



## Teshuvah as a process

Each year, we mark the Shabbat between Rosh HaShanah and Yom Kippur as a special Shabbat in our calendar, and we call it Shabbat Shuvah.

The name Shabbat Shuvah, Shabbat of Return comes from its special Haftarah reading, which begins with the words “Shuvah Yisrael” (Return O Israel), taken from the prophecy of Hoshea. It is also referred to as Shabbat Shuvah because it falls during the Ten Days of Repentance.

The prayer service on this Shabbat is the same as on an ordinary Shabbat, with the exception of the additions and changes that are made to the Amidah service throughout the Ten Days of Repentance. As it is Shabbat, Avinu Malkeinu is not recited.

We are told that this Shabbat was given to Israel as a time for Torah study and prayer, and, although one should always take care not to pass the time idly or in inappropriate conversation, on Shabbat Shuvah one should be especially careful to concentrate entirely on Torah, prayer, and reflection on repentance, thereby attaining forgiveness for whatever unfitting behaviour may have marred other Shabbatot.

Traditionally, there were only two Shabbatot in the year when sermons were delivered. One was Shabbat Hagadol, the Shabbat preceding Pesach, and the other was Shabbat Shuvah. The sermons were extremely long, presumably, because these were the only two occasions made available. Thankfully, this is not the case today, and we can get our sermon dosage in weekly, shorter measures (we can dream, can't we?).

Many rabbis believed, and still believe today, that the sermon delivered on this Shabbat should be delivered in such a way, that it awakens the people to repentance, to Teshuvah. One of the sources given for their lengthy talks is taken from Midrash Mishlei, where it says; “The Holy One said: When the chacham (wise one) sits and teaches, I cancel and forgive the trespasses of Israel.”

In order to fully understand the importance of Shabbat Shuvah, we need to understand that the entire period between Rosh Hashanah and Yom Kippur, the Aseret Yamei Teshuvah (the Ten Days of Repentance), is centred around Teshuvah. During the ten days, we are supposed to turn all our thoughts and actions towards Teshuvah. Everything we do should reflect our want and need to be inscribed in the Book of Life. Tradition also teaches us that our fate is judged between Rosh Hashanah and Yom Kippur. During this time, a lot of Jews visit the cemetery to ask the departed to testify on their behalf to the Heavenly Tribunal. The words in the Siddur and Machzor support Teshuvah, as we continually ask God for forgiveness.

With regards to this Shabbat, there is very little that happens on Shabbat Shuvah, that doesn't happen in the rest of the ten days, with the exception of a special haftarah reading and some liturgical changes to parts of the Amidah. But, because Shabbat has always, and will always be the highlight of the week, the importance of the entire period is placed on the Shabbat. In a way, it's like a last minute plea before God,

*continued over...*

## MAZAL TOV

**Alix Cane** on her  
**Bat Mitzvah**  
(*New Sanctuary*)

## CANDLE LIGHTING

Friday 5:28pm

Saturday 6:23pm

**TORAH** (*page 1173*)

Deuteronomy 31:1 -  
31:30

## HAFTARAH

(*page 1234*)

Hosea 14:2-10;

Micah 7:18-20;

Joel 2:15-27

## SHABBAT SERVICES

### Erev Shabbat

- 6:15pm -  
Masorti Service  
(*Newweg*)
- 6:15pm - *Shabbat Live*  
(*New Sanctuary*)

### Shabbat Morning

- 9:00am -  
Masorti service  
(*New Sanctuary*)
- 10:00am -  
Progressive service  
(*Newweg*)

### Renewal Shabbat

#### Meditations

9am-10am - Shabbat  
Mornings in October  
(*Newweg*)

### Morning Minyan

This Monday &  
Thursday at 6:45am  
(*New Sanctuary*)

while in the comfort of the community. One thing is for sure, during these days especially, we all seek the same outcome - forgiveness and compassion. At the same time, we pray that others around the world also get to enjoy a more peaceful and secure existence, no matter who or where they are.

Maybe it's a delicate balance between asking for something that benefits the whole world, and asking for something that is specific to the individual, that will help to bring Teshuvah into our hearts, and into our actions. For each of us, the hope is that the coming year will bring peace for all of God's creatures and creations, and that starts with us.

As we turn our focus to Yom Kippur, still floating on the high of Rosh HaShanah, let's remember that Teshuvah is a process, not a moment in time, and that we are blessed to have Shabbat Shuvah as a companion and guide on our journey.

*Shabbat Shalom and G'mar Chatimah Tovah (may you be inscribed in the Book of Life).*

Reverend Sam Zwarenstein



**SUNDAY 7 OCTOBER - 11:00AM TO 10:00PM**

Book now for Shir Madness, the Jewish music festival being held this October at Emanuel Synagogue.

Tickets are just \$75 + booking fee for a full day of musical performances! Featuring 25 acts on multiple stages featuring the best of Australian and international Jewish performers. In addition, Emanuel Synagogue members receive a **10% discount**. Simply enter the discount code: **emanuel member** on the Enter Details screen. Book now at [shirmadness.com](http://shirmadness.com) to take advantage of this special rate!



*Rabbi Jeffrey B. Kamins OAM  
Arno & Hella Seefeldt Rabbinic Chair*



*Rabbi Jacqueline Ninio*



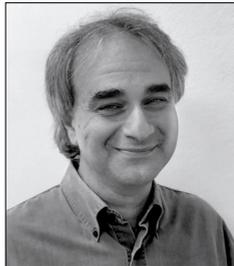
*Rabbi Rafi Kaiserblueth*



*Rabbi Dr Orna Triguboff*



*Rev. Sam Zwarenstein  
Director of Communal Engagement*



*Cantor George Mordecai*

**PLEASE  
SUPPORT  
OUR  
KOL NIDRE  
APPEAL**

As we commit to securing our future, we ask that you please give generously to our Kol Nidre Appeal so we can continue to support our community.

See:

**[emanuel.org.au/kn](http://emanuel.org.au/kn)**  
or call 9389 6444

# WHAT'S ON

## **Kef Kids - Fridays from 4:00pm-5:30pm**

Kef Kids is an educational program for children in years K-5 - an exciting, fun way for kids to connect with Judaism and their community.

## ***Conversations about Israel - every Monday from 10:00am-11:30am***

On September 17, **Israel, Refugees and Responsibility** - speaker Tamara Newman, Director of International Relations at the Hotline for Refugees and Migrants, Israel's leading organisation protecting the rights of refugees, migrants and victims of human trafficking.

## **Yom Kippur Music, Meditation & Prayer - 18 September 2018 at 8pm**

A unique opportunity to raise your spirits through music, prayer and chant, with musician Amir Paiss, Rabbi Dr. Orna Triguboff, Emanuel Lieberfreund and Aviva Pinkus.

**Book now:** \$20 members, \$40 non-members at <https://tinyurl.com/yom-music>

## **Small changes, big differences - 7:00pm Sunday October 21st**

### **Inspiring stories and practical ideas**

Sometimes we see the problems of the world and they seem so overwhelming, we wonder what we can do. Join us for a chance to hear from some of our congregants who have made changes big and small and each one has changed the world.

## **Simchat Torah Celebration - Monday 1 October from 6:15pm**

Join us for the celebration of the Torah where we dance and sing and rejoice that we have completed the Torah reading for one year and are ready to begin again. It is a joyous and fun celebration for all, especially children.

## **Sukkah decorating & party**

### **Sunday 23 September 2018 - 5:00pm decorating - 6:15pm service & dinner**

Come and decorate our sukkah with a birthday party theme for our 80th birthday. We will provide the materials, you provide the creativity. We will follow the decoration with a short service and a light dinner in the sukkah. fun for all the family!

## **SUSHI & STORIES IN THE SUKKAH**

### **Monday 24th September - 6:15pm services • 6:45pm sushi and stories**

Come and join us for a night of storytelling in the sukkah about the theme of "home." Listen to our presenters as they tell personal stories.

## **Join Nefesh Mountain at our Services**

**Shabbat Live** - October 5th from 6:15pm

**Jewish Renewal Shabbat** - October 6th from 10:00am followed by pot luck lunch

Join us at services for special services led by *Shir Madness* headliners, New York band *Nefesh Mountain*. Doni Zasloff and Eric Lindberg together with their band are pioneers of a transcendent new genre – fusing the apparently disparate worlds of American Appalachian and Jewish traditions!

Plus61J together with Emanuel Synagogue present

## **ISRAEL, JEWS & THE MIDDLE EAST THROUGH FILM**

*Join us each month for a fascinating festival of film followed by engaging discussion*  
**Next month -**

**10th October, 7:00pm for 7:15pm** **The Holocaust in Israeli Cinema and culture**

**The Flat** (2012, 97 minutes)

**For more information and to book:** [emanuel.org.au/films](http://emanuel.org.au/films)

# IN MEMORY

There are mourners in our community to whom we extend our sincerest sympathies on the death of their loved ones.

*Shiva:* Judith Auerbach, Robin Nahum, Phillip Tveshor

*Shloshim:* Leah Goodman, Zita Evans, Marie Con, Yoli Dunkel, Rodney Lesley Stern,  
Danny Rosen, Petru Musat

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This week we observe the Yahrzeits of (observed by):

\* Memorial Light

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**Thomas Balog** (Alice Balog)

**Rose Beanstock Smolkin**

(Anne Wolfson)

**Andrew Benrubi** (Jacqueline Lewis)

**Isidore Brudno** (Salome Simon)

**Judith Cantor** (Barry Cantor,

Randi Cantor)

**Stella Colefax** (Megan Benjamin)

**Paul Cullen** (Primrose Moss)

**Vivianne Ellen De Vahl Davis**

(Graham De Vahl Davis)

\* **Hannah Digerman**

**Albert Ezekiel** (Aaron Ezekiel)

**Amalie Friedlander** (Ernie Friedlander)

**Eliahu Ben Ishak Goldenberg**

(Jeannine Revi)

**Peter Goldman** (Milly Goldman,

Wendy Hamilton, Judy Koerber,

David Goldman, Zell Goldman,

Susie Klein)

\* **Joseph Solomon Goldstone**

\* **Emil & Regina Goldwasser**

\* **Janek Goldwasser**

\* **Magda Hammond**

**Ruza Harvey** (Robert Harvey)

**Barbara Hyland** (Dorothy Kemeny)

**Edith Kaplan** (Basil Kaplan)

**Yenta Lebovic** (Solomon Lebovic)

\* **Lewis Levenson**

**Ralph Aaron Levy** (Philip Levy)

**Lewis Lieberman** (David Lieberman)

\* **Lillie Rebecca Mendes**

**Sidney Muller** (Frank Muller)

**Sydney Nathan** (Louise Leibowitz)

**Gertrude Newman** (William Newman)

**Gisela Pressburger**

**Katherine Price** (Ted Popper)

**Henry Reiss** (Christine Hill)

\* **Edith Sander**

**Simon Schalit** (Ethel Davis)

**Michael Shusterman**

(Regina Shusterman)

**Michael (Mike) Stewart Simons**

(Ruth Simons)

\* **Gertrude Sluice**

**Yosef Solomon** (Isaac Solomon)

**Alexander Somlai** (Marianne Vaidya,

Anita Fisher)

**Sofie Spring** (Jeanette Sceats)

**Lieselott Teece** (Christa Drummond)

**Louisa White** (Mary-Louise McLaws)

**Paul Witton** (Barbara Simon)

**Peter Witton** (Barbara Simon)

**Dennis Wolanski** (Phillip Wolanski)

**Jack Zamel** (Lynette Rosen, Gary Zamel)

**Shoah remembrance:** Adolf Kohn was born in 1865 in Transylvania, Romania and lived there until 1944 he was murdered in Auschwitz during the Holocaust.