Kabbalat Shabbat

## KI ESHM'RAH SHABBAT

Ki eshm'rah Shabbat El yishm'reini. Ot hi l'olmei ad beino uveini. כִּי אֶשְׁמְרָח שַׁבָּת אֵל יִשְׁמְרֵנִי. אוֹת הִיא לְעוֹלְמֵי עַד בֵּינוֹ וּבֵינִי.

When I keep Shabbat, God watches over me. It is a sign forever between God and me.

## EILEH CHAMDAH LIBI

Eileh chamdah libi, chusah na v'al na titalam. אֵלֶה חָמְדָה לִבִּי, חִוּסָה נָּא וְאֵל נָא תִּתִעַלַּם.

God is my heart's desire. Appear! Do not hide.

## Higale Nah (from Yedid Nefesh)

Shir Yaakov

Higale, gale, gale, nah Ufros, ufros chavivi alai et sukat, sukat, sh'lomecha

my beloved, reveal yourself and spread over me the shelter of Your peace

#### SHABBAT HAMALKAH

Hachamah meirosh ha-ilanot nistalkah, bo-u v'neitzei likrat Shabbat hamalkah. Hinei hi yoredet, hak'doshah hab'ruchah. V'imah malachim, tz'va shalom um'nuchah. Bo-i bo-i hamalkah, bo-i bo-i hakalah. Shalom aleichem, malachei hashalom. הַחַמָּח מֵראשׁ הָאִילָנוֹת נִסְתַּלְקָּה, בְּאוּ וְנֵצֵא לִקְרֵאת שַׁבָּת הַמַּלְכָּה. הִנֵּה הִיא יוֹרֶדֶת, הַקְּדוֹשָׁה הַבְּרוּכָה. וְעִמָּהּ מֵלְאָכִים, צְבָא שָׁלוֹם וּמְנוּחָה. בְּאִי בְּאִי הַמַּלְכָּה, בְּאִי בְּאִי הַכַּלָּה. שָׁלוֹם עֲלֵיכֶם, מַלְאֲכֵי הַשָּׁלוֹם.

The sun on the treetops no longer is seen; come, gather to welcome the Sabbath, our queen. Behold her descending, the holy, the blessed, and with her the angels of peace and of rest.

Draw near, draw near, and here abide, draw near, draw near, O Sabbath bride.

Peace also to you, you angels of peace.

עָלוֹם עֲלֵיכֶם, מַלְאֲבֵי הַשְּׁרֵת, SHALOM aleichem, malachei hashareit, malachei elyon, מַמֶּלֶךְ מֵלְכֵי הַמְּלֶכִים, mimelech mal'chei hamlachim, הַקַדושׁ בַּרוּדְ הוּא. HaKadosh Baruch Hu. בּוֹאַכֶם לָשַׁלוֹם, מַלָּאַכֵי הַשַּׁלוֹם, Bo-achem l'shalom, malachei hashalom, malachei elyon, ממלד מלכי המלכים, mimelech mal'chei hamlachim, הקדוש ברוד הוא. HaKadosh Baruch Hu. בַּרְכִוּנִי לִשַּׁלוֹם, מַלְאֵכֵי הַשָּׁלוֹם, Bar'chuni l'shalom, malachei hashalom, מַלִאֲכֵי עֶלִיוֹן, malachei elyon, מְמֵּלֶדְ מַלְכֵי הַמְּלָכִים, mimelech mal'chei hamlachim, הקדוש ברוד הוא HaKadosh Baruch Hu. צַאתַכֶם לִשָּלום, מַלְאַכֵי הַשַּלום, Tzeit'chem l'shalom, malachei hashalom, malachei elyon, מְמֵלֶךְ מַלְכֵי הַמִּלָכִים, mimelech mal'chei hamlachim, הַקַדושׁ בַּרוּדְ הוּא. HaKadosh Baruch Hu.

PEACE BE TO YOU, O ministering angels, messengers of the Most High, Majesty of majesties, Holy One of Blessing.

Enter in peace, O messengers of peace, angels of the Most High, Majesty of majesties, Holy One of Blessing.

Bless me with peace, O messengers of peace, angels of the Most High, Majesty of majesties, Holy One of Blessing.

Depart in peace, O messengers of peace, angels of the Most High, Majesty of majesties, Holy One of Blessing.

## ILLEGAL SMILE JOHN PRINE

When I woke up this morning, things were lookin' bad Seem like total silence was the only friend I had A bowl of oatmeal tried to stare me down... and won And it was twelve o'clock before I realized That I was havin' no fun But fortunately I have the key to escape reality

And you may see me tonight with an illegal smile It don't cost very much, but it lasts a long while Won't you please tell the man I didn't kill anyone No I'm just tryin' to have me some fun

## Alternative Chorus:

So I see you tonight with a real peaceful smile It don't cost very much but it lasts a long while Won't you please tell the world it doesn't hurt you none Say Shabbat Shalom to everyone

# **Additional verses** (Tom Gutherz)

When I woke up this morning, the house was quiet as stone Social isolation is keeping as all alone That box of matzah tried to stare me down... and won I'm wondering if its time to make another grocery run But fortunately we all have the key to shape reality

So I see you tonight with a real peaceful smile It don't cost very much but it lasts a long while Won't you please tell the world it doesn't hurt you none Say Shabbat Shalom to everyone

We've been trapped inside our houses, friends are all unseen Had to do our Seder with little boxes on the screen Had to tell Elijah to stand six feet away Hope he'll take a rain check and come back some day But fortunately we all have the key to shape reality

And so I see you tonight with a real peaceful smile.....

Za

1.

2.

5.

L'CHAH DODI likrat kalah, p'nei Shabbat n'kab'lah. לְכָּה דוֹדִי לִקְרֵאת כַּלָּה, פְּנֵי שַׁבָּת נְקַבְּלָה.

BELOVED, COME to meet the bride; beloved come to greet Shabbat.

Shamor v'zachor b'dibur echad, hishmianu El ham'yuchad, Adonai echad ush'mo echad, שָׁמוֹר וְזָכוֹר בְּדְבּוּר אֶחָד, הִשְׁמִיעָנוּ אֵל הַמְיֻחָד, יִי אֶחָד וּשְׁמוֹ אֶחָד, לְשֵׁם וּלְתִּפְאֶרֶת וְלִתְהִלָּה.

l'shem ul'tiferet v'lit'hilah.

"Keep" and "remember": a single command the Only God caused us to hear; the Eternal is One, God's Name is One; glory and praise are God's.

Likrat Shabbat l'chu v'neilcha, ki hi m'kor hab'rachah, meirosh mikedem n'suchah, sof maaseh b'machashava t'chilah. לְקְרַאת שַׁבָּת לְכוּ וְנֵלְכָה, כִּי הִיא מְקוֹר הַבְּרָכָה, מֵרֹאש מִקֶּדֶם נְסוּכָה, סוף מִּצְשֶׁה בְּמַחֲשָׁבָה הְּחִלָּה.

Come with me to meet Shabbat, forever a fountain of blessing. Still it flows, as from the start: the last of days, for which the first was made.

Hitor'ri, hitor'ri, ki va oreich, kumi ori, uri uri shir dabeiri. k'vod Adonai alayich niglah. הּתְּעוֹרְרִי, הִתְּעוֹרְרִי, כִּי בָּא אוֹרֵדְ, קוּמִי אְוֹרִי, עִוּרִי עְוּרִי, שִׁיר דַבֵּרִי, כְּבוֹד יְיָ עָלַיִדְ נִגְלָה.

Awake, awake, your light has come! Arise, shine, awake and sing: the Eternal's glory dawns upon you.

Bo-i v'shalom ateret ba'lah, gam b'simchah uv'tzoholah, toch emunei am s'gulah, bo-i chalah, bo-i chalah. בְּוֹאִי בְשָׁלוֹם עֲטֶרֶת בַּעְלָהּ, בּוֹדְ אֱמוּנֵי עַם סְגַּלָה, הּוֹדְ אֱמוּנֵי עַם סְגַּלָה, בְּוֹאִי כַלָּה, בְּוֹאִי כַלָּה.

Enter in peace, O crown of your husband; enter in gladness, enter in joy. Come to the people that keeps its faith. Enter, O bride! Enter, O bride!

בָּרוּךְ יָיָ הַמְבֹרָךְיּ בְּרוּךְ יָיָ הַמְבֹרָךְ לְעוֹלָם וָעֶדִי

PRAISE ADONAI to whom praise is due forever!

Praised be Adonai to whom praise is due,

now and forever!

BARUCH atah, Adonai Eloheinu, Melech haolam, asher bid'varo maariv aravim, b'chochmah potei-ach sh'arim, uvit'vunah m'shaneh itim umachalif et haz'manim, " um'sadeir et hakochavim b'mishm'roteihem barakia kirtzono. Borei yom valailah, goleil or mipnei choshech, v'choshech mipnei or. Umaavir yom umeivi lailah, umavdil bein yom uvein lailah, Adonai Tz'vaot sh'mo. El chai v'kayam, tamid yimloch aleinu l'blam va-ed. Baruch atah, Adonai, hamaariv aravim.

ברוד אַתָּה, יִינ ָאַשֶּׁר בִּדְבָרוֹ מַעַרִיב עַרַבִּים, בָּחָכִמָּה פּוֹתָחַ שָׁעַרִים, וּבְתָבוּנָה מִשַּׁנֵּה עִתְּנים ומַחַלִיף אַת הַזְּמַנִּים, וּמְסַדֵּר אֶת הַכּוּכָבִים בָּמִשְׁמִרוֹתֵיהֶם בַּרַקִיעַ כִּרְצוֹנוֹ. בורא יום ולילה, גּוֹלֵל אוֹר מִפְּנֵי חְשֶׁדְּ וְרְשֶׁךְ מִפְּנֵי אוֹר, וּמַצְבִיר יום וּמֵבִיא לֵילַה, וּמַבְדִּיל בֵּין יוֹם וּבֵין לֶיְלָה, יִי צְבַאוֹת שָׁמוֹ. אַל חֵי וַקַיַּם, תָּמִיד יִמְלֹדְ עַלֵינוּ לְעוֹלַם וַעָד. 'בָּרוּךְ אַתָּה, יְיָ, הַמַּעֲרִיב עֲרָבִים.

BLESSED are You, Adonai our God, Ruler of the universe, who speaks the evening into being, skillfully opens the gates, thoughtfully alters the time and changes the seasons, and arranges the stars in their heavenly courses according to plan. You are Creator of day and night, rolling light away from darkness and darkness from light, transforming day into night and distinguishing one from the other. Adonai Tzvaot is Your Name.

Ever-living God, may You reign continually over us into eternity. Blessed are You, Adonai, who brings on evening.

ברוּדְ אַתָּה, יְיָ, הַמַּוְעַרִיב עֲרָבִים. Baruch atah, Adonai, hamaariv aravim.

בַּרוּדְ אַתַּרוֹ, יִיָּ,

אוֹהֶב עַמּוֹ יִשְׂרַאֵל.

בָּרְכוּ

שָׁמֵע

וְאָתַּבְתָּ

מַעַרִיב עַרָבִים

אַהַבָּת עוֹלָם

לְמַעַן תִּוְכָּרוּ

אַמֶת -וַאַמוּנָה

מִי־כָמִכָּה

הַשְׁכִּיבֵנוּ

וְשָׁמְרוּ

#### AHAVAT OLAM בָּית יִשְׂרָאֵל עַמִּךּ אָהַבְתַּ, beit Yisrael amcha ahavta, תורה ומצות, Torah umitzvot. חַקִּים וּמִשְׁפַּטִים, אוֹתֵנוּ לִמַּדְתַּ. chukim umishpatim, otanu limad'ta. עַל כַּן, יִיַ אֱלֹהַינוּ, Al kein, Adonai Eloheinu, b'shochbeinu uv'kumeinu בשַכבנו ובקומנו nasiach b'chukecha, נַשִּׁיתַ בָּחַקֵּידּ, v'nismach b'divrei Torat'cha וְנַשְּׁמֵח בַּדְבָרֵי תוֹרֶתְּדְּ וּבִמִצוֹתֵיךּ לִעוֹלֶם וַעֵד. uv'mitzvotecha l'olam va-ed. כי הם חצינו וארד ימינו Ki heim chayeinu v'orech yameinu וּבַהֶּם נַהָּגָּה יוֹמַם נַלַיָּלָה. uvahem neh'geh yomam valailah. V'ahavat'cha אל תסיר ממנו לעולמים. al tasir mimenu l'olamim.

EVERLASTING LOVE You offered Your people Israel by teaching us Torah and mitzvot, laws and precepts. Therefore, Adonai our God, when we lie down and when we rise up, we will meditate on Your laws and Your commandments. We will rejoice in Your Torah for ever. Day and night we will reflect on them for they are our life and doing them lengthens our days. Never remove Your love from us.

Praise to You, Adonai, who loves Your people Israel.

Baruch atah, Adonai, ohev amo Yisrael.

Hareini Mekabel (et) alay et mitzvat haBoreh V'ahavta la-reacha kamocha La-re-acha kamocha

Baruch atah, Adonai,

ohev amo Yisrael.

I hereby take upon myself
The commandment of my Creator
Love your neighbor as yourself
Love your neighbor as yourself

# שְׁמַע יִשְׂרָאֵל יְהֹוָה אֱלֹהֵינוּ יְהוָה אֶּחָדיּ

Sh'ma Yisrael, Adonai Eloheinu, Adonai Echad!

Hear, O Israel, Adonai is our God, Adonai is One!

V'AHAVTA et Adonai Elohecha, b'chol l'vavcha uv'chol nafsh'cha uv'chol m'odecha. V'hayu had'varim ha-eileh asher anochi m'tzav'cha hayom al l'vavecha. V'shinantam l'vanecha v'dibarta bam b'shivt'cha b'veitecha uv'lecht'cha vaderech uv'shochb'cha uv'kumecha. Uk'shartam l'ot al yadecha v'hayu l'totafot bein einecha. Uch'tavtam al m'zuzot beitecha uvish'arecha.

L'maan tizk'ru, vaasitem et kol mitzvotai vih'yitem k'doshim l'Eloheichem. Ani Adonai Eloheichem, asher hotzeiti et-chem mei-eretz Mitzrayim lih'yot lachem l'Elohim ani Adonai Eloheichem. ָּלְאָרַרְּלָּ אֵת יְיָ, אֱלֹהֶיְהְ בְּכָלֹ־לְבָבְּךְּ וִבְּכָל־נַפְשְׁךּ וּבְּכָל־ מְאֹדֶף: וְהִיּי הַדְּבָרִים הָאֵלֶּה אָשֶּׁר אָנכִי מְצַוְּךְּ הַיִּים עַל־ לְבָבֶּךְ: וְשִׁנַּוְתָּם לְבָנֶיִדְּ וְדִבּּרְתָּ בַּבְּרָדְ וְבְּשְׁכְבְּךְ וּבְּקוּמֶךְ: יִקְשַׁרְתָּם לְאוֹת עַל־יִדֶּדְ וְהָיִּוּ לְטְטָפִת בֵּיו עִינֶיךְ: וּכְתַבְּתָּהְ עַל־מְזַיִּתְת בִּיתֶךְ וּבִשְׁעָרֶיךְ: עַל־מְזַיִּתְת בִּיתֶךְ וּבִשְׁעָרֶיךְ:

לְמַעַן תִּזְכְּרוּ וַעֲשִּׁיתֶם אֶת־ כָּל־מִצְּוֹתֶּי וְהְיִיתֶם קְדשִׁים בַאלְהֵיכֶם: אֲנִי יִיָּ אֱלְהֵיכֶם אֲשֶּׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֵץ מִצְלַיִם לִהְיֹּוֹת לָכֶם לֵאלֹהִים אָנֶי יִיִּ אֱלְהֵיכֶם:

YOU SHALL LOVE Adonai your God with all your heart, with all your soul, and with all your might.

Take to heart these instructions with which I charge you this day.

Impress them upon your children.

Recite them when you stay at home and when you are away, when you lie down and when you get up.

Bind them as a sign on your hand and let them serve as a symbol on your forehead; inscribe them on the doorposts of your house and on your gates.

Thus you shall remember to observe all My commandments and to be holy to your God.

I am Adonai, your God, who brought you out of the land of Egypt to be your God:
I am Adonai your God.

יִּי אֱלֹהֵיכֶם אֱמֶת. Adonai Eloheichem EMET. MI CHAMOCHAH ba-eilim, Adonai!

Mi kamochah nedar bakodesh, nora t'hilot, oseih fele!

Malchut'cha ra-u vanecha,
bokei-a yam lifnei Moshe uMiryam.
Zeh Eli, anu v'amru,
Adonai yimloch l'olam va-ed!

V'ne-emar: ki fadah Adonai et Yaakov, ug'alo miyad chazak mimenu. Baruch atah, Adonai, gaal Yisrael. מִי כָּמְכָּה נָאָדָּר בַּקּדֶשׁ, מִי כָּמְכָה נָאָדָּר בַּקּדֶשׁ, מֹרָא תְּחָלֹת, עְשֵׁה בֶּלֶאׁיִּ

מַלְכוּתְדָּ רָאוּ בָנֶידְּ, בּוֹקֵעַ יָם לִפְנֵי משֶׁח וּמִרְיָם. זֶה אֵלִי, עָנוּ וְאָמְרוּ, יָיָ יִמְלֹדְּ לעֹלָם וָעֶדִיּ

וְנֶאֱמֵר: כִּי פָדָּח יִיָ אֶת-יַצְקֹב, וּנְאָלוֹ מִיַּד חָזָק מִמֶּנוּ. בָּרוּךְ אַתָּה, יָיָ, נָאַל יִשְׂרָאֵל.

WHO IS LIKE YOU, O God, among the gods that are worshipped? Who is like You, majestic in holiness, awesome in splendor, working wonders?

Your children witnessed Your sovereignty, the sea splitting before Moses and Miriam. "This is our God!" they cried. "Adonai will reign forever and ever!"

LET THERE BE love and understanding among us. Let peace and friendship be our shelter from life's storms.

HASHKIVEINU, Adonai Eloheinu,

l'shalom,

GRANT, O GOD, that we lie down in peace, and raise us up, our Guardian, to life renewed.

Spread over us the shelter of Your peace.

Guide us with Your good counsel; for Your Name's sake, be our help.

Shield and shelter us beneath the shadow of Your wings.

Defend us against enemies, illness, war, famine and sorrow.

Distance us from wrongdoing.

For You, God, watch over us and deliver us. For You, God, are gracious and merciful.

Guard our going and coming, to life and to peace, evermore.

Blessed are You, Adonai, Guardian of Israel, whose shelter of peace is spread over us, over all Your people Israel, and over Jerusalem.

בָּרוּךְ אַתָּה, יָיָ, הַפּוֹרֵשׁ סֻכַּת שָׁלוֹם עָלֵינוּ וְעַל כָּל עַמּוֹ יִשְׂרָאֵל וְעַל יְרוּשָׁלָיִם.

Baruch atah, Adonai, haporeis sukat shalom aleinu v'al kol amo Yisrael v'al Yerushalayim.



#### Select either V'shamru or Yism'chu

V'shamru v'nei yisrael

et HaShabbat,

laasot et HaShabbat l'dorotam

b'rit olam.

Beini u'vein b'nei Yisrael

ot hi l'olam,

ki sheishet yamim asah Adonai

et hashamayim v'et haaretz,

u'vayom hashvi-i shavat vayinafash.

ְּשָׁמְרוּ בְנֵי יִשְׂרָאֵל אֶת־הַשַּׁבָּת, לַעֲשוֹת אֶת־הַשַּׁבָּת לְדֹרֹתָם בְּרִית עוֹלָם. בִּינִי וּבֵין בְּנֵי יִשְׂרָאֵל אוֹת הִיא לְעלֵם, כִּי־שֵׁשָׁת יַמִים עַשַׂה יִיַּ

אָת־הַשָּׁמַיִם וָאֵת־הָאָרֵץ,

ובַיּוֹם הַשָּׁבִיעִי שַׁבַת וַיִּנַפַשׁ.

מְצְרִיב צְרָבִים שְׁמָע שְׁמַע וְאָתִּבְתָּ לְמָעֵן תִּוְכְרוּ אֲמֶת וָאֲמוּנָה מִי־כָּמֹכָה הַשְׁכִּיבֵנוּ

וְשָׁמְרוּ

בָּרְכוּ

THE PEOPLE OF ISRAEL shall keep Shabbat, observing Shabbat throughout the ages as a covenant for all time. It is a sign for all time between Me and the people of Israel. For in six days Adonai made heaven and earth, and on the seventh day God ceased from work and was refreshed.

YISM'CHU v'malchut'cha shomrei Shabbat v'korei oneg. Am m'kad'shei shvi-i, kulam yisb'u v'yitangu mituvecha. V'hashvi-i ratzita bo v'kidashto, chemdat yamim oto karata, zecher l'maaseh v'reishit. לְשְׂמְחוּ בְמֵלְכוּתְדְּ שׁוֹמְרֵי שַׁבָּת וְקוֹרְאֵי עְׂנֶג. עַם מְקַדְּשֵׁי שְׁבִיעִי, כֵּלֶם יִשְׂבְּעוּ וְיִתְעַנְּגוּ מִטּוּבֶדְ. וְהַשְּׁבִיעִי רָצִיתָ בּוֹ וְקַדַּשְׁתּוֹ, הֶמְדַּת יָמִים אוֹתוֹ קַרָאתָ, זֵכֶר לְמַעֲשֵׂה בְרֵאשִׁית.

THOSE WHO KEEP SHABBAT by calling it a delight will rejoice in Your realm.

The people that hallow Shabbat will delight in Your goodness.

For, being pleased with the Seventh Day, You hallowed it
as the most precious of days, drawing our attention to the work of Creation.

וְשְׁמְרוּ בְּנֵי יִשְׂרָאֵל Vshamru v'nei Yisrael . . . The people of Israel shall keep . . . Exodus 31:16–17

Yism'chu contains twenty-four Hebrew words said to correspond to the twenty-four hours of Shabbat.



BARUCH atah, Adonai Eloheinu v'Elohei avoteinu v'imoteinu, Elohei Avraham, Elohei Yitzchak v'Elohei Yaakov, Elohei Sarah, Elohei Rivkah, Elohei Rachel v'Elohei Leah. Ha-El hagadol hagibor v'hanora, El elyon, gomeil chasadim tovim, v'koneih hakol, v'zocheir chasdei avot v'imahot, umeivi g'ulah liv'nei v'neihem l'maan sh'mo b'ahavah.

\*SHABBAT SHUVAH — Zochreinu l'chayim, Melech chafeitz bachayim, v'chotveinu b'sefer hachayim, l'maancha Elohim chayim.

Melech ozeir umoshia umagen. Baruch atah, Adonai, magein Avraham v'ezrat Sarah. בְּרוֹךְ אַתָּה, יְיָ אֱלֹקִינוּ נֵאלֹהֵי אֲבוֹתֵינוּ וְאָמּוֹתֵינוּ, אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק נֵאלֹהֵי יַצְקֹב, אֱלֹהֵי שָּׁרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי רָחֵל נֵאלֹהֵי לֵאָה. הָאֵל הַנְּדוֹל הַגְּבּוֹר וְהַנּוֹרָא, אֵל עֶלְיוֹן, גּוֹמֵל חֲסְדִים טוֹבִים וְקוֹנֵה הַכּּל, וְזוֹכֵר תַסְדֵי אָבוֹת וְאִמָּהוֹת, וּמֵבִיא גְּאֻלָּה לִבְנֵי בְנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה.

> \*האואר Shabbat Shuvah באריים, מֶלֶדְּ חָפֵּץ בַּחַיִּים, וְכָתְבֵנוּ בְּסֵפֶּר הַחַיִּים, לְמַעַנְךְּ אֱלֹהִים חַיִּים. בָּרוּךְ אַתָּרוּ, יָיָ, מָגָן אַבָרָהָם וְעֵזְרַת שַׂרָה.

אָבוּת וְאִמְּחוֹת גְּבוּרוֹת קָדַשְׁת מִיּוֹם אֲבוֹדָה חוֹדָאָה שָלוֹם תְּפַלַת מַלָּב

BLESSED ARE YOU, Adonai our God, God of our fathers and mothers, God of Abraham, God of Isaac, and God of Jacob, God of Sarah, God of Rebecca, God of Rachel, and God of Leah, the great, mighty and awesome God, transcendent God who bestows loving kindness, creates everything out of love, remembers the love of our fathers and mothers, and brings redemption to their children's children for the sake of the Divine Name.

\*Shabbat Shuvah — Remember us for life, O Sovereign who delights in life, and inscribe us in the Book of Life, for Your sake, Living God.

Sovereign, Deliverer, Helper and Shield, Blessed are You, Adonai, Sarah's Helper, Abraham's Shield.

בּרוּדְ אַתָּה, יִיָּ, מָגֵן אַבְרָהָם וְעֶזְרֵת שָׁרָה. Baruch atah, Adonai, magein Avraham v'ezrat Sarah.

\*SHABBAT SHUVAH: The Shabbat between Rosh HaShanah and Yom Kippur.

For those who choose: At the beginning and end of the blessing, one bends the knees and bows from the waist at the word ? Adonai.

אָבוֹת וְאִמְהוֹת Avot v'imahot . . . As God has been gracious to our forebears, so may we receive divine favor.

ATAH gibor l'olam, Adonai, m'chayeih hakol (meitim) atah, rav l'hoshia.

\*WINTER - Mashiv haruach umorid hagashem. \*SUMMER — Morid hatal.

M'chalkeil chayim b'chesed, m'chayeih hakol (meitim) b'rachamim rabim, someich noflim, v'rofei cholim, umatir asurim, um'kayeim emunato lisheinei afar. Mi chamochah baal g'vurot umi domeh lach, melech meimit um'chayeh umatzmiach y'shuah.

SHABBAT SHUVAH ---

Mi chamochah Av harachamim, zocheir y'tzurav l'chayim b'rachamim.

V'ne-eman atah l'hachayot hakol (meitim).

אָדנָי, אַדנָי, אַדנָי, אַדנָי, מחיה הכל (מתים) אתה, רב להושיע.

WINTER\* ומוריד הַגַּשֵׁם. -SUMMER\* מוריד הטל. מַכַלְכֵּל חַיִּים בַּחֵסֶד, מחיה הכל (מתים) בָּרַחַמִים רַבִּים, סוֹמֵך נוֹפְלִים, וָרוֹפֵא חוֹלִים, וּמַתִּיר אַסוּרִים, וּמְקַיֵּם אָמוּנַתוֹ לִישָׁנֵי עַפַּר. מִי כָמִוּךְ בַּעַל גבורות וּמִי דוֹמֵה לַדְּ, מֵלֶדְ מֵמִית וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּעָה.

- SHABBAT SHUVAH

מִי כָמִוֹךּ אַב הָרַחֵמִים, זוֹכֵר יִצוּרֵיו לְחַיִּים בְּרַחֲמִים.

ונאמן אתה להחיות הכל (מתים). Baruch atah, Adonai, m'chayeih hakol (hameitim). (הַמֵּתִים) בָּרוּךְ אַתָּה, יִיָּ, מְחַיֵּה הַכֹּל

YOU ARE FOREVER MIGHTY, Adonai; You give life to all (revive the dead).

WINTER - You cause the wind to shift and rain to fall.

SUMMER — You rain dew upon us.

You sustain life through love, giving life to all (reviving the dead) through great compassion, supporting the fallen, healing the sick, freeing the captive, keeping faith with those who sleep in the dust. Who is like You, Source of mighty acts? Who resembles You, a Sovereign who takes and gives life, causing deliverance to spring up and faithfully giving life to all (reviving that which is dead)?

SHABBAT SHUVAH — Who is like You, Compassionate God,

who mercifully remembers Your creatures for life?

Blessed are You, Adonai, who gives life to all (who revives the dead).

בָּרוּךְ אַתָּה, יְיָ, מְחַיֵּה הַכֹּל (הַמֵּתִים).

Baruch atah, Adonai, m'chayeih hakol (hameitim).

מוֹרִיד הַטָּל Mashiv haruach / Morid hatal — with these words, we join our Israeli brothers and sisters in their prayers for seasonal rains in the Land of Israel.

מוריד הַשְּל Morid hatal . . . You rain dew upon us . . . A seasonal insertion into the G'vurot acknowledges God as the Source of the power of nature. The variations in climate like growth and decay, birth and death, are part of the fixed pattern of the universe created by God. In his prayerbook, Minhag America, Isaac Mayer Wise used the prayer for dew and rain as a permanent part of this benediction.

\*WINTER: Shimini Atzeret / Simchat Torah to Pesach. SUMMER: Pesach to Shimini Atzeret / Simchat Torah. אַבות וְאָמֵּהות

נבורות

קדָשָׁה

קדשת היום

עבודה

הוֹדָאָה

שַלוֹם

תפלת מלב



אָבוֹת וְאִפֶּהוֹת גבורות אַתָּרה קדושׁ וְשִׁמְךּ קדושׁ אַתְּ ATAH kadosh v'shimcha kadosh קדשה וּקְדוֹשִׁים בְּכֵל יום uk'doshim b'chol yom קרשת היום יהַלְלוּךְ סֵלָה.\* y'hal'lucha, selah.\* עבודה בָּרוּדְ אַתָּה, יָיָ, הָאֵל הַקָּדוֹשׁ. Baruch atah Adonai, Ha-El hakadosh. הוֹדָאָה אַנה, SHABBAT SHUVAH\* \*SHABBAT SHUVAH - Baruch atah, שלום ינ, המלך הקדוש. Adonai, HaMelech hakadosh. תְּפָלֵת חַלֶּב

> YOU ARE HOLY, Your Name is holy, and those who are holy praise You every day.\* Blessed are You, Adonai, the Holy God. בְּרוּךְ אַתְּה, יִיָּ, הָאֵל הַקְּדוֹש. Baruch atah, Adonai, Ha-El hakadosh.

YOU ARE WITH US in our prayer, our love and our doubt, in our longing to feel Your Presence and do Your will.
You are the still clear voice within us.
Therefore, O God, when doubt troubles us, when anxiety makes us tremble, when pain clouds the mind, we look inward for the answer to our prayers.
There may we find You, and there find courage, insight and endurance.
And let our worship bring us closer to one another, that all Israel, and all who seek You, may find new strength for Your service.

בָּרוּדְ אַתָּה, יִי, שֶׁאוֹתְנְּ לְבַדְּדְ בְּיִרְאָה נַעֲבֹד. Baruch atah, Adonai, she-ot'cha l'vad'cha b'yirah naavod.

Oseh shalom bimromav,
hu yaaseh shalom aleinu,
v'al kol Yisrael, v'al kol yoshvei teiveil,
v'imru. Amen.

עֹשֶׂה שָׁלוּם בִּמְרוֹמָיו, הוּא יַצְשֶׂה שָׁלוּם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְעַל כָּל יוֹשְׁבֵי תַבַל, וְאִמְרוּ: אָמֵן.

May the One who makes peace in the high heavens make peace for us, for all Israel and all who inhabit the earth. Amen.

## FISH AND WHISTLE

John Prine

I been thinking lately about the people I meet
The carwash on the corner and the hole in the street
The way my ankles hurt with shoes on my feet
I'm wondering if I'm gonna see tomorrow

Father forgive us for what we must do You forgive us and we'll forgive you We'll forgive each other 'til we both turn blue And we'll whistle and go fishing in heaven

I was in the army but I never dug a trench
I used to bust my knuckles on a monkey wrench
I'd go to town and drink and give the girls a pinch
I don't think they ever even noticed me

Father forgive us for what we must do
You forgive us and we'll forgive you
We'll forgive each other 'til we both turn blue
And we'll whistle and go fishing in heaven
Fish and whistle, whistle and fish
Eat everything that they put on your dish
When we get through we'll make a big wish
That we never have to do this again, again? again?

On my very first job I said thank-you and please They made me scrub a parking lot down on my knees Then I got fired for being scared of bees And they only give me fifty cents an hour

> Father forgive us for what we must do You forgive us and we'll forgive you We'll forgive each other 'til we both turn blue And we'll whistle and go fishing in heaven

Fish and whistle, whistle and fish
Eat everything that they put on your dish
When we get through we'll make a big wish
That we never have to do this again, again? again?

Father forgive us for what we must do You forgive us and we'll forgive you We'll forgive each other 'til we both turn blue And we'll whistle and go fishing in heaven (3x)

# ANGEL FROM MONTGOMERY John Prine

I am an old woman named after my mother My old man is another child that's grown old If dreams were lightning, thunder were desire This old house would have burnt down a long time ago

> Make me an angel that flies from Montgomery Make me a poster of an old rodeo Just give me one thing that I can hold on to To believe in this living is just a hard way to go

When I was a young girl well, I had me a cowboy He weren't much to look at, just a free rambling man But that was a long time and no matter how I try The years just flow by like a broken down dam

> Make me an angel that flies from Montgomery Make me a poster of an old rodeo Just give me one thing that I can hold on to To believe in this living is just a hard way to go

There's flies in the kitchen I can hear them buzzing
And I ain't done nothing since I woke up today
How the hell can a person go to work in the morning
And come home in the evening and have nothing to say

Make me an angel that flies from Montgomery Make me a poster of an old rodeo Just give me one thing that I can hold on to To believe in this living is just a hard way to go ALEINU l'shabei-ach laadon hakol, lateit g'dulah l'yotzeir b'reishit, shelo asanu k'goyei haaratzot, v'lo samanu k'mishp'chot haadamah. Shelo sam chelkeinu kahem, v'goraleinu k'chol hamonam.

Vaanachnu kor'im umishtachavim umodim, lifnei Melech mal'chei hamlachim HaKadosh Baruch Hu. עַבְינוּ לְשַׁבֵּחַ לַאֲדוֹן הַכּּל,
לֶתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית,
שֶׁלֹא עָשָׁנוּ כְּגוֹיֵי הָאֲרָצוֹת,
וְלֹא שָׁמְנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה.
שְׁלֹא שָׁם חֶלְקֵנוּ כָּהֶם,
וְאַנֵחְנוּ כִּוֹרְעִים
וֹמִשְׁתַּחְוִים וּמוֹדִים,
וֹמִשְׁתַּחְוִים וּמוֹדִים,
הַקְּדוֹשׁ בָּרוּךְ הוּא.
הַקְּדוֹשׁ בָּרוּךְ הוּא.

LET US NOW PRAISE the Sovereign of the universe, and proclaim the greatness of the Creator who has set us apart from the other families of the earth, giving us a destiny unique among the nations. We bend the knee and bow, acknowledging the supreme Sovereign, the Holy One of Blessing.

v'hasheivota el l'vavecha, ki Adonai hu HaElohim וֹהַשֵּׁבֹתָ אֶל לְבָבֶּךְ, כִּי יִיָּ הוּא הָאֱלֹחִים

V'ne-emar, v'hayah Adonai l'Melech al kol haaretz. Bayom hahu yih'yeh Adonai echad ush'mo echad. וְנֶאֶמֶר, וְהָיָה יְיָ לְמֶלֶד עַל כָּל הָאֶרֶץ. בַּיּוֹם הַהוּא יִהְיֶה יְיָ אֶרֶ וּשְמוּ אֶחָד.

#### **HEALING PRAYERS**

## YAHRZEITS April 18 - April 24

Jerome Komisar Natalie Komisar Ayahla bat Aaron Beryl Solla

James Yates Louise Bodenstein Rifka bat Rachel

Esther Masheh bat Ruth

Ronnie Garvey
Jennifer Sargent
Tiffany Gordon
Dean Weber
Ann Hudson
Ethel Crowe
Barbara Pilkey
Stephanie Finder
Samantha Berke-Kaplan

Marita McClymonds
Ariel Smith
Ariel Roberts
Aviva bat Sarah
Paula Stoler
Mary Ritter
Bill Suhler
Brenda Miller
Gail Silverstein
Dorothy Hoffman

Ellis Hoffman

Deceased
Joanna Beller
Irving Beller
Rose Gail Chenman
Yetta Sylvia Cohen
Esther Gavurin
Samuel Heine
Anne Jamison
Toby Kropf
Enrique Lerdau
Joseph Margerum
Estelle Osofsky
Gertrude Shofer
Armin Skadron

George Beller George Beller Scott Goodman Sandi Cohen Ricki Curry Heena Reiter Yacov Haimes Peter Kropf Manuel Lerdau Harri Wasch Joyce Shatkin Marian Rabinowitz Kevin Skadron Steven Skalak Leora Friedberg Congregation Beth Israel

Mourner

Shiva / Shloshim

Roxbury Hyde Crystal Elaine Schwartz Sherman

Marvin Colker

Anna Skalak

Israel Friedberg

Ida Klugerman

Thomas Petry Strauss

Mother of Charlotte Crystal Mother of Susan Sherman Husband of Hazel Colker Brother of Jenny Strauss Clay

#### JOIN RABBI RACHEL SCHMELKIN ON ZOOM

Saturday, April 18, 10:00 a.m.

SHABBAT MORNING SERVICE AND STUDY SESSION

Please find a Zoom link to Rabbi Rachel's service and further instructions in this week's e-announcements!

## JOIN RABBI RACHEL SCHMELKIN ON FACEBOOK LIVE

Sunday, April 19, 11:00 a.m.

**RELIGIOUS SCHOOL ASSEMBLY** 

Please find a link to the CBI Facebook page and further instructions in this week's e-announcements!

## JOIN RABBI TOM GUTHERZ & SHARON MCCORD ON ZOOM

Monday, April 20, 7:30 p.m.

YOM HASHOAH - HOLOCAUST MEMORIAL SERVICE

During the service, **CBI member Jeff Grossman**, Professor of German and Interim Director of the Program of Jewish Studies at UVA, will present selections from the poetry of Yiddish poet Avrom Sutzkever, whose work is a moving testimony to the Holocaust experience based on his own life in the Vilna ghetto and the uprising there.

## MOURNER'S KADDISH

קדיש יתום

m YITGADAL v'yitkadash sh'mei raba. לתגדל ויתקדש שמה רבא. בָּעַלְמַא דִּי בָרַא כָּרָעוּתָהּ, B'alma di v'ra chirutei, וימליד מלכותה, v'yamlich malchutei, b'chayeichon uv'yomeichon בחייכון וביומיכון וּבָחַיֵּי דְכֶל בֵּית יִשְׁרַאֵל, uv'chayei d'chol beit Yisrael, ַבַּעֲגֶלָא וּבִזְמַן קָרִיב. וְאִמְרוּי אָמֵן. baagala uviz'man kariv. V'im'ru: Amen. יהא שמה רבא מברד Y'hei sh'mei raba m'yarach לעלם ולעלמי עלמיא. l'alam ul'almei almaya. יִתְבַּרֶדְּ וִיִּשְׁתַבַּח, וִיִּתְפָּאַר Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei, וַיִתְרוֹמֵם וַיִתְנַשֵּא, וַיִתְהַדֵּר וַיִּתְעַלֵּה וַיִּתְהַלֵּל v'yit'hadar v'yitaleh v'yit'halal שַׁמַה דָקַדְשַׁא בָּרִידְ הוּא, sh'mei d'Kud'sha B'rich Hu, ּלָעֵלָּא מָן כַּל בִּרכַתַא ושִׁירַתַא, l'eila min kol birchata v'shirata. tushb'chata v'nechemata, תַּשְׁבַּחַתָּא וְנֵחֲמֶתָא, daamiran b'alma. V'imru: Amen. דאמירן בּעַלָמַא. ואָמִרוּ: אַמֵן. יָהָא שָׁלַמַא רַבַּא מִן שְׁמֵיָּא, Y'hei sh'lama raba min sh'maya, וָחַיִּים עָלֵינוּ וְעַל כַּל יִשְׂרַאֵל. v'chayim aleinu v'al kol Yisrael. V'imru: Amen. וָאָמָרוּ: אָמֵן. עשה שלום בּמִרוּמֵיו, Oseh shalom bimromay, הוא יעשה שלום עלינו, Hu yaaseh shalom aleinu, ועל כל ישראל. ואמרוי אמן. v'al kol Yisrael. V'imru: Amen.

EXALTED and hallowed be God's great name in the world which God created, according to plan.

May God's majesty be revealed in the days of our lifetime and the life of all Israel — speedily, imminently, to which we say Amen.

Blessed be God's great name to all eternity.

Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort. To which we say Amen.

May there be abundant peace from heaven, and life, for us and all Israel. to which we say Amen.

May the One who creates harmony on high, bring peace to us and to all Israel. To which we say Amen.

# DEAR ABBY

John Prine

Dear Abby, dear Abby, my feet are too long My hair's falling out and my rights are all wrong My friends they all tell me that I've no friends at all Won't you write me a letter, won't you give me a call Signed: Bewildered

Bewildered, Bewildered, you have no complaint You are what you are and you ain't what you ain't So listen up buster, and listen up good Stop wishing for bad luck and knocking on wood Signed Dear Abby

Dear Abby, Dear Abby, my fountain pen leaks My wife hollers at me and my kids are all freaks Every side I get up on is the wrong side of bed If it weren't so expensive I'd wish I were dead Signed Unhappy

Unhappy, Unhappy, you have no complaint You are what you are and you ain't what you ain't So listen up buster, and listen up good Stop wishing for bad luck and knocking on wood Signed: Dear Abby

Dear Abby, Dear Abby, you won't believe this But my stomach makes noises whenever I kiss My girlfriend tells me it's all in my head But my stomach tells me to write you instead Signed: Noise-maker

Noise-maker, Noise-maker, you have no complaint You are what you are and you ain't what you ain't So listen up buster, and listen up good Stop wishing for bad luck and knocking on wood Signed: Dear Abby

## ADON OLAM

Adon olam asher malach, b'terem kol y'tzir nivra. L'eit naasah v'cheftzo kol, azai Melech sh'mo nikra.

V'acharei kichlot hakol, I'vado yimloch nora. V'hu hayah, v'hu hoveh, v'hu yih'yeh, b'tifarah.

V'hu echad v'ein sheini, l'hamshil lo l'hachbirah. B'li reishit b'li tachlit, v'lo haoz v'hamisrah.

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V'hu Eli v'chai go-ali, v'tzur chevli b'eit tzarah. V'hu nisi umanos li m'nat kosi b'yom ekra.

B'yado afkid ruchi, b'eit ishan v'a-irah. V'im ruchi g'viyati, Adonai li v'lo ira. אַדוֹן עוֹלָם אֲשֶׁר מָלַדְּ, בְּטֶרֶם כָּל יְצִיר נִבְּרָא. לְעֵת נַעֲשָּׁה בְּחֶפְצוֹ כֹּל, אַזַי מֶלֶךְ שְׁמוֹ נִקְרָא.

וְאַחֲרֵי כִּכְלוֹת חַכּּל, לְבַדּוֹ יִמְלוֹדְ נוֹרָא. וְהוּא הָיָה, וְהוּא הֹוֶה, וְהוּא יִהְיֶה, בְּתִפְאָרָה.

וְהוּא אֶחָד וְאֵין שֵׁנִי, לְהַמְשִׁיל לוֹ לְהַחְבְּירָה. בְּלִי רֵאשִׁית בְּלִי תַּכְלִית, ולוֹ הָעֹז וְהַמִּשְׂרָה.

וְהוּא אֵלִי וְחֵי גּּאֲלִי, וְצוּר חֶבְלִי בְּעֵת צָרָה. וְהוּא נִפִּי וּמְנוֹס לִי מְנַת כּוֹסִי בְּיוֹם אֶקְרָא.

> בְּיָדוֹ אַפְקִיד רוּחִי, בְּעֵת אִישַׁן וְאָעִירָה. ועם רוּחִי נְּוִיָּתִי, יִיָ לִי וְלֹא אִירָא.

You are our Eternal God, who reigned before any being had been created; when all was done according to Your will, then You were called Ruler.

And after all ceases to be, You alone will rule in majesty. You have been, are yet, and will be in glory.

And You are One; none other can compare to or consort with You. You are without beginning, without end. To You belong power and dominion.

And You are my God, my living Redeemer, my Rock in times of trouble and distress. You are my standard bearer and my refuge, my benefactor when I call on You.

Into Your hands I entrust my spirit, when I sleep and when I wake, and with my spirit my body also; Adonai is with me and I shall not fear.