

Making Connections



Temple Or Rishon Engagement Catalog 2023-2024/5784

*A safe, caring and inclusive Jewish community where
we actively discover, live, and perpetuate Jewish
traditions, values and rituals.*

A Message from Rabbi Rabishaw

Dearest TOR Community,

Rabbi Lawrence Kushner famously tells a story about a time he brought a preschool class into the Temple sanctuary for a special tour with the rabbi. He showed them the bimah (the stage-like area where he led services), the ner tamid (the eternal light), and then finally, the aron hakodesh (the holy ark).

"What do you suppose is in there?" he asked them.

"Nothing!" one child answered, "It's empty."

"A new car!" another shouted.

"A Torah!" responded another.

"I know! I know," one child insisted, "It's a mirror!"

While "a Torah" was technically the correct response, Rabbi Kushner was most impressed by the child who answered "it's a mirror." Kushner would later teach: for those who are prepared to look deeply and imaginatively, the ark contains a mirror, reflecting the truth about ourselves, our values, our accomplishments and our limitations.

As we look towards the new year of 5784 and anticipate the CONNECTIONS that we will make here at Temple Or Rishon, I invite you to look in the mirror and think about what you want for yourself, your family and your community. My hope is that TOR and all the engagement that is possible with our Temple community will inspire you to get involved, discover deeper truth about yourself, live your values, experience new accomplishments, and rise above your limitations.

As you peruse this catalog of programs, services, and activities, this is only some of what you can expect to find at TOR in the coming Jewish year of 5784—please know that I am always here to talk with you about your Jewish journey as well as your educational, spiritual, and social CONNECTIONS with the Jewish people. Email me at rabbirabishaw@orrishon.org if you would like to chat.

Wishing you many blessings as we look forward to 5784.

L'shalom,

Rabbi Alan Rabishaw

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Celebrating Shabbat

Friday Evening

Kabbalat Shabbat Services - Every Friday at 7:00pm

Rock/Family Shabbat - 2nd Fridays

6:00pm - Pre-Shabbat Dinner (August through June)

Join us for a casual dinner prior to services

\$15 per person/\$54 per family of 4 or more

7:00pm - Rock Shabbat (October through June)

Join us for a musically enhanced Shabbat service featuring musicians from our community

Final Friday Shabbat - Last Friday each month

7:00pm - Kabbalat Shabbat services

8:15pm - Shabbat Dinner

Celebrate Shabbat with our community by staying for a catered dinner after services. \$20 per person

Saturday Morning

Torah Study - Weekly at 9:00am

This ongoing class meets every Saturday morning at 9:00am. Class takes place in-person on weeks with a Saturday morning service, otherwise we will meet on Zoom.

Shabbat Morning Services - Once per month at 10:00am

Join us for a Shabbat morning service with Torah reading.

23-24 Dates: 8/26, 9/30, 10/28, 11/25, 12/16 1/27, 2/10, 3/30, 4/20, 5/25, 6/15

Adventure Shabbat - Select Saturdays at 10:00am

Join us for a fun-filled celebration of Shabbat for children ages 6 and under.

23-24 Dates: 8/12, 10/14, 11/11, 12/9, 1/13, 2/17, 4/13, 5/11

Monthly Groups

TOR Men's Club

Serving our Temple Community



Temple Or Rishon Men's Club

Meets monthly for social and learning opportunities. They are instrumental in working to maintain our facilities and work together to make our community events successful.

Monthly Events Include:

Men's Club Breakfast - 1st Sunday at 9:00am (location varies)

Poker Game - 2nd Monday at 7:00pm (at the temple)

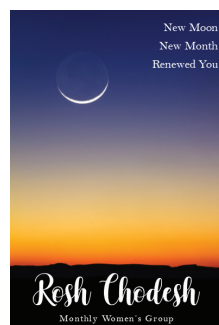
Questions? Cal Sachs cesachs@gmail.com

Rosh Chodesh Monthly Group

Meets once per month on the Monday closest to the new moon and the start of the new Jewish month. This group has a female focus but all are welcome to attend.

Sessions are from 7:00pm to 8:30pm

23-24 Dates: 8/21, 9/18, 10/16, 11/13, 12/11, 1/15, 2/12, 3/11, 4/8, 5/6, 6/10



TEMPLE OR RISHON BOOK CLUB



J Book - Jewish Book Club

4th Monday at 7:00pm on Zoom

Everyone is welcome, even if you haven't read the book. We love to schmooze about books and all kinds of other things.

The list of upcoming books can be found

on the TOR website at: www.orrishon.org/engaging/jbook.

Contact the TOR office for more information: info@orrishon.org

JACS Support Group

4th Tuesday at 6:00pm on Zoom

JACS is based on the 12 steps of Alcoholics Anonymous with a Jewish focus. This program offers experiences, strength and hope for those with addictions, such as alcohol, narcotics, food, or gambling; any addiction that contributes to making one's life unmanageable, AND families who are experiencing the effects of their loved one's disease. Contact the TOR office for more information: info@orrishon.org

Participate in HHD & Shabbat Services

High Holy Day Choir

Calling all singers! The Temple Or Rishon High Holy Day Choir is welcoming new and experienced singers to join us! Rehearsals are Sundays from 3:00pm to 5:00pm and Wednesdays from 7:30pm to 9:00pm

8/13, 8/16, 8/20, 8/23, 8/27, 8/30, 9/03, 9/06, 9/10, 9/13

9/15 - Erev Rosh Hashanah @ 7:30pm

9/16 - Rosh Hashanah Morning Service Day 1 @ 10:00am

9/20 - rehearsal between RH and YK - 7:30-9:00

9/24 - Kol Nidre @ 7:30pm

9/25- Yom Kippur Morning and Ne'ilah Services @ 10:00am and 5:45pm

TOR Band

Do you or someone you know play an instrument or sing, and want to come together to play music as a community to uplift our Friday evening services? Well...this is your time! Whether you are a singer, guitarist, pianist, instrumentalist, percussionist, or groupie, this is for you! This year, we are expanding Rock Shabbat to be a monthly occurrence. Each 2nd Friday we'll enhance the service with instruments and voices. Come join us!

Practice Schedule: Thursday at 7:00 PM at TOR (calendar subject to change)

9/07, 9/28 10/12, 10/26, 11/09, 11/30, 12/07, 12/21 1/11, 1/25, 2/08, 2/29, 3/07, 4/04, 4/11, 4/25, 5/09, 5/30, 6/13

Torah Reading and D'var Torah Opportunities

We have several opportunities to chant Torah or share a d'var Torah at a Shabbat morning service. If you are interested in participating in this way, go to:

<https://tinyurl.com/5784TORAH>

Questions about choir, band or service participation? Contact Cantor Ben Harris at cantorharris@orrishon.org

The month of Elul

Preparing for the High Holy Days

Tuesday, August 22, 2023 at 7:00pm

Finding Meaning During the HHD Amidah

Instructors: Rabbi Alan Rabishaw and Cantor Ben Harris

Location: Temple Or Rishon

Description: What am I supposed to do during the Amidah? How can I get more out of my silent time? Where should I focus my heart, mind and soul while the Cantor is chanting? What are the basic themes, structure and inserts that compose the HHD Amidah?

Tuesday, August 29, 2023 at 7:00pm

Finding My Voice, Hearing the Cantor's Voice

Instructor: Cantor Ben Harris

Location: Temple Or Rishon

Description: We will explore the balance between personal prayer and the voice of the cantor in our HHD service. When should I listen to the prayer, and when should the prayer come from the depths of my heart and being?

Tuesday, September 5, 2023 at 7:00pm

Understanding the Key Messages of the HHDs.

Instructor: Rabbi Alan Rabishaw

Location: Temple Or Rishon

Description: What should I "do" as I confront the major themes of the HHDs? Forgiveness, God's Sovereignty, The Book of Life, Memories are just some of the big ideas we encounter during the Holy Days. We will use this session to identify and discuss some of the major messages of our HHD prayerbook, and how we might better internalize what these days are all about.

Tuesday, September 12, 2023 at 7:00pm

A Close Look at the Shofar Service

Instructor: Rabbi Alan Rabishaw

Location: Temple Or Rishon

Description: What do I do when I hear the sound of the shofar? The sounding of the Shofar is always a highlight of the HHD service. This session will explore the three distinct sections of the service—Malchuyot, Zichronot and Shofarot, as well as provide practical wisdom on how to deepen our personal connection to sounds of tekiah, shevarim, truah and tekiah gedolah.

To register for classes, visit www.orrishon.org/learning/adult-education

Selichot

Saturday, September 9, 2023

Family Selichot Mini Shabbaton

Time: 9:00am to 12:00pm

Location: Off Campus Event - Beales Point at Lake Folsom (in-person only)

Instructors: Rabbi Alan Rabishaw, Cantor Ben Harris, Mary Frank, Jacob Fefer

Description: Join us for a family focused morning of activities designed to help us reflect on the year we're concluding and look forward to the year ahead.

Tot Selichot Story Time

Time: 4:30pm to 5:30pm

Location: Temple Or Rishon (in person only)

Instructors: Rabbi Alan Rabishaw, Cantor Ben Harris, Mary Frank

Description: Ideal for children ages 4 and under, this special hour will be filled with stories, songs and smiles. Bring your little ones and ease into the holidays together.

Selichot Service

Time: 7:30pm

Location: TOR (In-person and Zoom)

Instructors: Rabbi Alan Rabishaw, Cantor Ben Harris, Mary Frank

Description: Join us as we begin the process of building HHD community, familiarize ourselves with the basic themes and musical sounds of our service, and open our hearts and minds to the possibilities that lie ahead in the new year. Dessert reception to follow the service.



Details about the High Holy Days

High Holy Day Tickets: TOR members in good standing will receive personalized electronic tickets via email before September 5th. In order to ensure a safe worship environment we ask that you bring them with you to our High Holy Days services. Tickets can be printed or shown on your mobile device.

Arrival and Parking: All services will start on time. There will be ushers available to help you find a seat should you arrive late. Please remember that there are no reserved seats except for a few seats in the front that are set aside for service participants. Additional parking is available at The Life Center on Creek Oaks Lane, across from TOR. If you can manage the short walk from the church, help us leave TOR parking for those who must park close because of disability or other compelling reasons. Parking is not permitted on Creek Oaks Lane because it is a private road.

Security: TOR will employ our regular security guards and off duty Sheriffs to help keep our High Holy Days services safe and secure. These officers will be present throughout our gatherings. Your cooperation with tickets and parking will help ensure a safe environment.

Yizkor Memorial Book: For use during Temple Or Rishon's Yizkor Service, a special Memorial Book is being published. It contains the names of everyone in our Yizkor database. If you would like to include the names of additional loved ones, please fill out the form at: www.orrishon.org/form/2023memorialbook.html To honor the memory of loved ones and to help us strengthen Jewish life today, we ask for a small donation at your discretion for each listing. Deadline for listings is September 19th.

Children's High Holy Day Programming (in-person only)

Available for infant - 3rd grade during 10:00am morning services on Rosh Hashanah and Yom Kippur. \$36 for both holidays.

Register at: <https://www.orrishon.org/form/hhdkids2023.html>

Youth Services - 10:00am on Rosh Hashanah and Yom Kippur

Led by Temple Or Rishon teens for our students grade 4 through high school, this service runs concurrently with the adult service. Students will join the adult service just before the Torah reading and will stay through concluding prayers.

High Holy Days

2023/5784

Rosh Hashanah

Erev Rosh Hashanah - Friday, September 15

7:30pm - Evening Service

Platform: In-person and on Zoom

Rosh Hashanah Day 1 - Saturday, September 16

10:00am - Morning Service in main sanctuary*

Platform: In-person and on Zoom

*Childrens Program/Childcare available - see previous page for details

10:00am - Youth Service (grades 4 - teen) in room 6

Platform: In-person only

4:00pm - Tashlich at Royer Park†

Platform: In-person only

Join the TOR community at Royer Park in Roseville for the ritual of tashlich and a celebration of the birthday of the world complete with birthday cake!

†Please note this is our second year at the new location! Royer Park is in downtown Roseville - 190 Park Drive. From TOR, take Hazel Ave North to Douglas Blvd. Turn left on Douglas and follow past I-80 to Oak Street. Turn Right on Oak Street and drive approximately 3 blocks. There are two parking garages located on the left side of Oak street. Across Oak street and walk across the bridge to the park. We will gather near the bridge closest to the Veterans hall and playground.

Rosh Hashanah Day 2 - Sunday, September 17

10:00am - Morning Service

Platform: In-person only

Shabbat Shuva - Friday, September 22

7:00pm - Kabbalat Shabbat Service

Platform: In-person and on Zoom

High Holy Days

2023/5784

Yom Kippur

Kol Nidre - Sunday, September 24

7:30pm - Evening Service

Platform: In-person and on Zoom

Yom Kippur - Monday, September 25

10:00am - Morning Service in main sanctuary

Platform: In-person and on Zoom

10:00am - Youth Service (grades 4 - teen) in room 6

Platform: In-person only

1:30pm - Afternoon Service

Platform: In-person and on Zoom

We will share in selected sections of the Yom Kippur afternoon liturgy as well as hear the traditional Torah reading, Haftarah Jonah and prayers of healing.

4:00pm - Discussion of Sermons with Rabbi Alan Rabishaw

Platform: In-person only

5:15pm - Yizkor

Platform: In-person and on Zoom

5:45pm - N'ilah

Platform: In-person and on Zoom

Gather together as we hear the final sounds of the shofar, signaling the conclusion of Yom Kippur and the days of Awe. This family-friendly service is an wonderful way to end our days of prayer together. You are encouraged to bring your shofar (kids too!) to blow for our final blast at the end of the service.

A community Break-the-Fast will follow N'ilah in the TOR courtyard. If you are able to help by contributing food or helping with set up for this event, please contact Nora Newman at nora.newman@me.com.

Sukkot & Simchat Torah

Sukkot

Friday, September 29 at 7:00pm

Kabbalat Shabbat and Sukkot Dinner

Platform: In-person only

Join us at Temple Or Rishon for Kabbalat Shabbat services followed by Shabbat dinner in the Sukkah!

\$20 per person/ \$72 per family of 4 or more

Register at: <https://www.orrishon.org/event/2023SukkotDinner>



Simchat Torah

Friday, October 6 at 7:00pm

Kabbalat Shabbat and Simchat Torah Celebration

Platform: In-person only

Join us at Temple Or Rishon for Kabbalat Shabbat services and a celebration of Simchat Torah. We'll dance with the Torah, celebrating the final reading and re-rolling it back to the start to begin the year anew. Sweet treats will conclude this evening of celebration.



More ways to Engage all year

To register for classes, visit www.orrishon.org/learning/adult-education

Tuesdays @ 7:00pm - October 17, 24, 31

Intro to Tanakh (The Hebrew Bible, Torah, Prophets & Writings)

Instructor: Marty Mechanick

Location: Temple Or Rishon

Description: Marty will provide a basic overview of the structure, themes and flow of the Hebrew bible, sharing insights from its three sections, Torah, Prophets and Writings. Attention will be given to talking about the impact of the Prophets and the relationship of the Haftarah (a selection from the Prophets) to the Torah portion of the week. Marty will also bring a reform perspective to the Writings.

Tuesdays @ 7:00pm - November 7, 14, 28

Israel Today

Instructor: Rabbi Alan Rabishaw

Location: Temple Or Rishon

Description: We will use these session to identify the core issues facing Israel today, as well as the complex ideologies and history behind the hard realities. Governmental strife, Judea and Samaria, the Abraham Accords and Palestinian realities will likely dominate our conversations and explorations.

Tuesdays @ 7:00pm - December 5, 19 and February 13

Demystifying Hazanut

Instructor: Cantor Ben Harris

Location: Temple Or Rishon

Description: What is Hazzanut? Or is it Chazanut? What is this foreign sound that feels so familiar? Come learn about some of the classics of the Golden Age of Cantorial music with Cantor Ben in this 3 part musical seminar. This series will interweave live musical examples, textual examples, and historical recordings to demonstrate the development of this music over time and the breadth of styles that it has incorporated as well.

More ways to Engage all year

Fridays @ 6:00pm - January 5, 12, 19, 26

Demystifying the Shabbat service

Instructor: Sara Shakked

Location: Temple Or Rishon

Description: Join Sara Shakked from 6pm to 6:50pm prior to Shabbat Services for an in-depth look at the rituals, structures and prayers that are part of the Shabbat Evening service. Questions, wonderment and practical conversation will enlighten this class.

Tuesdays @ 7:00pm - December 12, February 6 & 20

An Exploration in Jewish Spirituality

Instructor: Mary Frank

Location: Temple Or Rishon

Description: Looking for a more personal connection to the divine? This class will explore themes of spirituality in Judaism.

Tuesdays @ 7:00pm - March 5, 12, 19

Death, Mourning Rituals and the Afterlife

Instructor: Rabbi Alan Rabishaw

Location: Temple Or Rishon

Description: We will use these sessions to 1) explore traditional and modern teachings and attitudes about dying, 2) examine basic mourning rituals related to death and dying, and 3) take a look at some of the insights about what Judaism believes (might) happen after we die.

Tuesdays @ 7:00pm - April 2, 9, 16

A Passover Primer

Instructor: Marty Mechanick

Location: Temple Or Rishon

Description: This class will focus on the history and customs of the Seder, an exploration of the number 4, the seder plate and its meaning as well as what the holiday means to you. Some focus will also be given to songs, personal customs, favorite memories and traditions.

To register for classes, visit www.orrishon.org/learning/adult-education

More ways to Engage all year

Tuesdays @ 7:00pm - May 7, 14, 21

The Sounds of the Shalosh Regalim

Instructor: Cantor Ben Harris

Location: Temple Or Rishon

Description: Come explore the music and chanting of Shavuot, Sukkot, Simchat Torah, and Pesach. In Session 1, we will focus on the the music of Sukkot and Simchat Torah; Session 2 will cover Pesach and Hallel; our concluding Session 3 leads us through the Counting of the Omer and Shavuot.



Temple Or Rishon *Jewish Heritage tour of* **EASTERN EUROPE**



August 5-16, 2024

Led by Rabbi Alan & Laura Rabishaw

Interested in attending? Email Rabbi Rabishaw at
[**rabbirabishaw@orrishon.org**](mailto:rabbirabishaw@orrishon.org)

TOR'YA

Temple Or Rishon Young Adults

Our young adult programming is geared toward individuals in their 20s and 30s. Social events, Torah study and holiday celebrations are just a small sample of the ways to engage at Temple Or Rishon.

Torah on Tap

Select Saturdays at 3pm: 10/28, 11/25, 12/16, 2/10, 3/30, 5/25, 6/15

Platform: In-person on location

Join Cantor Ben approximately once a month as we engage in creating our own unique Jewish identity through community, text, and fun. Each time we will join at a different local brewery, so keep your eyes peeled for where we are going next...no prior Torah knowledge necessary!

Social Gatherings

Rosh Hashanah Apple Picking at Pine-O-Mine Ranch

Saturday - 8/26 @2:30 PM

Sukkot Potluck in the Hood

Saturday - 9/30 @6:30 PM (Location TBA)

Sivion and Sauvignon: Hanukkah Party

Saturday - 12/09 @7:00 PM (Cantor Ben and Shinae's House)

Tu Bishvat Pot and Sip at The Prickly Pear

Sunday - 1/28 @2:30 PM

Super Bowl Party

Sunday - 2/11 @3:00 PM (Location TBA)

Purim Hamantaschen Hootenanny

Sunday - 3/24 @5:30 PM (Location TBA)

Passover Second Night Seder

Wednesday - 4/24 @7:00 PM (Location TBA)

Parents & Grandparents

The Rhythms of Life

An introduction to the language of Judaism for the times and seasons of human experience. An intimate group of families learning and practicing Judaism together.

Jewish tradition takes the invisible and makes it concrete - our longing for a sweet year smells like apple cake, and our longing for light in the darkness shines in Hanukkah candles. The taste of slavery burns our tongues like maror and we can be drunk - literally! - with freedom.

This experiential small group will go through the Jewish holidays listed below. After studying their meanings and traditions, both ancient and modern, and the practical aspects of their celebrations, we will come together as a group to celebrate with traditions old and new.

This program will include learning and discussion sessions at Temple Or Rishon during Hebrew school hours, and celebration and practice in the homes of cohort members. This project is aimed at people seeking knowledge of Jewish practice and worldview as experienced through the Jewish year, as well as practical knowledge of how to make that happen. We are asking for a commitment to one school year of study, some home reading (no more than a chapter on each holiday), and willingness to share your lives with others.

Interest Meeting: Sunday, August 20th at 11 am

TOR sessions (@9:15am):

8/27 - Rosh Hashanah: The turning of the year

9/10 - Yom Kippur: The Day of Judgment or the holiest day of the year?

10/1 - Sukkot: The Season of Our Joy

12/3 - Hanukkah: Light in the Darkness, or the Jewish fire festival

4/14 - Pesach: Youthful Love and Liberation

If you are interested in being part of a group, email Sara Shakked at:
saradoc@mailworks.org

Teen Programming

There are multiple ways for our teens to continue to connect at TOR. TASTY Social, TASTY Ed and volunteering as madrichim (helpers) in our Sunday school.

Contact Youth Director, Jacob Fefer jfefer@sbcglobal.net for more information.

To register your teen, go to: <https://www.orrishon.org/form/23-24TASTY.html>

TASTY Social

TASTY Social will have several whole group events throughout the year.

Saturday, August 19 - Shul-In Overnight at Temple

Saturday, September 30 - TASTY in the Sukkah

Sunday, October 29 - TASTY does Mitzvah Day

TASTY Hanukkah - place and time TBD

Friday, February 2 - TASTY Shabbat and International Dinner

Sunday, May 19 - End of Year Pool Party

TASTY Social will also have several pop-up events (mini-golf, movie night, bowling, etc)

TASTY Ed

Cohort A: Students who are in 8th and 9th grade in the 23-24 school year will meet on the following Tuesdays: 10/10 & 11/14; 1/9 & 2/13; 4/9 & 5/7

Cohort B: Students who are in 10th, 11th and 12th grade in the 23-24 school year will meet on the following Tuesdays: 10/24 & 11/28; 1/23 & 2/27; 4/16 & 5/14

Mitzvah Day

Sunday, October 29



TOR's Community-Wide Mitzvah Day is returning this October. We'll be participating in a wide variety of projects in the local community, helping with things like yard work, trail clean up, painting and staining, playground refreshing, organizing and more.

Sign Up to Participate: <https://tinyurl.com/2023MitzvahDay>

Organizations Served Include:

Einstein Center
Friends of Lake Folsom and Natomas
Keaton's Childhood Cancer Alliance
San Juan Unified School District
Sunset Lawn/Gan Shalom
Temple Or Rishon

Additionally, we plan to continue serving our community through mitzvah projects during the year including a blood drive in December.



Temple Or Rishon
7755 Hazel Avenue
Orangevale, CA 95662

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