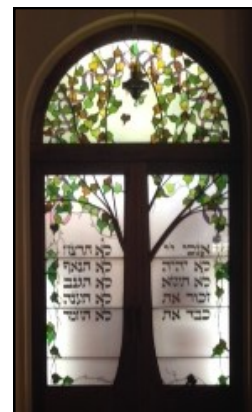


Chai Lights

The Newsletter of Congregation Beth Shalom



Chanukah is December 24-31

CBS Chanukah Gift Shop Hours:

- Sunday 9:00 am to noon 12/11 and 12/18
- Wednesday 4:00 to 6:00 pm 12/14 and 12/21
- First Friday 5:00 to 5:45 pm before service
- All other Fridays 6:30 to 7:15 pm before service

Board of Directors 2016–2017

President

Jana Uslan

VP Administration

Debby Nelson

VP Education

Linda Westover

VP Religious Practices

Sheree Meyer

VP Membership

Holly Ilfeld

VP Finance

Joel Birch

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Susan Solarz

Karen Hull

Carry Cohn

Eddie Appell

Lydia Inghram

Margaret Kane

Scott Parrish

Gene Bagoon

Religious Leader

Rabbi Nancy Wechsler

rabbianancy@cbshalom.org

Rabbi Emeritus

Rabbi Joseph Melamed

Director of Education

Rina Racket

rina@cbshalom.org

Temple Administrator

Marlo Dewing

marlodewing@cbshalom.org

Office Manager

Symone Stephens

office@cbshalom.org

Congregation Beth Shalom

4746 El Camino Ave.

Carmichael CA 95608

(916)485-4478

www.cbshalom.org

From the Rabbi's Desk



Voice
of
Soul

Friday, December 16th - The Leonard Cohen Shabbat

"Dear Uncle Leonard," the email from the boy began. "Did anything inspire you to create 'Hallelujah'?" Later that same winter day the reply arrived: "I wanted to stand with those who clearly see G-d's holy broken world for what it is, and still find the courage or the heart to praise it. You don't always get what you want. You're not always up for the challenge. But in this case - it was given to me. For which I am deeply grateful."

Leon Wieseltier, Isaiah Berlin Senior Fellow in Culture and Policy at the Brookdale Institute writes of his friend of twenty five years, Leonard Cohen. Wieseltier's words shine light on a man who acknowledged that he was broken, love was broken and the world was broken and yet he insists, "Even though it all went wrong, I will stand before the Lord of song, with nothing on my tongue by Hallelujah."

Never blaming failure as expelling him from the divine presence, his faults conferred a mortal integrity upon his ability to praise. He writes, "There is a crack in everything. That's how the light gets in." He once told an interviewer that those words were the closest he came to a credo.

Leonard Cohen's Hebrew name was Eliezer ben Natan ha'Cohen. He had a funny side as well as Leon Wieseltier recalls. Before Passover, Cohen sent him the message, "Dear bro. happy Pesach. I miss Egypt! Love and blessings, Eliezer." Before Shavuot, commemorating the giving of the Torah in the desert, he sent this: "Dear bro, See you at Sinai. I'll be wearing headphones! Love and blessings, Eliezer."

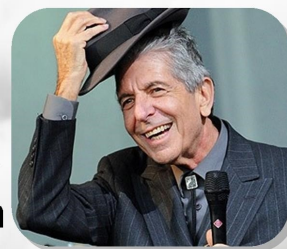
Many of his songs were profoundly Jewish in nature and we've sung them on Yom Kippur afternoon for years. On Friday, December 16th, the CBS Band will lead us in songs written by Leonard Cohen, the poet who made imperfection gorgeous.

Rabbi Nancy Wechsler

Rabbi Nancy Wechsler

Shabbat with a Beat

Featuring the music of
Leonard Cohen



Friday, December 16
7:30 pm

Leonard Norman Cohen, CC GOQ (September 21, 1934 – November 7, 2016) was a Canadian singer, songwriter, poet, novelist, and painter. Cohen was inducted into both the Canadian Music Hall of Fame and the Canadian Songwriters Hall of Fame as well as the Rock and Roll Hall of Fame. He was a Companion of the Order of Canada, the nation's highest civilian honor. In 2011, Cohen received one of the Prince of Asturias Awards for literature and the ninth Glenn Gould Prize.

"There is a war between the ones who say there is a war and the ones who say there isn't."
— Leonard Cohen

December is a busy time: filled with Chanukah, Family Promise, Winter Vacation, Christmas, Kwanzaa, and probably much more. When I think of December, first I think of PJ's, undies, and socks, because those were always the first three gifts my kids got for Chanukah. Now I start thinking of Family Promise and then Chanukah.

Family Promise is just one of the many things I do here at Congregation Beth Shalom. I bet most of you have no idea how much our staff do for you and your Congregation Beth Shalom everyday.

Rabbi Nancy Wechsler is a busy bee. She works with the adult choir, helps with Rosh Chodesh and social action programming, teaches Mussar, Torah study, the Adult and B'nai mitzvah class, tutors our students for Bar/Bat Mitzvah, organizes speakers for Shabbat, visits members and non members in the hospital and home, does pastoral counseling, crisis counseling, writes weekly articles, attends rabbinic meetings, attends professional development, organizes kids and adults to chant Torah and Haftorah for High Holidays, organizes the teen and adult band, sings every Sunday with the religious school, sings as the musical soloist every Shabbat and High Holidays, organizes and acts in the Purimspeil, bakes challah for each B'nai mitzvah family, brings new and exciting programming to each holiday, meets with our staff every week, attends all Board meetings, believes in audacious welcoming, invites congregants to her house for holiday meals, and even moves the furniture in the sanctuary. Of course this list is not every single things Rabbi Nancy does for us, but a good general idea.

Rina Racket, our Director of Education, equally works as hard for us and our children. Just a few of the things she does are hire, train and supervise religious education instructional staff; select appropriate curricula and class structure for Religious School programs; identify, recruit, motivate and supervise volunteer workers, implement program plans by ordering needed materials, scheduling speakers, reserving space; confer with clergy, members, Temple Administrator, and Board Liaison regularly; publicize programs through monthly newsletter and weekly emails; she's responsible for religious school, family education and all youth group programs; fundraise to meet my budgetary obligation for the year; create and supervise the 7th grade B'nai Mitzvah Program (BMP) program-which meets at a different time than the rest of the RS; create and oversee new Mitzvah Crew Social Action program for the RS; attend monthly SAJE meetings and oversee yearly in-service; create, test, and maintain safety plan for the RS (including CPR certifications); develop new education programs that fit the need of all our learners.

Marlo Dewing, our Synagogue Administrator, is involved in many aspects of our temple life. She maintains the master calendar, including CBS, RS, Adult Education and other committees, as well as the community; These events include High Holidays and other Jewish Holidays; adds events to the Federation calendar as needed; communicates with board members, employees, community members, Federation, etc. regarding relevant information for example security issues, building needs, etc.; makes, reviews and proofs all information that goes out, including newsletters, letters/invitations to members, e-mails, community announcements, all brochures; composes flyers; coordinates B'nai mitzvah dates and tutoring/service/d'var/meetings, with other temples as applicable; monitors student attendance; requests Chai Lights profile of Calendar; meets with parents; processes payroll; makes and collect sign-in sheets; calculates sessions; reports them to Payroll Company including salaried and hourly employees; Distributes, copies, files countless documents;

President Jana Usan



**Congregation Beth Shalom
is a member of the Union
of Reform Judaism.**

General Service schedule:

1st Friday: 6:00 p.m.

Family Service

2nd Friday: 7:30 p.m.

Shabbat Service

3rd Friday: 7:30 p.m.

Shabbat With a Beat- CBS Band

4th Friday: 7:30 p.m.

Shabbat Service

5th Friday: 7:30 p.m.

Torah Study:

Saturdays at **9:00 a.m.**

Office hours are Monday through Friday, 9:00 a.m. to 3:00 p.m.

The Gift Shop is open during Religious School on Sundays and by appointment. Please call the office.

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Issue: December 2016

(Continued on page 4)

BSTY

Keren Schatz
Advisor



Hello everyone, I hope you all had a lovely thanksgiving with family and friends, and got a day to think about everything that's important to you.

Last month we went to go see "Fantastic Beasts and Where to Find Them" which was an amazing movie that takes place in the same universe as the Harry Potter series.

Next month includes my personal favorite holiday, and we will be having a Hanukkah Latk'in at Beth Shalom in celebration of the Festival of Light. The event will be on December 26th and 27th from 6:30 pm until 10:00 AM. We will be lighting candles, singing songs, enjoying a traditional Hanukkah dinner consisting of Chinese food, and most likely some additional Hanukkah dishes.

BSTY at Apple Hill



Upcoming Months:

January: Ice skating on January 14th;
Talent show/open mic night on the 28th

February: Good news everyone!!! The event you have all been waiting for—DISNEYLAND!!! We will be having our annual Disneyland trip in February during President's day weekend.

bsty_insta



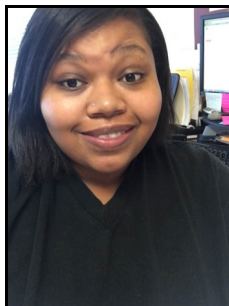
CBS Desktop

Marlo Dewing



I want to thank our Office Manager, **S y m o n e Stephens**, for her hard work and dedication throughout the year. Please take a moment to say hello when you see her!

I wish everyone a warm Chanukah, happy holidays, and a happy new year!



Love Torah?

**Join us 9:00 a.m.*
for Torah Study**



We focus upon efforts of peace and reconciliation within each parasha.

*** NEW TIME and TORAH STUDY EXCLUSIVE**

Religious School Calendar for November

Friday, 12/2	BMP from 4:30-6:00 pm, followed by Shabbat service
Sunday 12/4	NO Religious School due to the California Marathon
Wednesday 12/7	Religious School and BMP
Saturday 12/10	Family School 9:00-11:30am
Sunday 12/11	NO Religious School
Wednesday 12/14	Religious School and BMP
Sunday 12/18	Religious School Baking with Mr. J from 10:30-12 noon (for our Gan-age friends and their parents)
Wednesday, 12/21	Religious School and BMP
Off from 12/25-1/7	Religious School resumes on 1/8

Religious School

Rina Racket
Director of Education

We will have this year's first Family School program on Saturday, December 10th from 9:00-11:30am. Family School offers our Religious School families an opportunity to study and pray together. The theme for Saturday's program is "Formulas and Choreography". We will explore the formula for a blessing, the formula

for a service, and the physical choreography that happens in conjunction with our prayers. While parents study with **Rabbi Nancy** from 9:15-10:15am, students will be learning parallel lessons with their Religious School teachers and peers. Our group will take a Challah break at 10:15, and then gather in the Sanctuary for an hour-long Family Service. There is NO Sunday Religious School on the days immediately following Family School Saturdays.

Future Family School dates are Saturday morning, February 4th (when we will celebrate the Bat Mitzvah of congregant **Shoshana Salcedo**), Saturday evening, March 18th for Havdallah, and again Saturday morning, April 22nd.



WEST COAST PARTY JR. MLK WEEKEND JAN 13-16



An exclusive weekend retreat for 6th-8th graders

Brought to
you by:



"I have a
dream..."



- ★ Enjoy a magical camp Shabbat
- ★ Dream with us about how to create a better world
- ★ Reunite with camp friends & meet new friends
- ★ & have a ton of FUN!

Coffee with the Rabbi Featuring Boulevard Coffee



Sunday mornings
9:15—10:00 am

When Religious School is in session

Many thanks to the generosity of David Meyer and Boulevard Coffee for making this program possible.
Boulevard Coffee Roasting Company
Boulevardcoffeeco.com



Want to participate on the bimah?

Please contact Dave Malkin at (916) 782-3699 or dmalkin52@comcast.net

- 1—light the Shabbat candles
 - 2—Aliyah to the Torah
 - 3—redress the Torah as Hagbah or G'lilah
- All Jewish members ages B'nai Mitzvot and up are welcome.

Religious Practices

Sheree Meyer
Vice President



For Hanukkah: A Meditation on Light

In a beautiful story, “The Power of Light” by Isaac Bashevis Singer, a young couple living in the Warsaw ghetto celebrate Hanukkah.

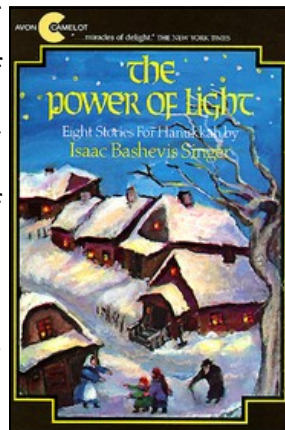
They had both lost their families, and they had good reason to be angry with God for sending them so many afflictions, but the light of the candle brought peace into their souls. That glimmer of light, surrounded by so many shadows, seemed to say without words: Evil has not yet taken complete dominion. A spark of hope is still left.

Light is the first thing G-d creates out of Ayin, Nothingness. Why is light the first element of creation? Perhaps, even God needs light to work by, but one might also argue that light is the spark of the divine. The Lubavitcher Rebbe wrote: “‘Light’ is the purpose of existence as a whole. Further, each individual is a microcosm of the world. ‘Light is therefore the purpose of each Jew: that he or she transforms his or her situation and environment from darkness and negativity to light and goodness.”

Our rituals for candle-lighting are not just for times of peace and celebration. We light Yahrzeit candles to honor our dead, and at the end of Havdalah, we extinguish the candle bringing an end to Shabbat and plunging us for a moment back into darkness. But in both of these rituals, even as we take a moment to experience loss, we affirm the divine: through chanting Mourner’s Kaddish and by singing “Eliyahu HaNavi” to affirm that there will be a day when peace and light will reign.

Our synagogue is always a place of light. The Eternal Light (Ner Tamid) reminds us of the menorah that stood outside the Temple in Jerusalem, but also that even when darkness envelopes us, there is hope because G-d resides in our sanctuary and in our hearts.

As our days shorten, as you light each of the candles of your menorah, may you be filled with hope as Singer’s young couple—who do survive to make Aliyah to Israel—were, and may you find ways, as the Lubavitcher Rebbe suggests, to transform “darkness and negativity to light and goodness.”



(President, continued from Page 3)

develops and presents contracts for necessary openings or renewal of contracts; coordinates all information relevant to High Holy day packets; preparea calendar and registration forms fro Religious School; keeps a data base of students and information; produces and edits the newsletter you are reading; writes a monthly article.; gathers articles and information; attends monthly board and finance meetings; communicates oneg duties; fills volunteer spots as needed; coordinates facility set-ups; reports to cleaning people regarding event set ups; works with Office Manager to manage RSVPs for CBS events, including Passover, Chanukah, and Tribute Dinners; meets with the Rabbi, Educator, and Board President at least weekly at regularly scheduled times to coordinate the calendar, Education and Congregational Administration activities.

So what’s the point of all of this? I’m always asked what does the Rabbi do or what does Marlo do. So here it is, they do all these things and much, much, more. Our staff work hard for you each and everyday. They are there for you when you need them, just call and let Symone or Marlo know what you need and they will take care of it.

Brian and I wish you and your family a joyous and latka filled Chanukah along with a very healthy and safe new year.

Rosh Chodesh Kislev



Bringing In the Light

Art with Robin Gillett
Sunday, December 4 at 4:00 pm
At Congregation Beth Shalom
Open to all women age 13 and up
Please bring a refreshment to share



**Friday, December 9th 7:30 Service,
Meet Willie Recht: Our new Executive Director
of the Jewish Federation of the Sacramento Region**

We're pleased to announce Willie Recht as the Executive Director of our Jewish Federation. Willie comes to our community with an incredible breadth of experience.

Willie served as Manager of Donor Relations & Women's Philanthropy for JEWISHColorado (formerly the Allied Jewish Federation). While there, he worked with top professional and lay leadership to grow their annual campaign to \$10 million. Willie attributes his fundraising success to his belief that building and maintaining genuine relationships with donors and prospects are crucial.

Prior to JEWISHColorado, Willie was at Keshet, where he worked with community leaders to increase visibility and advance equality for the LGBT Jewish community in Colorado through religious and educational programming, events, and

outreach.

Willie's professional background also includes political and business experience. He is committed to equality on all levels and brings his infectious enthusiasm to everything he does.

Sacramento is delighted to have Willie join our team.



**Anonymous
Anonymous
Anonymous
Anonymous
Robyn Asch
Barbara Beeman &
Joseph Domagalski
Robert Bennett**

**Laura & Len Garfinkel
Ivan F. Gennis
Monica Gershenzon
David Ginsburg
Karen Hull
Jenny Jeffrey
Steve Jeffrey
Mauria Hirning
Holly Ilfeld
Lydia Inghram
Linda ER Jones
Margaret Kane & Rick Frey
Neil & Fanny Levy
Judy Lewis
Steve Lewis
Dave & Roberta Malkin**

**Arika Mills
Jonathan Mills
Dean Mirtle
Deborah Nelson
Scott Parrish
Jean Rubin
Tivon Schardl
Andrea Segal
Ronald & Miriam Simon
Deon Stein
Elizabeth Stein
Jana & Brian Usan
Rabbi Nancy Wechsler
Sheila Wolfe & Chris Drouin
Wendy Wilson, Ph.D.
Wendy & Saul Zales**

**Penni Blumberg
Jessica Braverman Birch & Joel Birch
Katie Braverman
Larry Brownston
Carry Cohn
Marlo Dewing
Dana Drukker
Alla Gamarnik & Joel Blank**

Counting down the Top 10 Legacy Giving Myths - Myth 4 and Myth 3:

4. My children are getting all my money.

Every parent wants to make sure that their children are financially secure. Consider leaving just a portion of your estate to charitable causes. A gift like this will leave your children with both financial support and an ethical lesson in the importance of building a better world.

3. I might need my money.

It's true, you might. And it will be there for you if and when you do. This type of gift represents what you want to give once you are no longer here to need your assets.

Stay tuned for the rest of the Top Ten Myths in future issues of Chai Lights!

Life & Legacy is a program of The Harold Grinspoon foundation.

Family Promise Donation Opportunities

We will be hosting Family Promise Guests from **Dec. 18-26**

The following are the items needed for our **Family Promise pantry**. Please do not bring quantities in excess of what is requested below. Drop off **non-perishable items by the week of December 12, 2016** and place in the kitchen, marked Family Promise. **Perishable items should be put in the refrigerator and marked Family Promise.** Thanks so much for your help with this mitzvah!

Please email Jana at jfieldsuslan@yahoo.com with what you can contribute; we try our best to avoid duplicates.

- Milk 1 gallon 2%
1 gallon whole
- O.J. 1 gallon
- Hot chocolate 20 packets
- Juice pouches/boxes 10-12 x 3
- Water – individual bottles 24 bottles x 2
- Butter/Margarine 1 large tub
- Eggs 2 dozen
- Cheese (slices) large pkg
- Go-Gurt 10 x 2
- Lunch meat 1 pound
- Lunch meat 1 pound
- Lunch meat 1 pound
- Lunchables-variety 20 single
- Bread 1 loaf white
1 loaf wheat
1 loaf cinnamon raisin
- Cereal 4 boxes
- Bagels 3 dozen
- Cookies 2 dozen
- Cookies 2 dozen
- Bananas 10 -12 bananas –bring last minute
- Fresh fruit 6-12
- Fresh Fruit 1 large
- Fresh Fruit 2 dozen
- Chips (for lunches) 25-30 single packages
- Fruit snacks 2 packages
- Pudding cups 12 individual cups
- Jello cups 12 individual cups
- Instant Mac & Cheese 8 singles
- Cheese & crackers 5 packages



December 18-26

Please contact Jana at
jfieldsuslan@gmail.com
to sign up to:

- . make dinner
- . stay overnight
- . donate food items for the families

Family Promise is a nonprofit organization committed to helping low-income families achieve lasting independence.

The problem of poverty is complex. It won't yield to a simple solution or a quick fix. It requires an integrated approach that begins with meeting immediate needs but reaches much further to help people achieve independence and alleviate the root causes of poverty.

Do you enjoy the sweetness of Shabbat?

Please consider helping with oneg. Oneg duties include preparing Kiddush and Challah; providing and plating sweets; putting everything back in order when it's finished.

We also accept donations directly to the Oneg Fund, and donations of baked goods.

Please contact the office if you are able to participate in this mitzvah at any time.



"At first there were few complaints. Despite political differences, members worked together respectfully and they were collectively recognized as a model legislature. Gradually, however, rising partisanship, gridlock, and perceived elitism engendered public dissatisfaction and the alienation of political leaders from the people who had put them into office in the first place." Do these words sound familiar? Maybe that is because you read the book "Game Changers; Twelve Elections that Transformed California", written by Steve Swatt and contributors.

The CBS Brotherhood was privileged to have Steve Swatt speak to those who came to hear and learn about the history and politics of California. Mr. Swatt was graciously introduced by his proud son, our own **Jeff Swatt**. Many of you know that Mr. Swatt is a veteran political analyst and public affairs executive. He is a former award-winning political reporter with twenty-five years of journalism experience with The San Francisco Examiner, United Press International in Los Angeles, and KCRA-TV (NBC) in Sacramento.

Mr. Swatt fielded the historical and current political question to the pleasure of the audience. We hope that we can invite Mr. Swatt in the future, to spend some more time with us to draw from his vast knowledge and experience in the political arena.

Contact Dave Malkin at dmalkin52@comcast.net if you are interested in being placed on the Brotherhood e-mail list. We look forward to having you join us at our future events.

Brotherhood

Dave Malkin, President

Article by Mario Giacomoto



CBS Brotherhood presents



Sunday December 11th - 10:00 am

DVD Documentary on Norman Lear

Open to the CBS Congregation

Individual/Family Counseling

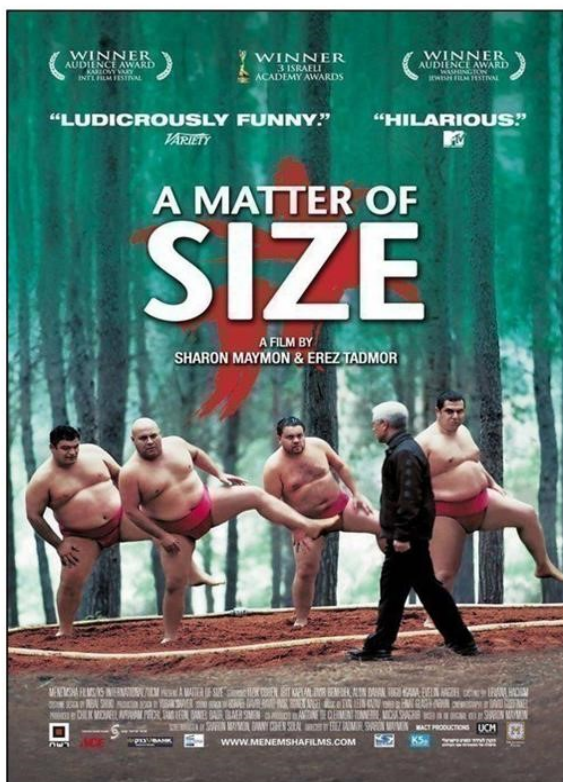
Jewish Family Service offers affordable individual and family counseling.

Strict confidentiality maintained.

For more information or to schedule an appointment, Call 916-205-0688.



ISRAELI FILM SERIES



After losing his job at a salad bar because of his weight, Herzl, a morbidly obese Israeli, finds new employment washing dishes safely out of view from patrons in the kitchen of a Japanese restaurant. When Herzl's coworkers and new boss, Kitano, introduce him to sumo wrestling, he realizes he has found his calling.

Energized, Herzl orchestrates a mutiny among the miserable ranks of a local weight-loss boot camp to recruit members for his own sumo wrestling club.

Saturday December 17, 6:00 pm
Congregation Beth Shalom

4746 El Camino Ave. Carmichael www.cbshalom.org

\$5.00 Suggested donation. Water, soda, & popcorn for sale \$1 each

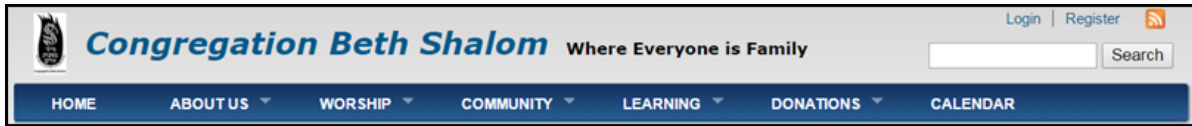
cbshalom.org Login – What’s it about?

Finance

Joel Birch

Have you ever wondered what that “Login” link does on the cbshalom.org website? In addition to public information that is available to anyone visiting our website, a login allows you access to specific information about you as a member family and also our congregational directory. Logins are provided only to members in good standing of our congregation. The information is accessible only through a secure https link. If you would like login access, please contact the office at 916-485-4478. You will be provided both a login and a password.

When you click on the [Login](#) link in the upper right hand corner of our home page at <https://cbshalom.org>,



you’ll be taken to a login page as below where you must enter your login name and password.

Once logged in, you can view your **personal information** by clicking on the “View Contact Dashboard” link at the bottom of the page. Personal information includes:

- Financial obligations for the current fiscal year and their status
- Completed contributions for you and related contacts
- Relationships in our database with others in your family
- Groups you are subscribed to. Currently, there are only two groups to which you can subscribe.
- Your membership type.

In addition to your personal information that only your login provides access to (except for synagogue staff and board members), your login also provides you access to the Member Directory where we list adult members of our membership families.

Click on the [HOME](#) button at the top of the page. Once you are on our home page, you will find “Member Directory” in the Community Area on the lower left portion of the page. It is only listed there if you are logged in, thus preventing non-member access to our directory.

Available information for any current Member Family is shown with the following information, only for adults in the family.

Name	First Name	Last Name	Street Address (Primary)	City	State	Phone	Email (Primary)
------	------------	-----------	--------------------------	------	-------	-------	-----------------

Please take advantage of this capability on our website. If you don’t yet have a login, just contact the office.



Rabbi Nancy Wechsler at the Interfaith Service of Gratitude on November 22. The service was held at St. Marks United Methodist Church.

Participating were Congregation Beth Shalom, St. Michael's Episcopal Church, Salam Center, Lutheran Church of Our Redeemer, St. Ignatius Catholic Church, Carmichael Presbyterian Church, Our Lady of the Assumption Catholic Church, and Sierra Arden UCC.

CBS is proud to announce its adoption of *Mishkan HaNefesh*, the new two volume *Machzor* for the 2015 Days of Awe.

One set of *Mishkan HaNefesh* is only \$50.00!

\$100.00 "buys" one set for you and one set for the congregation.



All donations will be acknowledged with a bookplate in the prayer books.

Donations should be made to CBS (Religious Practices Committee) and should identify the "New Machzorim" as the purpose of your donation.

Federation is now accepting donations for its Kosher Food Pantry.

- ♦ All goods should be non-perishable and have a kosher symbol.
- ♦ Items may be delivered to the Federation office at 2130 21st Street, Sacramento. We also accept toiletries and Judaica items. **We always need:**
 - ⇒ **Pasta/sauce** **Canned fruits and vegetables**
 - ⇒ **Breakfast cereal** **Peanut Butter**
 - ⇒ **Tuna** **Crackers**
 - ⇒ **Soy milk** **Small bags of nuts**
- ♦ If you are in need of visiting the Food Pantry, please contact 916-205-0688.



Fundraising & Programming

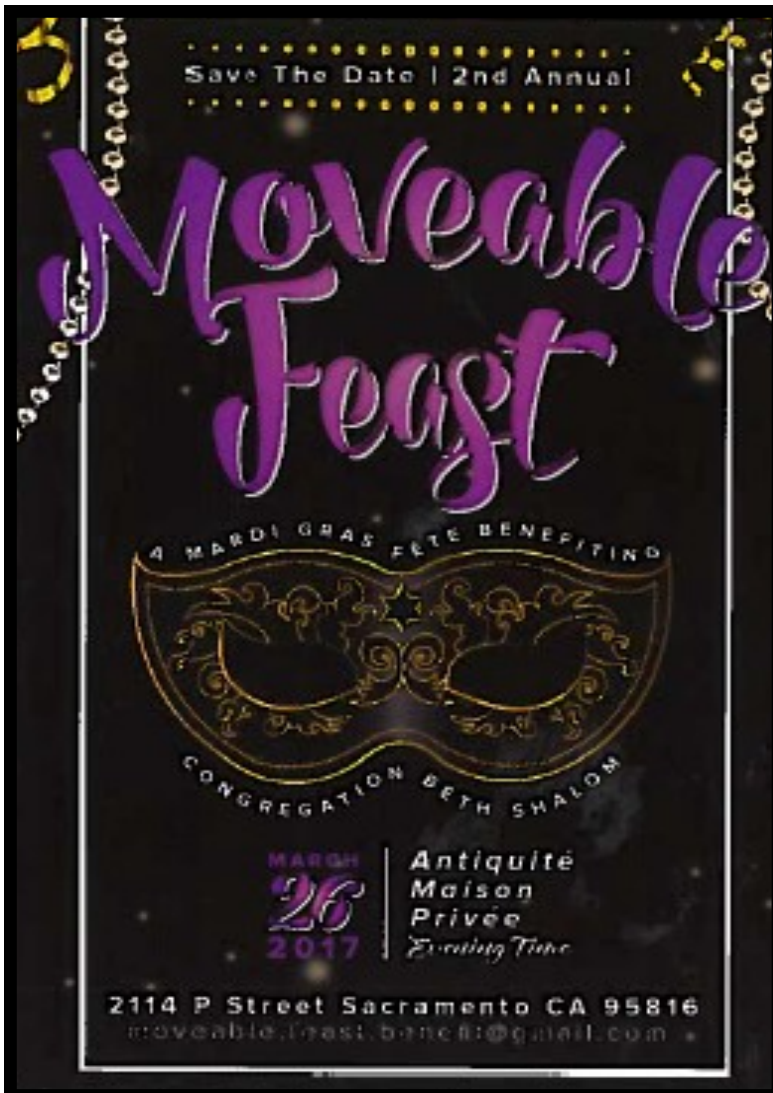
Lori Nalangan, VP



You don't want
to miss the
Annual CBS Gala!

Save the date of
Sunday, March 26, 2017.

Tell your friends!



Keep CBS in Mind When Shopping on Amazon!

**Amazon contributes to CBS when you connect to them through our link.
It costs you nothing and benefits the congregation.**

**Go to smile.amazon.com . The first time you go there, it will ask you to choose your Charity.
Our Temple Charity name is listed as Sacramento Jewish Fellowship of Carmichael. That's about all!**

- ⇒ Select to support Sacramento Jewish Fellowship
- ⇒ Get the Amazon IButton App
- ⇒ Share your support on Facebook or Twitter
Show your friends how they can support
CBS (Sacramento Jewish Fellowship)

Remember: CBS only benefits when you start at: <http://smile.amazon.com>
Just copy and paste this URL into your browser
<https://smile.amazon.com/ch/23-7316431>



Do you enjoy the sweetness of Shabbat?

Please consider helping with oneg. Oneg duties include preparing Kiddush and Challah; providing and plating sweets; putting everything back in order when it's finished.

We also accept donations directly to the Oneg Fund, and donations of baked goods.

Please contact the office if you are able to participate in this mitzvah at any time.

Second Night, So Bright!

Chanukah Latke Dinner



**Sunday December 25, 5:00 pm
\$5.00 per person**

**Bring your Chanukiah, candles, and dessert,
and also your talent
for the Talent Show portion of the evening.
Gifts for participants.**

Contact office@cbshalom.org to RSVP by 12/22



CONGREGATION BETH SHALOM

4746 EL CAMINO AVENUE

CARMICHAEL, CA 95608

916.485.4478

WWW.CBSHALOM.ORG

OFFICE@CBSHALOM.ORG

In the tradition of our Jewish faith, I wish to share my blessings by declaring my intent to provide for the needs of future generations.

It is with deep satisfaction that:

- ☐ I have made a provision to make a Legacy Gift.
☐ I intend to make a provision during the next _____ months

With a Legacy Gift established through a:

- ☐ Bequest in my Will or Trust ☐ Undecided
☐ Life Insurance Policy ☐ Other _____
☐ Remainder of Retirement Plan

I wish to support the following Sacramento area institutions (check all that apply):

- | | | |
|---|---|--|
| <input type="checkbox"/> Albert Einstein Residence Center | <input type="checkbox"/> Congregation B'nai Israel | <input type="checkbox"/> Mosaic Law Congregation |
| <input type="checkbox"/> Chabad of Roseville | <input type="checkbox"/> Hillel at Davis and Sacramento | <input type="checkbox"/> Shalom School |
| <input type="checkbox"/> Chabad of Sacramento | <input type="checkbox"/> Home of Peace | <input type="checkbox"/> Temple Or Rishon |
| <input type="checkbox"/> Congregation Bet Haverim | <input type="checkbox"/> Jewish Federation of the | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Congregation Beth Shalom | Sacramento Region | |

Name(s): _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

To encourage others to commit to the future we occasionally list names in our marketing materials.

- ☐ Yes, use the following name in marketing materials _____
☐ No, I prefer to remain anonymous

I understand that this letter of intent is not a legal obligation and may be changed at my discretion at any time.

X _____
Signed _____ Date _____



X _____
Signed _____ Date _____



Please deliver completed Letters to:
Jewish Community Foundation of the West
PO Box 660663 • Sacramento, CA 95866

For more information, please visit our website at www.JCFWest.org or call 916-441-1613

December 2016 - 5777 Kislev/Tevet

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>RSVP to any event by calling 485-4478 or emailing office@cbshalom.org</p>	<p>CBS Gift Shop Friday Hours: First Friday: 5:00 pm-5:45 pm Second, Third, Fourth, and Fifth Friday: 6:30 pm-7:15 pm</p> <p>Chanukah Hours: Sunday morning, December 11 and December 18, Wednesday, December 14 and December 21 4:00 pm-6:00 pm</p>					
<p>4 Rosh Hodesh No Religious School Rosh Hodesh w/ Robin Gillett 4:00 pm</p>	<p>5 </p>	<p>6 Melton School 6:30 pm-9:15 pm</p>	<p>7 Religious School 4:30pm-6:00 pm 7th Grade BMP 6:00 pm-8:00 pm Midrasha @ MLC 6:30 pm-8:00 pm</p>	<p>8 Jewish Meditation 1:30-2:45pm</p>	<p>9 Shabbat Service 7:30 pm</p>	<p>10 Torah Service & Study 9:00 am RS Family School 9:00 am-11:30 am</p>
<p>11 No Religious School CBS Brotherhood Presents: Norman Lear's <i>Just Another Version of You</i> (open to congregants) 10:00 am</p>	<p>12 </p>	<p>13 Melton School 6:30 pm-9:15 pm</p>	<p>14 Religious School 4:30pm-6:00 pm 7th Grade BMP 6:00 pm-8:00 pm Midrasha @ MLC 6:30 pm-8:00 pm</p>	<p>15 Jewish Meditation 1:30-2:45pm</p>	<p>16 Shabbat with a Beat: featuring the music of Leonard Cohen 7:30 pm</p>	<p>17 Torah Service & Study 9:00 am CBS Presents: Israeli Movie Night 6:00 pm</p>
<p>18 Family Promise Religious School 9:00 am-12:15 pm Baking w/ Mr. J 10:30 am-Noon</p>	<p>19 Family Promise</p>	<p>20 Family Promise Melton School 6:30 pm-9:15 pm</p>	<p>21 Family Promise Religious School 4:30pm-6:00 pm 7th Grade BMP 6:00 pm-8:00 pm</p>	<p>22 Family Promise Jewish Meditation 1:30-2:45pm</p>	<p>23 Family Promise Shabbat Service 7:30 pm</p>	<p>24 Erev Chanukah Family Promise Torah Service & Study 9:00 am</p>
<p>25 Chanukah Family Promise No Religious School Chanukah Dinner 5:00 pm RSVP by 12/22</p>	<p>26 Chanukah Family Promise BSTY Sleepover 6:00 pm</p>	<p>27 Chanukah Melton School 6:30 pm-9:15 pm</p>	<p>28 Chanukah No Religious School</p>	<p>29 Chanukah Jewish Meditation 1:30-2:45pm</p>	<p>30 Chanukah Rosh Hodesh Shabbat Service 7:30 pm</p>	<p>31 Chanukah Torah Service & Study 9:00 am</p>

spirit
budget body home
relationships balance
RENEWAL

Want to place someone on the **Mi Shebeirach** list?

Email the information to Symone at office@cbshalom.org,
or call 916-485-4478.

If you would like for the person to receive a phone call from a member of
the Caring Committee, please include their contact information.

We want you for our Caring Committee!

Contact Marlo at marlodewing@cbshalom.org
to show that you care!

Chai Lights is published 11
times each year with a
combined June/July issue.

Editor: Marlo Dewing
Proofing: Symone Stephens

Deadline for submissions is
the 20th of the month prior to
publication. Please send your
article to Marlo and Symone at
marlodewing@cbshalom.org
and office@cbshalom.org

To request a copy by snail
mail please call (916) 485-
4478.

Advertising is available:

- ⇒ 1/8 page/business card: \$9
- ⇒ 1/4 page: \$18
- ⇒ 1/2 page: \$25
- ⇒ Full page: \$50

Prices listed are per issue. All
ads subject to approval. Please
contact office@cbshalom.org
for more information.



We want YOU on the bimah!

If you are observing a yahrzeit, anniversary, birthday
or just wish to be part of the Friday night service by
performing any of the following tasks, please contact
office@cbshalom.org

1—light the Shabbat candles

2—Aliyah to the Torah

3—redress the Torah as Hagbah or G'lilah

All Jewish members ages B'nai Mitzvot and up are welcome.

Friday Night Shabbat Services: 1st Friday: 6:00 p.m. All other Fridays: 7:30 p.m.

Saturday Morning Torah Study & Service: 10:00 a.m.

ALL ARE WELCOME

I would like to subscribe to receive a paper copy of CBS Chai Lights by mail each
month. A donation of \$36.00 for a one-year subscription is enclosed.

Name _____

Address _____

City/State/Zip _____

Phone _____

Email _____

Send to:

CBS

4746 El Camino Ave.

Carmichael, CA 95864

ATTN: Chai Lights

Happy December Birthday

Jerome Rosenblum	Alex Muller	Samuel Schwartz
Sean Victor-Epstein	Ammi Racket	Jonathan Charles Meyer
Sharon Furlong	Jonathan King	Liz Marmins
Jennie Nitta	Andrea Leibenhaut	Marissa Ruxin
Emma Kelly Parisse	Adam Smilkstein	Hannah Gabrielle Gobuty
Bruce Patt	Ellah Varano	Laura Lawrence
Barbara Black	Kara Cross	Scott Pettinato
Matthew Kurtz	Lily Goldstene	Sabrina Halimi
Richard Victor	Alexander Kagan	Ethan Warsowe
Sylvia Wechsler	Alice Brenin	Warren Harris
Brian Muller	Ray Nalangan	Robin Taylor
Diane Weber	Tivon Schardl	
Max Glenn	Elise Ezekiel	
Alexis Rosenberg	Holly Ilfeld	
Ezra Silverburg	Ethan Polis	
Carl Haller	Daniel Rosen	

Happy December Anniversary

Phyllis and John Blum
Norm and Phyllis Jacobs
Alexander and Tatyana Kagan
Estee and Dan Cohen
Leon and Jennifer Davidson

Do you have good news to share?

Please email or call the office so we can acknowledge your simcha and others can celebrate with you.



Please consider honoring or remembering a loved one by making a donation to Congregation Beth Shalom.

November Tributes

To the Rabbi's Discretionary Fund

- ♦ From Nancy Leaderman, in honor of Rabbi Nancy.
- ♦ From Sylvia Wechsler, in memory of her father, Maurice H. Lipp's yahrzeit.
- ♦ From Joanne Harris, in loving memory of her mother, Pearl Berman.
- ♦ From Neil and Terry Luedtke, in memory of the yahrzeit of Connie Kessler, mother of Terry Kessler.
- ♦ From Andrea Karsh, in honor of Bob Bennett, and to thank him for his beautiful service.
- ♦ From the Rosenblume Family
- ♦ From Laura Halen

To the General Fund

- ♦ From Nancy Leaderman, wishing r'fuah sh'leimah to Carry Cohn.
- ♦ From Nancy Leaderman, in honor of Jonathan Halen's Bar Mitzvah.
- ♦ From Carry Cohn, in honor of Jana Uslan's special birthday.

- ♦ From Carry Cohn, to give her heartfelt and sincerest thanks to her Beth Shalom family for all their caring, get well cards, visits, gifts, and flowers. They all helped her quick and complete recovery after her hip surgery.

- ♦ From Ellen King

To the Education Fund

- ♦ From Louissette Brown
- ♦ From Neil and Terry Luedtke, in honor of Carry Cohn with heartfelt wishes for a full and speedy recovery.

To the Oneg Fund

- ♦ From Ginger and Steven Bicks, in memory of Steven's cousin Harriet.

***We appreciate
our generous donors!
Thank you for sustaining CBS!***

December Yahrzeits

Meyer Actor	Suzanne Tabachnick
Esther Babitz	Rachel Weizman
Louise Baer	Eleanor Wintrau
Irena V. Baum	Dr. Victor Asch
Sol Cohen	Marcel Baer
Edith White Cohn	Pearl Shirley Blue
Rachel Leah Tammer	Mary Malkin Cohen
Sara Wascou	Morris Fried
Paul Francis Bertaccini	Richard Carl Gillett
Jack Duke	Jeffrey Hess
Delores Forman	David Hochstat
Milly Hayward	Arthur Kahn
William Kirchheim	Sally Levy Malin
Bernard Kuhn	Morton Mills
Betty McCandless	Irwin Mintz
Golda Meir	Elizabeth Porter
Harry J. Orlow	Claire M. Seidenberg
Charles Rogoff	Loretta Walker
Jerry Maxwell Rosenberg	John Zarit
Tirzah Schutzengel	Ray Berg
Caroline Smith	Irma Brandt
Sol Spector	George Elkins
William Uttal	Julia Garland
Samuel Azen	Larry Gould
Karen Cargill	Mark Gould
Kay Cohn	Sylvia Grossman
Edward R. Dawson	Bertha Herold
David De Bevoise	Harry Herold
Abba Eban	Lillian Hersch
Libby Freedman	Esther Knox
Judy Gen-Koung	Pearl Kraut
Goldie Kurtz Hayes	Lavena Laughlin
Frederick Johnson	Marion Burl Laughlin
Esther Maltz	Frieda Levatter
Harry Matzkind	Joe Levy
Rebekah Owen	
Louis Herman Schleien	
Simon Solarz	

Remember a Loved One with a Yahrzeit Plaque

Only \$250.00
Contact office@cbshalom.org
for guidelines and details.



Parashot

Candle Lighting

Friday, December 2/3 Kislev 4:26 pm

Toledot

Genesis 25:19-28:9

Haftarah: Malachi 1:1-2:7

Friday, December 9/ 10 Kislev 4:26 pm

Vayeitzei

Genesis 28:10-32:3

Haftarah: Hosea 12:13-14:10

Friday, December 16/ 17 Kislev 4:28 pm

Vayishlach

Genesis 18:1-22:24

Haftarah: Obadiah 1:1-21

Friday, December 23/ 24 Kislev 4:31 pm

Vayeishev

Genesis 23:1-25:18

Haftarah: 1 Kings 1:1-31

Friday, December 30/ 2 Tevet 4:36 pm

Chanukah

Miketz

Genesis 41:1-44:17

Maftir: Numbers 7:54-8:4

Haftarah: 1 Kings 7:40-50



CBS offers meditation

every Thursday from 1:30 – 2:45
and the second Friday night of every month
from 6:45 – 7:20.

For more information contact
Lisa Bertaccini at lisabertaccini@gmail.com
or (916)715-4988.

Postage

Address Label

Beth Shalom Contribution Tribute Donation Form

The enclosed is: () a deposit to my individual tribute account

() a designation of \$_____ from my tribute account to _____ Fund.

() a contribution to the _____ Fund.

In memory/honor (circle one) of _____

Please acknowledge:

Name: _____

Address: _____

City, State Zip _____

Donor:

Name: _____

Address: _____

City, State Zip: _____

Phone: _____ E-mail: _____

General Support Fund • Rabbis' Discretionary Fund

Education Program Funds • Catherine Bos Music Fund • Lester Gould Library Fund • Beautification Fund

Unjericho Fund • Memorial Board • Rachel Melamed Storytelling Fund

Youth Programs Fund • Religious Practices Fund • Other

Thank you for making a tribute to Congregation Beth Shalom in memory or honor of an individual. To insure proper recognition, please use this tribute form when sending your tribute. Thank you! *CBS Sisterhood Tribute Chair*

Please return completed form to Temple Office