

Easy Fritts

From Erev Cantor Ben Harris

Ingredients

Veggies for batter – zucchini, carrots, cucumber, onion, garlic (whatever you like!)

Veggies for Frying – eggplant, potato

Batter:

2 parts all purpose flour

1 part cassava flour (or other root flour)

A pinch of sugar, salt, pepper, spices

1 beer (amber ale and porter work best)

Directions:

Rough dice veggies for batter then chop in a food processor adding a small amount of extra virgin olive oil

Add processed veggies to batter to make fritters

OR

coat fry-ables in batter and fry until golden brown