



## Your Connection to Original Purity

Whilst I was giving a talk, at the Chapel by the Sea in Bondi, on the topic of the "The Soul in Judaism", the reverend interjected at one point and said, "So you have a concept of original purity and we have original sin".

This week's Torah reading and the upcoming festival of Chanukah speak to the concept of our essential nature of light and goodness.

In the parashat ha-shavua: Joseph is the youngest child of the family and is given a coat of many colours by his father, Jacob. Later in the Torah reading, after being betrayed and abandoned by his brothers, Joseph is found working as a slave in Egypt, for one of the Pharaoh's officials, Potifar. Joseph is harassed by Potifar's wife and escapes, leaving his garment behind, in her hand. The theme of clothing, be it Joseph's multi-coloured coat or the garment left in Potifar's wife's hand, is picked up by our sages. Garments are seen as being connected to our state of mind.

Sages state that when Joseph left his garment behind, it was understood as being symbolic of him overcoming his instinctual urges and connecting with his essential nature of goodness. He let go of his external garment in this case connected to overcoming a desire to have inappropriate sexual relations, and by doing so, he connected with his body of light and goodness - he connected with his Garden of Eden essence of light.

Let's digress and go back to the Garden of Eden. Midrash states that when Adam and Eve were created they had a skin of light, and were fully in touch with their essence of goodness. After they ate the apple from the Tree of Knowledge of Good and Evil, they lost their innocence, and they (and humanity) entered a new era of being in constant struggle between urges of good and evil, they were suddenly being aware of being naked and received an opaque skin and wore clothes.

The Hebrew word for skin "or" has the same sound as the Hebrew word for light, "or" - even though they are spelled differently. Because the 2 words have the same sound, skin "or" and light, "or" they are seen as being linked, and this is one of the sources for the idea that skin in the Garden of Eden was made of light before the eating of the apple. After eating the apple, skin became thicker and the inner light of Adam and Eve became hidden. (This links to the idea that the souls of loved ones who have passed away, are in the Garden of Eden and are beings of light, as they revert to an Edenic state).

When Joseph overcame his passions, leaving behind his opaque garment, he connected with his essence of light. During Chanukah, when we light candles each night, we are invited to connect with that Edenic light of

*continued over...*

## MAZAL TOV

**Joe Katz** on his  
**Bar Mitzvah** (*mincha*)  
(*New Sanctuary*)

## CANDLE LIGHTING

Friday 7:32pm

Saturday 8:34pm

**TORAH** (*page 226*)

Genesis 37:1 - 40:23

**HAFTARAH** (*page 246*)

Amos 2:6 - 3:8

## SHABBAT SERVICES

### Erev Shabbat

- 6:15pm - *Shabbat Live* featuring the music of Jews from Arab Lands & Iran (*New Sanctuary*)
- 6:15pm - Masorti service (*Newweg*)
- 7:00pm - Renewal Kabbalat Shabbat on the Beach

### Shabbat Morning

- 9:00am - Masorti service (*New Sanctuary*)
- 10:00am - Progressive service (*Newweg*)

### Morning Minyan

Mon at 6:30am and  
Thurs 6:30am (*Newweg*)

simplicity and goodness in each of us. Each night we light an extra candle and our connection to our essence grows.

Chanukah begins on Sunday evening, with many opportunities to be in community, check our website to see more.

Wishing you a Shabbat of light and peace, and hope to see you this Friday night at Neilsen Park Beach, 7pm for Kabbalat Shabbat and a picnic,

Rabbi Dr Orna Triguboff



## Chanukah Picnic on the Beach

This Sunday December 2nd from 4:00pm



Meet at Parsley Bay Beach  
Bring a picnic dinner. We'll supply the sufganiyot! Fun for all the family!

## Let's CELEBR8o!

Sunday 9th December from 5pm

Its the end of our 80th year and its time to celebrate!

**You are invited to our 80th birthday party  
with '80s music, clothes, drinks & nibbles**

- Rejoice in the 8th night of Chanukah
- Celebrate Rabbi Ninio's 20th anniversary with the synagogue
- Enjoy the launch of our photo exhibition of the past 80 years



*Rabbi Jeffrey B. Kamins OAM  
Arno & Hella Seefeldt Rabbinic Chair*



*Rabbi Jacqueline Ninio*

**Lunch 'n' Learn**  
Next Saturday 8th December  
after services  
Join Rabbi Dr Orna Triguboff  
**Chanukah - How it relates to you**  
We explore teachings of the Hasidic  
tradition to find relevant meaning  
in the Festival of Light.



*Rabbi Rafi Kaiserblueth*



*Rev. Sam Zwarenstein  
Director of Communal Engagement*



*Cantor George Mordecai*



*Rabbi Dr Orna Triguboff*

# WHAT'S ON

## **Kef Kids - Fridays from 4:00pm-5:30pm**

Kef Kids is an educational program for children in years K-5 - an exciting, fun way for kids to connect with Judaism and their community.

## ***Conversations about Israel - every Monday from 10:00am-11:30am***

Every Monday, join Rabbi Jeffrey Kamins or guest speakers to examine the complex issues facing contemporary Israel. This week, as part of our Conversations about Israel series, Netzer Shaliach **Dudu Gotlib** will be talking on engaging millennials - youth work and the relationship that religious institutions should foster with young people. What are the key aspects that this generation find appealing about Jewish life and Jewish practice? What changes can this generation bring into our communities?

Coming up on **December 10 from 10:00am**

## ***Dave Sharma - My experiences as Australia's Ambassador to Israel***

Dave served as Australia's Ambassador to Israel from 2013 to 2017. This period coincided with some of the busiest and most productive years for the Australia-Israel relationship, with trade, investment and innovation ties strengthened significantly.

## **Shabbat Tot - Friday December 7th from 4:30pm-5:30pm**

A lovely way to introduce your children to Shabbat and an opportunity to meet other families in the community. For 2 to 5 year olds. Parents and grandparents welcome!

## **Family Friday - Friday December 7th from 5:30pm-6:15pm**

Come along for a light, child-friendly dinner and then stay for services. A great opportunity to meet families in the congregation and to celebrate Shabbat together.

## **Chanukah Daily Inspirational Emails from December 2nd**

Free for Chanukah, the Festival of Light - receive an inspirational email each day from 2-9 December from Rabbi Dr. Orna Triguboff based on Kabbalah. It's a gift of light. Email: [orna@emanuel.org.au](mailto:orna@emanuel.org.au)

## **Chanukah Light Workshop**

**9th December from 10:30am - 12:30pm**

A chance to celebrate the "Festival of Light" with Kabbalah meditation, gentle stretches, relaxation and more. Connect with your inner light, with Rabbi Dr. Orna Triguboff,

Kabbalah teacher and David Goldman, clinical psychologist and musician

It will also be Rosh Chodesh, so we will also be supported by the new moon energy.

Emanuel Synagogue members - \$10 online.

Others \$20 early bird booking or \$30 at door.

Book now: [tinyurl.com/light-emanuel](http://tinyurl.com/light-emanuel) More information: [orna@emanuel.org.au](mailto:orna@emanuel.org.au)

Plus61J together with Emanuel Synagogue present

## **ISRAEL, JEWS & THE MIDDLE EAST THROUGH FILM**

*Join us each month for a fascinating festival of film followed by engaging discussion*

**12th December, 7:00pm for 7:15pm** **"Gotta be Happy" – Yiddish humour in America**

**The Komediant (2004, 85 Minutes)** The glory days of the Yiddish stage are brought to life in this bittersweet saga of a legendary theatrical family, the Bursteins.

More info and bookings: [emanuel.org.au/films](http://emanuel.org.au/films)

# IN MEMORY

There are mourners in our community to whom we extend our sincerest sympathies on the death of their loved ones.

*Shiva:* Elizabeth (Leslie) Goodman

*Shloshim:* Jeremy Spinak, Gary Kurzer, Oren Snir, Rose Rosenfield, John Bluthal, Erika Fulop, Francesca (Frankie) Garfield, Victor Fridman, Greta Silvers, David Rosenthal, Cecil Rosenthal, Richard Gottfried, Jerry Rabinowitz, Irving Younger, Daniel Stein, Joyce Fienberg, Melvin Wax, Bernice Simon, Sylvan Simon, Rose Mallinger

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This week we observe the Yahrzeits of (observed by):

\* Memorial Light

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**Fruma Angert** (Leon Bronfentrinker)  
**Sam Baskir** (Victor Baskir)  
**Sarah Beanstock Baumel**  
(Anne Wolfson)  
**Adolf Branner** (Danny Fischer)  
**Isaac Chait** (Cyndi Freiman)  
**Paula Charmatz** (Erwin Charmatz)  
**Clinton Coppel** (Valerie Coppel,  
Kevin Coppel, Shauna Corne)  
**Hyacinth Cunio** (Kim Cunio,  
Stephanie Cunio)  
\* **Schlomo Yizchak De Vere**  
\* **Esther Bluma De Vere**  
**Michael Deutsch** (Irene Deutsch)  
**Esther Eisen** (Sandra Berman)  
**David Emdur** (Emdur Family)  
**Mark Engelman** (Ilana McCorquodale)  
**Ellis Factor** (Naomi Mendelson)  
**Lenore Flaxman** (Judith Simons)  
**Cherry Hitman** (Jacqueline Gerald)  
**Juliet Innes** (Gordon Innes)  
**Ellie Jankelson** (David Jankelson)  
**Hannah Jankelson** (David Jankelson)  
**Paul Charles Jellins** (Jellins Family)  
**Jonathan Kahan** (Benjamin Isaacs)  
**Hazel Katz** (Lyndall Katz)  
**Jane Kohn** (Rachael Kohn)  
**Rina Kohn** (Sharon Ortner)  
**Peter Komesarook** (Minnie Shaul)  
\* **Bernard Kormendi** (Susi Brieger)  
\* **Miriam Levy** (Morris Seamonds)  
**Gunter Lindemann** (Erika Lindemann)

**Eva Long** (Madeline Rosen)  
**Michael David Lyons**  
(Michelle Lyons-Zwarenstein)  
**Geertruida Marshall** (Susan Nothman)  
**George Myers** (George Newhouse)  
\* **Reuben Pantzer** (Angela Lipman,  
Sara Pantzer, Warren Pantzer)  
**Maggi Raabe** (Birgit Raabe)  
**Jakob Rath** (Vera Olovitz)  
\* **Georgina Reines** (Rosalind Reines)  
**Rodney Isaac Rosenblum**  
(Ginni Mansberg)  
**Isaac Joshua Sacks** (Beverly Sacks)  
**John Saunders**  
(Betty Saunders-Klimenko)  
**Hella Seefeldt** (Jeffrey Kamins)  
\* **Emanuel Silberberg (De Vere)**  
**Esther Silberstein** (Ben Zucker)  
\* **Albert Victor Simmons**  
**Danielle Nicole Sirmai** (Michael Sirmai)  
**Bessie Gerty Slivkin** (Vivienne Nabarro)  
**Zachar Soloduhin** (Judith Bogan)  
**Stanley Taylor** (Alan Taylor)  
**Philip Walters** (Joan Taylor)  
\* **Rosa Weinberger**  
**Stanford Wolf** (Judi Wolf)  
\* **Jacob Norman Wolfson**  
**Inez Woolf** (Judith McLallen,  
Gordon Woolf, Karen Kosmin)

**Shoah remembrance:** Sarah Cymring was born in Lublin, Poland in 1904 and lived in Tarnopol, Poland until she was murdered during the Holocaust.