



## Our Shining Eternal Light

The eternal light, the ner tamid, in the synagogue above the ark, is a symbolic representation of the light that would shine from the menorah in the mishkan-sanctuary, in the wilderness as the Children of Israel travelled in wilderness after their Exodus from Egypt.

This week's Torah portion describes how the oil for the Menorah lamp was to be made and how the lamp was to be lit all day, every day. God said to Moses:

*"You shall further instruct the Israelites to bring you clear oil of beaten olives for lighting, to be raised as the eternal flame."* (Exodus 27:20)

As this is an eternal flame, commentaries state that this flame was not only for the mishkan and the temple after that, but also a principle that lives on for eternity. The Hasidic Rebbe, the Sfat Emet, described the eternal flame as the essence of each person, the neshamah or our "inner wellspring". The instruction of keeping the flame going day and night is relevant to each person as it connects with the idea that each of us needs to regularly connect with our essence – our true self, the light of the heart, our conscience.

The Baal Shem Tov commented on the instruction that the oil should be made of crushed olives. Symbolically this points to the idea that each trial a person goes through in life, each time we feel pressured by obstacles, and we come through having learned something, we create a type of "pure oil" that feeds our inner light and our eternal flame.

Abarbanel, the 14th century sage, commented on the 4 main pieces of clothing the high priest was to wear in the mishkan: the head plate, breastplate, apron and the robe. Abarbanel compared each of these to a part of our body and to the path of personal improvement a person might strive towards.

The head plate corresponds to the head, brain and our thoughts. It is a reminder that we should strive to direct our thoughts towards goodness and peace.

The breastplate worn by the high priest corresponds to the heart, and signifies the aim that the prayers of our heart should be directed towards universal causes as well as our own personal wishes of the heart.

The apron, encircled the abdomen and corresponds to the digestive area, signifying the importance of eating kosher and with the right intention (we could add, eating mindfully and healthily).

The robe corresponds to the reproductive organs and our vitality. It

*continued over...*

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*Thank you to the Schlesinger and Jeremiah/Ziv families for sponsoring the Masorti kiddush.*

## MAZAL TOV

**Jarrah & Lior Schlesinger**  
on their **Bnei Mitzvah**  
(*New Sanctuary*)

**Leo Latter** on his  
**Bar Mitzvah**  
(*Heritage Sanctuary*)

**Ben & Fleur Katsmartin** on the  
**naming** of their son,  
**Luka**  
(*Heritage Sanctuary*)

## CANDLE LIGHTING

Friday 7:30pm

Saturday 8:37pm

**TORAH** (page 503)

Exodus 27:20 - 30:10

**HAFTARAH** (page 520)

Ezekiel 43:10 - 43:27

## SHABBAT SERVICES

### Erev Shabbat

- 6:15pm *Shabbat Live*  
(*New Sanctuary*)
- 6:15pm - Masorti service (*Neuweg*)

### Shabbat Morning

- 9:00am -  
Masorti service  
(*New Sanctuary*)
- 10:00am -  
Progressive service  
(*Heritage Sanctuary*)

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Renewal Beach Shabbat  
February 22 from 7:00pm  
and March 22

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Morning minyan is  
on every Monday and  
Thursday at 6:45am

indicates that our basic desires and our general vital energy should be directed towards holy actions.

It is interesting that on Yom Kippur, the high priest took off the ornate garments described above and simply wore plain white linen symbolising humility for himself and for every person. No matter how high we rise in life, we must always remember we are all one.

*Shabbat Shalom,*

Rabbi Dr Orna Triguboff

**Conversations about Health**  
**with Dr Kerry Phelps**  
**Older & Wiser:**  
**Caring for the Aged**

**Sunday, 10 March 2019**  
**from 5:00pm-6:30pm**

Join us for an informative session on issues facing retirees including aged care facilities, and protection of income. This is the first of our *Conversations about Health* series.

Free for members, \$10 for non-members

Book now: [tinyurl.com/phelps-talk](http://tinyurl.com/phelps-talk)



*Rabbi Jeffrey B. Kamins OAM*  
*Arno & Hella Seefeldt Rabbinic Chair*



*Rabbi Jacqueline Ninio*



*Rabbi Rafi Kaiserblueth*



*Rev. Sam Zwarenstein*  
*Director of Communal Engagement*



*Cantor George Mordecai*



*Rabbi Dr Orna Triguboff*

# WHAT'S ON

## *Kef Kids -*

**Thursdays from 4:00pm-5:30pm**

Kef Kids is an educational program for children in years K-5 - an exciting, fun way for kids to connect with Judaism and their community.

## **Shabbat Tot returns**

**Friday March 1st, 4:30pm - 5:30pm** - for 2-5 year olds.

A lovely way to introduce your children to Shabbat and to meet other families in the community.

## **Family Fridays**

**Friday March 1st, 5:30pm-6:15pm**

Come along to Emanuel Synagogue for a light, child-friendly dinner and then stay for services.

## *Conversations about Israel - every Monday from 10:00am-11:30am*

**Monday February 18** - Rabbi Kamins examines contemporary issues impacting the Jewish homeland.

**SAVE THE DATE** - 20th March - Purim - Megillah reading followed by the return of the world-famous *Emanuel Synagogue Purim Spiel!*

## **Mardi Gras Shabbat - service followed by dinner**

**Friday March 1st from 6:15pm**

Come along for a special Mardi Gras Shabbat service.

Then join us for a kosher Mardi Gras Shabbat dinner - bookings are essential.

See: [tinyurl.com/mardi-shabbat](https://tinyurl.com/mardi-shabbat)

## **Renewal Kabbalat Shabbat at the Beach**

**February 22nd from 7:00pm**

with live music on the sand followed by a picnic on the grass. Children welcome. Please email for the location in Sydney: [orna@emanuel.org.au](mailto:orna@emanuel.org.au)

## **Kabbalah Meditation Classes**

**Tuesday nights in March 7:30pm-9:00pm**

in Neuweg with Rabbi Dr Orna Triguboff - no charge. All welcome.

## **Thomas Mayor in conversation with Rabbi Jeffrey Kamins**

**Sunday March 3rd from 5:00pm-6:30pm**

## **The historic constitutional moment created by the Uluru Statement from the Heart**

*The Uluru Statement came as a result of an unprecedented gathering of Indigenous leaders and held out an invitation to non-indigenous Australians to join with them in a process of truth-telling and political attentiveness.*

*What was the statement all about and what are the implications for Australia?*

Members free Non-members \$25 including light refreshments

Book now: <https://events.humanitix.com.au/uluru>

# IN MEMORY

There are mourners in our community to whom we extend our sincerest sympathies on the death of their loved ones.

*Shiva:* Jeffrey Snyder

*Shloshim:* Shai Pinto, Steven Glass, Rose Mikardo, Heather Rosing, Peter Fleischer, Harry Smith, Golda Prince, Harvey Cohen, Susan Susskind, Samuel Nitchingham, Michael Toben, Shula Endrey-Walder

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This week we observe the Yahrzeits of (observed by):

\* Memorial Light

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\* **Wally Arenson** (Bess Arenson, Elana Leigh, Belinda Levy)  
\* **Greta Abrahams** (Batsheva Abrahams)  
**Joseph Adelman** (Laurence Adelman)  
**Ian Biner** (Anne Biner)  
**Sydney Benjamin Brandt-Sarif** (Alicia Brandt-Sarif)  
**Margaret Castle** (David Castle)  
**Harry Philip Castle** (David Castle)  
**Roden Cutler** (Anthony Cutler)  
\* **Joseph Davis** (Sally Davis)  
**Zaro Elizov** (Judith Brandl)  
**Edith Engel** (Elizabeth Green)  
**Michael Epstein** (Marlene Epstein)  
**Emery Foldes** (Susie Phillips)  
**Joe Gold** (Carol Reismann)  
\* **Martha Goldstein**  
**Louis Greenblatt** (Glenda Cohen)  
**Emil Halsted** (David Castle)  
**Louis Heimann** (Judith Gleiber)  
**Irma Hirsch** (Dorothy Krawitz)  
**Michael Igra** (Anthony Igra)  
**Armand Kohan** (Evelyn Kohan)  
**Norman Lander** (Judith Lander)  
**Jack Lang** (Steven Lang, Suzanne Lang)  
**Sheila Zelda Leigh** (Jack Leigh)  
**Marianne Lipson** (Leslie Solar)  
\* **Abraham George Montajees**  
\* **Ester Moses**  
**Ruth Susan Muller** (Frank Muller)  
**Klara Munk** (Melissa Cohen)  
**Dora Nimon** (Maxine Klarnet)

**Zoshia Pearlberger** (Freda Glass)  
**Eva Perl** (Peter Perl)  
\* **Rose Rosen**  
**Henrietta Rotenstein** (George Rotenstein)  
**Maude Said** (Cathy Laurence)  
**Dorothy Sammel** (Neville Sammel)  
\* **Henry Seamonds** (Morris Seamonds)  
**David Elliott Solomon** (Peter Solomon)  
\* **Fred Stern** (Eva Engel)  
**Fredrick Swaab** (Nikki Levi)  
**Wolfe Tanner** (Lorna Graham)  
**Sydney Whitby** (Louise Morris)

**Shoah Remembrance:** Hinda Weisz was born in 1910 in Bekescsaba, Hungary and lived there until she was murdered in Auschwitz, Poland during the Holocaust.