

Ktzizot, Israeli Style Meatballs – A Rabishaw Family favorite Adapted from Tori Avey

Chicken Patty Ingredients

- 1 lb ground chicken
- 1 lb ground turkey (85% lean)
- 1 carrot, or a few baby carrots, grated fine
- 1 small zucchini, grated fine
- 1 small onion, grated or minced very fine
- 3/4 cup plain breadcrumbs (or more if needed) (for Passover use matzo meal)
- 1 large egg, beaten
- 4 tsp crushed garlic
- 1 1/2 tsp paprika
- 1 1/4 tsp salt
- 1/2 tsp ginger
- 1/2 tsp nutmeg
- 1/2 tsp allspice
- 1/4 tsp cloves
- 1/4 tsp black pepper
- 1/4 tsp cinnamon
- 1/4 cup extra virgin olive oil (or more if needed)

Sauce Ingredients

- 2 medium carrots, or baby carrots, shredded fine
- 1 zucchini
- 1 small onion, minced
- 1 tbs olive oil
- 1 tsp paprika
- 1/2 tsp salt (or more to taste)
- 1/4 tsp pepper (or more to taste)
- 1 quart chicken or vegetable stock