

ברית לשון הטוב · BRIT LASHON HATOV

Covenant for Communicating in a Holy Community/Kehillah Kedoshah

"Everyone is created in God's image," so

את האדם בצלמו בצלם אלוהים ברא אתו

- ... We will assume the **best intentions** on the part of our listeners.
- ... We will **speak for ourselves**, not as representatives of any group, and not ask others to represent, defend, or explain an entire group of people.
- ... We will strive to make "I" statements, rather than "we" or "you" statements.

"Everyone has a place in the Torah," 2 so....

כי יש לכל ישראל אות מיוחד בתורה

- ... We will seek to **understand others' opinions** before ours is understood.
- ... We will **share airtime** and refrain from interrupting others. We will make sure that everyone has had an opportunity to speak before we share again.

"Disagree for the sake of Heaven,"3 so....

כל מחלוקת שהיא לשם שמים סופה להתקים

- ... We will seek to **clarify misunderstandings** productively.
- ... We will **express our different viewpoints in a thoughtful manner** and without an insulting spirit. We may respectfully disagree with others, but we will resist the urge to convert them to our way of thinking.
- ... We will treat our **conversational partners** as we would want to be treated.

"There is a time to keep silent and a time to speak,"4 so....

עת לחשות ועת לדבר

- ... We will greet questions with a **moment of silence** to give everyone ample time to formulate a thoughtful response.
- ... We will understand the roles and responsibilities that congregants, board and clergy have in a particular matter so there is clarity about who is **responsible for making decisions.**
- ... We will **hang on when we hear something that is hard to listen to**. We will, when appropriate, "**take-five**" if we find that we are no longer able to listen with an open and clear mind

"Words carry the power of life and death," 5 so...

מות וחיים ביד לשון

- ... We appreciate the spirit and passion of our community as it is reflected in **diverse opinions**
- ... We do not engage in *lashon hara*—gossip, rumor mongering, slander
- ... We strive to listen and hear each other as members of a **holy community** -- in public meetings, in community forums, in classes, in emails, on the phone anywhere we talk to each other.

Although we strive to keep this covenant, sometimes we fall short. We try to recognize those times and apologize to those we have harmed. We try again. We are human.

This covenant is adapted from the *Brit Lashon HaTov* of Congregation B'nai Jeshurun in New York City and the Communication Agreement of the Encounter Project

1. Genesis 1:27 2. Sefat Emet on Parashat Bamidar 3. Pirke Avot 5:19 4. Ecclesiastes 3:7 5. Proverbs 18:21