 1:30 pm</p>	<p>5 <i>Shemini Atzeret</i> Hearty Oneg 5:30 pm Consecration/ Simchat Torah 6:00 pm</p>	<p>6 <i>Simchat Torah</i> Office Closed</p>	<p>7 Jewish Meditation 2:30 pm Religious School 4:30 pm - 6:00pm 7th Grade BMP 6:00 pm</p>	<p>8 CBS Board Meeting 7:00 pm</p>	<p>9 Jewish Meditation 6:45 pm Shabbat Service 7:30 pm</p>	<p>10 BSTY Apple Hill 8:00 am Torah Study 10:00 am BSTY Babysitting 6:00 pm - 9:30 pm</p>
<p>11 Religious School 9:00 am- 12:15 pm Adult Hebrew Class 9:30 am Brotherhood Meeting 10:00 am TIVCA Event 1:00 pm</p>	<p>12 Book Review Group 7:00 pm</p>	<p>13 Melton School 6:30 pm- 8:45 pm</p>	<p>14 Jewish Meditation 2:30 pm Religious School 4:30 pm - 6:00pm 7th Grade BMP 6:00 pm Midrasa @ MLC 6:30pm</p>	<p>15 Religious Practices Meeting 7:00 pm - 8:00 pm</p>	<p>16 Shabbat with a Beat! 6:00 pm</p> 	<p>17 Catherine Orange Bat Mitzvah 10:00 am Torah Study 10:00 am</p>
<p>18 Religious School 9:00 am- 12:15 pm Adult Hebrew Class 9:30 am CPR Training 1:00 pm- 4:00 pm</p>		<p>20 Melton School 6:30 pm- 8:45 pm</p>	<p>21 Jewish Meditation 2:30 pm Religious School 4:30 pm - 6:00pm 7th Grade BMP 6:00 pm Midrasa @ MLC 6:30pm</p>	<p>22</p> 	<p>23 Choir Shabbat Service 7:30 pm</p>	<p>24 Gabriel Bedell Bar Mitzvah 10:00 am Torah Study 10:00 am</p>
<p>25 Religious School 9:00 am- 12:15 pm Adult Hebrew Class 9:30 am</p>	<p>26 NCJW Speaker 6:30 pm</p>	<p>27 Melton School 6:30 pm- 8:45 pm</p>	<p>28 Jewish Meditation 2:30 pm Religious School 4:30 pm - 6:00pm</p>	<p>29</p> 	<p>30 Shabbat Service 6:00 pm</p>	<p>31 Religious School Family Learning Shabbat 9:00 am - 12:00 pm Torah Study 10:00 am</p>

CBS Religious Practices Kashrut Guidelines

Did you know that CBS has an official kashrut policy drafted by your Religious Practices Committee? The entire two-page document is available at CBS; please request one from the office. The following excerpt is taken directly from the Kashrut Guidelines Policy:

Preamble:

Our world continues to change at an ever increasing fast pace. The CBS Religious Practices Committee is committed to staying pro-actively informed in a continuing effort to ensure the evolving spiritual needs of our congregation are being met. We believe through a combination of belief and action, Judaism can speak to us at many levels. As we seek to find meaningful ways of living Jewishly in the 21st Century, we commit ourselves to an ongoing study of the mitzvot as a means by which, we, as a community, can create an environment which embraces that ideal. It is with this in mind that these kashrut guidelines are provided.

Introduction:

With the hope of reinforcing Congregation Beth Shalom (CBS) as a spiritual home for all its members, the following kashrut guidelines are offered in order to welcome and nourish all of us throughout the year. These guidelines address food and food-related products and practices, both within the temple, including temple-sponsored meals, onegs, rentals and Family Promise, as well as for CBS functions offsite. This policy does not dictate a home or personal practice for CBS members.

Policy Guidelines:

1. Treif foods are prohibited at CBS and CBS-sponsored events at all times.
2. CBS encourages but does not require, the use of kosher and/or hormone-free meat for meals prepared at CBS and for food brought in from home.
3. In accordance with Kashrut, meat and dairy products are not to be combined or served at the same meal or oneg. CBS recommends waiting a minimum of three hours between eating meat and dairy or between eating dairy and meat.



Please contact **Sheree Meyer**,
Vice President of Religious Practices, should you have any questions.



I would like to subscribe to receive a paper copy of CBS *Chai Lights* by mail each month. A donation of \$36.00 for a one-year subscription is enclosed.

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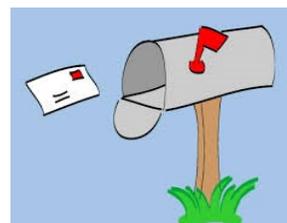
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Send to:

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Happy October Anniversary

Steve & Judy Lewis
Joel & Jessica Birch
Vicky & Dean Mirtle
Adam & Karen Bearson
Howard Schwartz & Katrina Dolenga-Schwartz

Happy October Birthday

Jan Patricia Kraut	Mary Pratt	Brian Furlong
Eliana Leaderman-Bray	Sharyn Gardner	Andrew Gordon
Daniel Spivak	Zoey Mills	Barbara Marquez
Robyn Asch	Clara Shader-Seave	Sylvia Grossman
Michael Brandt	Scott Parrish	Anna Spivak
Catherine Orange	Gabriel Tillman	Cliff Berg
Charlie Carl	Rina Racket	Annabel Cooper
Doris Gray	Wendy Hubbs	Elaine Ader
Sue Miller	Julie Polis	Dale Gaskin
Benjamin Muller	Sofia Varano	Michael Aboulafia
Lily Bearson	Nancy Latin	Brenda Baskerville
Edan Cohen	Susan Solarz	Jonathan Halen
Bob Rosenberg	Page Robbins	Jason Korotkin
Arlan Weiss	Phillip Spilberg	Martin Berbach
Marisa Alcalay	Oscar Kurtz	William Lawrence
Jamie Kneitel	Jacob Sullivan	Jordan Noble
Alex Schonberg	Lisa Bertaccini	Shirley Rosenberg
Sarah Schutzengel		Sheila Sugarman
Mary Westover		

October Tributes

To the General Fund

- ◆ From Kevin Borrero
- ◆ From Cheryl Meyers, in memory of Milton Meyers
- ◆ From Cecile Kaplan, in honor of Lee Small
- ◆ From Michael King
- ◆ From Mark Lipson

To the Rosh Hashanah Luncheon

- ◆ From Katherine Henderson

High Holy Day Pledges

- | | |
|---------------------------|--------------------------------|
| ◆ Richard Nicoles | ◆ Ann Marie Steinke |
| ◆ Robyn Asch | ◆ Wendy Wilson |
| ◆ Bob & Tamra Ruxin | ◆ Bob Bennett & Holly Ifeld |
| ◆ Al & Fifi Paykel | ◆ Steve & Ginger Bicks |
| ◆ Phyllis & Norm Jacobs | ◆ Eugene Bagoon |
| ◆ Alex Schonberg | ◆ Martin Berbach |
| ◆ Gil Simon | ◆ Scott Parrish & Andrea Segal |
| ◆ The Nalangan Family | ◆ Susan Solarz |
| ◆ Diane Weber | ◆ Randy & Barbara Cortland |
| ◆ Al Malkin | ◆ Fanny & Neil Levy |
| ◆ Roy & Sarah Schutzengel | ◆ Sharona Epstein |
| ◆ Lydia Inghram | ◆ Doris Gray |

We appreciate our generous donors! Thank you for sustaining CBS!

Do you enjoy the sweetness of Shabbat?

Please consider helping with oneg. Oneg duties include preparing Kiddush and Challah; providing and plating sweets; putting everything back in order when it's finished.

We also accept donations directly to the Oneg Fund, and donations of baked goods.

Please contact the office if you are able to participate in this mitzvah at any time.

Do you have good news to share?

Please email or call the office so we can acknowledge your simcha and others can celebrate with you.



October Yahrzeits

Maury Allen
 Alfred Alperin
 Norman A. Baily
 Richard P. Blum
 Harold Buder
 Jim Codron
 William Cohen
 Clara Wagner Cohn
 Murray Elliot Cohn
 Nathan Davidow
 Selma Rendler Dritz
 Harry Fleisfeder
 William Fray
 Betty Friedman
 Regina Greenspan
 Helene Haller
 Linda Joseph
 Peter Kane
 Ida Katz
 Arthur Korotkin
 Dorothy Leonard
 Oswald Leonard
 Rose N. Lipp
 Alex Malkin
 Golda Meyers
 Minnie Miller
 Ellen Nitta
 David Saul Paykel
 Lydia Pofcher
 Carl Richard Rubin
 Edward Satenstein
 Isabel Silverstein
 Anita Spivak
 Jane Sugarman
 Bill Thornburg
 Ben Warner
 Joseph Zeiss

Remember a Loved One with a Yahrzeit Plaque

Only \$250.00

Contact Dick Nicoles at dnicoles@gmail.com
 for guidelines and details.

Parashot

Candle Lighting

Friday, October 2/ 19 Tishri	6:29 pm Shabbat Hol Hamoed Sukkot
Friday, October 9/ 26 Tishri	6:18 pm Bereishit Genesis 1:1-6:8 Haftarah: Isaiah 42:5-43:10
Friday, October 16/ 3 Heshvan	6:08 pm Noah Genesis 6:9-11:32 Haftarah: Isaiah 54:1-55:5
Friday, October 23/ 10 Heshvan	5:59 pm Lekh Lekha Genesis 12:1-17:27 Haftarah: Isaiah 40:27-41:16
Friday, October 30 17 Heshvan	5:50 pm Vayera Genesis 18:1-22:24 Haftarah: I Kings 4:1-37



Do you want to participate on the bimah?

If you are observing a yahrzeit, anniversary, birthday or just wish to be part of the Friday night service by performing any of the following tasks, please contact Religious Practices Committee Member Doris Walters at dwinter@surewest.net or 916-276-0310.

- 1—light the Shabbat candles**
- 2—Aliyah to the Torah**
- 3—redress the Torah as Hagbah or G'lilah**

All Jewish members ages B'nai Mitzvot and up are welcome.

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- Youth Programs Fund • Religious Practices Fund • Other

Thank you for making a tribute to Congregation Beth Shalom in memory or honor of an individual. To insure proper recognition, please use this tribute form when sending your tribute. Thank you! *CBS Sisterhood Tribute Chair*

Please return completed form to Temple Office