

EMERGENCY PROCEDURES

If you or someone you see is in danger, needs medical attention or has become incapacitated, call 9-1-1 from your cell phone and tell the dispatcher that you are at **4746 El Camino Avenue in Carmichael** at the Congregation Beth Shalom synagogue. Describe the emergency situation and ask the first responders to come to the main entrance. Tell the dispatcher where you are in the building.

In Case of Fire or Natural Disaster

Locate the nearest exit away from the fire and exit outside to the parking lot areas. If you are near a fire alarm, pull the handle to activate the alarm. If children or other adults are with you, guide each other to the exit. Be especially cautious if there is smoke or falling debris from the roof or ceiling. If the door to your room is hot when you touch it, do not open the door but exit through a window. Once outside, call 9-1-1 and give the address above. Do not go back inside the synagogue to retrieve any items. Wait for the first responders.

In Case of Medical Emergency

If there are other people in the area, call out loudly for a medical doctor or nurse to come to your aid. Help the person needing assistance by raising their head and gently placing an item of clothing under it. Do not move the person. If you are trained in CPR and the person is not breathing, perform CPR after you call 9-1-1 and give the address above. Speak gently to the person and assure them that help is on the way. There is not a defibrillator (AED) unit on the premises. When the first responders arrive, if you know someone related to the person in need, phone them to tell them of the situation. If a child is in need, call the parents as soon as possible.

In Case of Assault, Hostile Situation or Active Shooter

If someone enters the synagogue grounds or building and becomes hostile, antagonistic or threatening to anyone, immediately leave the situation if possible or move to a locked classroom, all of which have solid core doors. The FBI protocol in these situations is “run-hide-fight.” Always be aware of exits and do not wait to check out what is happening if you hear a disturbance. Leave via the nearest exit. If children and youth are with you, care for them first. If you cannot leave, then find a place to hide and remain quiet. If you are confronted by an assailant and you cannot run or hide, then use whatever means you have to distract the assailant by throwing items at their head. If an assailant comes into the synagogue grounds, call 9-1-1 when it is safe for you to do so and give them the address.

Your are at Congregation Beth Shalom in Carmichael, CA and the address is
4746 El Camino Ave., at El Camino near Mission Street